



George Fox University
Lewis & Clark College
Linfield College
Pacific University (Ore.)
Pacific Lutheran University

University of Puget Sound
Whitman College
Whitworth University
Willamette University

2021-2022 NORTHWEST CONFERENCE FIRST TEAM SCHOLAR-ATHLETES



ETHAN KASSEBAUM
George Fox University
Football and Track & Field / Senior
Oregon City, Ore. / Oregon City
Major: Nursing

A member of the men's track and field team and the football team at George Fox, Ethan Kassebaum finishes his career as a two-time NWC triple jump champion, a 4x All-NWC honoree in track and field and All-NWC Honorable Mention in football. He ranks in the top 10 all-time at Fox in the triple jump and long jump and in total rushing yards, rushing attempts, touchdowns, carries per game, yards per game, yards per carry (career and season). At Nationals, Kassebaum placed 9th in the long jump in 2022.

A nursing major with a 3.97 GPA, Kassebaum graduates Summa Cum Laude from George Fox. He was named to the Dean's List eight times, the most possible, and was an All-NWC Scholar-Athlete all four years. He volunteers at Because People Matter, assists a Rapid Response Simulation at Providence Portland as a representative from GFU nursing, and served at C.S. Lewis improving the school grounds and Chehalis Valley Presbyterian Church pruning fruit trees during Serve Days.

Says Kassebaum, "As an athlete, emotions run rampant during competition. Nevertheless, I do my best to maintain perspective and be grateful for my opportunity and blessing. On the field, I make sure to show my appreciation towards those who help me take the football in the endzone. From a fan's view, the spotlight may be on me, but the real recognition should be given to the linemen, wide receivers, etc who made it all possible. I make sure to thank them after every score. Off the field, it can be easy to kick off the shoes, lay back, and relax, especially during track. But before I do so, I like to thank the officials and staff of my event, whether it be long jump or triple jump. Shaking their hands is my symbol of acknowledgement towards their hard work and dedication to the sport".



AMY HATTER
George Fox University
Women's Soccer
Anchorage, Alaska / Grace Christian
Major: Exercise Science

A four-year member of the women's soccer team, Amy Hatter was a key player all four years, earning starts throughout her time at Fox. Hatter scored conference goals in her sophomore and freshman seasons, and a non-conference goal in her junior season. She traveled to Michigan and Ohio, as well as internationally to Spain with the women's soccer team.

An Exercise Science major with a 4.00 GPA, Hatter graduates Summa Cum Laude from George Fox. She was named to the Dean's List from 2018-2022 and was an All-NWC

Scholar-Athlete every year. Hatter garnered the Exercise Science Award of Academic Excellence in 2022, was the recipient of the Rose Kapingen Foundation Academic Scholarship (2020) and the P.E.O Academic Scholarship (2021, 2022). Hatter is active in her community serving during Bruins Serve Day, A Night to Sine and at her local church during Vacation Bible School.

Says Hatter, “My goal in each match that I had the honor to play in as a Bruin was to represent and to emulate the spirit and qualities of my Savior, Jesus Christ, by treating my opponents with respect, approaching my teammates and coaches with humility, and playing my position with passion, grit, and determination. I believe that true athletic freedom and creativity flows from forgetting about the self and focusing on team unity and excellence. Thus, my ultimate aspiration during my Senior Season was to seek out and serve my teammates’ needs, asking what they needed during each match and in each play”.



JP GREENER
Lewis & Clark College
Men’s Swimming
Tucson, Ariz. / Catalina Foothills
Major: Chemistry

A member of the men’s swimming team at Lewis & Clark, JP Greener finishes his career with top 3 times in three individual events. He helped four relay teams set the program record: 200 freestyle, 400 medley freestyle, 800-yard freestyle 400-yard medley relay. Greener was named second-team All-NWC in the 100 free, 50 free and 100 backstroke from his sophomore to senior years.

A Chemistry major with a 3.296 GPA, Greener was named to the Dean’s List during the entire COVID year. He served as a Chemistry TA and was a Pamplin Sports Center Lead Student Supervisor. Greener spent his time doing graphic design work for the athletic communications office, led athletics tours and talked with prospective student-athlete’s families about the collegiate athlete experience at Lewis and Clark. Greener served on the USA Swimming Board of Directors as a national athlete representative with specialty subset into Rules and Regulations Committee.

“JP Greener has been an incredible servant leader throughout his senior year. There are many examples of JP’s sportsmanship. On the field (pool), JP is always the first to congratulate his competitors, regardless of if it is after a win, or a defeat. Out of the pool, JP is constantly thinking of others. Throughout his busy senior year, he would find time to stay on top of every teammate’s team gear, fundraise for better equipment, and organize the end of the season team dinner at conference”.



MACARENA VIVES
Lewis & Clark College
Women’s Tennis

A member of the Lewis & Clark women’s tennis team, senior Macarena Vives completes her senior season with team-best 20-15 record and 10-6 mark in NWC play. Vives was a 2021 Fall ITA Consolation Singles and Doubles Finalist. She was named to the ITA All-Academic Team Award three times, the ITA Scholar Athlete twice, helped the women’s tennis team earn the Team ChampIONS Award on three occasions, and was named the Team Coach’s Choice Award.

An International Affairs major, with Rhetoric & Media Studies, and Entrepreneurship minors, Vives graduates with a 3.5 GPA. She received academic honors such as the Mary Dimond Scholarship twice, Mark Duntley Award, Paul Barney Award, ChampION Award, and was named to the Dean’s List. She was involved in many school organizations, such as Student Engagement, the President of the Campus Activities Board, Resident Advisor, Campus Living, Associated Student Body, International Students Body Representative, Lewis & Clark College Social Media department, Spanish Club, Inclusion & Multicultural Engagement, Intramurals, The Bates Center, IT Services, Student-Athlete Advisory Committee. Vives volunteers her time with the Alumni Office, International

Students Week Fair, Templeton Remodeling Committee, and was a PSI Facilitator. She was also involved with the Blood Drive, Clothing donation, Food Drive Donation, Oregon Cancer Foundation and Choose Hope.

Being "too fair" comes to mind when I think of Maca and Sportsmanship. A very talented player from the get-go, Maca came to us with very little match experience due to her disdain for competition because she may have to "beat someone". The thought of an opponent being distraught or upset because Maca was winning against them, was troubling to her. The idea that Maca could be the source of someone else's discomfort was always tough for her to accept. Many times, during a change over, we had conversations about how bad she felt because her opponent was getting upset or was in tears. Over the course of four years though, Maca was able to learn how to compete while maintaining the highest level of fair play and sportsmanship. Routinely, before and after matches, she could be found chatting it up with opposing teams or her opponent. Maca always walked off the court giving it her all and earned the respect of her opponent because of her determination and ridiculously generous line calls in a sport where officials are usually not the norm.



KEATON WOOD
Linfield University
Men's Track & Field / Senior
Lake Oswego, Ore. / Lakeridge
Major: Finance and Sports Management

A member of the men's track & field team, Keaton Wood concluded his collegiate career as the 2022 runner up in the men's decathlon at the NCAA III Indoor and Outdoor Track & Field Championships. Wood was a two-time Division III All-American, 2022 West Region Field Athlete of the Year, the NWC Field Athlete of the Meet and the 2021-22 Linfield Male Athlete of the Year. He broke a 12-year-old school record in the decathlon with a total of 7,193 points. He was crowned NWC Champion in the 110-meter hurdles in 2022 and high jump champion in 2021.

A graduate student in Business: Design Innovation, Wood graduates with a 3.6 GPA. He was named to the Dean's List six times and was a NWC Scholar-Athlete. Wood was a part of the Delta Mu Delta Honors society and was named to the USTFCCCA Scholar-Athlete team. He was Co-President of Linfield's SAAC, spent his time as a finance tutor, was the social justice committee chair, and was co-author of a weekly mental health newsletter. He volunteered with Special Olympics, the Cozine Creek cleanup, was a youth mentor at a local elementary school and was involved in the N7 youth movement initiative.

Head coach Travis Olson says "The way Keaton conducts himself during and away from competition is something that we all want to see in our student-athletes. He showed the utmost respect for his competition and was humble in his successes. He congratulated his competitors whether he won or lost, thanked officials, and supported his teammates. I am proud of the way he represented Linfield and our Track and Field team."



BETHANY SHADE
Linfield University
Women's Lacrosse / Senior
Snohomish, Wash. / Snohomish
Major: Exercise Science

A member of the women's lacrosse team, Bethany Shade was a standout on the field. She was named NWC Player of the Year in 2021 and NWC Defensive Player of the Year in 2022. She was a two-time first-team All-NWC honoree, was first-team All-West Region in 2021 and second-team All-West Region in 2022. In 2022, Shade tied for second in Division III with 69 caused turnovers and ranked seventh nationally with 139 draw controls. She led Linfield in goals (52), assists (32), points (84), and ground balls (57) in 2022 and set the Linfield single-match record with a career-high eight caused turnovers. Shade is Linfield's all-time leader in shots (261), shots on goal (218), ground balls (162), draw controls (338) and caused turnovers (141).

An Exercise Science major with a 3.85 GPA, Shade graduates Magna Cum Laude from Linfield. She was named to the Dean's List in 2019, 2020 and 2021. Shade was named to the 2022 CoSIDA Academic All-District X Team. She participated in the canned food drive and fundraised for various organizations during lacrosse games. She served as

Linfield SAAC's Co-President. She volunteered at Joe Dancer Park cleanup, raised money for the Juliette's House and organized a fundraiser and canned food drive for YCAP.

Former Head Women's Lacrosse coach Lindsay Kibler says "Bethany demonstrates sportsmanship in victory and defeat. Evidence of her graciousness can be seen after every goal she scores when she claps for her teammates. She is a positive leader and role model in the way she maintains a positive attitude, respect for others and her desire to continue learning and growing as a player and person. I've had the pleasure to hear from opponents commending her on her talent but also her sportsmanship towards rivals."



RYAN KROUT
Pacific University (Ore.)
Baseball / Senior
Washougal, Wash. / Washougal
Major: Exercise Science - Integrative Physiology

A member of the Pacific Boxer's baseball team, Ryan Krout was a 2x second-team All-NWC honoree and 1x first-team honoree. He concluded his senior year with a .315 batting average, 11 home runs, 13 doubles, 52 RBIs, and 37 runs scored. Krout is the program record holder in career doubles with 44.

An Exercise Science – Integrative Physiology major with a 3.926 GPA, Krout has been named to the Dean's List from 2017-2022. He was the Pacific University Student-Athlete of the Month in March 2019 and the Pacific University School of Natural Sciences Award Nominee in 2020 and 2021. Krout has been involved in the Student-Athlete Advisory Committee from 2020-2021 and volunteered with the youth baseball camps and Habitat for Humanity.

Krout's a, "Great teammate and leader by example, both on and off the field".



CAMY AGUINALDO
Pacific University (Ore.)
Women's Basketball / Senior
Honolulu, Hawaii / Iolani
Major: Exercise Science - Integrated Physiology
Minor: Psychology

A member of the women's basketball team, Camy Aguinaldo was named the NWC Player of the Year in 2022. She was also the NWC Freshman of the Year back in 2018. Aguinaldo was a 3x second-team All-NWC honoree and 1x first-team All-NWC. She was named to the First Team All-West Region team (D3hoops.com) and Third Team All-American (D3hoops.com).

She concluded her collegiate career with 1,994 career points and 20.0 PPG in 2021-22 (most in NWC, 20th in the nation).

An Exercise Science – Integrative Physiology major with a 3.918 GPA and minor in Psychology, Aguinaldo graduated Summa Cum Laude from Pacific University. She was named to the Dean's List from 2019-2021. Aguinaldo was active in the Pacific University NHOH club as a peer mentor and was the Pacific University NHOH Luau and Hoike Committee Chair. She served as the Pacific University Sports Information Director Student Assistant and the Athletic Facilities Operation Assistant. She volunteered at the women's basketball camps, was a youth coach for the 808 Basketball Club, and spent hours volunteering at Shriners Hospital for Children, Moon Physical Therapy, JACO Rehab Therapy, and Rehab Therapy Partners.

"Off the court, during season and over the summer, I tried to reach out to all my teammates. This includes answering questions, asking how life is, doing a typical physical and mental check in. Also, off the court, I would try and offer extra workouts with teammates in the weight room or the gym for shooting or running through plays as well as academic assistance/tutoring for classes people are taking. On the court, I would constantly give high fives or words of encouragement. I also tried to have a teammate's back when they struggled or couldn't understand a concept by giving advice or recommendations. I think I tried to have a positive attitude while challenging others and myself."



KEEGAN DOLAN
Pacific Lutheran University
Men's Soccer / Senior
Auburn, Wash. / Auburn Riverside
Major: Philosophy / Economics
Minor: History / Physics / Math

A member of the men's soccer team, Keegan Dolan was a part of three NWC titles (2017, 2018, 2021) and two NCAA appearances. Dolan played in a total of 58 games in his entire career at PLU, starting in 45. In 2017, he was named to the All-NWC Honorable Mention team.

A Philosophy and Economics double major, with a 3.96 GPA and minors in history, physics and math, Dolan excelled in the classroom. He was honored in 2022 with the PLU George Fisher Scholar-Athlete of the Year Award (Top Male Student-Athlete) and has been named a NWC Scholar-Athlete for three years. Dolan is a 2 year Chi Alpha Sigma Honor Society member, graduated Summa Cum Laude and was named to the Dean's List every semester at PLU. In 2021-22 he was honored with the Kelmer Roe Research Fellowship in the Humanities and was a 2022 Research Presenter at the National Conference on Undergraduate Research. Dolan was a PLU Writing Center Consultant and was the 2022 Philosophy Club President and the 2021 Northwest Regional Ethics Bowl Captain. He also volunteers at Auburn First United Methodist Church as a youth leader.

"Keegan is the true walking description of what a student-athlete is all about. Excellent teammate, mentor to the younger players, and an involved campus community member".



VIVIAN SHINALL
Pacific Lutheran University
Women's Soccer / Senior
Minneapolis, Minn. / Benilde-St Margaret's
Major: Communications
Minor: Hispanic Studies

A member of the women's soccer team, Vivian Shinall experienced three NWC titles during her career at PLU. She played in a total of 53 games during her time at PLU.

A Communications major, with a 3.99 GPA and minor in Hispanic Studies, Shinall was named to the Dean's List from 2019 through 2022. She was honored with the 2022 Dean's Award of Excellence and named to the 2022 Sigma Iota Rho International Honor Society. Shinall was named to the All-NWC Scholar-Athlete team all four years as well. She was a Harstad Scholarship recipient and a part of the 2021 and 2022 Chi Alpha Sigma Honor Society. Shinall was the 2022 PLU George Fisher Scholar-Athlete Award winner (Top Female Student-Athlete). She volunteered with the Special Olympics and the Youth Clinic in 2021 and 2019, respectively. She was involved with PLU SAAC during 2021 and 2022, as well as the 2020 Campus Beautification Project with the women's soccer team.



RYAN SMITH
University of Puget Sound
Men's Soccer / Senior
Bellevue, Wash. / Newport
Major: Economics
Minor: Environmental Policy

A member of the men's soccer team, Ryan Smith played in a total of 49 games during his career at Puget Sound. In 2021 he was second in total points on the team and named to the 2021 All-NWC Second Team.

An Economics major with a 3.92 GPA and a minor in Environmental Policy, Smith was a Dean's List honoree for five semesters. He was honored with the Student-Athlete Academic Achievement Award and was a All-NWC Scholar-Athlete for three years. He served as a

Sustainability Assistant during his time at Puget Sound and was a contributing author and research intern with Earth Economics.



KATIE CARLEY
University of Puget Sound
Volleyball / Senior
San Jose, Calif. / Willow Glen
Major: Molecular and Cellular Biology
Minor: Education Studies & Spanish

A member of the volleyball team, Katie Carley was the 2021 team captain. She led the team in blocks in 2021 and was named to the 2021 All-NWC Second Team. She had the second highest hitting percentage in the NWC during 2021.

A Molecular and Cellular Biology major with a 4.00 GPA and minors in Educational Studies and Spanish, Carley was a standout in the classroom. She was named to the Dean's List all four years and was a 4x All-NWC Scholar-Athlete. Carley was the recipient of the James R.

Slater Award for Academic Excellence and was honorable mention for writing excellence in STEM. She was the President of Order of Omega in 2022, a biology tutor, led multiple time management workshops for freshman and led and created "how to study for STEM workshops". Carley was a weekly volunteer at a local elementary school for two years and coached club volleyball.

"Katie's accomplishments are well established, and she could easily enter any number of professions. However, she has chosen to attend Harvard University for graduate work to pursue a M.Ed in Teaching and Teacher leadership. It is her goal to become a high school biology teacher and enrich young people in areas of STEM studies".



ADAM REID
Whitman College
Men's Soccer / Senior
Woodway, Wash. / High Mountain Institute
Major: Politics

A member of the men's soccer team, Adam Reid started 48 and played 62 out of 68 games as a defender during his time at Whitman. He was the team captain his senior year and was also part of the 2018 NWC Championship Team.

A Politics major with a 3.774 GPA, Reid was awarded Whitman's R.V. Borleske Award, the highest honor given to a student-athlete of a male sport. Reid was the SAAC president and

worked within the athletics department. During his summer internship he accomplished getting a multimillion-dollar grant approved.



ASHLEY JOE
Whitman College
Women's Swimming / Senior
Coto de Caza, Calif. / Tesoro
Major: Politics

A member of the women's swimming team, Ashley Joe was among top 5 scorers on the women's team throughout her time at Whitman. During her senior year she was 2nd-team All-Conference in the 100 Back and 100 Free. She holds top 10 times from Whitman's all-time Top Times list in several events: 50 Free, 100 Free, and her highest 3rd and 4th all-time in the 100 and 200 Backstrokes, respectively. Even before she carried the official "captain" title in her senior year, Ashley was a leader on the team. This year she was instrumental in helping the team transition out of last year's pandemic season - especially when it came to bringing

back several team traditions.

A Politics major with a 3.875 GPA, Joe was consistently recognized throughout her four years as a NWC scholar-athlete. She was also very involved in academic endeavors on campus. She served as a Human Controlled Design student researcher with the Sociology department, as well as an Economics department representative. She served as a SAAC representative, was President of the Pan Asian Club, and was heavily involved in Whitman's Student Consulting Corporation. Joe was awarded Whitman's Mignon Borleske Award, the highest honor given to a student-athlete of a women's sport.



GARRETT PAXTON
Whitworth University
Men's Basketball / Senior
Kennewick, Wash. / Kamiakin
Major: Health Science

A member of the men's basketball team, Garrett Paxton led Whitworth to a share of the 2021-22 NWC regular season title and the 2022 NWC tournament championship. He scored a career-high 26 points on Jan. 28 in a win over Willamette and made a career-high seven three-pointers on Jan. 14 in a win over Puget Sound. Throughout his career at Whitworth, Paxton played in a total of 84 games, starting 42 of them. He scored a total of 655 points, averaging 7.8 per game throughout his time as a Pirate. He was named second team All-NWC as a senior.

A Health Science major with a 3.97 GPA, Paxton graduated Summa Cum Laude. He received the Scottish Rite Scholarship Award, the Health Science Department Scholarship Award, and has been accepted into Baylor College of Medicine to get Master's in Science. Paxton was a Student Athlete Advisory Committee member for four years and Co-President in 2021-22. He helped organize Whitworth's first ever student-athlete-led, end of the year awards ceremony. He was a Whitworth Chapel set up volunteer. Paxton was also involved in Chosen To Lead, he was an Anatomy Lab TA, and a part of the Campus Ministry Awake Team. He volunteered at local food bank during COVID and spoke at a local high school Fellowship of Christian Athlete events.

Head Coach Damion Jablonski says, "“Garrett is the ultimate competitor, but he also never misses an opportunity to offer a hand to a fallen teammate or competitor alike”.



MADDIE LEE
Whitworth University
Volleyball / Senior
Spokane, Wash. / Mead
Major: Health Science

A member of the volleyball team, Maddie Lee led Whitworth to an unbeaten record in the NWC (16-0) for the first time in school history in 2021. Lee led the NWC in kills per set, total kills, and points per set (4.36) during her senior year. She was named NWC Player of the Year in 2021.

A Health Science major with a 4.00 GPA, Lee was a standout in the classroom. She was a Summer Research Assistant for Dr. Beth Abbey, searching qualitative results based on focus group discussions, studying how people of different religious backgrounds view food. She created and facilitated a summer strength and conditioning program for Mt. Spokane HS girls' sports teams. She also runs training sessions for school-age children to help develop healthier lifestyles, which is her passion for coaching and helping youth. Lee was a 2022 Bloomsday volunteer and was a volunteer meet operator for Mt. Spokane Track & Field. She was the 2021 Whitworth volleyball team captain.



MACK VAN DER VELDE
Willamette University
Men's Soccer / Senior
Bend, Ore. / Summit
Major: Economics

A four-year member of the Willamette men's soccer team, Mack van der Velde, played in a total of 70 games during his collegiate career, including 61 starts. Van der Velde scored 12 goals throughout his career, totaling 6 assists, 30 points, 48 total shots, 25 shots on goal, and 6 game-winning goals. As a senior, he played in and started 17 games. He contributed five goals and two assists for 12 points, as he ranked second on the Willamette scoring chart. He also helped the Bearcats register six shutouts. He provided game-winning goals in 2-1 victories over Occidental College on Sept. 6 and Pacific University on Oct. 24. Van der Velde was named Second Team All-NWC in 2019 and 2021. He also was a member of the 2017 NWC Co-Championship team that qualified for the NCAA Tournament, was named Third Team All-Region X in 2020, and was the winner of the Willamette Athletics J.H. Booth Award, which is given to the top graduating senior on a men's team for their excellence in leadership, scholarship, and service.

An Economics major with a 3.70 GPA, van der Velde was a four-time NWC Scholar-Athlete, and was named to the Mortar Board Society and the Chi Alpha Sigma honor society. He also was involved in the Willamette Student-Athlete Advisory Committee and the NWC SAAC, serving from 2018-21. He was the Co- President for Willamette from 2019-21 and was the NWC President in 2020-21. Van der Velde was involved in Special Olympics Oregon, the Athletics Professional Development Series, Bearcat Day with Bush Elementary, the NWC Voting Initiative, and the Food Drive for Marion Polk Food Share.

Head Men's Soccer Coach Sam Adelman said, "Mack had friends on pretty much every team in the conference. He was seen meeting up with opposition in the lobbies at hotels, and often taking pictures with opponents after matches. He had a lot of mutual respect for many players and coaches in the conference. As a captain of the team, he was quick to halt altercations, and keep our team steady, reminding our players to respect the opponent, officials, and the game itself. Mack also did the same thing as a SAAC President. He worked to make sure all teams were supported and worked on efforts such as the Voting Initiative for student-athletes".



SYDNEY WILSON
Willamette University
Women's Soccer / Senior
Olympia, Wash. / Capital
Major: Exercise and Health Science
Minor: Biology

A four-year member and three-year starter for the Willamette women's soccer team, Sydney Wilson was an integral member of the team during her senior season. Wilson played in 17 games, all starts, this season. She helped win the ball on defense, provided solid connections in the midfield to move the ball forward, and was a threat on offense. Wilson earned two goals and one assist for five points this past fall, while taking 16 shots with eight shots on goal. She went 1 for 1 on a penalty kick. Her ability to control the ball and to shield off defenders was important for the Bearcats whenever she was on the field. She consistently made a positive impact during Willamette's games. She was named Honorable Mention All-NWC in 2021.

An Exercise and Health Science major with a 3.99 GPA and a Biology minor, Wilson earned a number of academic honors, including the Pre-Health Al Ferrin Award, the Abendroth Research Award, and the EXHS Departmental Award. She was named to the NWC Scholar-Athlete team four years in a row and was named to the Chi Alpha Sigma student-athlete honor society. Wilson graduated Summa Cum Laude. Wilson was a member of Willamette's Student-Athlete Advisory Committee and she participated in the 2020 NCAA Inclusion Forum. Wilson traveled to Kenya in 2021 as an International Medical Aid at the General Coastal Hospital. She also was the Special Olympics Coordinator while at Willamette.

"Sydney is a great teammate," Assistant Women's Soccer Coach Quinn Nottage said. "She contributes to her team on and off the field. She even came to the spring training this spring because she knew that her returning teammates needed more folks on the field to train and to train with a new coach. She came to help those coming back get better. She's always making sure her team is making smart decisions and doing things the right way on and off the field. She is a leader amongst her peers and others look to her for guidance and support".