

North Dakota Academy of Physician Assistants

2022 Fall Primary Care Conference



October 7, 2022
North Dakota Heritage Center
Bismarck, ND



Welcome!

Thank you for attending the 2022 Fall Primary Care Conference.

This conference is designed to update professional knowledge in primary care for PAs, NPs, and other healthcare providers.

This conference is presented and coordinated by:

The North Dakota Academy of PAs

NDAPA Mission:

"The mission of NDAPA is to promote quality, cost-effective, accessible health care to enhance the health and well-being of the people of North Dakota and to promote the professional and personal development of Physician Assistants."

<https://ndapa.mypanetwork.com/>

CME Accreditation

This activity has been reviewed and is approved for a maximum of 7.00 AAPA Category 1 CME credits by the AAPA Review Panel. PAs should claim only those credits actually spent participating in the CME activity.

This activity was planned in accordance with AAPA CME Standards for Live Programs and for Commercial Support of Live Programs.



To claim your CMEs, scan the QR code below (or click the link for those online), check the presentations you attended, and your certificate will be emailed to you. If you need your certificate immediately, please let the front desk know or email ndapaoffice@gmail.com if you need it immediately.



[Link to CME Claim Form](#)

PAs only – PAs can easily log their CMEs in the NCCPA CME logging website. Scan the QR code below or click on the link for instructions.



[Link to NCCPA Logging Instructions](#)

Handouts for Presentations

Handouts for the presentations can be found on the NDAPA Website in the conference registration page. Look for the tab that says "Handouts" in the middle of the page. You will need to be logged in to access them.

ndapa.mypanetwork.com



Conference Exhibitors

The NDAPA would like to thank our exhibitors for their support. Their generosity for 2022 Fall Primary Care Conference underscores their commitment to bringing high quality educational opportunities to PAs, NPs, and other health care providers.

Please stop by the exhibit room and hear what they have to say!



GlaxoSmithKline



Boehringer
Ingelheim



Exhibitor	Email	Company	Contact Number
Jennifer Harison	jhariso@amgen.com	Amgen	(701) 425-8986
Mark Juven	mjuven@amgen.com	Amgen	(701) 371-9230
Jennifer Renner-Boerboom	jennifer.renner-boerboom@biohavenpharma.com	Biohaven Pharmaceuticals	(701) 261-7113
Mark Schaber	mark.schaber@boehringer-ingelheim.com	Boehringer Ingelheim Pharmaceuticals	(612) 597-4016
Jerilyn Leiseth	jerilyn.leiseth@boehringer-ingelheim.com	Boehringer Ingelheim Pharmaceuticals	(701) 306-4865
Lisa Buth	lisa.m.buth@gsk.com	GSK	(701) 261-5695
Sandy Larson	sandra.a.larson-dienstmann@gsk.com	GSK	(701) 240-6611
Anthony Cain	anthony.cain@pfizer.com	Pfizer	(701) 799-7772

SPECIALIZING IN

PELVIC & BLADDER HEALTH



Restoring Pelvic Health with Dignity

An ancient fable tells the story of a mother pelican selflessly providing for her young in time of need. This nurturing pelican reminds us to be compassionate and wise as we care for ourselves and others.

URODYNAMICS LAB

PESSARY CLINIC

PELVIC FLOOR ASSESSMENT

NEUROMODULATION

GSM MANAGEMENT



SCAN TO VISIT US!

3100 North 11th Street, Suite #1 | Bismarck | 701.751.2272 | pelicanhealthclinic.com

Conference Schedule - Morning

8:00 am - 8:30 am

Registration

8:30 am - 8:35 am

Welcome and Announcements

8:35 am - 9:30 am

Global Treatment Strategy for Chronic Migraine

Vicki Andvik, PA-C

UND PA Program, Grand Forks, ND

Objectives:

At the completion of this continuing education activity the learner/participant will:

- Know the practical applications of acute and prophylactic; pharmacologic and non-pharmacologic migraine treatments.
- Be cognizant of complementary and alternative treatments for chronic migraine.
- Know how to assess the clinical outcomes of the migraine treatment plan on a patient's quality of life.



[Eval link](#)

9:30 am - 10:25 am

Female Pelvic Health

Melanie Schlittenhardt, NP

Pelican Health, Bismarck, ND

Objectives:

At the completion of this continuing education activity the learner/participant will be able to:

- Acknowledge the burdens of pelvic health care access in the U.S.
- Recognize the pelvic health scope for PAs and NPs.
- Review the treatments for common female pelvic health complaints.



[Eval link](#)

10:25am - 10:50 am

Morning Break - Exhibits

10:50 am - 11:45 am

Nocturia

Regan Miller, PA-C, USAF Ret.

VA Medical Center, Fargo, ND

Objectives:

At the completion of this continuing education activity the learner/participant will be able to:

- Define nocturia.
- Discuss the workup of nocturia.
- Describe the first line treatments of nocturia.
- List the common and uncommon causes of nocturia



[Eval link](#)

11:45 am - 12:10 pm

Osteoporosis Overview

Julie Solberg, PA-C

University of North Dakota Department of PA Studies - Grand Forks, ND

Grand Forks Clinic, Grand Forks, ND

Objectives:

At the completion of this continuing education activity the learner/participant will be able to:

- Discuss the pathophysiology of osteoporosis.
- Define screening recommendations and explain risk assessment.
- Describe diagnostic technologies for osteoporosis.
- Identify options in pharmacologic intervention.
- Explore osteoporosis treatment guidelines.



[Eval link](#)

Conference Schedule - Afternoon

12:10 pm – 1:00 pm

Lunch - Exhibits

1:00 pm - 1:55 pm



[Eval link](#)

EKG Review – Axis Deviations and Bundle Branch Blocks

John Hagan, MD

**UND School of Medicine and Health Sciences, SW Campus, Bismarck, ND
North Dakota Department of Corrections, Bismarck, ND**

Objectives:

At the completion of this continuing education activity the learner/participant will:

- Learn straightforward techniques to identify left and right axis deviations.
- Master the ability to reliably identify left and right bundle branch blocks.
- Gain understanding of significant medical conditions associated with axis deviations and bundle branch blocks.
- Describe the next steps in evaluation of patients with axis deviations and bundle branch blocks.

1:55 pm - 2:20 pm



[Eval link](#)

Continuous Glucose Monitors

Russ Kauffman, PA-C

University of North Dakota Department of PA Studies - Grand Forks, ND

Objectives:

At the completion of this continuing education activity the learner/participant will:

- Understand how CGM technology works.
- Understand the benefits and limitations of CGM technology.
- Understand some of the basic differences between common CGM devices.

2:20 pm - 2:40 pm

Afternoon Break - Exhibits

2:40 pm - 3:35 pm



[Eval link](#)

The Disease of Worklessness

Joel Blanchard, MD

Sanford Health, Bismarck, ND

Objectives:

At the completion of this continuing education activity the learner/participant will:

- Understand the meaning of worklessness as a disease.
- Understand the consequences of worklessness on an individual's long-term health status.
- Challenge their current practice habits to prevent this disease.

3:35 pm - 4:30 pm



[Eval link](#)

COPD Therapies

Ben Ehrichs, PharmD

Veterans Administration, Bismarck, ND

Objectives:

At the completion of this continuing education activity the learner/participant will be able to:

- Discuss the diagnosis of COPD
- Describe the latest guidelines related to the management of COPD
- Discuss the pharmacologic treatment of COPD

Save the date for our spring CME conference!!



45th Annual NDAPA Primary Care Seminar

May 4th & 5th, 2023

Holiday Inn, Fargo

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Contact Information

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2022 Conference Attendees (as of 10/1/2022)

First	Last	Title	Email	City	State
Vicki	Andvik	PA-C	vicki.andvik@outlook.com	Moorhead	MN
Morgan	Bernhardt	PA-S	morgan.jossart@comcast.net	Bismarck	ND
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TOGETHER, WE IMPROVE QUALITY OF LIFE

The UND School of Medicine & Health Sciences is seeking primary care and specialty preceptors to partner with PA students in the clinic.



The clinical preceptor is an integral part of education for future physician assistants (PAs). Preceptors at the UND Department of Physician Assistant Studies will serve as role models for the student and, through guidance and teaching, will help students perfect skills in history taking, physical examination, effective communication, physical diagnosis, problem assessment, and plan development.

PA preceptors also benefit in the education process. Being a preceptor means you will challenge yourself to think about how you practice and what is important to pass on to those about to enter the profession.

Contact: Mindy Staveteig, UND Department of Physician Assistant Studies, Director of Clinical Education, mindy.staveteig@UND.edu, 701.777.2344

As a preceptor for the UND PA Program, preceptors receive:

- Clinical faculty appointment as a Clinical Assistant Professor
- UND Health Sciences Library access (including Exam Master board prep)
- Cost-covered training for identified preceptors
- Provider focused SIM-ND training with free continuing education credits (ND partners only)
- Prospective participation on the UND DPAS Advisory Committee
- Prospective involvement with the UND DPAS clinical education research team



UND SCHOOL OF MEDICINE
& HEALTH SCIENCES
UNIVERSITY OF NORTH DAKOTA



med.UND.edu/physician-assistant/preceptor

2022 NDAPA Fall Conference Schedule - Friday, October 7

Time	Topic / Speaker	# of CME
8:00 am - 8:30 am	Registration - Continental Breakfast	
8:30 am - 8:35 am	Welcome and Announcements	
8:35 am - 9:30 am	<i>Migraines - Vicki Andvik, PA-C</i>	1
9:30 am - 10:25 am	<i>Pelvic Health - Melanie Schlittenhardt, NP</i>	1
10:25 am - 10:50 am	Morning Break - Exhibits	
10:50 am - 11:45 am	<i>Nocturia - Regan Miller, PA-C</i>	1
11:45 am - 12:10 pm	<i>Osteoporosis - Julie Solberg, PA-C</i>	0.5
12:10 pm - 1:00 pm	Lunch - Exhibits	
1:00 pm - 1:55 pm	<i>EKG Review - John Hagan, MD</i>	1
1:55 pm - 2:20 pm	<i>Continuous Glucose Monitors - Russell Kauffman, PA-C</i>	0.5
2:20 pm - 2:40 pm	Afternoon Break - Exhibits	
2:40 pm - 3:35 pm	<i>Occupational Medicine - Joel Blanchard, MD</i>	1
3:35 pm - 4:30 pm	<i>COPD Update - Ben Ehrichs, PharmD</i>	1
Total CME		7

Thank you for attending the conference!

