



MEAPA
MAINE ACADEMY OF PHYSICIAN ASSOCIATES

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JULY, 2026

NEWSLETTER



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SAVE THE DATE: MEAPA Spring CME Conference

When: April 2-3, 2027

Where: AC Hotel, Portland

What: General Medical CME
for PAs (NPs welcome too!)

Call for Contributors

Proposals should be emailed to
MEAPA.Conference@gmail.com

- **Earn over 10 CME credits**
- **Optional Clinical Skills Labs**
- **Professional Networking**

This year we are focusing on the practical application of topics with “need to know” treatment pearls and guideline updates.

We look forward to seeing returning attendees and making new clinical and professional connections!

Confirmed topics include; renal denervation, AI in healthcare, street medicine and best opioid prescribing practices. Featuring PA, NP and Pharm D Speakers (so far....)



Agenda and Registration coming soon to MEAPA website.

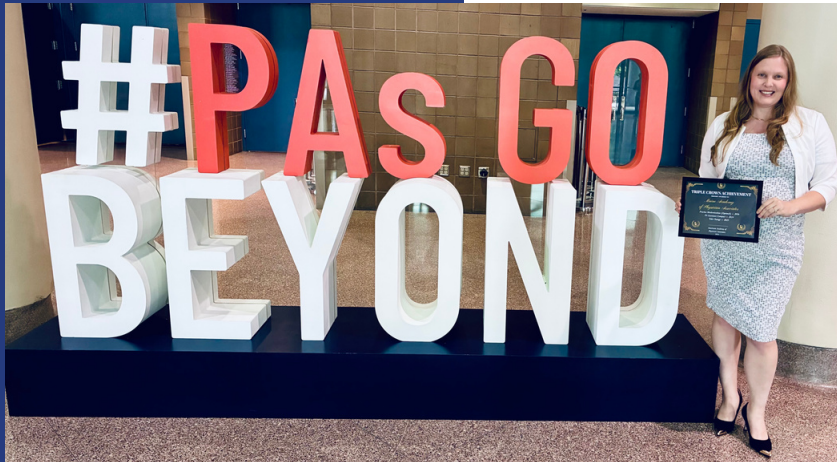
2026-2027

Legislative Agenda

By: Kathleen Moneghan, DHA, MPAS, PA-C,
MEAPA President & GAC Chairperson

MEAPA's legislative advocacy efforts will shift toward strategic collaboration with other Maine healthcare associations (MMA, MOA, MNPA) to continue to strengthen access to care and enhance the quality of healthcare delivered across Maine. Our priorities include proactively preventing harmful legislation from advancing and ensuring that the PA perspective remains central in all discussions related to patient care. Additionally, we intend to share our recent legislative successes with other constituent organizations (COs) to support their efforts in achieving similar progress.

Advocacy Corner



**MEAPA
Recognized by
AAPA with the
Triple Crown
Achievement
Award**



Award Accepted by MEAPA
President, Kathleen Moneghan,
DHA, MPAS, PA-C, ACSM CEP.

Triple Crown Achievement

For being the first AAPA State Constituent Organization (CO) to successfully pass all three of AAPA's high priority legislation:

1. PA Title Change (2025)
2. PA Licensure Compact (2024)
3. Practice Modernization-Optimal (2019 & 2026)

Licensure Board Updates



PA Fingerprinting & Background Checks

Background checks are now required for all initial and renewing PA licensure applications in preparation for the PA Compact. If renewing after 5/31/26, submit renewal online and scheduling instructions will be sent with an "OK to Practice" letter confirming the license remains active under Title 5 while pending. To avoid delays, PAs should complete their background check promptly. A one-time vendor fee and registration are required. Scheduling is available at <https://me.state.identogo.com/>.



Brooke Maden, MMS, PA-C, CCK, AACC • 1st
Complex Coronary Revascularization Program Coordinator, MaineHe...

I am renewing my Maine PA license this month. The first time doing so since Maine joined the [American Academy of Physician Associates](#) Compact law. Happy to report the finger printing process was super easy! ...more



- No More **"Practice Agreements"**
 - Were for Private Practice
- **"Collaborative Agreements"** remain
 - For first 4,000 hours
 - Employer letter on letterhead stating completion of hours is adequate to release.
- **Practice Location** info must be up to date on Board website.

Background Checks/Fingerprinting:

- All scheduling questions must go through Identogo.
- PAs must select Correct Board of Licensure "-Physician Assistant" results cannot be forwarded if sent incorrectly.
- The mail-in fingerprint card is only for PAs outside Maine.

Licensing Board Merger



DEPARTMENT OF PROFESSIONAL & FINANCIAL REGULATION
BOARD OF OSTEOPATHIC LICENSURE
STATE OF MAINE



Maine Board of
Licensure in Medicine

Board Merger to take Effect 1/1/27.
link and more information available
on the board websites.

<https://www.maine.gov/md/about/merger>

MAINE PA Author Alert

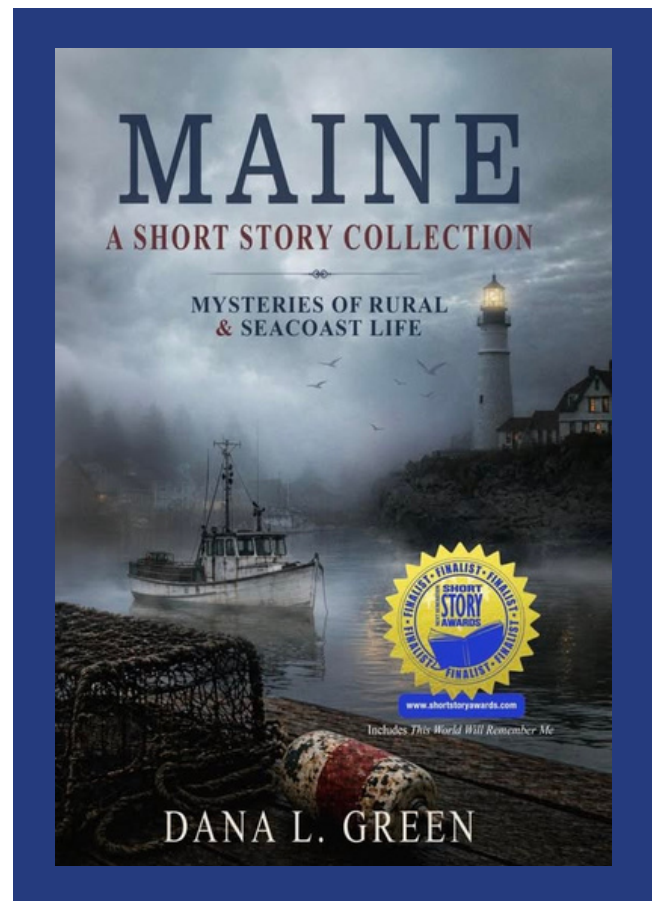
After decades of trusted patient care, Dana Green, PA-C CAQ-Psychiatry, is now spending his retirement following another passion, writing!

In 2020 Dana was instrumental in helping MEAPA pass LD 2020 (optimal team practice bill) through his captivating storytelling testimony to legislators in Augusta.

He describes this book, his second publication, as "a collection of Maine short stories of mystery, crime noir and suspense."

Dana is also graciously dedicating a portion of this eBook's earnings to the nursing staff at Dana Farber in Brewer. Available in paperback or Kindle at

<https://www.amazon.com/dp/B0H3Q1CQLZ>



**MEAPA's Delegates
at the AAPAs House Of Delegates
May 2025 in New Orleans, LA**





Introducing 2026-2027 MEAPA Board of Directors

Kathleen obtained her BS in 2010 and her MS in Exercise Physiology in 2015 at Bloomsburg University. She obtained her MPAS at Massachusetts College of Pharmacy and Health Sciences, Manchester in 2014 and went on to obtain a Doctorate in Healthcare Administration (DHA) from Capella University in 2021.

Kathleen has practiced clinically at Northern Maine Medical Center, Dorothea Dix Psychiatric Hospital, Work Health and ConvenientMD with focuses in Occupational and Emergency Medicine.

She has served in administrative leadership roles as Operating Room Manager and Associate Medical Director.

Kathleen first joined the MEAPA Board of Directors in 2020 as Treasurer and has served on the Education and Government Affairs Committees, which she now chairs, along with Awards & Scholarship Committee.



Kathleen Moneghan,
DHA, MPAS, PA-C

PRESIDENT & PRESIDENT-ELECT



Erin Muthig obtained her BS in 2013 from the Rochester Institute of Technology, and began her career in surgical/trauma and neuro-critical care, before moving to Maine in 2017, where she continued practicing critical care at MMC Portland. She is currently practicing full time in Obesity Medicine, and also serves as Chief of the House of Delegates for PAs in Obesity Medicine.

She joined the Maine Academy of Physician Associates in 2019, serving as Social Media Chair and House of Delegates Representative, followed by Chief House of Delegate, Director-at-Large, and now Vice President (2026–2027). During the 2025-2026 legislative session, she spoke with Maine state senators to advocate for support of LD 2088, which helped to further modernize PA practice in the state.

Outside of work, she enjoys antiques, making pottery, playing golf, and spending time with her husband and their 2 rescue greyhounds.



Erin Muthig, PA-C

VICE PRESIDENT



**IMMEDIATE-PAST-
PRESIDENT
& SECRETARY**

**Kimberly Caldwell,
MPAS, PA-C**

Kim obtained her BS and MPAS at Massachusetts College of Pharmacy and Health Sciences, Boston. Initially NCCPA Certified in 2007 she has worked the duration of her career in Maine, with experience in Trauma, General Surgery, Hospitalist Medicine, Urgent Care and Healthcare Administration. She is currently working in Hospitalist Medicine at MMC-Biddeford. Kim joined the MEAPA Board of Directors in 2021 as a Director-At-Large, since she has served as VP, President-Elect, President, Immediate Past President and is now serving as MEAPA Secretary. Kim has served on the MEAPA Membership, Education, Government Affairs, Social Media and Bylaws Committees.

Rhianna obtained her BP from Bridgewater State University in 2012 and her MPAS in 2014. She began her PA career in Dermatology, before moving to Maine. She then moved to Maine Medical Center and supported their COVID-19 work during the early pandemic before transitioning to MMC EP Cardiology. She is passionate about educating and mentoring new PA's. Rhianna joined the MEAPA Board of Directors in 2023 as a Director-at-Large and is serving her second term as Treasurer. She has served on the Education, Membership and Awards/Scholarship Committees.



**Treasurer
Rhianna Jones,
MPAS, PA-C**



Director-At-Large

**Hannah Stonebreaker,
MPAS, PA-C**

Hannah obtained her BS of Neuroscience from Wheaton College in 2012, then going on to obtain her MS in PA studies in 2018 from Northeastern University. She has clinical experience in General Surgery, Trauma and Surgical Critical Care. Since 2022 she has served as the Lead APS for Surgical Service Lines at Central Maine Healthcare. Hannah joined the MEAPA Board of Directors in 2025, she has served on the Membership and the Government Affairs Committees.

Joe obtained his BA in Psychology from Assumption College in 1997 and completed MSHS in 2000 at George Washington University. He has spent the majority of his career in clinical cardiology and clinical cardiac electrophysiology with additional board certification in cardiac device management and cardiac electrophysiology from the International Board of Heart Rhythm Examiners. In Maine Joe has worked at the Central Maine Heart and Vascular Institute and is currently work for Maine Health Cardiology, serving in the role of Lead APP for Electrophysiology and Heart Failure. Joe joined the MEAPA Board of Directors as a Director-at-Large in 2025 and has served on the Bylaw Committee and lectured at the 2026 Spring Conference.



Director-At Large

**Joseph Sala,
MSHS, PA-C**



NEW!

Director-At-Large

**Kathryn Dobrovolny,
MPAS, PA-C**

Kathryn Dobrovolny, PA-C, graduated from the University of New England PA Program in 2019. She began her career in pediatric and adult general surgery, where she practiced for three years before joining Penobscot Community Health Care (PCHC) as a family medicine provider. After three years in primary care, Kathryn helped pioneer PCHC's provider desktop coverage program, an innovative model that supports continuity of care and assists primary care teams across the organization.

Outside of work, Kathryn enjoys spending time with her husband and their two children, Charlotte and Sullivan.



House Of Delegates

Stephanie Podolski, DMSc, MPH, MSPA, PA-C, is a hospital medicine clinician, healthcare leader, educator, and public health professional committed to advancing the physician associate profession. A three-time University of New England graduate (BS Biology '11, MPH '12, MSPA '15), she later earned her Doctor of Medical Science in Healthcare Leadership from Northeastern University (2025), focusing on AI, business strategy, and healthcare innovation.

She serves as Director of the Hospitalist Advanced Practice Provider Fellowship and Lead APP at MaineGeneral Medical Center, and adjunct faculty for the UNE PA Program. A longstanding MEAPA leader since 2013, and past president, she helped pass Maine's Optimal Team Practice legislation. A nationally recognized mentor and educator, she received the 2025 PA Foundation William H. Marquardt Mentorship and Preceptorship Award for her contributions to developing future PA leaders and advancing patient-centered care.



Chief Delegate

**Stephanie Podolski,
MPH, MS, PA-C,
CAQ-HM**



AAPA HOD Delegate
Steve Blessington,
PA-C, MPH

Steve graduated Northeastern University with a Masters of Health Professions in 1996 and has practiced in Maine for more than 3 decades. Currently he serves as Medical Director and Associate Faculty for the University of New England Physician Associate Program and practices clinically in hospital medicine at MaineHealth. He has clinical experience in emergency medicine and hospital medicine. He has been actively involved in PA education since 2008, as Adjunct Faculty.

He has served on the Maine Board of Licensure in Medicine, is a former President and current Delegate of the Maine Association of Physician Assistants (MEAPA) and has played a central role in advancing Optimal Team Practice legislation in Maine. He has extensive experience serving as an expert witness for numerous law firms across the northeast in medical malpractice cases involving PAs.

Angela earned her BSN from the University of Southern Maine in 2000 and her MPAS from the University of New England in 2005. A practicing PA in Maine for more than 20 years, she brings extensive clinical experience in Critical Care and Hospitalist Medicine.

She currently serves as the Director of Critical Care Services for the Southern Region and as the Director of AAP Education Programs at MaineHealth. Angela also has experience in medical-legal consulting and has been an adjunct faculty member for the University of New England's PA Program for more than nine years. Angela has been actively involved with MEAPA for many years, including serving as a past president.

She has contributed significant time to the Government Action Committee and played an instrumental role in the revision of MEAPA's bylaws.



AAPA HOD Delegate
Angela LeClerc,
MSPA, PA-C



UNIVERSITY OF
NEW ENGLAND

INNOVATION FOR A HEALTHIER PLANET

Student Representatives



**Class of 2027
Representative**

Katie Doughty, PA-S

Katie Doughty is a Physician Assistant student at the University of New England and serves as the Maine Academy of Physician Associates (MEAPA) Class of 2028 Representative. A Maine native, she earned her bachelor's degree in biology from the University of Maine and previously worked as both a medical assistant and laboratory assistant, gaining valuable experience in primary care in central Maine.

Katie is passionate about advocating for the PA profession, promoting student engagement, and advancing patient-centered healthcare. She is committed to developing her clinical skills throughout her training while supporting collaboration and professional growth among future physician associates.

Katie also enjoys staying active, spending time with family and friends, enjoying summer days on the lake, and traveling.



**Class of 2028
Representative**

To be elected by class Fall of 2026