

# PREPARE —

## Getting the Conversation Started: The Latest Data and Guidelines on the Integration of Cognitive Health Screening into Clinical Practice

### PROGRAM CHAIR

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Meeting Date: **March 25, 2026**

Time: **7:30 PM - 8:30 PM CT**

Meeting ID: **837 7661 3665**

Program Link: [Click Here](#)

### PROGRAM DESCRIPTION

The PREPARE Cognitive Grand Rounds is an expert-led education series that brings together primary care clinicians and neurologists to discuss the detection of early cognitive decline in primary care settings. Through interactive case discussions, review of emerging data, and use of innovative tools, participants will enhance their understanding of current guidelines, validated assessment measures, and the evolving role of novel biomarkers. The sessions aim to build clinical confidence in recognizing subtle signs of impairment, determining appropriate next steps for testing and referral, and implementing coordinated, patient-centered management strategies. The program also empowers clinicians to initiate meaningful conversations with patients by exploring practical conversation starters and addressing common communication barriers—underscoring the essential role of dialogue in promoting timely detection and comprehensive cognitive care.

### TARGET AUDIENCE

This activity is tailored to address the educational needs of healthcare providers, excluding those located in the United Kingdom, who are involved in managing patients with cognitive health concerns. The primary audience includes primary care clinicians and general practitioners (MDs/DOs/NPs/PAs), general neurologists, and geriatricians, with a secondary audience of psychiatrists and OB-GYNs.

### LEARNING OBJECTIVES

After completing the CME activity, learners should be better able to:

- Appraise cognitive health screening best practices to differentiate normal aging from early cognitive decline using validated tests, while offering appropriate management strategies and specialist referral
- Justify the use of clinical signs and symptoms, as well as biomarkers, to detect neuropathological changes in cognitive health conditions
- Model the integration of new data and guideline recommendations for cognitive health assessments into clinical practice

### JOINT ACCREDITATION STATEMENT



In support of improving patient care, Med Learning Group is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### PHYSICIAN CREDIT DESIGNATION STATEMENT

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### NURSES (ANCC) CREDIT DESIGNATION

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Med Learning Group makes every effort to develop CE activities that are science-based. This activity is designed for educational purposes. Participants have a responsibility to use this information to enhance their professional development in an effort to improve patient outcomes. Conclusions drawn by the participants should be derived from careful consideration of all available scientific information. The participant should use clinical judgment, knowledge, experience, and diagnostic decision-making expertise before applying any information, whether provided here or by others, for any professional use.

For CE questions, please contact Med Learning Group at [info@medlearninggroup.com](mailto:info@medlearninggroup.com)

Contact this CE provider at Med Learning Group for privacy and confidentiality policy statement information at [www.medlearninggroup.com/privacy-policy/](http://www.medlearninggroup.com/privacy-policy/)

### AMERICANS WITH DISABILITIES ACT

Event staff will be glad to assist you with any special needs. Please contact Med Learning Group prior to the virtually live event at [info@medlearninggroup.com](mailto:info@medlearninggroup.com)



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