



## NHOA, NHSPA Summer Symposium July 31, 2026

### Agenda

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| 07:30 AM     | Registration, Breakfast, Visit Exhibitors                                                                                                                                                                                                                                                                                                             |
| 08:00-09:00  | <b>Advances in Diabetes Care: Evidence-Based Updates for Clinicians:</b><br><b>Christopher N. Beaudet, MSN, APRN, FNP-BC</b><br><small>* Determine appropriate timing and indications for therapy escalation, including transition from oral agents to insulin or other injectable therapies (e.g., GLP-1 receptor agonists)</small>                  |
| 09:00-10:00  | <b>Chronic Kidney Disease: Early Patient and Healthcare Team Awareness Avoids a Tsunami of Illness: Terrance J O'Neil, MD, FACP</b><br><small>* Understand the changing definition of chronic kidney disease</small>                                                                                                                                  |
| 10:00-10:15  | Break and Visit Exhibitors                                                                                                                                                                                                                                                                                                                            |
| 10:15- 11:15 | <b>Lifestyle Modifications for Diabetics: Mary Pearson, DO</b><br><small>* How to get people to buy into lifestyle change</small>                                                                                                                                                                                                                     |
| 11:15- 12:15 | <b>Beyond Glucose Control: Optimizing Blood Pressure Management in Patients with Diabetes: Hailey Choi, PharmD, BCACP, CDCES</b><br><small>* Apply current guideline recommendations to select and optimize antihypertensive therapy in patients with diabetes, including blood pressure targets and first-line agents</small>                        |
| 12:15-12:30  | Lunch and Visit Exhibitors                                                                                                                                                                                                                                                                                                                            |
| 12:30-01:30  | <b>Responding to Diabetic Emergencies: Frank Hubbell, DO</b><br><small>* Recognizing and treating hypoglycemia, DKA, HHS</small>                                                                                                                                                                                                                      |
| 01:30-02:30  | <b>Cerebrovascular Complications of Diabetes Mellitus:</b><br><b>Alexandra Filippakis, DO, Suzanne Jalbert-Jones, BM, MA</b><br><small>* Describe the pathophysiological mechanisms by which diabetes mellitus increases cerebrovascular risk, including the roles of chronic hyperglycemia, endothelial dysfunction, and prothrombotic state</small> |
| 02:30-02:45  | Break and Visit Exhibitors                                                                                                                                                                                                                                                                                                                            |
| 02:45-03:45  | <b>Diabetic Retinopathy in Clinical Practice:</b><br><b>Thamolwan (Tammy) Surakiatchanakul, MD, Rachel Lamy, DO, MPD</b><br><small>* Review the epidemiology and pathophysiology of diabetic retinopathy</small>                                                                                                                                      |
| 03:45-04:45  | <b>Neurological Features of Diabetes: Chris Martino, DO</b><br><small>* Review the CNS /PNS features of Diabetes</small>                                                                                                                                                                                                                              |