# Who I Am As Your Coach

Study the following coach's resume, prior to writing your own resume.

Michelle Schubnel, Resume

## My Philosophy

I believe we each carry a dream of a life we were born to realize, which shows up through desire. And I believe that we all have the ability to realize our personal and professional dreams if we commit ourselves to not settling for anything less than what we really want. It is when we move toward our passions that we experience our own greatness, and it is then an incredible contribution to ourselves and to the world by being who we truly are.

#### **My Mission**

To provide partnership, encouragement, challenge, listening, advice (usually only when asked for), and tools for you to achieve your greatest goals and live a fulfilling, balanced, and meaningful life with more ease and joy.

## **Coaching Experience and Training**

My formal experience as a coach began in October 1998 when I enrolled in a training program and started working with clients part-time. In September 2000, I founded Summit Coaching and began coaching full-time. I have received training from Coach University and Corporate Coach University, International, the worldwide industry leaders, and am a member of the International Coaching Federation, Coachville, and SF Coaches, a local affiliate of the ICF.

#### **Prior Experience and Education**

1994–2000: Marketing Manager and Sales Executive for Navis LLC, an international software supplier to the container terminal industry.

1991–1993: Marketing Specialist for Geoworks, a retail software supplier.

In addition to my formal training, I have significant experience in personal development and training, including:

- ? Brown University BA, International Relations
- ? Decker Communications Effective Communication
- ? UC Extension Numerous sales and marketing courses
- ? Giving Spirit Form 2 year shaman studies program
- ? The Sterling Institute of Relationship The Women's Weekend
- ? Landmark Education The Forum and The Advanced Course

### **Beyond My Credentials**

I am passionate about being a partner and a catalyst for people who want to achieve their dreams. Nothing is more fulfilling for me than helping others live the life they truly want. In my free time, I love being in nature, reading, learning, traveling, and connecting with friends and colleagues. I recently retired from marathoning, however, I still enjoy running, biking, rollerblading, skiing, hiking, dancing, yoga, and being active in other ways.

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