



WINE LIST



WINES BY THE GLASS

SPARKLING

Domaine Ste. Michelle Brut, Columbia Valley, WA	10
Mumm Napa Brut Rosé, Napa Valley, CA	15
Veuve Clicquot Brut Yellow Label Champagne, France	23

At Helen's, we proudly offer these three sparkling wines using a specialized Perlage Wine Preservation System; each glass tastes as fresh as when the bottle was first opened!

WHITES

Terregaie, Moscato, Veneto, Italy	9
Canyon Oaks, White Zinfandel, CA	8
Montinore Estate "Borealis" White Meritage, Willamette Valley, OR	11
Urban "Nik Weis Selection" Riesling, Mosel, Germany	10
Seaside Cellars, Sauvignon Blanc, Marlborough, New Zealand	12
Château La Graviere, Bordeaux Blanc, Entre-Deux Mers, France	12
Altanuta, Pinot Grigio, Valdadige, Italy	12
Montinore Estate, Pinot Gris, Willamette Valley, OR	13
Folie a' Deux, Russian River Valley, CA	11
Trefethen, Oak Knoll District, Napa Valley, CA	15

The Helen's team and I are proud to present you with our wine list. We treat it as a living document, always looking to offer the best new additions and staples. We look forward to assisting you on your culinary and wine journey.

- Terry Menear

Helen's Manager & Sommelier



WINE LIST



REDS

Oregon Trails Wine Co., Pinot Noir, Willamette Valley, OR	16
Hahn Estates, GSM Red Meritage, Central Coast, CA	12
Decoy "Red Wine" Cabernet/Merlot, Sonoma County, CA	15
Duckhorn, Merlot, Napa Valley, CA	16
Farnese "Fantini" Montepulciano d'Abruzzo, Italy	11
Château des Aladeres, Corbieres, France	12
Santa Julia Malbec, Mendoza, Argentina	11
Cosentino Winery "The Zin" Red Zinfandel, Lodi, CA	11
Château Motte Maucourt, Bordeaux, France	12
Les Allies, Cabernet Sauvignon, France	12
Buehler Vineyards, Cabernet Sauvignon, Napa Valley, CA	17
Cosentino Winery "The Dark" Petite Sirah/Petit Verdot, Lodi, CA	11

WINE FLIGHTS

We invite you to have some fun and try something new by enjoying samples of select wines from our list.

THREE 2 OZ TASTES

WORLDLY WHITES

11

Urban "NWS" Riesling

Château Magneau Bordeaux Blanc

Spy Valley Sauvignon Blanc

BEAUTIFUL BLENDS

12

Montinore Estate "Borealis" White Meritage

Hahn Estates "GSM" Red Meritage

Château des Aladeres "CGS" Red Meritage

TOUR OF CALIFORNIA

13

Cosentino "The Dark" Petite Sirah/Petite Verdot

Cosentino "The Zin" Red Zinfandel

Duckhorn "Decoy" Cabernet Sauvignon



SPARKLING

France

100•1	Jacquart, Brut Champagne, Reims, 2006	105
100•2	Moët & Chandon Cuvée Dom Pérignon, Brut, Champagne, Épernay, 2009	295
100•3	Perrier Jouët, Cuvée Belle Époque, Brut, Champagne, 2007	274
100•4	Perrier Jouët, Grand Brut, Épernay, NV	109
100•5	Ruinart, Rose, Champagne, NV	90
100•6	Taittinger Brut Prestige Rose, Reims, NV	160
100•7	Veuve Clicquot Ponsardin "Yellow Label", Brut, Champagne, NV	93
100•8	Veuve Clicquot Ponsardin "Reserve Cuvée", Brut Rosé, Champagne, NV	120
100•9	Veuve Clicquot Ponsardin, Brut Champagne, Reims, 2004	142
100•10	De Perriere, Blanc de Blancs, NV	40

Italy

100•11	Enza, Prosecco, D.O.C. Treviso, NV	45
100•12	Martini & Rossi, Asti Spumante, Piedmont, NV	45

California

100•13	Mumm Napa, Brut Rosé, Napa Valley, NV	58
100•14	Schramsberg, Blanc de Noirs Brut, North Coast, 2013	110

Washington

100•15	Domaine Ste. Michelle, Brut, Columbia Valley, NV	40
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WHITE

CHARDONNAY

Australia

110•2	Schild Estate Unwooded, Barossa Valley, 2017	45
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France

110•3	Joseph Drouhin, St. Veran, 2015	60
110•4	Drouhin et Vaudon, Chablis, 2015	80

California

110•5	Antinori Family Estates "Antica", Napa Valley, 2014	82
110•6	Cakebread Cellars, Carneros, Napa Valley, 2015	105
110•7	Cambria Estate "Katherine's Vineyard", Santa Maria Valley, 2014	43
110•8	Clos Pegase Winery "Mitsuko's Vineyard", Carneros, Napa Valley, 2014	61
110•9	Concannon Vineyard, Founder's Vintage, Monterey County, 2016	34
110•10	Cosentino Winery "The Chard", Lodi, 2016	39
110•11	Deutsch-Nantz Alliance "The Calling", Dutton Ranch, Russian River Valley, 2014	58
110•12	Ferrari Carano, Sonoma County, 2013	71

110•13	Folie à Deux, Russian River Valley, Sonoma County, 2016	41
110•14	Newton “Unfiltered”, Napa Valley, 2015	111
110•15	Shafer “Red Shoulder Ranch”, Carneros, 2016	135
110•16	Trefethen, Oak Knoll District of Napa Valley, 2016	56
	<i>Washington</i>	
110•17	Seven Falls, Wahluke Slope, 2012	42
CHENIN BLANC		
	<i>France</i>	
110•18	Sauvion et Eils, Vouvray, Loire Valley, 2015	40
GAVI		
	<i>Italy</i>	
120•1	Broglia “La Meirana”, Cortese, Gavi D.O.C.G. del Comune de Gavi, 2012	58
GEWURZTRAMINER		
	<i>France</i>	
120•2	Trimbach, Alsace AOC, 2013	45
	<i>Oregon</i>	
120•3	Montinore Estate, Willamette Valley, 2013	43
GRUNER VELTLINER		
	<i>Austria</i>	
120•4	Weingut Josef Fritz “Sandstein”, Zausenberg, 2014	38
MOSCATO		
	<i>Italy</i>	
120•5	Terregaie, Veneto, Italy, NV	44
PINOT GRIS		
	<i>Italy</i>	
120•6	Ancora, Provincia Di Pavia, 2014	32
120•7	Barone Fini, Alto Adige D.O.C., 2016	45
120•8	Ca'Montini, Trentino D.O.C.G., Terre di Valfredda, 2015	49
120•9	Il Donato, Venezia, 2015	32
	<i>California</i>	
120•10	10 Span, Central Coast, 2015	38
120•11	Belle Ambiance, Pinot Grigio, California, 2015	32
120•12	Etude, Carneros, Napa Valley, 2015	65
	<i>Oregon</i>	
120•13	Elk Cove Vineyards, Willamette Valley, 2017	50
RIESLING		
	<i>France</i>	
120•14	Trimbach, Alsace AOC, 2010	48

Germany

120•15	Fritz Zimmer, Piesporter Michelsberg, Riesling Kabinett, Mosel, 2014	40
120•16	St. Urbans-HOF, Piesporter Goldtröphchen, Spätlese, Mosel Saar Ruwer, 2014	66
120•17	Urban, Nic Weis Selection, Mosel Saar Ruwer, 2016	36

New Zealand

120•18	Villa Maria, Dry Riesling, Marlborough, 2010	48
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California

120•19	Trefethen, Dry Riesling, Napa Valley, 2014	71
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Washington

120•20	Covey Run, Columbia Valley, 2014	32
120•21	Eroica, Chateau Ste Michelle & Dr. Loosen, Columbia Valley, 2015	65

SAUVIGNON BLANC

France

120•22	Chateau Magneau, Bordeaux Blanc, Graves, 2016	44
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New Zealand

120•23	Château La Gravière, Bordeaux Blanc, Entre-deux-Mers, 2016	42
120•24	Spy Valley, Marlborough, 2017	56
120•25	The Crossings, Awatere Valley, Marlborough, 2016	42

California

120•26	Girard, Napa Valley, 2015	52
120•27	Honig, Napa Valley, 2016	52
120•28	Twenty Four, Napa Valley, 2014	44

WHITE BLENDS

120•29	Campos de Luz Estate, Chard/Viura/Muscat, Carinena, Spain, 2014	35
120•30	Conundrum, White Wine, Rutherford, 2015	52
120•31	Cosentino Winery "The Novelist", Napa County White Meritage, 2014	49
120•32	Domaine La Boutinier, Chateauneuf Du Pape, France, 2013	80
120•33	Montinore Estate "Borealis", Willamette Valley, NV	43

BLUSH

ROSÉ

California

130•1	Canyon Oaks, White Zinfandel, 2017	32
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Chile

130•2	Santa Digna, Cabernet Sauvignon, 2017	36
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France

130•3	Axel Des Vignes, Bordeaux, 2016	32
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Italy

130.4	Famiglia Olivini, D.O.C G., 2016	40
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RED

BARBERA

Italy

- 200•1 Damilano, Barbera d'Asti D.O.C.G., 2016 62
- 200•2 Pio Cesare, Barbera d'Alba, Piedmont, 2014 42

CABERNET FRANC

Italy

- 200•3 Vigna "Traverso" Doc., Prepotto-Udine, 2012 38

CABERNET SAUVIGNON

Australia

- 210•1 Peter Lehmann, "Portrait", Barossa, 2014 46
- 210•2 Schild Estate, Barossa, 2014 56

Chile

- 210•3 Carmen "Gran Reserva", Maipo Alto, 2013 44

California

- 210•4 10 Span, Central Coast, 2015 36
 - 210•5 Antinori Family Estates "Antica", Napa Valley, 2014 126
 - 210•6 Buehler Vineyards, Napa Valley, 2014 60
 - 210•7 Cakebread Cellars, Napa Valley, 2015 163
 - 210•8 Caymus, Napa Valley, 2015 165
 - 210•9 Duckhorn Vineyards "Decoy", Sonoma County, 2016 64
 - 210•10 Far Niente, Oakville, Napa Valley, 2013 247
 - 210•11 Faust, Napa Valley, 2014 128
 - 210•12 Ferrari Carano, Alexander Valley, 2013 83
 - 210•13 Folie à Deux, Alexander Valley, 2013 65
 - 210•14 Frank Family Vineyards, Napa Valley, 2015 115
 - 210•15 Girard, Napa Valley, 2016 76
 - 210•16 Halo, Hillspring Vineyards, Napa Valley, 2013 375
 - 210•17 Katherine Goldschmidt, Crazy Creek Vineyard, Alexander Valley, 2015 52
 - 210•18 Kith & Kin, Napa Valley, 2014 68
 - 210•19 Newton, Napa County, 2016 58
 - 210•20 Newton "Unfiltered", Napa Valley, 2014 96
 - 210•21 Ray's Station, Mendocino, 2013 40
 - 210•22 Shafer "Hillside Select", Napa Valley, Stag's Leap District, 2013 470
 - 210•23 Smith & Hook, Central Coast, 2015 56
 - 210•24 Swanson, Rutherford, 2013 120
 - 210•25 Trefethen, Oak Knoll District of Napa Valley, 2014 90
- ### *Washington*
- 210•26 Seven Falls, Wahluke Slope, 2015 44

CARMENERE

Chile

200•1 Carmen, Gran Reserva, Apalta Vineyard, Colchagua Valley, 2015 44

CORVINA

Italy

200•2 Azienda Agricola, Amarone della Valpolicella Classico Costasera, Veneto, 2010 130

200•3 La Colombaia, Amarone della Valpolicella Classico Costasera, Veneto, 2011 118

200•4 Vendemmia, Valpolicella Classico, Veneto, 2014 46

GRENACHE

France

200•6 Castillon-du-Gard, Châteauneuf-du-Pape, Rhone Valley, 2014 110

200•7 Réserve De Bonpas, Châteauneuf-du-Pape, Rhone Valley, NV 86

Spain

200•8 Campos de Luz Estate, Crianza, Carinena, 2012 40

MALBEC

Argentina

220•1 La Flor de Pulenta, Mendoza, 2016 44

220•2 Trivento "Golden Reserve", Mendoza, 2014 54

MERLOT

California

230•1 Duckhorn Vineyards, Napa Valley, 2014 64

230•2 Ferrari Carano, Sonoma County, 2013 70

230•3 Frog's Leap, Rutherford, Napa Valley, 2015 94

230•4 Newton, Unfiltered Merlot, Napa Valley, 2013 118

230•5 Stags' Leap Winery, Napa Valley, 2014 88

230•6 Trefethen, Oak Knoll District of Napa Valley, 2014 56

Washington

230•7 14 Hands, Columbia Valley, 2015 35

230•8 Jones of Washington, Wahluke Slope, 2012 48

MONTEPLUCIANO

Italy

200•9 Farnese "Fantini", Montepulciano d'Abruzzo D.O.C.G., 2016 42

NEBBIOLO

Italy

200•10 Damilano, Barolo, Lecinquevigne, Langhe, 2013 104

200•11 Produttori del Barbaresco, Langhe, 2014 63

NERO D'AVOLA

Italy

200•12 Colosi, Terre Siciliane Rosso, 2016 38

PETIT VERDOT

California

200•13 Trincherero, Central Park West, St. Helena Estate, Napa Valley, 2012 110

PETITE SIRAH

California

200•14 Vinum Cellars, Clarksburg, 2015 32

200•15 Stags' Leap Winery, Napa Valley, 2014 88

Chile

200•16 Carmen Gran Reserva, Maipo Valley, 2012 38

PINOTAGE

Africa

200•17 Old Bush Vines, Warwick Estate, Stellenbosch, 2014 45

PINOT NOIR

Chile

240•1 Veramonte "Ritual", Casablanca Valley, 2014 57

France

240•2 Domaine Dominique Guyon, Les Dames de Vergy, Hautes Côtes du Nuits, Bourgogne, 2013 87

240•3 Joseph Drouhin, Gevrey-Chambertin, Côte de Nuits, 2012 135

California

240•4 Cartlidge & Brown, North Coast, 2014 40

240•5 Clos Pegase Winery "Mitsuko's Vineyard", Carneros, Napa Valley, 2014 70

240•6 Deutsch-Nantz Alliance "The Calling", Dutton Ranch, 2013 78

240•7 Duckhorn "Goldeneye", Anderson Valley, 2016 116

240•8 Fess Parker, Santa Rita Hills, 2014 62

240•9 "Parker Station" by Fess Parker, Central Coast, 2016 40

240•10 Sean Minor, Carneros, 2016 52

Oregon

240•11 Adelsheim, Elizabeth's Reserve, Willamette Valley, 2014 115

240•12 Montinore Estate, Willamette Valley, 2016 52

240•13 Rex Hill Vineyards, Willamette Valley, 2015 76

240•14 Sokol Blosser, Dundee Hills, 2013 88

240•15 The Four Graces, Willamette Valley, 2016 66

RED BORDEAUX & PROPRIETARY ESTATE BLENDS

Australia

250•1 Schild Estate, Old Bush Vine, GMS, Barossa, 2013 54

France

250•2 Château Bellevue Rouge, Bordeaux Supérieur, 2015 44

250•3	Château Des Aladères, Corbières, 2014	42
250•4	Château Grand-Pey-Lescours, Saint-Émilion Grand Cru, 2010	72
250•5	Château les Barraillots, Cru Artisan Margaux, 2014	82
250•6	Château Vieux Chevrol, Lalande de Pomerol, Grand vin de Bordeaux, 2014	65
<i>Italy</i>		
250•7	Piccini “Memoro”, Vino d'Italia, NV	36
<i>Spain</i>		
250•8	Scala Dei “Negre”, Priorat D.O. Quaificada, 2013	52
250•9	Vizar, Castilla y León, 2009	72
<i>California</i>		
250•11	Cosentino Winery “The Poet”, Napa County Red Meritage, 2015	108
250•12	Cosentino Winery “The Dark”, Petite Sirah/Petit Verdot, Lodi, 2016	40
250•13	Ferrari Carano “Siena”, Red Meritage, Sonoma County, 2015	60
250•14	Flora Springs, Red Wine, Napa Valley, 2013	75
250•15	Girard “Artistry”, Napa Valley, 2012	118
250•16	Gundlach Bundschu, Mountain Cuvée, Sonoma County, 2013	50
250•17	Hahn Estates, GSM Blend, Central Coast, 2015	45
250•18	Newton, “Claret”, Napa County, 2014	48
250•19	Opus One, Oakville, Napa Valley, 2012	470
250•20	Opus One, Oakville, Napa Valley, 2013	505
250•21	Opus One, Oakville, Napa Valley, 2014	565
250•22	Trefethen “Dragon's Tooth”, Oak Knoll District of Napa Valley, 2013	78
250•23	Uppercut, Red Meritage, Napa County, 2013	57

SANGIOVESE

Italy

200•18	Cafaggio, Chianti Classico, D.O.C.G., 2013	55
200•19	Cafaggio, Chianti Classico Riserva, D.O.C.G., 2012	75
200•20	Pinino, Brunello di Montalcino, Tuscany, 2010	98
200•21	Poggio Verrano “Chance”, Maremma Toscana, 2005	62
200•22	Villa Belvedere Campoli, Chianti Classico Docg., 2015	72

SHIRAZ/SYRAH

Australia

260•1	Schild Estate, Barossa, 2013	56
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France

260•2	Domaine Breyton, Crozes-Hermitage, Rhone, 2014	49
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California

260•3	Fess Parker, Santa Barbara County, 2013	59
260•4	Fess Parker “The Big Easy”, Santa Barbara County, 2012	75
260•5	Red Car, Sonoma Coast, 2012	60

TEMPRANILLO

Spain

200•23	Maguelos de Callejo, Ribero del Duero, 2012	50
200•24	Bodegas Maximo, Vino de la Tierra de Castilla, 2013	37
200•25	Vina Artacho, Gran Reserva, Rioja, 2008	80

ZINFANDEL

California

270•1	Cosentino Winery "The Zin", Lodi, 2016	41
270•2	Dry Creek Vineyard, Heritage, Sonoma County, 2015	62
270•3	Duckhorn "Paraduxx", Proprietary Red, Napa Valley, 2014	86
270•4	Frog's Leap, Napa Valley, 2016	75
270•5	Kunde Estate, Sonoma County, 2013	50
270•6	Renwood, Red Label, 2012	46



BEER SELECTIONS

Budweiser, St. Louis, MO	5.25
Bud Light, St. Louis, MO	5.25
Goose Island, IPA, Chicago, IL	7.00
Michelob Ultra, St. Louis, MO	5.25
Miller Lite, Milwaukee, WI	5.25
Samuel Adams, Boston Lager, Boston, MA	6.50
Southern Tier, 2x IPA, Lakewood, NY	7.00
Stella Artois, Leuven, Belgium, Germany	6.50
Yuengling Amber Lager, Pottsville, PA	5.25