

MENU



STARTERS

CALAMARI 100G

Deep fried calamari strips served with a homemade tartar sauce and fries

CHILLI POPPERS

Jalapeños stuffed with 3-cheese combination and served with sweet chilli mayo dip

PERI-PERI CHICKEN LIVERS

Peri-Peri chicken livers served with focaccia

CRUMBED MUSHROOMS

Served with tartar sauce

JOU MA SE PLATTER

A large basket of chips with bbq chicken wings, grilled beef strips and tender calamari served with sweet potato chips & crumbed mushrooms or chilli poppers

MAINS

SIRLOIN STEAK 250G

Char-grilled sirloin steak served with fries

FILLET STEAK 200G

Char-grilled fillet steak served with fries

CALAMARI STRIPS 200G

Tender calamari strips served with homemade tartar and fries

JOU MA SE GATSBY

Our own version of the popular Cape Town Gatsby: a half-sized baguette filled with lamb, fries, lettuce, tomato and homemade minty sauce

PUMPHOUSE HOUSE SALAD

Green salad crispy lettuce, cucumber, cherry tomato, feta, olives, garlic, croutons and smooth herb dressing. Personalise your salad from the Extras section
Vegan option can be arranged

JOU MA SE BURGER

BEEF: Flame grilled beef burger with burger sauce, cheese, gherkins and caramelised onion served with fries

NEW CHICKEN: Chicken breast burger with a burger sauce, tomato and gherkins served with fries

VEGETARIAN: A patty of chickpea & sweetcorn, recipe by Chef Thierry, with burger sauce, cheese and gherkins served with sweet potato fries.
Vegan option can be arranged

BUNLESS: The above burgers can be served without a bun & added sweet potato fries and a tangy salsa

BURGER TOPPINGS: Pesto & mozzarella or blue cheese

PIZZAS *Available on a Gluten Free Base for R25 extra*

65 **THE CONNOLLY** 95
Napolitana, cheese and roasted cherry tomatoes

60 **THE MURPHY** 115
Smoked or spicy chicken, mushroom and red onion

55 **THE PRYOR** 120
Basil chilli chicken, peppadews and feta

50 **THE SCHOONRAAD** 135
Cheese, smoked chicken, camembert, rocket, caramelised onion and balsamic reduction

245 **THE IZZARD** 125
Vegetarian: Roasted mixed vegetables with feta, pine nuts & red onion with mixed cheese

EXTRAS

Side Chips	35	Smoked Chicken	35
Side Salad	35	Peppadews	20
Mushroom Sauce	25	Jalapeño	20
Olives	20	Chilli	20
Spicy Chicken	30	Caramelised Onion	20
Cheddar Cheese Sauce	30	Garlic	20
Cheese	25		

DESSERTS

120 **DARK CHOCOLATE BROWNIES** 65
Homemade brownies with Bar One chocolate sauce, vanilla ice cream & a strawberry coulis

130 **BAR ONE SUNDAE** 55
Ice cream, Bar One sauce, cream and a maraschino cherry

65 **DOM PEDRO** 45
Whiskey, Kahlua, Frangelico, Amarula

95 **MILKSHAKES** 40
Chocolate, Strawberry, Lime

All prices exclude standard service charge of 10%, which will be added to your bill. If for any reason you are less than dazzled by our service, please let us know. You are welcome to add a gratuity at your discretion.

BAR MENU



BEER

Amstel	32
Beck's (non-alcoholic)	42
Black Label	32
Castle	32
Castle Lite	32
Heineken	37
Windhoek Lager	32
Windhoek Lite	32
Peroni	42
Corona	45
Black Label Draught 300 ml	37
Black Label Draught 500 ml	47
Castle Lite Draught 300 ml	37
Castle Lite Draught 500 ml	47
Castle Lite Draught 750 ml	65

CRAFT BEER

Jou Ma Se Brew by Drifter	50
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CIDER/COOLERS

Smirnoff Spin	40
Brutal Fruit Strawberry	30
Hunter's Dry	35
Hunter's Gold	35
Savanna Dry	35
Savanna Dry Draught 300 ml	35
Savanna Dry Draught 500 ml	45
Savanna Light	35
Savanna Loco	35

BRANDY

Klipdrift	25
Klipdrift Premium	26
Richelieu	25
KWV 5yr	25
KWV 10yr	26

COGNAC

Bisquit VS Cognac	40
Hennessy	40

WHISKEY

Bell's	25
J&B	25
Jack Daniels	30
Jameson	30
Johnny Walker Red Label	25
Johnny Walker Black Label	40
Southern Comfort	25
Bain's	30
Chivas Regal	40

SINGLE MALT

Glenmorangie 10yr	60
Dalwhinnie 15yr	85
Glenlivet 12yr	48

VODKA

Smirnoff Red	25
Absolut Vodka	26
Wyborowa Vodka	25
Cruz Vodka	30

RUM

Red Heart	25
Spiced Gold	25
Bacardi	25
Captain Morgan Dark Rum	25
Havana Club	25

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Gordon's	25
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TEQUILA

Poncho's Reposado	18
Poncho's Coffee	30

SHOOTERS

Jägermeister	30
Apple Sours	25
Flavoured Vodka (Carvo)	27
Kandi Cookies & Cream	25
Lupini Sambuca Black	25
Patron XO	35
Springbok	35
Blowjob	35
Nutty Blowjob	35

LIQUEURS

Kahlua	25
Amarula Cream	25
Oude Meester Peppermint	25

RED WINE

Kannonkop Kadette	275
Beyerskloof Pinotage	230
Tall Horse Cabernet Sauvignon	140 / 35
Tall Horse Shiraz	140
Nederburg Baronne	165
Du Toitskloof Pinotage/Merlot	150
Durbanville Hills Merlot	165
Nederburg 5600 Merlot	165 / 40

WHITE WINE

Tall Horse Sauvignon Blanc	140 / 35
Tall Horse Chardonnay	140 / 35
Nederburg 5600 Sauvignon Blanc	140 / 40
Durbanville Hills Sauvignon Blanc	165
Durbanville Hills Chardonnay	165
Neethlingshof Chenin Blanc	210

WHITE BLENDS/ROSÉ

Pierre Jourdan Tranquille	170
Du Toitskloof Rose	135 / 35

SPARKLING WINE

Simonsig Kaapse Vonkel	300
J.C. Le Roux Sauv Blanc	200
J.C. Le Roux Brut	250
J.C. Le Roux Fleurette	200

SOFT DRINKS

Coke	23
Coke Lite	23
Lemonade	23
Soda Water	23
Dry Lemon	23
Tonic	23
Ginger Ale	23
Appletiser	35
Red Grapetiser	35
Coke Zero	23
Red Bull	45
Red Bull Sugar Free	45
Still H2O 500 ml	23
Still H2O 1.5 L	35
Sparkling H2O 500ml	23
Sparkling H2O 1 L	30
Orange Juice	23
Cranberry Juice	23
Pineapple Juice	23
Rock Shandy	45
Steelworks	30

TEA/COFFEE

Irish Coffee	40
Kahlua Coffee	40
Amarula Coffee	40
Nutty Coffee	40
Ceylon & Rooibos Tea	20
Filter Coffee	20

