



city of
Ankeny
bringing it all together

PARKS & Recreation

2017 Fall/Winter Program Guide



WHAT'S INSIDE?

Community programs, activities
and special events for all ages!



IT'S ABOUT *community.*

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PHOTO RELEASE

Please note that photos may be taken during program activities that may be used for future communications, marketing and public relations efforts including social media.

REGISTER NOW!

Registration is now open and there are two easy ways to sign up for a program. Payment is due at the time of registration.



ONLINE

www.ankenyiowa.gov/register



WALK-IN

Office Hours are 8 a.m. – 5 p.m.

ANKENY PARKS & RECREATION OFFICE

220 W First St., Ankeny

515-963-3570 / 515-963-3535 (Fax)

Office Hours

Monday – Friday, 8 a.m. – 5 p.m.

The office will be closed on the following days:

Sept. 4, Nov. 23 & 24, Dec. 25 & 26, Jan. 1

Cancellation/Weather Hotline

515-963-3575

Find Parks & Recreation event postings and register for programs.

www.ankenyiowa.gov/register

Check scores and schedules:

www.teamsideline.com/Ankeny

Sign up for our monthly

eNewsletter online at

www.ankenyiowa.gov



PROGRAM REGISTRATION

Registration is now open and available online at www.ankenyiowa.gov/register or walk-in. Payment is due at the time of registration. Some classes have limited availability or a minimum number of participants may be required.

PAYMENT

All fees must be paid in full at the time of registration. Fees due may be paid in cash, credit card or check. There is a \$20 fee for any returned check. If a check is returned, both the amount of the check and the returned check charge must be covered by cash or credit card.

CONFIRMATION

Please note that Ankeny Parks & Recreation will not generate confirmations or reminders for any program. Participants are asked to mark their calendars accordingly. If you have questions about a program registration, call 515-963-3570.

NONRESIDENT FEE POLICY

A resident is defined as a person residing within the city limits of Ankeny or within the Ankeny Community School District. For most programs, an additional fee is assessed for nonresidents.

REFUND POLICY

1. Any refund request must be made at least seven days in advance of the program start date.
2. Refunds will be given in the form of a credit to an individual's Parks & Recreation account. The refund credit will retain 100% of its value for one year from the date of the refund request and can be used towards any program, special event or aquatic center season passes.
3. Ankeny Parks & Recreation will NOT issue cash, check or credit card refunds.

CANCELLATIONS

Programs that are canceled or postponed due to weather conditions, equipment failure or other unforeseen circumstances will be announced as soon as possible. After business hours, information will be available by calling the weather hotline at 515-963-3575. Parents are asked to pick up their children from the program site as quickly as possible if adverse weather conditions occur. Unless otherwise announced, there will be no rescheduling of programs or special events.

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515-964-2159



dsmpeds.com



Ankeny

Parks & Recreation

Cancellation/ Weather Hotline

(515) 963-3575

OTTER CREEK GOLF COURSE



**Otter Creek Golf Course • 4100 NE Otter Creek Drive • Ankeny, IA
515-965-6464 • Weather Hotline: 515-963-3575 • www.ottercreekankeny.com**

Otter Creek Golf Course is one of Iowa's premier golf facilities. The Paul Miller design is certain to appeal to players of all levels, with multiple sets of tees, low growing bluegrass fairways and smooth fast greens. The golf course plays to a par of 71 from the back tees and features 47 bunkers, 17 ponds and an abundance of tall grasses and mounds. This beautiful setting is the perfect backdrop for a fun and relaxing day of golf with friends and family. Otter Creek also features the Tin Cup Bar & Grille, a full-service restaurant; The Pinnacle Club banquet facilities; a double-ended driving range and professional golf pro shop. To set up a tee time or for more information visit www.ottercreekankeny.com or call 515-965-6464.

TIN CUP BAR AND GRILLE

**Open daily from 11 a.m. – 8 p.m. through
Oct. 31.**

Join us for lunch or dinner at the Tin Cup Bar & Grille, Otter Creek's full-service restaurant. Enjoy the great food, fantastic views of the course or catch a sporting event on one of several big screens. The Tin Cup features American fare such as burgers, sandwiches and pizza. Ask about our weekly specials!

THE PINNACLE CLUB AT OTTER CREEK

The Pinnacle Club is a great place to have a:

- Wedding reception • Business meeting
- Graduation party • Family reunion

Check out The Pinnacle Club at Otter Creek. We can accommodate any group from 10 to 250 and offer you and your guests a unique experience. For additional information contact Food & Beverage Manager Katie Thielman at 515-965-6466 or kthielman@ankenyiowa.gov.

Now booking 2018 events!

OTTER CREEK GOLF COURSE

2017 RATES

Weekdays, Monday – Thursday	GREEN FEE	RATE WITH CART
18 Holes	\$28	\$44
9 Holes	\$19	\$31
Senior/Junior 18 Holes	\$22	\$38
Senior/Junior 9 Holes	\$19	\$31
Weekends, Friday – Sunday	GREEN FEE	RATE WITH CART
18 Holes	\$38	\$54
9 Holes	\$24	\$36
Senior/Junior 18 Holes	\$32	\$48
Senior/Junior 9 Holes	\$24	\$36

FALL TWILIGHT SPECIAL

Monday – Thursday

1 – 3 p.m., \$38 for 18 holes with a cart; After 3 p.m., \$34 for 18 holes with a cart

Friday – Sunday

1 – 3 p.m., \$46 for 18 holes with a cart; After 3 p.m., \$41 for 18 holes with a cart

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CITY PARKS & FACILITIES

For more information about facility rentals or to make a reservation, call the Parks & Recreation office at 515-963-3570 or visit www.ankenyiowa.gov/register.

CITY PARKS & FACILITIES

	Open Space	Picnic Tables	Picnic Shelter	Playground Equip.	Walking/Biking Trails	Benches	Grill
Ankeny Dog Park • SW Ankeny Rd. & SW Goodwin St.	X				X	X	
Ashland Meadows Park • NW Park Meadows Dr. & NW 22nd St.	X				X		
Boulder Brook Park • 3333 NW Boulder Point Pl.	X	X	X	X	X		
Briarwood Park • NE Oak St. & NE 28th St.	X	X	X	X	X	X	
Carney Marsh Nature Preserve • 580 SE 54th St.					X	X	
Cascade Falls Aquatic Center • 2350 SW Prairie Trail Pkwy.	X	X					
Cherry Glen Greenway • NW Cherry Glen Dr.	X				X		
Crestbruck Park • NE 9th St. & NE Crestmoor Pl	X	X	X	X	X	X	X
Dean Park • SW 19th St. & SW College Ave.	X	X	X	X	X	X	X
Diamond Hills Greenbelt • NW Polk City Dr. & NW Applewood St.	X				X		
Estates Park • SW Cascade Falls Dr. & SW Prairie Trail Pkwy.	X			X	X	X	
Georgetown Park • NW Georgetown Blvd. & NW Ash St.	X	X	X	X	X	X	
Glenbrooke Park • 2803 SW Glenbrooke Dr.	X	X	X	X	X	X	X
Greentree Park • 1914 NW Hickory Lane	X	X	X	X	X	X	X
Haubert Park • 914 SW 3rd St.	X	X	X	X	X	X	X
Hawkeye Park • 400 NW Lakeshore Dr.	X	X	X	X	X	X	X
Heritage Park • 300 NE Frisk Dr.	X	X	X			X	X
Hillside Park • 1925 SE Four Mile Dr.	X	X	X	X	X	X	X
Horizon Park • NW State St. & NW Prairie Ridge Dr.	X	X	X		X		
Michael Park • NE 7th St. & NE Wanda Dr.	X	X	X	X	X	X	X
Miracle Park • 300 NW School St.		X	X	X	X	X	
Northcreek Park • NW 13th & Irvinedale Dr.	X	X	X	X	X	X	X

CITY PARKS & FACILITIES

Parking Lot	Restroom	Port-A-Potty	Drinking Fountain	Lights	Pond	Horseshoe Pits	Soccer Fields	Basketball Court	Volleyball Court	Backstop	Tennis Court	Shuffleboard Court	Softball Fields	Baseball Fields	Snow Sledding	Ice Fishing
X		X	X		X											
		X						X								
X					X											X
X	X		X	X												
					X											X
X		X	X					X								
			X					X								
X		X	X		X			X								X
X	X		X	X				X								
X		X	X							X	X	X				
								X								
X	X	X	X	X	X				X		X		X	X		X
X		X														
		X	X		X											X
					X											X
			X													
X	X		X	X										X		
X		X	X				X								X	

CITY PARKS & FACILITIES

For more information about facility rentals or to make a reservation, call the Parks & Recreation office at 515-963-3570 or visit www.ankenyiowa.gov/register.

CITY PARKS & FACILITIES

	Open Space	Picnic Tables	Picnic Shelter	Playground Equip.	Walking/Biking Trails	Benches	Grill
Offer Creek Park • NE 36th St. & NE Delaware Ave.	X	X	X	X	X	X	X
Offer Ridge Greenbelt • Offer Ridge Cr.	X						
Outdoor Education Center • 610 NE 36th St.	X	X	X		X		X
Prairie Ridge Aquatic Center • 1220 NW Prairie Ridge Dr.	X	X	X		X		X
Prairie Ridge Skate Park • 1400 NW Prairie Ridge Dr.			X			X	
Prairie Ridge Sports Complex • 1510 NW Ash Dr.	X	X	X	X	X	X	
Precedence Park • SW Vintage Pkwy. & SW Prairie Trail	X	X	X		X	X	
Promenade Park • 1500 SW Prairie Trail Pkwy.	X				X	X	
Renaissance Park • NE 36th St. & NE Delaware Ave.	X				X		
Sawgrass Park • SW Sawgrass Pkwy.	X	X	X	X	X	X	X
Somersby Park • SW Springwood Dr. & SW Goodwin	X	X	X	X	X		
Springwood Park • SE Peachtree Dr. & SE 30th St.	X			X	X	X	
Summerbrook Park • SE Delaware Ave. & SE 8th St.	X	X	X	X	X	X	X
Sunrise Park • 506 SE Peterson Dr.	X	X	X	X	X	X	X
Sunset Park • 1320 SW 3rd St.	X	X	X	X	X	X	X
Village Park • NW 4th St. & NW Cameo Lane	X	X	X	X	X	X	X
Vintage Park • SW Vintage Pkwy. & SW State St.	X				X		
Wagner Park • 410 W 1st St.	X				X	X	
Watercrest Park • NW 5th St. & NW Jackson Dr.	X	X	X	X	X	X	
Westside Park • 599 SW State St.		X		X	X	X	
Westwinds Park • SW Irvinedale Dr. & SW Woodland Dr.	X	X	X	X	X	X	X
White Birch Park • SW 35th St. & SW White Birch Cr.	X			X	X	X	

CITY PARKS & FACILITIES

Parking Lot	Restroom	Port-A-Potty	Drinking Fountain	Lights	Pond	Horseshoe Pits	Soccer Fields	Basketball Court	Volleyball Court	Backstop	Tennis Court	Shuffleboard Court	Softball Fields	Baseball Fields	Snow Sledding	Ice Fishing
X	X		X	X						X						
X	X															
X	X	X	X	X	X											X
X		X	X		X											X
X	X	X	X	X	X		X				X		X	X		X
X					X											X
X					X											X
X		X	X		X											X
X		X	X				X	X								
					X											X
X		X	X					X							X	
X		X	X	X		X		X		X						
X	X	X	X	X				X		X						
				X												
					X											X
X			X	X												
X		X						X								
					X											X
X		X	X					X								

CITY PARKS & FACILITIES

PARK SHELTERS*

Park shelters are available for private rental at the following parks:

- Dean • Hawkeye • Heritage • Hillside • Northcreek • Otter Creek
- Sawgrass • Summerfest • Sunset • Sunrise

If the park is not listed, the shelter can be used at no charge on a first-come, first-serve basis.

Non-Ankeny residents will be charged an additional fee to reserve a shelter. Reservations can only be made a maximum of six months in advance and cannot be made within 72 hours of the reservation date. Shelters can only be reserved from April 7 – Oct. 7.

Availability, amenities, rental fees and reservations can be easily made:

- Online at www.ankenyiowa.gov/register
- In person at the Parks & Recreation Office, 220 W First St., Monday - Friday, 8 a.m. – 5 p.m.

ANKENY SKATE PARK

1400 NW Prairie Ridge Drive

The Ankeny Skate Park features more than 9,000 square feet of concrete with elements that attract skateboarders of all ages and skill levels. The park consists of a 15-foot diameter bowl with 6-foot walls, 6-foot and 3-foot quarter pipes, grinding rails, 4-foot pyramid, fun box, ramp, stairs, roll-in areas, shelter and benches.

LAKESIDE CENTER

Hawkeye Park, 400 NW Lakeshore Drive

This 3500-square-foot building has tables and chairs for up to 250 people with a full kitchen. The facility is perfect for receptions, parties or business meetings. Reservations are taken up to one year in advance.

OUTDOOR EDUCATION CENTER

610 NE 36th St.

The Outdoor Education Center is available for rent and has a capacity of 50 people. The building has tables and chairs and a small kitchen. Reservations are taken up to one year in advance.

ANKENY BANDSHELL

Wagner Park, 410 W First St.

The Ankeny Bandshell can be rented on a first-come, first-serve reservation basis. The Bandshell is an excellent place for small or large events. Rentals are for a full-day only.

PRAIRIE RIDGE SPORTS COMPLEX*

1510 NW Ash Drive

The Prairie Ridge Sports Complex, a 124-acre facility, consists of sports fields for football, baseball, softball and soccer. For rental information, call the PRSC complex office at 515-963-3577.

DISC GOLF COURSE*

Heritage Park, 300 NE Frisk Drive

The disc golf course features an 18-hole course with Mach 3 baskets and tees with cement pads with signs. The course consists of gradual hills, many trees, and minimal water hazards with a mix of tight and open holes.

*Maps of all of the City's parks, Prairie Ridge Sports Complex and the Disc Golf Course are available on the City's website at www.ankenyiowa.gov.

CITY PARKS & FACILITIES



TENNIS COURTS

Public tennis courts are available on a first-come, first-served basis at the following parks:

Hawkeye Park, 400 NW Lakeshore Dr.
6 lighted courts

Greentree Park, 1914 NW Hickory Ln.
2 courts

Prairie Ridge Sports Complex, 1510 NW Ash Dr.
16 courts

ANKENY DOG PARK 1155 SW Ankeny Rd.

The Ankeny Dog Park is a 7.5-acre park that allows dogs of all sizes to run freely in an entirely fenced in area. The Dog Park features a half acre pond, separate small and large dog areas, and open green space for dogs to run. A Dog Park Pass is required to visit this park. Day passes and annual passes are available at City Hall, Parks & Recreation Office and at both Ankeny Hy-Vee locations. All residents must have their dog licensed with the City (\$10 per animal) and have a current rabies vaccination certification in order to obtain the Dog Park

Pass. Dog Park passes are \$25 and are valid for one calendar year. Daily pass is \$5. Nonresidents may purchase a pass for \$35.

REGIONAL TRAIL MAPS AVAILABLE

Des Moines area trail maps with local and regional trail systems are available free at the Parks & Recreation Office. The map was developed by the Greater Des Moines Bicycle Collective working with area cities. More Iowa trail maps can be downloaded at www.dsmbike-collective.org.

MEMORIAL & TRIBUTE PROGRAM

Give a gift in honor or in memory of a loved one that will last a lifetime through the Memorial & Tribute Program. You can beautify the community through the donation of a bench, tree or picnic table in your loved ones' name. All gifts are tax-deductible. Call Recreation Superintendent Ryan Penning at 515-963- 3574 for additional information.

OUTDOOR WINTER FUN

Residents are encouraged to use City parks during the winter months. Please adhere to ice safety guidelines and protect yourself from cold weather.

PUBLIC ICE SKATING

Ice skating is available at the retention pond located west of Cascade Falls Aquatic Center at the corner of SW Cascade Falls Drive & SW 18th St. Ice thickness will be rated on a regular basis and skaters should look for the green flag for safe skating conditions. If the ice is determined to be unsafe to skate, a red flag will be flying.

ICE FISHING

Ice fishing is allowed on all public ponds and all fishing regulations must be obeyed. A fishing license is required for everyone age 16 and older. A list of fishing holes can be found at www.ankenyiowa.gov/fishing.

AQUATICS

Cascade Falls Aquatic Center will be open from noon – 7 p.m. weekends only, Aug. 23 through Labor Day, Sept. 4.




2018 Aquatic Center Season Passes Make Great Holiday Gifts!

Season passes for Cascade Falls and Prairie Ridge aquatic centers go on sale Dec. 1 for the 2018 summer season. Season passes can be used at both aquatic centers and can be purchased for families or individuals. Ankeny residents can save 10 percent by purchasing a season pass from Dec. 1, 2017 – Feb. 28, 2018. Passes must be purchased at the Parks & Recreation office, 220 W First St.

POOCH PADDLE DOG SWIM

The Pooch Paddle is a special day for dogs to swim, wade and just have a dog-gone good time in the pool. Dogs under 15" at the shoulder will be allowed from 6-7 p.m.; dogs 15" and over at the shoulder will be allowed from 7-8 p.m.

Day	Date	Time	Cost
Th	8/24	6-8 p.m.	\$5

Location: *Prairie Ridge Aquatic Center*



MAYOR'S YOUTH COUNCIL BACK-TO-SCHOOL SWIM

8th-12th Grade

The Ankeny Mayor's Youth Council is hosting its 3rd annual swim for middle and high school students in Ankeny. No registration is required. *There is no cost to attend for students with Ankeny student ID or proof of residency.

Day	Date	Time	Cost
S	8/26	7:15-9:15 p.m.	Free*

Location: *Cascade Falls Aquatic Center*



HOLIDAY EVENTS & SPECIAL PROGRAMS

2017-2018 Public Gym Reservation Program

Ankeny Parks & Recreation, in cooperation with the Ankeny Community School District, will be taking reservations for public gym usage. Gym space is available on weeknights after 6 p.m. and on weekends. This service is available for persons living in the Ankeny Community School District only. Each team/group will be allowed only one representative for making reservations. When attempting to reserve gym times, leave your daytime phone number(s).

To participate in the lottery, go to www.ankenyiowa.gov/register to sign the contract and pay a \$50 deposit for each team scheduled. If you schedule times during both lottery periods, a \$50 deposit is required for each team, in each lottery. For more information, contact Recreation Supervisor Ryan Harkema at 515-963-3571 or rharkema@ankenyiowa.gov.

Hourly Gymnasium Fee: \$20 - \$40

Lottery I

SEPT. 1 – DEC. 31

Register by Aug. 9

Drawing Aug. 14

Scheduling begins after Aug. 14

(after all City programs are scheduled)

Lottery II

JAN. 2 – APRIL 30, 2018

Register by Dec. 6

Drawing Dec. 11

Scheduling begins after Dec. 11

(after all City programs are scheduled)

AMERICAN RED CROSS ADULT AND PEDIATRIC FIRST AID/ CPR/AED TRAINING

9 Years Old +

This American Red Cross Course will prepare you to recognize and care for a variety of first aid, breathing and cardiac emergencies involving adults, children and infants while meeting OSHA/workplace requirements. Registrants will receive online instructions for accessing the simulation learning training once registration closes.

Day	Date	Time	Cost
S	11/4, 2/3	9-11 a.m.	\$68

Location: Parks & Recreation Office





After the park and the game, come to
The District at Prairie Trail to
dine, sip, shop and play!



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HOLIDAY EVENTS & SPECIAL PROGRAMS

MAYOR'S TREE LIGHTING

Kick off the Holidays with the 3rd Annual Mayor's Tree Lighting event. Start a new tradition at this event where all ages will enjoy festive entertainment, holiday crafts, a visit from Santa, hot cocoa and more! FREE!

Day	Date	Time	Cost
F	12/1	6-7 p.m.	Free

Location: Ankeny Market & Pavilion

CREEPY CAPERS

2-7 Years Old

Animals, creatures, superheroes, princesses and more are all invited to this Halloween Party! Participants will play games, collect goodies, decorate cookies and roast marshmallows. Pre-registration is required.

Day	Date	Time	Cost
Th	10/26	6-7:30 p.m.	\$7

Location: Lakeside Center

LETTERS TO SANTA

3-6 Years Old

Have your child fill out our 'Letter to Santa' form and receive a personalized letter back from Santa along with a certificate for being on the nice list! Forms will be available at the Parks & Recreation Office or online at www.ankenyiowa.gov beginning Nov.1. Letters must be turned in by Dec.6. Ankeny residents only, please.

HOLIDAY SIGN PAINTING

12 Years Old +

Create your own 12"x14" wooden sign with Three Blue Designs! Choose from more than 50 designs. All materials and instructions are included.

Day	Date	Time	Cost
F	12/8	6-9 p.m.	\$30

Location: Outdoor Education Center



HOLIDAY CRAFTS & COCOA

K-5th Grade

Join us for a night jam packed with crafts, cocoa and fun! Pre-registration is required.

Day	Date	Time	Cost
T	12/12	multiple times available	\$15

Location: Lakeside Center

FATHER/DAUGHTER VALENTINE'S DANCE

1st-5th Grade

Opportunity for fathers, grandfathers or father figures to take their daughters or granddaughters out for an evening of fun and dancing.

Dates	Time	Cost
1/26, 1/27, 2/2 & 2/3	multiple times available	\$35/couple \$20 add'l daughter*

*Must register in person to receive this discount

Location: Pinnacle Club at Otter Creek Golf Course

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Retail Store
at

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515-964-3555

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(515) 421-4021

Opening September 5th
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(next to Palmers Deli)

Daily and weekly programs
including fitness, music/movement,
tumbling, sports and more!

EVERYBODY DESERVES TO PLAY





Volunteer Coaches Needed

Youth Sports would not be possible without the help of willing parents/adults each year. Coaching a youth sport is a rewarding way to give back to the community while connecting with your child. No coaching or sports experience is necessary. We will give you the tools to be a successful coach!

Those who volunteer as head coach for larger sports (soccer, volleyball and basketball, excluding tot sports) will receive a 50 percent off registration credit that can be applied toward any future Parks & Recreation Program. This credit will be good for up to one year.



TINY TOT INDOOR SOCCER*

4 Years Old-Kindergarten

This program will emphasize socialization, fun and good sportsmanship.

Day	Date	Time	Cost
S	9/16-10/21	varies	\$29

Location: Ankeny School Gyms

Deadline: 8/23

Program Sponsor: Hy-Vee

HyVee

ITTY BITTY INDOOR SOCCER*

3 Years Old

This program will provide a basic introduction to soccer with an emphasis on socialization, fun and good sportsmanship.

Day	Date	Time	Cost
S	11/4-12/9	varies	\$29

Location: Ankeny School Gyms

Deadline: 10/9

***Volunteer coaches needed for these teams!**

YOUTH SPORTS



PARENT/CHILD VOLLEYBALL BASICS

Kindergarten-3rd Grade

This four-week parent/child volleyball basics program is hosted by coaches from both Ankeny and Ankeny Centennial High Schools.

Day	Date	Time	Cost
Su	9/10-10/1	multiple times available	\$26

Location: Prairie Ridge Middle School

YOUTH VOLLEYBALL LEAGUE*

4th-7th Grade

Teams will practice twice a week, one week-day and one Sunday practice. Participants will also learn to officiate, line judge and keep score. League shirts \$10. Coaches' Clinic Aug. 31, 6:15-8 p.m., Prairie Trail Elementary.

Day	Date	Cost
Varies S	practices week of 9/4 games 9/16 - 10/21	\$48

Location: Ankeny School Gyms

Deadline: 8/9

YOUTH VOLLEYBALL CLINIC

3rd-4th Grade

Ankeny Centennial High School Volleyball coach Jessica Rinehart will lead this clinic focused on serving, passing, bumping and setting drills.

Day	Date	Time	Cost
M-Th	3/19-3/22	multiple times available	\$27

Location: TBD

YOUTH VOLLEYBALL
SKILLS & SCRAMBLE

5th-8th Grade

Ankeny High School Volleyball coach Joe Morton will lead this spring break camp to sharpen both your skills and your competitive spirit.

Day	Date	Time	Cost
M-Th	3/12-3/15	multiple times available	\$30

*Volunteer coaches needed for these teams!

YOUTH BASKETBALL LEAGUE

5th-7th Grade

Games are played on Saturdays and team practices are held twice per week. League shirts \$10.

Day	Date	Cost
Varies	practices week of 10/22 games 11/4-1/27	\$71

Location: Ankeny School Gyms
Deadline: 10/2

YOUTH BASKETBALL LEAGUE

2nd-4th Grade

Games are played on Saturdays and team practices are held once per week. League shirts \$10.

Day	Date	Cost
Varies	practices week of 11/27 games 1/6-2/24	\$50

Location: Ankeny School Gyms
Deadline: 11/6

LITTLE DUNKERS BASKETBALL

4 Years Old-1st Grade

Participants will meet on Saturdays for one hour where each team will work on skills and drills for the first 15 minutes and scrimmage for the rest of the hour.

Day	Date	Time	Cost
S	1/6-2/10	varies	\$29

Location: Ankeny School Gyms
Deadline: 12/4

HOOP-STAR'S WINTER BREAK BASKETBALL CAMP

2nd-7th Grade

This two-day clinic will incorporate skills and drills along with team and individual competition. Instruction provided by Faith College players and coaches.

Day	Date	Time	Cost
W-Th	12/27-12/28	multiple times available	\$45

Location: Faith Baptist College



YOUTH SPORTS



YOUTH RUGBY CAMP

3rd-8th Grade

This JrRugby camp keeps participants moving, combining drills and competitions to develop hand-eye coordination, spacial awareness and strategy skills while promoting positive interactions with fellow campers.

Day	Date	Time	Cost
M	9/18-10/2	5:30-6:30 p.m.	\$36

Location: Band Shell at Wagner Park

START SMART LACROSSE
PARENT/CHILD PROGRAM

5-7 Years Old + Parent

Start Smart Lacrosse is a developmentally appropriate introductory lacrosse program. Kids will learn shooting, passing, catching, cradling, stick handling, running and agility skills.

Day	Date	Time	Cost
Su	1/7-2/11	multiple times available	\$29

Location: Ankeny School Gym

TOT – TEAMS OF TOMORROW

Preschool-Kindergarten

This creative ball handling and dribbling program uses music, academic enrichment and basketballs to improve physical and mental growth.

Day	Date	Cost
W	multiple sessions and times available	varies



SUPER CIRCUIT

5-18 Years Old

Boys and girls in wheelchairs, walkers and other assistive equipment are welcome to this program that emphasizes socialization. A parent or guardian must be present for their child to participate and are encouraged to assist their child as needed.

Day	Date	Time	Cost
S	9/10-10/15	3-4 p.m.	\$19

Program Sponsor: Ankeny Kiwanis

ADAPTED SOCCER

5-18 Years Old

Soccer will be adapted to meet the needs of our participants. All abilities are encouraged to participate, included push and power soccer! Program will include 30 minutes of drill and station work, followed by 30 minutes of a timed and scored game. Participants will be placed onto teams based on age and ability.



Day	Date	Time	Cost
S	9/30-10/21	9-10 a.m.	\$45*

**Free to CLS Members*

Location: Ankeny Courage League

ADAPTED BASKETBALL

5-18 Years Old

Basketball will run for four weeks and include 30 minutes of drill and station work, followed by 30 minutes of a timed and scored game. Participants will be placed onto teams based on age and ability.

Day	Date	Time	Cost
S	1/13-2/3	9-10 a.m.	\$45*

**Free to CLS Members*

Location: Ankeny Courage League



YOUTH RECREATION

CAMPING 101 – NEW!

Learn the basics of camping with experienced outdoor leaders! Arrive at Jester Park on Friday night to learn how to set-up camp, cook a meal on camp stoves and enjoy a bonfire. Enjoy breakfast and learn about 'Leave No Trace Outdoor Ethics' the next morning followed by a group hike. Fee includes camp site, all food and drink, staff to lead activities and teach skills. Participants must provide their own tent, sleeping bag and transportation to Jester Park. Trip run by Pingora Outdoors.

Day	Date	Cost
F-S	9/23-9/24	Adult: \$80/person Child: \$40/person*

**Children must be accompanied by an adult.*

SNOW DAY SKI TRIP

3rd-7th Grade

Spend your no school day skiing, snowboarding and tubing at Seven Oaks in Boone! Trip includes equipment rental, lessons, lunch and bus transportation.

Day	Date	Time	Cost
M	1/15	9:30 a.m.-4 p.m.	Ski/Tube: \$54 Snowboard/Tube: \$62

Location: Meet at Lakeside Center

MOTHER vs. SON SPORTS NIGHT

1st-5th Grade

Mother and son teams will battle each other in a number of sports activities including basketball, soccer, football, obstacle course, cup stacking and more!

Day	Date	Time	Cost
F/S	2/9, 2/10	multiple times available	\$25/couple, \$15 add'l son

Location: TBD

PARKOUR

6-18 Years Old

Parkour is a training discipline using movement that developed from military obstacle course training. Practitioners aim to get from one point to another in a complex environment, in the fastest and most efficient way possible without assistive equipment.

Day	Date	Time	Cost
F	8/18-9/22 9/29-11/3	4 & 5 p.m. sessions 4 & 5 p.m. sessions	\$60

Location: Hawkeye Park

START SMART PARENT/CHILD PROGRAM

3 Years Old

The Start Smart Sports Development Program is a proven instructional program that prepares young children for the world of organized sports without the threat of competition or the fear of getting hurt.

Day	Date	Time	Cost
Su	9/10-10/15 1/14-2/18	1-2 p.m.	\$30

Location: East Elementary

MARCH MADNESS

2nd-6th Grade

Enjoy contests, games and prizes including a dribble derby, free-throw contest, relays and more. Lunch will be provided.

Day	Date	Time	Cost
Th	3/15	11:30 a.m.-4 p.m.	\$16

Location: Prairie Ridge Middle School



ALL-DAY ATHLETE LOCK-IN

2nd-5th Grade

Participants will work on fundamentals in basketball, volleyball, football, soccer and dodgeball. Athletes will finish the day by watching a selected sports movie on our large movie screen. Lunch is provided.

Day	Date	Time	Cost
M	10/9, 1/15, 3/13	9 a.m.-4 p.m.	\$32

Location: East Elementary

BATON: TWIRL, TOSS & CATCH

5-13 Years Old

Students will learn basic vocabulary, hand spins, wrist twirls, marching techniques and more. Each student must bring their own baton and wear tennis shoes to practice. If you have any questions, contact Shelley at msshelley@gotbaton.com.

Day	Date	Time	Cost
Su	9/10-10/15	multiple times available	\$41

Location: Northwest Elementary

FRIDAY FUN NIGHTS

1st-5th Grade

Drop the kids off with Ankeny Parks & Recreation! Games, arts & crafts, sports, movies, and more. Pizza provided.

Day	Date	Time	Cost
F	1/12, 2/16	6:15-9:15 p.m.	\$17

Location: TBD

BABYSITTING BASICS

5th & 6th Grade

Becoming a better sitter, changing diapers, basic first aid and fire prevention are just a few of the things covered. A pizza lunch and snack is included.

Day	Date	Time	Cost
Varies	12/27, 2/19, 3/16	9 a.m.-2 p.m.	\$45

Location: Parks & Recreation Office

YOUTH RECREATION



TUMBLE TOTS

3-5 Years Old

Participants will work on balance, flexibility and hand-eye coordination during this intro to tumbling class.

Day	Date	Time	Cost
T	S1: 9/19-10/24	multiple times available	\$30
T	S2: 1/9-2/13		
Th	S3: 1/11-2/5		

Location: Lakeside Center

TWINKLE TOES

3-5 Years Old

Participants will learn basic ballet skills and end the class with a recital song for parents.

Day	Date	Time	Cost
W	S1: 9/6-10/11	multiple times available	\$25
	S2: 1/10-2/14		\$30

Location: Lakeside Center

MADE TO MOVE-NEW!

3-5 Years Old

Children will sing and dance their way through a variety of movement styles including hip-hop, kickboxing, imagination movement and yoga.

Day	Date	Time	Cost
M	S1: 9/18-10/23	multiple times/ age groups	\$30
	S2: 1/22-2/26		

Location: Lakeside Center

BOPPIN' TOTS PARENT/CHILD PROGRAM

18 Months-3 Years Old

Activities will include developmentally appropriate activities exploring movement and music.

Day	Date	Time	Cost
M	S1: 9/18-10/23	multiple times available	\$30
	S2: 1/22-2/26		

Location: Lakeside Center

YOUTH RECREATION



LITTLE CHEFS

5-10 Years Old

Kids will learn basic kitchen and cooking skills they are sure to use at home. Great for adventurous kids who are willing to try new foods and recipes!

Day	Date	Time	Cost
T	S1: 10/18-11/8 S2: 1/3-1/24	multiple times available	\$45

Location: Prairie Trail Hy-Vee

LITTLE ARTISTS

4-7 Years Old

This introductory art class will allow children to explore a variety of mediums.

Day	Date	Time	Cost
M	1/8-2/12	multiple times available	\$30

Location: Outdoor Education Center

MAGICAMP

7-15 Years Old

Participants will learn to entertain and amaze friends, family and classmates in this two day camp with professional magician Lee Cole. All magic materials are provided.

Day	Date	Time	Cost
W/F	12/27 & 12/29	9-11:45 a.m.	\$45
M/W	3/12 & 3/14		

Location: Lakeside Center

MARTIAL ARTS

Ankeny Parks & Recreation has partnered with the Academy of Martial Arts Inc. to teach martial arts to youth, adults and families. Classes focus on self-discipline, confidence, stress relief, exercise and self-defense.

Lil' Warriors

4-6 Years Old

Lil' Warriors is a detailed class that teaches child safety, confidence, balance & strength, dexterity, respect, fun and friendship through martial arts. Uniforms may be purchased or ordered the first week of class but are not required to participate.

Day	Date	Time	Cost
T/Th	multiple sessions	5:30-6 p.m.	\$50

Location: Outdoor Education Center

Tae Kwon Do

6 Years Old +

A modern Korean martial art that offers self-defense training, physical exercise and artistic expression. All belts welcome. Promotion exams offered every eight weeks. Multiple family member reduced rates if registering in person.

Day	Date	Time	Cost
T/Th	multiple sessions	6-6:45 p.m.	\$80

Location: Outdoor Education Center

CARTOONING WORKSHOP

All ages

Learn to draw cartoon skeletons, action poses, faces, hands, settings and more with professional artist Gene Hamilton through interactive drawing games and activities.

Day	Date	Time	Cost
M	1/29-2/19	5:30-6:30 p.m.	\$40

Location: Parks & Recreation Office

FAMILY RECREATION



MINNESOTA VIKINGS ROAD TRIP

All Ages

We're heading to US Bank Stadium to see the Minnesota Vikings take on the Green Bay Packers. Fee includes transportation, parking and ticket to the game. Children must be accompanied by an adult. Registration begins Sept. 1.

Day	Date	Time	Cost
Su	10/15	6 a.m.-8 p.m.	\$150

YOGA IN THE PARK

Presented by



UnityPoint Clinic

Enjoy a free hour of yoga with professional instructors. All ages and levels welcome.

Day	Date	Time	Cost
S	8/13-9/30	8-9 a.m.	FREE

Location: Wagner Park

YOGA

18 Years Old +

Set the tone for a beautiful and creative day. We'll practice outside as Mother Nature allows, utilizing the Outdoor Education Center as needed.

Day	Date	Time	Cost
M-Th	multiple sessions	6-7 a.m.	\$50
Location: Outdoor Education Center			



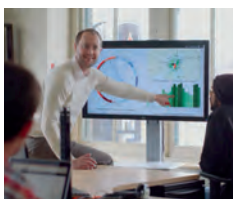


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ADULT SPORTS



Individual Adult Sports
Registration

18+
Love softball, volleyball, kickball or basketball but don't have a team to play on? Email lreab@ankenyiowa.gov to be placed on an individual list. We will share this list with league team managers to try to match up players with teams or create additional teams provided there are enough interested parties. We can't guarantee you will be placed on a team, but past response has been positive.

Nonresident Fees

A fee is charged to all nonresidents of Ankeny who wish to participate in Parks & Recreation adult sport leagues. This \$10 fee is per league, per season. Rosters and residency will be verified.

Adult Dodgeball

Teams will have one match, totaling seven games within their time limit. Teams will consist of at least three men and three women with a limit of 12 per roster.

Day	Date	Time	Cost
W	1/3-2/21	6:15-10 p.m.	\$173
Location: Crocker Elementary			

Men's Basketball League

This adult men's league will play a 10 game regular season.

Day	Date	Time	Cost
Su	Starts 12/3	TBD	\$381
Location: Ankeny School Gyms			

ADULT SPORTS

Mad Hatters Volleyball

This social event is hosted by the Ankeny Volleyball Association. Teams will be determined by drawing numbers out of a hat every half-hour. Space is limited to four courts.

Day	Date	Time	Cost
W/Th	12/27&12/28	7-9:30 p.m.	\$11

Location: Prairie Ridge Middle School

6 X 6 Volleyball Leagues

Leagues offered: Coed A Sunday, Coed B Sunday, Women's A Monday, Women's B Monday, Coed B Tuesday, Coed A Wednesday and Coed A Thursday.

Date	Time	Cost
Starts week of 9/10	TBD	\$212
Starts week of 1/7		

Location: Ankeny School Gymnasiums

Pickleball

This weekly drop-in program is played on a badminton court and combines the skills of table tennis, tennis and badminton.

Day	Date	Time	Cost
Su	9/10-3/25	1-3 p.m.	\$3

Location: Parkview Middle School



ACTIVE OLDER ADULTS



SENIOR MEALS

60+

Each month Ankeny Parks & Recreation caters a meal for Ankeny seniors. Guests are invited to stay for Bingo after each lunch. Pre-registration is required.

To register, stop by the Parks & Recreation Office – 220 W First Street. Once registered, if you are no longer able to attend, please call 515-963-3570 to cancel. Cancellations must be received by the Friday before the event in order to receive a credit on your account.

Day	Date	Time	Cost
T	10/10, 11/7	Noon	\$3
	12/12, 1/9, 2/13, 3/13		

Location: Lakeside Center

BOCCE BALL

Bocce ball is a mixture of lawn bowling, skee-ball and shuffleboard. Come as an individual or group to socialize and play.

Day	Date	Time	Cost
T	9/5-9/26	8:30 a.m.	FREE

Location: Hawkeye Park, Field #3



Senior Trips & Activities

Parks & Recreation plans several day and overnight trips. Pre-registration with payment in required. There is a minimum number of registrations required for each trip. Registration deadlines are also cancellation deadlines. Reservations can be made online at www.ankenyiowa.gov/register, mail or in person at the Parks & Recreation Office.

ACTIVE OLDER ADULTS

EXPLORE MADISON COUNTY DAY TRIP

A step-on tour guide will share the history and stories of the famous covered bridges, we'll visit the Madison County Historical Society and stop at Iowa's only hard apple cidery! Fee includes bus transportation, guided tour, all admissions and lunch. Need minimum of 20 participants for the trip.

Day	Date	Time	Cost
T	9/19	7 a.m.-5 p.m.	\$90

Deadline: Aug. 28

CHRISTMAS IN GREENFIELD

This Holiday themed trip will include visiting the 'Freedom Rock', shopping in the Town Square, lunch at Hotel Greenfield, dessert at Warren Cultural Centers 'Tour of Trees' and a visit to the Iowa Aviation Museum. Fee includes all admissions and entertainment, lunch, bus transportation and gratuities.

Day	Date	Time	Cost
T	12/5	7 a.m.-5 p.m.	\$96

Deadline: Nov. 5

Trip run by: Inbound Iowa

ACCUMOLD TOUR

Accumold, founded in an Ankeny garage in 1985 by two tool makers who came up with a trade secret way of molding plastic resin into micro sized components, has grown to a 150,000-square-foot facility. On this 1.5 hour walking tour, participants will explore the Accumold warehouse facility and talk with management and employees. Pre-registration is required.

Day	Date	Time	Cost
Th	9/14	9 a.m.	FREE

Location: Accumold



MESKWAKI CASINO

Feeling lucky? Fee includes transportation via City van only. Any food or gambling expenses are additional. Trip is limited to 12 participants.

Day	Date	Time	Cost
W	10/18	10 a.m.-3 p.m.	\$10

CHRISTMAS SHOPPING

Let us do the driving! Explore Jordan Creek Mall and get your Christmas shopping done early. Fee includes transportation via City van only.

Day	Date	Time	Cost
W	12/6	10 a.m.-2 p.m.	\$6

PROGRAM REGISTRATION

Registration is now open and available online at www.ankenyiowa.gov/register or walk-in. Payment is due at the time of registration. Some classes have limited availability or a minimum number of participants may be required.



ONLINE

www.ankenyiowa.gov/register



WALK-IN

220 W. First St., Ankeny

Office Hours are 8 a.m. – 5 p.m.



Ankeny

Parks & Recreation

Cancellation/
Weather Hotline

(515) 963-3575



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1810 SW White Birch Circle
Suite 111
(515) 964-6974

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909 SW Oralabor Rd.
(515) 963-4400

Urgent Care Ankeny Medical Park

3625 N. Ankeny Blvd.
Suite E
(515) 965-4664

Internal Medicine Prairie Trail

2515 SW State St.
Suite 100
(515) 964-6929

Physical Therapy Ankeny Medical Park

3625 N. Ankeny Blvd., Suite C
(515) 965-4660

OB/GYN - Ankeny

905 SW Oralabor Rd.
(515) 965-0300

Physical Therapy Trail Point

2006 S. Ankeny Blvd.,
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