Self-Care

**Emotional Expression Through Art Drop-In Group**

A picture is worth a thousand words. Come draw, paint, color, or construct art to express, decompress, and reduce stress. Discover your masterpiece by engaging in self-expression through creating art.

**Location:** SVC 2124  |  **Date & Time:** Tuesdays, 4:00 – 5:00pm

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**Paws & Relax**

Mark your calendars for the upcoming Paws & Relax event. Take a break and reduce some of that mid-term stress by petting these friendly dogs! Learn more

**Location:** Lawn in front of Argos Building  |  **Date & Time:** Thursday, October 4th, 11:00am – 1:00pm

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**Fall Writing Workshop**

You Want Me to Do What? Writing a Literature Review

Hosted by Dr. Vernetta Williams, Writing Coach and Editor

Improve your scholarly writing and ease the writing process.

**Location:** SOC 151  |  **Date & Time:** Thursday, October 11th, 3:00pm – 4:30pm

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**Movies on the Lawn Lineup**

The Campus Activities Board is excited to share with you this fall’s Movie’s on the Lawn Lineup! Click here for more information.

**Location:** MSC Bookstore Lawn  |  **Date & Time:** Every other Wednesdays, 9:00pm
Tech Tips

**Mendeley**
Mendeley is a great app for post graduate and Ph.D. students during their research. Mendeley functions like a personal research assistant and guides the researcher during the research phase. The app allows its users to collect, organize, and share research documents with peers and researchers worldwide. Users can also search for related jobs worldwide. Click [here](#) for more information.

**Cite This For Me**
Formerly known as RefMe, Cite This For Me will put together your citations and bibliographies for you. This nifty app uses your phone’s camera to scan a book’s barcode and create a citation formatted in MLA, Chicago, or whatever format your need. Click [here](#) for more information.

Grad Parents

**Great Connections @ Great Explorations**
Founded in 2015, Great Connections is a monthly program just for children with special needs and their families. The second Sunday of the month, Great Explorations will close to the general public from 10am to 12pm, will modify lights and sounds, and will provide a “cool down” room for families who need to take a break.

$5 per person, free for members. Click [here](#) for more info.