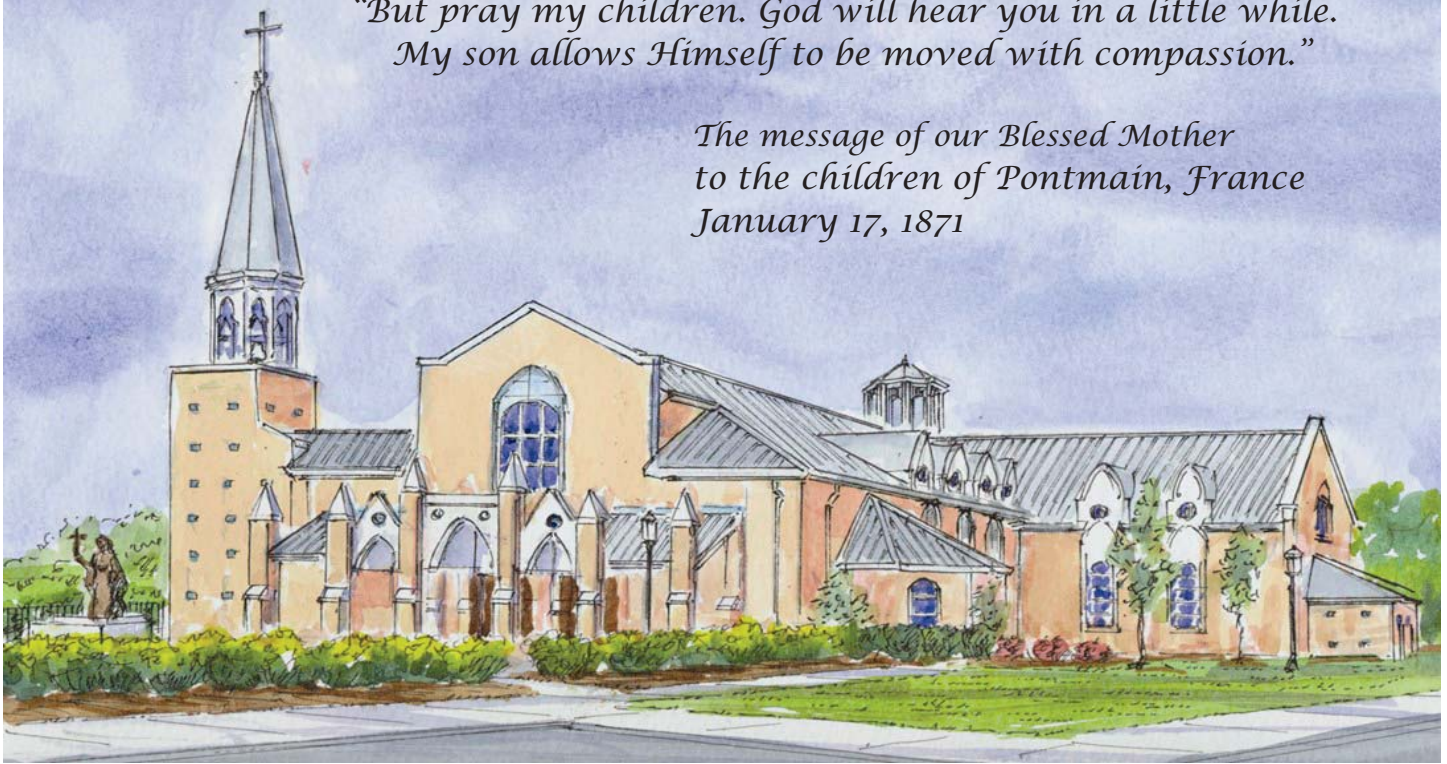


Our Lady of Hope Catholic Church

*"But pray my children. God will hear you in a little while.
My son allows Himself to be moved with compassion."*

*The message of our Blessed Mother
to the children of Pontmain, France
January 17, 1871*



Parish Staff

The Rev. William P. Saunders, Pastor
The Rev. Joseph W. Farrell, Parochial Vicar

Cathy Barshop, Director of Religious Education
Jackie Regan, Religious Education Assistant
Michael Schierer, Youth Ministry Assistant
Pat Sabas, Business Manager
Alfonso Pena, Facilities Supervisor
Suzanne Yerks, Director of Music
Kristin Grasson, Parish Secretary

The Church & Parish Office

Address: 46639 Algonkian Parkway
Potomac Falls, Virginia 20165
Office Hours: 9:00 a.m. - 4:00 p.m.,
Monday - Friday
Telephone: 703-433-6770
Website: www.ourladyofhope.net

Parish Registration

We invite you to register and become part of our parish community. Forms are available at the parish office or on the table in the narthex.

Sunday Mass Schedule

Saturday Evening Vigil: 5:00 p.m.
Sundays: 7:30, 9:00, 10:30 a.m., 12:15 p.m.

Daily Masses

Monday - Friday at 6:45 & 8:30 a.m.
Saturday: 8:30 a.m.
On Federal Holidays Mass is at 8:30 a.m. only.

Sacrament of Penance

Confessions are heard on Saturdays after the 8:30 a.m. Mass, during the Thursday evening Holy Hour, and by appointment.

Adoration of the Blessed Sacrament

Every Thursday from 9:00 a.m. until 8:30 p.m.

Holy Hour

Thursday evening from 7:30 - 8:30 p.m.

Our Lady of Hope Catholic School A National Blue Ribbon School



Mary Beth Pittman, School Principal
Angela Matzke, Administrative Assistant
Address: 46633 Algonkian Parkway
Potomac Falls, Virginia 20165
Telephone: 703-433-6760
Website: www.ourladyofhopeschool.net

MASSES OF THE WEEK**Sunday, March 13: Fifth Sunday of Lent**

7:30 a.m. In Thanksgiving
 9:00 a.m. Alderete Family
 by Christine & Kevin Cardinal
 10:30 a.m. Living & Deceased Parishioners
 12:15 p.m. + Keroosh Ebrahimoff
 by the Toma Family

Monday, March 14

6:45 a.m. Joe Akers by Bethany Sargis
 8:30 a.m. + Adyr Webster by Maria Rushing

Tuesday, March 15

6:45 a.m. + Poor Souls in Purgatory
 by the Skojec Family
 8:30 a.m. + Edward Dmoch
 by Chris Wszolek

Wednesday, March 16:

6:45 a.m. Anya Harmon by Sherrie Fuller
 8:30 a.m. + Cecila Sullivan by Gerry Sullivan

Thursday, March 17

6:45 a.m. Synclaire Shoemaker
 by the Barshop Family
 8:30 a.m. + Diane Mulford by C. Renken

Friday, March 18: St. Cyril of Jerusalem

6:45 a.m. Theresa Fer by Bethany Sargis
 8:30 a.m. + Charles Monek
 by Barbara Principe

Saturday, March 19: St. Joseph

8:30 a.m. Joseph F. Saunders Jr.
 by the Saunders Family
 5:00 p.m. + Cecilia Sullivan
 by Gerry Sullivan

Sunday, March 20

7:30 a.m. + Joseph Zajac
 by Paul & Trish Gilmore
 9:00 a.m. + Luciano Palermo
 by the Bonnette Family
 10:30 a.m. Living & Deceased Parishioners
 12:15 p.m. Water Golec by the Nelson Family

What does it mean to be an active Catholic?

Frequently, those seeking to celebrate Marriage, have children baptized, or serve as sponsors for Confirmation or Baptism request a letter stating that they are parishioners and active, practicing Catholics. *To receive such a letter, one must be registered in the parish for at least 3 months, attend Mass regularly, and be committed to a stewardship of time, talent, and treasure.* We encourage all parishioners to become active in one of the parish organizations. In a community as large as Our Lady of Hope, one means of verifying participation is through the use of parish offertory envelopes. If you choose not to participate in the support of the parish, or are unable to contribute at this time, please at least note your prayerful support on your envelope and place it in the weekly offertory. We will then be aware of your continued participation, and you will not be noted as "inactive" on our parish roster.

Sacrament of Baptism

Parish Registration and the Baptism class are required. Baptisms are held every Sunday of each month at 1:30 p.m. in the Church Baptistry. Please contact the parish secretary to register for the Baptism classes. Plan to attend the classes before the birth of the child.

Sacrament of Matrimony

In accordance with the regulations of the Bishop of Arlington, couples must contact a priest and begin preparation at least six months prior to the wedding. Parish registration and active participation for a minimum of 3 months is required *before* preparation may begin. Living together before marriage is sinful and harmful to the future marriage. Couples who are living together will be asked to live separately during the preparation time.

Call to Vocations

"Christ Jesus has made me His own." Are you called to belong to Christ alone as a priest, deacon or through the consecrated life? Call Father J.D. Jaffe (703) 841-2514, or write: j.jaffe@arlingtondiocese.org. If you sense that Christ may be calling you to the priesthood, diaconate, or consecrated life, contact Father J.D. Jaffe at 703-841-2514 or j.jaffe@arlingtondiocese.org or call Father Saunders or Father Farrell.

**Please Pray For...**

The list of the sick and homebound of our parish can be found at www.ourladyofhope.net, our parish website. Please use the "**Parish Life**" link to get to the list. To add a name, please use the online form or call the parish office.

Please pray for:

Liz Fernandez, Amy Goins, Mary Ann Pelczar.

UPCOMING PARISH EVENTS**Young Adult Lenten Book Study-Mondays at 7:30pm**

"Our Lady of Hope's Young Adult group, Fiat, invites all young adults, 18 and older, to their Lenten book study of *The Seven Last Words* by the Venerable Fulton J. Sheen. The group will meet every Monday in Lent from 7:30 to 9:00 p.m. downstairs in the St. Thomas More meeting room. Come meet other young adults from the parish and grow together in faith and fellowship! Please contact Josh Bickl for more details at fiatyoungadults@gmail.com

Ladies of Hope Meeting: March 15

The Ladies of Hope invite all women of the parish to their next meeting March 15th at 7:30pm celebrating spring. A Loudoun County master gardener will present on vegetable and container gardening. Come grow in spirit and fellowship with the ladies of hope.

**St. Joseph's Feast Day Celebration: March 18**

The Ladies of Hope invite you to join them for their annual St. Joseph's Day celebration, Friday, March 18, 2016. We will begin our evening in the Church at 7:30 p.m. with Stations of the Cross, followed by a St. Joseph's Day celebration in the parish hall. Please consider joining us to honor our dear St. Joseph.

Senior Trips

April 13th - Live Casino in Baltimore with \$25 Bonus The cost is \$56.00 (includes motor coach & half price buffet).

April 24th-25th - Atlantic City (overnight) staying at the Tropicana with Buffet dinner & breakfast, 2nd day resorts with \$15.00 bonus. The cost is \$155 for double or \$195 for single (motor coach included).

May 11th - "Samson" at Sight & Sound Millennium theatre in Lancaster, Smorgasbord at Millers (wait-list).

July 14th - "Phantom of the Opera" at the Kennedy Center, orchestra seats. The cost is \$112.00 (includes motor coach).

LENT**Stations of the Cross:**

Fridays at 2:15 p.m. & 7:30 p.m.

All are encouraged to take time to participate in this venerable tradition of the Church and meditate on our Lord's sacrifice for our sins.

Confessions:

Saturdays after the 8:30 a.m. Mass

Wednesdays from 6:30-8:00 p.m. (Lent only)

Thursdays from 7:30 p.m. to 8:30 p.m.

Adoration of the Blessed Sacrament

All through Lent, we will offer Adoration from after the Thursday, 8:30 a.m. Mass throughout the day until 8:30 p.m. A Holy Hour will be offered and Confessions will be heard from 7:30-8:30 p.m. on Thursday evening. Adorers are needed. Please sign up in the Narthex.

Regulations for Fasting and Abstinence are as follows: Ash Wednesday and Good Friday are days of penance observed by both fasting (only one full meal during the day) and abstinence from meat. All other Fridays during Lent are days of abstinence; we forego the eating of meat to make ourselves conscious of our Lord's sacrifice of Himself for our sins. The law of fasting is binding for those who are 18 years old but not yet 60; the law of abstinence is binding for those 14 years of age and older.

Lenten Cross of Mercy

This Lent we encourage you to take an active part in the Jubilee Year of Mercy by participating in the Lenten Cross of Mercy in support of the mission of the House of Mercy in Manassas. Please select one or more tags and return material items to the foot of the cross and monetary items to the office, or mail them to the House of Mercy in the envelopes found at the foot of the cross.

Car Raffle

The PTO is sponsoring a car raffle for a 2016 VW Jetta Sport. The winner will get to pick the color! Proceeds will support the school and this summer's work camp. Tickets may be purchased in the narthex after all Masses for \$20 each. The winner will be announced at the school auction on April 9th. If the winner is present at the auction, they will also win a \$1,000.00 gift card for gas.



RELIGIOUS EDUCATION**703-433-6564**

The Religious Education Office is closed on Fridays.

March 15/16: First Penance
& Lenten Confessions
March 22/23: No RE Classes (Holy Week)
March 29/30: RE Classes

Vacation Bible School

We are considering offering a VBS Summer 2016 option but we need volunteers (adults and teens) to help with all aspects of VBS. If you are interested, please contact the RE Office.

YOUTH MINISTRY**703-433-6770****Youth@ourladyofhope.net****Upcoming High School Youth Group Events**

Each Tuesday at 7:30 p.m., the youth group meets in the school gym for a half-hour of fun and fellowship followed by a topical presentation and discussion. Then, from 9-10 p.m., open gym is available for anyone wishing to stay.

Upcoming Meetings:

March 15: Great Adventure Bible Study
March 22: Stations of the Cross & Confessions
March 29: Resurrection Party

Mother Teresa Mondays:

Meet at the school at 5:45 p.m.
8th Graders are welcome to join the High School Youth Group for these events)
March 21: School Gym

Upcoming Junior High Events:**7th & 8th Graders**

April 10: 6:15-8:00 p.m. in the Gym.

For more information:

<http://ourladyofhope.net/junior-youth-ministry>
jrhigh@ourladyofhope.net

PARISH GROUP COORDINATORS

Altar Servers:	Jeff Grado	703-477-9177
Altar Society:	Alfonso & Janeth Pena	703-406-9835
American Heritage Girls:	Heather Ward	703-331-4394
Area Agency on Aging:	Rich Payne	703-887-9765
Boy Scouts:	Al Pacifico	703-727-7773
Cub Scouts:	Mike McIntosh	703-444-2316
Culture of Life:	Fran Black	703-726-1643
CYO Sports:	Raynelle Araque	703-404-3442
Girl Scouts:	Tricia Kershaw	703-450-0685
Homeschoolers:	Stacy Byrne	703-948-7845
Jr. High Youth:	Stacy Byrne	703-948-7845
Knights of Columbus:	Bob Carmack	240-505-4600
Ladies of Hope:	Marie Kennedy	703-433-0864
Lectors:	Paul Gilmore	703-444-2293
Legion of Mary:	Deborah Baird	703-430-8554
Mom's Group:	Christina Bongiovanni	917-301-3287
Parish Service Partnership:	Tess Torres	703-278-5736
Seniors:	Mary Ann Murphy	703-404-8677
Ushers:	John Grzechowiak	703-444-0023
Young Adults:	Josh Bickl	618-830-2399

THEOLOGY & TAP

Join young professionals from around the diocese for inspiring talks on the second Monday of every month at 7:30 p.m. at O'Sullivan's Irish Pub, 3207 Washington Blvd, Arlington. The next TOT will be held on March 14, and feature Maureen Ferguson. For more information, email yam@arlingtondiocese.org.

This Week at a Glance**Sunday, March 13: Fifth Sunday of Lent**

8:15 a.m. K of C Pancake Breakfast—Parish Hall
 2:00 p.m. CYO Basketball - Gym
 2:00 p.m. WWME - St. Thomas More Room
 6:00 p.m. CYO Banquet

Monday, March 14

6:45/8:30 a.m. Holy Mass
 3:45 p.m. American Heritage Girls - Parish Hall & Seton Rm
 5:00 p.m. CYO Basketball -School Gym
 7:00 p.m. Legion of Mary - St. Elizabeth Ann Seton Room
 7:00 p.m. Boy Scouts - Parish Hall
 7:30 p.m. Young Adults - St. Thomas More Room

Tuesday, March 15:

6:45/8:30 a.m. Holy Mass
 3:00 p.m. Children's Choir - St. Thomas More Room
 3:15 p.m. Jr. Legion of Mary - St. Elizabeth Ann Seton Room
 4:15/6:00 p.m. Religious Education - School Classrooms
 5:00 p.m. CYO Basketball - School Gym
 7:00 p.m. Choir Rehearsal (9:00 a.m. Choir) - Music Room
 7:00 p.m. Ladies of Hope - Parish Hall
 7:30 p.m. Endow - St. Elizabeth Ann Seton Room
 7:30 p.m. High School Youth Ministry - School Gym

Wednesday, March 16:

6:45/8:30 a.m. Holy Mass
 9:00 a.m. Endow - Parish Hall & Seton Room
 4:15 p.m. Religious Education - School Classrooms
 5:00 p.m. CYO Basketball - School Gym
 6:30 p.m. Confessions
 7:00 p.m. Choir Rehearsal (10:30 a.m. Choir) - St. Thomas More Room
 7:30 p.m. Bible Study - Parish Hall

Thursday, March 17:

6:45/8:30 a.m. Holy Mass
 9:00 a.m. Adoration
 5:00 p.m. CYO Basketball - School Gym
 7:30 p.m. Holy Hour, Confessions, Benediction
 7:30 p.m. Inquiry Class - St. Thomas More Room

Friday, March 18

6:45/8:30 a.m. Holy Mass
 2:15/7:30 p.m. Stations of the Cross - Church
 8:00 p.m. - St. Joseph Celebration - Parish Hall

Saturday, March 19:

8:30 a.m. Holy Mass/Confessions

Next Week at a Glance**Sunday, March 20: Palm Sunday**

7:30/9:00/10:30am/12:15pm Holy Mass

Monday, March 21:

6:45/8:30 a.m. Holy Mass
 6:00 p.m. Choir Rehearsal (Church)
 7:00 p.m. Legion of Mary - St. Elizabeth Ann Seton Room
 7:30 p.m. Young Adults - St. Thomas More Room

Tuesday, March 22:

6:45/8:30 a.m. Holy Mass
 3:00 p.m. Children's Choir - St. Thomas More Room
 3:15 p.m. Jr. Legion of Mary - St. Elizabeth Ann Seton Room
 7:30 p.m. Endow - St. Elizabeth Ann Seton Room
 7:30 p.m. High School Youth Ministry - School Gym

Wednesday, March 23:

6:45/8:30 a.m. Holy Mass
 9:00 a.m. Endow - Parish Hall & St. Elizabeth Ann Seton Room
 6:30 p.m. Confessions
 7:00 p.m. Choir Rehearsal (10:30 a.m. Choir) - St. Thomas More Room

Thursday, March 24:

8:00 p.m. Mass of the Lord's Supper, followed by adoration until midnight.

Friday, March 25

3:00 p.m. Liturgy of the Lord's Passion
 7:30 p.m. Stations of the Cross - Church

Saturday, March 26

10:00 a.m. Blessing of Easter Food
 8:30 p.m. Easter Vigil

Sunday, March 27

7:30 a.m. Holy Mass
 9:00 a.m. Holy Mass
 10:30 a.m. Holy Mass
 12:00 p.m. Holy Mass

The Most Rev. Paul S. Loverde, Bishop of Arlington and Chaplain of the Knights of Malta will celebrate a special Mass and Anointing of the Sick of the Diocese on March 19, 2016. All members (& companions) of the Diocese who are sick or physically/mentally challenged are invited to attend. The Mass will be held at 11:00 a.m. at St. Ambrose Catholic Church (Annandale). A free lunch will be provided, following the Mass. Please RSVP to Laura Mead with name, number attending and contact phone number or email at 703-280-1122 or RSVPAnointingMass@gmail.com



Our Lady of Hope

Holy Week & Easter Schedule

Palm Sunday, March 20

7:30 a.m., 9:00 a.m., 10:30 a.m., 12:15 p.m. Holy Mass

*Palms will be distributed at all Masses, including the Saturday evening Vigil.

Monday of Holy Week, March 21

6:45/8:30 a.m. Holy Mass

Tuesday of Holy Week, March 22

6:45/8:30 a.m. Holy Mass

Wednesday of Holy Week, March 23

6:45/8:30 a.m. Holy Mass

6:30-8:00 p.m. Confessions

Holy Thursday, March 24

8:00 p.m. Mass of the Lord's Supper, followed by adoration until midnight.
(There is no adoration during the day on Holy Thursday)

Good Friday, March 25

3:00 p.m. Liturgy of the Passion

7:30 p.m. Stations of the Cross followed by Confessions

Holy Saturday, March 26

10:00 a.m. Blessing of Easter Food

8:30 p.m. Easter Vigil Mass

(There are no confessions on Holy Saturday morning.)

Easter Sunday, March 27

7:30 a.m. Holy Mass

9:00 a.m. Holy Mass (Choir)

10:30 a.m. Holy Mass (Choir)

12:30 p.m. Holy Mass

Masses will be at 8:30 a.m. only during Easter Week, March 28—April 1.