



NATURAL
ELEMENTS
SPA & FITNESS



REJUVENATE YOUR SENSES

Enter a sanctuary of rejuvenation at **Natural Elements Spa** to discover holistic wonders that revitalise your body, mind and spirit. We offer an extensive menu of signature therapies for both male and female guests including purifying body wraps, facials and full body massages.

Boost your physical strength at **Natural Elements Fitness** with our spacious state-of-the-art facility overlooking the swimming pools and lush gardens. We guide you through every aspect of your workout with certified personal trainers and offer a wide range of equipments to achieve your goals.

NATURAL ELEMENTS FACIALS

Pevonia Refresher Facial

A thoroughly cleansing facial including light exfoliation, a pore refining mask suitable to your skin type, sensitive, dry or combination and a moisturizing cream that leaves your skin refreshed and revitalized.

AED
400

Prescriptive Basic Facial

A purifying treatment consisting of steaming, exfoliation, deep cleansing of clogged pores, a gentle face, neck and décolleté massage and a mask suitable to your skin type, sensitive, dry or combination.

495

Luminous “C” & “Sea” Facial

A highly repairing treatment for dehydrated skin that leaves you with a more radiant and glowing appearance. This facial combines the high potency of Vitamin “C” with a stimulating freeze-dried seaweed rendering skin firmer brighter, more rejuvenated and velvety-soft. An excellent treatment for smokers and sunbathers with sun-damaged skin.

950

Myoxi Caviar & Pearls Facial

Nourish and repair your skin with Caviar and Pearl. This opulent anti-aging treatment lavishes your skin with pure Caviar, Asian Pearl and a revolutionary blend of phyto-extracts: Escutox®. A luxurious rejuvenating mask is applied to increase your skin's oxygenation and suppleness while reducing fine lines and strengthening elasticity.

1350

De-Stress Eye Treatment

A natural fiber mask treatment that soothes, cools and decongests your fragile eye contour while visibly reducing puffiness and dark circles with an instant-release collagen biomatrix infused with ginkgo biloba. An ideal anti jet lag treatment.

315

Cancellation Policy

If an appointment is cancelled 6 hours prior to the booking or in case of a no show, 50% of the treatment value will be charged to the customer.

An additional AED 100 is applicable for treatments at Le Royal Club Spa, including access to the sauna, steam and snow cave.

NATURAL ELEMENTS BODY CARE

Holistic Total (Tropical Exfoliation + Anti Aging Balm)

Crème Fraiche wrap drenched with Papaya-pineapple fruit extracts to firm and repair your skin! Enriched with crème Fraiche natural butter, calcium, a high content of vitamin A, pomegranate extract and other anti-aging ingredients such as collagen poly-peptides (wrinkle smoothing) and elastin polypeptides (firming). The luscious crème Fraiche formula is applied all over your body for a glorious sensory escape. As you are enveloped by the scent of vanilla and enticing tropical fruit, your skin is deeply nourished and rejuvenated revealing an astonishing youthful look.

AED
495

Lumafirm Body Wrap (with Scrub)

Firm, glow, and go! Feel confident looking your very best with the Lumafirm® Firm & Glow Body Wrap. Enriched with an exclusive combination of anti-aging extracts, the latest in peptides and an amazing liposomal technology to deeply repair and smoothen skin. This wrap leaves every inch velvety soft, visibly rejuvenated, youthfully radiant, instantly firmer, and more toned. Experience the difference for yourself.

760

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The Moroccan Hammam experience is available at Le Royal Club Spa for ladies only.

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Your treatment starts with a traditional Hammam experience using a natural Moroccan soap, Savon Noir with herbs, followed by a deep full body exfoliation and hair wash.

AED
350

A signature Hammam ritual that includes application of a unique Moroccan soap with herbs, deep full body exfoliation, scalp massage with Argan Oil and customary Moroccan hair wash treatment.

450

A unique Hammam experience that includes a Moroccan soap application containing herbs and full body exfoliation. The treatment continues with a green coffee detox body mask followed by a scalp massage, using Moroccan grandmas recipes, and a customary Moroccan hair wash treatment.

550

This exclusive Hammam experience consists of a unique Moroccan soap application, Savon Noir with mixed herbs and Argan Oil. The treatment continues with a full body exfoliation, scalp massage, hair wash treatment and a Moroccan Ghasool body mask.

650

This exclusive Hammam experience consists of a unique Moroccan soap application, Savon Noir with mixed herbs and Argan Oil. The treatment continues with a full body exfoliation, scalp massage, hair wash treatment, Moroccan Ghasool body, blow-dry and a manicure.

850

If an appointment is cancelled 6 hours prior to the booking or in case of a no show, 50% of the treatment value will be charged to the customer.

A relaxing massage designed to transport you into a state of deep relaxation. Using oils and classic massage styles; this treatment relieves stress and soothes minor muscle aches while improving circulation.

AED
400

A holistic therapy that treats the mind, body and spirit. The essential oils applied to the body enter the skin through the hair follicles and are absorbed into the blood stream and circulated around the body.

400

A deep tissue massage that relieves tension, enhances circulation and helps remove the toxins resulting from athletic performance.

450

A full body massage using medicated herbal oils that facilitates the removal of toxins, stiffness and heaviness as well as relieves physical and mental pressure.

450

A Thai massage that blends techniques from the east and west, combining deep relaxing strokes, aromatic massage oil and yoga stretches.

495

A relaxing Thai massage that relieves stress and fatigue, boosts the emotional and physical well-being, aligns the body's posture, improves blood and lymph circulation and stimulates the internal organs.

650

A deep tissue massage using the heat of the stones to relax your muscles, release tension and ease sore muscles.

460

A combination of Deep Tissue Massage and Heat Stone Massage.

650

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An additional AED 100 is applicable for treatments at Le Royal Club Spa, including access to the sauna, steam and snow cave.

NATURAL ELEMENTS

AYURVEDIC MASSAGES

& SPECIALTY MASSAGE

AYURVEDIC MASSAGES

Ayurvedic Foot Massage | 30 Minutes

An Ayurvedic foot massage revitalizes the entire body and nervous system by unwinding the physiology. This treatment renders a sense of resurgence, increases energy and improves blood circulation.

AED 300

Ayurvedic Head Massage | 30 Minutes

An Ayurvedic scalp or cranial massage therapy that concentrates on the head and the lower back, upper back, hands, arms, shoulder, neck and forehead bringing total relaxation to the soul, mind and body.

200

Ayurvedic Face Massage | 30 Minutes

Relaxes your facial muscles from their contracted state. It removes any stress induced blockages that are present in the muscles.

200

Ayurvedic Energy Back, Neck & Shoulders Massage | 30 Minutes

A gentle soothing massage that relieves tension and generates the flow of vital energy. A warm Ayurvedic oil is applied on the back, neck and shoulders to massage the "marma points", the node points or junctures of energy flow in the body.

350

SPECIALTY MASSAGE

NE Signature Treatment | 75 minutes

A healing experience that utilizes prana (Universal Energy or Life Force) to harmonize and transform the body's energy processes. This treatment starts with a foot scrub followed by a full body and energy balancing forehead massage.

600

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NATURAL ELEMENTS

ELEMENTS PACKAGES & MASSAGES

ELEMENTS PACKAGES

Jet Lag Remedy | 90 Minutes

Includes Back, Neck & Shoulders Massage
De-Stress Eye Treatment
Hydro-Therapy Bath

AED 620

Deluxe Jet Lag Remedy | 120 Minutes

Includes Swedish Body Massage
De-Stress Eye Treatment
Hydro-Therapy Bath

750

Ayurvedic Specialty Pack | 90 Minutes

Includes Ayurvedic Foot & Head Massage
Ayurvedic Back, Neck & Shoulders Massage

750

Executive Renewal Pack | 150 Minutes

Includes Holistic Total Body Scrub
Aromatherapy Massage
Pevonia Refresher Facial

950

ELEMENTS MASSAGES

Back, Neck & Shoulders Massage | 30 Minutes

This massage focuses on the major areas of tension by relieving stress and improving circulation especially in the back, neck and shoulder areas.

280

Head Massage | 30 Minutes

This treatment relieves stress by stimulating the scalp and is ideal for curing insomnia, fatigue, headaches, sinusitis and migraines.

185

Hydro-Therapy Bath | 30 Minutes

A therapeutic water massage treatment using underwater jets. The stimulating effect of water enhances circulation and relieves tension.

250

Reflexology | 45 Minutes

A foot massage that focuses on the reflex points corresponding to different body parts.

320

Foot Massage | 30 Minutes

A foot massage that improves circulation, stimulates muscles, reduces tension and eases pain.

220

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NATURAL ELEMENTS

SALON SERVICES

Salon Services are available at
Natural Elements Spa only.

ELEMENTS PACKAGES

AED

NAILS

Regular Manicure 45 Minutes	110
Regular Pedicure 60 Minutes	130
French Manicure 60 Minutes	125
French Pedicure 75 Minutes	140
Shellac Manicure 90 Minutes	175
Shellac Pedicure 90 Minutes	195
Luxury Spa Manicure 90 Minutes	300
Luxury Spa Pedicure 120 Minutes	350

FACE

Threading - Per Area 15 Minutes	25
Eyebrow Clean-Up / Shaving 20 Minutes	40

HAIR

Hair Style	250-500
Roots/Full Highlights	200-500
Haircut	150-250
Blow Dry	100-200
Roots/Full Hair Color	250-600

WAXING LADIES

Eyebrows	40
Lip	30
Face	100
Underarm	50
1/2 - Leg / Arms	90
Full Leg	175
Brazilian	180
Bikini	100

WAXING GENTLEMEN

Face	100
Underarm	50
1/2 - Leg / Arm	110
Back	200
Chest	150
Full Leg / Full Arms	225

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SPA & FITNESS

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NATURAL ELEMENTS FACIALS

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Myoxi Caviar & Pearls Facial	1350
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NATURAL ELEMENTS BODY CARE

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Lumafirm Body Wrap (with Scrub)	760

NATURAL ELEMENTS MOROCCAN HAMMAM*

The Traditional Hammam Experience 45 minutes	350
The Signature Hammam Experience 60 minutes	450
The Detox Hammam Experience 75 minutes	550
Le Royal Club Hammam Experience 90 minutes	650
The Pampering Hammam Experience	850

NATURAL ELEMENTS FULL BODY MESSAGES

Swedish Body Massage 60 Minutes	400
Aromatherapy Massage 60 Minutes	400
Sports Massage 60 Minutes	450
Abhyanga Ayurvedic Specialty Massage 60 Minutes	450
Aromatic Thai Massage 60 Minutes	495
Royal Thai Massage 75 Minutes	650
Hot Stone Massage 60 Minutes	460
Sports & Hot Stone Massage 75 Minutes	650

NATURAL ELEMENTS AYURVEDIC MESSAGES

Ayurvedic Foot Massage 30 Minutes	300
Ayurvedic Head Massage 30 Minutes	200
Ayurvedic Face Massage 30 Minutes	200
Ayurvedic Energy Back, Neck & Shoulders Massage 30 Minutes	350

NATURAL ELEMENTS SPECIALTY MESSAGE

NE Signature Treatment 75 minutes	600
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NATURAL ELEMENTS ELEMENTS PACKAGES

Jet Lag Remedy 90 Minutes	620
Deluxe Jet Lag Remedy 120 Minutes	750
Ayurvedic Specialty Pack 90 Minutes	750
Executive Renewal Pack 150 Minutes	950

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Haircut	250-150
Blow Dry	200-100
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Eyebrows	40
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Face	100
Underarm	50
2/1 - Leg / Arms	90
Full Leg	175
Brazilian	180
Bikini	100

WAXING GENTLEMEN

Face	100
Underarm	50
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Chest	150
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