

# WEEK FIVE

## FOR FURTHER CONSIDERATION

### Matthew 6:24-34 (NLT)

24 “No one can serve two masters. For you will hate one and love the other; you will be devoted to one and despise the other. You cannot serve God and be enslaved to money.

25 “That is why I tell you not to worry about everyday life – whether you have enough food and drink, or enough clothes to wear. Isn’t life more than food, and your body more than clothing? 26 Look at the birds. They don’t plant or harvest or store food in barns, for your heavenly Father feeds them. And aren’t you far more valuable to him than they are? 27 Can all your worries add a single moment to your life?

28 “And why worry about your clothing? Look at the lilies of the field and how they grow. They don’t work or make their clothing, 29 yet Solomon in all his glory was not dressed as beautifully as they are. 30 And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith?

31 “So don’t worry about these things, saying, ‘What will we eat? What will we drink? What will we wear?’ 32 These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. 33 Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.

34 “So don’t worry about tomorrow, for tomorrow will bring its own worries. Today’s trouble is enough for today.

### Philippians 4:19 (NLT)

“And this same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus.”

### Romans 8:28 (NLT)

“And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.”

### Philippians 4:6-7 (NLT)

“Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.”

1. What was your biggest takeaway from this week’s message?
2. What types of issues do people tend to worry about the most?
3. On a scale of “I don’t have a care in the world” to “I’m dealing with anxiety overload,” where do you tend to fall? Why do you think that is?
4. Do you ever hear people try to rationalize their worry? What are some of the reasons you’ve heard people justify their reasons for worrying?
5. Let’s be honest — we know we shouldn’t worry, but we worry anyway. Why do you think we worry as much as we do?
6. Share with your group a time you worried about a situation that ended with healthy resolution. How did the situation resolve? As you look back, did worrying seem to help, harm or have any impact on the outcome at all?
7. Pastor Steve shared three ways Jesus tells us to get rid of worry:
  1. Make God the center of your life.
  2. Live one day at a time.
  3. Trust God to care for the things beyond your control.Which of these three comes easiest for you? Which tends to be the hardest.?
8. If you’re comfortable, share with your group the number one issue you find yourself worrying about most. Pray for each person after they share.
9. Re-read Philippians 4:6-7, keeping in mind that Paul wrote these words while in prison! What encouragements do you draw from these verses?

# I QUIT!