

# The Arkansas Academy of Physician Assistants

## End of Year Newsletter - 2022



### A Word from the President

Hello, ARAPA Members and Followers!

As I reflect on the past year, “transition” is the word that first comes to mind. We have transitioned out of a pandemic and back into our old routines. Some of you have just transitioned out of school and into the work place. Some of you have transitioned into new clinical roles or new careers. In my own home, we have transitioned from life with one child to life with two (an adventure in itself!), and as I watched my son take his first steps this week, I was reminded of how much can change in the span of just one year.

This was a year of transition for ARAPA as well – we have a new logo (peep the top corner!), a new Google communications platform, new resources on our website for licensing and reimbursement, and soon we hope to have new “rendering provider” status with Medicaid, thanks to efforts from our Legislative committee. We are also approaching our first in-person ARAPA event in nearly 3 years: our Annual CME conference, planning for March 10-11, 2023.

It has truly been my pleasure to serve as your President through all of these changes. Starting January 1, I will be transitioning to the Past President role, and Ada Sochanska PA-C will succeed me as your next President. I have worked closely with Ada for the past year and she has been a great asset to our organization already, bringing in new ideas, leading the transition to the new Google Business communications platform, and helping with conference planning and our legislative efforts. I am excited to see what she brings to ARAPA in 2023, and I wish her the best as she leads our organization into the new year!

Sincerely,  
Anne Brown, PA-C  
ARAPA President, 2022

### Board of Directors 2023

President: Ada Sochanska  
Past President: Anne Brown  
President Elect: Aaron Woodall  
Vice President: Jesse Clark  
Secretary: Abby Rainwater  
Treasurer: Ryan Crowder  
Directors at Large:  
Central: Carol Trana  
Northeast: Meredith Brewer  
Northwest: Julie Slavik  
Southeast: Ashley Loftis

### Upcoming Events

January 3: CME Committee  
8pm CST, Zoom

January 12: Legislative Committee  
8pm CST, Google Meets

January 19: Board of Directors  
Quarterly Meeting  
8pm CST, Google Meets

March 10-11: ARAPA 2023 CME  
Conference in Little Rock

## SAVE THE DATE: ARAPA 2023

March 10-11, 2023 Doubletree Hotel, Little Rock

14 CME credits

Breakfast, lunch, and snacks included

Early bird rates available until January 15

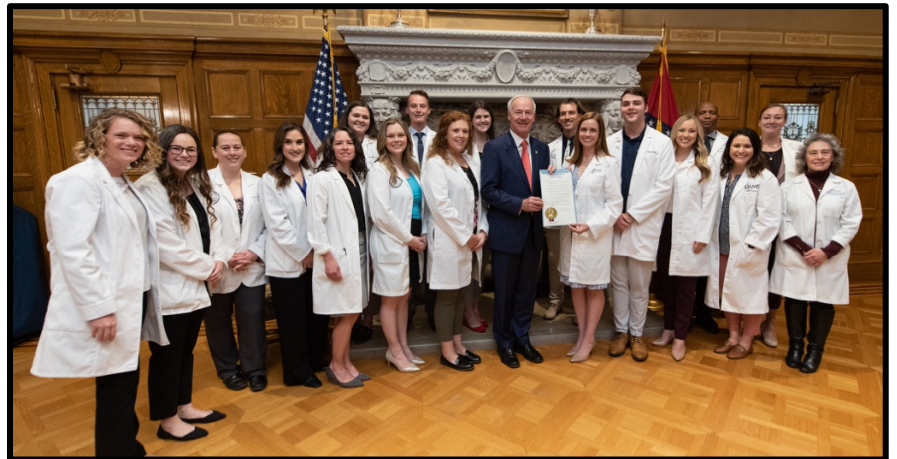
Topics include: Emerging Pathogens in Infectious Disease, Lifestyle Medicine, End of Life Opioid Use, Psoriasis, Preventative Cardiology, Continuous Glucose Monitoring, HIV PreP, Breast Cancer Updates, Peripheral Neuropathy, Wound Care, Maternal Vaccination Rates, and more!

ARKANSAS ACADEMY OF PHYSICIAN ASSISTANTS  
PO Box 242898, Little Rock, AR 72221  
[www.arkansaspa.org](http://www.arkansaspa.org)

## PA Day at the Capitol

On October 7, members from ARAPA met with Governor Asa Hutchinson to declare Physician Assistant Day in Arkansas. Anne Brown, Aaron Woodall, Jesse Clark, and Carol Trana represented ARAPA for the proclamation, and were joined by students and faculty from the Harding University and UAMS Physician Assistant programs (*photos on left*). Interviews from the proclamation were featured on National Public Radio and can be found here:

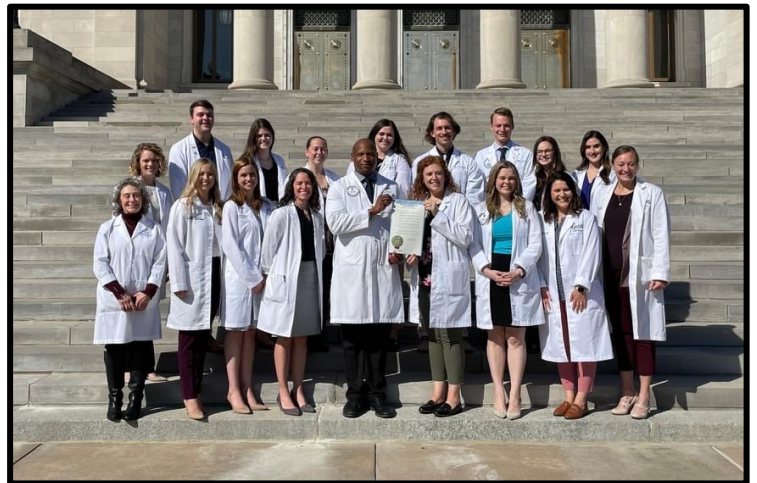
[www.ualrpublicradio.org/local-regional-news/2022-10-07/governor-declares-arkansas-physician-assistant-day](http://www.ualrpublicradio.org/local-regional-news/2022-10-07/governor-declares-arkansas-physician-assistant-day)



## Congratulations Class of 2022!



The Harding University Physician Assistant Class of 2022 (photo below) graduated earlier this month. Please join us in wishing them congratulations!



## 2022 Heroes for Hunger 5K

ARAPA was proud to sponsor this year's Heroes for Hunger 5K, a fundraiser organized by the UAMS Physician Assistant program to raise money for the Arkansas Food Bank. The event was a great success and it was great to see so many ARAPA members there!





## Social Media Updates

Abby Rainwater, PA-C

ARAPA would love to highlight any social media posts which highlight you professionally. Please message us, email us, or tag us to be featured!

Remember to follow us:

 **@Arkansas Academy of PAs**  
 **@ArkansasAcademyofPAs**

## Want to volunteer? Contact us!

Legislative Chair: Aaron Woodall  
Aaronw5652@gmail.com

Communications: Abby Rainwater  
Communications@arkansaspa.org

CME Chair: Hillary Mayberry  
arapacme@gmail.com

Outreach Chair: Ashley Loftis  
Ash.loftis@gmail.com