

**KELLENBERG MEMORIAL HIGH SCHOOL  
PHYSICAL FORM**

**ENTERING GRADE** \_\_\_\_\_

**2020-2021**

*Entry into Kellenberg Memorial is prohibited unless this certificate is on file, signed and stamped by M.D. All sections must be complete. All physicals must be held on or after June 1, 2020 and handed in at sports sign-ups or the first day of school.*

**PARENTS MUST COMPLETE THIS ENTIRE SIDE**

**PHYSICIAN MUST COMPLETE THIS ENTIRE SIDE**

**NAME:** \_\_\_\_\_  
(First) (Last)  
**Address:** \_\_\_\_\_  
Home Telephone ( ) \_\_\_\_\_  
Date of Birth: \_\_\_/\_\_\_/\_\_\_  
Father's Name: \_\_\_\_\_  
Father's Business Tel. # ( ) \_\_\_\_\_  
Father's Cell Phone # ( ) \_\_\_\_\_  
Mother's Name: \_\_\_\_\_  
Mother's Business Tel. # ( ) \_\_\_\_\_  
Mother's Cell Phone # ( ) \_\_\_\_\_  
Emergency Contact: Name \_\_\_\_\_  
(other than parents)# ( ) \_\_\_\_\_

**PARENTAL STATEMENT - It is important that we have up-to-date medical information to protect the health and safety of our students. Please answer all questions:**

- Does the child have a history of:
1. Heart Disease? Y \_\_\_ N \_\_\_ Congenital? \_\_\_ Acquired? \_\_\_
  2. Hernia? Y \_\_\_ N \_\_\_
  3. Blood Dyscrasia (bleeder)? Y \_\_\_ N \_\_\_
  4. Lung Disease? Y \_\_\_ N \_\_\_
  5. Kidney Disease? Y \_\_\_ N \_\_\_
  6. Congenital Defects? Y \_\_\_ N \_\_\_
  7. Seizure Disorder? Y \_\_\_ N \_\_\_
  8. Sickle Cell Anemia? Y \_\_\_ N \_\_\_
  9. Asthma History or Condition? Y \_\_\_ N \_\_\_
  10. Allergy? Y \_\_\_ N \_\_\_ Antibiotics? \_\_\_ Pollens? \_\_\_ Drugs? \_\_\_
  11. Has your child had any injuries requiring medical attention such as fractures, concussions or joint injuries? Y \_\_\_ N \_\_\_
  12. Has your child had an illness lasting over one week? Y \_\_\_ N \_\_\_
  13. Is your child currently under a physician's care? Y \_\_\_ N \_\_\_
  14. Does your child take medication now? Y \_\_\_ N \_\_\_
  15. Does your child wear glasses? Y \_\_\_ N \_\_\_ Contacts? Y \_\_\_ N \_\_\_
  16. Does your child have a hearing impediment? Y \_\_\_ N \_\_\_
  17. Has your child had a surgical operation? Y \_\_\_ N \_\_\_
  18. Has your child been in a hospital? Y \_\_\_ N \_\_\_
  19. Has your child been excused from physical education? Y \_\_\_ N \_\_\_
  20. Do you know of any reason why your child should not participate in any sport? Y \_\_\_ N \_\_\_

*Please explain any "yes" answers to the above questions below.*

\_\_\_\_\_  
\_\_\_\_\_

I understand the above statements to be true and consent is hereby given that the child or ward of the undersigned may participate in intramural and interscholastic athletics. If I wish to withdraw permission at any time, I agree to communicate such withdrawal to the Principal of the School in writing.

\_\_\_\_\_  
**Parent or Guardian Signature**

\_\_\_\_\_  
**Parent or Guardian Name (Please print)**

**I. Child's General Appearance:** \_\_\_\_\_  
**Eyes:** \_\_\_ **Gums:** \_\_\_ **Nose:** \_\_\_ **Tonsils:** \_\_\_ **Teeth:** \_\_\_ **Throat:** \_\_\_  
**Glands: Cervical:** \_\_\_ **Thyroid:** \_\_\_  
**Abdomen:** \_\_\_\_\_ **Kidney:** \_\_\_  
**Hernia:** \_\_\_\_\_ **Lungs:** \_\_\_  
**GI:** \_\_\_\_\_ **Heart:** \_\_\_  
**GU:** \_\_\_\_\_  
**Orthopedic:** \_\_\_\_\_ **Scoliosis:** \_\_\_\_\_  
**Neuro:** \_\_\_\_\_ **Seizure Disorder:** \_\_\_\_\_  
**Immunization Update:** \_\_\_\_\_  
**Height:** \_\_\_\_\_ **Weight:** \_\_\_\_\_ **Blood Pressure:** \_\_\_\_\_  
**Heart Rate:** \_\_\_\_\_ **BMI:** \_\_\_\_\_

**II. Child's Health History:**

**Allergies:** Yes \_\_\_ No \_\_\_

**If yes, please specify:**  
**food allergies?** \_\_\_\_\_  
**medication allergies?** \_\_\_\_\_  
**other allergies?** \_\_\_\_\_

**Asthma:** Yes \_\_\_ No \_\_\_  
**Seizures:** Yes \_\_\_ No \_\_\_  
**Diabetes:** Yes \_\_\_ No \_\_\_

**III. Recommendation for Participation in Physical Education/Sports/Work: (please check off one)**

\_\_\_\_\_ **Full Activity with no restrictions.** The student may participate in physical education classes, intramural and interscholastic sports without restriction.

\_\_\_\_\_ **Restrictions. If there are restrictions, please state the restrictions and reasons for restrictions:**

\_\_\_\_\_  
\_\_\_\_\_

**IV. Date of Exam:** \_\_\_\_\_

**Signature of M.D.:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

**Telephone:** ( ) \_\_\_\_\_

**M.D.'s Stamp:**