

Connect Prayers for Day 2

The Start: Temptation

Prayer: *You might like to make the sign of the Cross from your head, to chest, left to right as you live in the freedom Jesus' Cross and Resurrection brings.*

Luke 4:1-2a Jesus, full of the Holy Spirit returned from the Jordan and was led by the Spirit into the wilderness, where for forty days he was tempted by the devil.

Meditate: Walter Bruggeman: There is the assuring voice of God, which says, "I will protect; I will answer; I will deliver". And this is countered by a second voice that mocks and seduces, making easy promises, facile invitations, urging acts against our faith and identity in Christ.

Can you identify those voices in your life? Determine to walk in obedience as the day unfolds. Are there others who can encourage you or others whom you can encourage?

The Middle: Psalm 51:10-11

God, create in me a clean heart, *(put your hands over your heart)*

Renew within me a resolute spirit, *(reach out your hands, palms up)*

Don't thrust me away from your presence, *(bow your head)*

Don't take away from me your spirit of holiness. *(cup hands together)*

The End: Hurdles in the Race

Holy Lord, thank you for grace.

Please help me move beyond the hurdles that trip me up
and give me the strength and wisdom to look up
and see the hope I run towards in Christ.

Amen.

