50¢

City's power shuts down; officials rev up

By Carol Klear

Throughout the city last Thursday afternoon computer screens went black, faxes refused to transmit, microwaves stopped, washers balked in mid-cycle and anything powered by electricity came to

North Ridgeville residents were among the 50 million people stunned by the blackout that swept northeast United States a little after 4 p.m. on Aug. 14.

While many other communities were still without electrical power on Friday, Ridgeville's outage lasted a little more than five hours-but enough to send city officials into emergency mode.

Mayor Deanna Hill was at home and Safety Service Director Jim Johnson was nearing the end of his workday when the power shut down. Hill said she immediately went back to her office, where a generator provided light, and Johnson

made a detour to the service garage on his way home. With the trafsignals out, Johnson said he wanted to make sure the portable fourway stop signs were installed. agreed Hill and said that the law is that when the traffic lights are out, drivers are to regard

the intersections as four-

Johnson said he and the mayor tried to keep in constant communication via cellular phones, however due to the volume of residents' calls, the phones were tied up a lot of the time. Hill said that from her office she updated the situation with both the fire and police chiefs, as well as with the safety service director. After stopping home to change clothes, Johnson said he began making the rounds at the fire and police stations, as well as the nursing homes to make sure

way stops.

their generators were on.

"We put a plan in place to direct traffic," Johnson said, calling in off-duty police officers and using auxiliary police.

"Despite all the controversy about police cars, all were in use,

Johnson agreed, noting the auxiliary used the cruisers to assist in the situation.

Gasoline, or the inability to access it, was another problem for the police department.

There was no gas," Johnson said. "The only place was on the turnpike at mile marker 139 and since we didn't know how long it (outage) would be, we had one guy shuttling cruisers."

The French Creek Wastewater Treatment Plant was another area of concern.

They can go 11 hours without power," Johnson said. Beyond that, there is a potential for backup.

On Friday morning, he said a sprinkling ban was in place, because the water tower was "fairly well depleted" and the city was pumping water in from Elyria. A service department

SEE POWER, page 7



N. RIDGEVILLE BRANCH LIBRART

Marking places of safety

Both students and drivers should be on th

"places of safety" flags like those being placed by North Ridgeville City Schools bus drivers/trainers Pat Kordish, (left) and Carol Blaser. Students arriving at bus stops five minutes early and drivers obeying posted speed limits are other important parts of the safety program. (Story on page 3)

Ridgeville author's first novel, a sci-fi thriller

By Carol Klear

This morning an Alberta Clipper howled across the border from Canada into Montana and then Wyoming, splintering trees, tearing off roofs, downing power lines, and engulfing the highways with blinding whiteouts...As dawn broke, hurricane-force gales rushed down the dizzy-



Lambert

ing heights of Sacrosanct Mountain, slid unimpeded across the shimmering ice of Lake Viracocha and then laid siege to Kramer lodge.

And the scene is set for "Cymbys The Immortal," a science fiction book by North Ridgeville resident Garth Lambert that combines the age-old quest for everlasting life and a 4,600: year-old entity that seems to possess it.

The secret to escaping death's design is pursued by Anastasia Krebs, an elderly rich woman who doesn't want to die, archaeologist Albert

SEE NOVEL, page 7

"What should you do if?" Part I

By Melissa Linebrink

Editor's Note: Over the next three weeks, The Press & Light will be taking a look at different scenarios children and adults may find themselves involved in under special circumstances. During this series entitled, "What should you do if?" you will discover ways to keep yourself and your family members safe.

Part I: School is in session

As the new school year approaches, it is important for parents and school teachers to make sure children are safe. This means children should be taught about strangers and wearing proper gear while riding a bicycle to and from school. It also means teachers should know the signs of child abuse.

According to the National Center for Missing and Exploited Children, there are nearly 800,000 children reported missing each year. That is an estimated 2,000 per

With the opening of school, it is important for adults to know the way they can prevent their children from becoming statistics. During a recent interview, North Ridgeville Police Detective and Youth Officer, Greg Petek, said that depending on the age of the child, the best possible way to ensure your child is not abducted is to keep him/her close by and visible as much as possible.

"Obviously as children get older, you will not be able to do this 24 hours a day," he said. "Parents should educate their children on the dangers that are out there, but should not use fear as a motivating factor.'

Knowledge is key, he added.

Children should be educated as to the different types of techniques used by abductors such as asking children to assist in finding an address or a lost animal, and using money or animals to lure a child to them.

"Parents should teach their children to be alert and aware of their surroundings," Petek "Children should be taught that a 'good' or 'bad' stranger is not based on how the stranger looks, but on the way they act.'

If a child is being forced into a vehicle, Petek said that depending on the situation, there are many options a child can take.

In the past, it was thought that if a child complied with the abductor by acting in a passive manner that

the child would somehow survive the ordeal. However, that is not always the case.

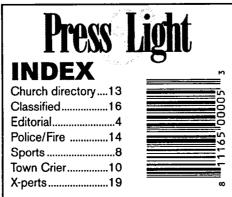
"There are now many documented cases where children have avoided being abducted by drawing attention to the event," he said.

A child's first response should be to run, preferably in the opposite direction the vehicle is facing. If an abductor grabs a child, he/she should yell, kick, scream or do whatever it takes to get noticed. Even if the abductor is armed, there is a greater chance of survival for the child if they run away, than to comply with the abductor's orders, Petek explained.

He said that Dignity Memorial Escape School suggests that if a child is abducted in a vehicle; he/she should attempt to disable the vehicle. This can be done by reaching under the driver side dashboard and pulling on wires as hard as they can. Other options taught by the Escape School are to put something in the ignition if the keys are out, such as a small pebble from the floor or a button from a child's clothing. A last resort could be for the child to attack the abductor while the abductor is driving.

SEE **SAFETY**, page 7









36403 Center Ridge Rd 440-327-7422 🖯



Student bus safety program marks start of school year

Place of Safety Program designed to help students and drivers

Safety has always been a "driving force" for the transportation department at the North Ridgeville City Schools (NRCS). "Bus routes are designed to minimize student travel time and to promote safety," Transportation Supervisor Geralyn Gulan-Hlavna said.

"As our community grows, more students travel more miles. More than ever, we need the help of parents and car drivers to maintain a safe transportation system.

This year, as an extra step for safety sake, the district will be marking designated "places of safety" with a yellow flag marked North Ridgeville City Schools Place of Safety.

A place of safety goes beyond the traditional bus stop. The concept means that students need to arrive at the bus stop at least five minutes before the scheduled bus pick-up time. This allows drivers to see waiting students as the bus approaches the stop and minimizes the need by students to run for the bus or to cross the street without looking.

The marked place of safety is the area where students need to stand and remain while waiting for the bus. They should remain there until the bus door opens and the driver signals that it is time for students to enter the bus.

After school, the students should go to their place of safety and remain there

until the bus pulls away from the stop. As a rule, where there are sidewalks, the place of safety is on the home side of the sidewalk, not at curbside. The flags will be used to mark these areas whether sidewalks are in place or not.

Safety rules are posted on each bus and reviewed with the students by each driver. Repeated failure to observe bus safety rules can result in a student losing their bus riding privileges. This is to protect the safety of all children and the driver on the bus. To help parents, the rules and procedures are in the latest issue of School Watchthe district newsletter that contained the bus route information. The Place of Safety plan will also be part of the orientation program for kindergartners and first graders.

Driver training and bus maintenance are other keys to bus safety. Each year driver/trainers, Pat Kordish, and Carol Blaser, train new drivers and review safe driving techniques with experienced drivers. Driver mechanics and cleaners work tirelessly to keep buses mechanically safe and ready for the

"While our bus fleet is a little older than the state average, each bus that transports students has passed an annual state bus inspection," Assistant Superintendent David Livingston said.

"This level of efficiency and safety is a credit to our transportation team.'

Planners recommend Dettore's request to zoning board

By Carol Klear

After a series of delays, developer Frank Dettore presented a "concept plan" for property on Center Ridge Road to the planning commission last week, including a request that the B-2 commercial area, west of All American Sports Center, be given R-2 conditional use.

The commission voted 5-0 to recommend a request to the Board of Building and Zoning Appeals (BZA).

According to Dettore, Meadow Lakes Boulevard, which runs south from his Meadow Lakes Development to Center Ridge Road would jog to meet Evergreen Road on the south side of Center Ridge.

However, commission members disagreed with the configuration and suggested aligning Meadow Lakes Boulevard with Evergreen.

Dettore said that would infringe on the sports' center drive and asked if Evergreen could be renamed, "Meadow Lakes Boulevard." "We were interested in going to

Race Road, but Lovece (Stewart Lovece, the former city engineer) put the water connection there," he said. Responding to a question, Dettore

said the original idea for a golf course "No golf course," he said.

He said the road from his development at Barres Road would "become a main drive" and help with the traffic problem on Center Ridge Road.

Councilwoman Nancy Buescher

asked if the land that had been slated for a golf course would now be con
"I'll go to All American Sports sidered open space.

Center and try to purchase that land,"

"This is not a full presentation... He'll get planning commission approval to go to the BZA and be back with further presentations."

~Assistant Law Director Toni Morgan

Councilwoman Butkowski said that Dettore's plans included four-plexes, which are not allowed. She also said the city can't take any more housing units.

"It is zoned commercial; keep it commercial," she said. "We don't have to do this and send it on."

Following several other exchanges and specifics on language, the commission voted to refer the request to

"We'll have open space in the PCD Don't connect downspouts illegally (planned community development)," Dettore said. "He's just looking for conditional

use," Planning Commission Chairman Ron Schwachenwald said. "We didn't have the footprint before." "This is not a full presentation," Assistant Law Director Toni Morgan said. "He'll get planning commission

approval to go to the BZA and be back with further presentations. "Have you seen enough to go to the BZA?" she asked. "The BZA grants

conditional use. They can put conditions on it." "We don't have the design yet, we

can't sell it," Dettore said. Andy Young noted that the jog

would add congestion to that area. "We're trying to eliminate conges-

tion," Dettore said. "If we ever need a light at Meadow Lakes, I'd pay for it."

nect it (Meadow Lakes Boulevard) to

"If the name's not an issue, con-

City Engineer Larry Griffith has some concerns about downspout connections, particularly on new home construction and notes that a city ordinance adopted two years

ago states that downspouts should not be connected directly to footer tiles, but rather drain onto splash blocks and not onto sidewalks or driveways.

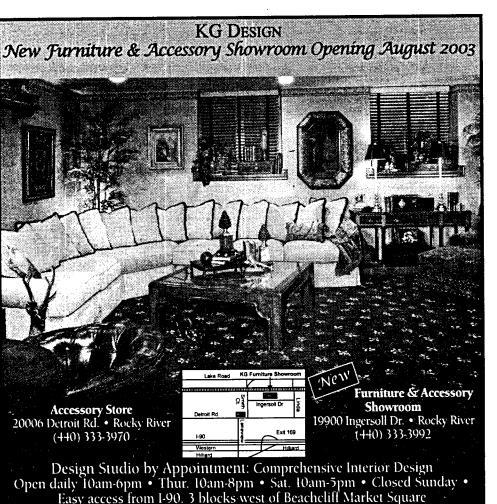
To ensure Storm Water Best Management Practices are adhered to, Griffith said the ordinance requires all storm water roof downspouts be directed to the splash blocks. This allows the run-off water to seep into the ground, evaporate naturally or lengthen the time it takes for water to get to the drainage course.

"It has been noted that after the

final grade inspections have been completed, some homeowners are making modifications to their downspouts, Griffith said. "We felt further clarification of the intentions of the ordinance

was needed." Restating the regulation, Griffith said that downspouts must drain to splash blocks, with no connections to footer tile, drain tile, ditch or storm sewers unless there is an extreme hardship and the engineer gives written permission.

The engineer reminds residents that there is a penalty for violating the ordinance and homeowners could be fined up to \$1,000 or imprisoned up to six months or both, for each offense. Each day of the violation is considered a separate offense.





A Message From Your **Tops Pharmacist**

Healthy lifestyle can promote a Healthier Heart!

Heart disease is a real killer, but leading a healthy lifestyle can greatly reduce your risk for heart attack. If you smoke, it is important that you quit. Maintain a normal weight, stay fit and reduce the amount of stress in your life. Be sure to seek treatment for high cholesterol and high

Supplements, taken along with a healthy diet of fruits, vegetables and whole grains, can reduce your risk of heart attack. In addition, fish oils that are high in omega-3 fatty acids, and antioxidants such as vitamins C and E, beta carotene and coenzyme Q10 can help prevent heart problems. Be sure to see your physician on a regular basis, and for information on nutritional supplements, stop in and see your Tops pharmacist.

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Ridge Kids are looking for you at the Lorain County Fair

GOT MY ATTENTION.....The North Ridgeville Ridge Kids 4-H Club passed out flyers at the Corn Festival with these curious questions; "Have you ever seen a whog, borse, fishphent or a zebeep?" And my answer, "No...what the heck are they?" Well, according to the Ridge Kids Times, I'll have to head to the Lorain County Fair Grandstand, Aug. 21 at 6 p.m. to see how regular animals are changed by a time machine. A zebra and a sheep formed a zebeep, a whale and a dog shaped a whog...oh my gosh, how very strange. Excuse me while I check my calendar, I want to see this.

OH SURE.....Now that summer vacation is almost over and the kids are about to head back to school, Mother

Press & Light



Nature flips the switch on the big heater and makes it hot, hot, hot.

SPEAKING OF HEAT....Did I or did I not see three fans whirring in the engineering department at city hall? Whatever happened to the days of air conditioning to stave off the heat?

BIRD OR MOTH?....Did you ever see those tiny bugs...or birds...or whatever that have little furry bodies, but have wing-action like hummingbirds? You have? Well, Rosemary Berg said those

isn't that interesting and that's the entomology lesson for today.

BIRDS TO WORDS A little bird told me that North Ridgeville Branch Library Director Karen Sigsworth, couldn't find enough letters for the sign in front of the Ohio Town Hall to advertise the "Antique Vehicles" that were displayed on Sunday of the Corn Festival weekend. Undaunted, Karen arranged the letters to read, "Old Cars."

MORE ON KAREN.....There was a photo of Karen in the July 16, anniversary issue, playing the role of the "story lady" at the library, and right in front of

Ed Kelly

are called hummingbrd moths. Now her, was little Jessi Horak, taking in every word. To refresh your memory, a grown-up Jessi was pictured with her husband and the USS Ronald Reagan, on the front page of the July 30 issue. How time flies.

> A REAL JOKESTER During last week's planning commission meeting, developer Frank Dettore said he'd have to negotiate with the owner of All-American Sports Center about a piece of land. For those who may be new to North Ridgeville, Frank IS the owner of All-American Sports Center.

NO JOKE The blackout in North Ridgeville Thursday afternoon was no joke, but thanks to the cooperation of all city departments and most residents, we got through it with little more than inconvenience.

PRESSLINE

Caller: This was brought up by Melissa Linebrink's article about barking dogs. I live in a neighborhood where there are two barking dogs. They bark at the drop of a hat constantly while they are outside. I wonder about people who have dogs like this. Don't they have any consideration for their neighbors? I even wonder how they stand it. Is there any noise ordinance that controls barking dogs in North Ridgeville?

Response: According to a dispatcher at the North Ridgeville Police Department, there is a "barking dog" ordinance.

Five hours wasn't very long; but it was long enough

N.R. CITY HALL

Awake from your slumber! Arise from

A new day is dawning for all those The people in darkness have seen a

The Lord of our longing has conauered the night.

As St. Julie's choir sang this joyous conclusion to Sunday's Mass celebrating the 25th anniversary of the parish, I couldn't help thinking how the words also applied so fittingly to the events of just 70 hours before.

It was 4 o'clock Thursday afternoon and I was in my office rereading some notes for a story I was working on. My workplace is an interior room devoid of windows, so I'm never without the assistance of the fluorescent bulbs high above.

I was having a tad bit of difficulty deciphering what I refer to as my own brand of shorthand when the light above me flickered and died; in seconds it was back on.



Editor's Notebook By Carol Klear

As I returned to my reading, the bulbs went out again and the computer screen faded. The worst blackout in the history of the United States had begun.

Without power and phone service, there was little to do but go home.

As I headed south, I approached each traffic intersection gingerly, hoping I'd make it through without incident, while listening to radio newscasters who speculated on the cause of the failure as everything from terrorism to an explosion at Niagara Falls was discussed.

At home, late afternoon was becoming

early evening, and I saw the man across the street begin to rev up his generator, preparing to ride the blackout.

Several other neighbors were doing as we were and heating up the backyard grill for supper, while the electric stove languished in the kitchen...unplugged.

When I went to the basement for supplies, I found the water in the sump crock overflowing onto the floor. I forgot the pump runs on electricity, but for a time it was strictly bucket brigade.

Ed Kelly, the P&L cartoonist said everyone in his Cleveland neighborhood checked on one another to make sure that no one, particularly senior citizens, was dire distress from the outage.

There were stories of long lines at the gas pumps, of people jamming restaurants that were powered by generators and of stores selling out of batteries and bottled water.

The blackness that shrouded the affected areas left no one untouched, not even

Mayor Deanna Hill.

"All my flashlights and candles were packed in boxes," she laughed.

Though I talked to a number of people during North Ridgeville's five hours of darkness, one of the most interesting calls came around 9:30 p.m. from a New York Times Magazine photographer who was in

"I'm looking for pictures of a family in a farm community eating dinner by candlelight," he said, talking on a cell phone from a McDonald's in Oberlin.

"Well, we were sitting on our porch by candlelight, but our power's back on now,"

"Oh," he replied, obviously disappointed. "If your power's on, maybe it's not such a big story, after all."

With a subconscious smile at the comment, I set aside the daydream and returned to the choir's hymn, very happy to be out of the darkness and enjoying the light.

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> Office Hours: Monday thru Friday 8:30 AM to 4:30 PM

LETTERS TO THE EDITOR

A message to residents

Wednesday, August 20, 2003

To the Editor:

I'd like to explain to residents my position on the economic problems our city finds itself in and my reasons for voting against a levy proposal to address the problem.

The poor national economy caught up with our community several months ago. Council reacted by cutting department budgets by 4 percent over last year's numbers, restricted overtime and rejected requests for major purchases and staff increases. It has become clear those cuts are not going to be enough.

We have seen a strong increase in housing in North Ridgeville, but those new homes have not yet had a major impact on funds available to city government. There are two reasons for this. Property tax levies, by Ohio law, can only collect the amount fixed when the levy is passed. As our homes increase in value and new homes are added to the tax base, the effective rate of a 2-mill property tax is reduced so the city collects the same dollar amount that was calculated when the tax began. In short, the new homes pick up a share of the tax burden, reducing the amount the rest of us pay.

Funds from our 1 percent income tax were expected to rise as new residents joined the tax base, but records show this is not happening. This is likely due to the large number of retired residents buying the new homes. Retirement and investment income is not taxed by the city.

So we find ourselves with an increasing demand on city services from new housing and new residents, and a stagnant tax base. Something has to give, and there are only two main options.

A tax increase of 2-mills was proposed for police department operations. Funds from this tax could only be used for police purposes, but it would replace general fund money now going to police operations, allowing the general fund money to be used for other departments and purposes. This proposal was rejected by council.

I cannot speak for my fellow council members, but I can give my reasons for voting against this levy proposal. The poor economy has hurt many residents. Some have lost jobs or faced pay reductions. Others see investment and retirement income falling. These residents and others are doing what they must to 1845 to Pittsfield Twp. from Vermont. In 1983, the "new" Worcester family

make ends meet. I expect our city to do the same

Council has asked the administration to outline cuts in expenses to cover the expected deficit. The reply was too general and did not come close to covering the deficit. It is now time for council to act. I speak only for myself, not my fellow council members, but I'd like to spend a moment explaining my priorities in determining where the necessary

cuts should be directed: The first priority is resident services; all cuts should be directed to areas of our budget that have minimal impact on resident services.

The second priority is jobs. While no job comes with a guarantee of continued employment, we have a responsibility to those who work for the city and their families. Every effort should be made to keep those people employed and productive.

I don't feel it is appropriate to discuss specific cuts until council has met with department heads to determine the best areas to make cuts. We will also need input from residents, city workers and businesses in the community.

The city must balance the budget, it is the law. The 2004 fiscal year is the real challenge so cuts made now need to cover our current expenses and provide a modest surplus to carryover into 2004. We cannot leave this issue for the next administration and council. It will be too late.

There may well be a need for increased revenue through a property tax levy or an income tax increase, but I will not support such an effort until we have changed the mindset and the budget from one of prosperity, supported by almost 10 years of good economies, to a more realistic mindset, reflecting our current situation.

Denny Johnson North Ridgeville Council At-Large

Worcester-McRoberts family reunion To the Editor:

The original Worcester family reunions were held in various Lorain County locations each year from 1904-1943. These gatherings included all descendants of Samuel and Polly (McRoberts) Worcester, who came in

reunions were started at North Ridgeville and in 1994, the McRoberts branch of the family was also included.

About 75-100 attendees are expected at this year's reunion, which will be the 21st "new" reunion. It is now estimated that direct descendants of these early Lorain County settlers currently number in the thousands. Most are scattered around the United States.

Some area families connected with Worcester/McRoberts family include: Almas, Avery, Bachman, Bing, Bradley, Carruthers, Clark, Coe, Crocker, Dengler, Eskins, Folk, Geist, Green, Greene, Harmeling, Hecock, Hibinger, Hogue, Hooper, Ives, Jenkins, Kelley, Kodysh, Lesnick, Lowery, Mann, Manzo, McConnell, Morlock, Norton, Ortner, Post, Rathwell, Reising, Ritter, Rogers, Shipman, Sigsworth, Smith, Spadafore, Spencer, Stone, Tucker, West, Webber, Wheatley, Whitney and Widdowson.

The 2003 Worcester-McRoberts reunion will begin at 12:30 p.m. on Aug. 24 at the New Russia Township Complex on Butternut Ridge Road, onequarter mile west of SR 58, north of Oberlin.

Participants should bring a covered dish, table settings and beverages. Coffee will be provided. A special white elephant auction to raise funds for reunion expenses will be held at the end of the reunion. Auction donations are

> Jeff Sigsworth Family historian North Ridgeville

Siemientkowskis picket in Elyria

To the Editor:

How would it make you feel to know that laws are in place to safeguard your health but no one wants to enforce

We know how it makes us feel. We are very upset and devastated that Lorain County does not care about us.

We can prove that they are deliberately not enforcing the law that could have made a difference in our lives four years ago.

We can prove that they still refuse to enforce those laws. Why??? You tell us....

We are Americans forced to live with sewage. Why does Lorain County feel that sewage is safe for Ron and Sara

Siemientkowski?

The Lorain County Health District still will not enforce the law to force our neighbor to properly abandon her private household sewage system even after threatening her with legal action within 90 days of July 20, 1999 if she did not comply.

How would you like it if your "Dream House" was surrounded by sewage and everyone wants it to stay that way and no one is enforcing the laws for the health, safety and welfare of you and others.

We want our lives back!!!

We picketed/demonstrated against the lack of concern and lack of action by the Lorain County Health District and the Lorain County Prosecutor on Aug. 14-15 at 226 Middle Ave. in front of the Lorain County Administration Building in Elyria.

It is all about SEWAGE, http://saron.freeyellow.com/sewage.ht

Ron and Sara Siemientkowski

Not pleased with overpass

Just to let others know, not everyone is happy about this SR 83 overpass. We

live on Westwood Drive and are not looking forward to seeing the overpass in the back of our house. Extra noise from the traffic isn't something I would have picked over train noise. But then again, the city didn't give us a choice. Only a few along SR 83 were notified of the project and its proceedings. Even though this project may not affect our land directly, it still will affect us in trying to get out of Westwood Drive.

This project may end up costing lives. Traffic is bad enough at rush hour and weekend afternoons. Now with no way to slow traffic down, it will take longer to get out of Westwood Drive. How is this overpass going to effect traffic at Sugar Ridge? It is dangerous enough as it is.

Why didn't the city give the residents of North Ridgeville a chance to vote on this issue? I realize we wouldn't be able to vote on all of the city projects. This one just seems a little unnecessary. I'm very disappointed in the manor that this project has come about.

> Susan Barnes North Ridgeville

Money, roads and maintenance; growing dilemma for council

What has been happening all around us has now come home to roost. The economic downswing is now affecting our city. Council is hopeful that its request for cost-cutting in city departments will help alleviate this growing problem, but how much can be done remains to be seen

The condition of our roads is a major concern for residents, council members and city administration alike. The overriding factor in maintaining our streets is how much our service department can do with the dollars available. Our current road improvement funds were used to address older residential streets leaving little to address the major roads. Here are the interesting facts:

In 1989, voters approved a 2.15-mill levy for road improvements that raised \$2.1 million to keep streets in repair. This levy was renewed in 1994 and 1999, but under state law, at the same amount, \$2.1 million. This can be equated to asking a working family to maintain its household today on a 1989 family income-an impossible task for most. However, there is an upside for residents. With more households paying for the 1989 levy, the cost to the individual homeowner is somewhat less. The same is true for levy renewals for the school system. You can see these changes when comparing yearly tax duplicates. In reality, the 2.15-mill levy approved by voters 14 years ago doesn't provide half the



Council Corner

By Bob Olsen

funds that a new 2.15-mill replacement levy would provide today. A replacement levy would more than double the dollars we receive as all new money issues are based on the current tax base. Major road improvements funded by

NOACA (Northeast Ohio Areawide Coordinating Agency), such as South Lear Nagle Road, must follow a strict time schedule and dollars must be appropriated when due. The total reconstruction of Lear Nagle, including adding a third lane, will cost an estimated \$4.7 million. The city's approximate share of this project is \$1.4 million payable over a six-year period and includes all related engineering studies such as hiring a consultant (2003), environmental clearance (2004), preliminary design and land acquisition (2005), final design (2006), bids (2007) and completion (2008). If one step is delayed or missed, it sets each following step and the entire project back one year.

To implement improvements on Lear Nagle, as well as Center Ridge Road,

close attention must be given to economic conditions affecting our city. Funding special projects is no longer a certainty. Therefore, city council, city administration, the North Ridgeville Chamber of Commerce, as well as other improvements to our tax base.

interested parties must continue efforts to attract new business and industry to

How to contact your local officials

MAYOR: .353-0811 Deanna L. Hill. **COUNCIL MEMBERS:** .353-1508 Denny Johnson .327-3099 .353-1508 Josanne Pagel .327-2981 .353-1508 Nancy Buescher .327-8581 ..353-1508 Robert Olesen ..327-2705 ..353-1508 Bernadine Butkowski ..327-8026 ..353-1508 G. David Gillock ..327-0451 North Ridgeville. Together, we can help guide our city's destiny and ability to move forward by additional quality

.327-2216 SAFETY SERVICE DIRECTOR ..353-0812 Jim Johnson. **CLERK OF COUNCIL** ..353-1508 Charles A. Norris .327-2747 **ASSISTANT CLERK OF COUNCIL** ..353-1508 Paula Cope OFFICES: ..353-0822 **Building Department.** ..353-0846 Income Tax. ..353-0848 **Law Director** ..353-0821 Mayor's Court. .353-0860 Parks and Recreation .353-0828 Senior Center ..353-0814 Service Department .353-0854 Treasurer...

Publisher: H. Kenneth Douthit III

General Manager: Janet L. Sanner Managing Editor: Mike Ferrari News Editor: Carol Klear Sports Editor: Matt Thornicroft

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FBI today differs from that of J. Edgar Hoover's time

"Things have changed for the FBI since 9/11," agent Paul Graupmann told the senior men at Thursday's breakfast.

The North Ridgeville resident who has worked for the Federal Bureau of Investigation (FBI) for two decades gave his audience an overview of the

agency that began in 1908 when Theodore Roosevelt was president. It was in 1926 that J. Edgar Hoover, at the age of 29, took over the leadership of the FBI and continued that post until his death in 1972, Graupmann said.

Robert S. Mueller became the sixth director of the FBI on Sept. 4, 2001 and one week later the United States witnessed the unforgettable 9/11 terrorist attacks. Mueller began a reorganization of the agency-perhaps the most extensive since the agency began.

The number one priority has become

the prevention of "domestic

Graupmann

terrorism." Graupmann said. He said that today, the FBI includes 11,000 agents and 22,000 support staff members, with a budget of \$3 billion per "We have offices in all

50 states including Alaska and Hawaii," he said. There are also 56 field offices, as well as a num-

ber of satellite offices for Cleveland. Within the ranks of the FBI agents, 22 percent are female, 7 percent are black, 6 percent are Hispanic, a very small percent are Indian and 72 percent are white.

Through the years, the idea of being an FBI agent has sounded glamorous, but Graupmann said the criteria for being hired is "rigorous."

"You need a college degree and three years of work experience," he said. However, the agency hires people from all walks of life such as pharmacists, teachers, military officers, accountants,

Helping a friend in need

By Melissa Linebrink

On July 20, one of North Ridgeville's city employees found himself in a life-threatening situa-

Steve Lener, a data specialist for North Ridgeville who resides in Milan, was out in his yard attempting to use his water well. However, while he was in the mid-

dle of using the well, the pump motor quit. He reached in with a shovel and restarted the machine with the handle. Minutes later, the well exploded due to the amount of methane gas in the water, North Ridgeville Assistant Fire Chief Scott

Bement said. Shortly after the explosion, Lener was life-flighted to St. Vincent Mercy Medical Center, in Toledo. It was discovered that he received burns on his face, arms, neck and legs. Lener was sent to the Toledo hospital because, according to Mercy Medical spokesperson Sarah Bednarski, St. Vincent is one of the top medical facilities in the Northwest Ohio region that has a Burn/Care/Reconstruction Unit near

From July 20 to Aug. 8, Lener was in

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right!

Toledo, along with his wife who was staying at Home Away From Homea facility where a relative of a patient may stay at a reduced rate during the patient's recovery period,

Bednarski explained. During this time, members of the North Ridgeville Department thought Lener could use their assistance in cutting the

grass at his home. Bement calls Lener an "adopted member of the fire department" because he was there daily when the department was in the process of changing computer systems.

"He is a good guy," Bement said. Mayor Deanna Hill was impressed that members of the fire department stepped forward to help Lener in his

"Although they often go 'beyond the call of duty,' for our citizens, day after day and year after year, it is heartwarming when you find out the lengths they will go for fellow city employees," Hill

At The Press & Light deadline, Lener could not be reached for comment because he is staying with a relative until his house's new well was finished.

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attorneys and the list seems endless. Graupmann said his prelude to becoming an FBI agent was in another

law enforcement agency. "I was a police officer first," he said.

As the pre-employment process continues, he said that applicants are to complete an 11-page application, which quickly begins to pare those unqualified to be part of the FBI, through questions that elicit if someone doesn't pay his or her bills, doesn't pay taxes, to name a few. The second step is a written test, which takes a whole day.

"Then they look at your credentials," he said. "Then the interview which takes about one-half day. If we like what we see, then the person has to pass a polygraph and a test to see if they are physically fit. They're encouraged to stay in shape and take a twice-a-year fitness test, which includes a blood pres-

Graupmann said that one-half the people who aspire to be FBI agents do not get hired, but those who seem to be of the right stuff, go to Quantico, Va. for 16 weeks of training.

"Half of those who go through the training are given an assignment," he said, adding they are usually sent someplace other than where they originated

"The agents don't mind, the wives do," he said. "There are some sacrifices, but you know that going in."

Other missions include foreign counterintelligence; addressing cyber crime, which requires special training to deal with pedophiles, industrial crimes and fraud schemes; special operations group which deals with such issues as wiretapping; public corruption, including organized crime; the white collar squad like bank fraud; drug squads and acts of

Graupmann said he went to the crime scene in Pennsylvania following the 9/11 tragedy and in 1995 he went to Oklahoma City, noting he was on the SWAT team for 12 years.

"The Bureau has changed over the rears," he said. "Mueller has tried to change the focus to domestic terrorism."

Another change is in the caliber of people working in law enforcement.

"There are a lot more college-educated police officers," he said. "The police departments are more professional and the FBI has gotten out of some activities," he said, adding that they are not completely out and if requested, FBI agents will step in to help the local officers.

Slovak appeals five-day suspension

By Carol Klear

City employee Bob Slovak may have hearing before the Civil Service Commission, to appeal a five-day suspension given to him by Mayor Deanna Hill. According to Civil Service Chairman Iim Yost, Slovak's attorney. Chris Crobaugh is expected to address the situation during the Aug. 26 meeting.

According to Crobaugh, there is an allegation that a recent confrontation occurred between Slovak, the grounds maintenance manager under the Division of Public Grounds and Cemeteries, and a resident while Slovak was on duty in South Central Park. It was reported to Hill, who Crobaugh said, leveled the suspension. The attorney disputes the five-day penalty, citing Ohio Revised Code.

Crobaugh raised other questions during the July 15 meeting of the Civil Service Commission, as well. According to a copy of the minutes of that meeting, Crobaugh alleged that Slovak, formerly under the parks and recreation department, had been transferred without an ordinance. He questioned who Slovak's supervisor is and if, in fact, Slovak's title is "maintenance manager," who he

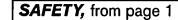
According to Parks and Recreation Director Jim Spaulding, Slovak worked for his department for many years. However when the city established the Division of Public Grounds and Cemeteries in 2001, Slovak's designation was changed from parks and recreation department maintenance supervisor to grounds maintenance manager and he was put under Gary Teel's super-

Spaulding said that Slovak is still in a supervisory capacity over work crews, as Teel assigns. He is also second in command and is in charge of the department when Teel is away.

This is not the first time Slovak has taken an appeal to the Civil Service Commission. On Sept. 23, 1999, the commission ruled on a 10-day suspension, involving Slovak's failing to stop at two stop signs near a school. At that time Slovak worked for the parks and recreation department as a maintenance supervisor.

The findings included that Slovak was in a classified position and though he did run the stop signs, the city had no procedure for the infraction and the suspension was reduced to five days.





This should only be done at slow speeds in the hope that the abductor will strike something or get noticed by someone else. Jumping on the accelerator while the vehicle is stopped is also an option in order to draw attention to the vehicle.

If your child notices someone suspicious in the school or on school grounds, Petek said the student should notify the nearest teacher or employee of the school.

In 2001, the National Center for Missing and Exploited Children (NCMEC) launched the AMBER (America's Missing: Broadcast Emergency Response) Plan, a voluntary partnership between local law-enforcement agencies and local broadcasters to activate an urgent bulletin in childabduction cases. AMBER refers to Amber Hagerman, a 9-year-old Texas girl kidnapped and murdered in 1996.

On Sept. 18, 2002, Ohio Governor Bob Taft appointed 24 members to serve on Ohio's AMBER Plan Task Force, charged with implementing and developing the plan for the statewide AMBER Alert system.

In addition to keeping children safe and away from abductors, it is also important for children to know the proper way to protect themselves while

riding a bicycle. Petek said children should always wear a helmet while riding a bicycle as this can reduce the chance of head injuries by 85 percent. Elbow and kneepads are also recommended to reduce the chance of injuries. A bicycle should be equipped with an audible signal such as a bell or horn, along with reflectors to assist with visibility. Bicycles that are ridden at night are to be equipped with lights that can be seen from the front and rear of the bicycle.

POWER, from page 1

crew went door-to-door to ask people to refrain from using water, particularly in areas serviced by pumping stations. Johnson called North Ridgeville's

five-hour outage "a little bit of a wake-up call," while Hill termed it a "run-through," for city employees. The administration has scheduled a meeting with department heads to discuss recommendations and sugges-

100

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As children prepare to return to school, it is important to remember these rules:

1. Whenever possible, cross the street at a crosswalk or intersection. It is also advised to cross with the assistance of a responsible adult, such as a police officer, parent or crossing guard.

2. Never cross the street while the light is green for traffic going across the intersection. 3. Always look both ways to make

sure traffic is clear. 4. Never enter a street from behind a

vehicle. 5. If you ride a bike to school, always walk the bike across the intersection or

6. A child should always ride his/her bike as close to the edge of the roadway and in the same direction that vehicles travel, obeying the same traffic laws as a vehicle, such as stopping for red lights

and stop signs. 7. If your child rides his/her bike to school with a friend, remind them to never ride side-by-side.

According to the National Center for Statistics and Analysis, there were 4,882 pedestrian fatalities in 2001. Of those fatalities, 444 (9 percent) were from the infant-14 age group. In addition, 21,000 pedestrians under the age of 15 were injured by motor vehicles. A total of 728 pedal cyclists were killed in motor vehicle crashes in the same year. Children infant-14 years old accounted for 137 (19 percent) of those fatalities. In 2001, 36 percent of pedal cyclists injured in motor vehicle crashes were under 15 years old.

Mayor Deanna Hill reminds citizens to drive carefully, especially when school is in session.

"In North Ridgeville we have a unique situation in that children arrive at and leave school grounds by school bus

tions for handling situations such as the city experienced last week.

"The police chief has recommended a 500-gallon tank with unleaded gasoline be put at the service garage,' ohnson said.

He also said that the chief offered the police station training room for anyone who needed to set up and use oxygen during the crisis.

think everyone did well," Hill said. "All the departments worked

Air Ahrasinn

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and cars, while many walk," she said.

"As we know, children are not always aware of their surroundings or of the dangers posed by speeding or careless drivers. Therefore, it is our responsibility to exercise extra caution when near schools. Not only is it our duty to do so, should a driver fail to observe the speed limits posted in school zones. that driver is dealt with harshly in the courts. A speeding ticket in a school zone is punishable by a fine up to \$250, plus \$45 court costs and 30 days in jail."

While all students must deal with the safety procedures in dealing with strangers and riding a bicycle, not all students have to deal with a domestic problem-child abuse.

According to Petek, in the latest annual report from the U.S. Department of Health and Human Services, there

Moore and the United States govern-

tion and an enticement of a \$10,000

addition to their bank accounts, gather

at the lodge. But the 12 aren't really

strangers...they shared a bus tour of the

Peruvian Andes six years before, but for

some inexplicable reason, Moore is the

only one with any recollection of the

to unmask Cymbys, which Moore sus-

pects is one of the 12. The group,

including Maureen Fire, a government

agent, and journalist Mike Spires, find

themselves nearly scared out of their

wits as messages of mayhem surround

hundreds of bees descend upon the

guests as they dine, images mysterious-

The structure itself groans eerily,

appear and disappear and the cold

A glistening, solid sheet of ice encas-

Frost races across the walls and

es the door. Icy breezes sweep the room,

crusts the ceiling. Strings on the shag

rug straighten up like sharp needles. A

glass pitcher on the bar crystallizes and

shatters. Every light bulb in the room

the chaos, shutting down all contact

with the outside world. But there are

some "outsiders"-members of the

Moche tribe-who are making plans to

The worst blizzard in years adds to

them at every turn in the lodge.

dropping the temperature.

explodes with loud pops!

The goal of the weeklong vacation is

Twelve strangers, at Moore's invita-

NOVEL, from page 1

adventure.

that he/she is being hurt by a parent or other guardian, it is important to report the abuse to a teacher, school counselor, principal or parent.

were an estimated 2.8 million reports of

possible maltreatment of children.

Sixty-six percent of the reports were

investigated and it was found that an

estimated 903,000 children had been

"Any school teacher or school

employee is required by state law to

immediately report any knowledge or

suspicion of child abuse to a children's

services agency or local law enforce-

Some students may feel ashamed or

afraid to tell a teacher they are being

abused at home, but sometimes they

confide in another student. Petek sug-

gests that if one student tells another

victims of abuse and/or neglect.

ment." Petek said.

lay siege to the lodge to protect Cymbys and his secret, even if it means the ancient blood feast. Lambert's book can be described as a

can't-put-it-down-thriller that keeps the reader racing through page after page with his talent for extraordinary descriptions.

He was born in St. Louis and went to Washington University where he studied graphic design.

"I just sort of fell into computers," he said, when he went to work for an insurance company, a prelude to his 50 years in information systems spanning experience as a U.S. Army machine records unit supervisor to owning his own computer consulting company.

"I was with Moen/Stanadyne for 19 years," he said, before retiring in 1992. Lambert started his first novel five years ago and said he presently has

three more in the works, explaining that the ability to "cut and paste" makes For "Cymbys" the author said he put

the pertinent information on his computer in a few days, then let it sit for three or four months, before taking it up

"The characters just kind of come to me," he said. "Then I go back and give the characters a flow.'

Lambert and his wife, Alyce, have been married for 46 years, have four children, one deceased, as well as four grandchildren, with one on the way.

"Cymbys The Immortal" is available through 1stBooks. For more information visit www.1stBooks.com.

Ask Dr. Arndt By: Scott W. Arndt, D.D.S.



ORAL SURGEON

What exactly is an oral surgeon?

Another area of specialty within the dental field is oral surgery. The oral surgeon is a dentist who specializes in performing surgery in the mouth. He also can do reconstructive

surgery on jawbones, for example, whether to correct a bite or to repair damage done in an accident. Usually the oral surgeon works from within the mouth and does not leave visible scars. The most common reason a patient visits an oral surgeon is for the removal of impacted wisdom teeth. The last teeth in the back of each group of molars, wisdom teeth often do not have sufficient room to fully erupt. Sometimes they emerge at an angle and then cause pain or become infected. In those cases the teeth have to be removed.

The oral surgeon may use either local or general anesthesia while conducting the operation. Ask Dr. Arndt about what's in store for the future of your wisdom teeth.

> Presented as a community service by Dr. Scot Arndt, at 33650 Center Ridge Road. Phone 327-9006 or 835-9939 for information and appointment. Very early morning, evening and Saturday hours available.

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TIME OUT Good luck fall sports teams

If you see me grinning this week it's because I'm very excited about

this year's fall sports preview. Ever since the Press & Light ran their first special sports preview issue last fall (and in the winter and spring seasons too), we've gotten



Joe Ostrica

tremendous responses from coaches, players, parents and fans of the North Ridgeville and Lake Ridge Academy communities. What's even more exciting about this year's edition is the fact that it is a separate section.

I have a lot of people to thank for this. Many thanks goes out to P&L general manager Janet Sanner, managing editor Mike Ferrari and sports editor Matt Thornicroft for having the faith in me to come through with this special issue. Toni Musgrove went the extra mile in taking care of advertising sales, guaranteeing us the 12 pages that were necessary to have a special section. A big thank you also goes out to Beverly Wilgor in the art department for her work on the cover and laying the issue out.

Putting together an issue that features 12 teams between two schools is a lot of work and I sure couldn't have done it alone. Ferrari, Ryan Gahagan and Lori Switaj took time out of their busy schedules to help contribute stories to the issue and appreciate the work they've done.

I also need to thank NRHS' athletic director Jeff Schultz and LRA athletic director Steve Anderson for making sure I had everything I needed to get this issue finished.

Coaches and athletes have also been fully cooperative in taking time out for interviews and photographs to make this issue more than your standard "meet the team" edition.

I'd also like to welcome new coaches that are working with the Rangers or Royals this fall. Good luck to NRHS' cross country coach Kevin Drapcho, girls soccer coach Bill Fielder and volleyball coach Dan Coughlin. Good luck to LRA's golf coach Chuck Zvosec and tennis coach Keith Fridrich.

Good luck to all NRHS and LRA eams. I'll see you on the sidelines. Locals run in 5K

The Lions Club Race wasn't the only event North Ridgeville running enthusiasts participated in recently. A few weeks ago, the 20th Annual Lorain County Cross-Country 5K took place in LaGrange.

The following North Ridgeville residents took part in the men's race: Bryce Basista, age 17; Bruce Schmidt, age 49; Geoff Schmidt, age 17; Brandon Soja, age 17; Tim Malinich, age 15; Andy Rusnak, age 15; and Dave Barr, age 65. Self-defense demonstration

Rick Miller's Self Defense Academy will be performing a demonstration at the Lorain County Fair Friday, August 22 at 5:30 p.m. Students of the local martial arts school have been demonstrating techniques at the fair for several years. There are 25 students involved this year. Some of the demonstrations you will see are basic martial arts techniques including breaking boards as well as sword fighting. A musical with team kata called "The Power of One" will also be performed.

pressostrica@hotmail.com

New athletic trainer, McGinty, getting familiar with NRHS teams, community

By Joe Ostrica

When you attend a North Ridgeville High School athletic event this year, you'll see a new face on the sidelines. Maggie McGinty was recently brought on board as the new athletic trainer for the Rangers.

Employed by Ohio Physical Therapy, McGinty will spend an average of 30 hours a week at the high school when she's not doing physical therapy and rehab in Berea. During busy game weeks, she will spend over 40 hours at the high school in a six day period.

McGinty knew she was destined to be an athletic trainer. As an avid basketball and volleyball player growing up in Cuyahoga Falls, McGinty had three knee surgeries throughout her high school career.

"I spent a lot of time around trainers," McGinty said. "I have compassion for injured people.

McGinty graduated from Mount Union College in 2000 with an undergrad in athletic training. After spending the next year-and-a-half working with a chiropractor and getting her certifica-tion, McGinty realized she wanted to get her master's degree.

While attending Cleveland State University for her graduate work from January of 2002 until June of 2003, McGinty served as the athletic trainer at CSU for the men's soccer team, as well as the swimming and softball teams. McGinty also has some experience at the high school level. She filled in for the Parma city schools' trainer on an as-



McGinty

needed basis for football and basketball

McGinty was a late hire as NRHS' trainer, beginning the day before practices officially started for the fall sports teams.

"It was very last minute," she said. "With very, very little prep time. It wasn't too bad because the trainer who left kept everything pretty much in good shape. The majority of my supplies are here. There were only a couple of little things that I had to get."

McGinty spent the first two weeks of practices at the school all day, giving players conditioning tips and getting to know the coaches.

"The coaching staff has been great," she said. "They've been real helpful with everything. It's pretty much been conditioning, just trying to get to know everybody and figuring out where everybody is at and at what times."

Although she helps out with all of the athletic teams, McGinty will spend most of her fall working with the Ranger

Wednesday, August 20, 2003

"Obviously my main focus is football," she said. "They're more likely to get hurt because it's a contact sport. I'm making sure they are practicing properly with the guidelines. We've got to make sure they're getting enough water. The coaches are really good with giving them a lot of water breaks. I'm doing a little bit of first aid and taping and making sure the soccer and volleyball teams are squared away with everybody."

Standing next to McGinty at the sidelines of the Ranger football games will be team doctor Irwin Mandel of Orthopaedic Associates. Mandel recently finished a sports fellowship at Ohio State University and is an orthopedic surgeon. Mandel will be present at every home game and try to travel to as many away games as possible.

McGinty will spend days when soccer games and volleyball games are played floating back and forth between the soccer field and the volleyball court.

"There will days where I have tons of things going on," she said. "I'll have to communicate with coaches through walkie-talkies or cell phones so they'll know where I am at all times."

McGinty said her first impressions at NRHS have been very positive.

"Everybody is so nice," she said. 'I'm so used to working at the college level where you don't talk to parents as much. It's nice that the parents are right there if there is a problem. Everybody is pretty easy going around here and trying

North Coast Spirit goes 4-2 in World Series

The North Coast Spirit 14U, a fastpitch travel team composed mostly of girls from Lorain County, including North Ridgeville players Jill Holava and Adri Bier, made a strong showing at the National Softball Association World Series in Schaumburg, Illinois. North Coast Spirit, which is coached by North Ridgeville's Jodie Holava, finished in the top 16 out of 64 teams.

Holava's father, Joe, serves as the Spirit's assistant coach.

North Coast Spirit's two losses in the double elimination tournament came at the hands of eventual World Series champion, Ohio Wolfpack (a 1-0 loss) and fifth-place finisher, Mt. Prospect Power from Illinois (a 2-1

Both games were decided in the final inning with runs scoring on wild nitches or passed balls.

The Spirit won its first four games of the tournament, defeating the Aurora Raiders from Illinois 1-0, North Ohio Heat 5-2, Great Lakes Gators from Indiana 5-0 and the Indiana Avalanche 9-0.

Kristie Malinkey, of Keystone, had a very good tournament showing, hitting .563 and pitching three shutouts along the way.

Catcher Sarah Auble, of Wellington,



Members of the North Coast Spirit 14U team include front row (L-R): Sarah Auble, Megan Coyne and Kristie Malinkey. Second row: Brittany Daugherty, Courtney Morlock and Holly Miller. Third row: Devon Skunta-Helmink, Monica Brasee and Jen Mudrak. Back row: Jodie Holava, Adri Bier, Joe Holava, Jill Holava and Wade Yarber.

couple of key bases. Jill Holava drove had lost to earlier in the year.

turned in a fine performance behind in three key runs in the 5-2 win over the plate, hitting .375 and stealing a the North Ohio Heat, a team the Spirit

2003 Corn Festival tournament results

Three teams featuring local players won their respective age division in the annual 3-on-3 basketball tournament at the Corn Festival.

Jayson Graham, Kevin Fentner, Richie Baker and Jack McGervey of 4 Pete's Sake defeated Ankle Breakers 15-13 in the 14 and under division. Josh Rigsby, Andrew Frederick, Greg Kushner and Scott Palange of the Rangers defeated Team Elyria 16-14 in the 15-17-year-old group. Josh

Hill, Ryan Vorkman, Todd Weber and Al Maldonaldo of Whatever defeated Top Prospects 15-11 in the 18 and over division.

Horseshoe Tournament

Steve Smith and Rich Carter took first-place in doubles in Ken Carney's 13th Annual County Engineer's Horseshoe Tournament at the Corn Fest. Smith and Carter won by scores of 23-1, 21-1, a bye, 23-5

David Terry and Bill Terry finished second-place with scores of 24-14, 21-6, 21-11, 21-18 and 1-21, Third-place finishers, Denny Szczepaniak and Ron Golias, recorded scores of 21-5, 23-5, 21-11 and 18-

Steve Smith finished first-place in singles competition. Dan Reinke and Ron Golias placed second and third, respectively.

RIDGEVILLE PARKS AND RECREATION

City Bas	eball			Indians	5	6	0	
nrough August 5)	Won	Lost	Tie	Rockies	4	7	0	
League (Ages	9-10)			Pirates	3	6	0	
		4	4	Athletics	3	8	0	
inkees-Champs	8	1	1	Cardinals	0	10	0	
dians-Runner-up	7	1	1	E League (15 and	Lover			
thletics	8	3	0				^	
odgers	7	4	0	Pirates-Champs	9	2	0	
rates	6	2	2	Indians-Runner-up	7	4	0	
ockies	6	5	0	Dodgers	3	7	0	
angers	3	7	1	Orioles	2	8	0	
stros	2	7	1	City Sof	tball			
arlins	2	9	0	(through July 31)		Lost	Tie	
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League (11-12))			Pirates-Champs	10	1	0	
raves-Champs	8	3	0	Rockies-Runner-up	6	5	0	
gers-Runner-up	7	5	0	Dodgers	6	4	Ô	
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eds	4	7	0	Ponytail Minor (1				
thletics	3	6,	0	Tigers-Champs	10	2	0	
		_	•	Reds-Runner-up	8	. 4	0	
League (13-14)				Rockies	7	4	0	
odgers-Champs	12	1	0	Angels	. 5	7	0	
ankees-Runner-up	8	5	0	Dodgers	3	9	0	
eds	11	1	0	Indians	2	9	0	
				•				

ON DECK

Ohio Emeralds softball tryouts

The Ohio Emeralds softball tryouts will be held Saturday and Sunday Aug. 23 and 24. Age groups 10 and under, 12 and under and 14 and under will be from 9 a.m.-noon. Age groups 16 and under, 18 and under and 23 and under will be 11 a.m.-2 p.m. All tryouts will be held at Weiss Field in Avon Lake. For more information contact Dave Winningham at dwinning8@aol.com or call 967-9155.

NRFL youth tournament

The North Ridgeville Football League will be holding a youth football tournament Aug. 30 and 31 at the Frontier Football Complex. The tournament will consist of three divisions: 13 and under tackle, 10 and under tackle and 8 and under flag. Participants must be of age as of Sept. 1, 2003 to be admitted to their respective divisions. The cost is \$200 per team with a two game minimum. All participants will receive rewards. For more information or to enter your team, call Brian Benes at (216) 408-8824, Bob Miscuda at 926-4779 or fax an entry form to (216) 267-1883. Please send entry fee, division and name and phone number of head

coach to NRFL, P.O. Box 39333, North Ridgeville.

Westlake softball

A Men's Last Chance Tournament will be held on Saturday Sept. 6 at Ranney Fields at Roman Park. The tournament is one day and double elimination. The cost is \$100 per team and includes game balls. Game fees are \$22 a game. The deadline for registration is Aug. 29 and the roster is limited to 18 players. For more information call Jim Dispirito at 808-5700 ext. 426.

N.R. Hot Stove golf outing

The second annual North Ridgeville Hot Stove Golf Outing is now accepting teams for a four-person scramble on Sunday, Sept. 28 at 9 a.m. The outing will take place at Brentwood Golf Course on SR 57 in Grafton. The cost is \$65 and includes door prizes, lunch, steak dinner, beverages and cart. All proceeds benefit North Ridgeville Hot Stove Baseball. Pin shots, long drive and 50/50 contests will also be featured. Skins games are available. Call Ken at 353-9822 or Mike at 353-9478 to reserve a tee-time.

North Ridgeville and Lake Ridge golf and tennis results

The North Ridgeville High School golf team defeated Vermilion over the weekend. The Rangers low score of 161 was paced by top three finishers Brian Dodd (36), Kyle Nitschke (40) and Mike Seme (42). Vermilion scored 172.

At

NRHS placed fifth out of the 19 teams in the Admiral King Invitational (AKI) on Aug. 13. The Rangers scored 333, behind Fremont Ross (317), Keystone (319), Highland (330) and Sandusky (331). Dodd led the Rangers with an 80, tying for eighth-place. Nitschke (82) just missed qualifying in the top 10 individual scores by one stroke.

Although Lake Ridge Academy finished in 17th place in the AKI, scoring 442, Royals golfer Brett Cannaday scored a 79, landing him at seventhplace for the top individuals. Cannaday finished first with a 35 in the Royals loss to Open Door Christian over the weekend. ODC finished with 13 strokes better than the Rovals.

LRA's tennis team tied for fourthplace along with Midpark out of eight teams in the Rocky River Invitational over the weekend. Rocky River (31), Brecksville (27) and North Royalton (21) finished ahead of the Lady Royals. LRA's Marissa Slany and Jane Limmer reached the championship match for

NRHS' tennis squad had a rough week, losing 5-0 against two tough opponents, Strongsville and Elyria. Despite the losses, coach Carol Costanzo likes what she sees in her team.

"Overall play showed a nice improvement in our competitiveness," she said. "Hopefully practice and focus will reduce the number of unforced errors committed by us."

Lions Club 10 K, 5 K results

The following racers finished in the top of their division at the 24th annual 10 K race, 5 K race and kid's fun run at the Corn Festival:

10 K men's results

sion in 37:21.6.

Clark Spears, 19, won the 15-19 division in 37:04.6.

Ken Kingery, 20, won the 20-24 division in 52:34.0. Tim Curtin, 32, won the 30-34 divi-

Bill Rahlfs, 37, won the 35-39 division in 37:43.4.

Al King, 43, won the 40-44 division in 39:31.3. Bruce Schmidt, 49, won the 45-49

division in 38:17.4. Randy Barkacs, 52, won the 50-54 division in 40:26.9

Jim Perry, 55, won the 55-59 division

10 K women's results

Virginia Gaunter, 21, won the 20-24 division in 1:03:06.24.

Debbie Kingsbury, 30, won the 30-34 division in 50:05.6. Bridget Walker, 37, won the 35-39

division in 51:44.9. Kelly Blazek, 40, won the 40-44 division in 47:53.5.

Rita Candito, 47, won the 45-49 division in 50:12.5. Christine Perry, 50, won the 50-54

division in 50:47.2. Pam Habenicht, 55, won the 55-59 division in 51:42.7.

Marilyn Olsen, 68, won the 65-69 division in 1:01:22.22.

5 K men's results

George Andrews, 13, won the 14 and

under division in 20:24.0.

Chris Hoban, 19, won the 15-19 division in 18:19.5. Ken Nelson, 23, won the 20-24 divi-

sion in 21:33.4. Carl Bangham, 25, won the 25-29

division in 25:12.4. Matthew Piskur, 30, won the 30-34

division in 22:01.7. Christopher Dundlah, 37, won the 35-39 division in 18:47.2.

Bob Kretschmer, 42, won the 40-44

division in 20:48.8. Bill McGrain, 45, won the 45-49 divi-

sion in 23:39.8. Epifanio Carrasquillo, 53, won the 50-54 division in 20:18.5.

Thomas Semon, 61, won the 60-64 division in 25:48.8.

5 K women's results

Jessica Bartholomew, 11, won the 14 and under division in 21:54.3. Dana McNeil, 19, won the 15-19 divi-

sion in 27:49.4 Nancy Lamuth, 20, won the 20-24 division in 21:41.3.

Gina Gretchko, 25, won the 25-29 division in 26:00.1.

Beth Chuerukuri, 32, won the 30-34 division in 24:05.4.

Diane Schrenkel, 37, won the 35-39 division in 24:01.2. Debbie Haynes, 44, won the 40-44

division in 25:16.8. K.A. Zak, 45, won the 45-49 division 'in 25:16.3.

Fun Run

Adam Gundlah, 8, and Cassidy Leblanc, 11, placed first and second respectively, in the fun run.

Attention **NRHS** and LRA coaches

Send your team's results to: Joe Ostrica at Phone: 440-933-5100; Fax: 440-933-7904; E-mail: pressostrica@hotmail.com

FALL SPORTS PREVIEW - See Second Section

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TOWN CRIER

School cafeteria.

Ridgeville-Community Care.

Center multi-purpose room.

Thursday

9 a.m. Senior Center-Men's breakfast. 2:30-4:30 p.m. Lorain County General **Health District-**Free blood pressure screening at Rite Aid Pharmacy, 34321 Center Ridge Road. 6:30-7:30 p.m. N. R. Parks and Rec. Dept.-Body Sculpting class-Senior Center multi-pur-

7 p.m. NRFL-Senior Center.

Friday 9:30-11 a.m. On Target Fencing-Senior

Center multi-purpose room. Noon Rotary Club-Senior Center 7 p.m. Food Addicts Anonymous-St. John and quilting West Shore Hospital, bldg. 2, auditorium B.

Saturday 9-11:30 a.m. On Target Fencing-Senior

Center multi-purpose room. 11 a.m.-1 p.m. Isshinryu Karate-Safetyville

Sunday 9 a.m. Food Addicts Anonymous-St. John West Shore Hospital, bldg. 2, auditorium A.

Monday

Body Sculpting class, Senior Center multi-pur-10 a.m.-2 p.m. Senior Center-Craft group pose room.

7 p.m. Survivors of Suicide and Attempted Suicide-EMH Conference Room A (8th floor). 6:30-8 p.m. Living Through Grief-New Life Hospice, 5255 N. Abbe Road, Elvria.

Wednesday 9 a.m.-3 p.m. Senior Center-Quilting, cards,

lunch, bingo, watercolor class. 12:15-1:15 p.m. Westlake Toastmasters #497-Webster's Place. 5-6:30 p.m. Isshinryu Karate-Safetyville

Building.

7:30 p.m. Parks and rec. commission meeting-Senior Center multi-purpose room. 8 p.m. VFW #9871 Men's Meeting-At the

SCHOOL NEWS CORN FESTIVAL WINNERS

Best of Parade: North Ridgeville High School Band Novelty: North Ridgeville Ridge Kids

Mayor's Trophy: North Ridgeville

Garden Club Commercial Unit: Tracy Veda Studio

Junior Corps: First-place-Shannonettes Baton Corps; second-place-Wahlu Winners Cheerleading and Dance Team

Non-Commercial Unit: North Ridgeville Historical Society Juvenile Corps: First-place-Shannonettes Baton Corps; second-place-Wahlu Winners Cheerleading and

Dance Team Animal Unit: St. Peter's Church Mother's Club

Color Guard: Bay Village VFW Post #

Great Corn Award: Lorain County Vintage Motor Scooter Club

Bands: North Ridgeville High School

Chamber of Commerce Business Trophy: Lifestyle Landscaping Antique Vehicle: Herb Wood

Corn Eating Contest

The winners from the Corn Eating from St. Paul Lutheran

2-12 (Junior) 1st Place: Andrew Whalen

2nd Place: Tyler Haynes 2nd Place: John Flesher 3rd Place: Paul Sonego 3rd Place: Tony Haynes

13-18 (Teen) 1st Place: Alec Barker

2nd Place: Marty Price 3rd Place: Chris Reynolds 19 and over (Adult)

1st Place: Geno Robinette 2nd Place: Jake Hummel

2nd Place: Ray Renes 3rd Place: Matt Naugle 3rd Place: John Borecki

Corn Festival Grande Parade winners **Neidert receives doctorate**

Michael Ryan Neidert has received a doctorate degree in biomedical engineering from the University of Minnesota.

7 p.m. Football Boosters Club-N.R. High

Tuesday

7-8 a.m. Kiwanis Club of North

9:30-11 a.m. On Target Fencing-Senior

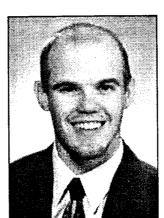
6:30-7:30 p.m. N.R. Parks and Rec. Dept.

Neidert graduated School in 1989 as class valedictorian. He was an honor graduate and salutatorian of Lutheran High School West in 1993. He received a bache-

lor of science degree, magna cum laude, in biomedical engineering from Case Western Reserve University in 1997. Neidert is a lifetime member of Sigma Chi Fraternity and past president of the Case Western Beta Eta Chapter. He was also awarded the Balfour Fellowship in 1997 at the University of Minnesota in Mav of 2003. Neidert is employed

as a senior mechanical design engineer in therapy delivery at Medtronic in the cardiac rhythm management division in Minneapolis.

Neidert is the son of Mary and Henry Neidert, of North Ridgeville, and



is the brother of Stephen and Christina.

NRHS open house

North Ridgeville High School will hold an open house on Aug. 28 from 7-8 p.m. At 6:50 p.m., schedules will be distributed. This will be a chance to meet teachers and tour the building. Those who cannot attend and want to speak to a particular teacher can call 327-1992.

Win \$2,500 for duct tape song lyrics

The second annual Duck brand duct tape Rock About the Roll contest, sponsored by Henkel Consumer Adhesives Inc., will award first through third-place winners with cash prizes for their originality and creativity in incorporating duct tape in their lyrics. The first-place winner will receive \$2,500 in cash; second will receive \$1,000 and third will receive \$500. Ten honorable mention winners will receive a variety of Duck Tape and Duck Tape Club merchandise valued

For a registration form and official contest rules, visit www.ducktapeclub.com. All entries must be received by Oct. 10. Contest participants will be required to submit a song about duct tape with original lyrics and music, along with a color photograph of the entrants. The song must be submitted on a CD or audiocassette or as an mp3 or .wav file.

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Submissions must be sent to: Rock About the Roll contest, Henkel Consumer Adhesives Inc.. 32150 Just Imagine Drive, Avon 44011-1355 or e-mail entries to rockabouttheroll@ducktapeclub.com.

Online voting will take place from Oct. 17-27. The winner will be announced around Nov. 5.



New Patients

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ACADEMIC NOTES

Mark Payne, of North Ridgeville, recently graduated from the University of Cincinnati with a bachelor of science degree in electrical engineering. Payne was also named to the Dean's List for the spring quarter.

Thank you for reading the **PRESS & LIGHT**

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LIFESTYLE



BULLETIN BOARD

Ohio First Ladies tea

The Academy of Lifelong Learning at Lorain County Community College will feature an Ohio First Ladies tea. Women in History will recreate the lives of these notable women in unique dramatic style. The event will take place Sept. 3 from 1-4 p.m. in room 227 of the College Center building. Registration is necessary for this free program by calling (440) 366-4148 by Aug. 27. In addition to the program, there will be vendors, prizes and refreshments.

Manning announces Thumb Buddy

tup to Epeoples Sunday through Thursday with coupon

Lorain County Prosecutor Jeff Manning has announced the release of Thumb Buddy, a new program to assist parents in the recovery and identification of their missing or abducted children.

Thumb Buddy allows parents to keep up to date, accurate records of their children. Each child is pho-

tographed with digital camera technology and a thumb print impression is taken. This information is stored on a laminated identification card and given to the parents for safekeeping. "Thumb Buddy" is the mascot for this program and will be available to parents at events throughout Lorain County.

To have Thumb Buddy at an organization or school event or for more information, call (440) 329-

Northridge Health Center hosts program

The North Ridge Health Center, located at 35990 Westminster Ave., North Ridgeville, will hold a community education program series. The next program will be "Obesity: Our Nation's Epidemic" on Sept. 8 at 7 p.m. with speakers Dr. Catherine Sementi and Sue Suglio, R.D., L.D., C.D.E. Pre-register by calling 327-8511. Refreshments will be served.

Daily

Panoramic

Lunch & Sunset



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★ Pacific Island Breeze Dinner Wednesdays in August

★ Air Show Cruises

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Mr. and Mrs. Jim Nagorka

McMillen and Nagorka

Kelly McMillen and Jim Nagorka were married

uly 15, 2003 in Las Vegas at the Wedding Bells

Parents of the couple are Joseph and Linda McMillen, of North Ridgeville, and Paul and Betty

The bride is a 1995 graduate of North Ridgeville

High School. She is attending Cuyahoga Community

College and currently works at NASA Glenn

School and works at Ctrac Computer Services.

The groom attended North Ridgeville High

A reception was held at the American Legion Hall in Brook Park on July 18. The couple resides in

BUSINESS BRIEFS

Newly licensed realtor, John C. Prajzner, of North

NASA's highest honors were awarded to a group of

Thomas F. Niezgoda, of North Ridgeville, was hon-

civil service, contractor employees and team members

at NASA's Glenn Research Center on Aug. 8 at the

Ridgeville, has joined the North Ridgeville Coldwell

Prajzner joins Coldwell Banker

NASA honors team members

annual NASA honor awards ceremony.

Banker Hunter Realty office.

wed in Las Vegas

Murmann of Brooklyn, Öhio.

Research Center.

North Ridgeville.

Chapel.





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WITH A LITTLE TLC ...

newer bath. Large enclosed front porch. Noreen Beane 327-6511. #5861. \$139,900.

Gerhardinger 327-6511. #5778. \$89,000.

READY FOR YOU!!

for the bdrm & hall. William Hecker 327-6511. #5396.

office w/separate utilities and parking Great for investors or business owners like. Terry Murray at 327-6511. #5803. **TOWNHOUSE CONDO!!**

Spacious bi-level offers over ½ acre wooded lot, 5 bdrms, 2 1500 sq. ft., 3 bdrms, 2.5 bath, great room, spacious eat-in baths, 2 car garage, country kitchen w/deck and more. Value area, large master bdrm with master bath, patio off grea Only 4 years old. Darleen Crow 327-6511. #5834. \$129,900.

TASTEFULLY DECORATED ... age shed and priced right. Terry Murray 327-6511. #5711. master bdrm, family room with fireplace, baseboard heat David Long 327-6511. #5675. \$122,900.

SUPER SPLIT!! 3 bdrms, 2 full baths, newer kitchen w/all appliances, newer This could be just what you have been looking for. Lots of windows and doors, lg. laundry area, woodburner in family work already done. Newer windows and newer roof, and room, newer gas furnace w/cent. air, det. 2 car garage. Jane

LIKE A NEW HOME!! This Colonial has been refurbished. Newer carpet in living rm hallway, stairs, & 1 bdrm. Both bathrooms have been remod-This 3 bdrm, 1.5 bath Colonial is just the home you have been eled, Newer kitchen w/oak raised panel cabinets, all rooms &

looking for. Large lot, storage building, full basement, 1st floor ceilings freshly painted. Darleen Crow 327-6511. #5734. family room, freshly painted. Buyer can pick the carpet color \$122,900.



TRIPS WITH THE OFFICE OF OLDER ADULTS

Call 353-0835 for reservations or more information.

Mystery trip

Take a fun-filled mystery trip Sept. 30 within Ohio. Lunch is included. The group will leave at 7 a.m. and will return at 7 p.m. The cost is \$51. Call early to make a reservation. This trip sells out quickly.

Bucyrus autumn adventure

Visit Bucyrus Oct. 9. Leave the center at 6:30 a.m. and return at 8:30 p.m. The cost is \$52. Stops will include D. Picking & Company, Cooper's Cider Mill & Jelly Factory and Carle's Market & Deli.

Events at Sandy Ridge Wetland Center

Butterfly survey

Jim Ciha of the Ohio Lepidopterists will review the local species and then lead a search for butterflies on Aug. 23 from 10-11:30 a.m.

Sandy Ridge Wetland Center is located at 6195 Otten Road, North Ridgeville.

LCCC Academy of Lifelong Learning

Birds and blooms

The group will travel to the Arbor at Penitentiary Glen Reservation on Sept. 16 from 9:30 a.m.-5 p.m. The cost is \$54, which includes transportation, admission and brunch.

Bicentennial day trip to Columbus

Visit the 1852 Kelton House Museum. The house is the only documented Underground Railroad site in Columbus open to the public. The trip will be Sept. 17 from 8 a.m.-6 p.m. The \$28 fee includes transportation and admission.

Great Mohican Indian powwow

Visit the Mohican Reservation Festival Grounds, which will feature food, music and over 40 native craftsmen and artisans on Sept. 21 from 8:30 a.m.-5:30 p.m. The fee of \$32 includes transportation and admission.

University Circle walking tour

See 50 works of outdoor sculptures on Sept. 27 from 9 a.m.-3 p.m. The \$24 fee includes transportation and honoria.

Orthodox church tour and lecture Join the group for a tour of some Lorain Orthodox churches on Oct. 6 from noon-3:30 p.m. The \$25 fee includes transportation and honoria.

For more information on any of these trips or to register, call (800) 995-5222 ext. 4148 or (440) 366-4148.

Escape Schoól®

Parents searching for ways to teach children how to be safe can enroll them in Escape School. The program provides elementary-age children with abduction prevention skills and

kidnapping escape techniques. **Two Sessions:** 6 to 7pm or 7:30 to 8:30 pm

This Thursday, August 21, 2003 North Ridgeville Senior Center 7327 Avon Belden Road

Cost is \$5 per participant and parents must accompany children. Early registration can be done at North Ridgeville Parks & Rec Office

Call for info: 440-353-0860

7307 Avon Belden Rd.

Abduction Prevention Skills for Kids.

Finger Lakes New York fall foliage

Visit New York's Finger Lakes Oct. 14-17. The trip includes four days by Motorcoach, seven meals and three nights of lodging. The cost is \$499 per person double occupancy.

Pittsburgh lights

Visit Pittsburgh on a tour of their Christmas displays Dec. 3. The group will leave the center at 9:30 a.m. and will return at 10:30 p.m. The cost is \$62. The tour will include The PPG Building, Phipps Conservatory and dinner at Blarney Restaurant.

San Antonio Christmas

Visit San Antonio Dec. 2-7 for \$1,109 per person double occupancy. The trip includes a cruise along the Paseo Del Rio, a trip to the Alamo, a tram ride of the LBJ Ranch, a visit to the German settlement of Carry-out is available.

Fredericksburg and more.

HUND-RAISERS

Big band sound

The Office for Older Adults has tickets available fr the 11th annual dance/concert fund-raiser with the Doc McDonald Big Band sound at DeLuca's Place 1 the Park on Sept. 24 from 7-10 p.m. All proceeds wi benefit senior citizens organizations.

Spaghetti dinner

The Senior Center's spaghetti dinner will be hel Sept. 26 and Oct. 31 from 5-7 p.m. The menu wi include homemade spaghetti w/meatballs, garlic toas, salad and a beverage. The tickets are \$6 for adults, 5 for seniors and \$4 for children under 10. Dessert is \$.

NORTH RIDGEVILLE PARK AND RECREATION EVENTS

Register at the parks and rec. office, 7307 Avon Belden Road, Monday-Friday from 8 a.m.-5 p.m. or call 353-0860 for more information.

Migrating monarchs

Participants in second grade through adult can catch, tag and release monarch butterflies at the Sandy Ridge Reservation on Aug. 22 from 1-2 p.m. The cost is \$2. Participants should wear comfortable shoes and long pants.

Teddy bear garden tea party

Bring a favorite teddy bear and blanket to South Central Park for this City Youth Garden program sponsored by Girl Scout Troop #794 on Aug. 22 from 6-7:30 p.m. The program is free. Participants must be accompanied by an adult. In case of inclement weather, meet at the Community Cabin.

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2nd Opinion on

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Quote

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cooling unit!

N. PORTO

Budding scientists can experiment with physics, sound and exothermics in this Mad Scientist program on Aug. 28 from 7:30-8:15 p.m. at the Senior Center.

The cost is \$10 per child.

Make it/take it crafts

Make it/take it crafts will be held in the Communiz Cabin the third Saturday of each month Septembe-March from 10 a.m.-noon for ages 5 and up. Crafts wl vary according to seasons. The cost is \$10 per mont. which includes all materials. Register by the first f each month.

Scuba diving classes

Ages 10-adult can learn scuba diving principles through video, slides and workshops then learn diving skills in a pool during this three-day workshop to be held Sept. 12-14. PADI open water manual, dive tables, log book and video/DVD are included in the fee of \$270. Participants must provide their own mask, firs and snorkel and are responsible for their transportition to the pool. Participants must have medical aid liability forms filled our prior to program start. Open water training is needed for certification and is not included in the program. Arrangements can be made with the instructor. Register by Sept. 5.

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OBITUARIES

Florence "Flo" German

Florence "Flo" German, 91, of Castalia, died Aug. 10, 2003, in Providence Care Center, following a lengthy illness.

She was born Jan. 20, 1912, in Lonsdale, R.I. Mrs. German worked at Bar 101 in Castalia for

many years.

She was a member of Holy Angels Catholic Church, Sandusky.

Survivors include her daughter, Barbara Karbler of North Ridgeville; son, Scott German of Castalia; sister, Anita O'Connor of Pawtucket, R.I.; brothers, Oscar and Archie Dubois, both of Pawtucket; and five grandchildren and six great grandchildren and nieces and

Preceding her in death were her husband, Robert German, in 1978; her parents, Joseph and Zelka (nee Obershein) Dubois; daughter, Sharon "Bobbi" Van Cauwenbergh, in 2000; brothers, Roland Dubois and Peter Dubois; and sisters, Bertha Ienks. Rosabelle Chason and Lillian Chevalier.

Arrangements were handled by Ransom Funeral Home, Castalia. Services were held Aug. 13 in Holy Angels Catholic Church. The Rev. John Missler officiated. Burial was in Graves Cemetery.

Memorial contributions may be made to Providence Care Center, 2025 Haves Ave., Sandusky 44870; Holy Angels Catholic Church, 1605 W. Jefferson St., Sandusky 44870.

Sheila A. Thompson

Sheila A. Thompson (nee Jereb), 54, of Elyria and formerly of North Ridgeville, died Aug. 12, 2003 at her home following a lengthy illness.

She was born at Camp Lejeune in Wilmington, N.C., and was raised in Brunswick. She graduated from Brunswick High School in 1967.

Mrs. Thompson lived in Elyria for the past three weeks, after moving from North Ridgeville.

SHOWS

Patriots concert schedule

Sept. 20 at 1 p.m. at Elyria Apple Festival, Elyria. Nov. 29 at 7:30 p.m. at State Theatre, Sandusky.

Stomp will return to the Palace Theatre at Playhouse Square Center for eight performances, Sept. 16-21, with Tuesday-Friday performances at 7:30 p.m., Saturday performances are at 5 and 9 p.m. and Sunday performances at 1 and 5 p.m. Tickets range from \$45-\$20.

Taste of Cleveland

The 8th annual Taste of Cleveland will be held at Tower City Amphitheater (TCA) Aug. 29-Sept. 1. There will be free admission from 11 a.m.-6 p.m. on Aug. 29.

Care About Someone with Cancer?

You're Invited to a Special Open House

Friday, September 5 4:30-7 p.m.

The Cleveland Clinic Cancer Center at Fairview Hospital's Moll Pavilion, 18200 Lorain Avenue, Cleveland, Ohio 44111

You may not know what a new CT simulator means. Or what an accelerator's upgraded collimation capabilities can provide. Or that Intensity Modulated Radiation Therapy (IMRT) marks an evolutionary leap in cancer treatment. But for anyone concerned about cancer, these all translate to renewed hope and are exciting advancements you should come and see for yourself!

For more information, please call (216) 476-4935.



THE CLEVELAND CLINIC **Cancer Center** Fairview Hospital

She worked for Avory Dennison Labels, Cleveland, as a customer representative for 14 years. Mrs. Thompson was a member of Episcopal Church

of the Advent, Westlake. She loved flower arranging and motorcycling with her husband.

Survivors include her husband of 29 years, Mark; a daughter, Misty Hwodeky of LaGrange; a grandson, Jacob James Hwodeky; her mother, Frances Jereb (nee Sherwood) of Boca Raton, Fla.; and a brother, Craig Jereb of Boca Raton.

Preceding her in death were her father, Jacob Jereb; and a sister, Cindy Jereb.

Arrangements were handled by Busch-Curtis-Scheuffler Family Chapel. Services were held Aug. 16 at Episcopal Church of the Advent, Westlake. The Rev. Joe Maiocco officiated. Burial was in Ohio Western Reserve National Cemetery, Rittman.

Memorials may be made to Episcopal Church of the Advent, 3760 Dover Center Road, Westlake 44145 or Hospice of Cleveland Clinic, 9555 Rockside Road, Suite 300, Valley View 44125.

Marcus N. Shoemake

Marcus N. Shoemake, 75, of Cleveland, died Aug. 13, 2003, at St. Vincent Charity Hospital, Cleveland, following a lengthy illness.

He was born in Bryson City, N.C. He moved to

Cleveland in 1948 from Lenior, N.C.

He served in the U.S. Army during World War II. Mr. Shoemake was employed by General Motors for

He was a member of United Auto Workers Union 45, Cleveland.

McCarthy); daughters, Marcia Perkey of North Ridgeville and Marilynn Sanson of Walhalla, S.C.; brother, Fred Shoemake of Lenior; and three grand-

Preceding him in death were his parents, Frank and Bertha (nee Barlow) Shoemake; sisters, Pansey Walker, Pauline Walker, Estella Dula and Connie St. John; and

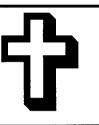
Arrangements were handled by David Bogner ed. Burial was in Resthaven Memory Gardens, Avon.

Ruth H. Palmquist

Ruth H. Palmquist (nee Hanson), died Aug. 1, 2003.

Survivors include a son, Donald C. of North

Lutheran Church, North Ridgeville.



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& 6:00 p.m. 327-1687. Cathedral of Life. 5375 Jaycox Road. Rev. John Helms, Pastor. Sunday School 10 a.m.; Worship Service 9:50 a.m.; Sunday Eve. Service 6 p.m.; Wed. Eve. Service 7

Newspaper' (440) 930-5876

Faith Baptist Temple. Rt. 10 & Root Road, Sunday School for Children & Bible Study for Adults 10 a.m.; Worship Service 11 a.m.; Sunday Evening Services 6 p.m.; Wednesday Evening Services 7 p.m.

LW WORDS with church school for children ages 3 through 6th grade beginning at 10:00 a.m. Crib and toddler room

Joel W. Shupp

Northridge Christian Life Church, 8877 Avon Belden Rd., North Ridgeville, Ohio 44039, Phone (440) 353-0758. Pastor William Falk. Sunday

Sugar Ridge Baptist Church. 36600 Sugar Ridge Rd. Rev. Bill Shomo, Pastor. Sunday School 10 a.m.; Worship Service 11 a.m.; Sunday & Wednesday Evening Services 6 p.m.

New Life Community Church. 38079 Center Ridge Rd., No. Ridgeville. Sunday Worship Service 10:00 a.m.; Bible Study 7 p.m. on Wednesday nights; Youth Group at 6:45 on Wednesday.

Calvary Christian Center Pentecostal Church of God. 6001 Lear Nagle, North Ridgeville (440) 353-3593. Rev. Scott Nicoll. Sunday Service: 11:00 a.m., 7:00 p.m.;

Wednesday: 7:30 p.m.; Sunday School 10 a.m. North Ridgeville Baptist Church.
5400 Lear Nagle Rd. Rev. Gerald
Flury, Pastor. Sunday Services Sunday - Worship Services 8:30 &
11:00 am; Sunday School & Adult
Bible Study 9:45 am; Children's
Church 11:00 am; Evening Service
6:00 pm; Wednesday Evenings 7:00
pm.

North Ridgeville First Cong-regational United Church of Christ. 36363 Center Ridge Rd. Worship 10:00 a.m.; Children's Sunday School 10:00 a.m. Pastor - Rev. Ellen Palme

St. Julie Billiart Catholic Church, 5500 Lear Nagle Rd. North Ridgeville, Oh 44039. Phone: 327-1978. (Located between Center Ridge and Mills Road; on the north side of Lear North Masses: Morning 9 a.m. & 10:30 a.m.; Saturday Confession 3-4 p.m. in Chapel or by appointment. Father Richard Gonser, pastor.

St. Peter Catholic Church. 35877 Center Ridge Rd. Saturday Mass 5 p.m.; Sunday Mass 6, 8, 10:00, 12 noon. Reconciliation Saturdays 4-

Shepherd of the Ridge Lutheran Church. 34555 Center Ridge Rd., Rev. Paul Oberhaus, Pastor, Sunday Worship Services 10:15 a.m.; Family Education 9 a.m. Midweek Worshi

New Heart Community Church, 34899 Lorain Rd. (in Butternut Plaza) 327-7449. Service: 10:00 am Sun. Nursery/Children's Church. Bible Study: 7:00 pm Sun. Eve., Counsel: Marriage, Divorce, Relationships

Christian Soldiers Apostolic Church, 5298 Lear Nagle Rd. Rev. Patty Kisner. Sunday School: 10 a.m.;

33 years, retiring in 1981 as a dispatcher.

Survivors include his wife of 54 years, Doris (nee

children and one great-grandchild.

brothers, Howard, Carl and Olan Shoemake.

Family Funeral Home, North Ridgeville, where services were held Aug. 16. The Rev. Bill Shomo officiat-

She was a retired nurse at Cleveland Clinic.

Acts 11: 27, 12-30

Matthew 12:1-9

Romans 8:18-23

Romans 8:24-25

Romans 8:26-27

Psalm 86:11-13

Center Ridge

Nursing Home

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Isaiah 44:6-8

Ridgeville; two grandchildren; and a brother, David Hanson.

Services were held Aug. 17 at Shepherd of Ridge

This Church Directory sponsored by these

Calvary Ridge Church of the Nazarene. 34881 Center Ridge Rd. David Woods, Pastor. Sunday School 9:30 a.m.; Worship Service 10:45 a.m.

Christ Chapel (non-denominational) 36300 Center Ridge Road. Phone (440) 327-6020. Ralph L. Palmer, Pastor / Teacher. Bible School for all ages 9:30 A.M.; Worship 10:45 A.M.; Wednesday 7:00 P.M. Church of Christ. 36350 Chestnut Ridge Rd. Jason Hardin, Evangelist. Bible Study 9:30 a.m.; Worship Service 10:30 a.m.; Sunday Evening Services 6 p.m.; Wednesday Bible Study 7 p.m.

Springs of Life Church. 31860 Bagley Rd. N. Ridgeville. Family wor-ship and children's church. Sun. 10:30 ship and children's church. Sun. 10:30 am; Sun. eve 6 p.m.; Wed. eve 7 pm Springs of Life Bible College and Shalom Seminary Tue. and Fri. at 7 pm., Sat. at 9 am.

Church of God. 6000 Lear Nagle Rd. Rev. Larry Sheffler, Pastor. Sunday School 9:45 a.m.; Worship Service 11 a.m.; Sunday Evening Services 6:30 p.m.; Wednesday Evening Services 7 p.m.

Fields United Methodist Church. 34077 Lorain Rd. C. Michael Gibson, Pastor. Sunday worship service is at 9 & 11 a.m.

Harvest Ridge Assembly of God. 35600 Lorain Road. Pastor Kevin L. Crow. For details or direc-tions, call (440) 327-0024. Sunday Worship 8:30 & 10:45 am (Childreit Ministry & Nursery Provided) - Sunday School 9:45 am - Wednesday Bible Study 7:00 pm (Royal Rangers, Missionettes & Youth Ministry)

Hosanna Christian Fellowship, nosanna crrisuan Fellowship, 34869 Lorain Rd. Located on the corner of Lorain & Island Rds. Pastor Jim Neece. Sunday Worship Service 9 &11 AM; Wednesday Service 7:00 PM; Small Groups -meet throughout the week Services: 10:00 a.m & 6:30 p.m. Nursery, Sunday School, Youth Group Single Meetings, Prayer Meetings and Midweek Horne Meetings.

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What you can do to help prevent West Nile Virus

ditches and containers such as old tires, buckets, cans, neglected swimming pools, etc. Storm sewers, culverts and catch basins, etc. provide an outdoor resting place for adult Culex pipiens mosquito (the common house mosquito), which is most commonly associated with West Nile virus. This mosquito often enters homes through unscreened windows or doors, or broken screens.

 Make sure that doors and windows have tight-fitting screens. Repair or replace all torn screens in your home.

• Remove all discarded tires from your property.

• Dispose of tin cans, plastic containers, ceramic pots or similar water-holding containers.

 Make sure roof gutters drain properly. Clean clogged gutters in the spring

• Clean and chlorinate swimming pools, outdoor saunas and hot tubs. If

not in use, keep empty and covered. Drain water from pool covers. Change the water in birdbaths at

least once a week. • Turn over plastic wading pools and

wheelbarrows when not in use. Clean ditches of obstructions so

they drain properly. Eliminate any stand-

ing water that collects on your property. Check trees for cavities that hold water and fill them with soil, gravel

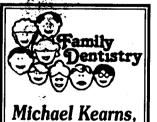
or sand. • Remind or help neighbors to eliminate breeding sites on their properties.

If you will be outside during evening, nighttime and dawn hours, consider the use of an insect repellant containing 10 percent or less DEET (N. Ndiethyl-methyl-meta-toluamide) for children and no



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Mosquitoes lay their eggs in standing more than 30 percent DEET for adults. water, which includes puddles, stagnant DEET is effective for approximately four hours. Avoid prolonged or excessive use of DEET and use it sparingly to cover exposed skin and clothing. Do not use

POLICE BLOTTERS

By Carol Klear

Maybe it was borrowed

A resident reported that a power washer was stolen from a shed on Chestnut Ridge Road.

Too young to drink

Police stopped a vehicle for a noise violation and the passenger was arrested for underage consumption.

Not the way to do business

A representative of Wolf Auctions filed a complaint about two bad checks

Anybody find a cell phone?

A complainant reported that a cel phone was lost at Big Lots on Center

Not very neighborly

Police were called for a neighbor dispute in which someone made a threat.

DEET on infants or pregnant women and do not apply DEET directly to children. Apply it to your own hands and then put it on the child. Always use DEET according to the manufacturer's

Remember that Vitamin B, ultrasonic devices, incense and bug zappers have not been shown to be effective in preventing mosquito bites.

FIRE BLOTTERS

By Carol Klear

Pole fire

Firefighters went to Charles Avenue for a possible pole fire and found a fuse that burned through the top of the pole. The electric company was notified and the North Ridgeville Police Department was also notified for traffic assistance. Charles and Paula avenues were closed temporarily.

Be careful where you dig

A possible gas leak was reported in Chadwick Development at Victoria Lane. Nothing was found there, but a leak was discovered at Minott. While on the scene, there was a leak when a crew was digging holes for mailboxes. The fire crew was told to leave when the gas company came on the scene and determined that the leak was in a main. A backhoe arrived, dug up the main and clamped it off to stop the leak.

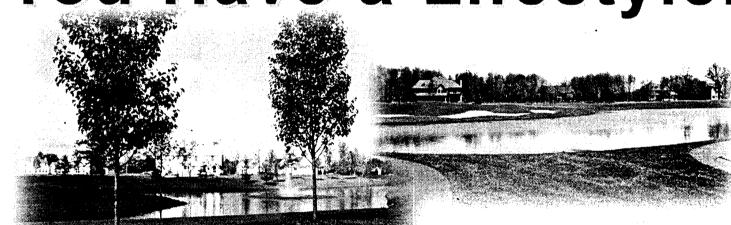
Follow guidelines

Firefighters found an Avon Belden Road resident attending to a smoking outdoor fire. The resident had obtained a permit, but was not following the guidelines. The crew extinguished the fire and explained to the resident that he had to follow guide-

Transports

The North Ridgeville Fire Department had 26 squad runs from Aug. 7-12. There were six to St. John West Shore Hospital eight to EMH Regional Medical Center and one to Fairview Hospital. There were 11 "no

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Waterside Dr.	Walker Road		
Crossings Way	3 Avon Lake	Jaycox Road	Family is on the north side of Walker. 2) Villages and 3) Townhomes are on south side of Walker Road. For Legacy Pointe, turn Right onto Walker Road. Models are located on the south side of Walker Road, less than a mile from Rt.
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1 \$155,000 5312 BIRCH ST HIGGASON THOMAS H All real estate transfers listed here can be found on the Internet at www.loraincounty.com/real_estate_ data/. Data yaroma scott a 35090 NIKKI AV BACHOUROS DAVID J SCIPIO FRANCENA H provided by Lorain County Auditor's Office, Mark Stewart, Auditor. Sales listings for 8/2/03 to 8/8/03. 35300 GREENWICH AV **BOCZEK THADDEUS J** 32631 BRIARWOOD DR \$238,241 RAABE EVELYN BOB SCHMITT HOMES INC HAYES TIMOTHY J \$162,000 ASPEN ST HARTLEY MITCHEL R S244,555 DARWISH ABED A 32520 BRIARWOOD DR **BOB SCHMITT HOMES INC** SNOW MARK A 35866 LAUREL CR \$162,000 KORDISH PATRICIA ANN KORDISH STEVEN P 33055 CHESTNUT RIDGE RD VISCOMI FRANK J MIHALAK BRUCE M 6417 RIDGEVIEW AV FLATLEY T MICHAEL \$170,000 32922 MEADOW CREEK OV WINGROVE CHRISTIAN D FAWCETT EDWIN R KENNEDY DEBORAH A HOLLOWAY BESSIE MAE RIDGEVIEW AV \$108,376 KIMBLE SHAWN 5244 MAIN AV SIMONS MARK L MORTGAGE ELECTRONIC 35836 CENTER RIDGE RD \$110,000 **ELART FAMILY LIMITED** JACOBS APPRAISAL 5630 MAIN ST WILKINSON LAURENE E STEVENS ALEX W 35267 CHESTNUT RIDGE RD UNDERWOOD ELEANOR A BENDER WILLIAM H 5451 MILLS CREEK LN \$168,500 FONTECCHIO JACK B SCHULZ JACK L \$154,900 35667 LORAIN RD PRICE WILLIAM J \$103,000 **CUEVAS CHARLOTTE** 5704 BROAD BL LEFFEW GUSTINE W RESETAR PATRICK \$238,390 WAGLER HOMES OF CLEVELAND 37091 BRIGGS CR \$160,000 JEWETT RICHARD D 33861 SUNFLOWER LN PERLIN JANICE P LANE SHIRLEY A 9328 VICTORIA LN PULTE HOMES OF OHIO **CUMMINS DAVID J** 33885 SUNFLOWER LN \$112,000 LENGEL JONATHAN I STEVENS CHRISTOPHER E \$183,795 37033 CHADDWYCK LN WHITLATCH & CO \$164,000 SIMONETTA JOSEPH ! MYERS TIMOTHY 33986 GLORIA AV ANDERSON DEBORAH L TTE \$185,325 38206 MISTY MEADOW TRAIL ALL PURPOSE CONSTRUCTION \$191,000 MAJESKEY MIKE 6723 MILLER DR MOORE OTHA J CAHILL JOHN B 38219 MISTY MEADOW TRAIL \$157,000 HOBART MICHAEL A ALL PURPOSE CONSTRUCTION MACHOVINA BERNARD . 33985 S R 10 REEVES JO ANN ALL PURPOSE CONSTRUCTION \$140,000 NVR INC 34712 CHESTNUT RIDGE RD UNDERWOOD WILLIAM R JR UNDERWOOD WILLIAM R III ALL PURPOSE CONSTRUCTION \$35,000 NVR INC SR 10 DIPERNA RONALD J FOX DAVID J \$276,440 5015 RACE RD FONTECCHIO JACK B OOSTER CONSTRUCTION IN \$202,500 34937 CLEAR CREEK DR HENRICH MARK G FLATLEY T MICHAEL \$44,599 MISTY MEADOW TRAIL ALL PURPOSE CONSTRUCTION \$120,000 NVR INC 5738 JOANNE CT COLEMAN KARL M CIFRANIC ANDREW R





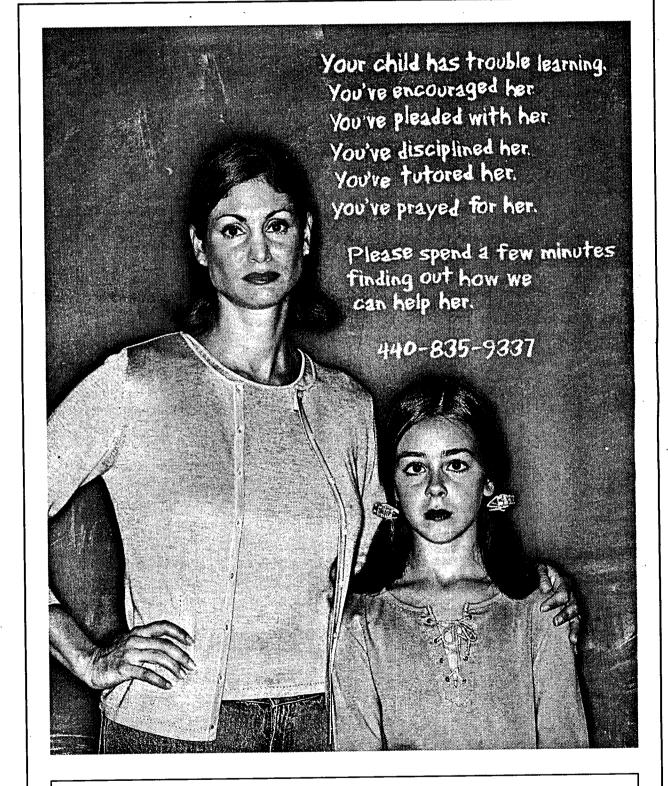
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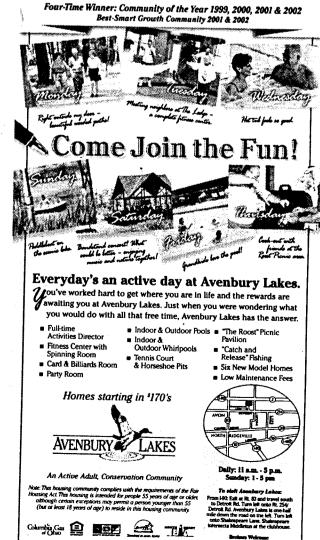
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Lake Bargain \$24,900 Free covered boat slip! Gently sloping lake view parcel w/ nice mix of low rolling meadows & trees. Abuts national forest on 35,000 acre recreational lake more. Excellent financing. Call now 800-704-3154, ext. 497.

New To the Market! Western NC Mountains Asheville area, Large mountain properties bordering the Catawba River & Pisgah National Forest... 500,000 acres is your nancing info call 7 days a week. this extraordinary opportunity won't last long! Call Now: 800-807-5263(CFP).

> **Mobile Homes** For Sale

2BDRM, 1BTH, LR, DR, bricked yard, A/C, fridge, new windows, trim, carpet thru-out, switches, plugs, wall plates, security camera. Lot rent \$180/mo. Asking \$9500. Call 440-647-6340/440-4528895.

> **Vacation Property** For Sale

Lake Front Property New Lake Home. Lake Cumberland, KY \$89,900. Newly built, cedar sided home, never lived in fully furnished was screened in patio, huge deck, fire-place, Jacuzzi tub, great views, much more! Call 800-770-9311 ext.

45 For Rent

AVON LAKE -DUPLEX: 2BDRM, 1.5BTH, 1100sq.ft. of living area on acre of owner maintained lawn. All appliances included. \$775 monthly plus security plus electric. No pets. 440-930-2372

AVON LAKE: 342 Dellwood Rd, 2BDRM, 1BTH, new updates A message from The Press and the FTC throughout. \$770./month water & BFI, pets welcome. 440-930-7166 **CARDINAL STAFFING** SERVICES

AVON: 1BDRM apartment w/4 rooms, duplex. No pets. \$400/month + deposit. References required. 440-937-5075 AVON: 3 BDRM bungalow, appliances included, Avail. Sept. 1st \$800.440-934-1555 after 5:00pm.

1BDRM Apartment

845 Douglas Street 440-225-5286

WESTLAKE: 2BDRM, near malls, **Child Care Teachers** appliances, washer/dryer, C/A, garage, pool, no pets. \$725/mo. plus security. Call 440-933-6769 Toddler/Pre-school Positions PM Part-time available based on experienced. ECE Degree

> West Shore Child Care Center 440-333-2040 Office Space For Rent

AVON LAKE

Two 200sq.ft. offices In new office building

Mr. Handyman

440-937-2222

Avon Office

1000sg.ft. Warehouse

440-937-4800

Vacation Property

For Rent

3 Days/2 Nights Crossville, TN. 3 days/2 nights Gatlinburg - Great Smokey, 2 rounds golf w/cart. 1 dinner -2 adults - Gatlinburg, Limited offer, Fall colors -Cumberland Plateau

CLEANER OFFICE ON JAYCOX RD. IN AVON. SATURDAY AND SUNDAY FOR 5HRS.

> **CALL LOUIS** 216-749-1152.

CLEANING Avon Lake

Individual to clean commercial buildings, part-time, early morning or after 5pm. Excellent references.

Call 800-223-9941 ext 406

CONSTRUCTION Experience in multiple

trades, strong work ethic clean driving record. Good pay with medical 440-930-5222

> **COPY EDITING/** GRAPHICS

> > PART-TIME

Local weekly in need of a part-time

copy editor/graphic designer efficient in all applications of QuarkXPress, Adobe Photoshop and Adobe

strator. Candidate must posses

kly and accurately under tight deadline. Flexibility with early morning hours would be beneficial.

of 10-15 hours on Mondays and

Tuesdays is needed. Past experience and portfolio required.

The PRESS

knowledge of newspaper layout procedures and be able to work

Package \$339.00 866-707-1525 Vacation Realty. **HELP WANTED** An affordable and beautiful wedding chapel in the Smoky Mountains. terproofing/Concrete Contract seeking laborers (excavation footings, and sewer work). Must have transporataion. wages based on experienced. Benefits available.

Christian ceremony, pictures, video,flowers \$150. Also providing cabins, formal wear. bellsinthesmokies.co m. Call 800-922-2052. Asheville North Carolina area. Spectacular new mountain home, gorgeous views. In championship 18 hole golf course community.

866-334-3253 x 474. FLORIDA, VERO BEACH: LUXURY GATED COMMUNITY. 2BDRM, 2BTH Villa. Tennis, Pools, Clubhouse Dining, walk to Atlantic ocean, 90 mi. to Disney World. Discounts available. 440-333-8832

LONGBOAT KEY, FLORIDA: Longboat Pass condos. Private dock. An island paradise. \$1600/month plus tax. 440-871-1575

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Alterra-Wynwood of Westlake Independent and Assisted Senior

Living Complex

Maintenance

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Resident Assistants-

All Shifts- Full and

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Benefits available, Wonderful tmosphere Convenient Location

(near I-90)

Stop in to fill out an application 27569 Detroit Road

Westlake, OHIO 44145 Phone 440-892-9777

EOE M/F/D/V

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Import experience necessary, and common sense required for west side shop. Send resumes via fax:

440-331-1680 or Call 440-331-2080

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Process medical claims from home on your computer.

Call the Federal Trade Commission to find out how to spot medical billing

1-877-FTC-HELP

Office Assistant • Lead

Generator • Recruitment Coordinator • Client Service

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cneck: Attorable Down Payment with low monthly payments! Only 15 trucks remaining. Teams wanted - Train your spouse or friend program! Call Justin or Tony 800-767-6918. CRST Van Ex.

Positions to fill imme

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PO Box 300 Avon Lake OH 44012 Attn: News Editor 419-285-2314

Drive A Peterbilt Conventional. Good Money + Benefits. Limited Guaran-tee. Potential Truck Ownership. Rid-er Program. Home Often. O/O Wel-come. 888-213-9968.

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Get Miles! Get Home! Get Paid Daily!!! Hiring Solos & Teams! Hiring Owner Operators! Call For Details! 888-346-4639 Driver Solo drivers & Teams needed Now! Long haul or Regional positions available. With one year experience. Great Miles and Home Time. Barr Nunn Transportation. Weekend and Evening Recruiters Available.

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Electricians needed, entry level to skilled Journeymen.
• Commercial • Industrial

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Temp, temp. to hire, all shifts. Call for interview or stop in 9:00am-

440-234-3090 Technical Solutions 7007 Engle Rd. Suite C Middleburg Hts, OH 44130 www.tsohio.com

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weed plant and help nature grow. Earn extra money doing what you love to do when you have the time to do it. while assisting us in igorating our yard. Call 440-937-6710 HANDY MAN

Seeking a green thumb ,who loves to

Northern Lorain County, primarily Avon Lake. Part-time. Will need excellent references. Painting, mowing and other handy-man skills. Please call

PART TIME

800-223-9941 ext. 406

Help Wanted Seeking an out-going, self moti-vated, accurate, and creative sales person to sell classifieds and ex-

Salary plus commission, medical benefits after 90 days.

Send resume to: 26933 Westwood Road, Westlake, OH 44145

Or email to JMKRAINE@aol.com **HYGIENIST**

Part-Time

practice seeks a committed profes sue management program. Candidate will be joining a team of other

Please call 440-892-4602 Ideal Gifts by Friendly has openings for party plan advisors. Call about our New Manager Program. Decor, Gifts, Toys, Cash, Trips. Recognition. 800-488-4875.

www.friendlyhome.com. Learn To Earn. \$1,000 per sale. Let me show you how to make it \$5,000-

\$8,000 per sell. New reps average \$250,000 per year. 888-445-5452. MAINTENANCE/HANDY

Position requires some knowledge in areas of exterior & interior maintenance services: electrical plumbing, Call 440-933-7151 to

schedule appointment.

The Classified Dept. Will Be Closed Monday, Sept. 1st, 2003 in honor of

Deadline for

8/29/03 @ 3pm.



Labor Day, Summer's Last Hoorah!!

Labor Day!

Sept. 3rd's edition is : Friday,



38381 Chester Road.

M-F • 9am-6pm

Avon Ohio (I-90 & 611)

NOW HIRING

Come work in a Fast, Fun, and Friendly Environment
Avon's Target is now hiring part time evening and weekend car lants, food service and sales floor service and sales floor team members \$6,00/hr. And 4am, traile unloading team members \$7/hr.
Apply at Target 35830 Detroit Rd.

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PERROTTE'S SALON ning for hairstylists, and nail technician

Call 440-258-3286

OWNER OPERATORS WANTED '4% to truck. Pull our air ride 48 ans. Home every weekend! Call Bruce Niswonger. 800-448-4690.

> P/T MEDICAL RECEPTIONIST

Wanted must be mature, dependable and friendly computer experience a must. Tues-Wed 8:30am-5:00pm & Fri 8:300am-1:00pm Pay \$8-\$9. per hours based on

Please fax resume to:

YOUR AD

The NEWSPAPER makes every e fort to avoid errors. We ask that you check your ad the FIRST day that it calling 1-888-346-6603. We cannot be responsible for more than one day's incorrect insertion if you do not call the error to our attention

RECEPTIONIST

Small veterinary hospital seeks full-time receptionist. Must be able to work flexible hours. Pre experience helpful.

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 BARTENDERS • Full or Part-time

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Wage reviews at 30 days, 90 days, 6 months & annually. Attendance Bonus • Weekend Bonus • 401K • Medical • Dental • Vision Benefits • Free Meals • Call Carla or Laura @ 440-934-520

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eeking friendly, mature, outdoo enthusiast for full and part time

Call Mark or Chris at

Call 1-888-346-6603 for Details Quick Clipper

34362 Summer Hill Drive, Wednesday &Thursday, 9am-4pm

☐ 3450 Kensington Drive, Thursday, 7am-1pm

Avon Lake

■ □ 207 Duff Drive, Saturday, 9am-2pm

□ 32119 Willow Circle, Friday, 9am-3pm

129 Harvey Parkway, Thursday, 9am-2pm

☐ 32610 Carriage Lane, Thursday, 8am-2pm

☐ 253 Parkview Drive, Thursday, 8am-4pm

■ □ 181 Duff Drive, Wed., 5pm-7pm & Thursday, 9am-12pm

□ 1290 Hallk, Saturday, 9am-3pm

4752 Baily Road, Thursday-Saturday, 9am-3pm

North Ridgeville

32429 Bagley Road, Thursday-Saturday, 9am-6pm ■ □ 8130 Lexington Way, Thursday-Friday, 9am-5pm

□ 5214 Manchester Circle, Friday & Saturday, 10am-?? ☐ 36221 Aurensen Road, Thursday-Saturday, 9am-5pm

□ 5694 Ridgeview Blvd., Friday, 9am-6pm & Saturday, 9am-3pm

Rocky River

21050 W. Wagar Circle, Thrusday & Friday, 9am-4pm

Sheffield Lake

4880 Lake Road, Thursday 8am-4pm & Saturday, 8am-1pm

Westlake

29771 Hilliard Oak Lane, Thursday-Satruday, 9am-5pm □ 28179 Settlers Reserve Way, Thursday & Friday, 9am-1pm

27680 Dunford Ave., Thursday, 8am-3pm □ 1874 Settlers Reserve Way, Thursday 11am-2pm

☐ 423 Bounty Way, Wednesday, 3pm-8pm & Thursday, 8am-3pm ☐ Westlake FOP Hall, 26145 Center Ridge Road, Saturday, 7am-5pm & Sunday, 12pm-2pm

Vermilion

☐ 5362 Ohio Street, Friday, 8am-1pm

PLEASE CHECK

teaching adults with MR/DD. Low patient/nurse ratios. Champaigi Residential Services, 937-653-1358 THE PRESS & LIGHT does not have the resources to investigate "work at home" advertisements. Please be sure to take the following precautionary measures: Be suspicious of "easy money." Never pay up fron even if a money-back guarantee i offered. Beware of similar e-mail offers. Call your local Better Business Bureau to inquire about the company; or call the National Fraud Information Consumer Hot.

1-800-876-7060.

Are You Young,

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Call the Classified

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1-888-346-6603 and for

just **\$5.00** place a 15

word ad offering your

1-888-346-6603

Call 440-934-4840

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A-1 TOP CASH PAID, Diamonds

Jewelry, Coins, Gold, Silver, Stamps & Currency, Sports Memorabilia, Antiques, Collectibles & Estates.

WANTED TO BUY OR TRADE: 75

horse power outboard boat motor Call before 2pm or leave message

WE WILL SELL FOR YOU OR BUY

outright your antiques & collectibles-art, furniture, lamps, jewelry, clocks, figurines, glass & china, toys. (Whatever). Free consultation. Call

or appt. now! 30 yrs. exp. in the auc-

ion & appraising business. Licensed

bonded with highest references. ichard D. Davies 440-777-7491.

120

Personals

LOSE WEIGHT NOW

ose up to 30 pounds in the next

FREE SAMPLES

Call: 888-224-8672

123

Prayers

ST. JUDE NOVENA: May the Sacred

eart of Jesus be adored, glorified, ved & preserved throughout the

world now and forever. Sacred Hear

f Jesus pray for us. St. Jude worke

nelper of the hopeless, pray for us. Say this 9 times a day. By the ninth

of miracles, pray for us. St. Jude

day your prayers will be answered. It has never known to fail. Publication

Notices &

Announcements

Attention Deficit

Disorder Workshops

The Positive Approach by J. Kubik, AD/HD Coach

4 New Family Sessions in Avon Lake & Parma

Start Dates: 9/4; 10/15

Adult Group - 6 sessions start 9/3

440-933-8309 For Brochure

must be promised

Call Gary 9:00am-7:30pm.

Norwalk 419-663-9672

216-314-6700

services

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STNA's! Caring for too many residents? STNA's needed: provide care

Child Care

 MANAGER **SERVERS • COOKS**

Babysitting • Pet Sitting Lawn Mowing • Landscapin Errand Running • Snow Rem Market yourself! Razzles/Rockers Cafe Must be under 18yrs of age and have your parents approva

> EXPERIENCED AND RELIABLE CHILDCARE. n my Avon home near I90 exit. Loving and fun environment, references available.

37800 French Creek Rd. Avon, OH 44011

203 James Circle, Thursday, 8am-4pm

738 Sawmill Drive, Thursday, 8am-3pm

229 Sunset Road, Thursday, 9am-1pm

☐ 180 Cherry Lane, Wednesday, 4pm-7pm & Thursday, 9am-12om

☐ 184 Sunset Ave., Saturday & Sunday, 8/23-24 & 8/30-31, 10am-5pm

☐ 630 Wellsley Circle, Thursday, 9am-2pm **Bay Village**

26608 Jefferson Court, Thursday, 9am-3pm

26807 Russell Road, Thursday, 9am-5pm Lakewood

2385 Woodward, Thursday, 9am-3pm

North Olmsted □ 5734 Barton Road, Wednesday-Friday, 8am-???

27653 Blossom Blvd., Thursday, 8am-3pm 4322 Silverdale Road, Thursday, 9am-4pm

□ 35306 Greenwich Ave., Thursday & Friday, 9am-4pm

E-Commerce

Advertise Your ON-LINE Business Here!

133 **Professional Services**

CATERING SERVICES

Romantic dinners for two "Creative Expressions" 440-808-8441 Please Leave message

Read & Use The Classifieds

139 Financial Services

\$\$Cash\$\$ Immediate Cash for strucnents, annuities. eal estate, notes, private mortgage notes, accident cases, and insurance payouts. 800-794-7310.

CREDIT PROBLEMS UNDERSTOOD! Refinance, Purchases A+ to D- Credit. Self Em-Chases A+ to b- Credit. Self Employed, Stated or No Income Verification! Call Mike at Creative Mortgage Inc. TOLL FREE 888-478-2200 ext. 104.

NOTICE Lending Opportunities

*NOTICE** Think First, Borrow Smart. Contact the Ohio Division of Financial Institutions' Office of Consume Affairs BEFORE you refinance you home or obtain a mortgage. BE-WARE of requests for any large advance payment of fees or insurance Call the Office of Consumer affair the mortgage broker or lender is properly licensed. (This notice is a public service of the Classified Department.)

> 140 Business **Opportunities**

> > ***NOTICE****

Investigate before you invest. Call the Ohio Division of Securities BE-FORE purchasing an investment.
Call the Division's Investor Protection
Hotline at 800-788-1194 to learn if the investment is properly registere and if the seller is properly licensed (This notice is a public service of THE PRESS & LIGHT.)

REACH 2 MILLION NEWSPAPER READERS with one ad placement. ONLY \$250.00. Ohio's best community newspapers. Call Kathy at the Ohio Statewide Classified Network, 614-486-6677, or E-MAIL at:

Statewide Classified **Advertising Network**

REACH OVER 2 MILLION newspaper readers with one 25 word ad placement. ONLY \$250. Ohio's best community newspapers. For more in-formation on advertising Statewide call the Classified Department at:

888-346-6603, or Fax: 888-346-5770 Website Development Small to medium sized business owners: Would you like to take advantage of the nternet WITHOUT being taken adsign at earl@pdesign.net, or by phone at 614 764-0476, or via our website at www.pdesign.net. We SPECIALIZE in AFFORDABLE web-

site development, maintenance & THE PRESS & LIGHT does not have the resources to investigate "work at home" advertisements. Please be sure to take the following precar tionary measures: Be suspi "easy money." Never pay up front, even if a money-back guarantee is offered. Beware of similar e-mail offers. Call your local Better Business Bureau to Inquire about the company; or call the National Fraud Information Consumer Hot-

1-800-876-7060.

Building Supplies BUCKEYE VINYL Siding & Window blow-out sale. All credit accepted. No money down - \$65.00/month. No payments until fall -free estimate.

877-928-4002. Steel Buildings Sale!! Strong versatile. dependable. versatile, dependable. www.sentinelbuildings.com. "Helping grow America one steel building at a time." Sentinel Buildings, 800-327-0790, Extension 79.

Unclaimed Steel Buildings - Factory Direct! Three 40x60x14- \$7,640, two 50x60x16- \$9,390, two 50x100x16- \$14,928, One 60X125X18- \$25,428

new, never erected. Limited supply

Call 800-936-9520.

Cleaning A MOM & A MOP

idential Cleaning Monthly • Bi-Weekly • Weekly Background Checks & references

Call Peggy 440-327-0693 **Busy Bee** Cleaning Service

Dependable

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170 Landscaping AVON LAKE: 181 Duff Rd. (off Electric, 1st street E. of Moore) 8/20 5:00pm-7:00pm 8/21 9:00am-

12:00pm. Set of 2 end tables and co

AVON LAKE: 630 Wellsley Cr.

Avon: 34362 Summer Hill Dr

(between Mills and Detroit off of

laycox) 8/20 9:00am-4:00, 8/22

and decorative house hold items.

AVON: 3450 Kensington Drive, Thursday, 8/21, 7:00am-1:00pm. Kids clothes (NB-3T), toys, maternity

clothes and miscellaneous house

BAY VILLAGE: 26608 Jefferson

Court, Thursday, 9:00am-3:00pm

Furniture, linens, sewing machine/ta-ble, books, bike, art work, small ap-

BAY VILLAGE: 26807 Russell Road

Moving Sale, Thursday, 8/21 9:00am-5:00pm. Miscellaneous

nousehold, bookcases, pictures, pi

ows, kitchen, garage, tables

LAKEWOOD: 2385 Woodward

Thursday, 8/21, 9:00am-3:00pm. Multi-family Back to School

old items. Don't Miss! Cash only.

LAKEWOOD: 1290 Hall, Sat. 8/23

9:00am-3:00pm. 50's blonde bed-room set, old school desk, louver

doors, spindles, much misc. Priced to

North Olmsted: 5734 Barton Rd. 8/20-8/22 8:00am-? Chest, table/

chairs, cedar chest, bed spreads, mirror, sofa table, clothes

NORTH OLMSTED: 28520 Willet

Circle. Sat. 8/23 9:00am-5:00pm. Hammond organ, Bar, Misc. house-

NORTH OLMSTED: 27653 Blossom

Blvd., Thursday, 8:00am-3:00pm. Back-to-school kids clothing, adult

clothing, toys, bikes, household items

NORTH OLMSTED: 4322 Silverdale

Rd. Thurs. 9:00am-4:00pm. Furniture, books, toys, T.V. house hold

NORTH OLMSTED: 4752 Baily Rd. (off Lorain by Light House Pools) Thurs-Sat. 9:00am-3:00pm. Com-

puter games, C.D.s Videos, kids books, Toys, Clothes, Avon, Jewlery,

holiday items, kitcchen items, day

bed, computer desk, knick-knacs, stereo, VCR, fishing poles/tackle boxes, chain saw (used once), bike,

nagazines. FREE BOX. Misc. Priced

NORTH RIDGEVILLE: 32429 Bagley Rd., Thursday-Saturday, 9:00am-6:00pm. My junk may be your treas-

NORTH RIDGEVILLE: 8130 Lexing-ton Way 9:00am-5:00pm Thrus-Fri 8/ 21-8/22. Raising money for church mission trip. Lots of things to choose

NORTH RIDGEVILLE: 5214 Man-

chester Circle (off Rt. 83 & Dorchester), Friday & Saturday, 10:00am-??? Antiques, collectibles

NORTH RIDGEVIILE: 36221 Auren

sen Road, Thursday-Saturday

ous furniture and FREE table.

Espresso machine.

ics/hair care products, boys clothes Are You Young, sz. 5-8, girls clothes sz. 8-10, toys GEO Safari electronic learning game **Enterprising & Looking** handmade gift boxes. Something fo to Make Some Money

Call the Classified (Greenbriar Subd.) First sale of the summer. Multi-family. Thursday 9:00am-2:00pm. AE, Limited, Gap Department at 1-888-346-6603 and for iust \$5.00 place a 15 word ad offering your

services! Babysitting • Pet Sitting Lawn Mowing • Landscap rrand Running • Snow Ren Market yourself! Must be under 18yrs of age and have your parents approve 1-888-346-6603

LANDSCAPING Planting • Mulching • Thatching
 • Edging • Trimming
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 • Sm. Shrub & Tree Removal Pressure Washing Affordable Pricing Free Estimates

> 200 **Tree Care**

Call 440-353-1880

WESTLAKE TREE SERVICE Tree Trimming Complete Remova 60' Bucket Truck

440-835-TRIM (8746)

Garage Sales **GARAGE SALE ADS**

230

DEADLINE: Monday at 3:00pm For \$9 a 20 word Garage Sale Ad will be placed in the North Ridgeville Press & Light, West Life, Avon Lake Press, and the Vermilion Photojou nal newspapers. Your ad will also be placed in each paper's Quick Clipper for the convenience of the Garage

> Remember: Deadline is Monday by

3:00pm! **FURNITURE** DISTRIBUTOR ng Discontinued & Close-out for 50%-60% off Retail:

> **HUGE SELECTION!!** 440-342-0582 MOVING OUT OF

om Sets • Dining Room Sets Leather • Upholstery

THE AREA? **CALL FOR FREE**

1-800-753-3643

Monday - Sunday 24 Hours A Day AVON LAKE: 203 James Circle (Near Redwood & 83). Thursday 8:00am-4:00pm. Toys, kids poo

household furniture, workbench top lumber, linoleum, gardening, photog-AVON LAKE: 207 Duff Drive, Saturday, 8/23, 9:00am-2:00pm. Furniture, china hutch, clothes and many mis-

AVON LAKE: 738 Sawmill Dr. Thurs. 8/21 8:00am-3:000pm. House hold items, toys, childems clothing furni AVON LAKE: 32119 Willow Circle: 8

22 9:00am-3:00pm. H.O. Train supplies, toys, snow blower, sporting

AVON LAKE: 229 Sunset Rd. 8/21 9:00am-1:00pm. Computer desk miscellaneous items. AVON LAKE: 129 Harvey Parkway Moving Sale, Thursday, 9:00am-2:00pm. Round table w/4 captain's chairs, Singer sewing machine couch, coffee table, miscellaneous

furniture, household items, yard equipment. AVON LAKE: 180 Cherry Ln. Wed 4:00-7:00/Thurs. 9:00-12:00. Pictures, furniture, stroller/carseat, wood shutters, knic-knacks, bath room vanity, rugs, misc.

AVON LAKE: 32610 Carriage Ln. 8/ 21 8:00am-2:00pm Housewares back to school clothes, books, bike AVON LAKE: 253 Parkview Drive

nursday, 8:00am-4:00pm. 3-family

dies clothes, porcelain kitchen table,

50's lamp. Nordic track, baby and la

miscellaneous.

AVON LAKE: 184 Sunset Ave., Sa urday & Sunday, 10:00am-5:00pm. 8/23-24 & 8/30-31. Entire contents of es, glassware, jewlry, sewing ma-chines, tools and much more. WESTLAKE: 29771 Hilliard Oak Crocker), Thursday-Saturday n-5:00pm. Huge assortment of items. Clothes, furniture, more

WESTLAKE: 28179 Settler's Re serve Way, Thursday & Friday, 9:00am-1:00pm. Toddler girl clothes, highchair, boosters, and much more. No early birds.

WESTLAKE: 27680 Dunford Ave. Thursday, 8:00am-3:00pm. 4-family sale. Miscellaneous household items. children's toys & clothing, Seasona WESTLAKE: 1874 Settlers Reserve

to Neighbors Who Care. Thursday 11:00am-2:00pm WESTLAKE: WEST WINDS. 423 Bounty Way 8/20 3:00pm-8:00pm, 8/21 8:00am-3:00pm, Lawn mower treadmill, girls 9pc, bedroom set, 5 pc walnut bed room set, Adironack patio

Way Sale. Baked goods, pop, lemo nade, stuffed animals. All proceeds

285 **Exercise Classes**

urniture, much misc.

GOT GUT www.GotGut.con Debi's Personal Training Backyard Bootcamp

Health & Beauty

440-355-6100

Investigate before you invest. Call the Ohio Division of Securities BE-FORE purchasing an investment.
Call the Division's Investor Protection Hotline at 800-788-1194 to learn the investment is properly registered and if the seller is properly licensed.

(This notice is a public service of THE PRESS & LIGHT.) SUNQUEST: tanning bed. 16 bulbs, asking \$650. Call 440-327-0289 WOLFF TANNING BEDS. AF FORDABLE * CONVENIENT. Tan Al Home. Payments From \$25/month. FREE COLOR Catalog. CALL TO-

> 300 Musical

DAY 800-711-0158

Instruments YAMAHA CLARINET: bought and serviced at Educators Music. Excelent condition \$200.Call

440-734-5926 after 5:00pm

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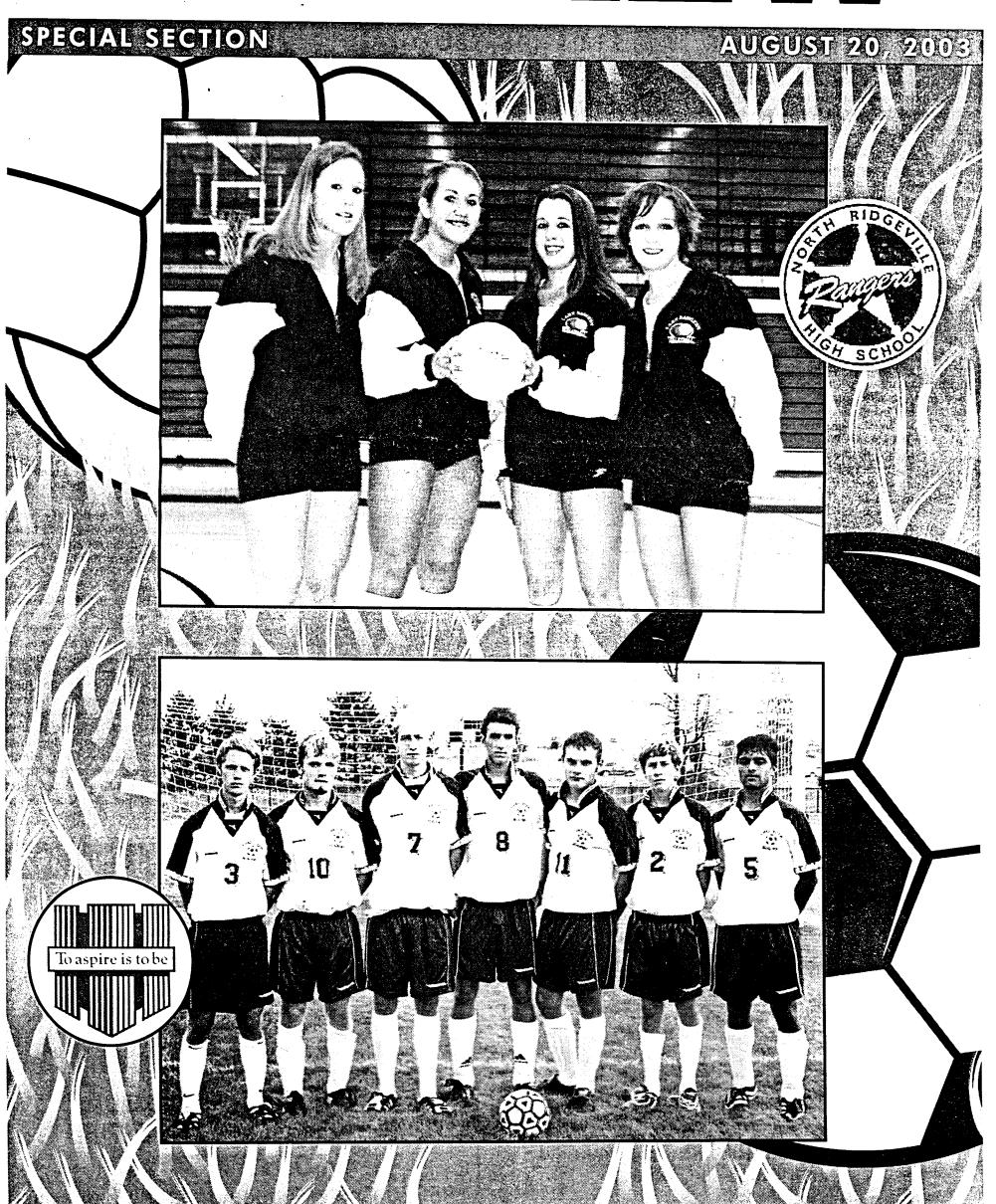


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"This is one of those things you don't put in the paper because it's locker room material, but if we can win 10 or 12 games this year, I think we can win the conference one out of the next two years," he said. "Especially when we change conferences.

"We have a great group of kids that are eager to learn. They work their butts off at open gyms. They play hard. They want to be here. They want to learn. They want to win.'

Coughlin admits he's excited about the West Shore Conference that kicks off in 2005. But he believes it's how well his team does this year in the Pioneer Conference that will have an impact when the WSC begins.

"I'm looking forward to the WSC." he said. "If we put together 10 or 12 wins this year and do very well next year, there's a good chance we can win the conference the next year and the year after that, depending on what these girls do. We've got a great setter in Jill Hansen and we have her for two years. Most teams have to find a setter. We've got a setter and we've got a very young, very tall and very talented group of girls. Now we've just got to teach all these kids how to win.

The Lady Rangers' starting core will be a youthful group. Hansen will be the veteran as she enters her junior year. Coughlin has high expectations for the PC second-team selection.

"Jill has been playing Junior Olympics on very high competitive teams for the past two years now," he said. "Her leadership and experience at more competitive volleyball will be valuable. I'm confident that she's not going to lose her focus in a game that gets close. I'm very confident in her ability.'

The other five starters are all sophomores, including Laura Hammond and Jill Holava, who are both 6'2" middle hitters, and Liz Frindt (outside hitter), Susan Bing (outside hitter) and Trista Szocs (opposite hitter).

"Laura is coming around tremendously quick," Coughlin said. "She's starting to realize what her role is and she's learning to play smart. If the light totally comes on, she's going to be a very dominant middle for us. Jill split the summer between softball and volleyball. Now that she's spending more time playing volleyball, she's starting to click too. We're going to have two very solid middles and big blocking.'

Coughlin is already comparing Bing, who played for the freshman squad last year and Junior Olympics in the off-sea- float back and forth between strong side son, to last year's team MVP.

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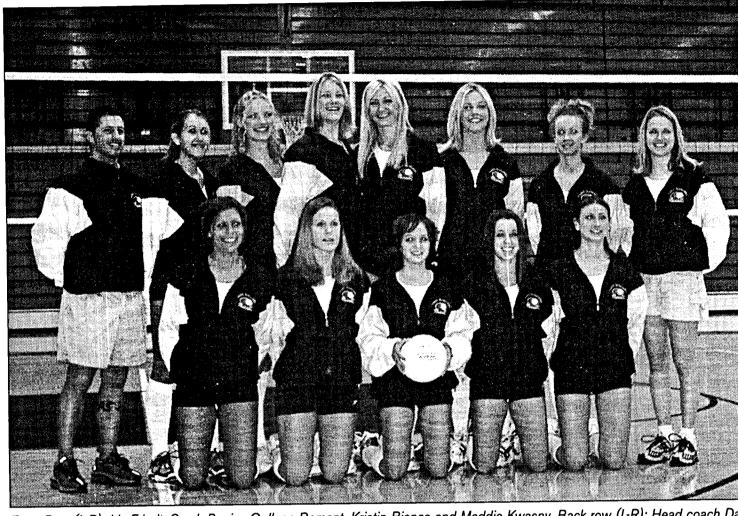
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Front Row (L-R): Liz Frindt, Sarah Perrier, Colleen Bement, Kristin Bianca and Maddie Kwasny. Back row (L-R): Head coach Dan Coughlin, Jill Hansen, Erika Swanson, Laura Hammond, Jill Holava, Trista Szocs, Erica Braseman and assistant coach Laura Eland. Not pictured: Susan Bing.

the biggest surprise on our team," he said. "She will be the next Tricia Guggenbiller here. She is every bit as owerful and consistent as Tricia was. Once her mind catches up with faster volleyball, she's going to be unstoppable. She is amazing.

Coughlin is glad to see Frindt, who had a very successful pitching record during the softball season, get back into volleyball mode.

"Liz appeared in the sectional game against Ŝtrongsville," Coughlin said. She's been playing softball all summer too, which I think made her grow up a lot as a pitcher. She's in control when she's on that mound by herself. I think she's starting to grow up a little and when it clicks for her, she's going to be great on the outside. Liz is extremely explosive and very strong with a very big arm swing.'

Coughlin admitted Szocs has the difficult task of floating between two positions that are opposite from one another. "I'm trying to teach Trista on the

right side," he said. "She's tall, she's a big blocker and she can hit, which means she'll be blocking the other teams biggest hitter. She's got a tough role because at any given time, she's got to and right side. And that's not the easiest "Susan has probably turned out to be thing to do for the type of offenses we

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run. I think she's going to be real solid." Senior Kristin Bianca impressed Coughlin with the leadership she's developed and named her a team cap-

"Kristen has turned out to be probably one of the best little vocal leaders that I have," he said. "Her skills may not be as great as everyone else, but her attitude and positive energy makes up a ton. Sometimes positive energy is much more valuable than overall skill. She compliments Jill well. She's very vocal, very positive. Jill is very intense, very strong. Together those two make one big great leader on the court."

Seniors Sarah Perrier and Colleen Bement and juniors Erika Swanson and Erica Braseman and sophomore Maddie Kwasny round out the roster.

Coughlin said, next to Bing, Perrier was the biggest surprise he's had this year. Her play at a summer tournament in Cincinnati, in which the Ladv Rangers went 19-5, blew him away.

"She came to Cincinnati to play," he said. "I was speechless and dumbfounded by the way she played all three days. I truly believe had she not gone there with us, we wouldn't have won half the games. Her defense was just amazing."

Coughlin is happy his assistants, JV coach Laura Eland and freshman coach Jackie Klinehens teach at the high

school and are available to the girls dur-

"We're bringing a very young, very energetic coaching staff in that can help out with a bunch of stuff," he said "Having teachers inside the school on the staff helps keep the lines of communication open and available. We get along real well. It's going to be a positive season with the new coaching staff. Hopefully we'll change the style of volleyball at North Ridgeville.'

Coughlin believes the key to his team's success is showing them how to win, as they demonstrated last year when his brother, Brian, was head

"North Ridgeville is filled with athletes." he said. "Just teaching them how to win is the trick. They've always had the athletes, the desire and the talent. As soon as we gave them a taste of winning, you could see the improvement. In Brian's first year here they improved a little bit. We put them on Junior Olympic teams and they got a taste of it more. Last year they won eight games and they tasted it even more. This past year we had 37 kids playing Junior Olympics. They know what winning feels like. They know how to get it. Now they've just got to bring it back to North Ridgeville. Hopefully we can put together 10-12 wins this year."

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Coach hopes key changes equal wins for Ranger football team

By Joe Ostrica

Last year's disappointing 1-9 season for the North Ridgeville High School football team was a learning experience for both players and coaches. Head coach Keith Rybarczyk said the coaching staff had to make sure everyone was on the same page at the end of the year.

"Last year we had to make a lot of changes as far as attitude and what this program's direction was going to be," Rybarczyk said. "We basically set the guidelines for where the program wants to be in the future. Now it's just a matter of taking another step to where we need it to be.

The Rangers faced several obstacles last season. Starting quarterback Sean Knox went down with an injury in the first half of the season opener, throwing a wrench into Rybarczyk's offensive and defensive plans of the season. The injury moved Jon Harnish out of the linebacker and tailback spots as Knox's replacement.

The Rangers also had 45 players on their varsity roster, quite miniscule in the Pioneer Conference. After injuries, the team had just 38 players near the end of the season. These low numbers forced Rybarczyk to play several players on offense and defense. While the Rangers could play very competitively in the first half and often through three quarters, they were usually drained by the time the fourth quarter started. With 55 players on the pre-season roster, Rybarczyk is looking to cut down on that as much as possible.

"This year we are trying to limit the number of players that go both ways, so we're more fresh," he said. "We want to have an opportunity to talk to the offensive players when they are coming off the field about what's going on and what we're seeing. We are looking forward to some kids to be able to go in on defense and give a couple of plays or a series so we can talk to people. We won't do that in certain areas if we feel that it drops off too much. I think we have enough young kids and some upperclassmen to put together a defensive line front that should be able to go in so we can talk to the offensive line before they can get in the rotation. We are going to try to limit some kids that we know are going to be very important to us to playing both sides of the ball if we can find somebody else to play that other spot."

Sean Knox (quarterback), Pete Catavolos (wide receiver/defensive back), Mike Baumann (running back/defensive end) and Joe Cover (offensive line/defensive line) have been named senior captains.

"Sean is our projected starting quarterback," Rybarczyk said. "We didn't get to see Sean at quarterback last vear because he got injured in the first quarter. He's had a nice spring and summer so far, so he will definitely start against

offensive weapons Rybarczyk believes opponents will focus on.

'I think Mike is going to be one of the players that teams are going to look at to try to stop," Rybarczyk said. "Mike will see some action at defensive end, but not as much as last year. We want to save Mike for as much offense as we can. Pete is a top returner at wide receiver and cornerback."

Rybarczyk said Cover is an important part of the line.

"Ioe is our number one returner on

Front Row (L-R): Mike Baumann and Joe Cover. Second row (L-R): Isiah Brewer, Dan Holliday, Chris Boron, Ryan Colin, Jon Harnish, Billy Wilkinson, Mike Jones, Pete Catavolos, Sean Knox, James Clarke, Rafe Lopez, John Wilhelm and John Phelps. Third row (L-R): Anthony Palange, Steve Cass, Zac Calamante, Ryan Traut, Josh Bunevich, Ryan Workman, James Hayes, Dan Priebe, Richie Waldecker, Dave Comerford, Matt Proszek, Chad Lawrence and Terry Branch. Fourth row (L-R): Chris Cagle, Matt Diffenbacher, Jared Stermole, Jordan Slack, Jeremy Ice, Spencer Leili, Max Rothacker, Frank Kotas, Dennis Priebe, Jeff Effinger, Johnny Stumpf, Paul Chambers and Ralph Leonard. Fifth row (L-R): Mike Roysden, Jimmy Waite, Kyle Armaro, Scott Szczepanski, Tony Anderson, Donovan Paige, Jordan White, Jon McGraw, Doug Hall, Alec Barker and Jeremy Martin. Back row (L-R): coach Jamie Anderson, coach Dan Merrell, coach Charles Shope, head coach Keith Rybarczyk, coach Raymond Mohr, coach Jeffrey Sprague, coach Jason Ward and trainer Maggie McGinty. Not pictured: Joe Millgard, Rob Howells and Delmar Cunningham.

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the offensive line," he said. "He has the most experience. He was a captain last year and will be this year too. Joe will see some action at a nose guard posi-

Rybarczyk said Harnish is returning to the position he was intended to play last year. Junior Steve Cass will serve as Harnish's backup.

"Jon is getting reps at tailback," he said. "He will share some duties there, but he will be the one we give first looks to. Steve will be his backup. I think both of those guys are going to see a lot of playing time on Fridays. There will probably be a lot of alternating of running backs. Steve will be getting a lot of carries too.

Rybarczyk said he's looking forward to how two new players, junior Jordan Slack (linebacker) and senior Rafe Lopez (running back/defensive back), will contribute on the field.

"Iordan is a transfer coming back home to Ridgeville," Rybarczyk said. "I think he is going to help us out tremendously. He's a very good athlete and he'll be one of our outside linebackers. I think he's going to make an impact on our defense immediately. That's a nice thing to have happen going into a new year that you get a new kid that can help

"Rafe is another kid that is going to see a lot of time on defense as one of our corners. He's a good athlete and very fast. He's probably one of the fastest kids on our team. That will definitely help when we play against the passing Baumann and Catavolos are two attacks. I think he can help us on special teams and the corner spot, giving the opportunity for Pete to get a breather if he's playing a lot of offense."

Junior James Hayes, senior James Clarke and sophomore Jordan White will look to get make an impact at the safety and cornerback positions.

"James Hayes hurt his wrist last year and was out for a while," Rybarczyk said. "He's back and will be one of the safeties. Another kid that has been training at that spot is James Clarke. He has good speed and likes to hit back there so

I think he'll help us out back there too. I hope for a big vear from Jordan White. He is going to be one of our wide receivers and he's also contending for a

"I think we have a nice rotation at corner and our safeties look pretty strong too. I think our defensive secondary will be pretty good. It's just a matter of getting a good defensive line together and getting kids that really want to push themselves to do the job. I think we'll be all right on defense.

Another sophomore, Max Rothacker, will be the Ranger quarterback of the future and Knox's backup this year.

"Max has been great the last three weeks," Rybarczyk said. "He's coming back from a back injury that he had to take care of over the winter, but everything seems fine. Max is going to compete. I think he understands his role is the backup right now, but he's getting himself ready. In our league it only takes one hit and then you're the starter. I think Max understands that his place is going to be the next two years. He'll take over as the starter the next two years. He's got a great arm, he's learned a lot and he understands his role. But that role can change in one night, so he's just trying to do his best to get ready."

Rybarczyk had a simple message regarding who will play on special

"The best kids will play on special teams," Rybarczyk said. "If that means we feel some of our starters have to be on special teams, then that will happen. I think our special teams should be a lot better this year. Last year I think we weren't good at special teams, but I don't think it wasn't because we weren't teaching them the right things. I think we tried to work some younger kids in to try and get them on the field and they weren't quite ready. If you show that you want to be on special teams and you're the best at the spot, you will play.

Rybarczyk said solid special teams play will help the Rangers' defense.

"I really don't think we played bad on defense last year," Rybarczyk said. "I

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think we just put ourselves in bad positions because of our poor kickoff game. We just made it too easy for the other team. A lot of times we played really great and maybe one mistake cost us six points. Defensively we played pretty good last year."

Rybarczyk believes the addition of line coaches Chip Shope and Jason Ward will help the offense improve.

"I think our offense is going to be a lot better," he said. "I think the line coaches we added this year are going to really make a difference in helping the offensive line out more this year. Chip was at Elyria Catholic the last few years and is a very good line coach. Jason is a good line guy coming over from the Midview school system. Jamie Anderson and Walt Laveen have been doing a lot of work with the linemen during the pre-season summer. I think our linemen are going to be much, much

Rybarczyk said what happens in the first three games is going to be key to the team's success, especially the season and home opener against Westlake on

"Looking at our schedule, I think the first game against Westlake is probably more huge to this program than maybe some first games to other teams in the area," Rybarczyk said. "If we come out and play our game and play well and beat Westlake, I think it really opens the door for a great year for us. The momentum will go right into Toledo Libbey. I just think these kids are the type of kids that once they know they can win, going on the road to Bay should be a great game for us. We have a great chance to win. I think we match up with Bay. I don't think they're that much more above us than some people think.

"I think we're very capable of playing with the teams in the second half of the season. I think we'll be in those games and have a chance to win. I think we're very capable of playing with all of those teams and we did last year. We

SEE **RANGERS**, page 6







Despite losing five seniors and some key players, including their two leading scorers, starting sweeper and goalkeeper, the North Ridgeville High School boys soccer team is looking to improve on last year's 8-8-2 record. Kangers head coach Dan Blagojevic has several seniors this year and hopes their experience will lead them to a successful sea-

"We have experience and 10 seniors," Blagojevic said. "There are seven returning lettermen. That's a plus for us. The experience is there. We just need to find out who our situational player is." Carrick

(midfielder/defender), Justin Christian (forward), Mike Urbanic (defender/midfielder), Dan Winslow (defender) and Dave Yesenko (midfielder) and juniors Mike Russo (defender) and Eric Yandura (midfielder/defender) are the returning letter-winners.

Seniors Scott Duncan (defender), Dan Holliday (midfielder/forward), Mike Jones (forward), Scott Palange (defender/forward), Bryan Papp (goal-keeper) and Abdiel Tombado (midfielder/defender), junior John Neiding (forward) and sophomore Dennis Franczak (goalkeeper) round out the roster.

"I expect big things out of Eric, Dan Holliday, Justin, Dave Yesenko and Dan Winslow," Blagojevic said. "They all have one year of varsity under their belts. They're the ones stepping it up in practices. Judging by their attitudes and the way they are, it seems like they're all going to have a good season."

The Rangers are returning most of their

key defensive players from last year's squad. But they still might have to change their defensive approach and not use the

might have to change our defense."

"Eric, Dan Winslow, Justin or Dave each, that would be great."

The Rangers have a tough schedule ahead of them this season. All but one of the teams they face are Division I schools. The Rangers are used to facing at least a few Division II teams a year.

good. There won't be any blowout games here. We have to prove ourselves again.

Blagojevic said his team's strengths come from the returning players, their quickness and their unselfish style of play.

this year," he said. "We have more experience, a little more speed and we play well as a team. I think we can have a good year. It depends on how the season goes game to

traditional sweeper position.
"Most of our defensive nucleus is back

except our sweeper, Craig Yandura," Blagojevic said. "Just because of that, we

The offense must find a way to pick up the scoring slack. Last year's seniors Nathan Heck (17 goals) and Brian Evans (7 goals) combined for nearly half of NRHS'

should be our key scoring threats," Blagojevic said. "Justin and Dave have been playing varsity for three years now. Their time is due. Eric scored six goals last year. If he can double that, that will be great. If I can get them to score 10 goals

"That's the first time I can recall that at least 90 percent of our games are against Division I teams," Blagojevic said. "There are no gimmes here. All the teams are

The kids are ready to go."

"I think we're definitely more balanced



Front row (L-R): Mike Jones, Scott Palange, Abdiel Tombado, Dennis Franczak, John Neiding, Dave Yesenko and Mike Russo. Back row (L-R): assistant coach Tony Dickson, Bryan Papp, Dan Holliday, Justin Christian, Eric Yandura, Ryan Carrick, Dan Winslow, Mike Urbanic and head coach Dan Blagojevic. Not pictured: Scott Duncan.

One area of concern is replacing goalkeeper Adam Franczak, who recorded five

"The goalkeeper is in question with consistency," Blagojevic said. "Brian Papp and Dennis Franczak are the two candidates for the spot."

Playing against Pioneer Conference juggernauts like Strongsville, Medina and Brunswick will be difficult once again for the Rangers. Last year's squad finished 2-5 in conference action.

"The goal is to be as competitive as we can in the conference," Blagojevic said. "I

want to be in the middle of the pack in the PC if possible and to improve on last year's record. If we go 9-7 or 10-6 that would be great. How it happens and whom we beat, Ĭ don't know."

Despite some uncertainties, Blagojevic is confident this team is as good as last year's squad that finished with a sectional

"I feel our team right now is as good as last year's team ended," he said. "To me that's a plus. If I could play this year's team against last year's team, I think we would NORTH RIDGEVILLE HGH SCHOOL GOLF/CROSS COUNTRY

expectations.

He also said that he expects sopho-

"I'm still feeling things out for the

more Kyle Nitschke and senior Mike

Hammond to be steady producers for

spots this year," Sloboda said of his

line-up. "Topeka should be our number

one and he can turn it up a notch. I'm

expecting big things from all of the past

lettermen. Topeka is the leader and the

lems the team faced last year was hitting

bined low-stroke average last year."

the team throughout the year.

Rangers looking at depth translating into solid scoring starters

By Mike Ferrari

It has been said many times before when talking about team sports.

If the roster is deep, it is said that is a great luxury. If that is in fact the case, the Rangers are living large.

Once again this year, as similar to last, head coach Joe Sloboda is enjoying a bountiful crop of golf enthusiasts that are eager to prove they can make a run at the title in the highly competitive Pioneer Conference.

For the second consecutive year, the Ranger golf program has had over 30 golfers try-out for the varsity and junior varsity squads that are ultimately cut down to 16 players.

Sloboda is reaping the benefits of having a sizeable number of golfers to choose from as he trims the members down to those that will make his top 12 golfers.

He has coached Ridgeville golf on and off for close to 15 years and under his guidance, the Rangers won two conference titles in the early 1990s before entering the tough Pioneer conference.

The coach currently has four seniors, three letter winners among them, as well as five juniors, three of which also lettered

John Topeka, expected to be at or near the top spot in the line-up, as well as Andrew Kenney and Nathan Haag, each lettered their junior years.

Mike Hein, Brian Dodd and Mike Seme also earned lettermen honors as sophomores in 2002.

Prior to making his final cuts (after P & L deadline), Sloboda had over 20 golfers on his two teams. Six sophomores, two freshmen and four young women were part of the Ranger team as well.

This season marks not only a new

challenge for first-year head coach Kevin

Drapcho, but also a majority of his

Ranger runners. Seventy percent of the

team will be trying cross country for the

"Fourteen of our runners did not run

Only four of the 11 members of the

boys team are returning lettermen,

including Tim Malinich, who received

honorable mention last year in the

Pioneer Conference. He is expected to

forward to developing," Drapcho said.

"We're hoping to see great things out of

him in the next couple of years. He's got

coach for the track team, and is capital-

izing on his connections to bolster both

said. "Long distance is one-half to two

Malinich, who also runs long dis-

tance in track, will join returning letter-

men seniors Joe Downey and Brad Smith

and junior Nick Rundle. Downey and

Smith both pole vault for the track team.

team are senior Matt Poland, a long dis-

tance runner and hurdler, sophomore

Chris Stelmarski, and junior Angelo

Tombado and sophomore Micah Wall,

both long distance runners. Freshman

Chris King ran track as an eighth-grader.

Michael Tague," Drapcho said. "He ran

track as a freshman and then moved to

Ridgeville and will make his cross coun-

stretch to three miles," Drapcho said.

Tague recently moved back to North

"He is a half-miler, but he'll make the

Pennsylvania where he also ran track."

"We're also excited about senior

Making the transition from the track

"Basically it's the same training," he

the boys and girls team's numbers.

miles. This is 3.1 miles.

"Tim is one that we're really looking

lead his team again this year.

cross country last year," Drapcho said.

By Lori E. Switaj

first time this year.

petition.

One of the female Rager golfers, Jennifer Baracz, was also a etter winner last year for Sloboda.

"We are pretty decent with seven returning letter winners as vell as having four seniors on this year's tem," Sloboda said. "I think we have a prety good group of golfers right now."

Sloboda said that last yer's record of 6-18 (including tournaments was expected with a younger group of glfers, particularly playing against peremial powerhouse teams such as Strongsville and Medina who are always near he top of the

Sloboda said the Rangers'schedule has been revamped a bit this year. He expects to have a better record at the end of the season, gaining confidence playing teams of their caliber.

"We have split the schedule now with Parma and Berea schools," Sloboda said. "Coming in we are not playing a lot of the same teams that we did last year. We won't face off with the powerhouses, like Strongsville, Medina and (North) Royalton...they are there (at the top) all the time and Brecksville and Brunswick have a lot of kids that are country club kids."

Sloboda said that despite the staggered schedule, he knows the title road will eventually lead his Rangers through one of the aforementioned towns.

That is not to say that the Berea and Parma schools are going to be cake walks.

"The Parma schools have always had good golf and Berea could be decent," Sloboda said. "With the new schedule, instead of being out of it, we could be in a

Sloboda knows that he has to have big things from Topeka, Kenney, Haag, Hein, Seme and Dodd if the Rangers are

off of the tee. This year, that has to even come close to reaching his

> "I think what we had last year was a disadvantage in that our kids didn't have the length off the tee," Sloboda said. "In that league, where some kids are driving greens we were out of it on the long courses. These kids are hitting long balls now because they got stronger from last year. That will help lower scores and they are not spraying the ball anymore, it is in the short grass."

underclassman Seme is shooting great The coach said that if his team needs scores. Hein and Dodd had the comwork anywhere in their games it would be in their short games and with putting. Sloboda said one of the main prob-

SEE GOLF, page 6

Winning season is top goal for Lady Ranger soccer team

By Joe Ostrica

North Ridgeville High School's new girls soccer coach, Bill Fielder, is used to winning from his days coaching at soccer powerhouse North Olmsted. This fall he is expecting the Lady Rangers to become winners too.

"We have two major goals," Fielder said. "The first goal is to be above .500. The second major goal is to win a second playoff game and make it to a third game. If we can be above .500 and play in three playoff games, I think the North Ridgeville girls varsity soccer program is on the right path for the future.'

Fielder is pleased with what he's seeing from senior captains Crystal Matjasic and Melissa Fetz, who were voted in by their

"They're doing a great job of being leaders in the transition period leading from an old coach to a new coach," Fielder said. "They've done a nice job of keeping the new players and the current players up on what I'm trying to do here. They've been

Fielder is also expecting great things from the team's two Heathers. Senior Heather Miller will look to be the team's scoring threat while sophomore Heather Milam, who earned Pioneer Conference honors as a freshman, will be a key player on defense.

"Heather Miller is a very strong offensive player," Fielder said. "Hopefully she'll provide us with a good offensive spark on a daily basis. Heather Milam is also going to be a big leader for us. She's a defender and midfielder that kind of plays everywhere. She's got great technical skills. She's great with the ball. You can tell that she's had some great training over the years leading up to this level. She'll be responsible for getting the ball up the field to create those scoring chances. Those two are going to be the anchors of the team as far as offense and defense.'

Senior Jill Stewart, who was a PC firstteam selection and Greater Cleveland Honorable Mention selection for her 174 saves last year, will return as goalkeeper.

"Jill is a solid goaltender," Fielder praised. "I'm a goalkeeper myself and she's got some good, raw talent. I think she needs to fine tune it a little bit but I have

all the confidence that she's going to play well in the goal for us." Fielder has the luxury of another tal-

ented goalkeeper in sophomore Melissa Lee, who is competing with Stewart for the

"She's providing a good push for Jill," he said. "Melissa is right there with Jill. I can probably rely on either one of them to take us through a game, which is valuable. You can't just have one goalkeeper. If one goes down you're in trouble. Having two solid goalkeepers is very important and I have that already."

Fielder has been pleasantly surprised with the talent he sees in freshmen Devin Ballard and Stephanie Zeller.

"Devin looks really strong so far," he said. "She's got good ball skills and good speed. She's probably going to play in the midfield. Stephanie is another freshman that will probably play in midfield. Those two have been very impressive so far."

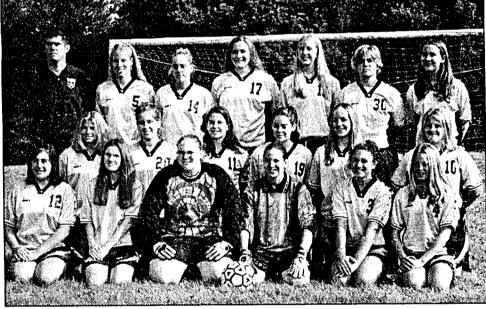
Other upperclassmen Fielder hopes to see some solid play from include seniors Allison Zupancic, Emily Gottshing and Meghan Sumney and junior Niki Borecki. Sophomores Jen Kisel, Jessica Sas, Kelly Smalley, Tatiana Taleef and Alissa Rothgery and freshman Jackie Cassidy round out the roster.

While Fiedler believes his players need to work on improving their first-touch ball skills, he's confident with the hard work they've shown him that they'll do well this

"The grls have really worked hard and stepped their level up to where I expect it," Fielder said. "The expectations are nuch higher than they've ever had before And I know that because they're teling me that. They haven't complainel or moaned. They've stayed right ther with me. They've given everything they got every time I've asked. After the first week of practice, I walked away with a better feeling than I thought I vas going to after one week. I feel much more confident about this North Riceville Lady Rangers team than I did tot knowing anything before I came here

"This tam can only get better with hard work very day. The quicker every-

SEE **SOCCER**, page 6



Front Row (L-R): Tatiana Taleff, Crystal Matjasic, Melissa Lee, Jill Stewart, Devin Ballard and Stephanie Zeller. Middle row: (L-R): Meghan Sumney, Jen Kisel, Niki Borecki, Heather Milam, Jackie Cassidy and Kelly Smalley. Back row (L-R): head coach Bill Fielder, Alissa Rothgery, Heather Miller, Allison Zupancic, Emily Gottschling, Melissa Fetz and Jessica Sas.

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Freshman Jacob Nelson will also be joining the team this year.

Effectively quadrupling in size this year is the Rangers' girls team. Last year only two girls participated, and the addition of seven more harriers means the girls can participate as a team. Last year both ran independently.

Returning lettermen Amy Stermole, senior, and Laura Fulton. a junior, both "We are a very young team and we are received honorable mention in the looking forward to the challenge of com-Pioneer Conference last year, and are expected to help lead the team this year.

"Laura Fulton is a long distance track runner and ran the half-mile, mile and two mile events," Drapcho said. "I'm excited about Laura. Amy also throws discus and shot put on track and is keeping herself in shape. She ran last year and had a great time.'

Drapcho will be looking at the team's youth not just for this year, but for seasons down the road.

"Freshman Kori Branscum has a lot Drapcho, a teacher and counselor at of potential," he said. "So does Jessica the North Ridgeville High School since Striebing, also a freshman. She and Kori 1980, is entering his third year of coachare hard workers. They set their own ing. Previously, he was the long distance pace and push themselves.'

> Sophomores Dana Spangenberg and Kaitlyn McCarthy were also tapped for their potential. McCarthy ran long distance last year for the track team as did junior Tracey Lucas, who is expected to make the stretch. Drapcho has seen nothing but hard work from sophomore Katie Hrabik and Nicky Phelps, who as a freshman is "putting in the miles."

> The girls are excited about the increase in number, Drapcho said, adding that runners tend to compete harder when they know a team score is on the line.

The coach knows that despite a deep roster, the students are still in for some serious opposition.

"The Pioneer Conference is a very competitive long distance conference. Drapcho said. "Every week you need to be up for it. There are no easy oppo-

Looking down the road, Drapcho sees both teams playing an integral part in the new West Shore Conference.

SEE RUNNERS, page 6



Front Row (L-R): Nick Grazetti, Amanda Donelon, Katie Boose, Jamie Sklenicka,

Jennifer Baracz and Ryan Kenney. Middle row (L-R): Brian Dodd, Chad Auner, Mike

Hammond, Andrew Kenney, Nathan Haag, Zak Carlson and Mike Seme. Back row (L-

R): Head coach Joe Sloboda, Sean Bunevich, Zak Logan, John Topeka, Kyle Nitschke,

Greg Marsh and assistant coach Ned Koelliker. Not Pictured: Sean Might, Eric 8

Front Row (L-R): Amy Stermole, Kaitlyn McCarthy and Kori Branscum. Back row (L-R): Coach Nolan, Brian Smith, Matt Poland, Chris Stelmarski and head coach Kevin Drapcho. Not Pictured: Tracey Lucas, Tim Malinich, Jacob Nelson, Nicky Phelps, Nick Rundle, Dana Spangenberg, Jessica Striebing, Michael Tague, Angelo Tombado, Micah Wall, Joe Downey, Katie Hrabik, Laura Fulton and Chris King.



§ Tennis team looks to improve, gain valuable experience

Last year's schedule for the Lady Rangers included all seven matches against teams in the Pioneer Conference. This did not allow the girls much opportunity to play some lesser opponents in other conferences that may have been more on their skill level.

With the expansion of the PC this year, the Lady Rangers have added more matches to their schedule, giving them an opportunity to gain more experience.

Returning to the team this year will be seniors Amanda Fitzgerald and Christa McGuire who will be participating in first singles matches. Sophomore

Sloboda said he is confident that

with work on the short game and teach-

ing the students course management by

hitting the greens in regulation, the

upcoming season looks good for the

The Rangers will have a full slate of

18 matches this year, playing their home

tilts at Creekwood, the same place they

He said the midway point of the schedule will be an accurate forecast of

how the end of the season will play out

midway through," he said. "We will be

through half way and we have to come

body starts to buy into that, the quicker

it's going to happen. We're going to step

on the field every day and give a 100

percent effort until the last whistle against every team we play. I don't care

who it is. We will never give up. We will

never stop working. We're going to look

like we are a legitimate varsity sport

every single time we take the field. I

don't care what the score is or if we're

winning 10-0. We're going to look good

and play professionally. We're not going

SOCCER, from page 4

"There is always that turnaround

GOLF, from page 5

Samantha Lauffer will compete in second singles. Senior MaryBeth Lewton and sophomore Jennifer Flanigan will compete in first doubles and junior Mary Lash and sophomores Stephanie Litten and Missty Klinger will be competing in second doubles for the Lady

New to the team this year will be sophomore Beth Prokay and freshmen Holly Majesik and Brittany Beitler.

Costanzo, who is assisted by Dan Bing, is anxious for the approaching season even though the program is only in its second year back.

"We, as a team, will perform to the best of our abilities." Costanzo said. "We have more teams to match up against this year so that will give the girls more experience. The girls enjoy the game and will give it their best shot. Hopefully many of them will strive to be aggressive players on the court throughout the season.'

back and play the same teams again and if we were close or lose by a few, we can

come back." Sloboda said he is confident that the right pieces of the puzzle are being put together in the early tournaments to where he sees his team being highly

"We've got a real good working group," he said. "Practice is at 6 a.m. and they are on the greens breaking the

"I hope we are in the upper echelon. We have the kids to be there if they answer the bell.'

Juniors Chad Auner and Eric Viergutz as well as sophomores Ryan Kenney, Sean Bunevich, Zak Carlson, Greg Marsh and Zak Logan will also fill out the balance of the varsity and junior varsity squads.

Other team members include freshmen Nick Grazetti and Sean Might, along with Katie Boose, Jamie Sklenicka and Amanda Donelon.

RUNNERS, from page 5

"I see us going into the new conference in two years and developing these fresh and sophomores and having a strong team," he said. "We're starting to develop the programs. We've had strong long distance runners in the past and were trying to return to those days."

NRHS Varsity Cheerleaders

Hayley Hibjan and Denise Pawson. Middle row (L-R): Serena Carlton, Ashley McGraw and Knekia Ulrich. Back row (L-R): Megan Walling, Rachel Patrick, Michelle Lopez and Tara Pavel.



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Front Row (L-R): Mary Lash, Christa McGuire, MaryBeth Lewton, Amanda Fitzgerald and Beth Prokay. Back row (L-R): Assistant coach Dan Bing, Holly Matjesic, Stephanie Litten, Jenny Flanigan, Samantha Lauffer, Brittany Beitler and head coach Carol Costanzo. Not pictured: Missty Klinger.

RANGERS, from page 3

proved that we could for three quarters. If we're a lot better than last year and if our kids have confidence and start the first half of the season off well, those are all games that our staff and the kids will say, 'Hey, we can go over there Friday and win.

While the team's goals of winning the conference and making the playoffs might not happen this season, Rybarczyk said there are plenty of other achievements for them to make.

"The goal is to win a conference

championship and get North Ridgeville into the playoffs," Rybarczyk said. "But at the same time, we want to establish things within the program, such as pride, commitment, loyalty and respect among the players and respect from the players to the coaches. It's not only getting a better record and getting into the playoffs someday, but making these young men into good men and helping them grow up to be good men when they leave here and prepare for life. I think we're ready to make the next positive step to where we need the program to be. It should be a very exciting year.'

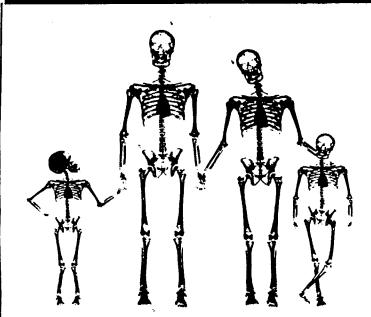
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Orthopaedic Associates, Inc would like to thank Mr. Jeffrey Schultz and North Ridgeville High School for selecting Dr. Irwin Mandel as the team physician for the upcoming sports season.

Dr. Mandel is an orthopaedic surgeon with Orthopaedic Associates and recently completed his orthopaedic sports medicine fellowship at Ohio State Medical Center specializing in sports and shoulder injuries.

Dr. Mandel and Orthopaedic Associates, Inc. would like to wish all the athletes at North Ridgeville High School good luck in the upcoming season

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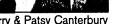
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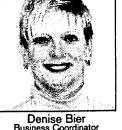
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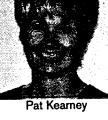




















9/13 Brecksville-Broadview Hts.....

Amherst-Steele.

10/04 Berea Parents Night...

Girls Varsity Soccer

9/06 Brecksville-Broadview Hts.....

8/23 Olmsted Falls....

8/30 N Royalton.

9/02 Strongsville.

9/16 Parma...

9/09 St. Augustine....

Lakewood...

9/30 St. Joseph Academy.....

10/04 Lorain Admiral King......

Medina Kick-off....

A.K. Invitational......

8/21 LC @ Emerald Valley

8/28 Midpark @ Brecksville.

Admiral King...

8/26 N Royalton.

10/20 OHSAA..

Fox Creek Invitational...

LAKE RIDGE ACADEMY SCHEDULES

Boys Varsity Golf

Vermilion...

8/11

8/20

10/11 Normandy Parents Night......

9/16 Elyria

9/23 Parma..

9/25 Brunswick.

9/27 Westlake...

9/30 Midpark...

10/07 Normandy.

10/09 Vermilion..

9/20

7 p.m.

6 p.m.

6 p.m.

10 a.m.

6 p.m.

6 p.m.

1 p.m.

7 p.m.

1 p.m.

TBA

....H 4:30 p.m.

y Varsity Football

y

o 8/29 Toledo Libbey...

9/12 Strongsville..

9/19 Valley Forge..

9/26 N Royalton (Homecoming)...

10/17 Brecksville-Broadview Hts....

10/24 Normandy Parent Night.....

8/30 Vermilion @ Wellington......

9/06 Varsity - Quad @ Avon.....

9/13 Tri L West/Brook...

Valley Forge

9/16 Strongsville.

9/25 N Royalton.

10/09 Normandy...

8/20 Valley Forge ...

8/23 Olmsted Falls...

8/30 N Royalton..

9/06 Holy Name.

9/10 Strongsville..

<u>4</u> 9/18

9/23

9/27

≥ 10/02 Midpark.

9/09 Brecksville-Broadview Hts.

Perkins @ New London

10/07 Brecksville/Broadview PN.....

Boys Varsity Soccer

9/04 Lorain Admiral King

Varsity Field Hockey

10/07 Lutheran West...

10/13 OHSAA Sectionals...

10/11 Amherst Steele (Senior Day)......H 2 p.m.

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BOGNER

Varsity Volleyball

8/28 N Royalton.

8/22 Westlake.

9/05 Bay..

10/03 Berea.

10/10 Midpark.

Royals eye first soccer district title as number one goal

By Joe Ostrica

3 p.m.

3 p.m.

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3:30 p.m.

The Lake Ridge Academy soccer team is looking to bounce back stronger this fall after a 2-1 double over-time district semifinal loss to rival Open Door Christian left a bad taste in their mouth at the end of last season. Last year the Royals finished with a 9-7-1 record and a 5-0 district win over a tough Lutheran West team. Even more impressive was the fact the Royals had no seniors on their squad last year.

LRA head coach Steven Anderson has been telling his players what he wants since that game ended.

"I'm not going to shy away from saying our goal is to win the district title,' Anderson said. "There are teams out there that we play this year that have won a district title and there's no reason that we can't take it this year. It's going to be tough. There are some very good teams standing in our way. Lake Ridge Academy has never won a district title, so that's our goal. They know it and they're very focused.'

With seven seniors and six juniors, LRA is definitely not lacking the experience they were last year.

"We have a lot of senior leadership," Anderson said. "As a team, only losing one player really helps us. They all have a lot of experience and came into the first week of practice in great shape. I think they're very focused.'

The one player LRA did lose, foreign exchange student Nicolai Gropper, scored 23 of the Royals 52 goals last year, which was more than the second, third and fourth leading scorers had combined. Gropper also led the team with eight

"It can be a plus and a minus when you have someone that you rely on for scoring all the time," Anderson said. "I think, by not looking for that one person all the time, others will step up in different games. With the seniors and juniors we do have,

there could be a star every week in the tough games. I'm very happy to have the

ond in scoring (10 goals) and assists (7) last year, and Russ Smith (7 goals), will look to lead the scoring at the forward spots.

"Those two will definitely be in the for-Court will lead off where he did last season. I think he really came along as a strikwork well with Russ. Court is just going to get better. He's always given 100 percent came into practice in fantastic shape.

Anderson likes the chemistry seniors Wes Corogin and Aalap Narichania have in the backfield. Senior Keith Rathbone and junior Chris Severs round out the defensive core.

for a while as our sweeper and stopper,' Anderson said. "That's really going to help solidify our defense. Those four were pretty solid last year. We did have some leaks last year but hopefully we can stop them

recording over 100 saves.

can see his enthusiasm out there," Anderson said. "He's not a shy kid anymore like he was when he first started last season. He's looking to take charge and I think the other players respond to it."

Jeff Ader, who was a captain last year, returns stronger at midfielder.

"Jeff is starting to look, run and kick the soccer ball like his older brother did, Anderson said. "Last year he got pushed around a lot because he was light but he's achieve this year and it's nice to see."

group back that I did last year.

Seniors Court Flannery, who was sec-

ward position," Anderson said. "I think er and worked well with Nicolai. He'll when he's out there on the field. Russ expect some great things from him."

"Wes and Aalap have worked together this year."

Junior goalkeeper Mark Hancock gained valuable experience last year.

"Mark has been working hard and you

put on some weight and has gotten taller. He seems very focused in what he wants to



Front row (L-R): Garpal Pannu, Ethan Glor, Vishal Parikh, Mark Hancock, Chris Severs, Lee Pfeil, Tom Klein and Mark Vandevender. Back row (L-R): head coach Steve Anderson, Keith Rathbone, Andrew Miglietti, Court Flannery, Sam Maczuzak, Wes প্র Corogin, Russ Smith, Jeff Ader, Aalap Narichania. Not Pictured: Jerry Hammerschmidt, Lee Howley, Sang Wook Lee, Tayler Rengel, Chris Walzer and assistant coaches Jim D Doyle and Oumarou Hamadou.

Anderson is expecting junior Sam Maczuzak to deliver on the potential he showed last season.

'Sam has come a long way," Anderson said. "I think he's always had a lot of potential in every sport he plays here. But potential is nothing unless you make something of it. I think he has the opportunity this season to really make himself stand out. He does have the athletic ability, but now he has to start proving it."

Senior Andrew Miglietti is a new addition to the Royals soccer squad.

"Andrew transferred in from another school last year." Anderson said. "He may not be as skilled as some of the other players but he has the heart of a lion. He has a work ethic that I think is unmatched. You can tell he's a workhorse and I'm looking forward to him frustrating some of the opposing top scorers."

Juniors Tom Klein, Lee Pfeil and Vishal Parikh, sophomores Jerry Hammerschmidt and Garpal Pannu and freshmen Ethan Glor, Lee Howley, Sang Wook Lee, Tayler Rengel, Mark Vandevender and Chris Walzer round out the roster.

Oumarou Hamadou will join Anderson on the sidelines again as an assistant coach. Another assistant, Jim Doyle, has joined Anderson's staff.

"Jim is our middle school soccer coach too," Anderson said. "He's a great asset to the program. He knows soccer very well and he's a very positive force with the

SEE LRA, page 11

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TBA

10/10 OHSAA State Finals...... Varsity Volleyball 8/25 Greater Clev. Christian..... Andrews School..... Oberlin High School.....H 6:30 p.m. Lincoln West..... John Marshall.... Greater Clev. Christian...... Open Door Christian.....A 6:30 p.m. Lorain Catholic Clearview High School...... Medina Christian Academy......A 6:30 p.m. 10/02 Fuchs Mizrachi.....H 5:30 p.m. 10/03 Andrews SchoolH 5:30 p.m. 10/06 First Baptist (Senior Night)......H 6:30 p.m. 10/08 Columbia High School..... 10/11 Open Door Christian.....H 11 am. 10/13 OHSAA Sectionals..... 10/20 OHSAA Districts...... 10/27 OHSAA Regionals On the cover

9/02 Normandy/Parma.

Berea @ Midpark...

PC @ Bunker Hill...

8/30 Avon Lake Early Bird..

10/04 Medina Invitational....

10/25 Regional.....

8/12 Strongsville.....

Girls Varsity Tennis

9/04 Brecksville-Broadview Hts...

9/20 PC @ Medina.....

9/06 LCAA @ Avon Lake

9/06 B Learch @ Brecksville ..

9/13 McDonough Invitational.....

CC Pack Invitational....

Obemour Invitational...

LCAAA @ Bob-o-Link...

Berea.

9/09 N Royalton.

Cross Country

8/27 PC Quad.

10/18 District...

11/01 State....

8/14 Elvria.....

8/19 Medina.....

8/21 Parma.....

9/02 Midpark...

8/26 Brunswick....

8/27 Garfield Hts...

8/28 Valley Forge....

9/09 Normandy......

9/16 N Royalton...

9/11 Berea.....

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....A 3:30 p.m.

4:30 p.m.

9/04

9/18

9/22

9/27

Sports writer Joe Ostrica and the Press & Light staff would like to thank the following students for participating in the photographic shoot of this year's front cover: (Top, L-R) North Ridgeville volleyball players Sarah Perrier, Jill Hansen, Kristen Bianca and Colleen Bement; (Bottom, L-R) and Lake Ridge Academy soccer seniors Keith Rathbone, Andrew Miglietti, Court Flannery, Wes Corogin, Russ Smith, Jeff Ader and Aalap Narichania.



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TBA

9/23 Medina Christian

9/27 LCAA Tournament.

9/29 OHSAA Districts.

Attention NRHS and LRA coaches

Call, fax or e-mail your team's results

to: Joe Ostrica at P: 440-933-5100

F: 440-933-7904 e-mail: pressostrica@hotmail.com By Ryan Gahagan

The Lake Ridge Academy girls tennis team, under the new direction of first year head coach Keith Fridrich, is definitely ready for the upcoming season. The team did well last season, racking up a 9-5 record, and are packed with depth and experience this

The Lady Royals are returning seven letter-winners, including six seniors, and have added five new faces to the team. Senior Stephanie Kim went an impressive 21-6 last season and was the team MVP. She took firstplace at the Rocky River Tournament, second-place at the LCAAA and was a district qualifier in doubles.

Also returning will be senior Jessica Golski, who was a district qualifier in doubles. Seniors Marissa Slany, Jane Limmer and Lourdes Ramirez and junior Tiffany Guo will also be back on the court for the Lady Royals.

Senior Meredith Swayngim will also be back to the team after sitting out last season due to injury.

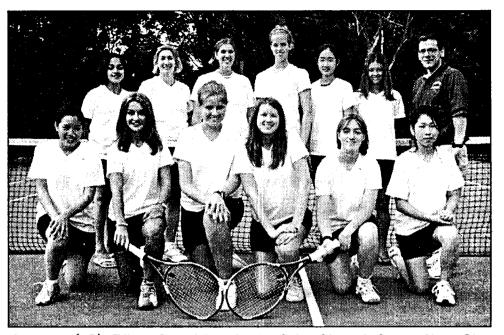
"Meredith is really excited about getting back into the swing of things," Fridrich said. "She is disappointed about missing last year but I definitely expect a lot of contributions from her

New to this year's team will be juniors Stacev Aiton and Jelena Lovric, sophomores Galya Olmsted and Claire Geiselman and freshman Ashlev Yu.

Even though Fridrich is in his first year at LRA, he is confident about his team and is ready for the task that lies ahead of him this upcoming season.

"We have a lot of senior leadership," Fridrich stated. "With six starting seniors, we have a lot of experience and a lot of depth. I can say that all six seniors are capable of playing anywhere in the line up. It is however, a little bit difficult to project the outcome of the season now because I do not exactly know the type of teams we play. I can only go from what I have seen in practice and we have a group of really talented girls. We know there are some very talented teams out there that we play such as Rocky River, Lorain Catholic, Westlake and Elyria Catholic. We will certainly be up for those matches and do the best that we

Fridrich also is enjoying his first few weeks on the job. He has no complaints and is pleased he chose Lake



Front row (L-R): Tiffany Guo, Jelena Lovric, Galya Olmsted, Stacey Aiton, Clare Geiselman and Ashley Yu. Back row (L-R): Lourdes Ramirez, Marissa Slany, Jessica Golski, Jane Limmer, Stephanie Kim, Meredith Swayngim and head coach Keith

"The girls work very well together and they are very fun to be around," he said. "They are very willing to work hard. I have always admired LRA and

how the athletes act not only to other players but to coaching staffs too. It was also just a great opportunity to work for a great program.

LAKE RIDGE ACADEMY GOLF

New coach's love, passion for sport rubbing off on LRA golfers

By Mike Ferrari

Of all the things that could lead to a career in golf, embarrassment is hardly a typical response

That is exactly the reason that new Lake Ridge Academy (LRA) head coach Chuck Zvosec is where he is today with the game of golf.

As a salesman, Zvosec would often find himself on the golf course during the year at different golf outings with clients. He was so bad that he couldn't stand the embarrassment of his high scores any more and made a crucial decision about

Either he was going to quit golfing or he was going to attack the sport in the same fashion he does everything else-with unmatched commitment and passion.

He chose the latter and after logging his last high score in 1994 at the age of 36, Zvosec made it his mission to become a

better player.

He did just that, passing the player eligibility test for the Professional Golf Association just two years after he dove head first into golf.

"I'm an oddity," Zvosec said with a laugh about his golf career. "I wasn't introduced to golf until my mid-30s and it was for customer relations. I decided to take it more seriously."

His then-instructor, Tony Dulio, helped swing. Now he continues to hone his craft under Fred Schiller, despite not pursuing a professional career at this time because of his closeness to his family.

Zvosec now has the next best thing. He can't wait to get his first formal year of coaching under his belt with LRA and to pass on all of the instruction and dedication that has helped him with his game to his students on the golf team.

"The type of person that I am, I am successful at everything," Zvosec said. "Golf has been the only thing that I cannot master and I need the challenge.

"The game has taught me to control my temper, how to win and how to be humble. It has taught me how to be a mature adult."

Zvosec admits that the coaching gig is somewhat self-serving as the void left from not playing is being filled through the stu-

dents he is now coaching. "I have to present myself as a professional to the junior golfers and it gives me a reason to sharpen my skills and improve on a regular basis," Zvosec said. "And yes, it is filling my 'Jones.'"

Zvosec was introduced to the program

took advantage of the coaching opportunity at LRA when it came his way via a high school reunion that eventually led him to the school's athletic director who hired

Zvosec has been with the team since July 1 and has had several voluntary meetings prior to the first session starting on Aug. 4. It comes as no surprise that his group of golfers have been practicing ever

Zvosec has seven Royals out for the team this year, but don't underestimate the squad based on the numbers.

It is no surprise, especially after last year, that when the topic of LRA golf is being discussed, Royals' star Brett Cannaday is at the heart of the conversa-

Cannaday, a returning letterman, is the horse on the team and it didn't take long for Zvosec to see the unlimited potential the young sophomore has for the game.

"Our team is anchored by Brett Cannaday," Zvosec said. "He is a sophomore this year and he has the capability of playing nearly close to par on all of the golf courses around the area. He has some pretty good skills."

Despite the expectations weighing heavily on Cannaday's shoulders, Zvosec knows that he can't do it alone.

The new coach said he has talent in the top four positions of the card that should be able to keep LRA competitive throughout the bulk of the 15-match schedule.

"Ian Anderson (returning senior letterman) is raw but has a lot of enthusiasm." Zvosec said. "He is a powerful swinger but he needs to develop a little more and work on his skills a bit. He has volunteered to be the leader by becoming the most improved."

Zvosec also said that he will be expecting big things from sophomore Trov "He has an incredible ability to be

coached," he said. "He is learning the golf swing from the beginning for the proper

The coach said that he is also looking for steady contributions from Brian Veber, Sebastian Chahda, Adam Breuer, Troy Hatcher and Will O'Neill.

Zvosec said that he knows the year is shaping up to be a learning experience for the young group, but believes the foundation is being put in place that will solidify golf at LRA for many years to come.

"I think that we are going to have to look within and grow and build the prowhile he was teaching the junior program gram," Zvosec said. "We are going to try



Front row (L-R): head coach Chuck Zvosec, Sebastian Chahda and Troy Hatcher. Back row (L-R): Brett Cannaday, Adam Bruer, Ian Anderson and Will O'Neill. Not pictured: Brian Veber and assistant coach Lee Cannaday.

and reset the standards at LRA by being a winner with work ethic and not necessari-

'I expect to compete everyday," Zvosec "We could be overwhelmed by numbers but we are going to compete. This is an opportunity to build the program. We matches and will go into our pre-practice routine...I think we can get better by the middle of the season and surprise some

The Royals practice and play their home matches at Cherry Ridge Country Club in Elyria. Lee Cannaday will help



LAKE RIDGE ACADEMY FIELD HOCKEY

Field hockey team looks to build on last year's improvements

By Joe Ostrica

One might not expect a 3-11-1 record to be very impressive, which is what the Lake Ridge Academy field hockey team finished with last year. But the squad improved immensely in several areas.

In 2001, the Lady Royals managed to score just two goals the entire season. Last year LRA quadrupled that amount in one game alone, an 8-0 win over Andrews. Six of their losses were by two goals or less. The Lady Royals managed to score six more goals in the season and avenged a 1-1 overtime match with Stow in the regular season with a 1-0 sectional win.

"We made amazing progress last season and are looking forward to continuing our success," fourth-year head coach Kelly Sullivan said. "I'm excited about

Sophomore forwards Maya Ranganathan and Georgia DiOrio emerged as scoring threats for the Lady Royals their freshman year.

"Maya is a quick mover up the field that sets up for more offensive attacks," Sullivan said. "Georgia is a very strong and talented field hockey player. She has so much potential to be an aggressive goal scorer. Her drives and hits are powerful. They both played in all games as fresh-

Sullivan said senior, Laura Chun, and sophomore, Emily Evans, will play differ-

"This is Laura's third year playing," Sullivan said. "She is a flexible player and plays wherever we need her. She will

often rotate between the forward line and

"Emily plays both forward and midfield. She's a very positive and hard working player. She is always helping others out and cheering on those who are struggling. She has shown improvement in stick skills since last season.'

Junior Lilly Walleck appears ready to step up in the role of center midfielder.

"Lilly is ready for the challenge of controlling the ball on the offensive side," Sullivan said. "She is in shape and a leader with improved stick skills."

Senior Morgan Szulewski-Francis will be the team's goalkeeper and junior Marlisa Serrano will be a key defender.

"Morgan is our one and only goalkeeper," Sullivan said. "I expect that she will continue to improve, like she did last year. She is doing a better job at controlling her defensive end. Marlisa is an amazing defender that maintains her composure when pressure is around her. She is quick with getting the ball out of our defensive

The Lady Royals hope junior Katie McClusky, who has battled knee injuries and illnesses in the past, will be healthy for the season.

"When Katie is healthy, she is very quick and energetic on the field," Sullivan said. "She has a desire to please." Sullivan has been impressed with

freshman MaryElise Topp, who is new to

"Mary has only played a few days and shows interest and determination to understand the game and to improve her

Front row (L-R): Sierra Grasso, MaryElise Topp, Marlisa Serrano and Amanda Soliman. Back row (L-R): Head coach Kelly Sullivan, Laura Chun, Maya Ranganthan, Morgan Szulewski-Francis, Emily Evans, Georgia DiOrio and assistant coach Carl Chang. Not pictured: Lilly Walleck, Mari Wagner, Katie McClusky Katie Gardner and Britteny Overstreet.

skills." Sullivan said.

Sophomore Amanda Soliman and freshmen Sierra Grasso, Katie Gardner and Britteny Overstreet round out the squad. Mari Wagner, an exchange student from Germany, will join the team when she arrives later this month.

Sullivan has a new assistant coach, Carl Chang, to help her on the sidelines this year. Chang has 13 years of experience playing on club teams.

"I think his playing expertise and field knowledge will really help us out," Sullivan said. "He's focusing the girls' attention to certain details like hitting, form and passing, all the fundamentals. The girls are excited to have Carl aboard."

Sullivan said team chemistry is on top

of the team's list for goals. "If we continue to have team unity, we will be able to achieve the goals we set for on field play," she said.

LAKE RIDGE ACADEMY VOLLEYBALL

Lone senior leads youthful Lake Ridge volleyball squad

By Joe Ostrica

Although there is just one senior, Katie O'Grady, returning to the Lake Ridge Academy volleyball team, coach Sue Bus expects to see a lot of improve-ment in her young team by the third week of the season.

"From the first game to the fifth game there's going to be a huge difference," Bus predicted. "We've got a lot of good leadership on the floor with Katie. The rest of the kids are not all-stars at any one position, but they can pretty much perform well in the back row and front row. We're going to keep the ball off the floor. We're not going to win a lot of points by big kills and things like that. Serving is probably one of our strengths and obviously defense is probably our second strength. I think we'll surprise a

O'Grady, who was a first-team All Lorain County and all conference selection, has been starting varsity for the Lady Royals since her freshman year and will be the team's lone captain.

"There's not many kids that have done that here," Bus said. "There probably have only been two others since the 10 years I've been here. She'll be hitting out of the back row or the front rowwherever we can get her the ball. We don't have the hitting or the blocking that we've had in the past. That can be frustrating for a more experienced player. We're going to look for her to keep everyone encouraged out there. We want to see these other kids improve and contribute."

O'Grady knows there is some pressure on her to be the team's main leader, but she looks forward to the challenge.

"I think we can do really well, but I know that I'm going to have to step it up," she said. "I've got to help everybody else out, get a lot of help from my juniors and just show as much leadership as I can."

Juniors Rebecca Cleeton, Sarah Cleeton, Lakshami Mahajan, Sarah Vandevender and Yanna Voutsiotis, sophomores Geneva Tavakoli and Helana Lang and freshman Quay Roberts round out the varsity squad.

"Rebecca has really improved in her

setting," Bus said. "Geneva, Sarah, Katie and Quay played Junior Olympic ball this winter. These kids are now going to use that experience to play better on our team now. Geneva and Sarah have both improved in their hitting."

Bus hopes to add another player to her varsity roster and may have to bring one of her JV players up.

"Right now we have identified nine varsity players," she said. "I hope to have 10 kids on each the varsity and JV teams. We're always looking for somebody on the JV team to step up, especially in blocking and hitting.

Despite what the team is lacking, Bus says consistent competitive play is at the top of the list for team goals.

"We know that we have some huge deficits in the front row," Bus said. "But we know with a lot of hustle and hard work, we can play some pretty good defense. We're going to give some of these teams some good games and surprise a few along the way."

"I would really like us to have a winning season," O'Grady added. "I would like for us to do as well as we possibly can. I want everyone to learn more and improve and grow as a team.

Bus said she's encouraged about her team's dedication and chemistry.

"These kids get along well on and off the court," Bus said. "That makes it special. They realize our limitations because of our height, but they don't let that get them down. They've been working harder than I've seen kids work in the past."

LRA, from page 9

The Division III Royals will have their work cut out for them as they take on several bigger schools in the regular season, including Division I opponents.

"I intentionally made the schedule very tough for us," Anderson said. "I expect some ups and downs but the players know the teams we're playing are very tough. We're playing a lot of Division I teams and we're the smallest school by far out of everyone we face. I think it will really help us come playoff time. Being in tight games and against tough opponents will build character."



Front row (L-R): Yanna Voutsiotis, Lakshami Mahajan, Geneva Tavakoli, Rebecca Cleeton and Sarah Cleeton. Back row (L-R): assistant coach Sue Haendiges, Sarah Vandevender, Helana Lang, Quay Roberts, Katie O'Grady and head coach Sue Bus.



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Sue M. (Nova) - lost 18 lbs of fat and 7 1/2 inches

Boot Camp has already changed my life. With the birth of my two beautiful girls, I was left with a body I no longer recognized. Boot Camp has given me the motivation to work out everyday. The coaches are awesome. I know I can achieve my goals. Boot Camp was and is the

fuel I need.

Laurie D.

(Columbia Station)

Two weeks ago, I started Debi's Backyard Boot Canp, and I have to say that I have been impressed with the "all around" concept of the camp. I never know what to expect, and I don't feel pressured to work beyond what I'm able to do. Don't get me wrong, we get pushed to do our best. Having said that I feel that I have the chance to change me life and body.

Colleen deBoer Lakewood

Thanks for a great 1 1/2 weeks of boot camp. I really enjoyed the early morning workouts and the camaraderie with the

gals. I finally got the shuttle run exercise down despite all of the heckling, so I am proud of that. My "problem areas" are looking better and I contribute that to my efforts during boot camp, the food journaling, and the homework. Seriously, you guys have a great thing there and you make the program even more fun by your and smiles. You manage virtually take a group women who don't know each other that well and turn them into exercise buddies. Everyone is so nice and supportive, which makes the morning even more enjoyable.

Joanne and Patrice-

sisters-together lost 64 lbs. And 51 inches

Boot Camp gives me more energy and strength; something I couldn't get on my own. Working out with other campers and the coaches helped me do my personal best. I enjoy the early morning boot camps because it keeps me motivated for the rest of the day. I am very close to reaching my goal and I couldn't have done it without the help of Debi, Kim and Pat. Thank you sooo much.

· Weight training is the best way to boost your metabolism. Freeweights optimize your workout

 Lack of water is the #1 contributor to daytime fatigue

Health Tips

- Water is essential for elimination body fat & toxins
- · Exercise helps fight aging

We Also Offer:

- Personal Training (your own group) Luncheon Parties
- Personalized Weight Loss & health consultation
- Metalbolism check w/BODY GEM
- NEW computerized body fat analysis
- Nutritional programs
 Step Arobics

Ulbokizab

• Our specialty "Butt, Guts & Thighs" at our Studio Group



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