

We are so excited to offer you this free resource as a part of your journey through The Husband Project book and our online Bible study!

Here's how this journal is set up:

The first section of this journal is for you to take notes from the weekly videos we have for you on the blog.

In the second section we have created a 21 -day journal for The Husband Project.

Each day you'll decide which project you are going to do. Write that in the space titled, "Today's Project." At the end of the day, write a few thoughts down in the "Project Progress" section. You'll want to include things like his reaction to the project, how you felt after completing the project, and any changes in your relationship atmosphere.

You'll also see a section titled "My 5 for My Guy." This is the place for you to write down five things you are grateful for about your husband, every day!

You'll see marriage quotes and Bible verses sprinkled throughout the journal to help inspire and encourage your marriage! And before you begin, we've left a space for you to write a specific prayer for your marriage.

I'm cheering for your marriage, and we hope this will be a valuable tool for your journey!

Much love,
Melissa Taylor
Director of P31 Online Bible Studies

# MY TAKEAWAYS FROM THE MONDAY VIDEOS: 

## weeli one:

1. 
2. 
3. 

Write the verse of the week here:

# MY TAKEAWAYS FROM THE MONDAY VIDEOS: 

## weeki livo:

1. 
2. 
3. 

Write the verse of the week here:

# MY TAKEAWAYS FROM THE MONDAY VIDEOS: 

## week linee:

1. 
2. 
3. 

Write the verse of the week here:

# MY TAKEAWAYS FROM THE MONDAY VIDEOS: 

## weeli four:

1. 
2. 
3. 

Write the verse of the week here:

# MY TAKEAWAYS FROM THE MONDAY VIDEOS: 

## wech fire:

1. 
2. 
3. 

Write the verse of the week here:

# "Above all, love each other deeply, because love covers over a multitude of sins." 1 PETER 4:8 (NIV) 

TODAY'S PROJECT:

PROJECT PROGRESS:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.
"Don't let the differences in your marriage drive you crazy. Let them drive you straight to your knees."

> KAREN EHMAN

TODAY'S PROJECT:

PROJECT PROGRESS:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.
"Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace."
EPHESIANS 4:2-3 (NIV)

TODAY'S PROJECT:

## PROJECT PROGRESS:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.
"There is no more lovely, friendly or charming relationship, communion or company, than a good marriage."

MARTIN LUTHER

TODAY'S PROJECT:

PROJECT PROGRESS:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.
"My love will be kind. My love will be patient. My love will persevere. Not because I feel it-but because I choose it." LYSA TERKEURST TODAY'S PROJECT:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.
"Happiness in marriage is a moment by moment choice. A decision to love, forgive, grow and grow old together." fawn weaver, the happy wives club TODAY'S PROJECT:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.
"A good marriage is the union of two good forgivers."
RUTH BELL GRAHAM

TODAY'S PROJECT:

## PROJECT PROGRESS:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.
"Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken."
ECCLESIASTES 4:12 (NIV)

## TODAY'S PROJECT:

## PROJECT PROGRESS:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.
"This is my beloved, this is my friend..." SONG OF SOLOMON 5:16B (NIV)

TODAY'S PROJECT:

```
PROJECT PROGRESS:
```

MY 5 FOR MY GUY: 1.
2.
3.
4.
5.
"The greatest marriages are built on teamwork. A mutual respect, a healthy dose of admiration, and a never-ending portion of love and grace."

> fawn weaver, the happy wives club

TODAY'S PROJECT:

PROJECT PROGRESS:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.
"And we know that in all things God works for the good of those who love him, who have been called according to his purpose."
ROMANS 8:28 (NIV)

TODAY'S PROJECT:

## PROJECT PROGRESS:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.
"...always work enthusiastically for the Lord, for you know that nothing you do for the Lord is ever useless."

1 CORINTHIANS 15:58B (NLT)

## TODAY'S PROJECT:

## PROJECT PROGRESS:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.
"A long-lasting marriage is built by two people who believe in-and live by-the solemn promise they made."

Darlene schacht

TODAY'S PROJECT:

PROJECT PROGRESS:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.
"Don't look out only for your own interests, but take an interest in others, too."
PHILIPPIANS 2:4 (NLT)

TODAY'S PROJECT:

PROJECT PROGRESS:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.
"If you live to be a hundred, I want to live to be a hundred minus one day, so I never have to live without you."

WINNIE THE POOH

TODAY'S PROJECT:

PROJECT PROGRESS:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.
"Marriage doesn't make you happyyou make your marriage happy."
DRS. LES \& LESLIE PARROTT

TODAY'S PROJECT:

PROJECT PROGRESS:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.
"There is no greater happiness for a man than approaching a door at the end of a day knowing someone on the other side of that door is waiting for the sound of his footsteps."

## RONALD REAGAN

TODAY'S PROJECT:

Project progress:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.
"Love is patient, love is kind. It does not envy, it does not boast, it is not proud."
1 CORINTHIANS 13:4 (NIV)

## TODAY'S PROJECT:

## PROJECT PROGRESS:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.
"One of the greatest gifts you can give your husband is your own wholeness."

STORMIE OMARTIAN

## TODAY'S PROJECT:

## PROJECT PROGRESS:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.
"Love like there's no tomorrow, and if tomorrow comes, love again."

MAX LUCADO

## TODAY'S PROJECT:

## PROJECT PROGRESS:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.

## DAY 21

"Therefore what God has joined together, let no one separate." MARK 10:9 (NIV)

TODAY'S PROJECT:

PROJECT PROGRESS:

MY 5 FOR MY GUY:
1.
2.
3.
4.
5.

## STUDY REFLECTIONS

THE PROJECT MY HUSBAND ENJOYED MOST WAS $\qquad$
$\qquad$

THE PROJECT I ENJOYED MOST WAS $\qquad$
$\qquad$ -

THREE THINGS I WANT TO TAKE AWAY FROM THIS STUDY:
1.
2.
3.
my prayar for the filive of our mariacte

