



ELITE
HEALTH & BEAUTY

POST TREATMENT INSTRUCTIONS FOR SCULPTRA

Please massage the treated area for 5 minutes, 5 times a day, for 5 days following your treatment. Massage allows the Sculptra particles to develop collagen evenly under your skin. The Sculptra will remain in the desired location even with massage, so don't worry if you are massaging it incorrectly.

- Within the first 24 hours after your treatment, apply an ice pack or ice wrapped in a cloth to reduce swelling to the treatment area
- Expect soreness for up to 2 weeks after the treatment, especially while chewing. This will improve gradually but will resolve completely.
- Avoid sun and UV sunlamp exposure until swelling and redness have disappeared
- You may apply makeup a few hours after your treatment if no open wounds or bleeding.
- Remember that a few days after the treatment you will look just as you did before the treatment. This is because the water that was injected gets absorbed leaving the Sculptra to stimulate collagen growth.
- Visible results appear gradually over a few months and last 25 months (about 2 years) or longer.
- Schedule your next two Sculptra treatments for 2 months and 4 months from now.

Report any problems or concerns to the office @ (760) 478-9127 Call or text