LIFE GROUP CURRICULUM - WEEK 1





SCRIPTURE | OBSERVATION | APPLICATION | PRAYER

Have someone read the passage or go around the circle and have everyone read a verse out loud. Then take some time to write down observations and applications. Discuss these as a group.

ROMANS 8:1-4 (NIV)



¹Therefore, there is now no condemnation for those who are in Christ Jesus, ² because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death. ³ For what the law was powerless to do because it was weakened by the flesh, God did by sending his own Son in the likeness of sinful flesh to be a sin offering. And so he condemned sin in the flesh, ⁴ in order that the righteous requirement of the law might be fully met in us, who do not live according to the flesh but according to the Spirit.

NOTES







DISCUSS AS A GROUP

- 1. Are you someone who takes life as it comes, or, likes to have a plan for everything?
- 2. What is the significance of Romans 8:1, "Therefore, there is now no condemnation for those who are in Christ Jesus?"
- **3.** When was a time you had to completely let go of control over a situation in your life? What was that like?
- 4. How does following Christ lead to spiritual freedom?
- 5. In what situations do you find it most difficult to be patient?
- **6.** Why are people so prone to seek control over the circumstances in their lives?
- **7.** What is one area of your life you can begin to practice more grace and compassion toward yourself or others?

END IN PRAYER

