BODY CARE TREATMENT

Head, Neck & Shoulder Massage

An ideal way to deal with stress is to get a blissful and perfect head massage. It is safe, simple, and yet the most effective therapy, which is popular for relieving numerous symptoms of stress. This type of therapy gives amazing results and treats various conditions such as the relief of a headache, removal of physical and emotional stress, treatment of neck, shoulder, and upper arm pain calming of stiff muscle areas, treatment of eye strain, etc.

40 mins AED 345

Foot Reflexology Massage

Known as zone therapy, it is an alternative medicine involving the application of pressure to the feet with specific thumb, finger, and hand techniques with minimal use of oil or lotion. It is based on a pseudoscientific system of zones and reflex areas that purportedly reflect an image of the body on the feet with the premise that such work affects a physical change to the body.

30 mins AED 245 | 60 mins AED 325

Royal Thai Traditional Massage

A Thai Massage aims to relieve pain in joints and sore muscles through a vigorous yet comfortable set of assisted yoga-like stretches. It stimulates different pressure points to improve the circulation of blood and internal energy. The deep and continuous strokes into the muscle tissue result in the easing of muscle pain and any tension to restore the former elasticity. Sore muscles and joints relax and retrieve normal functioning which soothes pain and de-stresses the body.

60 mins AED 475 | 90 mins AED 575

120 mins AED 675

Swedish Massage

The best-known type of therapy work in existence. Its long gliding strokes are scientifically designed to stimulate the flow of blood and therefore increase oxygen, improving clogging in the arteries and decreasing muscle toxins. This massage will surely give you the agility and vigor you need for your daily activities.

60 mins AED 475 | 90 mins AED 575

120 mins AED 675

The Aroma De-Stress Massage

Calms, balances and harmonize the body with this enchanting massage technique. Infusing essential oil blends to penetrate your nostrils and signal your brain for peace and relaxation. We combine long, mild pressure stroke that works on your blood circulation and lymph drainage boosting self-healing in the body. It helps the body actively fight infection while you are relaxing.

60 mins AED 475 | 90 mins AED 575

120 mins AED 675

Deep Tissue Massage

The type of massage that penetrates the deeper muscles and fascia layers. It uses deep, strong, and steady pressure to relieve the tension from your body. It is designed to manually work on the physical and psychological stress and improve your athletic performance to combat pain and muscle spasms. The intense point-grip-release technique makes you relax, decreases depression, and lower anxiety.

60 mins AED 575 | 90 mins AED 675

120 mins AED 775

Balinese Massage

This revitalizing massage therapy uses a combination of acupressure, reflexology, and aroma therapy utilizing the knuckles and hand pressure technique. It cures muscle tissues; relieves joint pain and eases stressed muscles. This is the best treatment to regain harmony of body and mind.

55 mins AED 475 | 90 mins AED 575

120 mins AED 675

Shiatsu Massage

Shiatsu means "finger pressure" in Japanese. During this type of massage, Shiatsu therapists use firm pressure and muscle manipulation techniques using not only fingers, but also elbows, knees, and feet. This pressure is placed along specific points of your body, called meridians, to release Tension.

60 mins AED 575 | 90 mins AED 675

120 mins AED 775

Lomi Lomi

Lomi Lomi is a restorative Hawaiian massage that works gently, yet deeply into the muscles with continuous, flowing strokes. This allows the recipient to relax due to the hypnotic effect, bringing your mind to a place of absolute stillness. Touch, rhythm, and ancient wisdom come together, allowing healing to occur.

60 mins AED 575 | 90 mins AED 675

120 mins AED 775

Aromatic Candle Massage

Candle massages are extremely relaxing and will awaken your senses. Relax and calm your mind in a warm and intimate room, softly lit by the flame of the candle. The soothing aroma of the candle will take you on a journey of senses. A massage combining warm essences and expert movements will leave you rejuvenated.

60 mins AED 575 | 90 mins AED 675

120 mins AED 775

Hot Stone Massage

Take a break and heal your body and soul with this healing stone treatment. Each stone placement and stroke has a sedative effect to relieve chronic pain, reduce muscle tension, regulate blood circulation and promote deep relaxation.

60 mins AED 575 | 90 mins AED 675

120 mins AED 775

Herbal Compress Thai Ball (Bolus Massage)

Melt away your body aches with this ancient technique of "poultice" or "herbal hot compress" combined with acupressure. This treatment will boost your emotional and physical well-being, assist in alignment and postural strengthening as well as stimulate your lymphatic flow to relieve your stress and make you deal with everyday lite actively.

60 mins AED 575 | 90 mins AED 675

120 mins AED 775

The Four Hands Massage

Let this soothing and nurturing massage of "Purva Karma" or four-handed massage set you in a deeper state of mind and body relaxation. The technique of slow, rhythmic but deep movement of two therapists in synchrony will guide your mind preceptors to relax and "let go" of everyday things and just succumb to the deep sense of peace and pampering. Good for body aches and stiffness will help cure insomnia.

60 mins AED 650 | 90 mins AED 750

120 mins AED 800

Thalmarin Treatments

Thalmarin Draining Massage / Exfoliating / Algae Body Pack

A combination of plant essential oils. It has a draining massage and purifying effect, improves circulation, stimulates the breakdown of fat, has a detoxifying effect, and smoothest the skin. It can be used on its own or in combination with Exfoliating Marine Salt. Active ingredients: Grape seed oil, wheat germ oil, maize germ oil, thyme, cypress, cinnamon, juniper, rosemary, sage, and peppermints. Lemon

130 mins AED 1400

Thalmarin Exfoliating Exotic Massage

A mixture of fine marine salt and pulverized algae regenerates the mineral balance of the skin. It removes excess skin scales and makes the skin supple and smooth.

130 mins AED 575

Thalmarin Algae Body Pack

Algae body pack made of natural compounds. The body is supplied wirh minerd and the microcirculation is activated .It has a smoothing, tightening and detoxifying effect. Active ingredients: Seaweed focus Vesiculosus brown algae Lithothamnium (red algae), kaolin

45 Mins AED 575

Body & Mind Journey Treatments

Morrocan Bath

Moroccan bath comprises on exfolioting technique that helps in removing dead skin cells and make your skin feeling lighter, It hydrates your skin.

60 Mins AED 425 | 90 Mins AED 575

Body Wraps / Scrubs

Green Tea / Chocolate / Coffee / Rose Gold

Exfoliate your skin with our signature body wrap / scrub ritual. Available in assorted fragronces each hoving their own unique aromatic and beaulitying properties

45 Mins AED 375

Magic Touch

Your choice of treats.....with the help of our experts, relieve those muscle tensions with this treatment that combines exotic & essential ingredients from across the globe. There are truly very few things
you can compare to this experence.

- Full Body Massage (60 Mins).
  Thai Traditional / Aromatherapy / Balinese.
- Body Scrubs (30 Mins).

90 Mins AED 700

Sense of Body

A purifying treatment that uses traditional cleansing techniques created from the greatest ingredients. Detox your body and mind.

- Full Body Massage (60 Mins).
  Swedish / Deep tissue / Balinese.
- Exotic Body Wraps (30 Mins).
- Exotic Body Scrub (30 Mins).

120 Mins AED 850

The Final Touch

A treat to yourself to unwind & relax your body mind & soul..... indulge in the most uniquely crafted therapies which can be customized to get the best results in you. Never to forget the beauty & glow for the new 'YOU'.

- Head Massage (15 Mins).
- Full Body Massage (75 Mins).
  Aroma / Deep tissue / Balinese.
- Brightening facial (50 Mins).

140 Mins AED 1450

Skin Care Treatments

Express Facials
40 min: This condensed facial offers the benefit of a full facial in 40 minutes, loving you feeling refreshed and your skin glowing.

AED 425

Brightening and Deep Cleansing Facial
60 min: This facial aims to increase cell renewal whilst improving your skin's tone, clarity, and overall health. The elimination of impurities and excess oils as well as gentle exfoliation leave the skin fresh and glowing. The use of high-strength antioxidants helps to environment to help prevent free radical damage, which leads to premature skin ageing

AED 595

Brightening and Deep Cleansing Facial
60 min: This facial aims to increase cell renewal whilst improving your skins tone, clarity, and overall hearth. The elimination of impurities and excess oils as well as gentle exfoliation leave the skin fresh and glowing. The use of high strength antioxidants helps to environment to help prevent free radical damage, which leads to premature skin ageing

AED 595

Anti-aging Facial Treatment
70 min: An Advance personalized facial that includes oxygenation and light therapy with a focus on your specific skin problems. A special blend of products is used, especially to target fatigue, wrinkles, or hyperpigmentation. This facial helps to reduce the appearance of fine lines. Repairs sun damage evens out discoloration and is effective in treating moderate to severe acne, dramatically improving skin tone and texture.

AED 650

1.Treatments shall be catered for over and above age of 18+ years only
2. Please be advised that our spa shall not provide any in room Treatments
This is very strict policy for our brand standards

All the above prices are inclusive of 7% Dubai Taxes, 5% Vat & 10% Service charges

AZURRO SPA
LUXE SPA & WELLNESS
BY NIYAMA

Contact Us

Mob: +971 50 387 7300
E: info@azurroluxespa.com, arzandaruwala@gmail.com
www.azurroluxespa.ae
Double Tree by Hilton - Al Jadaf | Sheraton Hotel - Dubai Creek
Hilton Garden Inn- Al Barsha | Avani Hotel - IBN Batuta
Aloft Me'asim - Production city | Aloft - The Palm Jumeirah
Aloft - Dubai South Coming soon

