

YOU[®]
SIT FIT.

**BECAUSE YOU WERE
NEVER DESIGNED TO SIT,
WE DESIGNED THE YOU
CHAIR TO HELP YOU SIT FIT.**

FEATURED: YOU HIGHBACK WITH M3 MESH IN SILICA, BLACK FRAME AND SEAT UPHOLSTERED IN AXIS DENIM BY MOMENTUM.
FOREGROUND: YOU HIGHBACK WITH M3 MESH IN EBONY, POLISHED ALUMINUM FRAME AND SEAT UPHOLSTERED IN SABRINA NASTURTIUM LEATHER BY SPINNEYBECK.

With so much time spent sitting at a desk, spinal compression has become one of the major impediments to worker health and productivity. Instead of being passively supported by your chair, the You family of seating solutions encourage you to sit actively – all day and regardless of the task at hand.



With its U-shaped back suspension, the You chair introduces a revolutionary way of sitting that 'lifts' you into the proper position. Similar to sitting on a yoga ball, the You chair engages your core muscles, elongates the back, opens your chest and keeps your shoulders down and relaxed. That means you sit up tall and light on your sit bones.

FEATURED: YOU HIGHBACK WITH M3 MESH IN EBONY, POLISHED ALUMINUM FRAME AND UPHOLSTERED SEAT IN SABRINA BLACK LEATHER BY SPINNEYBECK.

TO LEARN HOW TO PROPERLY USE THE YOU CHAIR AND FOR OTHER TIPS TO SIT FIT, VISIT [ALLSEATING.COM/ERGONOMICS](https://www.allseating.com/ergonomics).



YOU SIT, BUT YOU ARE NEVER STILL.

The single most important part of a healthy work environment is your chair. Unfortunately, most people don't take the time to learn how to adjust their chair so it fits them perfectly.

The You chair makes sitting fit both easy and intuitive. All controls are within easy reach so you can quickly make the adjustments you need to be at your best.

FEATURED: YOU MIDBACK WITH M3 MESH IN EBONY, POLISHED ALUMINUM FRAME AND UPHOLSTERED SEAT IN SABRINA WHITE LEATHER BY SPINNEYBECK.

WHEN YOU SIT ALL DAY,
YOU NEED A CHAIR
THAT FUNCTIONS THE
WAY YOU DO.



The U-shaped frame raises and lowers the back to the ideal height, setting the lumbar support in the optimal position. Simply reach back and lift or lower the frame as required.

FEATURED: YOU MIDBACK AND HIGHBACK WITH M3 MESH IN EBONY AND UPHOLSTERED SEAT IN OASIS NIGHT.

The You frame features an activation dial that causes the mesh to bow and provide the precise support between the lumbar and ribcage, gently lifting you into the proper position. Simply turn the dial to increase or decrease the degree of curve in the mesh.

FEATURED: YOU HIGHBACK WITH M3 MESH IN EBONY, ALUMINUM FRAME, AND UPHOLSTERED SEAT IN SABRINA BLACK LEATHER BY SPINNEYBECK.

SMART, STYLISH AND UP FOR ANY TASK. JUST LIKE YOU.

Available in either midback or highback, with an upholstered seat, the You chair makes a statement in any office environment. Choose You Too™ with its optimized nylon frame in either Black or Smoke and make a statement at any budget, too.



FEATURED: YOU HIGHBACK WITH BLACK FRAME, M3 MESH IN SILICA, UPHOLSTERED SEAT IN SABRINA BLACK LEATHER BY SPINNEYBECK AND OH CASTERS.



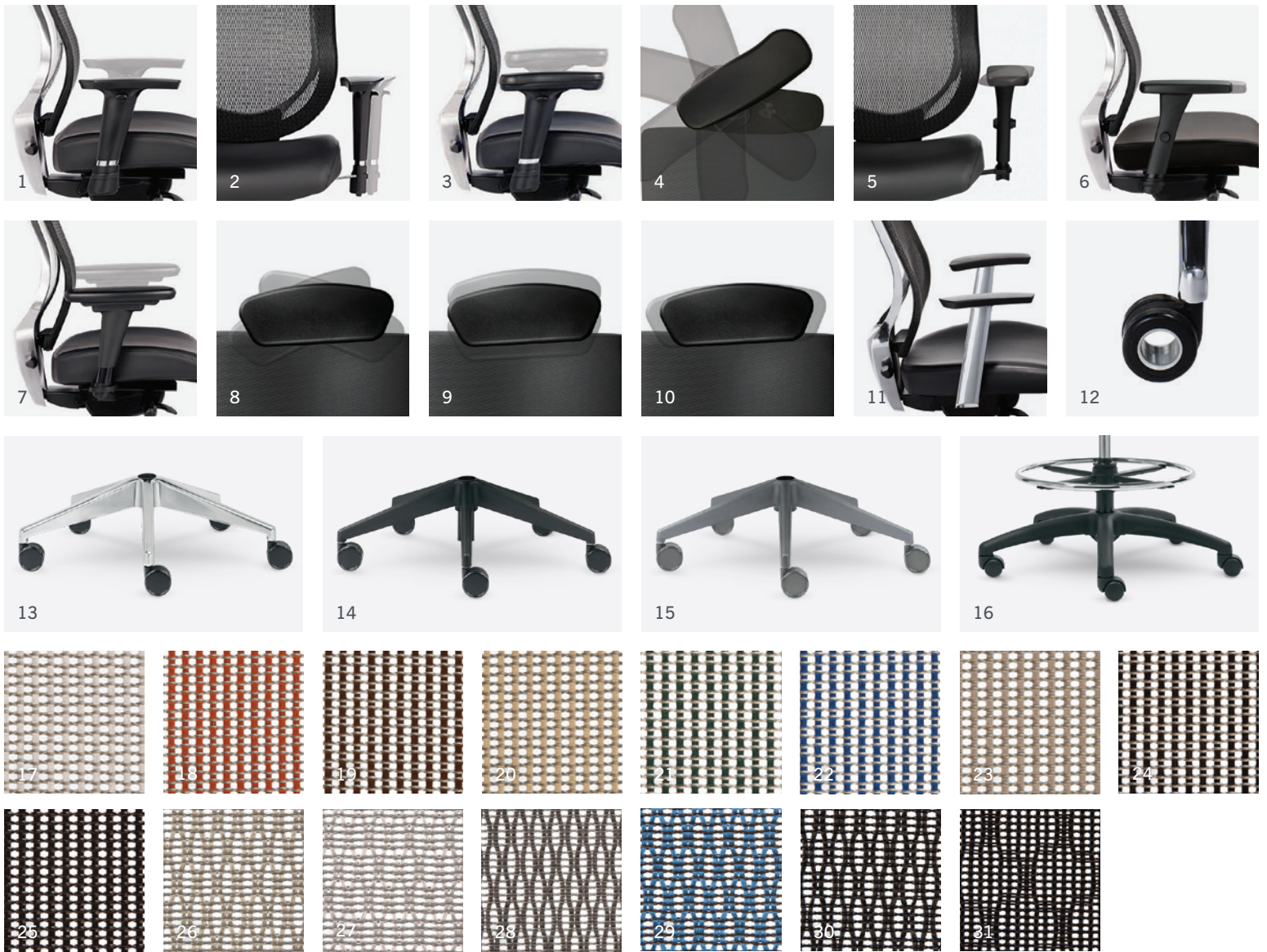
FEATURED: YOU MIDBACK WITH POLISHED ALUMINUM FRAME, M3 MESH IN EBONY, UPHOLSTERED SEAT IN SABRINA WHITE LEATHER BY SPINNEYBECK AND OH CASTERS.



FEATURED: YOU TOO® WITH BLACK NYLON FRAME AND M3 MESH IN EBONY. UPHOLSTERED SEAT IN METRIC ANCHOR BY MOMENTUM.



FEATURED: YOU TOO® WITH SMOKE FRAME AND M3 MESH IN EBONY. UPHOLSTERED SEAT IN METRIC ANCHOR BY MOMENTUM.



We bend over backwards to design ergonomic seating that makes people feel comfortable. Over the past 30 years, we've developed a reputation for quickly adjusting to the changing needs of customers in the office, education and healthcare sectors. From our on-time guarantee, to our on-line specification tools, we're always putting your needs first. So our clients are able to sit back and rest assured that, no matter what, the people at Allseating always have their back.

Our manufacturing system conforms to the ISO 9001:2008 and 14001:2004 standards, and our warranty is the best in the industry.

OPTIONS

- | | |
|---|-----------------------------|
| 1 T2 ARM HEIGHT ADJUSTMENT | 17 M2 MESH: ZINC |
| 2 T2 ARM WIDTH ADJUSTMENT | 18 M2 MESH: COPPER |
| 3 TWISTER ARM HEIGHT ADJUSTMENT | 19 M2 MESH: BRONZE |
| 4 TWISTER ARM CAP PIVOT | 20 M2 MESH: GOLD |
| 5 4D ARM CAP PIVOT | 21 M2 MESH: PATINA |
| 6 4D ARM CAP SLIDES FRONT/BACK | 22 M2 MESH: RHODIUM |
| 7 MULTI-FUNCTIONAL ARM HEIGHT ADJUSTMENT | 23 M2 MESH: PLATINUM |
| 8 MULTI-FUNCTIONAL ARM ARM CAP PIVOT | 24 M2 MESH: PEWTER |
| 9 MULTI-FUNCTIONAL ARM CAP SLIDES IN/OUT | 25 M3 MESH: IRON |
| 10 MULTI-FUNCTIONAL ARM CAP SLIDES FRONT/BACK | 26 M3 MESH: SANDSTONE |
| 11 CONFERENCE ARM | 27 M3 MESH: SILICA |
| 12 OH CASTER | 28 M3 MESH: DARK GREY |
| 13 HIGH PROFILE ALUMINUM BASE | 29 M3 MESH: COBALT |
| 14 BLACK NYLON BASE | 30 M3 MESH: EBONY |
| 15 SMOKE NYLON BASE | 31 M4 MESH: BLACK HONEYCOMB |
| 16 BLACK STOOL BASE | |

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