

Chocolate Goji Berry Pick-Me-Up Bites

A chocolate truffle that is decadent, delightful and something you deserve to enjoy 😊



INGREDIENTS (10 truffles)

8 large	medjool dates*
¼ cup	raw cacao powder
½ cup	vegan chocolate protein powder*
¼ cup	goji berries
1 tbsp	water
1/3 cup	Omega Crunch® Super Sprinkle**



*Can be substituted with whey-based protein powder.

**Omega Crunch® Super Sprinkle can be purchased online at:

<http://www.omegacrunch.com/> Otherwise can be substituted with a combination of flaxseeds, shredded coconut, sesame seeds, chia seeds, and hemp hearts.

PROCEDURE

Step 1

In a food processor or high-powered blender, combine dates, cacao, protein powder, goji berries and 1 tbsp of water. Pulse until the mixture just combines, adding more water if needed.



Step 2

Place the Super Sprinkle mixture or your own combination of seeds onto a plate. Scoop 1 tbsp of date mixture into the plate and gently roll between the palm of your hands to form a uniform sphere. Place onto mini muffin liners, and repeat with the remaining mixture. Refrigerate truffles for 1 hour or until you're ready to serve. Truffles can be frozen for up to 1 month. Perfect for enjoying pre or post-workout 😊

