



Spiritual Humanism

Free Online Ordination – Be an Ordained Minister

Slow and Steady

January 19, 2016 – Philadelphia www.SpiritualHumanism.org

Slow and Steady

I have a feeling that most of the readers of this newsletter are independent thinkers, fair-minded folks, with common sense born of hard-earned real life experience. We live in a dynamic world. The rate of social, political and environments change is faster than ever. But there is one thing that has remained constant. That is the supremacy of a philosophy grounded in bedrock of the scientific method. There is no other outlook that can match the power, adaptability and success of this worldview.

That's why despite the many critical challenges that face us, I am confident and hopefully expectant as

we look forward toward humanity's future. <http://spiritualhumanism.org/principles/> We are fortunate to live in interesting times. The relentless advance of our technology and knowledge is true cause for celebration. Can you imagine the human created wonders that wait in the immediate future? If you dream of the possibilities then you can help support Spiritual Humanism. This mission to make the world a better place is the grandest calling of all.

IN THE NEWS

Healthy Diet Helps 183-Year-Old Tortoise Feel Young Again

By Jason Bittel – January 08, 2016

“What a drag it is getting old,” the Rolling Stones famously sang. And nobody knows that more than Jonathan, the 183-year-old Aldabra giant tortoise that’s thought to be the oldest known living animal on Earth.

Old age has caught up with Jonathan, robbing him of his senses of sight and smell and, until a few years ago, relegating him to an unhealthy diet of twigs on the British island territory of St. Helena (map), off Africa’s western coast.

But in 2014, local veterinarian Joe Hollins noticed Jonathan’s plight and started giving the reptile a more nutritious menu, which includes apples, carrots, cucumbers, bananas, and guava.

see full story at

<http://news.nationalgeographic.com/2016/01/160108-jonathan-giant-tortoises-animals-science-seychelles-diet/>

EDITORS NOTE:

Slow and stead...

READERS WRITE IN

(In reference to the article in the last newsletter http://www.spiritualhumanism.org/newsletters/autumnal_equinox_2015/ , one of our readers comments:) Check your sources. Bailey doesn't even know what year it is. You can do better than to quote this crap. Why is the only way an atheist can get in the news is to be insane? Brother Trucker

REPLY

Brother Tucker – I appreciate your concern, as Bailey is religious journalist that often does pieces and projects that promote Christianity. However the piece referenced in the last newsletter was quite neutral and she has been a guest on the Friendly Atheist podcast as well. With respect, I'm going to continue to count the Washington Post as reliable source.

~RZ

CONCLUSION

Help support Spiritual Humanism by ordering from in our online store <http://www.spiritualhumanism.org/shop/> The Ordination Certificates are printed on acid free paper for extra long life, and Clergy Wallet ID Cards are nice to have. The Officiant's Manual <https://spiritualhumanism.org/shop/order-the-manual/> includes information on celebrating the solstices, sample ceremonies, etc., and the companion CD has marriage laws for all 50 states. The fees charged for these packs are our only income and help defer the cost of the web site, advertising, PO

Box, and fund the promotion of a philosophy grounded in bedrock of the scientific method.

RA Zorger

President, The Church of Spiritual Humanism

© 2018 Church of Spiritual Humanism