



43RD PHYSICIAN ASSISTANT ACADEMY OF VERMONT ANNUAL WINTER CME CONFERENCE

FEBRUARY 5 - FEBRUARY 8, 2026 • STOWEFLAKE MOUNTAIN RESORT & SPA • STOWE, VT



REGISTRATION BROCHURE



43RD PHYSICIAN ASSISTANT ACADEMY OF VERMONT ANNUAL WINTER CME CONFERENCE

FEBRUARY 5 - FEBRUARY 8, 2026 • STOWEFLAKE MOUNTAIN RESORT & SPA • STOWE, VT

Dear Colleagues,

Thank you for considering the PAAV 43rd Annual Conference. The committee has worked tirelessly; retaining popular speakers and recruiting the very best in new presenters. George "Bud" Higgins MD returns for 2 talks and an EKG workshop in 2026.

We incorporate attendees' evaluation into a great mix of topics from the novel to salient reviews. We are developing small group workshops, presented by our highest rated faculty, for those who desire additional education during afternoon breaks. Features such as working through cases with GI specialist Rick Davis and sharing psychiatric dilemmas with Psychiatrist Jonathan Burgess. Bud Higgins will walk you through EKG findings not to miss, and Adrian Banning will have you practicing your motivational interviewing skills.

Stoweflake Resort offers a more centrally located option to Stowe's many amenities making it easy to get to town and enjoy all that Stowe has to offer. Shuttle transports to base lodges avoiding the congestion and expense of parking at Stowe Resort. For variety, Sugarbush ski resort is 30-40 minutes south on Route 100!

Stoweflake is undergoing a multi-year renovation, with new public spaces, including the conference rooms. The lobby area is scheduled for renovations prior to the conference to include a bar and hopefully the opening of the on-site restaurant.

We will return to classroom seating offering table and forward view to presenters. PAAV conference guest rooms are currently the largest and best rooms in the house, and not the lower end inventory offered at most conference rates. Unlike most conferences registration includes food and beverage services for breakfasts, coffee breaks, après-ski offerings which are increasing not only your monetary value, but also the networking and vacation experience. Guest passes for food and beverage are offered for sale once again.

Speaking of monetary value, did you notice our some of our prices have dropped. We want to thank our members with an additional discount.

This meeting continues to attract a national interest to this resort destination in prime season, so if you have not joined us in the past, please review the program and discover the unique experience that is the PAAV Annual Winter CME Conference.

We look forward to having you with us in Stowe starting February 5, 2026. [Book your hotel room now!](#)

Sincerely,

Marge Bower
Marge Bower PA-C PAAV CME Chairperson

PAAV CME Committee

Sarah Bushweller
Sarah Bushweller PA-C

Will Hoser
Will Hoser PA-C

Lee Morissette
Lee Morissette, PA-C

Cary J. Stratford
Cary J. Stratford, PA-C



This activity has been reviewed by the AAPA Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 28 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 2/5/2026 to 2/8/2026. AAPA reference number: CME-2012268.

CONFERENCE REGISTRATION

CONFERENCE	BEFORE 1/5	AFTER 1/5
ACTIVE/ASSOCIATE MEMBER	\$590	\$690
LIFE MEMBER	\$390	\$490
STUDENT MEMBER	\$140	\$190
NON-MEMBER	\$790	\$890
NON-MEMBER STUDENT	\$240	\$290

**20% military discount available for registration fees*

ADDITIONAL FEES

2026 PRINTED PROGRAM BOOK	\$30	
THURSDAY • FEBRUARY 5		
WELCOME RECEPTION - ADULT GUEST	\$30	
WELCOME RECEPTION - CHILD (4-14YRS)	\$10	
FRIDAY • FEBRUARY 6		
WORKSHOP 1: MOTIVATIONAL INTERVIEW 2:00 - 3:30 PM	\$65	\$85
WORKSHOP 2: GI CASE 2:00 - 3:30 PM	\$65	\$85
MEMBER BOARD MEETING 7:00 - 8:30 PM	\$0 *REGISTRATION REQUIRED	
SATURDAY • FEBRUARY 7		
WORKSHOP 3: PSYCH CASE 2:00 - 3:30 PM	\$65	\$85
WORKSHOP 4: EKG REVIEW 2:00 - 3:30 PM	\$65	\$85
GUEST FEES		
BREAKFAST/BREAKS – ADULT	\$225	
BREAKFAST/BREAKS – CHILD	\$150	

HOTEL RATES & BOOKING

The "Cut-Off Date" to receive the PAAV room rate is Sunday, January 4, 2026.

THE STOWEFLAKE RESORT & SPA • 1746 MOUNTAIN ROAD , STOWE, VT

CHECK-IN **AFTER 4:00 PM**
CHECK-OUT **BEFORE 11:00 AM**

WED. ROOM: **\$249 + TAX** THURS-SAT: **\$345.00 + TAX**
DAILY RESORT FEE: **WAIVED**

*PAAV has negotiated the discounted rates above for renovated luxury level rooms, arriving Wednesday 2/4 and departing Sunday 2/8.
Rooms booked outside of those dates are subject to the current hotel room rate at the time of booking.*

Resort Fee includes - *Wireless Internet access in guest room • Self-parking • Use of indoor heated pool and hot tub • Access to Fitness Room*

Deposit: A 50% deposit for room and tax is required for all reservations at the time of booking

Cancellation Policy: Cancel 14 days prior to arrival to avoid any penalties. Cancellation inside of 14 days of arrival is full forfeiture of the deposit. Reservations made inside 14 days of arrival will be non-cancellable at time of booking.

BOOK YOU HOTEL TODAY! OR CALL 1-800-253-2232 AND MENTION PAAV GROUP

CONFERENCE SCHEDULE • THURSDAY FEBRUARY 5

All times listed in Eastern Time (US & Canada) | Descriptions in the schedule break down explains what you will be able to do at the conclusion of the session.

11:30 AM	REGISTRATION OPENS
12:30 - 1:30 PM Timothy P. Lahey, MD Infectious Disease Physician & Director of Clinical Ethics, University of Vermont Medical Center. Professor of medicine at the Larner College of Medicine, UVM, Burlington, VT	““MIC” * (*MAXIMAL ID CONTENT:) INFECTIOUS DISEASES 2025 1. Review new developments in prevention of HIV and other viral infections. 2. Recognize new approaches to treating serious bacterial and fungal infections. 3. Refresh your memory about the cutting edge in infectious diseases. 1.0 CE Credit
1:30 - 2:30 PM Adrian Banning, DHSC, MMS, PA-C Associate Professor, Physician Assistant Studies Program, Delaware Valley University, Doylestown, PA	“TACKLE THE BIG 10” TOP 10 STUDIES EVERY PRIMARY CARE PA SHOULD KNOW 1. Identify the top 10 primary care studies published in 2025 and summarize their key findings. 2. Critically appraise the methodology and clinical relevance of each study using evidence-based principles. 3. Integrate new evidence from these studies into patient care scenarios to enhance clinical decision-making. 1.0 CE Credit
2:30 - 3:30 PM Andrew Perron, MD, FACEP Associate Dean for Graduate Medical Education, Professor of Emergency Medicine, Dartmouth-Hitchcock Medical Center, Lebanon, NH	“SEEMS LIKE THEY KEEP MOVING THE GOALPOSTS” SEPSIS: CURRENT TREATMENT AND THE LONG STRANGE TRIP TO GET THERE 1. Describe the historical context for how we treat sepsis. 2. Identify the current evidence-based sepsis treatment guidelines. 3. Review pitfalls in the treatment of sepsis. 1.0 CE Credit
3:30 - 4:00 PM	APRÉS SKI AFTERNOON BREAK & VISIT THE EXHIBITORS
4:00 - 5:00 PM Andrew Perron, MD, FACEP Associate Dean for Graduate Medical Education, Professor of Emergency Medicine, Dartmouth-Hitchcock Medical Center, Lebanon, NH	“LYSIS IN CRISIS?” TPA FOR STROKE: A BRIEF HISTORY – WHAT IS THE LATEST, AND WHAT IS ON THE HORIZON? 1. Discuss the historical context for how we treat stroke. 2. Identify the current evidence-based stroke treatment guidelines. 3. Review pitfalls in the treatment of stroke and TIA. 1.0 CE Credit
5:00 - 6:00 PM Rick Davis, PA-C Physician Assistant Division of Gastroenterology, Hepatology, and Nutrition University of Florida College of Medicine, Gainesville, FL	“SUDDENLY EVERYWHERE ALL AT ONCE!” THE UNDER APPRECIATED IMPACT OF THE INTESTINAL MICROBIOME ON ALMOST EVERYTHING 1. Define the intestinal microbiome and distinguish dysbiosis from normal physiology. 2. Examine GI disorders associated with altered intestinal microbiome. 3. Discuss the current & future treatments to restore/improve the intestinal microbiome with clinical improvement. 1.0 CE Credit
6:00 - 7:00 PM Chris Bates-Withers, MMS, PA-C, CAQ-HM, CAQ-CVTS, CHSE Assistant Clinical Professor University of New England, Portland, ME	“ARE WE DONG EVERYTHING WE CAN TO SAVE YOU?” RECENT ADVANCES IN PRIMARY PREVENTION OF CARDIOVASCULAR DISEASE 1. Review resources for evidence-based practice in cardiovascular disease prevention in a politicized health information climate. 2. Discuss current epidemiology of cardiovascular disease. 3. Describe current understanding of major risk factors for cardiovascular disease. 4. Identify primary prevention approaches to the management of hypertension, including updates from the 2025 AHA/ACC guidelines. 5. Discuss primary prevention approaches to the management of blood cholesterol, including applications of novel therapeutics. 6. Discuss primary prevention approaches to smoking cessation, including pharmacotherapy. 1.0 CE Credit
7:00 - 8:30 PM	WELCOME RECEPTION <i>Join us for hors d'oeuvres & drinks and network with your peers – SPONSORED BY THERMO FISHER SCIENTIFIC</i>

CONFERENCE SCHEDULE • FRIDAY FEBRUARY 6

7:15 - 8:00 AM	BREAKFAST & SPONSORED PRESENTATION <i>Procalcitonin in Pediatric & Adult Clinical Practice Antimicrobial Stewardship by MIKE BROYLES, BPharm, PharmD</i>
8:00 - 9:00 AM Stephen Leffler, MD <small>Emergency Medicine Physician; President & Chief Operating Officer, University of Vermont Medical Center, Burlington, VT</small>	“LEGAL EASE???” HEALTHCARE LEGISLATIVE UPDATE <ol style="list-style-type: none"> 1. Review the impact of state and federal laws on healthcare delivery. 2. Describe the financial impact of federal legislation on providers. 3. Discuss possible future impacts. 4. Identify steps you can take to support your patients and your practice. <div>1.0 CE Credit</div>
9:00 - 10:00 AM Chris Bates-Withers, MMS, PA-C, CAQ-HM, CAQ-CVTS, CHSE <small>Assistant Clinical Professor University of New England, Portland, ME</small>	“RHYTHM IN HARMONY” ATRIAL FIBRILLATION - BEYOND THE BASICS <ol style="list-style-type: none"> 1. Recognize typical and atypical presentations of atrial fibrillation on electrocardiogram. 2. Discuss the classification of atrial fibrillation and correctly apply atrial fibrillation diagnoses. 3. Describe the diagnostic evaluation for the patient presenting with new-onset atrial fibrillation. 4. Discuss rate versus rhythm control strategies for the management of atrial fibrillation. 5. Review the approach to management of thrombotic risk in patients with atrial fibrillation. <div>1.0 CE Credit</div>
10:00 - 10:30 PM	COFFEE BREAK & VISIT THE EXHIBITORS
10:30 - 11:30 AM Krista Buckley, MD <small>Psychiatrist, Assistant Professor of Psychiatry, University of Vermont Medical Center, Burlington, VT</small>	“BRAIN TRUST” SHARING A PATIENT WITH A PSYCHIATRIST <ol style="list-style-type: none"> 1. Discuss ways to best work collaboratively with a psychiatrist. 2. Cover common pitfalls in treating mental health in the primary care setting. 3. Review medications with impacts on psychiatric conditions. 4. Explore what to monitor for and when to refer for mental health conditions. <div>1.0 CE Credit</div>
11:30 AM - 12:30 PM Matthew Gilbert, DO., MPH <small>Professor of Medicine, Depart- ment of Medicine, Division of Endocrinology and Diabetes, Endocrinology and Diabetes Clinic, South Burlington, VT</small>	“WAIT! ITS NOT ALL ABOUT WEIGHT” EVIDENCE FROM CLINICAL TRIALS ON GLP-1 AND GLP-1/GIP AGONISTS IN TYPE 2 DIABETES <ol style="list-style-type: none"> 1. Review the clinical trial evidence demonstrating the cardiovascular benefits of GLP-1 and GLP-1/GIP receptor agonist in patients with type 2 diabetes. 2. Summarize key findings from clinical trials on renal outcomes associated with GLP-1 receptor agonists. 3. Evaluate the role of GLP-1 and GLP 1/GIP receptor agonist in achieving glycemic control, with emphasis on trial-based evidence. <div>1.0 CE Credit</div>
12:30 - 3:30 PM	LUNCH ON YOUR OWN - FREETIME - WORKSHOPS
2:00 - 3:30 PM Adrian Banning, DHSC, MMS, PA-C <small>Associate Professor, Physician Assistant Studies Program, Delaware Valley University, Doylestown, PA</small>	WORKSHOP 1 (Optional) : “TALK THE WALK” MASTERING MOTIVATIONAL INTERVIEWING IN PRIMARY CARE <ol style="list-style-type: none"> 1. Explain the core principles and spirit of motivational interviewing and its relevance to primary care. 2. Demonstrate key motivational interviewing techniques (e.g., open-ended questions, reflective listening, affirmations) in simulated patient interactions. 3. Assess personal communication style and identify opportunities to incorporate motivational interviewing strategies into routine clinical practice. <div>1.5 CE Credit</div>
2:00 - 3:30 PM Rick Davis, PA-C <small>Senior Physician Assistant, UF Division of Gastroenterology, Hepatology & Nutrition, Department of Medicine in the College of Medicine, Gainesville, FL</small>	WORKSHOP 2 (Optional) : “GUT REACTIONS” SMALL GROUP DISCUSSION ON ACUTE GI PRESENTATIONS IN URGENT CARE <i>max. 15 attendees</i> <ol style="list-style-type: none"> 1. Identify the typical and atypical presentations of spontaneous viscus perforation of the upper and lower GI tract. 2. Evaluate the initial presentation of acute jaundice including patient history, physical exam, initial testing, and differential diagnosis. 3. Analyze the presenting symptoms and differential diagnosis of acute upper and lower GI bleeding. 4. Discuss case studies provided by workshop participants including clinical presentation, physical exam, initial evaluation, differential diagnosis, and treatment options. <div>1.5 CE Credit</div>

CONFERENCE SCHEDULE • FRIDAY FEBRUARY 6 CONTINUED

3:30 - 4:00 PM	APRÈS SKI AFTERNOON BREAK & VISIT THE EXHIBITORS
<p>4:00 - 5:00 PM Faculty of the Vermont Academic Detailing Program (VADP)</p> <p>Office of Primary Care and Area Health Education Centers (AHEC) Program, Burlington, VT</p>	<p>“THE NEW AND THE TRIED AND TRUE” MIGRAINE THERAPEUTICS MAKING SENSE OF ALL YOUR OPTIONS</p> <ol style="list-style-type: none"> 1. Describe the clinical approach to the management of migraines (treatment and prevention) 2. Discuss non-pharmacologic approaches to management of migraines 3. Discuss pharmacologic approaches to the management of migraines 4. Provide patient education and patient evaluation tools to assist in management of migraines <p>Marci Wood, PharmD, BCACP : Co-Director and Academic Detailer, VADP Benjamin Depo, MD: Assistant Professor of Medicine, Larner College of Medicine at UVM; Co-Director and Academic Detailer, VADP Richard Pinckney, MD, MPH, FACP: Associate Professor of Medicine, Larner College of Medicine at UVM; Academic Detailer, VADP Kelly Pratt, PharmD: Academic Detailer, VADP</p> <p>1.0 CE Credit</p>
<p>5:00 - 6:00 PM Adrian Banning, DHSC, MMS, PA-C</p> <p>Associate Professor, Physician Assistant Studies Program, Delaware Valley University, Doylestown, PA</p>	<p>“ALTERED STATES” THE CRITICAL NECESSITY AND CHALLENGES TO DECIPHERING DELIRIUM FROM DEMENTIA</p> <ol style="list-style-type: none"> 1. Differentiate between delirium and dementia based on clinical presentation, underlying pathophysiology, & diagnostic criteria. 2. Assess risk factors, screening tools, and diagnostic approaches for both conditions in diverse patient populations. 3. Develop comprehensive management plans that incorporate current best practices for prevention, treatment, & caregiver support. <p>1.0 CE Credit</p>
7:00 - 8:30 PM	<p>MEMBER BOARD MEETING REGISTRATION REQUIRED - Dinner Included</p>

CALL FOR CLINICAL DILEMMA’S OR CLINICAL QUESTIONS FOR WORKSHOPS 2: GI CASE & WORKSHOPS 3: PSYCH REVIEW

Participants are invited to send a short, clinical scenario OR clinical question with what they are wanting better insight on, to possibly be discussed at the workshop.
PARTICIPANTS WILL BE LIMITED TO SENDING IN ONE CASE OR ONE CLINICAL QUESTION FOR INCLUSION.

CLINICAL DILEMMA CASES SHOULD BE A SHORT PARAGRAPH, WITH PERTINENT INFORMATION.

OR

CLINICAL QUESTION: A SINGLE LINE QUESTION, example, "Why are "antipsychotics" also used as antidepressants and when and how are the best times to use them?"

***DISCLAIMER:** Workshop leaders will choose the cases or questions based on broad appeal and clinical teaching aspects. Workshops leaders will work to maintain the fine balance of teaching and discussion. There is no guarantee that email submissions will be reviewed in the workshop.*

EMAIL YOUR CLINICAL DILEMMA or CLINICAL QUESTION TO: PAAV@PAAV.ORG by **12/10**

CONFERENCE SCHEDULE • FRIDAY FEBRUARY 6 CONTINUED

3:30 - 4:00 PM	APRÈS SKI AFTERNOON BREAK & VISIT THE EXHIBITORS
4:00 - 5:00 PM Faculty of the Vermont Academic Detailing Program (VADP) Office of Primary Care and Area Health Education Centers (AHEC) Program, Burlington, VT	"THE NEW AND THE TRIED AND TRUE" MIGRAINE THERAPEUTICS MAKING SENSE OF ALL YOUR OPTIONS 1. Describe the clinical approach to the management of migraines (treatment and prevention) 2. Discuss non-pharmacologic approaches to management of migraines 3. Discuss pharmacologic approaches to the management of migraines 4. Provide patient education and patient evaluation tools to assist in management of migraines Marci Wood, PharmD, BCACP : Co-Director and Academic Detailer, VADP Benjamin Depo, MD : Assistant Professor of Medicine, Larner College of Medicine at UVM; Co-Director and Academic Detailer, VADP Richard Pinckney, MD, MPH, FACP : Associate Professor of Medicine, Larner College of Medicine at UVM; Academic Detailer, VADP Kelly Pratt, PharmD : Academic Detailer, VADP 1.0 CE Credit
5:00 - 6:00 PM Adrian Banning, DHSC, MMS, PA-C Associate Professor, Physician Assistant Studies Program, Delaware Valley University, Doylestown, PA	"ALTERED STATES" THE CRITICAL NECESSITY AND CHALLENGES TO DECIPHERING DELIRIUM FROM DEMENTIA 1. Differentiate between delirium and dementia based on clinical presentation, underlying pathophysiology, & diagnostic criteria. 2. Assess risk factors, screening tools, and diagnostic approaches for both conditions in diverse patient populations. 3. Develop comprehensive management plans that incorporate current best practices for prevention, treatment, & caregiver support. 1.0 CE Credit
7:00 - 8:30 PM	MEMBER BOARD MEETING REGISTRATION REQUIRED - Dinner Included

CALL FOR CLINICAL DILEMMA'S OR CLINICAL QUESTIONS FOR WORKSHOPS 2: GI CASE & WORKSHOPS 3: PSYCH REVIEW

Participants are invited to send a short, clinical scenario OR clinical question with what they are wanting better insight on, to possibly be discussed at the workshop.

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OR

CLINICAL QUESTION: A SINGLE LINE QUESTION, example, "Why are "antipsychotics" also used as antidepressants and when and how are the best times to use them?"

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EMAIL YOUR CLINICAL DILEMMA or CLINICAL QUESTION TO: PAAV@PAAV.ORG BY 1/1/26

CONFERENCE SCHEDULE • SATURDAY FEBRUARY 7

7:00 - 8:00 AM	BREAKFAST & VISIT EXHIBITORS
8:00 - 9:00 AM George Higgins, MD, FACEP <small>Emeritus Professor Portland, ME</small>	“HEART SMART – SORTING IT OUT” ACUTE CORONARY SYNDROME, FROM SUSPICION TO TREATMENT 1. Effectively combine their gestalt (experience and judgement) with a validated Clinical Decision Tool (HEART/HEAR) to risk stratify patients presenting with chest discomfort. 2. Identify ECG patterns consistent with STEMI and STEMI-equivalents. 3. Discuss a case study of a patient presenting with STEMI, emphasizing the specific steps in management that need to be expeditiously and safely performed. 1.0 CE Credit
9:00 - 10:00 AM Joshua White, MD <small>Division Medical Director, Gifford Health Care, Randolph, VT</small>	“WELCOME DAVE; YOU ARE THE FIRST TO ARRIVE” ARTIFICIAL INTELLIGENCE IN MEDICINE STATE OF THE ART AND STATE OF THE FUTURE 1. Discuss what is happening in the AI market as it applies to medical practice. 2. Identify practice changing opportunities might be in the future for AI. 3. Describe the risks involved in utilizing AI in medicine. 1.0 CE Credit
10:00 - 10:30 AM	COFFEE BREAK & VISIT EXHIBITORS
10:30 - 11:30 AM Marybeth Hans, PA-C <small>Clinical Director, B-PREP Program, Brigham and Women's Hospital, Boston, MA</small>	“ARE YOU STAYING ABREAST???” BREAST CANCER RISK ASSESSMENT AND MANAGEMENT OF THE HIGH-RISK PATIENT 1. Discuss the basic components of a breast cancer risk assessment. 2. Recognize the differences between currently available risk calculators. 3. Appreciate options for high-risk surveillance and risk reduction. 1.0 CE Credit
11:30 AM - 12:30 PM Joshua White, MD <small>Division Medical Director, Gifford Health Care, Randolph, VT</small>	“NOTHING UP YOUR SLEEVE?” ACUTE CARE TRICKS 1. Describe some of the drivers of inefficiency in the clinic environment. 2. Identify areas in their practice that they can address that contribute to getting out late. 3. Discuss specific disease processes and injuries that have opportunity for quicker and easier resolution. 1.0 CE Credit
12:30 - 3:30 PM	LUNCH ON YOUR OWN - FREETIME - WORKSHOPS
2:00 - 3:30 PM Jonathan Burgess, MD, MPH <small>Clinical Assistant Professor in the Lifestyle Psychiatry Clinic at Stanford University School of Medicine, Stanford, CA</small>	WORKSHOP 3 (Optional) : “CORTICAL STIMULATION” PICK A PSYCHIATRIST’S BRAIN ON BRAINS: EXPERT Q & A SEMINAR WITH A PSYCHIATRIST 1. Review causes in psychiatry. 2. Describe how to envision particular psychiatric phenotypes, combined with therapeutic and psychopharmacologic interventions and lifestyle interventions specific for each psychiatric disorder. 3. Compare efficient and accurate ways to communicate differential diagnosis and presenting concern to mental health providers. 1.5 CE Credit
2:00 - 3:30 PM George Higgins, MD, FACEP <small>Emeritus Professor Portland, ME</small>	WORKSHOP 4 (Optional) : PATTERNS THAT KILL – YOU DON’T WANT TO MISS” ECG WORKSHOP ON STEMI EQUIVALENTS AND SUDDEN DEATH PREDICTORS 1. Recognize ECG clues that are associated with STEMI-equivalent ACS. 2. Recognize ECG clues that are associated with sudden unexpected death. 3. Recognize ECG clues that are associated with sudden unexpected tachycardia. 1.5 CE Credit
3:30 - 4:00 PM	APRÉS SKI AFTERNOON BREAK & VISIT EXHIBITORS

CONFERENCE SCHEDULE • SATURDAY FEBRUARY 7 CONTINUED

4:00 - 5:00 PM Jonathan Burgess, MD, MPH <small>Clinical Assistant Professor in the Lifestyle Psychiatry Clinic at Stanford University School of Medicine, Stanford, CA</small>	“YOU ARE WHAT YOU EAT” DIET AND LIFESTYLE INTERVENTIONS FOR PEDIATRIC AND DEVELOPMENTAL DISORDERS <ol style="list-style-type: none"> 1. Describe the impact of maternal health and gestation on the future development of pediatric and developmental disorders. 2. Describe the evidence base regarding artificial flavors, colors, and preservatives on attention span and ADHD. 3. Describe the evidence base for using dietary, nutritional, exercise, & mindfulness interventions for children & teenagers for primary prevention and adjunctive treatment of psychiatric disorders. 1.0 CE Credit
5:00 - 6:00 PM Rebecca Bell, MD <small>Pediatric Critical Care Physician, Associate Professor, University of Vermont Medical Center, Burlington, VT</small>	“AVOIDING THE WHEEZE IS A BREEZE” RSV VACCINE PROTECTING INFANTS FROM HOSPITALIZATIONS <ol style="list-style-type: none"> 1. Review the signs, symptoms, and treatment of RSV in infants. 2. Review the indications and effectiveness of RSV immunization. 3. Review counseling approaches with families and frequently asked questions. 1.0 CE Credit
6:00 - 7:00 PM Alexander Orem, MD, MS <small>Assistant Professor of Orthopedic, Dartmouth Geisel School of Medicine, Hanover, NH; Orthopedic Surgeon, Dartmouth-Hitchcock Medical Center, Lebanon, NH</small>	“MEET YOUR REPLACEMENT” JOINT ARTHROPLASTY FOR THE NON-ORTHOPEDIST <ol style="list-style-type: none"> 1. Review criteria for joint replacement candidate including same day surgery candidates. 2. Analyze optimization of risk factors to construct an effective preoperative assessment. 3. Review benefits of newer surgical approaches. 4. Discuss best practices for screening complications during the post op period. 1.0 CE Credit

CONFERENCE SCHEDULE • SUNDAY FEBRUARY 8

7:30 - 8:30 AM	BREAKFAST
8:30 - 9:30 AM George Higgins, MD, FACEP <small>Emeritus Professor Portland, ME</small>	“I WISH I KNEW THIS BEFORE TODAY” PRACTICE CHANGING TRICKS AND TIPS FROM THE RECENT MEDICAL LITERATURE <ol style="list-style-type: none"> 1. Safely de-label penicillin allergy in their patients. 2. Add topical ophthalmic timolol to acute migraine headache management. 3. Recognize and emergently manage acute sudden sensorineural hearing loss. 4. Review the cancer producing risk of CT imaging. 5. Appreciate the risk of significant head injuries in elderly patients falling from a standing height. 6. Describe how to increase the effectiveness of virtual medicine interactions. 1.0 CE Credit
9:30 - 10:30 AM David Kuhns, PA-C Emeritus, CCPA, MPH, DFAAPA <small>Consultant on International Development of the Physician Assistant/ Associate (PA) Education and Clinical Roles, Portland, ME</small>	“WE ARE NOT ALONE” WHY INTERNATIONAL PA ADVOCACY EFFORTS MAY BE A HARBINGER FOR THE FUTURE OF YOUR PRACTICE <ol style="list-style-type: none"> 1. Highlight the volatility of PA advocacy at the international level. 2. Examine the predicted outcomes of the “butterfly effect” from last year’s presentation. 3. Focus on the recent dramatic developments out of the UK and Ireland. 4. Describe current opportunities for international employment of US PAs, with an emphasis on Canada & New Zealand. Recognize the many ways NCCPA communicates with PAs and other resources available. 1.0 CE Credit
10:30 - 11:30 AM Bronwyn Kenny, MD <small>Obstetrician/Gynecologist, Program Director, Women’s Services, Assistant Professor, Obstetrics & Gynecology, University of Vermont Medical Center, Burlington, VT</small>	“CONTRACEPTIVE CONTRACTIONS” UPDATE ON CONTRACEPTIVE TECHNOLOGY OPTIONS 2026 <ol style="list-style-type: none"> 1. Review the mechanism of action of different contraceptive options. 2. Discuss the relevant contraindications to different contraceptive methods. 3. Review ways to reduce barriers to contraceptive prescribing and device placement at initial visit 1.0 CE Credit
11:45 AM	ADJOURN



REGISTRATION FORM

43RD ANNUAL WINTER CME CONFERENCE

PHYSICIAN ASSISTANT ACADEMY OF VERMONT

FEBRUARY 5 - FEBRUARY 8, 2026 • THE STOWEFLAKE RESORT & SPA • STOWE VT

TO PAY BY CREDIT CARD + REGISTER SECURELY ONLINE HERE: WWW.PAAV.ORG**CONTACT INFORMATION**The address below is a: ☐ work address ☐ home address

NCCPA# _____ AAPA# _____

Name _____ Title: ☐ PA-C ☐ NP ☐ Other _____

Affiliation/Employer _____

Mailing Address _____

City _____ State/Province _____ Zip/Postal Code _____

E-mail _____ Cell Phone _____ Office Phone _____

*Please indicate any special needs or dietary requirements:***REGISTRATION FEES****Before 1/5**After 1/5*

PAAV MEMBER	<input type="checkbox"/>	\$590	<input type="checkbox"/>	\$690
PAAV LIFE MEMBER	<input type="checkbox"/>	\$390	<input type="checkbox"/>	\$490
PAAV MEMBER STUDENT	<input type="checkbox"/>	\$140	<input type="checkbox"/>	\$190
NON- MEMBER	<input type="checkbox"/>	\$790	<input type="checkbox"/>	\$890
NON-MEMBER STUDENT	<input type="checkbox"/>	\$240	<input type="checkbox"/>	\$290

** includes breakfast, breaks, educational program & welcome reception***WORKSHOP FEES***Before 1/5**After 1/5*

WORKSHOP 1: MOTIVATIONAL INTERVIEW 2/6 2:00 - 3:30	<input type="checkbox"/>	\$65	<input type="checkbox"/>	\$85
WORKSHOP 2: GI CASE 2/6 2:00 - 3:30	<input type="checkbox"/>	\$65	<input type="checkbox"/>	\$85
WORKSHOP 3: PSYCH CASE 2/7 2:00 - 3:30	<input type="checkbox"/>	\$65	<input type="checkbox"/>	\$85
WORKSHOP 4: EKG REVIEW 2/7 2:00 - 3:30	<input type="checkbox"/>	\$65	<input type="checkbox"/>	\$85

BOARD MEMBER MEETING REGISTRATION**2/6 - 7:00pm - 9:00pm * dinner included****REGISTRANT! PLEASE CHECK IF YOU PLAN TO ATTEND**☐ Registrant will attend**PROGRAM SYLLABUS**

_____ Hard copy @ \$30 each

GUEST SOCIAL FEES***WELCOME RECEPTION 2/5 7:00pm - 8:30pm***Included in registration fee for paying attendees*

_____ Adult Guest @ \$30 each

REGISTRANT! PLEASE CHECK IF YOU PLAN TO ATTEND

_____ Child Guest (4 -14yrs) @ \$10 each

☐ Registrant will attend**GUEST FEES**

Includes tickets for breakfasts & afternoon breaks (Friday, Saturday & Sunday)

Please list paid guest name(s) below for name badges: (adults & children)

_____ Child @ \$150 each (Children 4 and under free)

_____ Adult @ \$225 each

PAYMENT OPTIONS☐ Visa ☐ Mastercard ☐ AMEX ☐ Check enclosed (**Payable to PAAV**)

Number _____ Exp. Date _____ CVV# _____

(PAAV tax ID number 22-2586796)

Name as it appears on card (please print) _____

Total amount to be paid _____

Signature _____

Street address where you receive your statement (for bank required verification purposes)

☐ 20% Military Discount Available for registration fees**OFFLINE REGISTRATION SUBMISSIONS:**PAAV Executive Office, PO Box 341 Quechee VT 05059 • Questions? Call: 802-299-6250 Email: paav@paav.org or www.paav.org



REGISTRATION FORM

43RD ANNUAL WINTER CME CONFERENCE

PHYSICIAN ASSISTANT ACADEMY OF VERMONT

FEBRUARY 5 - FEBRUARY 8, 2026 • THE STOWEFLAKE RESORT & SPA • STOWE VT

TO PAY BY CREDIT CARD + REGISTER SECURELY ONLINE HERE: WWW.PAAV.ORG**CONTACT INFORMATION**The address below is a: ☐ work address ☐ home address

NCCPA# _____ AAPA# _____

Name _____ Title: ☐ PA-C ☐ NP ☐ Other _____

Affiliation/Employer _____

Mailing Address _____

City _____ State/Province _____ Zip/Postal Code _____

E-mail _____ Cell Phone _____ Office Phone _____

*Please indicate any special needs or dietary requirements:***REGISTRATION FEES****Before 1/5**After 1/5*

PAAV MEMBER	<input type="checkbox"/>	\$590	<input type="checkbox"/>	\$690
PAAV LIFE MEMBER	<input type="checkbox"/>	\$390	<input type="checkbox"/>	\$490
PAAV MEMBER STUDENT	<input type="checkbox"/>	\$140	<input type="checkbox"/>	\$190
NON- MEMBER	<input type="checkbox"/>	\$790	<input type="checkbox"/>	\$890
NON-MEMBER STUDENT	<input type="checkbox"/>	\$240	<input type="checkbox"/>	\$290

includes breakfast, breaks, educational program & welcome reception*WORKSHOP FEES***Before 1/5**After 1/5*

WORKSHOP 1: TALK THE WALK 2/6 2:00 - 3:30	<input type="checkbox"/>	\$65	<input type="checkbox"/>	\$85
WORKSHOP 2: GI CASES 2/6 2:00 - 3:30	<input type="checkbox"/>	\$65	<input type="checkbox"/>	\$85
WORKSHOP 3: CORTICAL STIMULATION 2/7 2:00 - 3:30	<input type="checkbox"/>	\$65	<input type="checkbox"/>	\$85
WORKSHOP 4: ECG WORKSHOP 2/7 2:00 - 3:30	<input type="checkbox"/>	\$65	<input type="checkbox"/>	\$85

BOARD MEMBER MEETING REGISTRATION

2/6 - 7:00pm - 9:00pm *dinner included

REGISTRANT! PLEASE CHECK IF YOU PLAN TO ATTEND☐ Registrant will attend**PROGRAM SYLLABUS**

_____ Hard copy @ \$30 each

GUEST SOCIAL FEES**List paid guest name(s) below for name badges: (adults & children)*

_____ Adult @ \$225 each

_____ Child @ \$150 each (Children 4 and under free)

Includes tickets for breakfasts & afternoon breaks (Friday, Saturday & Sunday)*WELCOME RECEPTION 2/5 7:00pm - 8:30pm***included in registration fee for paying attendees*

_____ Adult @ \$30 each

_____ Child (4 -14yrs) @ \$10 each

REGISTRANT! PLEASE CHECK IF YOU PLAN TO ATTEND☐ Registrant will attend**PAYMENT OPTIONS**☐ Visa ☐ Mastercard ☐ AMEX ☐ Check enclosed (*Payable to PAAV*)

Number _____ Exp. Date _____ CVV# _____

(PAAV tax ID number 22-2586796)

Name as it appears on card (please print) _____

Total amount to be paid _____

Signature _____

Street address where you receive your statement (for bank required verification purposes)

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