PARKWAY

UNITED CHURCH OF CHRIST

ALL ACCEPTED, NO EXCEPTIONS

LIMITLESS LOVE
COURAGEOUS ACTION
SPIRITED INQUIRY

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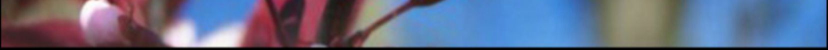


Worship With Us this Sunday, April 27

Worship with us at 10am this Sunday! Join us here at PUCC or on YouTube Live (@parkwayuccstl)... or participate later on YouTube
or find a link on our Facebook page – **parkwayunitedchurchofchrist**.
[Click here for a short video highlighting the steps for how to watch the Worship Service through YouTube.]

It's the Sunday after Easter, but our readings all take place on Easter Day - John 20:19-31 and Luke 24:13-35. We have the disciples locked up in a room because they are still afraid of everything that has been going on in the city. Thomas isn't with them, so he misses Jesus' surprise and startling visit. We also have the story of a couple of people walking to Emmaus, away from the city. They meet a stranger on the road and have deep and illuminating conversations with him about all that has taken place. (It's Jesus but they aren't able to recognize him until after they arrive in Emmaus.)

As we continue to find meaning, purpose and direction as Easter people, we look to these early Christians for clues and inspiration.

Worship bulletin **here**!

Songs include: *Holy Ground; When Morning Gilds the Skies; Spirit of the Living God; This Little Light of Mine*; *Make Me A Channel Of Your Peace*; *O For a World*

Worship Serving Opportunities
Worship is made possible with our wonderful volunteers!
Contribute flowers for worship service - click **here**
Sign up to be a lay reader or provide refreshments after worship - click **here**
Consider joining a Sunday Serving Group - click **here**
Contact Gabriel in the office at 314-872-9330 ext. 101 for assistance

Nursery Sunday Hours
Besides during worship, the Nursery is also open before worship from **9:00–10:00am** and after worship from **11:15am–12:15pm** for infants and kids through 5th grade.

For more info, please contact me at gabriel@parkwayucc.org

Extra Notice For Things To Come

SAVE THE DATE: Youth Mission Experience – July 20-24
Pickup a flier on Sunday! More details to come. Register here! Contact Gabriel gabriel@parkwayucc.org

Prayer List Updates as of April 25

We are Easter people: *Traveling with Jesus.*
Mark and Phyllis Rogers - in new home in Belize (Mike's brother).
Giving thanks for Pope Francis - grieving with our Catholic siblings.
Kathleen Tarr - home after hospitalization for flu and asthma flare up.
Marion Pleis - on the mend after fall; resting; sore but nothing broken.
Randy and Karla Beck - in rehab for his leg; finally home last week.
Family/friends of Mary Adkins grieving/giving thanks foe her.
Vicki - healing after back surgery (sister-in-law of John/Joyce Ruiz).
Mark McKenzie - for healing, clarity, refreshment (Tom's brother).
Rev Mark Boyea (Sanibel UCC) - cancer treatments (Svenson).
Gail and Cliff Saxton - as she receives palliative care at home... Cards/notes welcome 12363 Federal Dr, StL 63131. She was a very active PUCCer in the past - incl making a number of our sanctuary banners.
Continued chaos and grief in the Middle East.
The continuing war with Ukraine and Russia.

Drivers Needed
From time to time, PUCCers are in need of rides to medical appts when their usual circle of support is unavailable. Some in our church family also need help getting to worship. Please let kevin@parkwayucc.org know you are

willing to help. You will be added to the list of potential drivers and will receive an email once we have a request for a ride.

In Search of Wheels

Due to suddenly losing their car in a wreck, a PUCC family is looking to buy a used car or SUV. If you know of someone who is selling a vehicle, please let kevin@parkwayucc.org know and he will make a connection.

PUCC Announcements

PARKWAY

SPEAKER SERIES

Speaker Series Occasional opportunities after worship at 11:15am

"Take Back America," by Cynthia Changyit Levin.

April 27 | 11:15am | Heritage Room

One of our most popular Speakers Series presenter, Parkway member Cynthia Changyit Levin has participated in eleven congressional lobby meetings in Washington DC and the St Louis area since February. She'll share how the mood on the Hill is changing and give updates on some poverty programs, including foreign aid and Medicaid. Come ready to talk with others about your concerns about American democracy and think about new ways you'll stand up for programs that support our values and protect our vulnerable neighbors. We'll also all work together to create an advocacy action plan to live out our faith by speaking up! Don't just sit back and moan and groan. Attend this must see program, in which Cindy will super charge your advocacy as a citizen of America.

For questions, kindly contact Richard Scherrer at 90fivetpr@gmail.com

Special Olympics Missouri

Be a Buddy! Special Olympics Spring Games
Saturday, May 3 | 8:15am-3pm | Westminster Academy - 800 Maryville Center Drive; Chesterfield, Missouri 63017

This is one of the most rewarding volunteer jobs of all time! You will be paired directly with 1-2 athletes. You are required to spend the entire day together, accompanying them to each of their events to ensure they are on time and cheer for them as they compete, eat lunch together and visit Victory Village. Note: Due to the nature of this job you must be over the age of 16 (or directly accompanied by someone who is) and must be able to commit to this job for the entire day or until your athlete leaves. PUCC is gathering half a dozen volunteers to join Kevin as a BUDDY! Register **HERE.** For more info or need help registering, contact Kevin Cameron at **kevin@parkwayucc.org**

Intertwine Interfaith Game Night Deepen our interfaith friendships
Saturday, May 3 | 6-8pm | Fellowship Hall

We will have all kinds of games available to pick up and play with others at round tables in our Fellowship Hall - including *chess, checkers, Uno, Operation, Sorry, Chutes and Ladders, Clue, Pictionary.* There will be *backgammon* and *mahjongg* lessons for beginners. There will be some fun group games and some rounds of *Bingo* for everyone - yes, PRIZES! Learn how to make balloon animals and juggle. The popcorn machine will be on, and we will have water, lemonade, coffee and tea. Please consider bringing halal and kosher treats to share. No RSVP needed. Just come! Questions? Contact kevin@parkwayucc.org

'Stadium Scare' Escape Room for PUCC Teens

Sunday, May 4 | 2:30-5pm | Mastermind Escape Room

Calling all middle schoolers and high schoolers to an Escape Room adventure! During a sold out game at Busch Stadium, a maniacal character takes you and your friends hostage. He locks you in the bowels of the stadium and tells you a string of bombs will detonate in 1 hour if not disarmed by your team. To quench his thirst for twisted entertainment, he tells you where to start but not exactly how to turn them off. We will meet at church at 2:30pm before heading out. Questions? Contact kevin@parkwayucc.org.

Click here to register. Cost is $10 per person. Let us know if finances would hinder your participation.

Mother’s Day Brunch
Sunday, May 11 after worship in the Fellowship Hall.

We're excited to announce that we're hosting a special pancake breakfast on Mother's Day to celebrate mothers of all kinds—animal, plant, or human! We would love for you to join us right *after* the service on **Sunday, May 11**, for a delicious meal. The breakfast will feature pancakes, bacon, sausage, scrambled eggs, and your choice of beverage, including orange juice, apple juice, coffee, or water. It's a great opportunity to celebrate motherhood and enjoy a tasty breakfast with friends and family.

To show our appreciation, mothers and children 12 and under eat free. For all others, we kindly request a donation of $5 per person. Your contributions will help us cover the costs of the event.

Additionally, we're looking for volunteers to help make this event a success. We need assistance with preparation, serving, and cleanup. If you're available to lend a hand, please join us at 9am on Sunday, May 11, to start preparations. All skill levels are welcome, and your help would be greatly appreciated.

If you have any questions or need more information, please feel free to contact Phil Waite at pwaite82@gmail.com.

Spring Family Friendship Potluck – Sunday, May 18

For families with children, you are invited to a Friendship Potluck on **Sunday, May 18**. After service, we will head to the church playground where the kids can run around and play while the parents relax, get to know each other and enjoy the day! If it rains, we'll move indoors to the Fellowship Hall. Bring the entire family and a dish to share! Please RSVP to Cindy Wessel or Kathy Burcham.

Cindy Wessel
cindywessel@yahoo.com

Kathy Burcham
kathleenburcham@sbcglobal.net

Congratulations Class of 2025!

We are excited to announce a special celebration honoring our 2025 graduates! Join us after worship on **May 18** for cupcakes as we recognize their hard work, dedication, and faith-filled journey. Let's come together as a church family to celebrate this milestone and pray over our graduates as they step into the next chapter of their lives. All are welcome to attend! If you or your child is graduating this year and would like to be recognized, please contact Gabriel by May 11 at gabriel@parkwayucc.org.

"Commit to God whatever you do, and God will establish your plans." - Proverbs 16:3

AWOL

Adventurous Women Out Late

Adventurous Women Out Late 2025
Come build relationships with other PUCCers in the New Year.

Hey ladies! Put these on your calendar! And we can add more! Just send me what you'd like to do! I am hoping to add a walking tour with the History Museum when they add weekend dates to their calendar (thanks for the idea Jackie Pleis Eiffert!)

Saturday, May 24: PJs and a Rom-Com in the Heritage Room 6pm. Bring a snack to share! Movie TBA. Register here breadfortheworld

HAVE FAITH. END HUNGER.

Bread for the World Opportunities for Activism
Join the Offering of Letters Team: Our annual Offering of Letters event will be **Sunday, June 1**, when our congregation will write to Congress together to protect nutrition programs. Be part of our team crafting our worship experience and helping folks write letters. Contact Cynthia Changyit Levin to join the team at changyit@icloud.com. Attend the 50th Bread for the World Summit in Washington DC: Travel to DC for a profound experience June 9-11, including inspiration, training, and lobbying offices of your members of Congress! Meet Bread volunteers and organizers from around the U.S. speaking out against hunger. Join Cynthia for a Zoom Q&A info session Tues, May 6 at 8pm here.

Visit here for the summit schedule, lodging info, and registration. If finances are a barrier for attending, contact Cynthia at changyit@icloud.com

Recurring PUCC Events

TED
Tuesday Evening Dialogue

TAD
Tuesday Afternoon Dialogue

Tuesday Evening Dialogue

May 13 | 6-8pm | Heritage Room
Zoom Meeting ID: 849 4403 9731;
Passcode: 792617

Please join us in person or on ZOOM as we read and discuss our new book entitled *Anxious People* by Frederic Bachman. It is described as an “endlessly entertaining mood-booster” and who doesn’t need that these days? Starting out at a real estate open house where a failed bank robber takes a group of strangers hostage. Each of them carries a lifetime of grievances, hurts, secrets, and passions that are ready to boil over. And all of them—the bank robber included—desperately crave some sort of rescue. As the authorities and the media surround the premises, these reluctant allies will reveal surprising truths about themselves and set in motion a chain of events so unexpected that even they can hardly explain what happens next. The story demonstrates the enduring power of friendship, forgiveness, and hope can save us—even in the most anxious of times. We will break this book into 3 sessions: **April 22**, **May 13** and **May 27**. Bring a dish to share for our pot luck & join us for our next conversation! Newcomers are

Tuesday Afternoon Dialogue

1st & 3rd Tuesday | 1:45pm fellowship | 2:00-3:00pm discussion
Zoom Link (312) 626-6799; Meeting ID: 836 7061 7428; Passcode: 480007

Please join us on Zoom on **May 6, May 20,** and **June 3** for discussion of the book *The Island of Sea Women* by Lisa See. At each meeting we’ll gather at 1:45pm on Zoom to check in with each other and get to know each other better, and then discuss the book in thirds, one third of the book at each meeting. This is the second Lisa See novel that TAD has read. The author accurately provides historical detail and context, and tells a fascinating story in each book that she writes. From the book jacket, this historical fiction book, set on the Korean Island of Jeju, follows two girls from very different backgrounds as they begin working in the sea with their village’s all-female diving collective in the 1930s. The book spans wars and generations. After hundreds of dives and years of friendship, forces outside their control will push their relationship to the breaking point. This beautiful, thoughtful novel illuminates a unique and unforgettable culture, one where the always welcome!

For questions, please contact Helen Race at raceh@att.net

women are in charge, engaging in dangerous physical work, and the men take care of the children.

For more info, please contact Jackie Eiffert jeiffert2@gmail.com

Adventurous Men Out Early
AMOE meets next **Thursday, May 1** at 9:15am in the Heritage Room for coffee and chatter. All are invited. Please contact Richard Scherrer with any questions or comments, via 90fivetpr@gmail.com

Prayer Corner: an opportunity to pray with someone
Monday, May 12 | 6-8pm | New Sanctuary

Drop-in Prayer Time. Kevin will be in the Prayer Corner in the Sanctuary. Come on by if you'd like to pray together.
If you see someone else there, simply wait a bit in the Gathering Space.
We can arrange a phone call or Zoom for another time if you'd like.
Just reach out to kevin@parkwayucc.org

Coffee and Conversation at Panera
Tuesday, May 20 | 2pm | Panera on Manchester Rd, Des Peres

Join us for a beverage and sweet treat. Come connect! No need to RSVP - just show up!

Questions? Contact kevin@parkwayucc.org; 314-872-9330

Other PUCC News Around the Bend

April Earth Day Events in the St. Louis Area

Please consider joining the community in these events at the end of the month.

Saint Louis Earth Day Festival

April 26-27 | 11am-5pm both days | Muny Grounds in Forest Park

The St. Louis Earth Day Festival is a community tradition to learn about sustainable products and services offered by local businesses and organizations. The festival is held on the Muny grounds in Forest Park. It is free to the public. The festival features local entertainment and local Green Dining Alliance restaurants.

Earth day

Saturday, April 26 | 9-11am | Central Park Chesterfield

E-Cycling and Shredding, Textile recycling. In addition, there will be plants, seeds, trees and compost giveaways. For more info, click here

Recycling For A Cause

Saturday, April 26 | 9am-12pm | 12851 Manchester Rd, Saint Louis, MO 63131

At the McCarthy Building in Des Peres, items that will be collected will be desktops, laptops networking gear, gaming consoles, TVs, and most items with a cord (no large appliances). All proceeds to benefit STL Hero Network.

Manchester Maker's Mart & Arbor Day Festival

Saturday, April 26 | 10:00am - 2:00pm | Schroeder Park

This is the 4th year for this Festival, Presented by Manchester Art

Creve Coeur Arbor Day Celebration & Art Contest

Sunday, April 27 | 1-3pm | Millennium Park

The community is invited to celebrate Arbor Day on April 27 at Millennium Park (2 Barnes West Dr.) with a free sapling giveaway, tree planting demonstration, activities for kids, educational displays, and a performance by

Babaloo Music & Fun!

Habitat for Humanity®
Saint Louis

SAVE THE DATE: Habitat for Humanity Project—July 12

Parkway UCC is doing our annual Habitat for Humanity housing building project on **Saturday, July 12**. More info to come. Donate to the STL Habitat for Humanity at https://www.habitatstl.org/donate/. For more info, or if you'd like to be on the 7/12 crew, contact Tom at mckenzie1947@att.net

April LGBTQ+ Advocacy Corner

I handed Ellen a bag filled with cards. As she took them from me, I saw her eyes well up with emotion. She told me it will mean so much to the recipients to know they are seen by others. These are the cards you addressed as part of last month's Jesus Has Left the Building Sunday. Ellen helps to lead the St. Louis chapter of Transparent USA, an organization dedicated to bringing compassionate support to parents and caregivers of gender-expansive children of any age. I use only her first name to protect her family's privacy. Ellen and I shared a two-hour conversation over coffee on a recent Saturday morning. We had an immediate mom-to-mom connection, and I think it was important that I did more listening than talking. She told me about the battles parents must fight so their trans kids can have health care or the freedom to express their gender in public. She said some families are at odds with grandparents or other family members over pronouns. Parenting is hard, but parents of trans children have unique challenges.

So, when I spoke, I shared words of affirmation for her and her trans child. I also asked how affirming/progressive churches could walk along the road with the trans families in our area. She had more than a dozen ideas and when I combed through them at home, I realized the prevailing points were about education (within our own families, circles and greater community) and stepping up allyship efforts so already exhausted parents don't have to always show up at hearings and school board meetings to defend their kids' rights to exist. The Gender & Sexuality Justice Ministry of the United Church of Christ reminds us that the fluidity of God's design is wondrous and vast! No matter who you are, your sexuality or gender, God makes no mistakes.

Sadly, some churches continue to weaponize the Bible to harm our LGBTQ+ siblings. As members of an Open & Affirming church, we can share another message; one of love, acceptance and inclusion. If you're ready to take a step toward this, I invite you to sign up for the Open and Affirming group on One Church. Here, I share resources, action items and good news that affirms our LGBTQ+ siblings. Some of this information can be downloaded and shared on your social networks. Others might be resources to share with other groups you're in. Join other members and receive updates in your inbox when new content is posted.

And more cards to encourage LGBTQ+ people and their families will be made and delivered to folks in our area and across the country. Watch for new opportunities in upcoming newsletters and bulletins. Love is Louder, and we must Love Our Neighbor Out Loud. — Deb Reinhardt

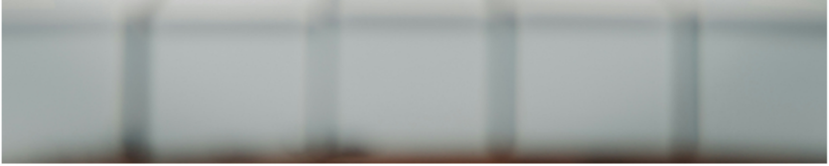
Parkway UCC ONA-Related Groups

These are difficult times in our state and country for LGBTQIA2S+ — especially for transgender — citizens. Maybe you've said to yourself, "I wish there was something I could do to help." Well, there is something.

There are two groups offered at Parkway UCC to connect members who are interested in advocating for LGBTQ+ people. The first is the **Mission Ongoing—ONA Open and Affirming Group**. Members of this group will receive updates on legislation pertaining to LGBTQ+ Missourians and related actionable items, notices of meetings (virtual or in-person) happening around the area, news updates from transgender journalist and writers, and other resources. This group is intended to help organize PUCC advocates. Learn more here.

The second group is the **LGBTQ+ Faith Alliance**. It includes representatives from 30 faith traditions across the St. Louis metropolitan area and meets monthly in-person or virtually. Learn more here.

For more information, contact Deb Reinhardt deborahreinhardt@att.net



OUR MUSIC MINISTRY
As we begin this next chapter with Amy Freeman as your organist/pianist, we're seeking people to be a part of our music program. We're looking for individuals willing to sing a solo, duet, trio or to sing with a group seasonally (Advent/Christmas or Lent/Easter) and/or to sing with the First Sunday Choir each first Sunday of the month at 9am. We're also gathering names of instrumentalists who'd share their talents in worship, and those interested in joining a hand chime choir. Please reach out to amy@parkwayucc.org today.

Community Happenings

#1 in
Civil Rights
EXHIBITION

Presented by Missouri History Museum. This exhibit explores civil rights history in St. Louis from the 1850s through the 2010s. It examines a number of historic

St. Louis County Library

Virtual Program: 21-Day Racial Equity & Social Justice Challenge
May 1-21 | Virtual

Accept this challenge to expand your understanding of equity and social supreme court cases such as Scott v. Sandford and Shelley v. Kraemer, historic movements and moments including the March on Washington and Ferguson, and highlights important local figures like Percy Green and Bill Clay. Adults.

Grand Glaize Branch - April
Thornhill Branch - May
Grant's View Branch - June

More info on the events and classes here

The Bel Canto Chorus of Saint Louis Spring Concert
Saturday, May 3 | 3pm | 2841 North Ballas Road, St. Louis, Missouri

Join the Bel Canto Chorus, with conductor Bruce Vantine, for a Spring concert. Featuring a variety of seasonal anthems including music by J.S. Bach, Gallus Dressler, Johannes Brahms, Bruce Vantine, selections from The Sound of Music, and folk melodies. Tickets: $20 for adults; $12 for students w/ID & children A reception will follow the

justice. This challenge asks participants to make daily time and space for 21 days (May 1-21) to foster understanding and identify ways to dismantle racism and end discrimination. Presented by YWCA Metro St. Louis. Adults. Registration required. Click here!

Registrants will receive a daily list of activities and an opportunity to participate in facilitated discussions on Wednesdays at 10 am.

Isaiah 58 Ministries: Coffee & Conversation

Enjoy a warm cup of coffee and a bite to eat with Executive Director, Rev. Brenda Booth. Hear first-hand about the current status of our ministry at
2149 South Grand Blvd, and catch a glimpse of our exciting plans for the

concert. For more info, contact Bruce Vantine bvantine@charter.net

SPRING CONVOCATION
Eden 175
CONSTRUCTING COMMUNITIES OF RESISTANCE: COMPLEX IDENTITIES IN BIBLICAL AND HISTORICAL INTERPRETATION

Eden Spring Convocation 2025

April 24-25 | Eden Theological Seminary

Come celebrate Eden's 175th anniversary! There will be lectures & panels, class reunions and fellowship support, encouragement, renewal, and challenge. This year's theme will be: **Constructing Communities of Resistance: Complex Identities in Biblical and Historical Interpretation.**

More info and register [here]()

future.

This is a wonderful opportunity to connect, ask questions, and learn how you can be part of our journey.

Upcoming date:
Monday, **May 5**, 1:30pm

Register [here]() to reserve your spot or call 314-776-1410

Sacred Grove Community Planting Day

Saturday, May 10 | 9am | Eden Theological Seminary

Come plant a forest! Join the students, faculty, and staff of Eden seminary, along with neighbors, friends, local organizations, and congregations for a community planting day on May 10 starting at 9:00am. They are planting a sacred grove on Eden's campus, and they'd like you to feel welcome there, like you helped create this special place.

Eden’s sacred grove will provide a sanctuary for native plants and animals, and will serve as a sanctuary for worship, meditation, learning, and—they hope—tending the grove itself as a spiritual practice.

All ages and abilities are welcome. Bring a shovel if you can. More info and register **here.**

Living Christ’s Love: Cultivating Understanding and Extending Embrace to the LGBTQ+ Community, A perspective based on science and compassion

The event is planned for 2 hours starting at 6:30 PM on Sunday evening **May 4, 2025** at St. John's United Church of Christ in Collinsville, Illinois.

Approximately one hour, starting at 6:30 PM, will be a presentation by Dr. Kait Huelsman, a clinical psychologist who has conducted research related to transgender members of the LGBTQ+ community and has organized groups supporting LGBTQ+ individuals.

The second hour will be a panel discussion with members of the LGBTQ+ community.

The goal is to present the current scientific understanding of sexual orientation and gender diversity and provide an opportunity for the audience to ask questions of members of the community in order to gain a further understanding of the challenges faced by members of the LGBTQ+ community.

They welcome anyone who would like to come.

St. John's United Church of Christ is located at 307 West Clay Street, Collinsville, Illinois 62234; 618-344-2526. According to Google Maps, their church is 21 minutes from the Poplar St. Bridge and easily accessed from Interstates 55 and 64 and 255.

Circle of Concern
FOOD PANTRY

Letter Carriers' Stamp Out Hunger Food Drive

This year the Letter Carriers’ Stamp Out Hunger Food Drive will be held on **May 10**. Letter carriers collect non-perishable food donations and deliver them to local community food banks and pantries, and they are fortunate enough to receive donations from both Valley Park and Ballwin post offices. This large collection helps them fill our warehouse for the summer months when food donations tend to slow. You can participate by donating or volunteering. They thank you for your support!

Volunteers are needed at the Ballwin Post Office to help fill shifts at either 12-4pm or 3-7pm. Volunteers will help receive and sort food donations, and may do some light lifting. This opportunity also involves standing outdoors (canopies provided), so they ask that volunteers are 16 and older or 14-15 with an adult.

If you or your group would like to help out, please contact Nancy at 636.861.2623 extension 113 or nancy@circleofconcern.org.

More info here.

ADVOCATING FOR LGBTQ+ INCLUSION AND JUSTICE SINCE 1972
OPEN
AND
AFFIRMING
COALITION
UNITED CHURCH OF CHRIST

2025 Open and Affirming National Gathering
July 9, 2025 @ 12:00PM — July 10, 2025 @ 7:00PM
Kansas City Downtown Marriott: 200 W 12th St KCMO, MO 64105

The 2025 National Gathering is a call to affirm faith, build resilience, and celebrate progress in the face of escalating attacks on LGBTQ+ rights, uniting communities to worship, organize, and fight for justice.

Read more and register here

Christian Education Updates

CEnews Link

You can find the April 24 Christian Education Newsletter here! If you'd like to be included in the CEnews mailing list, please just contact gabriel@parkwayucc.org

Join the Sunday School Ministry Team

We are looking for two additional volunteers to join the team and help teach Sunday School in 2025. It's an excellent way to serve in this church, and we have a vibrant Ministry program. So, if you have a joy teaching children and youth, we'd love to have ya! It's pretty low commitment, so not too demanding, so if you feel you'd have a couple weeks out of the month free, or even just one week a month, then this could be the right fit for you.

If interested, please reach out to Gabriel Requadt, our Director of Christian Education, for more information: gabriel@parkwayucc.org; 314-872-9330 x101

Ponder

As we think about the disciples in that locked room on Easter night, wondering what their future would be like, I imagine they did some rather negative self-talk and could have gotten stuck in ruts easily. Check out this piece entitled *“Breaking the Patterns That Keep You in a Rut”* by Terry Gaspard.

Here is a small tidbit:

Many of my clients sit down in my office and complain that they are stuck in a rut. It may not be full blown depression, but they just can't find pleasure in day-to-day activities, their job, or their relationships. Kelly, 43, is a teacher and she's married with two teenagers. She often says that she wants to feel better but doesn't know where to start.

Kelly put it like this: "I'm not really old enough for a mid-life crisis but I just can't get my groove back after my dad died last year. I tell myself that it wasn't fair that he died in his mid- sixties. On the surface, my life is good with a family, home, and job. But I rarely find joy in daily events and tasks and I don't seem to be able to finish projects that I start. This leaves me feeling disappointed in myself and discouraged so I stay home rather than go out with friends or my husband."

Read the full article **HERE**!

Video

You may or may not envision Sunday's post-resurrection stories this way...

Thomas -
https://youtu.be/8JFkV220-Z8

Road to Emmaus -
https://youtu.be/dmmTWQn95xQ

Jokes

April showers

* bring May flowers, but they also bring a lot of puddles!

*are just nature's way of washing away the winter blues!

*are nature's way of saying, "Let's get this party started!"

*are like bad jokes; they just keep coming!

Question

What is the next big step you need to take?

Taking Care of Business

Please use the form at https://app.onechurchsoftware.com/pucc/forms/13 for all announcements for our media. Best practice can be to type your details in a Word document and then copy those details into the form. Bulletin and eNews deadline: noon Monday. You should receive a confirmation email when you have successfully submitted your request.

Livestream Worship services at PUCC YouTube Channel HERE
There is also a subscribe button under the main heading and brief description of our church. Thank you! Questions? Please contact barbharris@charter.net or cynthianouri@gmail.com

PUCC GOOGLE REVIEW
Love our church? Want people to know how great it is and how welcome they would be here? Help spread the word by writing a Google review.

Here's how to submit your review:
1. Make sure you are logged in to your Google account. You can do this on the upper right-hand side of the page.
2. Do a Google search for Parkway United Church of Christ. Among the search results should be a separate listing for PUCC on the right side of the page. Look down this section to find and click on the “Write a Review” button.
3. You will be prompted to rate PUCC and write a review. You can add photos of PUCC if you'd like though this is optional. When finished, simply click the

"post" or "submit" button.

DOWNLOAD OUR NEW PUCC APP TODAY!
For Android, click here!
For Apple, click here!

Parkway UCC's App is a robust tool that helps us connect and communicate easily. One Church is a gamechanger that will help us to be more vital. Click **here** to see the instructions for downloading the app.

Our online member directory is a feature many of you have been waiting for! We take your privacy seriously. The directory is accessible only to PUCC members and staff who use their password to login.

We have also begun using our new front door keypad installed on the brick wall to the right of the doors by our Safety Team. Please select your own unique 4-digit code and send it to **gabriel@parkwayucc.org** so we can load it into the keypad and troubleshoot as needed.

We are happy to help you with anything and everything One Church – including taking your profile photo on Sunday mornings!

One Church Support
Join us with your phone, tablet or laptop as our One Church Team offers support, shortcuts and strategies to make your experience with our software and app more fruitful and enjoyable. People with all levels of experience with One Church are welcome to stop by the large bulletin board in the Gathering Space before or after worship this Sunday. Cindy will be there!
Questions? Please reach out to:
Cindy Nouri **cynthianouri@gmail.com**
Barb Harris **barbharris@charter.net**
Gabriel Requadt **gabriel@Parkwayucc.org**