

Fried and Tested

Manhattan FISH 'N CHIPS

P1 DORY

Tricker with a mild, sweet flavor.

Hand-battered fish fillets, drizzled with delicious Garlic Herb sauce, complemented with chips and a side salad. A clear under-the-sea favorite.

AED 52



OR UPGRADE TO A PREMIUM FISH

P2

CHERRY
SNAPPER

Switch to a mild and
firm fish.

AED 57

P4

SALMON

For a more robust and
rich flavor.

AED 59

P3

WILD
PERCH

For a more robust and
firm fish.

AED 55

P6

COO

Delicate and
mild.

AED 57

The legendary

Manhattan Flaming Prawns
with grilled dory fillet
on a bed of Garlic Herb rice,
chips and hot veggies.

AED 79

Small Flame



A2 Manhattan Flaming Prawns



Blaze a trail in a big way. Savor 8
juicy prawns, gloriously flamed for
extra-caramelized sweetness.

AED 79

Flamed

Fire up your taste buds
for a flamin' good time!

A3 Flaming Cheesy Baked Rice



Clear the docks and make room
for a satisfying flame-grilled
cheesy dory fillet on a bed of
Coriander and Rosemary Herb rice.

AED 57

COMPLETE YOUR MEAL

AED 20



PERFECT CATCH

Soup of the Day
+ any Fuzzies or Iced Lemon Tea
or Iced Peach Tea

AED 30



SUPREME CATCH

Chowder / Soup of the Day
+ any selection of beverage



B4 Coastal BAKED SEAFOOD

An assortment of seafood with dory, calamari and juicy scallops baked in a savory marinade, served with Garlic Herb rice and hot veggies.

AED 52

B5 Mediterranean BAKED FISH

A hot favourite with the ladies. You'll love this dory fillet baked in an aromatic blend of herbs and spices, served with Garlic Herb rice and hot veggies.

AED 52

B6 Spicy BAKED FISH

Get ready to jumpstart your senses! Serve a baked dory fillet in an extra-spicy marinade, complemented with Garlic Herb rice and hot veggies.

AED 52



COMPLETE YOUR MEAL



Have it with our Onion Glory Dip and start your meal on a crunchy note! Only AED29



Onion
Glory



AED 20

PERFECT CATCH

Soup of the Day
+ any Fries or Iced Lemon Tea
or Iced Peach Tea



AED 30

SUPREME CATCH

Chowder / Soup of the Day
+ any selection of beverage

G1 **GRILLED
GLORY
DORY**

GOOD OLD DORY WITH
A FRAGRANT GARLIC
HERB SAUCE.

AED 52



G2 **ISLAND
GRILLED
COD**

THE KIND OF FISHES,
TOPPED WITH THE
INTENSE FLAVORS OF OUR
SWEET, SOUR AND SPICY
VOLCANO SAUCE.

AED 57



G4 **SALMON
'N MASH**

FULL-FLAVORED
SALMON SERVED
WITH A BLACK
PEPPER SAUCE.

AED 59



G6 **PEPPER
CHERRY
SNAPPER**

FIRM-TEXTURED
CHERRY SNAPPER
COMPLEMENTED WITH A
BLACK PEPPER SAUCE.

AED 57



A4 Small Grill

If you love your seafood grilled, this combo of grilled prawns, calamari and dory fillet with a side of chips, hot veggies and Garlic Herb rice will whet your appetite.

AED 79

A8 Da Bomb

Don't Feed your taste buds ticking and experience an explosion of flavor with grilled Yakara prawns, poached spicy dory nuggets and sautéed scallops. The fiery basket is guaranteed to heat things up.

AED 79

A6 Scallops Fish Chicken (SFC)

A7 Calamari Mussels Chicken (CMC)

Delicious chicken tenders, grilled calamari and sambal mussels with a side of chips, hot veggies and Garlic Herb rice. Who says you can't have the best of both poultry and seafood?

AED 69

Enjoy a serving of finely grilled chicken, crispy fish fingers and fried scallops served with a helping of our Garlic Herb rice, chips and hot veggies.

AED 69

Variety Treats

The best of everything scrumptious for those who love a variety of treats.

HOMEMADE

Soups

Ask our friendly Sea-cret Agent for today's soup,
specially prepared by our Chef!

811 CREAM OF MUSHROOM

812 CREAM OF BEETROOT

813 FARMER'S SOUP

AED 19



812



811

HEARTY

Chowders

Thick and creamy with chunky seafood ingredients. Check out today's sea-lection!

814 SEAFOOD CHOWDER

815 CLAM CHOWDER

815 SALMON CHOWDER

AED 25

SIDES

Spruce up your meal with some tasty sides.

817 PEPPER MASH AED 10

818 GARLIC HERB RICE AED 10

819 CHIPPY CHIPS AED 10

820 HOT VEGGIES AED 10

821 CRANBERRY COLESLAW AED 10

822 HOUSE SALAD AED 10

★ PREMIUM SIDES ★

823 MAC 'N CHEESE AED 14

824 CHEESY CHIPS AED 14





P6
CREAMY SALMON PENNE

A heavenly marriage of salmon chunks in creamy sauce makes this a satisfying meal

AED 63



P6
VEGGIE OLIO

Made especially for vegans, minus the onion and garlic but loaded with flavor. Pasta is sautéed with button mushrooms, carrots and capsicums for added crunch

AED 29



P7
SPAGHETTI IN THE SEA

A trio of seafood splendor! Succulent shrimp, juicy mussels and calamari tossed in marinara sauce to give you oodles of goodness

AED 55



P8
CAJUN CHICKIE MARINARA

A favorite with poultry lovers! Juicy Cajun chicken broiled on a bed of spaghetti tossed in a classic tomato sauce

AED 42



COOKED À LA MINUTE
All our pastas are prepared from scratch using ingredients of the highest quality possible. Every pasta dish is also cooked to order, so you can be sure that it's freshly prepared and served hot, from kitchen to table.

AED 20

PERFECT CATCH

Soup of the Day
+ any Fizzies or Iced Lemon Tea
or Iced Peach Tea



AED 30

SUPREME CATCH

Chowder / Soup of the Day
+ any selection of beverage



The Saucy Part



As a seafood expert, we know what will add more oomph to your meal. That's why we specially created a range of sensational sauces - from Spicy Seafood Dip to Cajun Honey Mustard and Smoky Chipotle.

A must-try is our unique Garlic Herb sauce. Made from fresh, fragrant herbs, it is The Manhattan FISH MARKET's signature sauce!

Also check out these delicious new sauces - Volcano sauce, our special House Dressing and Murray Curry sauce, among others.

5 FIN-TASTIC COOKING METHODS



Our signature cooking style will have you all fired up. Just sit back and enjoy the show as we flame our seafood to bring out the caramelized sweetness.



Have all the fun of a summer barbecue in one dish and let the grilling seal in the rich taste of your seafood.



Poaching preserves the moisture and flavor, treating you to a wholesome meal.



Baking with fresh herbs intensifies the flavors, so every mouthful is a sensation.



Hand-battered and fried to perfection, making the seafood crunchy on the outside and juicy inside.



EAT YOUR WAY TO GOODNESS

We use ingredients like cranberries and roasted sunflower seeds specially chosen for their antioxidant properties; fresh herbs such as rosemary for improving digestion as well as coriander leaves, which helps in reducing cholesterol! So not only do we satisfy your taste buds, we're here to help you eat right.

VARIETY OF Seafood

From lobster and scallop to Nile perch, we offer a wide array of seafood options. And we're always on the lookout for the freshest catch of the season.



Ahoy THERE!

Be sure to look out for these icons.



Heartlanders



Spicazing hot stuff on the horizon.



87

ONION GLORY



Dig into a treasure trove of crispy battered onion strips served with an Onion Glory Dip. One bite and you just can't stop.

AED 20



88



OYSTER ROULETTE



Play a game of dice with your friends! 1 of our 4 poached oyster shooters comes with an extra shot of spiciness, guaranteed to heat up your party.

Be sure and leave the extra bit of spiciness until the larger number appears!

AED 35



89



SHARING GARLIC HERB MUSSELS

Our signature starter in a bigger portion. Sharing is not compulsory.

AED 35

STARTERS for SHARING

Catching for two or more?

810

QUAD DELIGHT

Have it all by sampling 4 of our sea-licious starters! Juicy fried country mushrooms, crispy calamari, refreshing ocean gems, and then polish it off with cranberry coleslaw.

AED 49



R4



R1 GRILLED GALA

AED 145

Love a grilled seafood treat? Savor juicy fish fillets, prawns and calamari, grilled to perfection with our signature Garlic Herb mussels

R2 FRIED GIANT

AED 159

Strike gold with this platter of crunchy prawns, crispy fish fingers, cherry snapper fillets, battered onion strips and calamari coated with crushed peanuts. Enjoy it all with a selection of dips - Cajun Honey Mustard, Smoky Chipotle, Tartar and Onion Glory Dip.

R3 GRILLIN' N CHILLIN

AED 139

- HOT**
- Fiery Hot Dory
 - Volcano Prawns
 - Hot Veggies
 - Garlic Herb Rice
- COLD**
- Ocean Gems
 - Summer Shroom
 - Poached Cajun Chicken
 - Tangy Spaghetti

R4 VOLCANO ISLAND



An island of spicy jewels - juicy seafood in Murray Curry, fried scallops, poached spicy dory nuggets, Volcano mussels and crispy baguette on a bed of Garlic Herb rice.

CHOICE OF:

SLIPPER LOBSTER AED 145

PRAWNS AED 139

R3



AED 20

PERFECT CATCH

Soup of the Day
+ any Pizzas or Iced Lemon Tea
or Iced Peach Tea



AED 30

SUPREME CATCH

Chowder / Soup of the Day
+ any selection of beverage



PLATTERS

L3 FISHERMEN'S PLATTER

THE BIG CATCH

Reel in delight with our crispy whole tilapia, covered in Spicy Seafood Dip, complemented with Manhattan Flaming Prawns, Garlic Herb mussels and crunchy whitebait.

AED145

L4 GRILLED FLAMING LOBSTER PLATTER

LOBSTER FEST

The ultimate celebration platter! Get all hands on deck to indulge in the firm-textured flesh and delicate sweet flavor of flamed lobster - with Garlic Herb mussels, fried calamari and crispy fish fingers.

AED275



Love takes time.
Kindly allow us 20 minutes
to serve this platter to you.

AED20

PERFECT CATCH

Soup of the Day
+ any Fizzles or Iced Lemon Tea
or Iced Peach Tea

AED30

SUPREME CATCH

Chowder / Soup of the Day
+ any selection of beverage



TO SHARE OR NOT TO SHARE,
EITHER WAY, YOU JUST HAVE TO
TRY THESE TRAWLER-SIZED PORTIONS!



COMPLETE
YOUR MEAL

* End your meal with a sweet treat
for only AED22 each!



Super
Fruit
Crumble



Strawberry
Flamin'-Go



LOOK IN THE HOSTILE AND
FLAVOR SO YOU CAN TASTE THE
SEAFOOD AT ITS BEST.

B1 *Pepper Mayo* **SALMON BURGER**

A juicy salmon fillet, poached in a delicious stock for more natural goodness. Topped with a sunny side up and drizzled with pepper mayo, it's a dish to dive for!

AED45

B2 *Curry Mill* **SEAFOOD**

Inspired by Murray Hill in Manhattan, affectionately known as Curry Hill by New Yorkers, this curry creation comes with a choice of slipper lobster or prawns. Served with battered veggie sticks and crispy baguette for you to soak up the flavorful sauce.

★ Slipper Lobster

AED69

★ Prawns

AED55

B3 *Red Hot* **STEW**

Seafood stewed in a delicious hot broth. We bet you'll get hooked to that spicy kick! Choice of baguette or Garlic Herb rice on the side.

AED45



B1



B3



B2



Try our other frying squad.

76 FEEESH 'N CHEESE

Want the best of both worlds? Enjoy your Manhattan Fish 'n Chips with delicious Cheddar Cheese. Choices of fish variety are the same as Manhattan Fish 'n Chips.

AED 55



CRISPY WHOLE TILAPIA

For the fish lover who loves their fish whole, this fish is fried to perfection and served with Garlic Herb rice and hot veggies, topped with your choice of Fiery Hot or Garlic Herb sauce.

AED 55

F7 Fiery Hot Sauce F5 Garlic Herb Sauce



79 COUNTRY-STYLE FRIED CHICKEN

Country-style fried chicken with a good old-fashioned Southern taste. Comes with a side of pepper mash and cranberry coleslaw.

AED 45



710 FISHY CHICKY BANG BANG

It's a match made in cheddar cheese heaven with dory fillet on one side and chicken fillet on the other. Comes with a sunny side up, nestled on a fried spaghetti bed.

AED 55



COMPLETE YOUR MEAL

AED 20



PERFECT CATCH

Soup of the Day
+ any Fizzies or Iced Lemon Tea
or Iced Peach Tea

AED 30



SUPREME CATCH

Chowder / Soup of the Day
+ any selection of beverage

FLAMING

11 MANHATTAN FLAMING SEAFOOD PLATTER

TASTE THE LEGEND

The indisputable No. 1 choice of our fans! This platter serves up generous portions of hand-battered fish filets, oysters and calamari. The highlight is our Manhattan Flaming Prawns, brought to full flavor when our Sea-ore Agents flame right before your eyes!

ENJOY DORY OR UPGRADE TO A PREMIUM FISH:

DORY
AED 135

NILE
PERCH
AED 139

CHERRY
SNAPPER
AED 139

SALMON
AED 145

COD
AED 142

12 MANHATTAN STAR PLATTER

SUPERSTAR LINE UP

You'll love the Manhattan Star Platter with its seafood cooked 3 ways. Grilled calamari, fried oysters, poached Garlic Herb mussels, Manhattan Flaming Prawns and your choice of

MEDITERRANEAN BAKED FISH

OR

SPICY BAKED FISH

AED 139



COMPLETE
YOUR MEAL



End your meal with a sweet treat!
Try our Sizzling Banana Fritters
with ice-cream at only AED 27



Sizzling Banana Fritters
with ice-cream