

How I Coach Clients

Because each Professional Coach has his or her own style of coaching clients, I thought that you would be interested in knowing how I coach, what I expect of my clients and what my clients can expect of me.

MY CLIENTS ARE GREAT

I am blessed with the privilege of choosing you, my clients; I want and enjoy each one of you. You are all growing, successful and well, and I am assisting you to further your personal, spiritual and professional lives.

I EXPECT YOUR BEST

If you are hiring me, then you're probably ready to do and be your best. And if you aren't doing your best, I'll ask you to. If you can't do that at the moment, I'll understand and do what you need to be heard, loved and helped back on to your path.

I MAKE DIRECT REQUESTS

From time to time, I'll make a binding inquiry, like *"Will you accomplish X by the end of the month?"* You may say yes, say no or offer another solution. I'll make you right whichever way you respond.

I GIVE STRAIGHT ADVICE

If I am sure of the situation, and you're open to it, I'll make specific suggestions on how to handle a problem or "go-for" and opportunity. If I am not sure, I'll say so. Honesty is one of my values--I am straight and expect the same from you. Regardless, use the best of what I say and use your own judgment.

I DON'T STEP OVER MUCH

When I hear a funny tone in your voice, or notice something amiss, I'll ask you about it. Often, it is these small moments, which offer the chance to resolve something. However, I don't confront or push; I'll merely invite you to look at something.

I GIVE LOTS OF HOMEWORK

I usually ask that the client come up with two or three goals, actions or shifts to have between one call and the next. If it is too much, say so. If you want more, just ask.

YOU ARE EXPECTED TO USE ME, NOT DEPEND ON ME

As your coach, I am a resource for you to use to your best advantage: I have an almost unlimited amount of love, compassion, forgiveness, strength for you and I can share many principles which will increase your success and add to the quality of your life. AND, I ask that my clients use me as this resource and friend that I am, but not to let themselves get into the position of needing me (or coaching) as a dependency thing or fix.

I AM HERE

I want to hear it all. If you have a personal problem, are disturbed with something (even me or the coaching), are just starting to realize something big, can't wait to share a shift/win, call or e-mail me. Anytime.

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