

Basics Of The Coaching Relationship

The trained coach is able to do so much with the client that both parties sometimes forget what they are there together to accomplish. Here is my view of the Coaching Relationship.

Who	The Coach works with a client who is up to something and who is willing to include another party in the design, implementation and success of it.
What	<p>The Coach works with each client to:</p> <ol style="list-style-type: none"> 1) Become fully self generative by being whole and well. 2) Take the smart actions rather than just be busy. 3) Build a sustaining community for love, resources and support.
Why	<p>The Coach is hired by a client in order to:</p> <ol style="list-style-type: none"> 1) Accomplish something specific; Personal and / or professional. 2) Restore their heart, soul and / or quality of life. 3) Contribute well by discerning, developing and sharing their gifts.
How	<p>The Coach coaches, using the following methods:</p> <ol style="list-style-type: none"> 1) Sharing information <ol style="list-style-type: none"> a. Drawing distinctions b. Teaching principles c. Offering perspective 2) Providing structure <ol style="list-style-type: none"> a. Asking for a lot b. Expecting the client's best c. Being unconditionally constructive 3) Training <ol style="list-style-type: none"> a. Being a model for the client b. Walking the client through the growth steps c. Giving specialized instruction
Where	<p>The process of coaching occurs daily, regardless of how often the sessions are held:</p> <ol style="list-style-type: none"> 1) Coaching conversations <ol style="list-style-type: none"> a. Scheduled calls b. Emergency calls c. Success calls 2) Client support structures <ol style="list-style-type: none"> a. Buddy system b. Seminars led by coach c. Social events hosted by coach 3) Homework <ol style="list-style-type: none"> a. Making promise of actions to take b. Increasing program scores like Clean Sweep c. Reading and studying

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