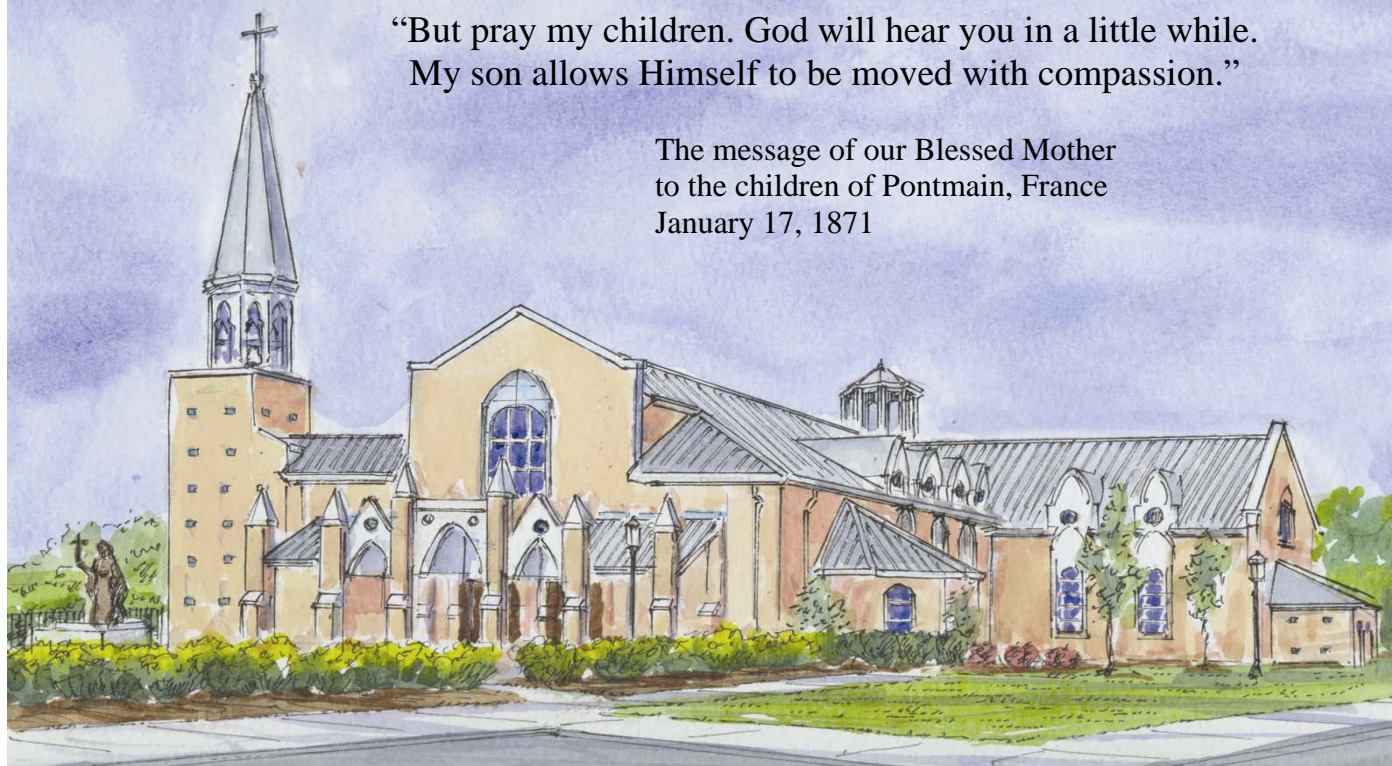


Our Lady of Hope Catholic Church

“But pray my children. God will hear you in a little while.
My son allows Himself to be moved with compassion.”

The message of our Blessed Mother
to the children of Pontmain, France
January 17, 1871



Parish Staff

The Rev. William P. Saunders, Pastor
The Rev. Joseph W. Farrell, Parochial Vicar
Cathy Barshop, Director of Religious Education
Jackie Regan, Religious Education Assistant
Michael Schierer, Youth Ministry Assistant
Pat Sabas, Business Manager
Alfonso Pena, Facilities Supervisor
Suzanne Yerks, Director of Music
Kristin Grasson, Parish Secretary

The Church & Parish Office

Address: 46639 Algonkian Parkway
Potomac Falls, Virginia 20165
Office Hours: 9:00 a.m. - 4:00 p.m.,
Monday - Friday
Telephone: 703-433-6770
Website: www.ourladyofhope.net

Parish Registration

We invite you to register and become part of our parish community. Forms are available at the parish office or on the table in the narthex.

Sunday Mass Schedule

Saturday Evening Vigil: 5:00 p.m.
Sundays: 7:30, 9:00, 10:30 a.m., 12:15 p.m.

Daily Masses

Monday - Friday at 6:45 & 8:30 a.m.
Saturday: 8:30 a.m.
On Federal Holidays Mass is at 8:30 a.m. only.

Sacrament of Penance

Confessions are heard on Saturdays after the 8:30 a.m. Mass, during the Thursday evening Holy Hour, and by appointment.

Adoration of the Blessed Sacrament

Every Thursday from 9:00 a.m. until 8:30 p.m.

Holy Hour

Thursday evening from 7:30 – 8:30 p.m.



Our Lady of Hope Catholic School A Blue Ribbon School!

Mary Beth Pittman, School Principal
Angela Matzke, Administrative Assistant
Address: 46633 Algonkian Parkway
Potomac Falls, Virginia 20165
Telephone: 703-433-6760
Website: www.ourladyofhopeschool.net

MASSSES OF THE WEEK**Sunday, February 7th: 5th Sunday in Ordinary Time**

7:30 a.m. In Thanksgiving
 9:00 a.m. ☩ John Bobay by the Crew Family
 10:30 a.m. Living & Deceased Parishioners
 12:15 p.m. ☩ Darryl Freund by Bruce & Courtenay Gemmill

Monday, February 8th: Ss. Jerome Emiliani &**Josephine Bakhita**

6:45 a.m. ☩ Poor Souls in Purgatory by the Skojec Family
 8:30 a.m. Fr. Sly & Family by Maryanne & Stephen Stahl

Tuesday, February 9th

6:45 a.m. ☩ Clara Dugan by the Saunders Family
 8:30 a.m. ☩ Dan Cella by the Our Lady of Hope Catholic School Staff

Wednesday, February 10th: Ash Wednesday

6:45 a.m. Helen Dickey by the Wilkinson Family
 8:30 a.m. ☩ Dorothy Haines by John Daly
 5:00 p.m. ☩ Sophie Czuba by Barbara Principe
 7:30 p.m. Special Intention

Thursday, February 11th: Our Lady of Lourdes

6:45 a.m. The Phil Collins Family by Clyde & Marsha Slick

8:30 a.m. Mary Kay Stine by Cheryl Forbes

Friday, February 12th

6:45 a.m. ☩ Noah Wilson by the Daquano Family
 8:30 a.m. Emma Billingsley by Chelie Billingsley

Saturday, February 13th

8:30 a.m. The Hickman Family by Joe & Breanne Hickman
 5:00 p.m. ☩ Mr. & Mrs. Dominic Oliveri by Peter & Carol Oliveri

Sunday, February 14th: 1st Sunday of Lent

7:30 a.m. ☩ Josephine Zogran by Raymond Zogran
 9:00 a.m. ☩ Catharine & Matthew Walsh by Scott & Virginia Rowell
 10:30 a.m. Living & Deceased Parishioners
 12:15 p.m. ☩ Albert Ward by the Ward Family

PARISH GROUP COORDINATORS

Altar Servers:	Jeff Grado	477-9177
Altar Society:	Alfonso & Janeth Pena	406-9835
American Heritage Girls:	Heather Ward	571-331-4394
Area Agency on Aging:	Rich Payne	887-9765
Birthright:	Marsha Slick	433-0034
Boy Scouts:	Al Pacifico	727-7773
Cub Scouts:	Michael McIntosh	444-2316
Culture of Life	Fran Black	726-1643
CYO Sports:	Raynelle Araque	404-3442
Girl Scouts:	Tricia Kershaw	450-0685
Homeschoolers:	Stacy Byrne	948-7845
Jr. High Youth:	Stacy Byrne	948-7845
Knights of Columbus:	Bob Carmack	240-505-4600
Ladies of Hope:	Marie Kennedy	433-0864
Lectors:	Paul Gilmore	444-2293
Legion of Mary:	Deborah Baird	430-8554
Mom's Group	Christina Bongiovanni Caron	917-301-3287
Parish Service Partnership:	Tess Torres	571-278-5736
Seniors:	Mary Ann Murphy	404-8677
Ushers:	John Grzechowiak	444-0023
Young Adults:	Josh Bickl	618-830-2399

What does it mean to be an active Catholic?

Frequently, those seeking to celebrate Marriage, have children baptized, or serve as sponsors for Confirmation or Baptism request a letter stating that they are parishioners and active, practicing Catholics. *To receive such a letter, one must be registered in the parish for at least 3 months, attend Mass regularly, and be committed to a stewardship of time, talent, and treasure.* We encourage all parishioners to become active in one of the parish organizations. In a community as large as Our Lady of Hope, one means of verifying participation is through the use of parish offertory envelopes. If you choose not to participate in the support of the parish, or are unable to contribute at this time, please at least note your prayerful support on your envelope and place it in the weekly offertory. We will then be aware of your continued participation, and you will not be noted as "inactive" on our parish roster.

Sacrament of Baptism

Parish Registration and the Baptism class are required. Baptisms are held every Sunday of each month at 1:30 p.m. in the Church Baptistry. Please contact the parish secretary to register for the Baptism classes. Plan to attend the classes before the birth of the child.

**Holy Father's Prayer Intentions for February**

Universal: That prisoners, especially the young, may be able to rebuild lives of dignity. **Evangelization:** That married people who are separated may find welcome and support in the Christian community.

Sacrament of Matrimony

In accordance with the regulations of the Bishop of Arlington, couples must contact a priest and begin preparation at least six months prior to the wedding. Parish registration and active participation for a minimum of 3 months is required *before* preparation may begin. Living together before marriage is sinful and harmful to the future marriage. Couples who are living together will be asked to live separately during the preparation time.

40 Hours Devotion Begins Sunday, February 15th

In the 1850s, St. John Neumann, Bishop of Philadelphia, introduced the 40 Hours Devotion to the United States. This was a time of anti-Catholic persecution. St. John wanted to foster devotion to the Blessed Sacrament, and thereby, enable the faithful to receive abundant graces to persevere in their quest for holiness and allegiance to the Catholic Church.

Fr. Timothy Farrell, of the Diocese of Gallup, New Mexico will be conducting our 40 Hours Devotion, February 15th-17th. We will have exposition of the Blessed Sacrament continuously from Monday after the 8:30 a.m. Mass through Wednesday evening. ***Please sign up for a time of Adoration at the table in the narthex.***

Monday, 7:30 p.m. Vespers and Evening Reflection

Tuesday, 7:30 p.m. Vespers and Evening Reflection

Wednesday, 7:30 p.m. Concluding reflection with Solemn Vespers, Benediction, and Confessions

This is a wonderful way to begin the Holy Season of Lent!

Shrove Tuesday Pancake Supper-February 9th

Shrove Tuesday is the last day before the start of Lent, which at one time meant abstaining from eggs and all dairy products. All of these had to be used up before Ash Wednesday. We

will celebrate in the same fashion with a

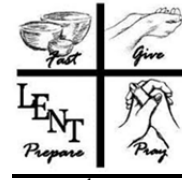
Shrove Tuesday Pancake Supper in the Parish Hall hosted by the Knights of Columbus. Supper will be served from 5:30-7:30 p.m. on Tuesday, February 9th. Plan on sharing food and fellowship with fellow parishioners and bring your friends! *The Knights depend on your generous donations to cover the cost of these events.*

Lenten Fish Fry February 26th

We are having our Parish Lenten Fish Fry on Friday, February 27th from 5-7:30 p.m. (before Stations of the Cross) in the parish hall. Tickets are available after Masses February 13/14 and 20/21. Don't miss this popular parish event!

**The Weather Outside is Frightful!**

When Loudoun County Schools close or delay because of inclement weather, the 6:45 a.m. Mass will be cancelled. Please know that the scheduled intentions will be offered privately.

Lent is Coming!

Wednesday, February 10th marks *Ash Wednesday*, the beginning of Lent. Ashes will be distributed at all Masses, 6:45 & 8:30 a.m. and 5 & 7:30 p.m.

Stations of the Cross will be offered each Friday during Lent at 2:15 and 7:30 p.m. in the Church. All are encouraged to take time to participate in this venerable tradition of the Church and meditate on our Lord's sacrifice for our sins.

In addition to our regular times, Confessions will be heard every Wednesday evening during Lent from 6:30-8 p.m. (beginning February 17th).

Adoration of the Blessed Sacrament

All through Lent, we will offer Adoration from after the Thursday, 8:30 a.m. Mass throughout the day until 8:30 p.m.. A Holy Hour will be offered and Confessions will be heard from 7:30-8:30 p.m. on Thursday evening. From 9:00 a.m. on Monday, February 15th until 7:30 p.m. Wednesday, February 17th, we will have continuous Adoration. Adorers are needed, especially men, to fill the late night, early morning hours! Please sign up in the narthex.

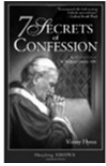
Regulations for Fasting and Abstinence are as follows: Ash Wednesday and Good Friday are days of penance observed by both fasting (only one full meal during the day) and abstinence from meat. All other Fridays during Lent are days of abstinence; we forgo the eating of meat to make ourselves conscious of our Lord's sacrifice of Himself for our sins. The law of fasting is binding for those who are 18 years old but not yet 60; the law of abstinence is binding for those 14 years of age and older.

Women's Lenten Retreat

Mark your calendar for **Saturday, February 20th**, from 8:30 am to noon. After 8:30 Mass, Fr. Farrell will give a talk on "Prayer." God is already in and around us, surrounding and permeating our life, the lives of others, creation, and indeed every moment. Prayer is a response to the invitation of God's presence already with us. This is a great opportunity to nurture your prayer life for Lent. Sponsored by the Ladies of Hope. Call Deborah at 703-430-8554 to register. The cost is \$10.

RELIGIOUS EDUCATION**703-433-6564***The Religious Education Office is Closed on Fridays***Calendar**

*There are no RE Classes on Ash Wednesday, February 10th.
Classes WILL be held on Tuesday, February 9th.*

Book Club

Our current selection is, 7 Secrets of Confession, by Vinny Flynn. We invite all interested men and women of the parish to read the book, and join us for a discussion in the **St. Thomas More Room** on Tuesday, February 23rd at 7 p.m. A few copies are available for purchase in the gift shop. For more information please contact Grace Jeglum at 703-404-0997 or gjeglum@gmail.com.

2016 Bishop's Lenten Appeal*Go forth as heralds of God's mercy!*

This weekend every family in our parish will be asked to complete a Bishop's Lenten Appeal (BLA) pledge form at Mass. If you have already donated through the mail or online or are not able to participate, there will be places to note that on the form. After reflecting upon the many blessings that God has given you, please prayerfully consider making a pledge of support to this important appeal that funds many programs, offices and ministries that serve people in need and further Jesus' Mission in our diocese.

**Senior Trips**

April 13th – Live Casino in Baltimore with \$20 Bonus
The cost is \$56.00 (includes motor coach, & half price buffet).

April 24th-25th – Atlantic City (overnight) staying at the Tropicana with Buffet dinner & breakfast, 2nd day resorts with bonus. The cost is \$155 for double or \$195 for single (motor coach included).

May 11th – “Samson” at Sight & Sound Millennium theatre in Lancaster, Smorgasbord at Millers (wait-list).

Are You in Need of Catholic News?

Included in your set of February envelopes is one for The Arlington Catholic HERALD, our diocesan newspaper. All parishioners may make a contribution using their envelope to receive (or renew) the HERALD. This collection also helps defray the assessment to the parish by the Diocese for the HERALD. Please make checks payable to “OUR LADY OF HOPE” and the subscriptions will be forwarded to the Diocese.

Intentions for Cancelled Masses

Scheduled intentions for the Masses that were cancelled due to the blizzard were celebrated privately.

YOUTH MINISTRY**703-433-6770****Youth@ourladyofhope.net****Upcoming Youth Group Events**

Each Tuesday at 7:30 p.m., the youth group meets in the school gym for a half-hour of fun and fellowship followed by a topical presentation and discussion. Then, from 9-10 p.m., open gym is available for anyone wishing to stay.

Upcoming Meetings:**February 9th – Great Adventure Bible Study****February 16th – Monthly Adoration, Vespers & Confession****February 23rd – Great Adventure Bible Study**

Mother Teresa Mondays - (meet at the school at 5:45 p.m. – 8th Graders are welcome to join the High School Youth Group for these events)

February 15th – School Gym**March 7th - Falcon's Landing****Junior High Youth***7th & 8th Graders*

The next meeting is February 14th from 6:15 p.m. to 8:00 p.m. Meet in the Gym

For more information:

*<http://ourladyofhope.net/junior-youth-ministry>
[jrhigh@ourladyofhope.net](mailto:jrhhigh@ourladyofhope.net)*

**Call to Vocations**

“They left everything and followed Jesus.” If you sense that Christ may be calling you to the priesthood, diaconate, or consecrated life, contact Father J.D. Jaffe at 703-841-2514 or

j.jaffe@arlingtondiocese.org, or call Father Saunders or Father Farrell.

Please Pray For...

The list of the sick and homebound of our parish can be found on our website, **www.ourladyofhope.net**. Please use the “Parish Life” link to get to the list. To add a name, please use the online form or call the parish office.

**Eucharistic Adoration**

Adoration is in need of scheduled adorers on Thursdays between the hours of 9 a.m. and 7:30 p.m. and during our 40 Hours Devotion. Please stop by the Adoration Table in the narthex to schedule your visit. *What a wonderful devotion to begin for this Lenten Season.* Thank you and May God bless you always!

This Week at a Glance**Sunday, February 7th: 5th Sunday in Ordinary Time**

8:30 a.m. Ladies of Hope Donut Sunday – Parish Hall
 2:00 p.m. CYO Basketball – School Gym
 4:00 p.m. Girl Scout Troop 917 – St. Thomas More Room
 6:15 p.m. Jr. High Youth Group – School Gym

Monday, February 8th:

6:45/8:30 a.m. Holy Mass
 3:45 p.m. American Heritage Girls – Parish Hall & Meeting Rooms
 5:00 p.m. CYO Basketball – School Gym
 7:00 p.m. Legion of Mary – St. Elizabeth Ann Seton Room
 7:00 p.m. Boy Scouts – Parish Hall
 7:30 p.m. Young Adults – St. Thomas More Room

Tuesday, February 9th:

6:45/8:30 a.m. Holy Mass
 3:00 p.m. Children's Choir - St. Thomas More Room
 3:00 p.m. Odyssey of the Mind – Parish Hall
 3:15 p.m. Jr. Legion of Mary – St. Elizabeth Ann Seton Room
 4:15/6:00 p.m. Religious Education – School Classrooms
 5:00 p.m. Pancake Supper – Parish Hall
 5:00 p.m. CYO Basketball – School Gym
 7:00 p.m. 9 a.m. Mass Choir Rehearsal – Music Room
 7:00 p.m. 4th Degree Knights of Columbus – St. Thomas More Room
 7:30 p.m. Endow – St. Elizabeth Ann Seton Room
 7:30 p.m. High School Youth Ministry – School Gym

Wednesday, February 10th: Ash Wednesday

6:45/8:30 a.m. Holy Mass
 5:00/7:30 p.m. Holy Mass
 9:00 a.m. Endow – Parish Hall & St. Elizabeth Ann Seton Room
 5:00 p.m. CYO Basketball – School Gym
 7:30 p.m. 10:30 a.m. Mass Choir Rehearsal – St. Thomas More Room

Thursday, February 11th:

6:45/8:30 a.m. Holy Mass
 9:00 a.m. Adoration
 5:00 p.m. CYO Basketball – School Gym
 7:30 p.m. Holy Hour, Confessions, Benediction
 7:30 p.m. Inquiry Class – St. Thomas More Room

Friday, February 12th:

6:45/8:30 a.m. Holy Mass
 2:15/7:30 p.m. Stations of the Cross – Church
 10:00 a.m. Festa Italiana Meeting/Set Up – Parish Hall & Meeting Rooms
 5:00 p.m. CYO Basketball – School Gym

Saturday, February 13th:

8:30 a.m. Holy Mass/Confessions
 10:00 a.m. CYO Basketball – School Gym
 10:00 a.m. Knights of Columbus - St. Elizabeth Ann Seton Room
 6:00 p.m. Festa Italiana – Parish Hall & Meeting Rooms

Next Week at a Glance**Sunday, February 14th: First Sunday of Lent**

10:00 a.m. Knight's Clean-up – Parish Hall & Meeting Rooms
 2:00 p.m. CYO Basketball – School Gym

Monday, February 15th:

8:30 a.m. Holy Mass followed by Adoration
 7:00 p.m. Legion of Mary – St. Elizabeth Ann Seton Room
 7:30 p.m. 40 Hours Devotion - Church
 7:30 p.m. Young Adults – St. Thomas More Room

Tuesday, February 16th:

6:45/8:30 a.m. Holy Mass followed by Adoration
 3:00 p.m. Children's Choir - St. Thomas More Room
 3:00 p.m. Odyssey of the Mind – Parish Hall
 3:15 p.m. Jr. Legion of Mary – St. Elizabeth Ann Seton Room
 4:15/6:00 p.m. Religious Education – School Classrooms
 5:00 p.m. CYO Basketball – School Gym
 7:00 p.m. 9 a.m. Mass Choir Rehearsal – Music Room
 7:30 p.m. 40 Hours Devotion - Church
 7:30 p.m. Endow – St. Elizabeth Ann Seton Room
 7:30 p.m. High School Youth Ministry – School Gym

Wednesday, February 17th:

6:45/8:30 a.m. Holy Mass followed by Adoration
 9:00 a.m. Endow – Parish Hall & St. Elizabeth Ann Seton Room
 4:15 p.m. Religious Education – School Classrooms
 5:00 p.m. CYO Basketball – School Gym
 7:30 p.m. 40 Hours Devotion Concludes- Church
 7:30 p.m. 10:30 a.m. Mass Choir Rehearsal – St. Thomas More Room
 7:30 p.m. Bible Study – Parish Hall

Thursday, February 18th:

6:45/8:30 a.m. Holy Mass
 9:00 a.m. Adoration
 5:00 p.m. CYO Basketball – School Gym
 7:30 p.m. Holy Hour, Confessions, Benediction
 7:30 p.m. Inquiry Class – St. Thomas More Room

Friday, February 19th:

6:45/8:30 a.m. Holy Mass
 2:15/7:30 p.m. Stations of the Cross – Church
 4:30 p.m. Work Camp Soup Supper – Parish Hall
 5:00 p.m. CYO Basketball – School Gym

Saturday, February 20th:

8:30 a.m. Holy Mass/Confessions
 9:00 a.m. Ladies of Hope Retreat – Parish Hall
 10:00 a.m. Confirmation Exam Retake – St. Thomas More Room
 10:00 a.m. CYO Basketball – School Gym
 5:30 p.m. Blue & Gold Banquet – Parish Hall

Monthly Food Drive

The monthly food drive is this weekend. Food supplies are low after the blizzard. Please leave your donations of non-perishable food in the bins in the narthex. Thank you for bringing back you "blue bags" to help our less fortunate neighbors.



Ash Wednesday
February 10, 2016

Dear Brothers and Sisters in Christ Jesus,

The season of Lent will be different this year, because it occurs during a unique time: the Jubilee Year of Mercy. In itself, mercy means a generous, faithful and compassionate goodness. Mercy has a face! According to Pope Francis, “Jesus Christ is the face of the Father’s mercy” (cf. *Misericordiae Vultus*, no. 1).

When he announced the Jubilee Year of Mercy, Pope Francis asked that “the season of Lent in this Jubilee Year be lived more intensely as a privileged moment to celebrate and experience God’s mercy” (*ibid.*, no. 17). So, this Lent, we are to experience God’s mercy ourselves from God’s own Son Jesus Christ and to offer mercy to others, especially to those in real need, whatever the nature of their need. Mercy, then, has another face: the compassion, forgiveness, assistance and care given to our brothers and sisters.

Through more intentional and sustained prayer, we encounter Mercy Incarnate in His Word and through an outward sign in each of the sacraments, especially in Penance and the Holy Eucharist. The Sacrament of Penance is more available in each of our parishes each Wednesday during Lent from 6:30 - 8:30 p.m. through our participation in The Light is ON for You initiative. Moreover, through the works of penance or mortification, including fasting, we become more freed and more disciplined in order to listen to Christ’s Word and to embrace Him in prayer and the sacraments.

Almsgiving—giving generously to those in need—takes on a key focus this Lent, because, in giving alms, we manifest God’s mercy. As Pope Francis states so clearly in his message to us this Lent: “In the corporal works of mercy we touch the flesh of Christ in our brothers and sisters who need to be fed, clothed, sheltered, visited: in the spiritual works of mercy—counsel, instruction, forgiveness, admonishment and prayer—we find more directly our own sinfulness. The corporal and spiritual works of mercy must never be separated” (cf. Message of His Holiness Pope Francis for Lent 2016, no. 3). One tangible way to practice the corporal works of mercy is taking part in the Rice Bowl initiative sponsored by the United States Catholic Bishops and Catholic Relief Services. It is one way in which we can help to alleviate the scourge of global hunger.

Lent is given to us disciples of Jesus Christ and members of His Body the Church so that we can reclaim our Baptismal dignity and live more authentically as Christ’s followers. Lent is *the season* for us to draw closer to Jesus Christ, Mercy Incarnate, so that we can become and remain “convincing heralds of mercy” (cf. Op. Cit., no. 25) all year long, all life long. Yes, Lent is different this year, as each one of us encounters Jesus Christ, Mercy Incarnate, and, thus transformed, becomes mercy incarnate to everyone we encounter.

Joining you on the road of Lent, I remain,

Faithfully in the Heart of Christ,

A handwritten signature in cursive script that reads "Paul S. Loverde".

Most Reverend Paul S. Loverde
Bishop of Arlington