

Kellenberg Memorial High School

Return to Interscholastic Athletics Protocols

2020-2021

In order to return to interscholastic sports under Covid 19 guidelines the KMHS Athletic Department has established the following protocols to be followed by all KMHS athletic teams for tryouts, practices, competitions, and work out sessions. These protocols are in compliance with all guidelines from the Governor of New York State, the New York State Department of Health, the New York State Department of Education, and the New York State Catholic High School Athletic Association, which has voted to follow the Return to Interscholastic Sports guidelines of the NYSPHSAA. Strict adherence to these protocols is expected by coaches and players as a condition to participate on a KMHS athletic team.

LOCKER ROOMS

Use of the boys and girls locker rooms will be limited to allow athletes to change into athletic attire for their practice / competition / workout only.

- Face coverings will be required while inside the locker rooms at all times.**
- Each team will be assigned a brief time period in their respective room to change. After changing, they will bring all their belongings with them to their practice / competition / workout area.**
- Athletes will be dismissed and escorted to their late bus or pick up area by their coaches.**
- Reentry to the locker rooms or school building is not possible at this time.**
- The school building including the locker rooms will not be accessible on weekends.**

SCREENING

- Coaches and athletes will be screened prior to each tryout / practice / competition / workout.**
 - Coaches will screen each other prior to the arrival of athletes.**
 - Coaches will screen all athletes prior to the start of the event.**
- Coaches and Athletes must produce the current days' green badge on their KMHS Aware app and have their temperature checked with the handheld touchless thermometers provided. A temperature of below 100.0°F is required for participation.**
 - Coaches or athletes with a temperature greater than 100.0°F will be directed away from the other participants to a shady area. Their temperature will then be rechecked after a reasonable time to cool down. After three checks, if the**

participants temperature is still not below 100.0°F, the participant will be further isolated from others and have their parent / guardian called for them to be taken home.

- Mr. Fechtmann will then be immediately notified for all non-green badges or participants sent home due to the temperature scan.
- During away games, the head coach of each team will be required to verbally certify to the home team head coach their team has been properly screened.

FACE COVERINGS

In accordance with the NYSPHSAA Return to Interscholastic Sports guidelines, the following regulations will be observed:

- Coaches, Athletic Trainers, and officials will wear face coverings at all times during tryouts / practices / contests / workouts.
- Athletes are required to wear face coverings at all times, even during play unless players are unable to tolerate a face covering for the physical activity, (e.g. practicing, playing). However as per the NSCHSAA and the NSCHSGAA all athletes must have a face covering on their person at all times, even during play.

GENERAL PRACTICE PROCEDURES

- Athletes should practice in assigned cohorts and rotate together in practice to ensure a more limited possible exposure.
- Coaches should keep written records of these cohorts and the athletes and staff who attend each practice and game/contest in case contact tracing is needed.
- Coaches should limit game day team/ roster sizes for social distancing purposes.
- Hand contact with equipment should be minimized- coach only if possible.
- Students must maintain a social distance of 6 feet when standing on the sideline or are not actively engaged in play.
- During play and at the conclusion of games and matches, players should refrain from hand shaking, high 5's, hugging, and other celebratory acts that interfere with proper social distancing.
- During games, utilize the depth behind the bench to place placers in a socially distant formation (do not stretch along the sideline). Players not on the field, court or course must be masked at all times.
- Coaches should have a hydration plan in place that allows for frequent water and mask breaks done so in a safe and socially distant manner.
 - All athletes are required to bring an adequate water supply of their own for each session. No sharing of water may take place. In some cases athletes may be able to refill their water bottles, but this is not guaranteed.
- Personal items must be kept in a small bag that is placed in a designated spot and spaced 6 feet apart from another bag.

DISINFECTING EQUIPMENT

- **Coaches will make sure to emphasize to all participants the importance of washing hands or using hand sanitizer before, during, and after competitions.**
- **Parents should be instructed to disinfect any personal equipment and attire on a daily basis.**
- **Coaches must clean and disinfect frequently touched surfaces and equipment including balls prior to, during, and after the conclusion of tryouts, practices, and competitions.**

TRANSPORTATION

- **Due to restrictions and guidelines on transporting students on school buses, transportation to and from events will be limited. Before considering participation on a KMHS athletic team, participants should consider their ability to obtain transportation to and from events not on the KMHS campus.**
- **Public School districts control late bus availability. Some districts have indicated they will not be providing late buses to KMHS after normal dismissal has taken place. Please consult your public-school district to see if a late bus will be provided and take this into consideration before participation on a KMHS athletic team.**

SPECTATORS

- **A policy on spectators at games and contests is forthcoming in the near future.**
- **Spectators will not be permitted for tryouts / practices / team workouts.**

GENERAL CONSIDERATIONS

- **Any participant in the KMHS athletic program who answers yes to any of the four questions on the KMHS Aware app should also notify either Mr. Fechtmann or Mr. Cartier immediately, whose phone numbers are located on the app.**
- **Should there be a confirmed case of Covid 19 on an any team in the KMHS athletic program, the Nassau County Department of Health will be notified immediately by Mr. Fechtmann or Mr. Cartier for contact tracing and further directions.**
- **The Boys and Girls Catholic High School athletic leagues are the only interscholastic sport programs offering a safe return to competition on Long Island. In order to achieve a successful experience for all, cooperation and compliance to all guidelines will be required as a condition for participation.**