

SISTER SUSAN'S SHORT CUT TO WORLD PEACE

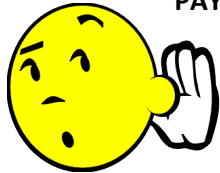
Finding a pursuing your passion!!! Pace's theme of the year...and if you google it you get 2040 sites to choose from. With all due respect to you marketing majors most of them are a marketer's dream: creative packaging, with great visuals: enterprising people making bunches of money hawking their wares. If you pore over each one painstakingly (which I have not, by the way, but I **have** delved into a few of them) it comes down to four things you need to do to be (circle all that apply): happy, fulfilled, whole, content, at peace.

SHOW UP

Nothing can happen for you if you're not there, not just physically but with an attentive presence as well. Your being a visible presence can empower someone else...and you may never know who or when... It's happened to you, I bet.



PAY ATTENTION TO WHAT HAS HEART AND MEANING



...The art of sifting out the desire of your heart for yourself from what someone else wants for you

...The discipline of **Taking the time to reflect** on what you are hearing from someone else so you can measure it against what you believe

TELL THE TRUTH WITHOUT BLAME OR JUDGMENT

Your daring to be authentic – in the words of the song at orientation – when your insides match your outsides –is a gift you give yourself and might just be the push that someone else needs to dare the same thing



BE OPEN, RATHER THAN ATTACHED, TO OUTCOMES.

It's about trusting that when you've given something your best shot, whatever happens is out of your control...so don't even try!

So where does the world peace part come in? Well, what else do we need...?

Through the resource of power we are able to choose to be present. Through the resource of love we are able to pay attention to what has heart and meaning. Through the resource of vision we are able to give voice to what we see. Through the resource of wisdom we are able to be open, not attached to, outcomes. (Angela Arriens, PhD)