



Carmel-by-the-Sea

Special Advertising Section

September 14, 2018

A River of history

Rancho Cañada becomes the conduit to Palo Corona and a healthier Carmel River

By Lisa Crawford Watson



Photo of Rancho Canada provided

Originating in the Ventana Wilderness area of the Santa Lucia Mountains, the 36-mile Carmel River flows, from the headwaters at Cachagua, through Garland Ranch and Palo Corona regional parks, down to the Lagoon and into the bay, just south of Carmel-by-the-Sea. As such, the river is a life force that provides connectivity through the unspoiled wildlife corridor of Carmel Valley.

And now, the Monterey Peninsula Regional Park District's (MPRPD) recent acquisition of the 190-acre Rancho Cañada property along the Carmel River, creates a whole other level of connection as the property provides public access to Palo Corona Regional Park, whose 4,500 acres of diverse wildlife habitats offer some of the most exceptional scenery in the area.

The property, acquired by The Trust for Public Land in 2016, was transferred to the MPRPD in April of this year, effectively linking the landscape and preserving the open space treasured for generations by the Rumsen Ohlone tribe, the Fish family ranchers, the Hatton family dairy farmers, the Sbarra family artichoke growers, and the Lombardo family and their championship golf course and country club community.

"As the Rancho Cañada property becomes part of our regional parks, it is a great gift to us all. But for myself, and others who also trace their heritage to the indigenous peoples of this area, it is much more than beautiful landscape and recreational opportunity," wrote Rumsen Ohlone Basket Weaver and Tribal Historian Linda Yamane. "We are part of a long human history that gives us a deep and personal connection to

this land."

Yamane realizes her people, who have lived on this treasured landscape for thousands of years, are a continuation of that ancient legacy today. As this new parkland is restored to improve the health and future of the river, native plants and wildlife, she hopes it also will be a place where visitors can learn about and celebrate the

and sectional lands. They called it Palo Corona Ranch, "Fish Ranch," for short.

"The Fishes' lasting achievement was to have kept the majestic Palo Corona intact for almost 70 years, in the face of development around them," wrote daughter-in-law Diana Fish. "Without them, all this undeveloped land would not exist."

Upon Stuyv's death in

"The reason the land [at Rancho Cañada] remained an open space for the last 50 years was because my father, Nick Lombardo, believed that recreational activities, such as playing golf, should be made available, not just to wealthy private club members, but to everyone, no matter their race, religion or economic status," wrote Tony Lombardo. "He prided himself

land from a golf course to an open space where people can wander within a natural environment also facilitates the restoration and preservation of this wildlife habitat. In this, the Carmel River is key. When a demand is placed on a water source, whether it's for domestic use, for agricultural irrigation or to sustain a golf course, water is re-

playing along the Carmel riverbanks under the Sycamore trees and Cottonwoods, listening to the songbirds and watching the steelhead swim upstream. "It gives us great pleasure," she wrote, "to know that future generations will enjoy and benefit from all the land has to offer them."

While the acquisition of Rancho Cañada, shifting it from a golf course to parklands, promises wonderful benefits of public access and recreation, it also eliminates a huge demand on the river, says Tim Frahm of Trout Unlimited, a nonprofit organization dedicated to cold-water fish conservation, protection, restoration and recovery.

"The big, beautiful green pasture known as the golf course, which historically had been an artichoke field, demanded up to 500-acre feet or 326 gallons of water," he said, "primarily during the summer. The acquisition of this property creates the opportunity to restore its riparian health, and benefit, not only the steelhead, but also the people of this community who rely on the river for domestic water."

MPRPD is well aware of the numerous individuals and organizations that made the acquisition of Rancho Cañada possible, and its transition to Palo Corona Regional Park, a reality.

"We, and future generations to come, have been given the gift of this wonderful land, a landscape that is the ancestral homeland of our region's indigenous people, was part of a former land grant, and later becoming a dairy, artichoke fields and a golf course," wrote MPRPD Manager Dr. Rafael Payan. "Now, one of this nation's premier habitat restoration sites also will serve as the gateway to Palo Corona Regional Park."

duced at the source, and the wildlife population becomes suppressed. The plight of the steelhead trout, for example, whose numbers have been compromised by reduced water flowing through the river, has spawned a conservation effort to restore their habitat and their health and numbers.

Dryden Branson Bordin, whose great-grandfather, William Hatton developed the Hatton Dairy across his beloved "Riparian Shangri-La," remembers

on providing a 'country club experience' to golfing groups from throughout California."

Looking for an opportunity to develop a championship golf facility on the Monterey Peninsula, Nick Lombardo found vacant land near the mouth of the Carmel Valley, which he leased from three families to create two 18-hole golf courses, effectively preserving the open space and riparian habitat along the Carmel River.

The recent transfer of the



Drone assisted photos of the Rancho Canada unit of Palo Corona Regional Park by Chris Pryor of Carmel Realty Company

ways and wisdom of its first people.

In the early '20s, Sidney and Olga Fish came from New York in search of a mild winter climate, and fell in love with the scenic beauty of Carmel Valley. Here, he could run cattle, the family could ride across the open spaces, and their son, Stuyvesant (Stuyv) Fish, could grow up in the great outdoors.

Beginning in 1928, the Fishes assembled their ranch out of several parcels, Mexican land grants

1987, his widow, Diana, carrying out her husband's conservation wishes, was unwilling to sell the property to anyone who would allow development on the ranch. In 1996, the majority of the 4,500-acre Palo Corona Ranch reportedly was sold to Craig McCaw, who shared the Fishes' commitment to conservation. After purchasing additional properties, to assemble a nearly 10,000-acre ranch, he sold it to The Nature Conservancy and the Big Sur Land Trust.

Carmel offers opportunities for peace, discovery, and fun

No matter what your mood, you'll find the perfect outlet here

by Dana Arvig

Welcome to our third Community Focus spotlighting the picturesque town of Carmel. Since our last issue, I've made numerous more trips to Carmel and memories to match. Over the past few months, I helped a good friend celebrate her mom's successful surgery with a magical sunset, spent the day enjoying the annual Winemakers' Celebration, stayed at the Sandpiper Inn - a wonderful B&B with a view of the Pacific, and reconnected with some old friends.

When you have a tough day (or week) and need to reset your frame of mind,

I can't think of many places that offer the host of opportunities whether solo, with family, on a date, or with old friends (or new ones) than Carmel. My friend Lucy and I agree the beach brings forth healing and peace with every gentle wave and when you want to find a spot to breathe in, breathe out, breathe in, breathe out, there truly is no better place.

After you've gotten some time to relax your mind and enjoy the sounds of the surf and are feeling reenergized, you'll be happy to know that walking around Carmel will provide

a bit of exercise at your own pace and without the hustle and bustle of a big city to instantly stress you out again. People tend to be in no hurry and drivers are (mostly) patient if you take a bit longer than usual to get through the crosswalks. If wine tasting is on your list of preferred activities, Carmel offers the annual Winemakers' Celebration in May but there is no need to wait to visit until then since there is a self guided tast-

ing room tour you can do at your own pace, anytime. Check it out at Carmel Wine Walk on Facebook. The new tasting rooms at Carmel Plaza including Hahn, Blair and Wrath are great places to start (or end) your journey.

Speaking of annual events (and tasting wine), Concours d'elegance was here and gone before we knew it in August. Monterey, Carmel and surrounding areas were flooded with

Ferraris, Lamborghinis, Bentleys and other fast and fancy rides that make most of us at least pause and take a longer look. We bravely fought the crowds one evening during Car Week and had a bite at Forge in the Forest and then walked to the De Tierra Vineyards Tasting Room. Our friends, Dan McDonnal and Alix Bosch, recently became the proprietors and we wanted to wish

them well.

I hope this special section contains something that captures your interest or introduces you to a new business you'll want to patronize, and I hope you get a chance to enjoy a walk and take in a sunset in Carmel soon. I am sure Fall and Winter will provide many more once in a lifetime sunset viewing opportunities for our enjoyment - we will just need to get to the beach a little earlier to catch them!



Where better to really soak in how wonderful life is than standing awestruck on Carmel Beach watching one of the most impressive sunsets anywhere. The beach was packed, the weather was perfect and the skies were clear as Kimberly Flores enjoyed a magical moment.



Darin Matthews enjoyed his first glimpse of Car Week in downtown Carmel where incredible cars lined the streets and revved their engines heading down Ocean Avenue toward the beach.



Dave and Debbie Barrow and their fur-baby, Dexter, took a well deserved weekend break in Carmel and enjoyed dining at The Cypress Inn where canine companions are always welcome!



Former Monterey County resident, Rika Dotson, visited from Virginia in July. At the top of her list were dinner at Mission Ranch and wine tasting. Mission Ranch ended up being a bit chilly on the evening we were there, but the following day at Folk Tale Winery's outdoor patio, we enjoyed a sunny, quiet place to catch up while sipping wine, talking and laughing.



The wine educators at Wrath are incredible. I learned a lot about Pinot Noir this summer.

Photos of Palo Corona provided by Santa Lucia Conservancy (cover story A1)



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Chamber Music Monterey Bay announces lineup for 2018-2019 Season



Provided Photo

Carmel, CA - Chamber Music Monterey Bay unveils their sparkling five concert 2018-2019 season. Tickets for the 52nd exemplary five-concert Chamber Music Monterey Bay season are on sale now, with bonus tickets to the opening concert with the up-and-coming French ensemble Van Kuijk Quartet available for new and renewing subscribers.

New season subscribers will be able to get five concerts for the price of four, while both new and returning subscribers will receive two additional tickets to Van Kuijk Quartet's October 6, 2018 season-opening concert at the Sunset Center in Carmel, in addition to the season tickets they purchase.

The 2018-2019 season continues November 3, 2018 with keepers of the Aaron Copland flame, Music from Copland House; followed by the multiple award-winning Borromeo String Quartet with acclaimed clarinetist Richard Stoltzman on January 19, 2019; with the Catalyst Quartet, comprised of top laureates and alumni of the internationally acclaimed Sphinx competition, on February 23, 2019; and the Montrose Trio, a collaboration of pianist Jon Kimura Parker and the Tokyo String Quartet, concluding the season on April 6, 2019.

Andrew T. Sudol, who became executive director of CMMB in December 2017, is looking forward to an exciting 2018-2019 season, and gaining new subscribers for the 52-year-old organization.

"There is a wealth of classical music presenters in this area: Carmel Music Society, Bach Festival,

the Symphony, Ensemble Monterey and so forth, but I think we occupy a unique niche," he said. "We present a balance of contemporary composers and traditional composers. In fact, I think we present more living composers than any other local organization. When you attend one of our concerts you'll definitely hear beautiful, new compositions or magical pieces you probably haven't heard before."

Sudol also hopes to build on CMMB's educational outreach program, which already offers musician visits to local schools, Kids Up Front & Free!, in which children grades 3-12 are invited to sit in the center-front three rows for an "up-close-and-personal" concert experience, master classes for student musicians and special ticket pricing for students ages 18-30.

Each concert in the season will be preceded by a lecture by Kai Christensen, noted San Francisco musicologist and founder of earsense.org, an online chamber music exploratorium. Learn about the concert's composers and their works and gain deeper insights into the music you're about to hear. The lectures begin at 6:45

p.m. in the Sunset Center concert hall, and are free of charge.


Tickets and more information including schedules and performer details are available at ChamberMusic-MontereyBay.org. Tickets can also be purchased over the phone by calling (831) 625-2212. All tickets are subject to a \$1-per-ticket processing fee. The Sunset Center Box Office opens at 5:45 p.m. on the day of the concert.

CMMB presents five concerts in a nine-month annual season that runs from October-May, featuring world-renowned artists performing at the Sunset Cultural Center — a world-class 718-seat destination venue in beautiful Carmel-by-the-Sea, California.


CMMB features exciting and innovative programming — from the best-loved masterworks, to lesser-known gems and brand new compositions. This is what distinguishes CMMB from other local presenters. The ensembles CMMB brings to the area love to present unusual, provocative programs to their listeners. And CMMB's audiences — appreciated by the guest musicians for their uniquely engaged attentiveness — love to hear them.



Provided Photo




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MEarth hosts 6th annual Glass Pumpkin Patch

CARMEL, CA – MEarth is inviting Monterey County to its 5th annual Glass Pumpkin Patch fundraiser, September 15th and 16th at the Hilton Bialek Habitat adjacent to Carmel Middle School. The two-day event features more than 1,500 one-of-a-kind hand-blown glass pumpkins by featured artists Nick Leonoff, Kevin Chong, Nancy Francioli, Todd Moore, and friends alongside other nature inspired artistry. Guests can take a break from the pumpkin picking to enjoy live music and pumpkin themed small

bites from our area's most celebrated sustainable chefs.

To kick off the Glass Pumpkin Patch weekend, a special event in MEarth's Sustainable Chef Dinner Series was held at MEarth at the Hilton Bialek Habitat, set amongst MEarth's fall gardens. Attendees got first pick at pumpkins at the patch, dinner with the artists, and a meal prepared by Chefs Justin Cogley and Yulanda Santos of Aubergine.

All proceeds from the Glass Pumpkin Patch support MEarth and their environmental education programs. MEarth's

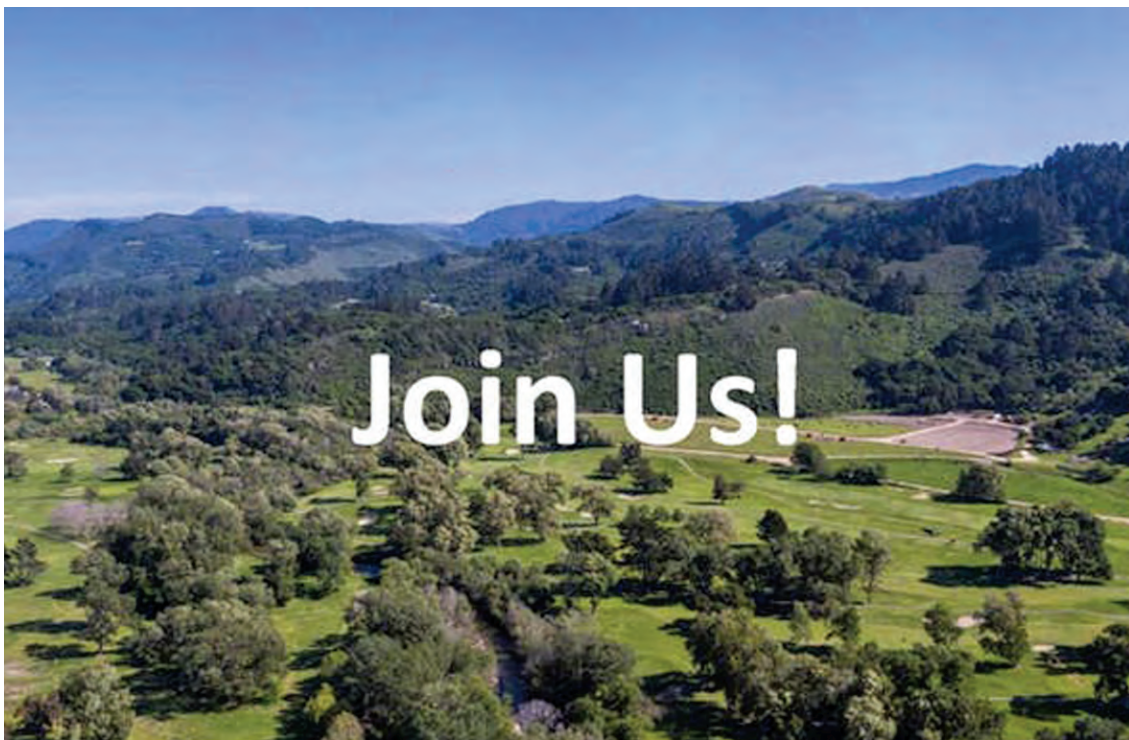
award-winning programs provide innovative hands-on instruction, education, and inspiration to Monterey County's students through environmental stewardship.

Pumpkin Patch days and times are Saturday and Sunday, Sept. 15th and 16th from 10:00 am to 5:00 pm at MEarth at the Hilton Bialek Habitat located at 4380 Carmel Valley Road, Carmel (adjacent to Carmel Middle School). Come by and view 1,500 hand-blown pumpkins and enjoy gourmet food items for purchase plus live music and kids activities.



-Provided Photo

Celebrate the **GRAND OPENING** of the new Rancho Cañada unit of Palo Corona Regional Park!



Join Us!

Photo Credit: Chris Pryor Carmel Realty Company

The Trust for Public Land, the Monterey Peninsula Regional Park District, the Santa Lucia Conservancy, and Trout Unlimited invite you to celebrate the official grand opening and land dedication of the new Rancho Cañada unit of Palo Corona Regional Park. Bring your picnic blanket or lawn chairs and enjoy guided hikes, educational activities and games, and the chance to meet your local park staff. Food and beverages will be available for purchase. All are welcome. Spread the word!

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Rental Homes Can Make Good Neighbors

Sanctuary Vacation Rentals cater to guests and their neighbors

By Lisa Crawford Watson



Provided Photo of a home offered by Sanctuary Vacation Rental called "Stones Throw"

The Monterey Peninsula is, truly, one of the most beautiful, most appealing places in the world. We who live here and those who visit are drawn to the coastal setting, the ambient weather, the diversity, the cultural riches in arts and entertainment, the food, the wine, and the golf. Not everyone who lives here can afford to buy a house, so many rent, long term. Others have lives elsewhere but, drawn to the appeal of the place, they come as guests. Despite an array of options in the hospitality arena, not every visitor wants to stay in a hotel or inn. And, sometimes, with big events, they may find there is "no room at the inn."

Some people seek the comforts of home, paired with the amenities of a hotel. So, they rent a cottage, a house, an estate, short term. Sanctuary Vacation

Rentals, with offices in Carmel and Monterey, is dedicated to providing "all the amenities and services of a 5-star resort, with all the comforts of home." The agency was established in 2008 by Annee Martin, who hails from a background in hospitality, interior design and food. A chef and co-owner of the legendary Inn at The Round Barn Farm in Vermont from 1990 to 2000, once she moved to the Peninsula, she began helping friends rent their homes during the depressed real estate market of 2008. It was then that she recognized the demand for vacation rental homes, and formalized her business.

Today, Martin and her staff of 20 represent 35 rental homes in Carmel-by-the-Sea, 40 in Pacific Grove, and 100 homes across the Peninsula. "My intention with these

rental homes," she said, "is to create a space that nurtures and inspires people. My hope is when people stay in them, particularly when it's for a month in Carmel, they let go of their busy lives and, instead, read, relax, and refresh with a walk on the beach. I decorate and equip each house to inspire that."

Martin is well aware of the local ordinances around private-residence rentals which, she says, don't pose a problem if you adhere to them.

"Of all the cities," she said, "Carmel-by-the-Sea has stood its ground with the same ordinance for more than 20 years. It's easy to navigate; you just follow it. Guests can rent for a minimum of 30 days or one reservation per month. Plenty of people make their annual pilgrimage to spend a month or more in Carmel." Many guests began

coming to Carmel as children, says Martin, and they continue to keep the tradition going. Some, who hold a dream of owning a home in Carmel, come for an extended stay. Carmel receives a considerable contingent from Texas, Fresno and other places, she says, where people want to beat the heat. And, the "snowbirds" come mostly from Canada and the Midwest. What's great about vacation renters is they don't stay long. They don't bring their whole lives with them, they're happy to be here, and they don't introduce much wear and tear on the property.

"Vacation guests make good neighbors," said Martin, "which is actually

part of our policy. We have guests sign a 'good-neighbor contract,' stating they will be mindful of parking, trash, noise and intrusion. We reach out to neighbors when we take on a new rental, and many of our repeat guests establish relationships with their neighbors. Carmel is like that."

Martin and her husband, architect David Martin, married in 2006, bought and remodeled a home on San Carlos, and established Sanctuary Vacation Rentals a year later. Pairing their skills, the couple provides all the comforts of home plus the indulgences of the hospitality arena. Kitchens are well equipped, and the table is set for dinner. Bedrooms and baths boast top-quality

linens and bedding. Each house offers a guest book and a welcome binder, filled with ideas for excursions, events, restaurants and retailers, adjacent a basket brimming with brochures about whale-watching, wine-tasting, and when and where to watch the sunset.

"What I tell homeowners as I prepare their home with all the amenities renters will need and appreciate," said Martin, "is that their home is going to change people's lives. Couples reconnect. Families gather. Traditions are established. People relax. All in one of the most beautiful places in the world. This is what makes my business so rewarding."



Provided Photo of Annee and David Martin, and their dog, Gracee Blossom Joy

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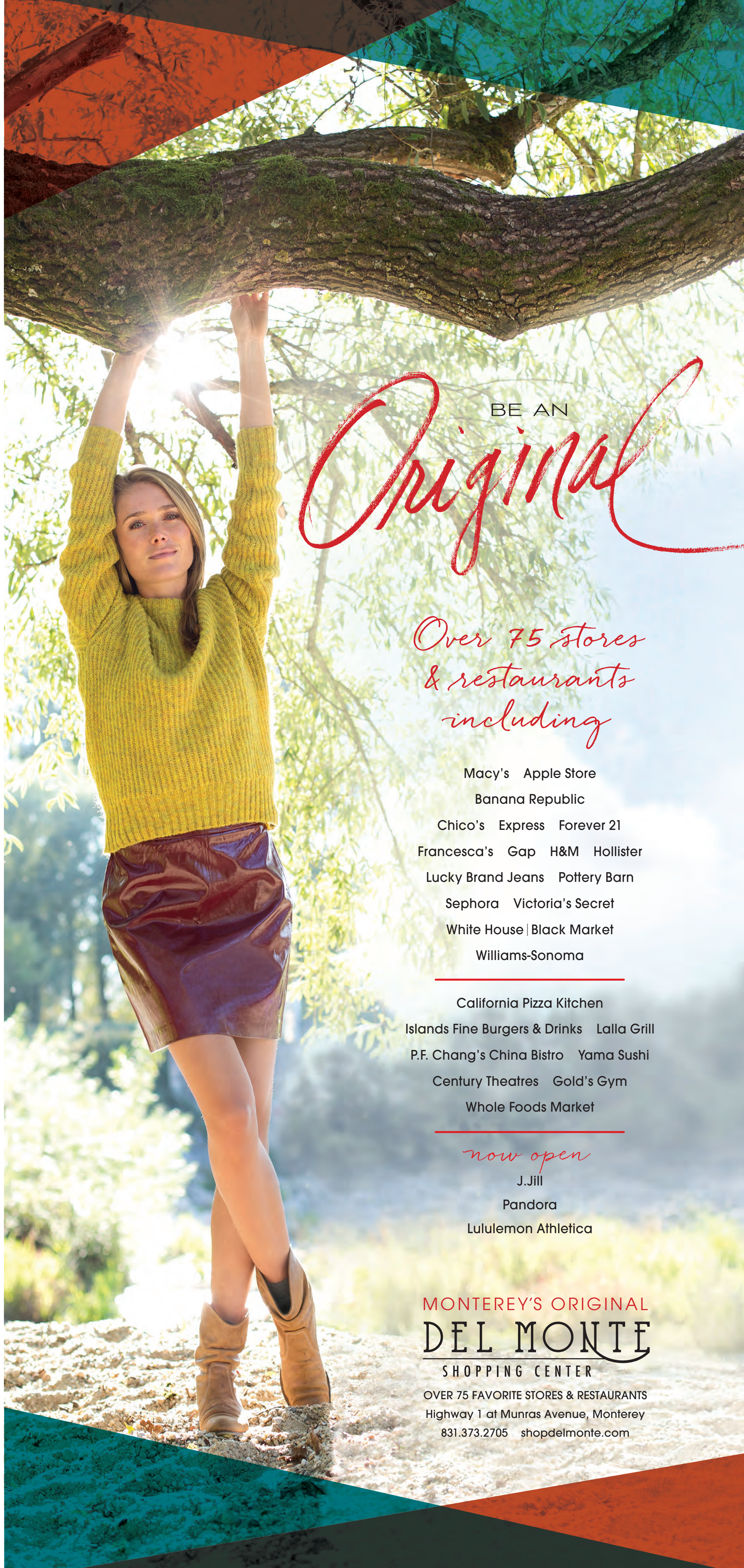
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Carmel-by-the-Sea

Special Advertising Section

September 14, 2018

What's on Tap

Craft beer breweries come to Carmel

By Lisa Crawford Watson



J. C. Hill and his father, John C. Hill -Photo credit Brock Bill

J.C. Hill just loves beer. Especially when he can taste the complexity, it has a desirable acidity, and it reflects the terroir – the natural environment from which it was crafted. Hill has learned a lot about the craft of beer in the four years since he and his father opened Alvarado Street Brewery in Monterey, and he's applying his passion and proclivity for crafting beer in establishing "Yeast of Eden," the brewery he and his father are opening in Carmel.

"The name, which started out as a lighthearted pun," said Hill, "has become the marquee for our mixed-fermentation beers, a special niche within the craft beer movement."

Yeast of Eden, slated to open by December, will span the southern side of Carmel Plaza, with a completely new build-out, designed and executed by Hill's father, architect John C. Hill. The 4,500 sq.ft. expanse will feature onsite brewing, complete with a "coolship" open fermentation system, as well as a 100-seat restaurant, 40-seat front patio, and bar.

"The food we serve will be different from our Alvarado Street menu," said Hill. "We have assembled a stellar team to operate the restaurant, which will present a simple menu designed to pair well with beer. Guests can expect a mash-up of California cuisine and California coastal cuisine, with a Southeast Asian element, and a Mexican flair."

Good Taste

Yeast of Eden joins a "spirited" community in Carmel Plaza, taking its place among Wrath Wine Bar, Hahn Family Wines and Blair Estate tasting rooms, paired with The Cheese Shop. Everyone, says Hill, has offered support of Yeast of Eden.

"We'll definitely curate a cheese board with char-

cuterie to pair with our beers," said Hill. "This is a very locally driven enterprise. "Our barley is grown in the central valley, malted in the Bay Area, and our fruit comes from local harvests, depending on what's in season, and our yeast and native microflora are harvested from the local environment."

During the process of open fermentation, says

Salinas, primarily in support of their Alvarado Street Brewery, yet it also has enabled them to add more barrels and develop their Yeast of Eden brand. The site also supports a small tasting room. "For the most part, we believe in brewing beer onsite," said Hill. "Mixed-fermentation beer is typically done in small batches."

While plenty of people

at the mouth of Carmel Valley, brewer Mark Fitch and his crew are preparing to open Carmel Craft Brewing Company at the Barnyard Shopping Village, later this year.

The corporate name is Monterey Bay Brewing Company, which developed its wholesale label Mad Otter Ale, but Fitch and his partners are opening this brewery under Carmel

brewery on this scale without them."

Six years ago, Fitch founded Monterey Bay Brewing Company, through which he has been producing beer at other sites, starting in San Luis Obispo at a friend's brewery. When he brought the beer to cold storage on the Peninsula and distributed it around town, he

Szmania to establish their first public brewery. Marco Herrera, a recent graduate from CSU Monterey Bay will be head brewer, and Michael Smith, also hailing from CSU Monterey Bay, will serve as tap room manager. And Kevin Krone, facilities manager, helped build the brewery, including the custom tables and L-shaped bar.

The new brewpub will offer seating for 20, says Fitch, in a cozy, comfortable, casual atmosphere. It will house a draft system with 12 different taps, and a variety of beers will be brewed on site. Kombucha, a nonalcoholic, fermented tea, locally sourced, also will be served. While there will be no food produced on site to start, Allegro's Pizzeria will provide pizza, and Fitch has started to form relationships with other Barnyard restaurants, as well.

"Our beers will tend toward the lighter end of the spectrum, with our Mad Otter Ale, a pale ale in the middle of the spectrum of craft beers, down toward the lighter end," Fitch said. "A 'member's only' tap will feature specialty beers, the first of which will be a doppelbock, a strong, malty German beer, which will satisfy the connoisseurs. Eventually we'll introduce some guest beers on tap, such as an Alvarado Street or Yeast of Eden beer, and we'll add some wines and a champagne option."

Mark Fitch is a good friend, says Hill. "He has a strong community focus and has been brewing beer for quite some time, with Mad Otter, which has a culture all its own. It's cool to see him open a brick-and-mortar location. The brewing community is very inclusive and supportive of one another; I know Carmel Craft and Yeast of Eden will do well."



Head Brewer for Yeast of Eden, Andrew Rose -Photos credit Brock Bill

Hill, the beer is exposed to the open air at the beginning of the process, during which wild yeast is incorporated. The micro flora has lactic acid bacteria, which creates a desirable acidity and complexity that reflect the terroir.

"This has become a passion project for our head brewer, Andrew Rose," said Hill. "He started experimenting in 2014, barrel-aging beers with different forms of yeast and souring flora. As it became an obsession, he advanced his education and reached a new level of craft."

In 2016, the Hills opened a production facility in

prefer a "full pour" of beer, typically 16 ounces, Hill is good with a "half pour." Also popular is a "flight," commonly composed of four or five house flavors. This gives guests a chance to taste a handful of beers before committing to an entire glass.

The craft beer industry has been growing significantly during the past decade, says Hill, and the small neighborhood breweries are really ramping up. There are close to 1,000 craft breweries, he says, in California, alone.

Craft Beer Community

Less than a mile down the coast from Yeast of Eden,



Craft, which actually is a blending of Mad Otter Ale and the established Carmel Valley Brewing Company.

"Dean Hatfield and Karolyn Stone have been operating Carmel Valley Brewing for about 12 years, east of Carmel Valley Village," said Fitch. "They've been producing on site and selling to bars, restaurants and stores but were looking for a straight-to-consumer arrangement. I've known them for a while, and it made sense to come together. The sweetest people in the world, they are great to work with. I couldn't have created a

started thinking about his next steps in the brewing business.

"Everyone would ask where we were located and, at every event we do, we get asked about 100 times to open a public venue," said Fitch. "Besides our private tasting room by the Monterey Airport, we didn't have a place where people could come to taste beer."

Now, they do.

Once the 600 sq.ft. space next to Allegro's Pizzeria became available in the Barnyard, Fitch and partner Scott Coming, joined forces with Matt Muhlenbruch and Greg

Clean Living

Local builder helps clients create a healthy home

By Lisa Crawford Watson



John Lewis-Provided Photo

No matter how well you clean your house, it can still be susceptible to mold, a type of fungus that sprouts from tiny spores carried on the air. Mildew is a common type of mold that grows on the surface of damp walls, doors, shower grouting and elsewhere in the home.

Mold spores are everywhere and, given the right conditions, will grow just about anywhere. Give them a little food, warmth, moisture and oxygen, and they'll happily colonize in your home. The Monterey Peninsula is a hotbed for mold.

For most people, mold is a four-letter word. It looks awful, smells awful and possesses the potential for awful health consequences, among them allergic reactions, energy loss, fatigue, respiratory distress, mood changes, headaches and memory loss.

John Lewis is not afraid of mold. And he's seen plenty of it. The CEO of Lewis Builders design/build firm based in the Barnyard Shopping Village, has remediated enough of the insidious invader to become both skilled and certified in mitigating mold.

"I suffer from allergies, myself," he said, "so I took great interest in how I could ensure houses I was designing and building didn't

encourage mold. Rather than being terrified of it, I became educated."

Mold can thrive in our homes, says Lewis, because, unwittingly, we have created perfect incubators for it. The '70s push for efficiency in home design, which meant installing dual-pane windows, and insulating and sealing the house to create air-tight building envelopes, created a whole new problem. The house can't breathe.

People give off moisture, a reported four quarts a day per person, as do sinks and showers, washers and refrigerators. Without proper ventilation, even a carefully cleaned house can produce mold. Particularly in bathrooms and basements, closets and crawl spaces.

Lewis' solution has been to use an air scrubber portable filtration system to manage dust, gasses and chemicals during construction, to use HEPA (high efficiency particulate air) filters to trap pollutants and exhaust them outside, and to incorporate a system into his home design that serves as the lung of the house. The Zehnder Comfoair ventilation system brings fresh air to all rooms of the house and simultaneously removes moist or contaminated air and odors.

Headquartered in Switzerland, the Zehnder Group is represented worldwide, says Lewis, but was introduced to the Peninsula by Bill Hayward, CEO of Hayward Lumber and Hayward Score, the latter of which Hayward established, after remediating his own mold crisis, to ensure healthy homes throughout the nation.

"John Lewis is incorporating the principle of Hayward Healthy Homes,"

said Hayward, "which begins with fresh-air ventilation. Then he's employing modern building science to make sure our local Carmel homes stand up to the climate and don't become soggy, moldy environments."

Consider the "Four Hayward Healthy Home Principles": Continuous Fresh Air, Proper Sealing and Insulation, Less-toxic Materials, and Cleanable Surfaces. Haywardscore.com offers a free assessment tool to help people determine how healthy our home is and how it's impacting our health.

"People simply feel better," said Hayward, "when they have a home with fresh air. People who have allergies will walk into a healthy home and say, 'I don't feel them when I'm in this home. How is this possible?'" A healthy home fosters a healthy person.

When Lewis Builders was brought in to remediate the mold issues in a 3,400-sq. ft., century-old English Tudor stone house in Carmel, they discovered the house had the perfect storm of poor drainage, insufficient ventilation, and closed, dark spaces.

"Air movement within a house is known as the 'stack effect,' where all air wants to flow up and out," said Lewis. "Yet, when it gets trapped, where there are no windows to facilitate movement, or in an attic, it heats up. Pair that, in this Tudor, with a plumbing leak, causing moisture to come up through the floorboards, and mold had all the elements to thrive."

Lewis Builders mitigated the mold problem in the house, and then returned to start structural work that would enable the house to remain mold free. This

developed into a complete renovation, with the introduction of modern conveniences while maintaining the character of the historically significant home.

"We stabilized the house," said Lewis, "by running a steel structure from the foundation, up through two stories to the roof, without affecting the stone on the building. We opened up the floor plan, vaulted the ceilings, and introduced more natural light by adding dormers and glass doors with handmade steel windows to match what was there. We updated the kitchen and brought in audio-visual elements. Outside, we redid the landscape, using significant grading and design changes to reroute water."

More often than not, Lewis and his team discover mold during the demolition phase of remodels and renovations. And, it's equally common for mold-mitigation to develop into a renovation project to keep the problem from recurring.

Mold is far more common than people want to believe, Hayward says. In fact, more than half the homes local have an indoor air quality problem, due to moisture and dampness.

"With all the renovations we do in this area to enable people to 'age in place' or remain in their homes longer as they age," said Lewis, "mold mitigation is an important part of the process, so people can remain in a safe and healthy home."

For more information on how to identify and mitigate mold issues, and how to have a healthy home, visit lewisbuilder.com or haywardscore.com.

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CAPA and Dance Kids present Carmel Pops! at the Forest Theatre.

A lively variety show, Carmel Pops! 2018, features some of the Monterey Peninsula's best musicians, singers and dancers, and stars host comedian Gracie Poletti. Carmel Pops! will grace the stage at the outdoor Forest Theater in Carmel on Oct. 20 and 21. Written and co-produced (with Yvonne Davida) by noted theater writer, producer and director Walt deFaria, proceeds from the two shows benefit the S.T.A.R. Foundation, Forest Theater Foundation, Carmel High School orchestras, Carmel Academy of Performing Arts (CAPA) and Dance Kids of Monterey County.

The fast-paced show features Carmel High School's 40-piece string orchestra, CAPA Ballet Company, tap dancing with the Rock-Star Studio Dancers, plus Broadway show tunes sung by Michael Jacobs, Jared Hussey, Jack Norman, and Juliet Norman. There's also a special guest from the Monterey Zoo with animal trainer Lanier Fairchild.

The premise of the show, which was originally conceived by deFaria as part of the City of Carmel's centennial celebration,

revolves around would-be star "Mildred Rosenblatt" (played by local theater veteran Poletti), who is ostensibly doing a one-woman show that she hopes will make her a star, but she keeps getting interrupted by a parade of other acts, from singers to dancers.

"She thinks she's a singer, but she's really a comedian," deFaria says about the Rosenblatt character. "She's making an attempt to be a star, but it doesn't quite work out that way. It's a good variety of comedy, singing and dancing."

There will be two performances, at 7:30 p.m. Saturday, Oct. 20, and 5:30 p.m. Sunday, Oct. 21, at the outdoor Forest Theater, Santa Rita Street and Mountain View Avenue, in Carmel.

Tickets are \$35 general, \$10 for children, and are available at the Sunset Center Box Office, by calling (831) 620-2048, or online at www.sunsetcenter.org.

The show is presented by the Forest Theater Guild in association with the deFaria Company.



Lewis Builders Carmel Office-Provided Photo



Crew at work on mold mitigation -Provided Photos



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Meet local author Tony Albano at River House Books



Tony and Brie-Provided Photo

Popular story-teller Tony Albano scheduled to entertain during a storytelling event on September 16. The public is invited to attend and smile, without charge. Albano is the author of "Life is a Bumpy Road – smoothed out by the people, and the dogs, you meet along the way."

He has a new book almost ready for publication -- so he's got plenty of new stories to tell. The Meet and Greet with Albano will be from 1 p.m. -3 p.m. on Sunday, Sept. 16 at River House Books in the Crossroads, where the new owners have just started selling the book.

Many folks know Albano from his more than 20 years as host and waiter at Il Fornaio restaurant in Carmel. He was born in Brooklyn, NY and grew up in the Projects. From his earliest years, he's known he has entertaining in his blood, although the bumpy road that has been his life has produced some diversions. He started writing songs as a teenager, but at age 23, he wound up owning a NY delicatessen. A few years later, he sold the deli and with wife, Patricia, drove across country in their '64 Dodge to their destination – the beautiful Monterey Peninsula.

Then he hit a significant bump – losing a leg in a car accident and then sinking

into a deep depression that lasted two years. Luckily, he met Brie, the lovable 3-legged canine who is now one of his best friends. "She looked at me – right into my soul – and all was well," says Albano.

His book is available from Tony in person, at several area bookstores, on Amazon and on Story-ebook.



Tony's book cover -Provided Photo



Tony Albano speaking recently at Carmel Village Library -Provided Photo

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Dance Center Ribbon Cutting and Celebration

The Dance Center, a performing arts facility for students aged 2-adult, is excited to host a Ribbon Cutting Celebration in honor of its 4th beautiful expansion to 7,000 square feet. Join us on Wednesday, September 19 from 4:30 - 6:30 p.m. at Carmel Rancho Shopping Center, 26135 Carmel Rancho Blvd, Suite B. Admission is free. The Dance Center offers 110 classes, primarily for children, in ballet, pointe, jazz, contemporary, tap, hip-hop, acrobatics, cheer & pom, and musical theater. Recreational and pre professional dancers take class while 13 competition teams (in all genres) and 3 Musical Theater companies perform throughout the Bay Area and the local community. The Dance Center also houses the nonprofit Monterey Peninsula Ballet Theatre, which provides youth arts outreach and performs the traditional Nutcracker version at Sunset Center.

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Dance Kids present full-length Nutcracker performances at Sunset Center this December

Dance Kids of Monterey County, celebrating its 25th anniversary this year, announced its popular "Nutcracker: A Monterey Peninsula Tradition," will be performed Dec. 7-9 at the Sunset Center in Carmel.

Once again, the annual ballet will feature the 39-member Monterey County Pops! symphony orchestra conducted by Dr. Carl Christensen. And, for the first time, the production will feature a children's choir performing onstage during Act I's "Dance of the Snowflakes."

"We are so honored and excited to be celebrating our 25th anniversary this year," says Dance Kids founder and artistic director, Carol Richmond. "It's so heartening to know that the community continues to support our mission to strengthen character and positively influence children's lives through the performing arts. We will continue to grow and improve and bring on new talent to carry on that legacy."

With that in mind, Dance Kids also announced they have named veteran pro-

fessional dancer and teacher Philip Pegler as its new Artistic Director. Pegler has more than 30 years of experience in classical ballet as a professional dancer and teacher. He was most recently Dance Kids' Ballet Director.

The Nutcracker performance weekend begins Friday, December 7, 2018, with another tradition and a gift to the community; a free 10 a.m. Friday morning show. This show is performed each year for school children of the Monterey Peninsula to attend at no charge.

Dance Kids "gifts" the 700-seat theater and performance to underserved youth in the community.

There will also be a 7 p.m. Friday night show on December 7, a Gala fundraiser on Saturday, December 8, at 5 p.m. and show at 7 p.m.

The much-anticipated "Sugar Plum Fairy Champagne and Tea Party" will be held at 12:15 p.m. on Sunday, December 9, followed by the show at 2 p.m.

Visit dancekids.org for more information.



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Classic cars on Ocean Avenue during the Carmel-by-the-Sea Concours on the Avenue on Tuesday, August 21, 2018. (Photos credit Vern Fisher - Monterey Herald)



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- Volunteers at community events, including the AT&T Pro-Am and Concours d’Elegance, with average annual proceeds of \$75,000 benefitting the Carmel Youth Center
- Contributes to the community through activities like our Flanders Trail clean up, book drive, and international student exchange program
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