

# Coaching Call (Client Prep Form)

Please respond to each question in the space provided.

## WHAT I HAVE ACCOMPLISHED SINCE OUR LAST CALL

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## WHAT I DIDN'T GET DONE, BUT INTENDED TO

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## THE CHALLENGES AND PROBLEMS I AM FACING NOW

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## THE OPPORTUNITIES, WHICH ARE AVAILABLE TO ME RIGHT NOW

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## I WANT TO USE THE COACH DURING THE CALL TO....

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## WHAT I PROMISE TO DO BY THE NEXT CALL

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

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