

Coaching Worksheet

Complete the following worksheet.

PARTICIPANT: _____

COACH: _____

Outcomes

1. Successes
2. Front Burner Issues
3. Insights
4. Accomplishments
5. Miscellaneous issues

Tools

Please check the items that were discussed during the coaching session and note any specific comments you have.

1. Vision/Mission/Goals - Power
2. Measurable Results - Focus
3. Leadership - Speaking a Future
4. Management - Requests/Promises
5. Coaching - Support Structures
6. Creative Tension - Focal Points

Comments

Promises

What promises are you making today to support this coaching session?

By when?

Rate this coaching session (1-10) _____

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