

SALADS



Hand-Tossed Caesar Salad with Chicken

Hand-Tossed Caesar Salad

Fresh, crisp romaine lettuce tossed with Caesar dressing and topped with Parmesan cheese. AED 19

Wood-Grilled Chicken: AED 29

Wood-Grilled Shrimp: AED 35

BBQ Salmon Salad

BBQ glazed salmon heaped on a bed of crisp romaine lettuce, pico de gallo, tortilla chips and Cheddar cheese tossed in cilantro ranch dressing.

AED 39

Bar Harbor Salad

Chopped salad, dried berries and honey roasted pecans tossed in a Blueberry Balsamic Vinaigrette. Crumbled Blue cheese served upon request.

Wood-Grilled Chicken: AED 39

Wood-Grilled Shrimp: AED 49

Wood-Grilled Salmon: AED 55



Lobster Mac & Cheese

Lobster Mac & Cheese

Decadent lobster meat, shrimp, white cheddar cheese and cavatappi pasta together, baked golden brown with a Parmesan Panko topping.

AED 65



Cajun Chicken Linguini Alfredo

Cajun Chicken Linguini Alfredo

Spicy, tender chicken breast tossed in a garlic Parmesan cream sauce on a bed of linguini.

AED 52

ENJOY OUR COMPLIMENTARY CHEDDAR BAY BISCUITS & ADD AED 5 FOR GREEN SALAD WITH EVERY ENTRÉE

EXTRAS

SOUPS



Coastal Clam Chowder Soup

Coastal Clam Chowder Soup

Unique Clam Chowder soup now comes in a warm sourdough bread bowl.

AED 35

Coastal Lobster Bisque Soup

Red Lobster signature Lobster Bisque soup served in our sourdough bread bowl.

AED 39

Coastal Wild Mushroom Soup

Our famous Wild Mushroom soup in our delicious sourdough bread bowl.

AED 35

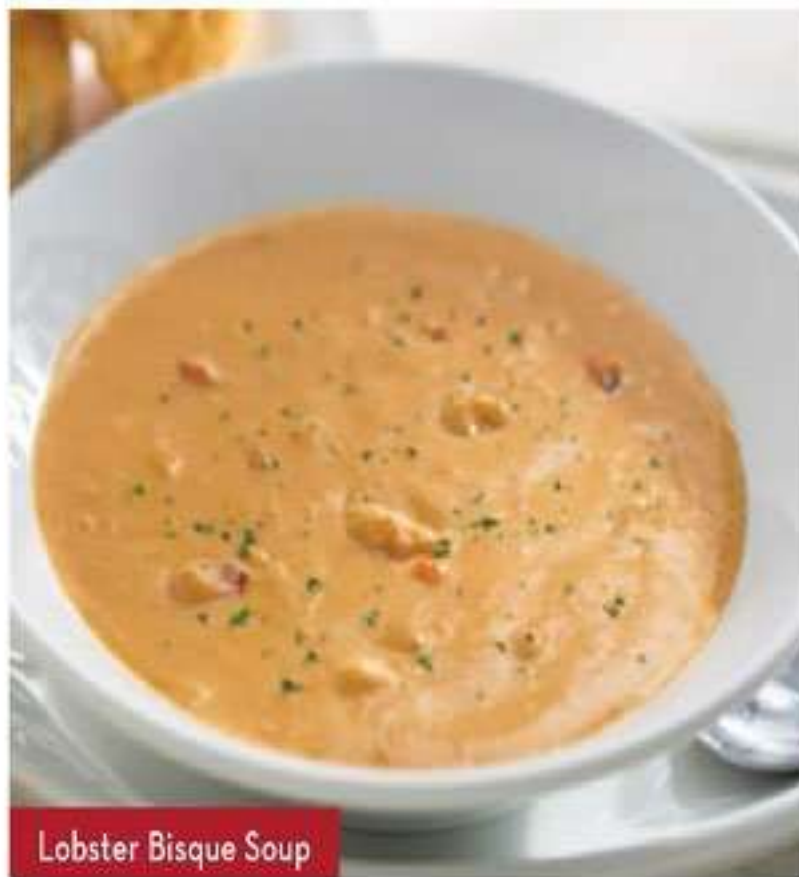
Wild Mushroom Soup

Cup AED 17

Bowl AED 19



New England Clam Chowder Soup



Lobster Bisque Soup

New England Clam Chowder Soup

Cup AED 17

Bowl AED 19

Lobster Bisque Soup

Cup AED 19

Bowl AED 25

APPETIZERS

SEASIDE STARTERS



Lobster Nachos

Lobster Nachos

Crispy tortilla chips topped with lobster, creamy Cheddar and Monterey Jack cheese, fresh pico de gallo, jalapeno peppers and sour cream.

AED 47

Roasted Garlic Mussels

With roasted tomatoes and green onions.

AED 59

ENTRÉES

SURF & TURF



NY Strip & Rock Lobster Tail

NY Strip & Rock Lobster Tail

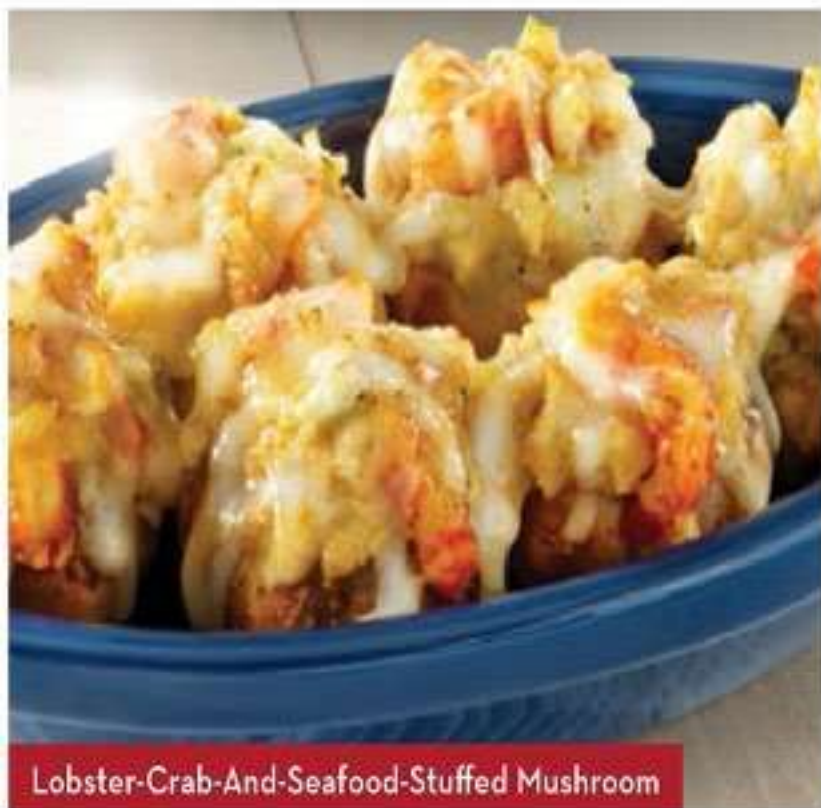
A lightly seasoned, wood-grilled 12oz. (340g) center-cut NY Strip and our oven-roasted rock lobster tail.

AED 139

Wood-Grilled Scallops, Shrimp & Chicken

Skewered sea scallops, shrimp and a tender chicken breast with a buttery garlic finish, over wild rice pilaf.

AED 79



Lobster-Crab-And-Seafood-Stuffed Mushroom

Lobster-Crab-And-Seafood-Stuffed Mushroom

Fresh mushrooms stuffed with seafood, smothered in Monterey Jack cheese and baked golden brown.

AED 39



Sweet Chili Shrimp

Sweet Chili Shrimp

A dozen hand-battered shrimp tossed in a Spicy Chili Sauce.

AED 42

Create Your Own APPETIZER

Choose Any
THREE

AED 49

Crispy Calamari and Vegetables

Chicken Breast Strips

Stuffed Mushrooms

Clam Strips

Mozzarella Cheesesticks

STEAK & CHICKEN



Sirloin Steak with Cajun Portobello Sauce

Sirloin Steak with Cajun Portobello Sauce

Our center-cut sirloin wood-grilled and topped with Cajun Mushroom Sauce.

AED 85

🔥 Wood-Grilled Burger

Topped with lettuce, tomato and your choice of cheese. Served with french fries.

AED 39

Center-Cut NY Strip Steak

A generous 12oz. (340g) USDA choice center-cut NY Strip, lightly seasoned and grilled over wood fire.

AED 99

Lemon Chicken Artichoke

Wood-grilled chicken breasts topped with fire-roasted artichokes and roasted red tomatoes in a creamy Lemon Garlic Sauce. Served over mashed potatoes.

AED 59

FISH



Roasted Fish in a Bag

Roasted Fish in a Bag

Fresh fish, seasoned and roasted in a parchment bag with asparagus, artichokes and wild rice pilaf.

AED 79

Parmesan-Crusted Tilapia

Tilapia topped with a creamy blend of Parmesan cheese and breadcrumbs, then baked crispy and golden. Served with fresh broccoli.

AED 65

Fresh Fish

Fresh fish can be prepared on our wood-grill, oven-broiled or blackened.

Salmon

AED 69

Hammour

AED 79

LOBSTER & CRAB



Lobster Lover's Dream

Lobster Lover's Dream

A tend split Maine lobster tail, Rock lobster tail and our signature lobster and shrimp pasta.

AED 159

Live Lobster 1.25 lb. (566g)

Our fresh, live Maine lobster is served steamed, roasted or grilled.

AED 149

Live Lobster 1.25 lb. (566g) Mediterranean

Wood-grilled Main lobster marinated in our light creamy garlic & lemon Mediterranean sauce.

AED 159

Snow Crab Legs

0.5kg, steamed and served with melted butter.

AED 75



Live Lobster 1.25 lb. (566G) Thermidor

Live Lobster 1.25 lb. (566G) Thermidor

Fresh, live Maine lobster served with creamy Parmesan cheese sauce.

AED 159



Bar Harbor Lobster Bake

Bar Harbor Lobster Bake

A roasted split Maine lobster tail, tender shrimp, sea scallops, mussels, and linguini in a garlic and seafood broth.

AED 135

ENJOY OUR COMPLIMENTARY CHEDDAR BAY BISCUITS & ADD AED 5 FOR GREEN SALAD WITH EVERY ENTRÉE



Wood-Grilled Southwest Chicken Sandwich

Wood-Grilled Southwest Chicken Sandwich

Topped with apple-wood smoked beef bacon, crispy onion rings, cheddar cheese and creamy BBQ Sauce. Served with french fries.

AED 39



NEW Portobello Grilled Chicken

NEW Portobello Grilled Chicken

Dual chicken breasts cooked on our wood-grill smothered in Cajun Mushroom Sauce. All served over mashed potatoes.

AED 59

ENJOY OUR COMPLIMENTARY CHEDDAR BAY BISCUITS & ADD AED 5 FOR GREEN SALAD WITH EVERY ENTRÉE

SEAFOOD COMBINATION



NEW Wood-Grilled Lobster, Shrimp & Salmon

NEW Wood-Grilled Lobster, Shrimp & Salmon

A split Maine lobster tail, skewered jumbo shrimp and salmon, brushed with brown butter. Served over green beans and baby gold potatoes.

AED 119

Peach BBQ Shrimp & Scallops

Skewered, wood-grilled shrimp and beef bacon-wrapped sea scallops with a peach BBQ Sauce, over crispy onion rings.

AED 69

Maple-Glazed Salmon & Shrimp

Wood-grilled fresh salmon and skewered shrimp, topped with a maple-cherry glaze. Served over wild rice pilaf.

AED 75



 **Fish Skewers**
A generous portion of fresh fish and vegetable skewers, marinated with Arabic spices and wood-grilled to perfection. Served over saffron rice.
AED 89



Hand-Battered Fish and Chips
Served with tartar sauce and malt vinegar.
AED 59

ENJOY OUR COMPLIMENTARY CHEDDAR BAY BISCUITS & ADD AED 5 FOR GREEN SALAD WITH EVERY ENTRÉE

APPETIZERS

SEASIDE STARTERS



Seaside Sampler



Crispy Calamari and Vegetables

Seaside Sampler

Lobster-Crab-and-Seafood-Stuffed mushrooms,
Parrot Isle Coconut Shrimp and Sweet Chili Shrimp.

AED 49

Crispy Calamari and Vegetables

A generous portion of hand-breaded golden-fried
calamari, broccoli and red bell peppers. Served with
tangy marinara and creamy ranch.

AED 35

ENTRÉES

SEAFOOD COMBINATION



Arabian Gulf Catch

Arabian Gulf Catch

A colorful mix of grilled hamour, salmon and shrimp marinated in a rich lemon, garlic and butter sauce. Served with saffron rice and vegetables. A doubled sized portion for 2.

AED 127



Steak Lobster & Shrimp Oscar



Wood-Grilled Peppercorn Sirloin & Shrimp

Steak Lobster & Shrimp Oscar

A wood-grilled NY strip smothered with our buttery lobster and shrimp sauce.

AED 109

Wood-Grilled Peppercorn Sirloin & Shrimp

Our center-cut sirloin rubbed with peppercorn seasoning and a skewer of shrimp(6 pcs) finished with a buttery garlic glaze. Served over home-style mashed potatoes.

AED 92

ENJOY OUR COMPLIMENTARY CHEDDAR BAY BISCUITS & ADD AED 5 FOR GREEN SALAD WITH EVERY ENTRÉE

Golden Onion Rings

Thinly sliced onion rings fried golden and served with a Jalapeno Ranch dipping Sauce.

AED 27

Mozzarella Cheesesticks

Served with tangy marinara.

AED 27

Lobster-Artichoke-And-Seafood-Dip

A creamy three-cheese blend with artichokes, spinach, Maine lobster, and seafood. Served with tortilla chips and pico de gallo.

AED 35



Lobster Pizza

Lobster Pizza

A crisp thin-crust pizza topped with lobster meat, melted mozzarella cheese, fresh tomatoes and sweet basil.

AED 39



Spicy Buffalo Chicken Bites

Spicy Buffalo Chicken Bites

Tender strips of chicken breast, hand-battered and tossed in a spicy Buffalo Sauce . Topped with Blue Cheese crumbles.

AED 37

Parrot Isle Jumbo Coconut Shrimp (10 Pcs.)

Hand-dipped in our signature butter, then tossed in coconut and fried golden brown. Served with baked potato and pina colada sauce.

AED 59



Hand-Breaded Shrimp Basket

Hand-Breaded Shrimp Basket

A generous portion of our shrimp, lightly battered and fried to golden brown. Classically served over French fries in a basket.

AED 75



Grilled Shrimp Skewers

Two skewers of wood-grilled shrimp over wild rice pilaf and your choice of side order.

AED 79



Grilled Jumbo Shrimp



Grilled Jumbo Shrimp

Our largest shrimp. Whole jumbo shrimp marinated with Arabic spices & wood-grilled. Served with saffron rice & roasted vegetables.

4 pcs AED 119

6 pcs AED 159

ENJOY OUR COMPLIMENTARY CHEDDAR BAY BISCUITS & ADD AED 5 FOR GREEN SALAD WITH EVERY ENTRÉE

SHRIMP



Lobster & Crab Stuffed Shrimp



Seaside Shrimp Trio

Lobster & Crab Stuffed Shrimp

Decadent crab, lobster and seafood stuffing top these colossal shrimp. The roasted stuffed shrimp are topped with cheese and Garlic-Lobster-Cream Sauce.

AED 99

Seaside Shrimp Trio

A generous sampling of our hand-breaded shrimp, savory garlic shrimp scampi and shrimp linguini Alfredo.

AED 75



Wood-Grilled Lobster, Shrimp & Scallops



Lobster & Shrimp Trio



Wood-Grilled Lobster, Shrimp & Scallops

A split Maine lobster tail and skewered shrimp(6 pcs) and sea scallops with a buttery garlic finish, over wild rice pilaf.

AED 119



Lobster & Shrimp Trio

A wood-grilled Maine lobster tail, garlic-grilled shrimp, and lobster-and-shrimp mac 'n' cheese with a white Cheddar and beef bacon sauce, topped with Parmesan crumbs. Served with wild rice pilaf.

AED 119

ENJOY OUR COMPLIMENTARY CHEDDAR BAY BISCUITS & ADD AED 5 FOR GREEN SALAD WITH EVERY ENTRÉE