New principal ready to write the ‘next chapter’ at St. Anthony Park Elementary School

By Ned Leebrock-Stryker

Karen Duke may be walking into a new position as principal of St. Anthony Park Elementary School this fall, but her connection to the community runs deep. She grew up in the neighborhood, attended the school as a child and has been a parent there for the last six years.

On a recent afternoon in the Finnish Bistro, a soon-to-be second-grader recognized her classmate’s mother and approached Duke.

“Are you really going to turn into our principal?” she asked. “I sure am,” Duke said, and the two proceeded to chat back and forth about summer, the retirement of Duke’s predecessor, Ann Johnson, and the young girl’s missing tooth.

“The school is a really important part of our community,” Duke said. “My role will be to bring people together from one chapter of the elementary school to the next.”

And that next chapter begins with a challenge, as the elementary school is under major renovations for the next year. “It is going to create some stress for all of us because we’re existing in a smaller space,” she said. “There are going to be construction people around; there is a lot going on.”

Still, she’s confident the construction will not hurt the experience of the students. “It is not about the beautiful things on the walls; it’s not about the space or arrangement of the desks. It is about the relationship [teachers] have with the kids,” she said. “In a year, we are going to have one of the most beautiful buildings in the city.”

Having been raised in St. Anthony Park, Duke is now raising a family of her own in the neighborhood.

Karen Duke is returning to her childhood elementary school as the new principal of St. Anthony Park Elementary. Here, she sits in the Peace Garden near the entrance to the school. Photo by Kristal Leebrock

Telling the climate change story

U of M Backyard Phenology project combines art, science and community to explore nature’s calendar

I was born in 1970. When I was a kid... my mother and her father, my grandfather, had a little friendly competition each spring to see who would spot the first robin of the year. My mom was real determined. She’d be out on her morning walk and looking for those robins. She’d run to the phone and call my grandfather, “Dad, I saw a robin,” and then she’d be all upset because he’d be pulling dad rank: ‘I saw one yesterday, but I didn’t have time to call you.’ My grandfather died when I was 14. About 10 years ago, I started seeing that robins were around and some of them just never left... (My mother) called me in the spring to tell me she had seen a robin, and I knew that had this immediate little emotional dilemma... I was hesitant to tell her that I had been seeing robins on hikes all winter long. I said it... and afterwards, I completely regretted it. I could just feel it took the wind out of her sails. Since then, every year except one or two winters that have been more severe, I have seen robins that stay in Minneapolis all winter long... and she continues to do the same thing, calls me to let me know that she’s the first one, and I just let her.—This story was recorded in the Climate Chaser (at left) at Northern Spark 2016. Participants were asked to talk about their observations of changes in Minnesota’s climate. The speaker is unknown.

By Kristal Leebrock

Less shoveling. Fewer bee and butterfly sightings. Little snow cover and limited days to cross country ski. These details and the anecdote above are part of nearly
Seven candidates vie for two Falcon Heights City Council seats

By Kristal Leebrick

Seven Falcon Heights residents are running for two open seats on the Falcon Heights City Council.

Leahy, who has been on the council for more than a decade, is seeking re-election. Tony Fischer, who was elected to the council in 2015 to fill a two-year term vacated by Keith Golinke, is seeking a four-year term. The filing period closed Aug. 15. Thursday’s council will hold Tuesday, Nov. 7. Here is a list of the candidates:

The Bracelone Bracelone was unsuccessfully for a seat on the council in 2015. Bracelone served as the Minnesota state fire marshal for 16 years and was the Washington state fire marshal for 10 years before moving to Minneapolis. His 26 years working in public safety is expected that would be helpful in the next few years in Falcon Heights, as the city prepares to contract with a new police agency. Present has lived in Falcon Heights for 26 years and has served on the city Planning Commission.

Ronald Dixon, a recent college graduate, is a revenue examiner with the Minnesota Department of Revenue. Dixon is running on a platform that police accountability, community action, fiscal discipline and progressive solutions,” he said. He would also like to focus on issues that impact voters and hopes to encourage young people to get involved in local government.

Tony Fischer is a transportation planner with the Metropolitan Council. In his filing statement, Fischer said the past year has been challenging but also an opportunity to begin to address longstanding suffering in the wider community. We have spent a lot of time thinking about policing and being more inclusive. I would like to continue to be part of that purpose that I believe has been serve.

Melanie Leebi has served on city committees and commissioners for over 10 years. She has served as co-chair of the Falcon Heights Task Force on Policing and Land Use Commission for another year after the killing of Philando Castile by a St. Anthony Police department. She wants to continue building on the work that has been done and strengthen the work that we are as a city,” Leebi said. This past year of hardships has shown that strong leadership is needed, and I believe that I provide that for Falcon Heights.

Paula Miele, a Falcon Heights resident since 1990, is a member of the Ramsey County Library Board and serves on the Falcon Heights Parks and Recreation Community Board. Miele helped form the Falcon Heights We Can Do Better group after the Castle shooting. The group advocated for changes in policing in the city. As a legal scholar, Miele says she wants to ensure the community values developed by the city’s Inclusion and Policing Task Force guide all decisions in strategic planning, policies and procedures, and budgeting. Miele owns Graouflin’s Upholstery in Minneapolis.

Michael Wade served on the Falcon Heights Task Force on Policing and Inclusion. He has lived in Falcon Heights for 20 years and is an author, poet and publisher at Mitchell’s Ink Publications. His book “Mirror on the Wall: Reflections of Racism and Social Justice” was published in 2016. Wade could not be reached for comment.

The Bugle will have more about the election in the November election guide, which will be published Oct. 31.

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A new park and more walkable neighborhood in preliminary plans for SAP’s Westgate area

By Bill Lindeke

With some bureaucratic luck, by this time next year the western edge of St. Anthony Park will have a whole new, much more walkable, look and feel. And maybe even a new park, in an area that sorely needs it.

For decades, the area near the Westgate light-rail station has been marked by the Weyerhauser lumberyard, a massive gray building pressing up against Emerald Street and the Minneapolis border like an industrial bookend. But with the lumber giant shuttering its warehouse and selling the land for development, things are about to change in that sleepy corner between Highway 280, I-94 and the Prospect Park neighborhood of Minneapolis.

To prepare for the changes, the city of St. Paul hired consultant Urban Design Associates to prepare a report that is just now working through the planning review process. The document, “Westgate Public Realm Plan,” was presented at the city’s Transportation Committee earlier this month.

The consultant’s report is just being finalized, according to Donna Drummond, St. Paul director of planning. “Planning staff will consider how to amend the concepts into the existing Westgate Station Area Plan.”

As with similar plans for the West Side Flats development downtown, the Snelling-Midway “bus barn” site (where Minnesota United’s soccer stadium is being built) and the Highland Ford plant site, the Westgate plan is another effort to reform massive industrial superblocks by creating a smaller, more walkable street grid. The plan calls for connecting Emerald Street with Garfield Street on the interior of the block and extending Berry Street across Franklin Avenue.

The crowning jewel of the plan would be a new one-block park located between Emerald and an extended Berry. The square park would occupy the center of the site and, according to the consultant report, be a “flexible park space that would be connected to the trail system.” Other plans might include a section for dogs, shaded benches, and a space for markets and events.

“This area has long been in need of park space,” said John Mark Lucas, a transportation planner and member of the St. Anthony Park Community Council, at the recent city Transportation Committee meeting, where the plan was discussed. “It would be great if we could add some mixed-use retail into the plan as well.”

Dominium Development, the new owner of the Weyerhauser site, is planning a large senior living facility that will occupy the Westgate area.

Urban Design Associates’ diagram of the phasing of the potential projects in the Westgate area.

Seminary Green Team installs bike repair station on Como Ave.

By Kristal Leebrick

St. Anthony Park just went up a notch in the bike-friendly world thanks to Luther Seminary’s student Green Team.

A new bike-repair station was installed on Como Avenue just west of Luther Place this summer. The station is part of the Green Team’s ongoing effort to create a more “ecologically conscious” infrastructure at the seminary, said Paul Drees, a member of the team.

Drees commutes on bike frequently from his home on Selby Avenue to classes at the seminary and his internship as a chaplain at United Hospital in downtown St. Paul. A flat tire on the way to Luther one day was the inspiration for the repair station, he said. “I figured there was a bike station within walking distance of the seminary,” he said. “There wasn’t. ‘If there was something like this, I could have patched it.’”

The bike-repair station on Como joins another station at Hampden Park off Raymond Avenue in South St. Anthony. The repair stations are a small step forward in developing a better bike infrastructure in this part of St. Paul, Drees said.

“Biking is something that helps everybody,” he said. “For bikers, it’s fun; it’s exercise. It helps cars because there is less traffic and it opens up more parking—and it’s cheap, especially if you can do your own maintenance with something like this.”

Join 200 Minnesotans in protecting local lakes and rivers by becoming a Master Water Steward

Learn | Apply | RSVP
masterwaterstewards.org
Meet staff @ info session on September 14
The MN_thropocene

Have you heard of the Anthropocene? It’s a word that defines Earth’s most recent geologic time period as being human-influenced, or anthropogenic, based on global evidence that humans have altered atmospheric, geologic, hydrologic, biospheric and other earth-system processes.

The triangular framework shown here began as a way to organize some of Edward F. Haskell’s ideas and was greatly advanced by suggestions from Prof. Egolfi V. Bakuzis, ecologist and world expert in triangular coordinate systems, he said. The framework was also a significant aid when teaching research methods courses to students. Personal research, begun in the 1960s, always focused on the plant—plant cell on the left side—I’m a forest stand dynamics guy! In the 50 years following, and with wider adoption of systems ontological perspective, it is clear more attention should have been paid by specialists at each level, on the right-hand side.

I owe a thank you to graduate students at Gent University and the University of Leuven, Belgium, who insisted I include the ‘microbe’ as a distinct level.

Sando, a graduate of the U’s College of Forestry, took a course from Prof. Egolfi V. Bakuzis, who was introduced to Bakuzis’ work in methods that helped him understand the vast complexity of the natural world, he said.

“I spent the bulk of my career working at the Minnesota Department of Natural Resources,” Sando said. “Managing natural resources is a very difficult enterprise since the complexity of nature must be managed through the lens of our complex society with all of its many competing factions.”

“I rose to the position of commissioner of the department and assisted state government on a pathway toward sustainability. The knowledge I gained from Prof. Bakuzis served me well and is one of the best things I have ever done. If we know what needs to be done we can solve problems. A larger issue is the situation where we blindly proceed assuming we know what is the best course of action and fail to be successful.”

Sando now lives in Oregon. Leary and his wife, Barbara, live in Falcon Heights.

For source information used to create the graphic, visit the MN_thropocene on the Bugle’s website, www.parkbugle.org. Leary and Sando have provided a complete list of their sources.

Have you heard of the Anthropocene?

The MN_thropocene is the name for the current geologic age — when human activity has had a dominant influence on the Earth’s climate and environment. Here we focus only on this patch of earth — the minnesota境内, and propose an innovative structure for organizing recent human activity at work: the MN_thropocene. The structure has a unique box: energy, atmosphere, terrestrial/planetary, mountain, plant, animal and human. With help from Prof. E. Bakuzis, the levels and levels and is integrative with other uses (Systemic and Order of Interaction) to form a triangular ontologically framework.

The earth-systems diagram is based on the ‘triangular’ models. We attempt here to classify megacommunities and their organization at a level with interrelated variables/patterns of similar organizations. Level 2 is represented by a system. Several adjacent systems classify Class 2 (see examples at left).

Traditional science often begins with a triangle triangle on the left margin, indicates other triangles on the left margin, triangles at the same level or in the same system, depending on whether researchers are seeing description or explanation.

Current research programs now sometimes include effects at one level. MN Thropocene researchers will have right-side effects as well (e.g., top, 0.0192, et al. Resources, 2017).

Human inhabited Minnesota landscapes about 12,000 years— following retreat of the last glacier. Several thousand years passed during which the Minnesota landscape was populated by, we think, relatively small numbers of native peoples in each northern kernels, homestead and then later the southern kernels and, in legacy, large native populations from third lands. Further, the plains, windrows, and prairies were eventually densely populated by more temperate bands. These events set the stage for human domination of the Minnesota landscape.

In recent decades invasives invasive species of plants and animals have spread rapidly and even endanger our biological and cultural environments.” How might this beneficial role of plants and animals be threatened as well as our relation...pathways through to...be more important the role of any of these damaging nonnative species within Minnesotas.

This abbreviated list of megacommunities should not be left to our children. Sustainable society — or live with it. We owe a thank you to graduate students who have provided a complete list of their sources.

The MN_thropocene

It’s so nice to see you again (not)

Gathering with neighbors on National Night Out can be an extrovert’s dream and an introvert’s nightmare. Eleven-year-old Maya Tadmore of St. Anthony Park finds group gatherings a bit stressful, so this year, when she was told she’d be attending her block’s National Night Out party on Aug. 1, she channelled her stress with this comic. And shared it with her neighbors. Tadmore is a student at Nova Classical Academy.
A summer of resiliency work in St. Paul

By Ethan Engberg

Transition Town—All St. Anthony Park

By Ethan Engberg

The Park Bugle received two Page One Awards from the Minnesota Society of Professional Journalists (MN SPJ) at its June 15 awards banquet in St. Paul.

The Bugle received second place for Best Issue for its March 2016 edition, and editor Kristal Leebrick received second place for headline writing. Awards were given in more than 60 categories for newspaper reporting, online news, photography, television, radio and multimedia.

This is the fourth time the Bugle has won an award in the Best Issue category. The December 2011, June 2012 and November 2015 issues all received second place. The Bugle competes in the Newspaper—Less than 50,000 Circulation category, which includes daily papers such as Finance & Commerce, Duluth News Tribune and Minneapolis/St. Paul Business Journal, and the biweekly Southwest Journal.

Support the Bugle with a cuppa Joe

There’s still time to help the Bugle raise some cash at Sunrise Banks’ charitable coffee bar, Park Perks. The bank will give all profits from August sales at its Como Avenue coffee bar to this nonprofit community newspaper.

Each month, Sunrise Banks at 2300 Como Ave. designates an area nonprofit to benefit from its coffee sales.

Thanks to Sunrise for the support and we hope you’ll help us with a cup of Joe!
Music in the Park Series opens its 39th season in October

By Kristal Leebrick

It’s the church. It’s the community. And it’s the music, composers and musicians all coming together.

“That’s what’s fabulous” about the Schubert Club’s Music in the Park Series, says Julie Himmelstrup, series founder and artistic director.

The chamber music series has been held at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave., since its founding in 1979, and that intimate setting is a key part to what has made this series a success, Himmelstrup says.

Music in the Park will open its 39-year season on Sunday, Oct. 8, with performances at the Schubert Ensemble of London. All concerts are held on Sundays at 4 p.m. at the church. To buy season or individual tickets call 651-292-3268 or go to schubert.org.

Here are the concerts in the 2017-18 season:

Schubert Ensemble of London, a group widely recognized as one of the world’s leading exponents of music for piano and strings, will return to Music in the Park Oct. 8. The St. Anthony Park concert is part of the ensemble’s fall season. It will bring in its 35-year career to a close at the end of June 2018.

The ensemble’s eclectic program will feature “The Whole Earth Dances,” a new, nature-inspired work by young British composer Cheryl Frances-Hoad; Vaughan Williams’ romantic and rarely performed Piano Quintet in C minor; and the grand finale, Franz Schubert’s much-beloved “Trout” quintet.

The Dover Quartet with David Shifrin on clarinet will perform Nov. 12. The quartet catapulted to international stardom following a stunning sweep at the 2013 Bessie International String Quartet Competition. The quartet has become one of the most in-demand ensembles in the world. Beginning its “mostly American” program with quartets by Richard Danielpour and Barber, the Dover will be joined by clarinetist David Shifrin to perform works for clarinet and string quartet by Copland, David Diamond and Torke.

It’s the church. It’s the community. And it’s the music, composers and musicians all coming together.

“The church is the venue,” says Emily Guiffrida, the Schubert Club’s director of marketing and communications. “It’s a place where everybody knows your name and they’re always glad you came, ‘cause ‘em.

A Schubert Club Chamber Music Series concert will take place on Oct. 8. The program will include works by Beethoven, Bruckner, etc., performed by the Dover Quartet.

The season will culminate on April 15 with a celebratory concert, the Lark Quartet: Now and Then (A Musical Retrospective). The Lark Quartet will perform new works by John Harbison, a commission by the Minnesota Orchestra and as the first-ever artists-in-residence at the Minnesota Orchestra and as the first-ever artists-in-residence at the Minnesota Orchestra. The program will also include a performance of Andrew Waggoner’s work for two string quartets. Dedicated “to the once and future Lark Quartet,” the commission was supported in part by the Thelma Hunter Fund of the American Composer Forum. Moving back in time to a work regarded as “one of the miracles of 19th-century music,” the group will bring the Music in the Park Series season to a close with a performance of Mendelssohn’s brilliant Octet in E-flat Major, written in 1825 when the composer was just 16 years old.

In keeping with Lark’s tradition of broadening the chamber music repertoire through diverse commissions, members of the current and original quartets will join forces to perform the Minnesota premiere of Andrew Waggoner’s work for two string quartets. Dedicated “to the once and future Lark Quartet,” the commission was supported in part by the Thelma Hunter Fund of the American Composer Forum. Moving back in time to a work regarded as “one of the miracles of 19th-century music,” the group will bring the Music in the Park Series season to a close with a performance of Mendelssohn’s brilliant Octet in E-flat Major, written in 1825 when the composer was just 16 years old.

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The mid-1850s was a boom time in and around the hamlet of St. Paul, Minnesota Territory, and at the forefront of the action was a genial, energetic, wily little man named Henry McKenty.

He was known by the nickname of "Broaders," for his practice of acquiring and selling large parcels of property in a period of wild speculation and loose money. At one point, he was said to own more Minnesota land than anyone else. McKenty was known by the nickname of "Broaders," for his practice of acquiring and selling large parcels of property in a period of wild speculation and loose money. At one point, he was said to own more Minnesota land than anyone else.

In August 1857, the bubble burst. A New York insurance company went bust, triggering a crash across the nation that eventually crushed the economy and many of those who had been riding the boom, including McKenty. It had been a giddy run while it lasted.

In the mid-1850s immigrants bound for the newly opened land west of the Mississippi River flooded in from the East, reaching Rock Island, Ill., by train and then taking a steamboat up river to St. Paul, the last stop. In summer 1855, one steamboat company alone deposited 30,000 people at the levee at the foot of Jackson Street. Many kept moving west, but others stayed and the town of less than 5,000 struggled to accommodate them.

McKenty himself was a relative newcomer, having made a dramatic arrival in 1851. As the story goes, McKenty requested a room at the American Hotel, one of the best in the hamlet. He was shown to a small room in the attic, which he declared to be unacceptable for "Col. Henry McKenty of Pennsylvania, a friend of Gov. Ramsey's."

"I don't care if you are the brother-in-law of the pope, I have no other room for you," replied the landlord. With that, McKenty walked to the front of the office, drew a revolver from his pocket and fired two shots through one of the front windows. Satisfactory accommodations were found for him.

Once established in business, McKenty fiercely defended his interests. For example, after learning that someone was trespassing on his land near Mankato, he hired a man that he would be occupying said casket if he didn't immediately depart, which the trespasser proceeded to do.

During the craze, land originally valued at $1.25 per acre soared to as high as $15. McKenty held several thousand acres of prairie land in Washington County for a year or so and cleared $23,000 on the sale. He and others loaned money at an interest rate of 5 percent—per month.

In the 1890s, an old settler recalled the real estate men of those earlier days for the St. Paul Globe: "A large share of them were purely street sharpeners, having no office but the sidewalk and no capital but a roll of townsite maps and a package of blank deeds, yet all fairly coining money and spending it in many cases, as rapidly as made on fast horses, fast women, wine and cards."

"The operators would boats on their arrival or hang around hotels, and by a little maneuvering … find out and manipulate strangers … and fleece them of their means by selling them lots in moonshine towns for several hundred dollars each, nor actually worth as many cents, even if they got a title at all."

However, the old-timer acknowledged there were "honorable exceptions," and named McKenty chief among them. Another newspaper writer agreed: "One thing set him apart from other land speculators—he was not a swindler."

The writer added that McKenty's funding of the Como road exemplified his sense of community, and "he always had a sympathetic heart and a helping hand for the poor and unfortunate."

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The appearance of a winter wren is always a pleasant surprise

I first heard a winter wren many years ago in Michigan’s Upper Peninsula. Our friends had a cabin there, and we had been invited to spend a week there that summer. I’d often hike around in the woods, listening to the thrushes and the ovenbirds. Thrushes are very melodic. They have a split voice box (syrinx) so they can harmonize with themselves. They seem to favor the time of day when the sun is nearing the horizon and daylight is just beginning to fade.

The ovenbird gives a persistent “Teacher, teacher, teacher” call, increasing in volume. For as loud as they are, they are difficult to see, most likely on or near the forest floor. One July morning, as I followed a deer trail, I heard the most angelic bird song. It was complicated, varied in pitch, and long—very long. I froze, and then looked around carefully, trying to discover the source.

Finally I saw a tiny brown bird, perched on a pile of scrap lumber, the trimmings left over from logging days. He threw back his head and sang that magical song. It was a trill days. He threw back his head and sang that magical song. It was a trill days. He threw back his head and sang that magical song. It was a trill days. He threw back his head and sang that magical song. It was a trill days. He threw back his head and sang that magical song. It was a trill days. He threw back his head and sang that magical song. It was a trill days. He threw back his head and sang that magical song. It was a trill days. He threw back his head and sang that magical song. It was a trill days. He threw back his head and sang that magical song. It was a trill days. He threw back his head and sang that magical song. It was a trill days. He threw back his head and sang that magical song. It was a trill

I was familiar with the house wren, but this bird was smaller and darker. Its tail was short and cocked nearly straight up. I checked my field guide and identified it as a winter wren, described as shaped like a little ball. It was skittish, hopping around from log to log, scooting under tree roots, disappearing, popping back up again—very mouse-like.

In my research, observers report that the male song lasts 5 to 10 seconds. It seems much longer. And the bird manages 16 notes per second. (Try that tapping two fingers.)

This bird was on his breeding territory. In fact, I heard two that day, probably declaring that theirs was the best territory: “Come on over here, baby!”

The winter wren’s breeding territory extends across the southern Canadian provinces and dips into northern Michigan, the U.P., northern Wisconsin and northeastern Minnesota. Fast forward nearly 20 years to my second winter wren encounter. I was on my backyard deck and saw what looked like a mouse skitter along the bottom of the fence at the edge of the deck. It ran—and then flew!

I ran after it, around the garage, to my neighbor’s back fence, where again it stayed close to the ground and disappeared between the pickets. It obviously would rather run than fly. This was in October, so it was a fall migrant, heading to its winter range in the southern United States. My third encounter happened when several of us were birding on a spring morning, walking along Sucker Creek in Vadnais Heights. Suddenly, a small dark bird flushed out of the bank on our side and flew across to the other side. This was the spring migrant version of the winter wren, heading back north.

The wrens had been silent in those Minnesota sightings. I had only heard them sing on their breeding range, up in the U.P., until a Monday morning this June.

Our small group of Monday Morning Birders was in Reservoir Woods in Roseville. We’d hiked through the adjoining Woodview Open Space and up the hill to the reservoir. On our way back to the parking lot, I went out onto an observation platform to take a break. As I sat resting my legs, I heard the unmistakable high-pitched warbling tune of a winter wren. I called out to my birding buddies: What on earth was he doing in Roseville in June? He must have gotten up on his northward migration and decided to try his luck here.

But looking for a mate so far south? Good luck, fellas! Actually, after consulting the range map for the bird, the Twin Cities are on the southern edge of its breeding range. So he might be able to find a mate here.

My friend Monica Bryand saw our report of the bird, went to the observation platform that afternoon, and photographed the wren. The photo above doesn’t show the upright tail, but Monica did get a decent shot of this elusive bird.

My buddy Julian had been with us that morning. He went back a few days later and recorded the song of the very bird Monica had photographed. You can hear the Roseville winter wren at https://tinyurl.com/ydcnm4ot. The audio lasts about a minute and includes a few other birds in the background.

The winter wren is a good example of why I love bird-watching. Here in the southern part of the state, its appearance is serendipitous. You might have a good chance to see one farther north, but around here, it is a pleasant surprise. Birding is like that.

Como Boys golf tourny aims to help build families

Group of childhood friends launch annual tournament to help nonprofit that aids families dealing with infertility and adoption.

By Kristal Leebrick

A quick lunch with a boyhood friend at House of Wong on Larpenteur Avenue three years ago turned into an aha moment for Tim Daulton.

Daulton was telling Mick Debilier about Kids for Kyla, a nonprofit that grants money to couples going through adoption or infertility treatments. Kids for Kyla has a special place in Daulton’s heart: It was started by his daughter and later Kim gave birth to a healthy boy. The couple experienced their own financial and emotional struggles with infertility and adoption.

“It was a lightning moment,” Daulton said. “I thought, ‘I should do something. We should have a golf tournament.’”

Several weeks later, on a brisk October day, the first Como Boys Legacy Golf Tournament was held at Island Lake Golf Course in Shoreview.

“It was colder than a well-digger’s you-know-what” the day of the tournament, Daulton said, “but we pulled it off. We raised $10,000.”

The tournament is entering its third year in September, and despite or not, it’s all with the help of a few friends: grade-school buddies Bob Cardinal and Greg Weyandt and the Thursday-morning coffee klatch that’s been meeting at Keys Café in Roseville for nearly 25 years.

The 2017 Como Boys tourny will be held Friday, Sept. 15, at Island Lake. An awards reception, lunch and silent auction will follow at Patrick McGovern’s in downtown St. Paul.

The nearly 30 guys who meet at Keys each week call themselves the Como Boys. Most of them met at the now-closed Holy Childhood Catholic School on Midway Parkway in Como Park. Many went on to Crein High School but some, like Daulton, attended Murray High School in St. Anthony Park. That’s where Pat and Diane Boehmer, owners of Patrick McGovern’s, come in. “Pat’s a Como guy,” Daulton said, and a Murray grad.

The Boehmers have made “an enormous contribution” to the event through hosting the after-tournament lunch and walking the Boys through event planning, Cardinal said.

Kyla for Kyla honors the Mayedas eventually adopted a daughter and two years later Kim gave birth to a healthy boy. It can cost tens of thousands of dollars to adopt a child. Daulton said. Young people trying to start families don’t have the savings to support the cost of adoptions. They don’t have the money tucked away.

[The Mayedas] looked to see if there were organizations like this they could donate to. They opted for Kids for Kyla and brought in “mirkle baby”: conceived after two years of fertility treatments and born unable to breathe on her own. The life-threatening complication led to brain swelling and just six days after her birth, Kyla died.

Rev. Scott Simmons, pastor, 612-899-1134, heldapel.com

Hymn tap beer and hymns, fourth Monday of each month

Pastor Glenn Berg-Moberg and Pastor Jill Rode

651-646-7173, www.sapucc.org

Pastor A l Schleusener

www.mount-olive-lutheran-church.org

Rev. Blair A. Pogue, Rector, 2136 Carter at Chelmsford

2323 W. Como Avenue  651-645-0371

Seated nursery available. Handicap-accessible.

Pastor Gideon Borg-Mohig and Pastor Jill Reid
Web, Facebook & Twitter: SAPLC

Worship: Sunday 8:15 a.m. and 10 a.m.

Reconciling in Christ Congregation

www.stceciliaspm.org

Chapel choir rehearsals begin Sept. 6 at 7 p.m.

Catholic School on Midway Parkway

Sunday school returns Sept. 10 with intergenerational service projects

Regular fall worship schedule begins Sunday, Sept. 10:

Education for all ages begins Sunday, Sept. 17, at 9:15 a.m.

Sunday worship: 9 a.m.

Bible study and Sunday school, 10:30 a.m.

Concession: Saturday 7 - 7:30 a.m. &  4 - 4:30 p.m.

Great for those seeking to love Church again (plus the coffee is REALLY good)

Consonant with our mission to love and serve our neighbors, our parish provides


9:15 a.m. Faith Formation for all ages: Sunday school and Adult Forum

10:30 a.m. Worship

Christian Education • Progressive Faith • All Are Welcome

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Stained glass available. Handicap-accessible.

Pastor Gideon Borg-Mohig and Pastor Jill Reid
Web, Facebook & Twitter: SAPLC

Worship: Sept. 3, 10 a.m.

Starting Sept. 10, 8:30 and 11 a.m.

Sunday school resumes Sept. 10 with intergenerational service projects

Chapel choir rehearsals begin Sept. 6 at 7 p.m.

Choir school starts Sept. 13 (call for times)

Choirs for babies to Grade 6

Youth choir, grades 7-12

Wednesday Community Dinner resumes Sept. 13, 5-6:30 p.m.

Weekly fall worship schedule begins Sunday, Sept. 10:

10:30 a.m. worship with sermon and communion

5:30 p.m. night prayer and Eucharist / Community dinner at 6:30 p.m.

Education for all ages begins Sunday, Sept. 17, at 9:15 a.m.

All are welcome!

Add your church to the directory, contact
Bradley Wolfe at 952-393-6814 or bradley.wolfe@parkbugle.org

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Como Boys golf tourny aims to help build families

Group of childhood friends launch annual tournament to help nonprofit that aids families dealing with infertility and adoption.

Como Boys Mick Debilier, Tim Daulton and Bob Campbell. Photo by Kristal Leebrick

Como Boys to 12

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The Metal Detector Guy

By Rob Passons

Como Park is an old neighborhood with old houses and old yards. For a guy with a metal detector, it’s Valhalla.

For Nick Torok, the community was a playground when he was growing up; a world to explore. “I was born and raised here,” he said. “My grandpa helped build a lot of the houses around here.”

It wasn’t until his mid-90s that Torok delved into the dirt beneath his feet to find out what lay beneath the surface. That’s when he got into metal detecting. “I saw a YouTube video and I was hooked,” he said.

Torok’s passion soon outgrew his own yard and the public spaces around Como Park, and he and his metal detector became something of a fixture in the neighborhood.

“People were always asking me if I was ‘the metal detector guy,’ so my wife set up a Facebook account called ‘The Metal Detector Guy,’” Torok said. “That’s how most people contact me.”

Relics, coins, precious metals

Torok cleared his afternoon on July 23. He had invitations from three property owners, and Torok’s excitement was palpable. The first lot on his itinerary sounded promising.

“Tord had spoken to the owner prior to his arrival and got a brief history lesson. ‘This is one of the first houses built in the neighborhood,” he said. “It was built as a store in the 1890s, and it was converted to a house sometime between 1910 and 1920.”

A lot of customers had crossed the front yard with change from their purchases more than 100 years before, and Torok had high hopes.

Before he began, Torok calibrated his metal detector to compensate for the iron found naturally in the soil in Minnesota. He made adjustments on the digital readout that differentiated ferrous (iron) and nonferrous (copper, silver, gold, etc.) metals.

“I spent a little more money on my detector so I wouldn’t spend so much time digging for junk,” Torok said. “I’m after relics, coins and precious metals, not old nails.”

Even after his calibrations, Torok’s detector continued to stubbornly chirp over a post in the test site. “I think there’s something here,” Torok said.

He marked the center of the signal and set his detector aside. He spread a small towel on the grass and began his process. A few moments later he pulled his first treasure of the day from the dirt.

“He’s a wheatie,” he said. “Looks like a 1922.”

Pennies make up the majority of the coins Torok finds on his forays, and he divides them into “wheaties” (wheat pennies) and “Stinkin’ Lincoln’s” (newer pennies adorned with the Lincoln Memorial).

The Lincoln Wheat Cent was produced from 1909 to 1958. With the exception of the 1945 steel cent, the average wheat penny contained 95 percent copper. The Lincoln Memorial pennies retained their copper mass until 1982, when the cost of copper far outweighed the value of the coin. Modern pennies are 97.5 percent zinc with a thin copper coating. At a cost of more than one- and a-half cents a penny, they still cost the United States between $55 million and $60 million a year to produce.

Torok has yet to find an Indian Head penny, which were minted from 1859 to 1909. Torok eyed the crusty bit of history in his hand. “Just think, the guy who dropped this penny is dead,” he said. “When he dropped it there were houses around.”

Buried treasure, buried junk

Criss-crossing the yard, Torok’s detector alerted him to a lot of junk near the house. “I don’t like the readings, but I like the sound of it.”

Pocket spills are exactly what they sound like; a bunch of coins from roughly the same timeframe found in a small area. Torok once found a pocket spill of four coins from the 1860s.

“The weird thing was they were all from different countries,” he said.

Torok was dubious but spread his towel and began his process. A minute later he pulled a small piece of sheet metal from the dirt.

“I think there might still be something there,” Torok said, poking his pin pointer into the trough. The detector beeped and Torok followed the trail to a 1909 wheat penny. While wheat pennies aren’t uncommon finds, a wheatie from the first year they were minted is, at the very least, noteworthy.

Torok gathered his tools and loaded them into his SUV. He took a moment to eye the small pile of coins he pulled from his pocket. The total face value came to 28 cents.

“This was a productive yard,” Torok said. “It’s not exactly a lucrative hobby.”

Torok keeps the coins he finds, but returns jewelry or lost family heirlooms to the owners of the grounds he explores. On occasion, he is called on to search for lost wedding rings.
rings, and Torok is happy to oblige. “I never take tips or payment when I find lost wedding rings or something like that,” he said. “When you hand someone something that’s truly important to them, well, there’s just no better feeling than that.”

Torok drove a short distance to the second property on his list. Mary Wrobel came out to greet him when he arrived.

“Torok, I want to thank you for everything you do around here,” Wrobel said. “It’s just nice to know you’re keeping an eye on things.”

Torok was a reserve police officer for the city of St. Paul prior to joining the Army in 2006. He served with the Military Police for five years, including 15 months in Iraq, before returning home to work as a full-time law enforcement officer.

The tiny front yard of the Wrobel property proved fruitless, but when Torok moved to the side yard his detector began to talk. Torok added a few more Stinkin’ Lincolns to his haul and another wheatie. He also found a 1989 dime and a 1987 quarter that looked like it had been soaking in coffee for decades. The U.S. Mint ceased production of silver quarters in 1964.

“If that were a silver quarter it would be as shiny as the day it was made,” Torok said. “They don’t make money like they used to.”

In four years of detecting, Torok has only found three silver coins. “A Mercury dime is definitely on my bucket list,” he said.

Torok added the new finds to his growing pile of coins. “Feel free to come back if you ever want to look up a patch of grass and roots, which he will be next. Torok knew he’d found a silver quarter when he saw the shiny silver protruding from the earth. Moments later he confirmed it. The last find of the day: a Medal of the Immaculate Conception (better known as the Miraculous Medal) buried in the end of the yard.
New principal from 1 neighborhood.

“My parents moved here from Ohio [and] my dad attended Luth...m...cluded, smaller with a com...ood fit for me.”

Ohio [and] my dad attended Luther Seminary, where Duke said, “It feels really similar in the Seminary,” Duke said, “I grew up in school.” She attended St. Anthony’s when she was a resource or any foundation to began.”

The foundation has chosen a Minnesota couple to receive a grant this year, and that presentation will be made at the lunch following the golf tournament.

Duke began her career in SPSS as an American Sign Language (ASL) teacher, later becoming principal of Randolph Heights Elementary School and then training and coordinating professional development with principals across the district.

As the beginning of the school year approaches, Duke wants parents to know that she’s ready for the next chapter of St. Anthony Park Elementary School.

Duke will have a second-grader at the school this fall and a sixth-grader at Murray Middle School. She believes this gives her a unique perspective when it comes to her new job.

“I always have my parent hat on,” she said. “Whatever it is we are doing at the school,” she asks, “how is that being received by parents and how is that facilitating their success in parenting and how is that facilitating their ability to support their kids?” However, Duke’s priority is the children.

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Clim ate Chaser from 1

200 stories a group from the University of Minnesota has gathered over the last two years, using a restored 1970 Boiler camper dubbed the Climate Chaser as the vehicle to record and share people’s observations of seasonal changes in the lifecycle of plants and animals.

Those observations are called “phenology,” the study of cyclic and seasonal natural phenomena. The Climate Chaser is part of Backyard Phenology, a project that is engaging U of M faculty and citizens in working to understand how seasonal cycles in Minnesota are affected by changing climate. The mobile lab made its debut at Minneapolis’s all-night Northern Spark festival in 2016, where the recordings began.

You can hear a sound collage and a podcast of those tales and share your own observations in the Climate Chaser at the Minnesota State Fair Aug. 24-Sept. 4. The trailer will be set up in the Eco Experience building, 1615 Randall Ave.

For Rebecca Montgomery, associate professor in the Department of Forest Resources at the U of M and coordinator of the Minnesota Phenology Project, these stories are helping her see connections between what lay people have noted and the data she and her colleagues are collecting. They may also lead her to new areas of study, she said.

“Collecting stories is a different way of thinking about change in the environment,” she said. And to her surprise, even climate change skeptics have stories.

Backyard Phenology was started by Montgomery; Christine Baerumler, artist and associate professor in art and social practice; Kate Flick, an educator and graduate student; and Beth Merz–Taylor, coordinator of the Institute on the Environment Sustainability Education program. Additional team members include Nick Jordan, professor of agronomy and plant genetics, and Mae Davenport, a professor in the Department of Forest Resources whose work focuses on the human dimensions of natural resource management.

The program began after Montgomery and Baermunter met teaching “Making Sense of Climate Change: Science, Art and Agency,” an interdisciplinary course in the U’s Grand Challenge Curriculum. The course, co-taught with Jordan and Flick, had students design a public art project addressing climate change for the 2016 Northern Spark festival.

The festival’s theme for 2016 and 2017 was “Climate Change/People Rising.”

Baerumler and Montgomery taught the course last spring and students worked on the Climate Chaser to present at the 2017 Northern Spark and other venues throughout the state. This year, the Climate Chaser included the stories that were gathered the previous year.

Phenology walk

The Climate Chaser is just one component to Backyard Phenology, which has partnered with several metro-area locations and will be working with community groups through September 2018 to develop site-specific “phenology walks” that include observation, artistic projects and reflection.

The USA-National Phenology Network has an app called Nature’s Notebook that allows backyard phenology observers to track changes on their phones. Photos by Kristal Leebrecht

O bserving as you go

Backyard Phenology will hold workshops twice a month on the St. Paul campus over the next year. The workshop will be held inside and storytelling will have a larger focus, according to Francis Bettelyoun, master gardener and coordinator of the gardens. Bettelyoun, who also goes by his native name Cante Sata, is Oglaa Lakota from Pine Ridge, S.D. He holds a talking circle after each workshop, something that helps build community, he said.

“Probably the most important part is (the talking circles) build relationships, build trust,” he said. “People are allowed to speak their truths. Storytelling is part of phenology.”

The sound collage that you can hear inside the Climate Chaser at the fair includes a story from Bettelyoun: “There is a Lakota phrase that means, literally, observing as you go, or as you walk through life. We’ve forgotten how to do that. . . . When you are on your journey here, with that intention of observing as you go, you are more aware of things. You are more aware as you are walking. . . . It’s not just your eyesight and your ears you’re listening through, it’s your spirit.”

The USA’s Native American Medicine Gardens just off of Larsturpark and Cleveland avenues on the St. Paul Campus is one of those sites. This summer, the group has been holding phenology workshops at the gardens.

At a session in early August, Montgomery trained a dozen participants to use the USA-National Phenology Network citizen science program Nature’s Notebook to record their observations of the plants and animals around them. When did leaf buds break on a specific tree? When did the leaves unfold on that tree? When did fruit appear and what are the dates for the appearance of more than 10 fruits? More than 100?

Tracking these changes from year to year can help observers see changes in seasonal patterns.

Nature’s Notebook includes an app that helps participants note their observations of the plants and animal species they are tracking. A number of trees and plants at the Medicine Gardens have been tagged for tracking. Each of these plants or trees dons a pink ribbon and nameplate, and you don’t need to download an app to track them. A wooden box on the property contains Nature’s Notebook forms that ask about the participants’ observations of specific plants, as well as the date and time of the observations. Participants are asked to fill out the form and return it to the box.

The workshop will be repeated again in September, and participation is open to the public.
What fascinates Greg Brick is what the rest of us mostly never see. The Como Park author has made his name with books that explore the hidden places and the shadowy recesses of the Twin Cities and greater Minnesota.

His latest book, “Minnesota Caves: History & Lore” (Charleston, Com o Park) author has made his recesses of the Twin Cities and greater hidden places and the shadowy.

Notes from the underground by caveman Greg Brick

By Judy Woodward

Nearly 100 years ago, Carver’s Cave even became the focus of a brief commercial war when rival businesses attempted to develop the cave’s interior as a tourist attraction. “There were incidents involving dynamite,” says Brick, but even as a teen I never believed led to the well-known Fountain Cave near downtown St. Paul. That applies even to the most famous caves in the state. Take Carver’s Cave, located on the banks of the Mississippi near downtown St. Paul. It’s not particularly long or especially spectacular, but Brick says, “It’s the first [Minnesota] cave to enter the published literature.” One long-ago local newsmen described it as resembling “the roof of a man’s mouth seen through a looking glass,” but Brick quotes an old caver’s adage: “The shorter the cave, the longer its history.”

In 1766, Carver’s Cave became the first cave in Minnesota to be explored by Europeans. Englishman Jonathan Carver carved the British royal arms on its soft sandstone walls that year, thereby initiating a graffiti tradition that persists among some cave enthusiasts to this day. Since then, the cave has been subjected to continual cycles of ballyhoo followed by neglect. Described in the 19th century in ever more enthusiastic terms by writers who often had never actually set foot in the cave itself, Carver’s Cave was alternately celebrated for its Indian petroglyphs and allowed to fill with refuse when railroad construction encroached on the landscape.

“A cave will cover itself up,” Brick says. “It was lost and rediscovered once a generation.”

Carver’s Cave has been lucky to be able to make a quick exit before the level rose too high. “It was dead silent in the tunnel and then suddenly the water started roaring [through].”

On another occasion, Brick and fellow explorers were in downtown Minneapolis, trying to find a route through the storm sewer lines to Schieks Cave, which is located 75 feet below the surface. They had pried off a manhole cover and Brick started climbing down the rebar rungs cemented into the side of the shaft. Unfortunately, they hadn’t recloned on the corrosive power of sewer gas on metal.

“Made it down 20 feet, and then the rungs started crumbling under my feet. . . . So I started coming back up and the rungs began to crumble and fall and I was just about to crawl off above me, too,” Brick made it back to surface by climbing up the residual nubs of metal, narrowly avoiding a plunge into the abyss.

It is adventures like that helped put an end to Brick’s days of active cave exploration. “I’ve seen all, by now,” he says. It also explains why Brick deliberately conceals the location of some of the caves he describes in his book, and why he politely declines all requests for the location of some of the caves he describes in his book.
‘Grace of Dogs’ explores the intellectual, emotional and spiritual dimensions of our relationship with canines

By Michelle Christianson

If you have ever lost a dog you adored, you will identify with the grief Dr. Andrew Root felt when he and his family watched their beloved dog, Kirby, draw his last breaths. But what his son, Owen, did next sent Kirby, draw his last breaths. But what his son, Owen, did next sent

The culmination of his studies is ‘The Grace of Dogs: a Boy, a Black Lab, and a Father’s Search for the Canine Soul,’ a book that is both informative and entertaining. It was published by Penguin Random House in June.

First, Root looks at a dog’s innate desire to be near humans, to watch their faces, read their gestures and anticipate their intentions. He shows how dogs use empathy and kindness, bonding and healing play to build strong relationships with their owners. Finally, he shows that these relationships demonstrate that dogs can truly love us, giving us unconditional acceptance, which is the definition of grace. If, as Root says in an interview in Psychology Today, ‘soul isn’t something we individually have, but something we express with others,’ then dogs must have souls that connect with ours.

One theory that Root explores is that dogs and humans evolved together, dogs becoming more “kind” and humans becoming more spiritual. Because dogs protected and served as alarm systems for their families, humans had more time to think and dream, to speculate about the future and their place in the cosmos.

Trying to answer the question about dogs and heaven, Root quotes theologian Dietrich Bonhoeffer, who told a weeping child that the boy loved his dog and God loves him and all animals, so yes, Bonhoeffer did think the boy would see the dog in heaven, because “God loses nothing that God loves,” meaning love “transcends biology, chemistry and history.” Love lasts forever.

The belief that we will be reunited with our pets explains why humans in every culture around the world have been initially burying their dogs for more than 26,000 years. So why does a noted professor, author and lecturer write a book about dogs? There was the large investment of time and money in his search for answers, of course, but also a desire to help others on their journeys, to give them a language for their feelings and to gather some previously overlooked scientific research to support his theories, he said.

Root will be speaking in area churches, and Duke Divinity School will be running an excerpt and interview on its Faith and Leadership site, faithandleadership.com/people-news/writer/andrew-root. To find out more go to andrewroot.org.

“The Grace of Dogs” is available locally at Micawber’s, Barnes and Noble, Costco, Walmart and most other bookstores, as well as online. It’s a wonderful book for both scholars and dog lovers.

Michelle Christianson lives in St. Anthony Park and is a longtime contributor to the Park Bugle.

Caveman from 14

requests for more information about them. He’s concerned about safety—both for the public and for the caves.

To protect the caves, “he says, “I can’t give away locations.” And that also means that he won’t be giving our directions to the exact entry point for the 5-mile-long man-made tunnel that leads from one end of Lake Como all the way to the banks of the Mississippi in downtown St. Paul.

For would-be cave explorers, Brick has some advice: “Join a recognized caving club like the Minnesota Speleological Survey or the Minnesota Caving Club.” And while you’re at it, don’t call yourself a “spelunker.”

That word is associated with the people who use their cellphones lights to navigate underground…right up to the moment where they have to be rescued—at considerable public expense—by the authorities. The correct term for what Brick does is “caver.”

As for the future, Brick has turned his sights back toward the academic side of his profession. His next project is a technical textbook on the caves of Minnesota and surrounding states. “I guarantee it’s not going to be a best-seller,” he says.

You can find out more about Greg Brick’s work and his upcoming speaking dates at his website, www.GregBrick.org

Judy Woodward is a reference librarian at the Roseville Library and a regular contributor to the Park Bugle.

HEALTHCARE PROFESSIONALS

St. Anthony Park Dental Care, 2278 Como Avenue
Nate Cogswell, DDS 651-644-3685
Email: Sheila@tagddls.com
Paul Kirkegaard, DDS 651-644-9216
Email: sapdentalcare@comcast.net
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The Park Bugle is a community newspaper serving St. Anthony Park and surrounding neighborhoods. It is published by St. Anthony Park Dental Care.

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SEPTEMBER

Events

Venue information is listed at the end of the calendar. Send your events to calendar@parkbugle.com by Wednesday, Sept. 6, to be included in the October issue.

1 FRIDAY
Walking in the Langford Park gym, 30 Langford Park, 1-2 p.m. every Friday. Free and open to adults.

5 TUESDAY
Baby/toddler storytime, every Tuesday, 5-7 p.m. Every Thursday, St. Anthony Park Library, 6:30-8 p.m. All welcome.

7 THURSDAY
A Caregiver Support Group and a Bereavement Support Group meet the last Thursdays of each month at St. Anthony Park United Methodist Church, 10-11:30 a.m.

6 WEDNESDAY
English Conversation Circles, every Wednesday, St. Anthony Park Library, 4-5:30 p.m.

Dolce & Gabbana Thursdays at Town Square Senior Apartment, 1992 Feltell Ave., 11:30 a.m.-12:30 p.m.

8 FRIDAY
SAPAS Game Day, City Gables, 10 a.m.-noon. No charge or registration required.

Preschool storytime, every Friday, St. Anthony Park Library, 10-30 a.m.

14 THURSDAY
St. Anthony Park Area Seniors drama series, "10 La La Land," St. Anthony Park Library, 2 p.m. All welcome. Free.

15 FRIDAY
SAPAS Game Day, City Gables, 10 a.m.-noon. No charge or registration required.

Tabletop/student drop-in clinic, St. Anthony Park Library, noon.

18 MONDAY
Community Sing, Olson Campus, 50 Linnet Street, 7-8 p.m. Gathering, 7:30 p.m. sing. First Clothing welcome.

22 FRIDAY
Co-ed Drum Circle, Women's Drum Center, 5:30 p.m. $10 at the door. Doors proceed.

24 SUNDAY
Sunday Afternoon Book Club, "In the End" by Atul Gawande, 301 North High Street. All welcome.

25 MONDAY
Community art project: Help create a community mosaic commemorating St. Anthony Park Library's 100 years in the neighborhood. St. Anthony Park Library, 5-7 p.m. All ages.

30 SATURDAY
Construction of St. Anthony Park Library's community art project. St. Anthony Park Library, 2-4 p.m.

SENIOR EXERCISE
Saint Anthony Park Area Seniors Monday and Thursdays, Luther Burbank Building, 2-2:30 p.m.

Tuesdays and Fridays, St. Anthony Park Library, 7:30-8:30 p.m.

Wednesdays, Centennial United Methodist Church, 10:30-11:30 a.m.

Cono Park/Falcon Heights Block Nurse Program

Tuesdays and Thursdays, Falcon Heights Town Square, 9-10:30 a.m.

FREE SENIOR BLOOD PRESSURE CLINICS

Cono Park/Falcon Heights Block Nurse Program

Fourth Monday, Falcon Heights City Hall, 12-15-15 p.m.

Third Thursdays, Arbor Pointe Senior Apartments, 10-11 a.m.

Fourth Thursdays, Falcon Heights Town Square Senior Apartments, 11 a.m.

Saint Anthony Park Area Seniors (SAPAS)

Wednesdays, Centennial United Methodist Church, 11:30 a.m.

First Friday of the month, St. Anthony Park Library, 2-3

Second Tuesday of the month, Seal Bistro, 5-6 p.m.

VENUE INFORMATION

All events are sponsored by the Minneapolis Foundation, 114 N. Washington St., Minneapolis 55401.

All events are free and open to all ages.

For more information, call 651-642-9052 or visit www.sapaseniors.org.

Get fit this fall!

Be healthy, stay independent, have fun and make friends!

Lauderdale City Hall, 1891 Walnut St., Lauderdale

Centennial United Methodist Church, 2200 Hillside Ave., Minneapolis.

Wednesdays from 10:30-11:30 a.m.

SAP Library, 2245 Como Ave.

Tuesdays and Fridays, 2:30-3:30 p.m.

Chair Yoga on 1st and 3rd Fridays.

Saint Anthony Park Area Seniors

651-642-9052 www.sapaseniors.org

FARMER’S MARKET

Mondays and Thursdays, 2-7 p.m.

Saint Anthony Park Library, 2245 Como Ave.

26 Thursday, 5-7 p.m.

Saint Anthony Park Area Seniors Game Day, City Gables, 10 a.m.-noon.

St. Anthony Park United Church of Christ, 2129 Como Avenue, 651-646-7173

Women’s Drum Circle, 2242 W. University Ave., women’sdrumcircle.org

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Paul Gordon Anderson
Paul Gordon Anderson died July 8, 2017, at age 90. He graduated from the University of Minnesota School of Dentistry and practiced for more than 50 years at Arden Street and Como Avenue.

He loved biking and rode the Minnesota Ironman twice, was a bartending home brewer, and won several blue ribbons for his whole wheat bread at the Minnesota State Fair.

He was preceded in death by his wife, Donetha Einer. He is survived by a daughter, Tha Sanborn and her husband, Bruce; three grandchildren; and five great-grandchildren. He was preceded in death by his wife, Kenneth; son, Bruce; and granddaughter, Kamin. He will be missed.

Marc Kolden

Marc was a 1962 graduate of Harvard, a 1966 graduate of Luther Seminary and received his master’s and doctorate degrees from the University of Chicago in 1969 and 1976, respectively. He joined the Luther Seminary faculty in 1981, assuming the position of academic dean in 1996 and was Professor Emeritus of Systematic Theology.

Marc is survived by his wife, Sally, son, Michael (Maria) Kolden; daughter-in-law, Ellen Kolden; brother, Rolf (Peggy) Kolden; and stepbrother, Roger (Barbara) Grien.

His funeral service was held July 20 at the Chapel of the Incarnation at Luther Seminary, with internment at Elmwood Cemetery.

Carol Lingid
Carol Lou Lingid, 82, of Vadnais Heights, formerly of Falcon Heights, died July 14, 2017. She was born in Minneapolis as a girl scout leader and is survived by her three daughters; four grandchildren; and two great-grandchildren.

She was preceded in death by her parents, Art and Lil. She attended Gustavus Adolphus College and was a graduate of the University of Minnesota. Carol was a life member and past president of the American Dental Assistants Association and St. Paul Dental Assistants Society.

Matthew Lopez
Matthew Paul Lopez, 55, of Lauderdale, died July 20, 2017. He was preceded in death by his father, Antonio, and brother, Tony.

Matt was an expert fisherman, who passed on his love of fishing to his children, Ten (Rich) O’Neil, Tim (Jen), Scott (Kathryn), Ethan and Eva. He is also survived by two brothers, Tony and Art; his partner, Romanne; and his siblings, Thomas, Phillip, Laurie, Matrena, Carleigh, Michael and James.

His funeral was held July 26 at St. Pauls’ roselle Memorial Chapel.

Harry Lovegrove
Harry J. Lovegrove, 80, of Lauderdale, died July 28, 2017. He is survived by his brother, Warren (Peggy) and sister-in-law Edith.

His service was held at Rose Hill Alliance Church Aug. 5, with interment at Sunset Memorial Cemetery.

Laura Jane Richard
Laura Jane (Stordahl) Richard, died July 24, 2017. She was born Nov. 27, 1924, and lived most of her life in Lauderdale. She was a kind and fancy Norwegian lady with a big heart and much love for her family and friends. She will be missed.

She was survived by her son, Michael; daughter-in-law, Kathy; grandchildren, Jaime and Joe; and five great-grandchildren.

Bob Gillard & Sandra Lee Henry
Suzanne Brust & John Shepard
Ken & Magdalene Schaefer
J. Apple
Andrew Zolli
W illiam Rottschaefer, Jr.

A big thank you to our very generous businesses and individuals who made the 70th in the Park a success this year. We will not be able to put on this event without the financial support from those named below and all the amazing volunteers that donated their support.

We thank you all individually and businesses that contributed.

Thank You from the 4th in the Park Committee!
Mid-Continent Oceanographic Institute names new director

Samantha Sencer-Mura has been named the next executive director of Mid-Continent Oceanographic Institute named the next executive director of Mid-Continent Oceanographic Institute, a graduate of Minneapolis public school, has a bachelor of arts in critical theory and social justice from Occidental College in California, and has been a teacher and program administrator in New York, the Bay Area and Boston. She recently completed her master’s in school counseling at the Harvard Graduate School of Education.

Murray seeks volunteer tutors

Tutors are needed at Murray Middle School, 2200 Buford Ave., St. Paul, for the Pilot One-on-One Tutoring Program that works with students who are academically challenged. The program focuses on students who typically do not have strong home support and are often living in crisis. Students work with a tutor individually each day to study and develop the tools to improve their study skills.

Tutors are needed Monday through Friday for one to three hours. All volunteers must attend a 90-minute training and orientation. Training sessions will be held Wednesday, Aug. 30, at 10 a.m., and Wednesday, Sept. 6, at 8 a.m. or 2:30 p.m. To sign up or to learn more, contact Cindy Thraisher at 651-293-8740 or cindy.thraisher@spisd.org.

Breath, Life & Potent Metaphors at Raymond Avenue Gallery

The work of poets Richard Gruschall and Carrin Rosetti and painter Riki Kohlb Nelson will be on display at Raymond Avenue Gallery, 761 Raymond Ave., through Friday, Oct. 20. Gallery hours are Monday to Friday, 10 a.m.-4 p.m., and special Saturday hours Sept. 16 and Oct. 14, 10 a.m.-4 p.m.

Learn about organic agricultural research at the University of Minnesota

Cornercorper, the University of Minnesota’s student organic farm, will host an open house and field day Thursday, Sept. 21, 4:30-6:30 p.m., on the farm, located at the intersection of Lindig Street and Dudley Avenue on the St. Paul campus. There will be tours, tasting and more. The event is free and open to the public.

Additional information is available, bit.ly/UMN2017fieldday.

Square Dance classes start Sept. 25

Dakota Grand Square will host a weekly beginner square dance program from 6:15 to 8 p.m. Mondays, beginning Sept. 25, at the West Seventh Community Center, 265 Oteida St., St. Paul. Dress is casual and pre-registration is not required. For more information call 651-225-9709.

Fall registration opens at St. Paul Parks and Recreation centers

Here are the September and October activities, area St. Paul recreation centers.

Langelund www.spaul.gov/Langelund, 651-298-7675

Chess, #20069, ages 7-12, Wednesdays, Sept. 20-Dec. 6, 6 p.m.

Tumbling, #21003, ages 3-5, Thursdays, Sept. 27-Nov. 1, 5:30 p.m.

Youth Yoga & Guardian #20104, ages 6-11, Tuesdays, Sept. 19-Oct. 24, 6 p.m.

Teen Yoga, #20094, ages 12-17, Tuesdays, Sept. 19-Oct. 24, 7-8 p.m.

Baseball/Softball Clinic, #20102, ages 7-11, Thursdays, Sept. 27-Oct. 6, 6 p.m.

Ages 15-20 Moderate Intensity WorkoutYoga, #20073, adults, Mondays, Sept. 11-Nov. 20, 7:45 p.m.

Pickleball, ages 13+, Wednesdays, Sept. 13-Oct. 5, 8 p.m.

Men’s 35 + Ice & Adult Basketball, #20084, Sundays, Sept. 16-Nov. 4, 11 a.m.

Pilates, adults beginner & intermediate, Thursdays, Sept. 7-Nov. 9, various times

Magic & More, #20064, ages 8-12, Tuesdays, Oct. 5-17, 6 p.m.

Racquet Sports, #20227, ages 7-14, Mondays, Oct. 9-30, 6 p.m.

Bag #20253, ages 3-5, Mon. Oct. 9, 6:15 p.m.

Tot Time, Thursdays, beginning Oct. 5, 9-10:30 a.m.

Soo Bahk Do, Thursdays, ages 6-adult, 5:30-6:30 p.m.

Northwest Como www.spaul.gov/northwestcomo, 651-298-5813

Lice: Everything You Wanted to Know, #20201, adults, Wednesdays, Sept. 20, 6:30 p.m.

Men’s 35 + Ice & Adult Basketball, #20016, Saturdays, Sept. 16-Nov. 4, 11 a.m.

Simple Electrical Repairs, #20215, adults, Tuesday, Sept. 26, 6 p.m.

Creative Writing Club, #19994, ages 7-12, Wednesdays, Oct. 4-Nov 1, 3:15 p.m.

Family Yoga, #20078, ages 8+, Mondays, Oct. 2-Nov. 20, 6 p.m.

Archery, #20002, ages 9-14, Mondays/Thursdays, Sept. 25-Oct. 30, 3 p.m.

Kiddie Basketball, #20119, ages 10-16, Thursdays, Sept. 7-Oct. 19, 6:15 p.m.

Kiddie Volleyball, #20200, ages 9-14, Wednesdays, Sept. 6-Oct. 16, 6 p.m.

Woodying Arts, Youth or Parent/Child, #20005, ages 8+, Mondays, Sept. 25-Oct. 30, 6:30 p.m.

Taekwondo Jr., #20052, ages 4-5, Tuesdays/Thursdays, Sept. 5-28, 5:30 p.m.

Art Studio, #20013, ages 7-12, Tuesdays, Oct. 3-Nov. 14, 3:15 p.m.

Comic/Cartoon Drawing #20156, ages 8-13, Wednesdays, Sept. 20-Oct. 25, 5:30 p.m.

** Back-to-School Dance, Friday, Sept. 22, ages 10-14, 6:30-8:30 p.m. **

** Welcome Bonfire, Friday, Oct. 13, all ages, 6:30-8:30 p.m., free**

North Dale Recreational www.spaul.gov/northdalerec, 651-558-2329

Songwriting, #20161, 14-18, Tuesdays, Sept. 10-24, 3 p.m.

Teen Basic Yoga, #20075, ages 13-17, Mondays, Sept. 11-Nov. 20, 3 p.m.

Building Models That Move, #20158, ages 4-6, Saturday, Sept. 30, 9:30 a.m.

** Jr. Engineering Crazy ConCreations, #20228, ages 4-6, Wednesdays, Oct. 4-23, 6:30 p.m.

Skateboarding Beginners, #20128, ages 6-9, Thursdays, Sept. 14-Oct. 6, 5 p.m.

Skateboarding Intermediate, #20129, ages 8-14, Thursdays, Sept. 14-Oct. 6, 5 p.m.

Creative Movement & Tap, #20124, ages 3-4, Tuesdays, Sept. 26-Nov 21

Music Together, #20163, ages 1 month-6, Mondays, Sept. 25-Nov. 27, 6:15 p.m.

Parent/Child Tot Time, begins in October, Mondays, Wednesdays, Thursdays, 9 a.m.

Talip & Ballet, ages 5-6 & 7-12, Tuesdays, Sept. 26-Nov. 21, 5:50-6:35 p.m. & 6:40-7:25 p.m.

Line Dancing, adults, Wednesdays, Sept. 6-Oct. 11, 6:10 p.m.

Men’s 35 + Ice & Adult Basketball, Saturday, Sept. 16-Nov. 4, 3:15 p.m.

Earth Moon Yoga, adults, Tuesdays, 7:40 p.m., Sundays (11 a.m.)

Challenge Square Dancing, adults, Mondays, 6:30 p.m.

Laughter Yoga, adults, Thursdays, 12 p.m.

Pilates/Mind/Body/Strength, adults, Mondays/ Wednesdays, 7:15 p.m.

** Hallow Fest, all ages, Thursday, Oct. 26, 5-7 p.m., free**
Classifieds

Send your ad to classifieds@parkbugle.org or PO.Box 8126, St. Paul, MN 55108, or call Fariba Sankharam, 651-239-0321. Ads are $5 per line. Add a box or art for $10. Next deadline: Sept. 8.

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Paul said, “Three wars, four children, six grandchildren, seven continents and a master’s degree at the University of Chicago in 1951. He earned his Ph.D. at the University of Minnesota in 1960.

Fred was an organizer for the Association of St. Paul Communities, a charter member of St. Paul’s Capital Improvements Committee, chair of the St. Paul Citizens Finance Committee and served on the St. Paul Schools Bond Committee. Fred was an active member of the St. Anthony Park community for years and on July 4, 2009, received the St. Anthony Park Community Foundation’s Spirit of the Park Award. St. Paul Mayor Chris Coleman dedicated that date as “Fred Steinhauser Day in St. Paul” in honor of his 50 years of service here.

Fred was preceded in death by his son, Kurt. He is survived by his wife, Joan; their sons, Mark of Little Canada and Paul of White Bear Lake; and daughter, Louise Radle (Georgia) of Maplewood. Paul reports that his father was always proud that the whole family was able to find productive jobs without moving far from home. Those wishing to send memorials are asked to send them to the St. Anthony Park Community Foundation.

Emily Taylor, 43, of Como Park, died Aug. 8, 2017. She created the 2014 Minnesota State Fair souvenir poster. She was a talented artist, educator and loving mom, wife and friend.

She is survived by her husband, Chris; sons, Cedric and Quincy; mom, Gail (Terr); sister, Savannah; brother, Sam; grandparents, Don and Donna; and a large loving extended family. Her funeral service was held Aug. 14 at the Cremation Society of Minnesota.

If your business is on the southside of Como Avenue and beyond, contact Carolyn Johnson Westenberg, 651-645-2808, www.ferdlaw.com / ferdpeters@ferdlaw.com. “Lawyers who earn your trust”

If your business is on the northside of Como Avenue and beyond, contact Roger Bergerson, 651-647-6250, www.fordlaw.com / ferdpeters@ferdlaw.com. Open House Sunday Sept. 10th 1-4 pm

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Bugleland

As the weather turns and everyone heads indoor to gather around good food and drink, show your stuff and be the Park Bugle’s 35,000 readers know you have what they need.

Buy a full-color listing in the Bugle’s 2017 Food and Drink Guide. Whether you sell groceries, wine or beer, or specialize in take-out, fine dining or that hard-to-explain combination. The silver talisman hung from a chain, its face barely discernable. The cross and capital “M” on the backside of the medal were still easily identified. On the frost the Virgin Mary stood on a snake that writhed on the top of a globe. Her likeness was ruined to the point it was barely discernable.

Torok’s total take for the day came to 99 cents at face value, but he won’t soon forget the thrill of the hunt or the neighbors he connected with, however briefly. “The best part of this is meeting people from the neighborhood. I never would have met without this hobby,” Torok said.

Rob Pasons lives near Mille Lacs Lake where he worked as a reporter for the Mille Lacs Messenger for seven years. He is a frequent weekend visitor to the Como Park area.