

Thrive On!

PARK CAMPS



2425 OLD COURT ROAD • BALTIMORE, MD 21208 • 410-339-4120 • WWW.PARKCAMPS.COM

BEARS MENU- SUMMER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 25	June 26	June 27	June 28	June 29
Grilled Beef Hot Dog Potato Tots Apple Sauce Cup Gran Crackers Water or Juice Box	Grilled Chicken Sandwich on Whole Wheat Roll Lettuce & Tomato Fresh Cut Fruit Salad Teddy Grams Water or Juice Box	Grilled Cheese Sandwich on Wheat Bread Sun Chips Watermelon Wedge Cookie Water or Juice Box	Hamburger or Cheeseburger on Whole Wheat Roll Waffle Fries Mandarin Oranges Water or Juice Box	Personal Pizza Pepperoni or Cheese Fresh Sliced Orange Wedges Chew Granola Bar Water or Juice Box
July 2	July 3	July 4	July 5	July 6
Oven Fried Chicken Tenders BBQ or Honey Mustard Smart Food Popcorn Watermelon Cup Water or Juice Box	Pulled Pork Sandwich on Wheat Roll Sun Chips Fresh Cut Fruit Salad Gram Crackers Water or Juice Box	Camp is Closed Happy 4th of July	Hamburger or Cheeseburger on Whole Wheat Roll Waffle Fries Mandarin Oranges Water or Juice Box	Personal Pizza Pepperoni or Cheese Fresh Sliced Orange Wedges Chew Granola Bar Water or Juice Box
July 9	July 10	July 11	July 12	July 13
Grilled Beef Hot Dog Potato Tots Apple Sauce Cup Gran Crackers Water or Juice Box	Grilled Chicken Sandwich on Whole Wheat Roll Lettuce & Tomato Fresh Cut Fruit Salad Teddy Grams Water or Juice Box	Grilled Cheese Sandwich on Wheat Bread Sun Chips Watermelon Wedge Cookie Water or Juice Box	Hamburger or Cheeseburger on Whole Wheat Roll Waffle Fries Mandarin Oranges Water or Juice Box	Personal Pan Pizza Pepperoni or Cheese Fresh Sliced Orange Wedges Chew Granola Bar Water or Juice Box
July 16	July 17	July 18	July 19	July 20
Oven Fried Chicken Tenders BBQ or Honey Mustard Smart Food Popcorn Watermelon Cup Water or Juice Box	Baked Chicken Wings With BBQ Sauce Curley Fries Fresh Cut Fruit Salad Water or Juice Box	Sloppy Joe Sandwich on Wheat Roll Sun Chips Fresh Cut Fruit Salad Gram Crackers Water or Juice Box	Hamburger or Cheeseburger on Whole Wheat Roll Waffle Fries Mandarin Oranges Water or Juice Box	Personal Pan Pizza Pepperoni or Cheese Fresh Sliced Orange Wedges Chew Granola Bar Water or Juice Box
July 23	July 24	July 25	July 26	July 27
Grilled Beef Hot Dog Baked Potato Tots Apple Sauce Cup Gran Crackers Water or Juice Box	Grilled Chicken Sandwich Whole Wheat Roll Lettuce & Tomato Fresh Cut Fruit Salad Teddy Grams Water or Juice Box	Pulled Pork Sandwich on Wheat Roll Sun Chips Fresh Cut Fruit Salad Gram Crackers Water or Juice Box	Hamburger or Cheeseburger on Whole Wheat Roll Waffle Fries Mandarin Oranges Water or Juice Box	Personal Pan Pizza Pepperoni or Cheese Fresh Sliced Orange Wedges Chew Granola Bar Water or Juice Box
July 30	July 31	August 1	August 2	August 3
Oven Fried Chicken Tenders BBQ or Honey Mustard Smart Food Popcorn Watermelon Cup Water or Juice Box	Baked Chicken Wings With BBQ Sauce Curley Fries Fresh Cut Fruit Salad Water or Juice Box	Grilled Cheese Sandwich On Wheat Bread Sun Chips Watermelon Wedge Cookie Water or Juice Box	Hamburger or Cheeseburger on Whole Wheat Roll Waffle Fries Mandarin Oranges Water or Juice Box	Personal Pan Pizza Pepperoni or Cheese Fresh Sliced Orange Wedges Chew Granola Bar Water or Juice Box

Beverage: Mott's Juice Box or Bottled Water

Alternative Sandwich Selection: Peanut Butter and Jelly or Sliced Oven Roasted Turkey on Wheat

Information: All Lunch items are freshly prepared on site. Turkey and roast beef are cooked in house. We purchase meats Grade "Choice" or higher. We only serve chicken that has been produced with the restricted use of antibiotics.

Questions regarding the Dining Service Program: contact Dawn Ramsey (dramsey@parkschool.net)

Price Per Meal: 5.50