What happened to William ‘Bill’ Underhill?

By Scott Carlson

In early March of 1969, St. Anthony Park resident William “Bill” Underhill was a student in the College of Liberal Arts at the University of Minnesota in Minneapolis. After finishing a sociology final exam, Bill attended a small party at an apartment in the U’s Dinkytown district. He visited with friends for a while, then abruptly left the party, leaving behind his coat.

That was the last time Bill was ever seen.

Fifty-three years later, Bill’s sisters Mary Underhill and Sarah Holm have renewed hope of finding Bill or his remains. That’s because, in April, retired Minneapolis Police detective Holly Keegel and her sister Heidi Hilton began un- derwriting their time in search of Bill Underhill in their first missing persons cold case.

Keegel said she became interested in Bill Underhill’s case after seeing a missing person Facebook page for him, established by his sisters.

“There are heartwarming stories and memories of Bill, amazing photographs and kind words expressed by many,” Keegel said. “Unfortunately, Bill’s parents are deceased. The strength and courage displayed by Bill’s sisters are admirable and touching.”

“My sister Heidi is working alongside me and it has been an honor for us to go on this journey with Bill’s sisters in hopes to help bring Bill home,” Keegel added. For the Underhill sisters, getting clontacted by Keegel and Hilton — who is a health and fitness coach — occurred “out of the blue.”

“Hopeful is not a word I use much in regard to finding Bill — as if I’ll just the possibility of finding him if I use the word,” Mary told the Bugle. “But I’m hopeful these days. To me it’s the best shot we’ve had.”

Not knowing what happened to Bill has been heartbreak for the Underhill sisters. “The thought that we may die before we find him is very difficult,” Mary said.

Mary, now 66, was 13 when Bill disappeared and Sarah was 19, said that she and her family weren’t initially alarmed that they hadn’t heard from their brother after he took his sociology final on about March 13, noting he was not always in daily contact with them.

“We do not know the address or exact location of the party and would love to find anyone that may have attended,” Keegel said.

A few days after Bill’s disappearance, the party, the time turned into weeks, and the sisters and their parents, who lived in south St. Anthony Park, hadn’t heard from Bill. They searched for him through friends. They checked with the University and his campus employer. But no leads.

“When Bill disappeared, our parents reported him as a missing person to the St. Paul Police Department,” Mary said. “But I imagine there wasn’t much for the police to investigate back then. He was an adult, there was no immediate concern of foul play, and the (Vietnam) war left the possibility that he had gone to Canada. There was always the hope he’d come back.”

Mary added, “Over the years, we wrote to the Social Security Administration” to see if there were any records of Bill working but there was nothing to be found either.

Keegel said, “Bill was living at home, in the 1200 block of Raymond Avenue, when he disappeared. No investigation or search was ever conducted. Bill was not officially listed as a missing person until 2013 when the Bureau of Criminal Apprehension reached out to the Underhill family to obtain DNA so Bill could be entered into NamUs,” which is the National Missing and Unidentified Persons System.

Keegel said there is no evidence that Bill became a Canadian citizen. In 2014, the Murray High School graduating class of 1966, which included Bill, held a reunion, the year many classmates were turning 66 years old. Mary and Sarah had a table at that reunion, hoping that they might get some tips on what happened to Bill.

“Many high school classmates didn’t know Bill was missing,” Mary said. “It was hard for people to know what to say or do,” she said.

But that class reunion was opportunity to share stories about Bill and keep his memory alive, Mary said.

In 2015, Mary and Sarah started the Facebook page devoted to finding Bill. It is titled the William Campbell Underhill Facebook page and can be found at facebook.com/William-Campbell-Underhill-Missing-Person-72412491335958.

Cold Case to p. 6

Local greeting card fundraiser supports Ukraine relief efforts

By Christie Vogt

When Russia invaded Ukraine, Erika Hovland Bahij, a St. Anthony Park native, sent out a message to supporters of her business Rose and Redwood.

The Pennsylvania-based company, which has products and programs designed to help people “connect with their strengths and values,” had been working with a Ukrainian illustrator since 2019, and Hovland Bahij wanted to make her supporters aware of the connection.

“The response I got from the email I sent out was really beautiful and overwhelming,” Hovland Bahij said. “Then, it was out of my hands and in the hands of my mom and her friends.”

Enter Hovland Bahij’s mother, Karen Hovland, who has lived in St. Anthony Park for 46 years and raised her daughter in the neighborhood.

When Hovland and her friends Bea Krunke and Joan Sykora learned about the Ukrainian artist, Evgeniia Burchak, they wanted to find a way to support her and the people of Ukraine.

“We what decided to do was commission her to create four pieces or works of art that represented her interpretation of this invasion and what gets you through these things that are happening,” Hovland explained. They provided Burchak with four words as prompts: strength, hope, courage and resilience.

When the artist came back with her creations, the trio decided to package and sell the artwork as greeting cards in order to raise funds for Ukrainian relief efforts.

A group of St. Anthony Park women commissioned Ukrainian artist Evgeniia Burchak to create four inspirational pieces of art that are being sold as greeting cards. Submitted photo.

The set of four greeting cards can be purchased for $15 at the following establishments: boreal, The Little Wine Shoppe, Gypsy Moon, Next Chapter Booksellers, Hang It and RoseAndRedwood.com.

Greeting Cards to p. 7
District 10 Community Council

2023 Como community calendar taking shape

While most of the details are still barely a glimmer in our eyes, the District 10 Neighborhood Relations and Environment committees have set tentative dates for most of our 2023 outreach and cleanup events to help plan and increase the opportunities for collaboration with the city and other community partners.

District 10 plans to kick off 2023 on Feb. 4 with a winter event at the North Dale Recreation. Watch for details or join the Neighborhood Relations Committee meeting on the first Wednesdays of the month at 7:15 p.m. to help with planning.

If you have any questions or would like to know more about our upcoming events, view the latest info at District10ComoPark.org.

Submitted by Sheveek McKee, District 10 Como Community Council executive director.

Subdistrict 1 board vacancy

Interested in getting more involved with the Como Community Council? The District 10 board has a vacant seat to fill in a subdistrict (north of the BNSF railroad tracks). Vacancies are filled by the board automatically included in the next annual elections. If you have any questions or would like to know more about being a board member, go to our website at District10ComoPark.org/Elections or reach out to district10@district10como.org.

District 10 meetings schedule

- Environment Committee: 6 p.m., Wednesday, Dec. 7
- Neighborhood Relations Committee: 7:15 p.m., Wednesday, Dec. 7
- Land Use Committee: 6 p.m., Tuesday, Dec. 20
- District 10 Board: 7:15 p.m., Tuesday, Dec. 20

All District 10 board and committee meetings are open to the public and are adjudicated for community members to bring topics for discussion. For further details, go to District10Como.org.

Rain garden maintenance

With a grant from the Capitol Region Watershed District, the Environment Committee has undertaken the first of a three-year maintenance project of two rain gardens that were installed near Raymond Avenue in south St. Anthony Park in 2014. Over four days in late September and early October, 17 neighborhood volunteers pruned back shrub roses, removed thistle and stinging nettle, cut out dead dogwood and picked up trash.

Local landscape designer Mathew Wildenhauen, owner of Wilde North and founder of The Wildflower Project, removed two truck-loads of brush and planted 36 new native plants.

Next spring and summer, look for signs of Riddell’s goldenrod, swamp milkweed and blue vervain among the blue flag iris, sweet flag and sneezeweed in the basin of the rain garden at Raymond Avenue and Bayless Place (near Hampden and Bayless Place). Among the blue flag iris, sweet flag and sneezeweed in the basin of the rain garden at Raymond Avenue and Bayless Place (near Hampden and Bayless Place), the committee members are continuing the rain garden by pulling or cutting stinging nettle, cut out dead dogwood and picking up trash.

Local landscape designer Mathew Wildenhauen, owner of Wilde North and founder of The Wildflower Project, removed two truck-loads of brush and planted 36 new native plants.

Seal Hi-Rise community meal

The District 12 Equity Committee began hosting a winter community meal at the Seal Hi-Rise, 825 Seal St, before the pandemic began. In 2019, the committee members asked local restaurants to donate food for a large get-together and they were excited by the response of local community businesses. Hi-Rise residents enjoyed food, games and conversation with their neighbors along with conversations with council members to talk about what they’d like to see change in their community.

Like many other things, these gatherings were thwarted by the Covid-19 pandemic. After a year off in 2020, the Equity Committee planned a box meal distribution in 2021 where more than 60 Seal residents received food from Afro Deli, some opting to eat in the community room with their neighbors while others chatted through masks for a while and took their meal at their homes.

This year, the Equity Committee is planning to continue the tradition and is inviting you to join in the planning. We will be again ordering boxed meals for those who sign up for a meal and need volunteers to help pick up the boxed meals, set up the community area for those who feel comfortable eating in the room and help serve the meals to our Seal neighbors. With enough help, we will be able to not only serve meals, but also provide activities to receive feedback from residents about how we can better engage, advocate and care for this community. If you’re interested in helping contact jessica@sapcc.org.

Clearing winter sidewalks

The Transportation Committee is asking homeowners and businesses to be responsible for sidewalks after snowfalls, to clear them of snow as soon as possible, including adjacent bus stops and corner curb cuts.

Blocked sidewalks and curbs can make it hard for many of our community members to safely navigate in our community.

If you’d like to formalize your commitment, sign up for Adopt-a-Stop (metrotransit.org/adopt-a-stop) and commit to clearing out your local bus stop. Participants receive 10 free bus rides monthly for their civic assistance.

Join the Land Use Committee

Not quite sure what land use is all about?

In October, the Land Use Committee met with D/O Architects about plans for new offices on University Avenue and their work with Film North. Committee members also met with the environmental coordinators for Metro Metals Recycling on Doswell Avenue about their plans for a new onsite storm water filtration pond.

If you’re interested in serving on the Land Use Committee, contact Jessica at jessica@sapcc.org.

District 12 Community Council

New SAPCC Board

The St. Anthony Park Community Council held board elections throughout November with community members voting on three candidates from north St. Anthony Park and three from south St. Anthony Park.

The new board members will be announced at the District 12 Board meeting at 7 p.m., Thursday, Dec. 8, and the full board roster will be posted at sapcc.org/board-members. If you are interested in serving on the board, some appointed business or senior seats are still available. To fill out an application, go to sapcc.org/board-members/candidates.

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Upcoming District 12 meetings

St. Anthony Park Community Council committees discuss a variety of issues at their monthly meetings. Visit the council’s website at sapcc.org to learn more or email Kathryn at kathryn@sapcc.org.

- Land Use Committee: 7 p.m., Thursday, Dec. 1
- Environment Committee: 7 p.m., Wednesday, Dec. 8
- Equity Committee: 5:30 p.m., Monday, Dec. 19
- Transportation Committee: 7 p.m., Tuesday, Dec. 27

Submitted by Jessica Willman, District 12 community organizer.

CITY FILES

Como and St. Anthony Park community councils news

A new rain garden installed in south St. Anthony Park. Photo by Kerry Morgan.

Unfortunately, two years of severe drought have damaged the rain garden at the intersection of Raymond Avenue, Ellis Avenue and Bradford Street. Most of the plantings have been pulled or cut back. Plans for a new approach to that space are under discussion.

For ongoing updates and meeting changes, follow along on Facebook @StAnthonyParkCommunityCouncil.

While most of the details are still in the works, the board members are working to make it hard for many of our community members to safely navigate in our community.

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Submitted by Jessica Willman, District 12 community organizer.
Lauderdale considers reducing speed limits

By Anne Holzman

Lauderdale may soon join neighboring cities in reducing speed limits on residential streets.

The City Council is weighing a limit of either 25 or 20 miles per hour on its streets. In 2019, Minnesota granted cities authority to set their local street speed limit below the state level of 30 mph. City councils can set the limit at 25 mph with a simple vote. To reduce to 20 mph, the city must carry out a speed study.

At the Lauderdale council’s Oct. 25 meeting, several residents urged the council to consider 20 mph. No one appeared to advocate for other choices.

Council member Andi Moffatt, who is vice president of environmental services at WSBE Engineering company, cautioned that speed studies don’t always back the lower choice.

In an email to the Bugle after the meeting, Moffatt expanded on her comments. She said she had heard about other cities where speed studies “ended up showing the speed limit of either 25 or 20 miles per hour on its streets. “ 

The city of Lauderdale is considering reducing speed limits on its local roads. Photo by istockphoto. 

The studies are not only about safety; they also consider traffic movement and established driver speeds. If enough people are already speeding, the study will recommend raising the limit.

"While I don’t think that would happen on some streets in Lauderdale," Moffatt wrote, “I simply wanted to caution that I would not recommend spending the money on a speed study until we see how a 25 mph limit affects our roads and community.”

City Administrator Heath Barkowski told the Bugle that Roseville’s state representative Jamie Becker-Finn introduced a bill in the Legislature in 2021 to allow counties to lower the speed limit to 25 mph. The bill died without a companion measure in the Senate.

At its April 12 meeting, the Ramsey County Board heard a presentation from traffic engineers about speed concerns on county roads. Notes from the presentation suggest that county engineers do not see signage as significant in reducing speeds, arguing that law enforcement and road design contribute more to safety.

Lauderdale resident Chris Bower, who spoke at the October city council meeting, explained in an interview that the Federal Highway Administration makes the rules for speed studies. Right now, he said, if a speed study shows that most cars are exceeding the limit, the study must show that it would be safest to raise the speed limit to match driver practice.

Bower works for the Minnesota Department of Transportation but stressed that these are his private opinions. He said the federal mandate “creates a feedback loop” leading to increased speeds.

He said he is hopeful that current efforts to revise those federal rules will make it easier for local governments to lower speeds.

Bower told the council he strongly favors 20 mph. He suggested that instead of paying for a full-blown speed study, the council consider “cutting and pasting” from existing studies in neighboring cities to save costs.

Anne Holzman covers governmental news in Lauderdale for the Bugle.

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Anne Holzman covers governmental news in Lauderdale for the Bugle.
From the Desk of the Editor

By Scott Carlson

Closing out 2022

It’s hard to believe that 2022 is nearly finished.

Where has the time gone?

It seems like only yesterday that we were reporting — in our January issue — on the Bell Museum celebrating its 150th anniversary in 2022.

Or one issue later announcing that John Barker, longtime owner of the St. Anthony Park Home, had sold the nursing home to another nursing home operator.

Unlike 2021, when the Covid pandemic dominated our news columns, 2022 was a year when life largely returned to normal, given the widespread availability of vaccines and booster shots to neutralize the virus and its numerous variants.

For example, the 4th in the Park Committee held a full-fledged Fourth of July parade. Organizers had been forced to cancel the parade in 2020 because of Covid-19 and then only offered a limited basis in 2021. The changing fortunes for the 2022 parade were reflected in the weather as early morning rain gave way to a burst of sunshine for marchers beginning the holiday procession.

Throughout 2022, the Bugle covered a wide array of community, government, school and business news.

In July, we highlighted the opening of new housing projects in south St. Anthony Park, with more than 600 apartment units coming online. This housing boom offers challenges and opportunities on how the community incorporates the newcomers.

On a related note, the Creative Enterprise Zone, which is promoting economic and cultural activity in the 14-square block of St. Anthony Park, saw its Choroma Zone Mu-Ral & Art Festival add 10 new colorful building wall murals. Since debuting in 2019, the festival has introduced more than 40 murals in the Creative Enterprise Zone neighborhood.

There also was plenty of business news at Sullivan Square with Winning Trail Books closing and the longtime owner of Turning Heads, Eddie Owens, announcing plans to sell his hair salon in 2023 and retire to Ireland.

Meanwhile, new arrivals at Milton Square included Studio Karlor, the Maker and CatalySewment.

In 2022, the Bugle hired Laura Adrian as our first social media specialist to help expand our presence on Facebook, Instagram and other social media platforms.

We are endeavoring to expand the reach of the Bugle and keep up to date with the latest ways to connect with and inform readers.

All in all, 2022 has been a very eventful year.

In the coming year, the Bugle will continue to look for inspirational tales to help fill our pages and provide information and news that connects readers, turning res-idents into neighbors.

Happy holidays!

Finally, a closing note: As many of us gather around dinner tables later this month to celebrate Christmas, Hanukkah, Kwanzaa and other holidays, the Bugle board and staff thank all of you for your continuing support. May your holiday season be filled with peace and joy.

Scott Carlson is managing editor of the Bugle.

Reflecting on who are influencers

By Jack Neely

Commentary

The bank teller greeted me with, “How are you doing today?”

I responded, “It’s a dog-eat-dog world out there and I’m wearing milk-bone shorts!”

The teller gave me a quizzical look. As he had no idea where that came from, I explained Norms quiz-quiz-quiz from the long-running TV show “Cheers.”

So once again I got leveled by my imagination. I could have quoted any number of “personalities” or “influencers” from Twitter, Facebook, You Tube, WebChat, TikTok, or any of the other unsocial media outlets — and I would have had the same questioning look.

Influencers? Such a strange and hollow current concept. Some of my earliest influencers were my parents, an older sister, grandma and my kindergarten teacher — and the ubiquitous platform of the day: AM radio.

Radio was king when I was a youngster as we followed World War II via those airwaves, along with films at the Saturday matinee. My dad who served on Guam, and my kindergarten teacher — our influencers of a moral code.

Even more than 75 years later, I think I could identify the voices of Edward B. Murrow, Walter Winchell, Westbrook Van Voorhis, Charles Collingwood, Douglas Edwards, Eric Seveardiad with President Franklin Roosevelt and British Prime Minister Winston Churchill.

I wonder what these stalwarts of factual reporting would think of our current political climate and how the masses are assaulted daily by talking heads on major media outlets, as well as on our unsocial media platforms, with outright lies, innuendo, conspiracy theories and accusations that have nothing to do with the problems at hand.

They might well view our “democracy” as on the brink, largely due to technology coupled with a significant portion of the population that is gullible, racist, immoral, incompetent and, to be blunt, just plain stupid.

Democracy is being attacked on all sides. And then we have those who commit sedition. Our World War II clarions would think they were reporting on the fascists of that bygone era.

Jack Neely, 87, is a St. Anthony Park resident and occasional freelance writer- sage for the Bugle.

Bugle deadlines

Here are our Bugle deadlines for the next three issues. As always, we appreciate when writers and readers submit their articles early.

Please note our publication dates represent when the newspapers go out for delivery. Mail distribution of the paper may take up to several business days. And please note that mail distribution of the December and January issues might be slowed up because of the holidays.

Meanwhile, bulk drop-offs of the paper around town are usually completed two to three days after publication.

January:
Copy/ad deadline: Dec. 7 Publication: Dec. 20

February:
Copy/ad deadline: Jan. 11 Publication: Jan. 24

March:
Copy/ad deadline: Feb. 8 Publication: Feb. 21

ASK THE LIBRARIAN

By Judy Woodward

Every month, the reference librarians at the Roseville Library receive questions from the public. Here are two interesting queries we received recently:

Q. Has the cost of living increase in Social Security payments ever been this high before?

A. In 2023, Social Security recipients will receive an 8.7% increase — although the biggest average recipient, this will amount to $94. If you are one of the Social Security recipients, next year’s COLA will be the largest they have ever received. (Social Security Administration website: www.ssa.gov/oact/cola/colaseries.html).

Q. Can I get a list of the books I’ve checked out in the past?

A. Data privacy regulations prevent us from keeping records of materials that you have previously checked out. This is to ensure that no one has the ability to discover your reading and viewing choices. Although we have no way of keeping a record of what you have read in the past, it is possible for you to keep your own record in the future. One way to do that is by signing into your library account on our website rclreads.org.

It is highly unlikely anyone collecting Social Security in that era is still alive today. So, for the majority of Social Security recipients, next year’s COLA will be the largest they have ever received. (Social Security Administration website: www.ssa.gov/oact/cola/colaseries.html).
The Thrashers support the Bugle

Editor's note. Cindy and Blaine Thrasher have been St. Anthony Park residents for more than 30 years. They share why they support the Bugle as we conduct our annual fall fund drive.

How do you connect with the local community? We raised our children and were actively involved in their schools, including St. Anthony Park Elementary, Murray Middle and Como Park Senior High School, as well as at our church, St. Anthony Park Lutheran.

We have been honored to lead the Cub Scouts, Girl Scouts and the 4th in the Park celebration and have served on the boards of the Bugle and the St. Anthony Park Community Foundation.

We love supporting our local businesses as we shop at Speedy Market, dine at the restaurants along Como Avenue, purchase gas at Park Service and buy stamps at the post office. We often see our friends and neighbors wherever we go and so enjoy it!

What does the Bugle mean to you? Since we have chosen to be a part of this community, we like to know what is happening with the families, the schools and businesses in our neighborhood.

It's wonderful reading the stories that come out about individual or group efforts that make our community stronger and more welcoming. The Bugle provides it all!

What would you say to encourage people to support the Bugle? The Bugle provides an important service to the communities it serves and does so without charging its readers anything. We want to continue to see stories about our neighbors, schools and the local businesses and nonprofits. For that reason, we support the Bugle! We encourage you to do so, as well!

Blaine and Cindy Thrasher. Submitted photo.

Bugle donors’ fundraising update

As the Bugle nears the end of its annual fall fund drive, it’s worth remembering that our healthy operations are greatly buoyed by the strong support we receive from scores of individuals and business donors.

As of Nov. 9, the Bugle had received $24,275 in donations for fiscal 2022-23. The Bugle’s fall fund-raising campaign continues in earnest through the end of December.

Thank you everyone, so far, for your financial support and confidence as the Bugle strives to produce great journalism that informs readers and supports the communities of St. Anthony Park, Como Park, Falcon Heights and Lauderdale.

You can give online at parkbugle.org or with a check sent to The Park Bugle, PO Box 8126, St. Paul, MN55108. Every gift matters!

Donors who have contributed to the Bugle from Oct 17 till November 9:

**Individuals**

Joyce Halvorson
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Judith Helgen
James & Nancy Hendrickson
Mollie Hoben
Chuck Holst & Linda Campbell
Paul & Suzanne Hubert
Susan Hatterer
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Christina Kalka & Judy Grew
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Chris Kwong
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Stephen & Camille Miller
Bob Milligan & Sharon Danes
Steven & Janet Mitchell
Jacqueline Moore
Sharon Moore
Frederick & Lynda Morlock
Jodi Mullin
Nancy Myers
Conor Nelson
Mary Neus & Beth Breidel
Sally Null
Joan Nolte
Mark & Linda Nygard
Mike & Marcie O’Connor
Blaine & Cindy Thrasher.

**Businesses**

Augsburg
Jim & Leigh Olmstead
Mark Olson & Norma Smith Olson
Clarence & Elizabeth Ooten
Thomas Ooski
Steven Ozone & Linda Gesling
Kerby Pettinelli
Dick & Elaine Phillips
James & Cyndie Pope
Don Postema & Gabrielle Lawrence
Paul & Betty Quie
Matthew Rassette & Rene Pierpont
De Reed
JoAnne Ropricht
William Rottshaefer
Ginner Ruddy
Tom & Janele Schmidt
Mark Seeley & Cynthia Revier
Bob & Nancy Serfass
Tom Slaughter & Ann Merrell
Mike & Carole Smith
Jim & Ann Stout
Ron Sundberg & Joan Duke
Edward Swain & Mary Keirstead
William & Kristen Swanson
Karen Titrud
Chuck Tracy & Anna Sokolowski-Tracy
Robert & Margaret Van Why
Cynthia Vohey
Mary Volk
Julia Wallace
David & Ann Wasson
Joy Werner & Ann Luengens
Hans Wiersma & Kristin Dragseth
Paul & Judith Woodward
Ned Wolbert
Tom Wulling & Marilyn Benson
Priscilla Wyeth
Patricia Zalaznik
Andrew Zolli & Jennifer Carlson
Mary Zorn

As of Nov. 9, the Bugle had received $24,275 in donations for fiscal 2022-23. The Bugle’s fall fund-raising campaign continues in earnest through the end of December.
Honor for Murray Middle School teacher and more

By Sarah Clark

Murray Middle School
Honor for Combs
The Concordia University-St. Paul Alumni Association recently recognized DeWayne Combs, Murray Middle School physical education as its Educator of the Year 2022. Each year, the Concordia Alumni Association awards alumni who are making a difference in their community and hosts a ceremony for all award recipients. In 2020, Combs was a finalist for the Minnesota Teacher of the Year award.

DeWayne Combs, left, receives the Educator of the Year award from the Concordia University-St. Paul Alumni Association. Submitted photo.

Student scientists in the field
Murray’s Comparative Anatomy classes visited the Belvin Outdoor Educational Lab in Allison on a cold day in mid-October to study the variety of species living in various ecosystems.

Students took environmental samples, logged plant species, counted animals and animal signs and also helped the Washington County Water district harvest native seeds as part of a prairie restoration program.

Fundraiser for childhood cancer research
Students with the Murray Middle School Junior Honor Society collected coins in October from the school community to donate to children’s cancer research.

For every $100 the students collected, a staff member volunteered to cut off and donate their hair. As of early November, the total dollars raised was $332.61.

Prior to the Bugle’s December issue deadline, teacher Erin Dooley said, “Three of us will be having ponytails cut at our Core Value assembly on Nov. 17.”

Twin Cities German Immersion School
Student class openings
The Twin Cities German Immersion School has spots open for the current 2022-23 year in the third and fifth through eighth grades.

TCGIS is a kindergarten to eighth grade public charter school (no tuition or fees!) in St. Paul. Enrolling is available.

Prospective families are invited to visit Twin Cities German Immersion School during six school tours between October and February. Each hour-long, in-person tour includes visits to classrooms and a question and answer session with an administrator and a teacher. Learn more at tcgis.org/school-tours.html

If you or someone you know is interested in enrolling, please email enrollment@tcgis.org.

Submitted by Katharina Schror, TCGIS communications director.

St. Anthony Park Elementary School
More time for the arts
At SAP Elementary
The Arts at St. Anthony Park Elementary look a little different in than years past and the kids are loving it.

“I love both performing and visual arts,” said Aisha Ammerman, a third grader at the school. “I like that in Visual Arts they will give you a subject and a variety of colors but you can create whatever you want. In Performing Arts, I like that even when they give you a story, you are allowed to change characters and costumes.”

In 2021, principal Karen Duke secured extra funding to hire more arts teaching specialists at SAP Elementary following the retirement of part-time artist specialist Courtney Olen.

“The arts are an important way for students to express themselves and develop creativity and problem-solving skills,” Duke said. “They are the best way for some students to engage in school.”

Meaghan Shomion joined the SAP Elementary staff in the fall of 2021 as the visual arts teacher. She has worked within the St. Paul Public School District since 2006, serving at Harding and Highland Park senior high schools.

“At the high schools, I always felt like I was doing cartwheels to get the students’ attention and to keep them engaged. And I did, and they were. But here, it’s very different, there are no cartwheels needed! The elementary school kids have so much joy.”

Anna Brandvik, SAP’s new performing arts teacher, joined staff this fall when former general music teacher Brad Ollman took a different position within the St. Paul School District.

Brandvik came from SPPS’s Four Seasons A Elementary, an art-focused magnet school, where she had worked since 2004. Brandvik has always worked as a full-time arts teacher/writer/director with numerous local theaters — as well as the Minnesota Vikings, 3M and Honeywell. She has also appeared in movies, TV and radio.

All SAP Elementary students attend Shomion and Brandvik’s classes at least once a week. In Visual Arts, older students are currently learning about architecture and creating their own buildings from clay while younger students will begin composing collages from painted media.

In the Performing Arts classes, students have been studying books and, in small “production groups,” planning ways to bring the stories to life via sound effects/music.

Cold Case from p. 1
Narrowing the path
In the first months since they began searching for clues on what happened to Bill, Keegel and Hilton said that progress has painstakingly slow. The passage of time has made the search difficult.

“We are on a wide path,” Hilton said. “But every day, we start to narrow the path a little bit. We are trying to get information to put the pieces of the picture together. It’s little step by step.”

Imagining what if
For Mary and Sarah, getting Bill’s disappearance resolved would be a godsend.

“When, I was young I felt like I could somehow will him home,” Mary said.

“For many years I thought he’d come home, held cell, show up at the door. Someone who knew him in the past would let us know where he was or tell us something that might lead us to him.”

But that never happened.

“As years went by I no longer thought of him as alive and my hope changed to finding his bones — to being able to bury him, to do what people do when someone dies,” Mary continued. “And then even that hope began to dim, which was terrible to imagine. Our parents died not knowing what happened to their son.”

Mary concluded, “If we find out what happened to Bill, it will be thanks to Holly and Heidi. It’s a wonderful gift they’ve given us. They are fearless and undeterred by the number of years that have passed since we saw him last.”

“With time, it is less important to me to know what happened to Bill than it is to find his bones, whatever remains of our brother, our parent’s son,” Mary said. “Sometimes I let myself imagine, just for a moment, what it would be like to find Bill. It would be a homecoming.”

Mary Underhill said she and sister Sarah, along with Keegel and Hilton, are sharing their story about Bill with the Bugle in hopes that someone in the community may have important information to share that could help bring Bill home.

Keegel said, “If you know anything about Bill or even knew Bill at one time, please contact me via Messenger or email at keehil@hotmail.com. No information is too small or insignificant.”

Scott Carlson is managing editor of the Bugle.
By Eric Erickson

National honors for Como's JROTC and AP Government students fund-raising efforts for a trip to Washington are in the news this month.

Elite honors again for Como's JROTC

Como's Marine Corps JROTC (Junior Reserve Officer Training Corps) was recognized as a Naval Honor School Program for a seventh time.

The award is reserved for the top 20% of all MCJROTC programs across the nation. For the 2021-22 school year, Como's ranking was in the top 1 percent.

The award and ranking are based on factors including unit enrollment, volunteer campaigns, cadet citizenship, leadership camps, competitions, grade point averages, extra-curricular activities, public service, scholarships, MCJROTC academies, national level competencies and unit camaraderie.

To provide insight to those areas, here are some statistics: 118 of Como's 1,094 students were enrolled in the Marine Corps JROTC last year. Those cadets provided a collective 3,336 hours of community service at 34 different events.

Twenty-two seniors in the program earned a total of $446,150 in academic scholarships. An Academic Bowl team qualified for a state-level competition at Delaware State last summer. Le is applying to the U.S. service academies and plans to study aeronautical engineering.

Alex Le wins top individual honor

Como senior Alex Le received the Legion of Valor Bronze Cross Award, which is earned annually by just six exceptional JROTC cadets from more than 5,000 across the nation.

Le's credentials include having the top GPA in Como's senior class, twice leading his Academic Bowl team to nationals, earning AP Scholar with Distinction status by the end of his junior year and completing the Naval Air Force Pilot Scholarship program at Delaware State last summer.

Le is applying to the U.S. service academies and plans to study aeronautical engineering.

AP Government students fundraising for D.C.

After a two-year pandemic hiatus, seniors studying AP Government and Politics are once again set for a week of study in the Close Up Washington D.C. program.

Fifteen students are actively fundraising for their February field trip. Beyond working part-time jobs (including serving as election judges), the students will be bagging groceries for customers at Cub Foods on Country Road B in Maplewood on Saturday, Dec. 10. They also worked at Cub on Nov. 19.

Donations to support this educational experience are always appreciated and needed. Contact eric.erickson@spps.org if you're interested in supporting the effort.

Eric Erickson is a social studies teacher at Como Park Senior High School and writes for the Bugle.

Greeting Cards from p.1

“This is really a community effort of friends that just want to do something,” Holvand said. “Like almost everything good in the world, I think it comes from a community effort.”

Hovland Bahij added, “This is a really simple way to do something that directly impacts the people who are under attack. I think we all want to do things to help.”

As of the Bugle’s press deadline, more than $1,000 had been raised for Stand With Ukraine MN, an initiative that provides humanitarian aid to Ukrainians and is administered by the Ukrainian American Community Center, a Minnesota nonprofit, RoseAndRedwood.com.

In her artist statement, Burchak writes, “There are times when darkness envelopes us and everything seems to go wrong. But, it must be remembered that our inner energy of light and good is stronger and brighter. The main thing to hope, be courageous, resilient and strong.”

At one point, Burchak was going back and forth between her home and bomb shelters several times a day. But she still wanted to work on her craft. “I continue drawing. It is a shelter for my soul,” she wrote to Hovland Bahij in March.

Burchak remains in Ukraine and continues to provide updates about the ongoing crisis. In October, she wrote about the fear of attacks but also shared a message that is reflected in her art: “I believe in our people and hope for the best.”

Christie Vogt is a Twin Cities-based freelance writer and a regular contributor to the Bugle.

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HOURS
Weekdays 10 a.m. - 5:30 p.m.
Saturday 10 a.m. - 4:00 p.m.
Holiday & Winter Events in the Neighborhood

By Kathy Henderson
Compiled by Kathy Henderson who lives in St. Paul and is a Twin Cities freelance writer.

There are plenty of opportunities this month to shop local, enjoy holiday entertainment, savor festive treats and appreciate the season with friends and family. Browse all the happenings below.

Ongoing Events

Broadway at the Ordway with Beauty and the Beast
345 Washington St.
The beloved Broadway musical stage adaption of the Academy Award winning animated film continues at the Ordway through Dec. 31. Find various matinee and evening performance times and dates and costs at ordway.org.

Falcon Heights-Lauderdale Lions Club Tree Sale
Falcon Heights Community Park, 2050 Roselawn Ave.
The Lions Club annual Christmas tree sale begins Nov. 25 and lasts until trees sell out. Note: The supply has sold out in as little as eight days in the past. Proceeds go to support, among other things, local block nurse programs.

Weekdays, 4:30 to 7:30 p.m.; Saturdays, 10 a.m. to 6 p.m.; Sundays, noon to 6 p.m.

GLOW Holiday Festival
CHS Field, 360 N. Broadway St.
GLOW, a walk-through event, continues at CHS Field through Jan. 1. It features lights, illuminated trees, interactive displays and full ballpark food and drinks. Attractions include Elfie Plaza, Enchanted Forest, Bright Bikes and Tremendous Tree. Hourly reservation time slots; stay as long as you like. Sundays-Thursdays, 5 to 8 p.m. (closes at 9 p.m.); Friday and Saturday, 5 to 9 p.m. (closes at 10 p.m.). General Admission, $20.75; Children ages 4-12, $12.75; children ages 3 and under, free. Nonrefundable tickets must be purchased in advance at GLOWholiday.com.

Twin City Model Railroad Museum Hosts Night Trains
688 Transfer Road., Suite 8
The Twin City Model Railroad Museum hosts Night Trains — Christmas-decorated model trains — through the holiday season on Saturdays (except Christmas Eve)

Happy Meowlidays from Cat aMEWsement

MEOWna Lisa Ornament

Wool Dreidel Toys

2238 Carter Avenue
Saint Paul MN 55108

New Mew Hours
Mon-Sat: 10am-8pm | Sun: 10am-6pm

651-478-MEWS
CataMEWsement.com
Events by Dates

Dec. 1-3
Landmark Center Sets
Old Fashioned Holiday Bazaar
75 W. Fifth St.
Handcrafted gift items sold by area artists, plus music and treats.
Thursday-Friday, 10 a.m. to 7 p.m.;
Saturday, 10 a.m. to 5 p.m.

Dec. 2-4
Horse Crazy Holiday Market
Minnesota State Fairgrounds,
Warner Coliseum
The Horse Crazy Holiday Market gathers more than 100 vendors, ar-
tisans, makers and exhibitors fea-
turing equine- and canine-themed goods, gifts and services.
Friday, 4 to 8 p.m.; Saturday, 10 a.m. to 6 p.m.;
and Sunday, 10 a.m. to 4 p.m.

Dec. 2-4
Blue House Boutique
St. Matthew’s Episcopal Church,
2136 Carter Ave.
The Blue House Boutique offers unique, handmade items, including
knitwear, decor, food, jewelry and artwork. Proceeds benefit the Blue
House, a charity serving children in Uganda. Early bird admission ($15)
on Friday, 4 to 7 p.m. Free admis-
sion on Saturday, 9 a.m. to 4 p.m.,
and Sunday, 10 a.m. to 2 p.m.

Dec. 3
Cookies & Cocoa with Kris Kringle
Cedarholm Community Building,
2323 N. Hamline Ave.
Children ages 2 to 10 with an adult
can decorate a cookie and make a
craft. Bring your cell or camera and
take a photo with Santa. Session 1,
9 to 10:15 a.m. Session 2, 10:45 a.m.
to noon. $11 per participant. Phone:
651-792-7110.

Dec. 3-4
Holiday Craft Fair
Roseville City Hall, 2660 Civic
Center Drive., Roseville
Find handmade items from local
crafters and artists at the annual
fair sponsored by the Harriet Al-
exander Nature Center. Saturday,
10 a.m. to 4 p.m., and Sunday, noon
to 4 p.m.

Dec. 3-Jan. 8
Marjie McNeely
Holiday Flower Show
Como Park Zoo & Conservatory
1225 Estabrook Drive

The Holiday Flower show will
feature an elegant white
poinsettia accented with plants se-
lected for fragrance and texture.
Free, but donations are appreciat-
ed. Reservations required: como-
zooconservatory.org/reservation.

Dec. 4
Maker’s Market at
Urban Growler Brewing Co.
2325 Endicott St.
Shop from local vendors selling a
variety of goods, including candles,
jewelry, home decor, Belgian choc-
olates, pottery, house plants, holi-
day ornaments, aprons and prints.
Sunday, noon to 6 p.m.

SHOW LOCAL LOVE
this holiday shopping season

A stellar afternoon in charming Saint Anthony Park:

EAT | The Finnish Bistro
A community gem with authentic European cuisine & a cozy small-town vibe.
Grab a hot cup of coffee / hot chocolate / “London Fog” and share a
sweet or savory scone / “Almond Kringler” / flourless chocolate torte.

SHOP | Boréal Gifts & Goods
A creative boutique with unexpected gifts & local art.
Slow down to enjoy the handmade home goods / pet-lover regalia / puzzles, games & crafts,
and find something for a special loved one or yourself! Don’t forget to venture upstairs for a
Minnesota-made art gallery while you’re there...

BE JOYFUL | Spread the Love
Explore the neighborhood.
Enjoy the seasonal displays while you spread the local
love. Discover small businesses in your neighborhood
that fulfill everyday needs year-round.

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wellingtonmgt.com

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Dec. 3
Santa at Milton Square
2262 Como Ave.
Santa will light the tree in the Milton Square courtyard at 5:30 p.m.

Dec. 13
Winter Wonderland
North Dale Recreation Center
1414 N. St. Albans St.
Winter themed activities for youth under the age of 12 and a special visit from Santa. Tuesday, 6 to 8 p.m.

Dec. 14
Star of the North Concert Band: Holiday Concert
Landmark Center, 75 W. Fifth St.
The Star of the North Concert Band is a nonprofit, charitable organization of more than 50 musicians from around the Twin Cities. Free. Wednesday, 7:30 to 9 p.m.

Dec. 16
Holiday Ornament Making
Northwest Como Recreation Center
1550 N. Hamline Ave.
Make a unique keepsake or holiday gift at Northwest Como Recreation Center’s ornament-making party. Children ages 5 to 10 can use their creativity for this winter-themed craft. Thursday, 2:30 to 5 p.m. $30. Registration required in advance at stpaal.gov/parks.

Dec. 16
Multi-Cultural Festival
Langford Park Recreation Center
30 Langford Park
Discover the various kinds of games children around the world play. Make crafts, try new language, sample food items. Friday, 6 to 8 p.m. Call 298-5765.

Dec. 26-30
Winter Camp-STEM Safari
(Grades 1-3)
Bell Museum, 2088 Larpenteur Ave.
W. Falcon Heights
Explore all things science each day we explore a different area of STEM. Monday-Friday, 9 a.m. to 4 p.m. Registration at bellmuseum.umn.edu/events.

Dec. 26-30
Winter Camp-Snow Much Fun
(Grades 3-5)
Bell Museum, 2088 Larpenteur Ave.
W. Falcon Heights
Third, fourth and fifth graders will explore how the environment works differently once the temperature drops below freezing and find out how to differentiate clouds by studying their shapes. Monday-Friday, 9 a.m. to 4 p.m. Registration at bellmuseum.umn.edu/events.

Dec. 31
New Year’s Eve on Ice
Roseville Skating Center, 2661 Civic Center Dr.
Family skating party from 2:30 to 10 p.m. Skate indoors in the arena or outdoors on the oval. Face painting, 4 to 6 p.m.; magic show, 6 to 6:30 p.m.; photo buttons, 7 to 9 p.m. Admission, $10. Limited skate rental, $5. Call 651-792-7007 for more information.

Children’s Holiday Gift Bag
Saturday, December 3, 2022
10 AM to Noon
Free event - Children Must Be Present — Whole Supplies Last
For more information visit Speedy Market
shop.timmadrumsppeedymarket.com

Spotlight Science: Bugs Below Zero November 10, 10am – 2pm
Join us at the Bell Museum for an afternoon of winter bugs! Learn more about how some insects are able to survive below-zero temperatures, their unique life cycles, and more.

Narwhal: Revealing an Arctic Legend
Now on view
The Bell Museum, a Smithsonian Affiliate, brings an exciting new exhibit, Narwhal: Revealing an Arctic Legend. View a full-scale narwhal model and learn the ways Inuit communities and Smithsonian researchers have worked together to help us better understand both narwhals and a changing Arctic impacted by climate change.

Bell Museum Holiday Hours
Plan your visit
Stay up to date on Bell holiday hours. Visit us December 26–31 as we journey the universe in the Bell Museum original interactive planetarium show Lost in Space, learn about seasonal constellations in Minnesota Night Skies, and explore what it takes to complete a historic journey to the red planet in a Bell Museum original production Mars: The Ultimate Voyage.

Spend your holiday at the Bell Museum
150 years
Tree farm business all in the Hansen family

By Janet Wight

Encompassing 40 acres, the Hansen Tree Farm in Ramsey is the closest Christmas tree farm to the Twin Cities, and it has local roots. It’s owned by longtime St. Anthony Park residents and brothers Dave and Mark Hansen.

The Bugle recently spoke with Dave Hansen to learn more about the family business.

This full-service tree farm, now run by the second and third generation family members, was established in the 1950s.

While growing the business into one of the top five Christmas tree farms in the state, each family member handles different aspects of the business along with their day jobs, family responsibilities and volunteer commitments, said Dave Hansen.

A family endeavor: Mark’s three sons are all active in the business. Tryg supervises the outdoor workers while his wife Jeanne manages the gift shop, assisted by Mark’s wife Brenda. Per and his wife Marie assist with making wreaths. Food and beverage service along with social media are Kip’s responsibility.

Meanwhile, Britta and Kell, Dave’s children, are also involved with the farm. Britta oversees the flourishing commercial photography business. Although Kell no longer lives in Minnesota, he returns home each year to assist during the bustling Thanksgiving weekend.

Dave’s primary duties are planting new trees and tending to older ones. Last year, the Hansens planted about 7,000 trees at the farm.

Part of tending and caring for the trees is aided by an irrigation system, which the farm has had for the past 14 years, helping to overcome periods of drought. Repairing leaks is a never-ending job, Dave Hansen said.

He added that other time consuming chores include weed control, mowing, fertilizing and shearing. Thanks to the farm’s irrigation system, it takes only eight to 10 years of growth for the pine and fir trees to be ready for sale.

Customers can select either a pre-cut tree or cut their own with saws and assistance available.

Besides trees, Mark’s handcrafted, award-winning wreaths are a popular sale item and each year about 7,000 trees at the farm.

A variety of complementary refreshments and delightful experiences enhance any purchase, including hot beverages, Swedish Christmas sausage (from Grandpa’s secret recipe), hayrides, live music and dispersed campfire sites stocked with kindling and wood.

Each tree is priced at $840, regardless of the type or size, which Hansen admits is the most expensive price locally.

“It’s a little mini-vacation for a few hours, and it provides a lot of value compared to attending a sporting event with the family,” Hansen explained.

Maintain your distance: Social distancing is a natural part of the experience at Hansen Tree Farm. The entire process of selecting a tree can be done outdoors, with online payment, so everyone can feel comfortable visiting the farm.

Sales have increased 50% since the beginning of the pandemic, Hansen noted. Seasonally, about 25 high school students from St. Anthony Park and Como Park are employed and they help with planting and shearing.

“We could not make this work without the high school helpers,” Dave Hansen said. “They are the greatest helpers and they love it.”

Commercial photography is another notable part of the tree farm business. The tree farm is available for photography every month of the year, with more than 200 photography sessions booked annually.

The Hansen Tree Farm provides visitors the opportunity to savor a classic Minnesota tradition while building memories with family and friends.

Mark and Dave Hansen show off trees from their Christmas tree farm. Submitted photo by Dave Hansen.

Christmas Trees and More

Use our farm and forest as an escape from your routine. Visit and enjoy our forest, our fields of beautiful Christmas trees, the crisp fresh air and room to roam!

Cut your own Christmas tree, 3’-8’
We provide saws and twine and tie it on.

Balsam, Fraser & Canaan Firs, White Pine, Blue Spruce.
Contactless entry and payment options.
Hayrides, all day — every day.
Private campfire sites to gather with family!
Gift shop, free hot beverages and Christmas sausage.
Hansen-made wreaths, MN State Fair champions.

hours: 9 a.m.–5 p.m.
Nov. 18–20 (Fri, Sat, Sun), Nov. 23 (Wed.) Nov. 25–27 (Fri, Sat, Sun),
Dec. 2–4 (Fri, Sat, Sun), and Dec. 9–11 (Fri, Sat, Sun)

hansentreefarm.com
Mark Hansen 651-214-2303 / Dave Hansen 651-247-1952
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by Janet Wight
“Tis the season for peanut butter blossoms and sugar cookies, gelach and rosettes, spritz and gingerbread. One of my favorite holiday memories and traditions is baking Christmas cookies with my family. And for many people, the holidays are synonymous with “cookie season.” Enjoying them for desserts are plentiful around the holidays.

While I believe cookies can absolutely be part of a healthy diet, when you’re eating them more often, it can be handy to bump up the nutrition a bit, without sacrificing taste. Read on for three tips to add in a little “gentle nutrition” to your holiday cookie traditions:

One: Swap in whole grain flour. Most recipes call for all-purpose flour. However, white whole wheat flour and whole wheat pastry flour are excellent substitutions as they retain the tender texture we desire in baked goods and are easy to find at stores like Cub or local markets and co-ops. Feel free to swap 1 to 1 or just start by subbing half of the all-purpose flour and work your way up.

Either way, you are adding some whole-grains and fiber that can help regulate blood sugars and contribute to satiation. Regular whole wheat flour can be a bit heavy for baked goods. So, I tend to save this for things like bread baking, but you could try a 50/50 blend of all-purpose and whole wheat flour in cookies or bars if that’s what you have access to.

Two: Make them mini. Cut bars into small bites and drop cookie dough by the tablespoon rather than a full cookie scoop. Smaller portions allow for more variety and make it easier to check in with yourself between bites on whether you are full and satisfied, or if you’d like more.

A smaller portion size also makes it simple to add a ginger-snap to your lunch plate or grab one with your cheese stick for a snack. This can help you spread out the desserts throughout the day rather than gorging on them after dinner.

Three: Serve up the cookie platter with sides that can make for a more well-rounded and nutritionally balanced snack. Desserts often contain carbohydrates and fat but tend to lack protein and fiber. A glass of cold milk alongside cookies can provide some protein to balance the carbs and fat in a cookie and is also super satisfying. In my family, we often serve a spread of Christmas cookies alongside sliced, fresh oranges as they are in season, delicious and provide us fiber, which also helps to balance the carbs and fat found in the cookies.

Adding sides or combining cookies with other food items help keep cookie intake balanced in a way that is still tasty, enjoyable and leaves your body feeling good.

Now, I have a question for you: What’s your favorite cookie? Mine is ginger molasses or the classic peanut butter blossom.

Jenni Wolf regularly writes about food and nutrition for the Bugle. She is a practicing registered dietitian who is passionate about helping others nourish a positive and balanced relationship with food.
A new Christmas picture book

Lindsey McDevitt, a south St. Anthony resident and a children’s author, has released a new Christmas picture book just in time for the holidays. “Christmas Fairies for Ouma,” is a fiction book that celebrates the love between a grandparent and grandchild.

This heartwarming tale follows the magical journey of a child’s card traveling 10,000 miles across the world, from the hand of one stranger to another, with no name, no street and no stamps — all the way to Ouma.

The story is based on the author’s true story of her Minnesota family’s small miracle when she and her sister successfully sent just such an unorthodox holiday mailing to their grandmother in South Africa.

Published by Familius Books, McDevitt’s new book can be purchased by going online to the Lindsey McDevitt’s website to find purchase options: lindseymcdivitt.com/christmas-fairies-for-ouma.

McDivitt was born in South Africa and raised in America.
Final Chroma Zone mural unveiled for 2022

By Sarah CR Clark

The last 2022 mural, "Untitled" by Povi Marie, is located at Terra Firma, 2350 W. Territorial Road. Povi Marie is a Pueblo/Diné woman, raised in Tiwa Territory, also known as Albuquerque. Besides being an artist and a mother who homeschools her children, Povi Marie is an active member of and designer for nrsgrnts, an indigenous brand, business and art collective that advocates for indigenous rights.

She painted her mural in the Kawaii style (a form of Japanese pop-culture, according to My Modern Met) that celebrates "cuteness" and positivity. This untitled piece, which was painted in partnership with Povi Marie’s life partner, Votan (also a muralist), pays homage to a larger, 3-story tall mural the couple painted in downtown Duluth (on the AIC-HO building) in 2017.

Povi Marie’s bright mural at Terra Firma features two smiling cartoon-like characters posed in front of a smiling sun, pine trees and mountains.

“One is wearing a red jingle dress, bringing awareness to indigenous relatives,” Povi Marie said. She added the other character is wearing an orange shirt, representing Native American children who were affected by the boarding and residential school system.

Povi Marie’s mural ("Untitled," located at 2350 W. Territorial Rd) was the final mural unveiled for 2022’s Chroma Zone Mural & Art Festival. Photo by Sarah CR Clark

The last 2022 mural, “Untitled” by Povi Marie, is located at Terra Firma, 2350 W. Territorial Road. Povi Marie is a Pueblo/Diné woman, raised in Tiwa Territory, also known as Albuquerque. Besides being an artist and a mother who homeschools her children, Povi Marie is an active member of and designer for nrsgrnts, an indigenous brand, business and art collective that advocates for indigenous rights.

She painted her mural in the Kawaii style (a form of Japanese pop-culture, according to My Modern Met) that celebrates “cuteness” and positivity. This untitled piece, which was painted in partnership with Povi Marie’s life partner, Votan (also a muralist), pays homage to a larger, 3-story tall mural the couple painted in downtown Duluth (on the AIC-HO building) in 2017.

Povi Marie’s bright mural at Terra Firma features two smiling cartoon-like characters posed in front of a smiling sun, pine trees and mountains.

“One is wearing a red jingle dress, bringing awareness to indigenous relatives,” Povi Marie said. She added the other character is wearing an orange shirt, representing Native American children who were affected by the boarding and residential school system.

Povi Marie’s mural (“Untitled,” located at 2350 W. Territorial Rd) was the final mural unveiled for 2022’s Chroma Zone Mural & Art Festival. Photo by Sarah CR Clark
By David Enyeart

Books make great gifts. They provide hours of entertainment. They’re easy to wrap. And you can borrow them and read them yourself in January if you play your cards right.

Next Chapter Booksellers is full of ideas for everyone on your list.

For the reader who reads everything: This fall sees new novels from Celeste Ng, Peter Geye, Frederik Backman, George Saunders and Elizabeth Strout. And don’t miss Jean’s special pick: “The Whalebone Theatre”. She calls it a novel that “touches every human emotion.”

For political junkies: "Lady Justice: Women, the Law, and the Battle to Save America" by Dahlia Lithwick profiles the women fighting to keep our legal system fair and accountable. Sarah Kendzior shows us the results of our worst impulses in “They Knew: How a Culture of Conspiracies Keeps America Complacent”.

For the nature lover on your list: Karen Armstrong recounts the role of nature in spiritual life — across the centuries as well as today — in her latest book “Sacred Nature: Restoring Our Ancient Bond with the Natural World”. And novelist Annie Proulx turns to nonfiction in “Fen, Bog & Swamp”, looking at wetlands across the northern hemisphere, including Minnesota’s lakes.

For the aspiring organizer: Marie Kondo’s “Kurashi at Home: How to Organize Your Space and Achieve Your Ideal Life” focuses not on what to get rid of, but on conscious, mindful choices to help you take advantage of every part of your home and your day.

For the history buffs: Pulitzer Prize-winner Stacy Schiff is back with a biography of Samuel Adams — and it’s not just about his career as a brewer. Her fellow Pulitzer recipient Jon Meacham has written a definitive biography of Abraham Lincoln. And Pekka Hamalainen’s book “Indigenous Continent: The Epic Contest for North America” is an eye-opening retelling of the continent’s history that upends almost everything you learned in high school.

For history buffs: "Lady Justice: Women, the Law, and the Battle to Save America" by Dahlia Lithwick profiles the women fighting to keep our legal system fair and accountable. Sarah Kendzior shows us the results of our worst impulses in “They Knew: How a Culture of Conspiracies Keeps America Complacent”.

For the hostess: “The Art of Gathering: How We Meet and Why It Matters” by Priya Parker is full of practical ways to make the season more meaningful and memorable. And Claire Saffitz’ new cookbook "What’s For Dessert" is packed with decadent recipes that are as easy to make as they are delicious.
Gifting? Go plastic-free!

By Ranae Lenor Hanson

We want to celebrate, we want to give. Sharing small, thoughtful gifts is one of the joys of the holiday season. And those gifts can be even more meaningful if they carry an Earth friendly message.

So, pause before buying those individual cookie packets or colorful tubs of hand cream. Single use plastic is convenient, but it’s also a scourge on oceans, wildlife and humans. The plastic you purchase today may be refilled to future humans thousands of years hence. Lasting forever, plastic deintegrates into smaller and smaller pieces that enter bellies and lungs of mammals, arthropods and soils.

Humans celebrated without plastic before. We can again.

Encourage a plastic-free life

How about giving gifts that nudge your loved ones to switch to life without plastic? These can come in refillable metal tins (no PVA in those). Want something bigger? Give a laptop bag made of hemp and cotton from Life without Plastic or order hemp yoga pants from Big Sur. A world of options awaits.

What about the kitchen?

A St. Paul friend recently gave me a woven cotton Vejibag for storing vegetables. I’m hooked! You wet it, wring it and fill it. Refrigerated food in this bag lasts much longer than in plastic. When a Vejibag gets dirty, you throw it in the wash.

If, by chance, you purchase something that comes with plastic packaging, give us all a gift — complain to the seller and shipper! Mention alternative packaging products like cardboard (not plastic), hemp and cardboard, or hemp and wood pulp. Tell the store they should move toward a no-plastic life.

Use a woven cotton Vejibag for sorting vegetables. Photo source: Vejibag.com

Found at Hampden Park Co-op: Lip balm in cardboard tubes made by Booda Organics. The co-op also carries bamboo toothbrushes and floss. Photo source: Boodaorganics.com

Hibar’s care products are plastic free. It is one of the sustainability-oriented enterprises based in the Wycliff building in south St. Anthony Park. Photo source: hellohibar.com

More sources for hair and body care (solids and powders) include Lush, Grove Collaborative, Zero Waste Store, Booda Organics, Mighty Nest and No Tox Life. (No Tox Life sells products, each encased in plastic and Earth in Distress, “is a member of Transition Town—ASAP. To learn more about Transition Town at TransitionASAP.org.

Use a woven cotton Vejibag for sorting vegetables. Photo source: Vejibag.com

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*Annual Percentage Rate. Introductory Offers on new Visa Signature accounts opened 11.1.22-12.31.22. 0.00% APR on purchases made within 12 months from date of account opening. 2.99% APR on any balance transfer made within 90 days from date of account opening for a period of 12 billing cycles. After that, your APR will vary with the market based on the Prime Rate. Current rates are based on the Prime Rate as stated in the Wall Street Journal plus applicable margin in effect on 09.30.2022, were 15.90%, 17.90% or 17.99% . Rate is based on creditworthiness. Please refer to the Credit Card Account Opening Disclosure for information regarding your APR. We calculate your balance by using a method called average daily balance (including new purchases).

^ Cash advances and cash equivalent transactions are not eligible. Earn up to 1.5% for everyday dollars on NET purchases at retail and restaurants. Redeem for cash back: 13,534 reward points awarded when cardholder makes $1,000 in purchases within the first 90 days of account opening on a new Visa Signature Credit Card account or within 30 days of account opening on a new Visa Signature Credit Card account opening on or after 11.1.22. Points may be redeemed for cash back or other merchant use. Visit CUFRewards.com for details. Recipient is responsible for applicable taxes incurred on cash back. Insured by NCUR.
By Chris Tabisz

The Twin Cities German Immersion School cross country team has won two conference championship titles since 2018: the first for seventh- and eighth-grade boys in 2019 and the second for fifth and sixth-grade boys in 2021.

But during the fall 2022 cross country season, the Immers (Gavis immer or loons) surpassed all expectations.

The cross country season began at the Como Relays each Wednesday in August. These races tested the Immers’ abilities to run in the heat and humidity.

At the first few conference meets in Lakeville and near Lake Nokomis, the fifth and sixth-grade boys as well as the seventh and eighth-grade boys finished first as a team, while the girls’ divisions (fifth and sixth grade, and seventh and eighth grade) finished second and third.

Later, team performances in the girls’ divisions improved to first place at the Theodore Wirth Park and Battle Creek Regional Park meets.

Meanwhile, the Muddy Water XC Conference Championship Meet was held in Como Park on Oct. 14 with runners racing from nine schools during a cool and rainy day.

The Loons won the fifth and sixth-grade girls race by one point, and the fifth and sixth-grade boys zoomed to a team victory.

The seventh and eighth graders raced during an intense rain and sleet shower, but the cheering fans only became louder. Both girls and boys in the seventh and eighth grades triumphed over the competition and the weather. The TCGIS Loons are conference champions in all four conference divisions.

Adding to the Immers’ successful season, the fifth- and sixth-grade boys as well as the seventh- and eighth-grade boys teams are undefeated, finishing in first place as a team in each conference meet and invitational for the 2022 season, including Simley Invitational, Eagle Ridge Academy’s Invitation and Mounds View’s Mustang Invitational.

Over the entire season, the Twin Cities German Immersion School boys beat 26 other middle schools. The Immers have most recently competed in the 2022 USA Track and Field Minnesota Junior Olympic Cross-Country Championships on Nov. 6 on the windy and hilly course at Gale Woods Farm. Thirty-nine runners have qualified for the USAFT TO XC. Nationals in College Station, Texas, on Dec. 10.

Chris Tabisz is cross country coach at the Twin Cities German Immersion School.

In a message to the Bugle, Povi Marie said, “The best thing we can give our little ones are safe, healthy environments to be children — that is something many of our relatives were unable to experience. I have so much hope for these little ones. They will be the positive change our communities need.”

Greg Leifeld, project manager at Terra Firma said of the mural, “Everyone at Terra Firma loves it.”

Leifeld spent time talking with Povi Marie and Votan during the creation of the mural. Since the mural is on Terra Firma’s building, he said he feels a responsibility to share the artwork’s deeper meanings with the community.

“At first,” he said, “it looks like a cute cartoon, but after hearing the deeper meanings behind it, makes me have more affinity for it.”

Since debuting in 2019, the Chroma Zone Mural & Art Festival has introduced more than 40 murals in the Creative Enterprise Zone neighborhood. That area is located north of I-94 and south of Energy Park Drive between Highways 280 and Prior Avenue North.

The Creative Enterprise Zone, the nonprofit sponsor of the mural festival, also collaborated on another four local murals.

CZC executive director Angela Casseldt said her nonprofit anticipates continuing the mural festival tradition in 2023.

“We hope to announce details on the size and scope of next year’s artist selection process with our in-the-market partner, Forecast Public Art, in January,” Casseldt said.

Sarah CR Clark lives in St. Anthony Park and is a regular freelance contributor to the Bugle.
This month we remember, among others, a former owner of the Turf Club in St. Paul.

Dorothy Alshouse
Dorothy L. Alshouse, 99, died Oct. 30, 2022. Dorothy is survived by children, Craig (Mary Fran), Duane, Gary (Susan) and Mark Alshouse; eight grandchildren; and 11 great-grandchildren. She was preceded in death by her husband, Bill, at a drive-in restaurant in Minneapolis in 1958. She were married March 3, 1962 (60 years). Dorothy became a Marine Corps wife when Bill en- tered the Marine Corps March 12, 1962. They began raising their two older children, Chris and Lisa, in duty stations in Florida, Texas and California, before moving back to St. Paul in 1967 when Bill became a pilot for Northwest Airlines. Dorothy owned and then managed the Turf Club on University Ave- nue in St. Paul from 1984 to 1994. In her spare time she volunteered at Visitation and St. Thomas Acad- emy, where her children attended school, organizing clay modeling and craft activities for the Merrie Market. Dorothy enjoyed working with her hands and spent hours outside at the lake landscaping and garden- ing, or in her workshop in the cot- tage doing woodworking, when she wasn’t planning or participating in activities for her granddaughters who visited the lake each summer. Dorothy is survived by husband Bill, children Lisa Holter Ankel (Felix), Colin and Jenna Dolan (Matt); and eight grandchildren. She was preceded in death by her eldest daughter Katherine; eldest son Chris; one grandson; parents; and parents-in-law George and Vivian Campion. She will be remembered for her generosity and ever-present smile. A memorial service will be held on Oct. 22 at St. Odilia Catholic Church in Shoreview.

Burton Carlston-Gillis
Burton Carlston-Gillis, 83, of Grand Marais, died Oct. 29, 2022 after a short battle with cancer. Burton and his wife Kim loved to run, bike, Nordic ski, hike and travel. He is survived by Kim, his loving wife of 46 years, and brothers and sisters-in-law Tom (Carol) Dreen, Gayle Dreen, Kathy (Gordy) Nels, Nancy Simkunas, David Carlston-Gillis. He enjoyed photography, sailing, biking and craft activities for the Merrie Market. A memorial service was held Nov. 7, 2022, at St. Timothy Lu- theran Church. A second memo- rial service was set for Nov. 26, 2022, at Trinity Lutheran Church in Holvland, Minnesota. Memorials preferred to either church or the Nordic Ski organization of your choice.

Gail Dennis
Gail Sporell Dennis, 90, died Sept. 16, 2022, after a long battle with Alzheimer’s disease. She grew up in St. Anthony Park, long enough from what is now Murray Middle School. After graduating from Universi- ty High School, she earned her ed- ucation degree from Knox College in Illinois. She taught first grade in California before returning to the Twin Cities in 1959. She continued her teaching career at a number of schools, including the School for Young Children. She returned to St. Anthony Park in 1979. She was a lifelong lover of wild- life and advocate for environmen- tal conservation. She was also a caring friend with an infectious smile and by her own assessment had a “can-do” attitude. She never let anything get in her way. She freely gave to others, through her work, through her support of education, and through her love for the outdoors. She is survived by her sister Terry McCormick, Melanie (Ran- dy) Maggey Duneen, Kevin (Nan- cy) Duneen; six grandchildren, and four great-grandchildren. Marilyn was born in Irwin, Pennsylvania, on Sept. 23, 1923, and by her own assessment had an amazing and fulfilling life jour- ney. Constantly throughout her life included interests in education, singing, church and community service, travel, family and friends. She attended Hood College in Maryland, then the University of Wisconsin where she received a master’s degree in organic chem- istry and met her future husband. After moving to St. Paul, she taught college chemistry before becoming a stay-at-home mom. Later, Marilyn worked for 20 years as a junior scientist in the Animal Science Department at the University of Minnesota. Marilyn’s life was privately cel- ebrated by her family. Memorials preferred to Emma Norton Ser- vices (emmanorton.org), or a char- ity of your choice.

Burton Carlston-Gillis was preceded by her husband, Mark, and brother James Miller. She is survived by her children, Craig (Mary Fran), Duane, Gary (Susan) and Mark Alshouse; and brother James Miller. Her funeral service was held Nov. 15 at Como Park Lutheran Church, with interment at Fort Snelling National Cemetery. Dorothy was active in music, a soprano soloist for more than 80 years, directed children’s choirs at Como Park Lutheran Church for 26 years and sang in the senior choir. She served on the Schubert Club Board (student competition) and Metropolitan Opera Auditions Committee. Dorothy also performed with Eastside Theatre, St. Paul Civ- ic Opera and Como Park Lutheran- Church in opera and musicals. She was a member of Y’s Menettes service club of YMCA) for over 60 years. Memorials preferred to Como Park Lutheran Church.

Kathy Campion
Kathy Campion, 81, died Sept. 29, 2022, after a short battle with cancer. She was the daughter of Lawrence and Delores (Drury) Merten, grew up in Shoreview and graduated from the Convent of the Visitation School in 1959. Kathy attended Mount Mary College in Milwaukee, Wis., and the School of Associated Arts in St. Paul. She met her husband, Bill, at a drive-in restaurant in Minneapolis in 1958. They were married March 3, 1962 (60 years). Kathy became a Marine Corps wife when Bill en- tered the Marine Corps March 12, 1962. They began raising their two older children, Chris and Lisa, in duty stations in Florida, Texas and California, before moving back to St. Paul in 1967 when Bill became a pilot for Northwest Airlines. Kathy owned and then managed the Turf Club on University Ave- nue in St. Paul from 1984 to 1994. In her spare time she volunteered at Visitation and St. Thomas Acad- emy, where her children attended school, organizing clay modeling and craft activities for the Merrie Market. Kathy enjoyed working with her hands and spent hours outside at the lake landscaping and garden- ing, or in her workshop in the cot- tage doing woodworking, when she wasn’t planning or participating in activities for her granddaughters who visited the lake each summer. Kathy is survived by husband Bill, children Lisa Holter Ankel (Felix), Colin and Jenna Dolan (Matt); and eight grandchildren. She was preceded in death by her eldest daughter Katherine; eldest son Chris; one grandson; parents; and parents-in-law George and Vivian Campion. She will be remembered for her generosity and ever-present smile. A memorial service will be held on Oct. 22 at St. Odilia Catholic Church in Shoreview.

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Lives Lived from p. 18

Valley and the University of Minnesota. He was a humble, patient and generous man.

A true “Wiseguy,” Roger’s proudest achievement was his courtship and love story with his little Miss Daisy, Myra, to whom he was married for over 65 years. They built a beautiful and loving courtship and love story with his family together, one that Roger al-
proudest achievement was his family.

At the age of 25, Roger took over his father started in Minnesota. He was a humble, patient and generous man.

Roger and Myra Greenberg Gar-

His funeral service was held Oct. 13 at Temple Israel in Minneapolis. Memorials are preferred to the Memorial Fund at Temple Israel.

Shirley Kimball

Shirley Margaret Kimball, 90, died Nov. 1, 2022.

Shirley attended St. Andrew’s School, St. Paul Diocesan Teachers School, St. Mary of the Lake Church, Lakeview Health Foundations (Hospice), or St. Mary of the Lake Cemetery. Memorials preferred to St. Mary of the Lake Cemetery. Memorial Fund at Temple Israel.

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Como cross country boys return to state meet

By Eric Erickson, Sports analysis

With a dominating performance at the Section 4AA Meet at the end of October, the Cougar cross country boys clinched their second consecutive state section championship.

In Charlie’s senior year state meet, everything clicked. He was able to run the race according to his plan and cross the finish line with a smile, exclaiming “finally!”

“That was the only thing I was thinking about all year. To come through there was the most important,” Power-Theisen said.

He came through with flying colors, placing 6th out of 160 runners. Decorated with a state medal and being honored on the podium as an all-state runner, it was a rewarding conclusion to Power-Theisen’s high school cross country experience.

Como junior Mason Aarness also earned all-state honors, finishing in 22nd place with a time of 16:30. Rounding out the top five at state for Como and contributing to the team’s score were senior Liam Schwie, junior Garrett Seppanen and senior Sig Isascom who all finished in the 17-minute range. Junior Davy Nelson and Murray eighth grader promises a bright future. Davy’s a terrific kid and middle school, making their bondiing as we run, and also at events and dinners. But what sets us apart is we’re a high-mileage team, starting that in the summer and through the season,” Schwie said.

“Arthur making varsity as an eighth grader promises a bright future. Dary’s a terrific kid and hard worker who showed significant improvement. Garrett trained hard over the summer and had a breakthrough season placing 5th at conference.”

Mason’s a fun teammate who had clutch races finishing 2nd at conference, 3rd in sections, plus earning all-state.

And then there’s Kersey’s senior leaders. "Liam took on leadership as a captain and was a huge part of our team’s success that much more special. " Arthur "He could not have done anything more for our team and school," Kersey said. "He leads everywhere he goes."

Eric Erickson is a teacher and long-time coach of school and youth sports.