

Sonic Drive-in Nutrition Facts (Easy Tabs - 2026)

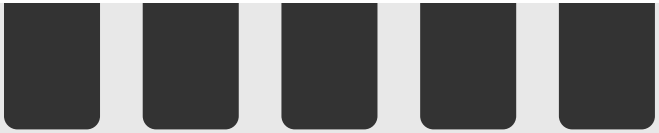
Easy Tabs (click or tap your desired one)

Limited time only | Burgers | Make it yours | Wacky pack!® kids meals

Toaster® sandwiches | Chicken | Sandwiches | Hot dogs | Breakfast | Coffee

Snacks & sides | Sonic blast® | Hand-mixed classic shakes | Hand-mixed master shakes®

Sundaes | Soft serve dish | Slushes | All-natural lemonade | Soft drinks



Sonic® rechargers with red bull®

Iced teas

Juices

Signature limeades

Ocean water®

Drink add-ins & toppings

Water

Condiments & dipping sauces

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Information are based on official sources with no affiliation with them. Menu items vary by location. © 2026 all rights reserved.

Limited time only

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
ADD IN: BLUE-BERRY PUREE	50	0	0	0	0	0	12	0	12	0
ADD IN: BLUE-BERRY PUREE, EASY	25	0	0	0	0	0	6	0	6	0
ADD IN: BLUE-BERRY PUREE, EXTRA	70	0	0	0	0	0	18	0	17	0
ADD IN: MANGO PUREE	50	0	0	0	0	5	14	0	13	0
ADD IN: MANGO PUREE, EASY	25	0	0	0	0	0	7	0	6	0
ADD IN: MANGO PUREE, EXTRA	80	0	0	0	0	10	21	0	19	0
ADD IN: PASSION FRUIT PUREE	50	0	0	0	0	25	13	0	13	0
ADD IN: PASSION FRUIT PUREE, EASY	25	0	0	0	0	10	6	0	6	0

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ADD IN: PASSION FRUIT PUREE, EXTRA	80	0	0	0	0	35	19	0	19	0
ADD IN: PEACH PUREE	50	0	0	0	0	5	12	0	12	0
ADD IN: PEACH PUREE, EASY	25	0	0	0	0	0	6	0	6	0
ADD IN: PEACH PUREE, EXTRA	70	0	0	0	0	10	18	0	17	0
ADD IN: WILD-BERRY PUREE	50	0	0	0	0	0	13	0	13	0
ADD IN: WILD-BERRY PUREE, EASY	25	0	0	0	0	0	7	0	6	0
ADD IN: WILD-BERRY PUREE, EXTRA	80	0	0	0	0	0	20	0	19	0
ALASKA POL-LOCK FISH SANDWICH	380	14	2.5	0	45	900	46	2	7	16

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
ALL-AMERICAN BACON SONIC SMASHER	670	42	16	1	115	1870	32	2	8	39
ALL-AMERICAN BACON TRIPLE SONIC SMASHER	860	57	22	1	170	2440	33	2	9	52
ALL-AMERICAN SONIC SMASHER	610	37	14	0.5	105	1650	32	2	8	35
ALL-AMERICAN TRIPLE SONIC SMASHER	790	52	20	1	155	2220	33	2	8	48
BARQ'S® ROOT BEER FLOAT, 16 OZ	300	7	5	0	35	230	58	0	53	5
BERRY CIT-RUS REFRESH-ER, SPARKLING, 20 OZ	150	0	0	0	0	5	38	4	28	2
BERRY CIT-RUS REFRESH-ER, STILL, 20 OZ	150	0	0	0	0	5	38	4	28	2
BUFFALO CRISPY TENDER WRAP	250	9	3	0	25	850	28	2	1	12

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
CHEESY BAJA CRISPY TENDER WRAP	280	13	4	0	30	730	28	2	1	12
COCA-COLA® FLOAT, 16 OZ	290	7	5	0	35	210	55	0	50	5
COCOBERRY CREAM, MINI	150	1	0.5	0	5	60	38	0	37	1
COCOBERRY CREAM, SMALL	190	1	0.5	0	5	80	48	0	47	1
COCOBERRY CREAM, MEDIUM	340	1.5	1	0	10	140	85	0	83	1
COCOBERRY CREAM, LARGE	510	2.5	1.5	0	10	210	128	0	125	2
COCOBERRY CREAM, RT 44®	680	3	2	0	15	290	171	0	167	2
DR PEPPER® FLOAT, 16 OZ	280	7	5	0	35	240	54	0	49	5
FANTA® ORANGE FLOAT, 16 OZ	300	7	5	0	35	210	55	0	52	5
FRUITED DRAG-ON SLUSH, MINI	180	0	0	0	0	50	48	0	47	0

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FRUITED DRAG-ON SLUSH, SMALL	240	0	0	0	0	60	65	0	64	0
FRUITED DRAG-ON SLUSH, MEDI-UM	370	0	0	0	0	95	97	0	96	0
FRUITED DRAG-ON SLUSH, LARGE	570	0	0	0	0	150	150	0	148	0
FRUITED DRAG-ON SLUSH, RT44	780	0	0	0	0	200	207	0	205	0
JR BACON CHEESEBURGER	400	26	8	0	40	1440	27	2	7	17
MANGO PEACH REFRESHER, SPARKLING, 20 OZ	110	0	0	0	0	15	26	0	24	0
MANGO PEACH REFRESHER, STILL, 20 OZ	110	0	0	0	0	15	26	0	24	0
RAINBOW SLUSH, 20 OZ	310	0	0	0	0	50	83	0	81	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
SHARK BITE, MINI	120	0	0	0	0	40	32	0	32	0
SHARK BITE, SMALL	160	0	0	0	0	60	42	0	41	0
SHARK BITE, MEDIUM	280	0	0	0	0	105	73	0	72	0
SHARK BITE, LARGE	420	0	0	0	0	160	111	0	109	0
SHARK BITE, RT 44®	560	0	0	0	0	210	148	0	146	0
STRAWBERRY CHEESECAKE CREAM COOLER, MINI	460	13	10	0	30	350	85	0	75	5
STRAWBERRY CHEESECAKE CREAM COOLER, SMALL	590	16	12	0	45	430	113	0	101	7
STRAWBERRY CHEESECAKE CREAM COOLER, MEDIUM	800	19	14	0	65	640	156	0	141	9

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STRAWBERRY CHEESECAKE CREAM COOLER, LARGE	1200	27	19	0	100	980	239	0	219	15
STRAWBERRY HORCHATA CREAM SLUSH, 20 OZ	690	13	8	0	65	400	145	1	134	9
STRAWBERRY PASSION FRUIT REFRESHER, SPARKLING, 20 OZ	100	0	0	0	0	30	24	1	22	0
STRAWBERRY PASSION FRUIT REFRESHER, STILL, 20 OZ	100	0	0	0	0	30	24	1	22	0
TWISTED FLAMINGO, 10 OZ	130	0.5	0	0	5	55	33	0	32	0
TWISTED FLAMINGO, 16 OZ	170	0.5	0	0	5	75	42	0	42	0
TWISTED FLAMINGO, 20 OZ	300	1.5	1	0	5	135	75	0	74	1

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
TWISTED FLAMINGO, 32 OZ	460	2	1.5	0	10	200	113	0	112	1
TWISTED FLAMINGO, RT 44®	610	3	2	0	15	270	152	0	150	2
	TOTAL CALORIES	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBOHY-DRATES (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)

Easy Tabs (click or tap your desired one)

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Burgers

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Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
DELUXE Super-SONIC® DOU-BLE TERIYAKI CHEESEBURGER	1050	68	20	0	130	2000	60	2	16	50
DELUXE TERIYA-KI CHEESEBURG-ER	720	41	11	0	65	1400	58	2	16	29
DOUBLE SONIC SMASHER™	600	37	14	1	100	1530	30	1	8	35
HATCH GREEN CHILE CHEESE-BURGER WITH MUSTARD	650	35	10	0	65	1110	50	2	9	30
JR. DOUBLE CHEESEBURGER	390	23	8	0	45	870	25	2	6	21
SONIC® CHEESEBURGER WITH KETCHUP & MAYO	700	41	11	0	65	1360	52	2	12	30
SuperSONIC® BACON DOUBLE CHEESEBURGER WITH MAYO	1090	73	22	0	140	1960	54	2	12	55

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
SuperSONIC® DOUBLE CHEESEBURGER WITH KETCHUP & MAYO	1040	68	20	0	130	1970	54	2	12	50
SuperSONIC® JALAPEÑO DOUBLE CHEESEBURGER WITH MUSTARD	970	61	19	0	125	1850	51	1	10	51
TRIPLE SONIC SMASHER™	780	51	20	1.5	150	2070	31	1	9	48

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Make it yours

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AMERICAN CHEESE	70	6	3.5	0	20	310	2	0	1	3
BACON	60	5	1.5	0	15	220	0	0	0	4
GRILLED ONIONS	15	1	0	0	0	15	1	0	1	0
HATCH GREEN CHILES	5	0	0	0	0	0	0	0	0	0
HOT CHILI	60	4	1.5	0	10	170	3	1	1	3
JALAPEÑOS	5	0	0	0	0	140	1	0	1	0

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1% MILK JUG	110	2.5	1.5	0	10	125	13	0	12	8
CRISPY TENDERS (2 PC.)	170	8	0.5	0	40	490	11	1	0	14
CORN DOG	230	13	4	0	15	480	23	1	5	6
GROOVY FRIES SMALL	260	16	2.5	0	0	570	28	4	0	2
JR. BURGER	270	14	3.5	0	20	580	24	1	6	11
JR. CHEESE-BURGER	290	16	6	0	30	800	25	2	6	13
MINUTE MAID®-100% APPLE JUICE BOX (6 FL. OZ.)	80	0	0	0	0	15	21	0	19	0
TOTS SMALL	250	13	2.5	0	0	620	30	3	0	2
TREE TOP® APPLE SAUCE	45	0	0	0	0	0	13	2	11	0

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Toaster® sandwiches

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
BLT TOASTER ®	450	25	7	0	30	940	42	3	5	16
CHICKEN CLUB TOASTER ®	670	36	10	0	80	1890	55	5	6	33

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Chicken

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
CRISPY TENDERS (3 PC.)	260	12	1	0	60	730	16	2	0	21
CRISPY TENDERS (5 PC.)	430	20	2	0	95	1210	27	3	0	35
PREMIUM CHICK-EN BITES SMALL	240	12	2	0	25	900	19	1	0	13
PREMIUM CHICK-EN BITES MEDI-UM	350	18	3	0	40	1320	28	2	0	19
PREMIUM CHICK-EN BITES LARGE	510	26	4.5	0	60	1920	41	3	0	27

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Sandwiches

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Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
COUNTRY FRIED STEAK SAND-WICH	640	29	8	0	40	1350	76	2	9	16
CRISPY CHICKEN SANDWICH	520	24	4.5	0	50	1470	52	4	10	24
GRILLED CHEESE SANDWICH	390	20	10	0	40	1130	42	3	4	13
PHILLY CHEESESTEAK SANDWICH	750	39	17	1.5	125	1710	53	1	3	46
PORK TENDER-LOIN SANDWICH	650	30	3.5	0	40	1060	69	2	9	20

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Hot dogs

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Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
ALL-AMERICAN HOT DOG	410	21	8	1	35	1150	42	2	13	13
CHICAGO HOT DOG	400	20	7	1	35	2030	42	3	14	11
CHILI CHEESE CONEY	470	29	12	1.5	55	1200	34	2	4	18
FOOTLONG QUARTER POUND CONEY	770	48	18	0.5	100	2160	54	3	9	31
NEW YORK HOT DOG	400	23	8	1.5	35	1110	35	3	5	13
REGULAR HOT DOG	360	21	8	1	35	800	31	2	4	12

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Breakfast

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Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
BAGEL SAND-WICH BACON	530	19	6	0	240	2000	68	2	5	25
BAGEL SAND-WICH HAM	530	15	5	0	255	2460	70	2	6	29
BAGEL SAND-WICH SAUSAGE	630	29	10	0	255	2020	68	2	5	26
BISCUIT SAND-WICH BACON	480	24	12	0	240	2130	40	1	5	20
BISCUIT SAND-WICH HAM	500	22	13	0	100	2010	43	1	6	23
BISCUIT SAND-WICH SAUSAGE	580	34	16	0	255	2150	40	1	5	21
BREAKFAST BURRITO BACON	470	25	11	0	320	1540	35	1	1	25
BREAKFAST BURRITO HAM	440	20	9	0	330	1920	38	1	2	27
BREAKFAST BURRITO SAUSAGE	490	28	12	0	320	1450	35	1	1	23

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BREAKFAST TOASTER ® BACON	470	24	10	0	250	1940	42	3	4	22
BREAKFAST TOASTER ® HAM	470	21	8	0	265	2390	45	3	6	26
BREAKFAST TOASTER ® SAUSAGE	570	34	13	0	265	1960	42	3	4	23
	TOTAL CALORIES	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBOHY-DRATES (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)
BRIOCHE SAND-WICH BACON	440	23	9	0	250	1820	38	2	9	20
BRIOCHE SAND-WICH HAM	450	21	10	0	110	1700	41	2	11	24
BRIOCHE SAND-WICH SAUSAGE	530	33	12	0	265	1840	38	3	9	22
CROISSONIC® SANDWICH BACON	430	27	10	0	240	1540	29	1	5	18
CROISSONIC® SANDWICH HAM	430	23	9	0	255	2000	31	1	6	22

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CROISSONIC® SANDWICH SAUSAGE	530	37	14	0	255	1560	29	1	5	19
FRENCH TOAST STICKS WITHOUT SYRUP (4 PC.)	480	25	4.5	0	0	460	54	3	12	8
JR. BREAKFAST BURRITO BACON	270	14	6	0	145	870	22	1	0	13
JR. BREAK-FAST BURRITO SAUSAGE	280	16	7	0	145	830	22	1	0	12
SuperSONIC® BREAKFAST BURRITO	590	33	13	0	320	1770	49	3	3	24
ULTIMATE MEAT & CHEESE BREAKFAST BURRITO®	820	56	18	0.5	355	2190	47	2	1	29

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Sundaes | Soft serve dish | Slushes | All-natural lemonade | Soft drinks

Sonic® rechargers with red bull® | Iced teas | Juices | Signature limeades

Ocean water® | Drink add-ins & toppings | Water | Condiments & dipping sauces

Coffee

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
FRENCH VANILLA COLD BREW ICED COFFEE SMALL	190	5	3.5	0	25	150	32	0	24	4
FRENCH VANILLA COLD BREW ICED COFFEE MEDIUM	260	7	4.5	0	35	210	47	0	35	6
FRENCH VANILLA COLD BREW ICED COFFEE LARGE	410	11	7	0	55	330	73	0	54	9
FRENCH VANILLA COLD BREW ICED COFFEE RT 44®	570	15	10	0	75	460	100	0	75	13
HOT COFFEE REG. (16 FL. OZ.)	0	0	0	0	0	0	0	0	0	0
ORIGINAL COLD BREW ICED COF-FEE SMALL	170	5	3.5	0	25	150	28	0	20	4
ORIGINAL COLD BREW ICED COF-FEE MEDIUM	230	7	4.5	0	35	210	38	0	27	6
ORIGINAL COLD BREW ICED COF-FEE LARGE	360	11	7	0	55	330	59	0	42	9

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
ORIGINAL COLD BREW ICED COF-FEE RT 44®	500	15	10	0	75	460	82	0	58	13

Easy Tabs (click or tap your desired one)

Limited time only | Burgers | Make it yours | Wacky pack!® kids meals

Toaster® sandwiches | Chicken | Sandwiches | Hot dogs | Breakfast | Coffee

Snacks & sides | Sonic blast® | Hand-mixed classic shakes | Hand-mixed master shakes®

Sundaes | Soft serve dish | Slushes | All-natural lemonade | Soft drinks

Sonic® rechargers with red bull® | Iced teas | Juices | Signature limeades

Ocean water® | Drink add-ins & toppings | Water | Condiments & dipping sauces

Snacks & sides

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
CHED 'R' BITES®-SMALL	280	15	6	0	30	740	22	1	0	13
CHED 'R' BITES®-MEDIUM	410	23	9	0.5	45	1110	32	2	0	20
CHED 'R' BITES®-LARGE	550	30	12	1	60	1480	43	2	0	27
CHED 'R' PEP-PERS® (4 PC.) SMALL	330	17	6	1	25	1110	36	2	2	8
CHED 'R' PEP-PERS® (6 PC.) MEDIUM	490	25	9	1	35	1660	54	3	2	12
CHED 'R' PEP-PERS® (8 PC.) LARGE	660	34	12	1.5	45	2220	72	4	3	17
CHEESE GROOVY FRIES SMALL	330	21	5	0	20	900	29	4	1	6
CHEESE GROOVY FRIES MEDIUM	460	30	8	0	25	1280	40	5	1	8
CHEESE GROOVY FRIES LARGE	650	42	10	0	35	1770	57	7	1	11

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
CHEESE TOTS SMALL	310	19	5	0	20	950	30	3	1	6
CHEESE TOTS MEDIUM	450	28	8	0	30	1390	43	4	1	8
CHEESE TOTS LARGE	840	50	13	0	40	2450	86	8	2	13
CHILI CHEESE GROOVY FRIES SMALL	360	23	6	0.5	20	950	31	4	1	7
CHILI CHEESE GROOVY FRIES MEDIUM	540	35	10	1	35	1430	44	6	1	12
CHILI CHEESE GROOVY FRIES LARGE	760	49	14	1	50	2020	62	9	2	17
CHILI CHEESE TOTS SMALL	350	22	7	0	25	1030	32	3	1	8
CHILI CHEESE TOTS MEDIUM	540	33	11	1	40	1580	48	5	2	13
CHILI CHEESE TOTS LARGE	840	51	16	1	55	2420	77	8	3	19

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
CORN DOG	230	13	4	0	15	480	23	1	5	6
FRITOS® CHILI CHEESE JR. WRAP	380	20	7	0	20	850	39	2	1	10
FRITOS® CHILI CHEESE WRAP	650	35	13	0.5	40	1500	62	4	2	19
FRITOS® CHILI PIE SMALL	270	18	6	0	20	580	18	2	1	8
FRITOS® CHILI PIE MEDIUM	510	34	10	0.5	35	1030	35	3	1	14
FRITOS® CHILI PIE LARGE	750	50	15	1	50	1490	53	5	2	20
GROOVY FRIES SMALL	260	16	2.5	0	0	570	28	4	0	2
GROOVY FRIES MEDIUM	370	22	3	0	0	790	39	5	0	3
GROOVY FRIES LARGE	520	31	4.5	0	0	1110	56	7	0	4
MOZZARELLA STICKS (4 PC.) SMALL	370	19	7	0	30	790	36	2	2	15

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
MOZZARELLA STICKS (6 PC.) MEDIUM	560	28	11	0.5	45	1190	54	3	3	22
MOZZARELLA STICKS (8 PC.) LARGE	750	38	15	0.5	60	1590	72	4	4	30
ONION RINGS SMALL	440	21	3.5	0	0	430	55	3	14	6
ONION RINGS MEDIUM	580	29	5	0	0	570	74	4	19	8
ONION RINGS LARGE	800	39	7	0.5	0	790	101	5	26	11
SOFT PRETZEL TWIST	250	7	1	0	0	440	39	2	6	7
TOTS SMALL	250	13	2.5	0	0	620	30	3	0	2
TOTS MEDIUM	360	19	3.5	0	0	890	43	4	0	3
TOTS LARGE	580	31	6	0	0	1450	69	6	1	5
	TOTAL CALORIES	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBOHY-DRATES (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)

Easy Tabs (click or tap your desired one)

Limited time only | Burgers | Make it yours | Wacky pack!® kids meals

Toaster® sandwiches | Chicken | Sandwiches | Hot dogs | Breakfast | Coffee

Snacks & sides | **Sonic blast®** | Hand-mixed classic shakes | Hand-mixed master shakes®

Sundaes | Soft serve dish | Slushes | All-natural lemonade | Soft drinks

Sonic® rechargers with red bull® | Iced teas | Juices | Signature limeades

Ocean water® | Drink add-ins & toppings | Water | Condiments & dipping sauces

Sonic blast®

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
SONIC BLAST®-WITH CHOCO-LATE CHIP COOKIE DOUGH MINI	410	14	8	0	50	300	66	0	49	7
SONIC BLAST®-WITH CHOCO-LATE CHIP COOKIE DOUGH SMALL	620	22	13	0	80	470	100	1	76	11
SONIC BLAST®-WITH CHOCO-LATE CHIP COOKIE DOUGH MEDIUM	820	29	17	0	110	630	134	1	101	15
SONIC BLAST®-WITH CHOCO-LATE CHUNK BROWNIE MINI	410	17	11	0	50	340	60	0	49	7
SONIC BLAST®-WITH CHOCO-LATE CHUNK BROWNIE SMALL	620	26	17	0	75	520	92	0	76	12

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
SONIC BLAST®-WITH CHOCO-LATE CHUNK BROWNIE MEDI-UM	820	34	23	0	105	700	122	0	100	15
SONIC BLAST®-WITH HEATH TOF-FEE PIECES MINI	430	19	11	0	50	360	61	0	54	7
SONIC BLAST®-WITH HEATH TOFFEE PIECES SMALL	650	29	17	0	80	560	93	1	82	11
SONIC BLAST®-WITH HEATH TOFFEE PIECES MEDIUM	860	38	23	0	110	740	123	1	109	15
SONIC BLAST®-WITH M&M'S®-MINIS CHOCO-LATE CANDIES MINI	490	20	13	0	55	290	73	1	64	8

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
SONIC BLAST®-WITH M&M'S®-MINIS CHOCO-LATE CANDIES SMALL	730	29	19	0	85	460	109	2	96	13
SONIC BLAST®-WITH M&M'S®-MINIS CHOCO-LATE CANDIES MEDIUM	960	38	25	0	110	620	144	2	126	17
SONIC BLAST®-WITH OREO®-COOKIE PIECES MINI	370	13	7	0	45	390	58	1	45	7
SONIC BLAST®-WITH OREO®-COOKIE PIECES SMALL	580	21	12	0	75	610	92	1	70	11
SONIC BLAST®-WITH OREO®-COOKIE PIECES MEDIUM	770	28	16	0	100	800	121	2	93	15

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
SONIC BLAST®-WITH REESE'S PEANUT BUTTER CUPS MINI	450	20	10	0	50	390	63	1	54	10
SONIC BLAST®-WITH REESE'S PEANUT BUTTER CUPS SMALL	680	30	15	0	80	600	96	2	83	15
SONIC BLAST®-WITH REESE'S PEANUT BUTTER CUPS MEDIUM	890	39	20	0	105	790	126	2	110	20
SONIC BLAST®-WITH TURTLE TRUFFLE NUT MINI	460	19	13	0	50	320	69	0	59	8
SONIC BLAST®-WITH TURTLE TRUFFLE NUT SMALL	700	29	19	0	80	510	104	0	90	13
SONIC BLAST®-WITH TURTLE TRUFFLE NUT MEDIUM	920	38	25	0	105	670	138	0	118	17

Easy Tabs (click or tap your desired one)

Limited time only | Burgers | Make it yours | Wacky pack!® kids meals

Toaster® sandwiches | Chicken | Sandwiches | Hot dogs | Breakfast | Coffee

Snacks & sides | Sonic blast® | **Hand-mixed classic shakes** | Hand-mixed master shakes®

Sundaes | Soft serve dish | Slushes | All-natural lemonade | Soft drinks

Sonic® rechargers with red bull® | Iced teas | Juices | Signature limeades

Ocean water® | Drink add-ins & toppings | Water | Condiments & dipping sauces

Hand-mixed classic shakes

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
BANANA SHAKE MINI	390	14	11	0	45	260	62	2	49	7
BANANA SHAKE SMALL	590	21	16	0	80	460	93	2	76	12
BANANA SHAKE MEDIUM	750	25	19	0	100	570	124	3	98	15
BANANA SHAKE LARGE	1100	36	26	0	155	870	185	5	146	23
CARAMEL SHAKE MINI	380	15	12	0	45	320	56	0	47	7
CARAMEL SHAKE SMALL	580	22	17	0	80	520	87	0	74	11
CARAMEL SHAKE MEDIUM	730	26	20	0	100	690	112	0	94	14
CARAMEL SHAKE LARGE	1070	37	28	0	155	1050	166	0	140	22
CHOCOLATE SHAKE MINI	370	15	12	0	45	340	56	1	48	7
CHOCOLATE SHAKE SMALL	570	22	17	0	80	540	87	1	75	11

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
CHOCOLATE SHAKE MEDIUM	720	27	20	0	100	720	112	1	95	14
CHOCOLATE SHAKE LARGE	1050	39	28	0	155	1100	167	2	142	22
HOT FUDGE SHAKE MINI	410	17	13	0	45	290	59	1	50	7
HOT FUDGE SHAKE SMALL	600	24	18	0	80	490	91	1	77	11
HOT FUDGE SHAKE MEDIUM	780	30	23	0	100	630	119	1	100	15
HOT FUDGE SHAKE LARGE	1150	43	32	0	155	960	178	2	150	22
PEANUT BUTTER SHAKE MINI	440	23	13	0	45	330	51	1	43	9
PEANUT BUTTER SHAKE SMALL	630	30	17	0	80	530	83	1	70	14
PEANUT BUTTER SHAKE MEDIUM	840	43	22	0	100	700	103	2	86	19
PEANUT BUTTER SHAKE LARGE	1240	63	30	0	155	1070	154	3	128	29

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
STRAWBERRY SHAKE MINI	360	14	11	0	45	270	54	0	47	6
STRAWBERRY SHAKE SMALL	560	21	16	0	80	460	85	0	74	11
STRAWBERRY SHAKE MEDIUM	690	25	18	0	100	580	108	1	94	14
STRAWBERRY SHAKE LARGE	1010	36	26	0	155	880	162	1	140	21
VANILLA SHAKE MINI	370	15	12	0	50	290	53	0	46	7
VANILLA SHAKE SMALL	570	22	17	0	85	490	85	0	74	12
VANILLA SHAKE MEDIUM	710	27	20	0	110	630	107	0	92	15
VANILLA SHAKE LARGE	1040	39	28	0	170	960	160	0	137	23

Easy Tabs (click or tap your desired one)

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Toaster® sandwiches | Chicken | Sandwiches | Hot dogs | Breakfast | Coffee

Snacks & sides | Sonic blast® | Hand-mixed classic shakes | **Hand-mixed master shakes®**

Sundaes | Soft serve dish | Slushes | All-natural lemonade | Soft drinks

Sonic® rechargers with red bull® | Iced teas | Juices | Signature limeades

Ocean water® | Drink add-ins & toppings | Water | Condiments & dipping sauces

Hand-mixed master shakes®

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
CHEESECAKE SHAKE MINI	400	16	12	0	45	400	60	0	49	7
CHEESECAKE SHAKE SMALL	600	23	16	0	80	600	92	0	76	12
CHEESECAKE SHAKE MEDIUM	750	27	19	0	100	820	117	0	96	14
CHEESECAKE SHAKE LARGE	1090	39	27	0	155	1240	173	0	142	22
OREO® CHEESE-CAKE SHAKE MINI	510	20	13	0	45	520	77	1	58	7
OREO® CHEESE-CAKE SHAKE SMALL	750	29	18	0	80	770	115	1	88	12
OREO® CHEESE-CAKE SHAKE MEDIUM	940	35	22	0	100	1050	146	2	112	15
OREO® CHEESE-CAKE SHAKE LARGE	1320	48	30	0	155	1510	209	2	162	22
OREO® CHOCO-LATE SHAKE MINI	480	20	13	0	45	460	72	1	57	7

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
OREO® CHOCO-LATE SHAKE SMALL	680	27	18	0	80	660	103	1	84	12
OREO® CHOCO-LATE SHAKE MEDIUM	910	35	23	0	100	940	141	3	112	15
OREO® CHOCO-LATE SHAKE LARGE	1290	49	31	0	155	1370	203	4	162	22
	TOTAL CALORIES	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBOHY-DRATES (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)
OREO® PEANUT BUTTER SHAKE MINI	540	28	14	0	45	450	68	2	53	9
OREO® PEANUT BUTTER SHAKE SMALL	740	35	19	0	80	650	99	2	79	14
OREO® PEANUT BUTTER SHAKE MEDIUM	1030	51	24	0	100	930	133	3	103	20
OREO® PEANUT BUTTER SHAKE LARGE	1480	73	33	0	155	1340	190	4	148	30

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
STRAWBERRY CHEESECAKE SHAKE MINI	420	16	12	0	45	400	66	1	54	7
STRAWBERRY CHEESECAKE SHAKE SMALL	620	23	16	0	80	600	97	1	81	12
STRAWBERRY CHEESECAKE SHAKE MEDIUM	790	27	19	0	100	830	128	1	107	14
STRAWBERRY CHEESECAKE SHAKE LARGE	1160	39	27	0	155	1250	190	2	158	22

Easy Tabs (click or tap your desired one)

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Snacks & sides | Sonic blast® | Hand-mixed classic shakes | Hand-mixed master shakes®

Sundaes | Soft serve dish | Slushes | All-natural lemonade | Soft drinks

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Ocean water® | Drink add-ins & toppings | Water | Condiments & dipping sauces

Sundaes

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
CARAMEL SUN-DAE	430	13	10	0	55	400	71	0	57	7
CHOCOLATE SUNDAE	440	12	9	0	50	340	76	0	64	7
HOT FUDGE SUN-DAE	460	17	13	0	50	360	73	1	60	8
STRAWBERRY SUNDAE	380	12	9	0	50	310	62	1	55	7

Easy Tabs (click or tap your desired one)

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Snacks & sides | Sonic blast® | Hand-mixed classic shakes | Hand-mixed master shakes®

Sundaes | **Soft serve dish** | Slushes | All-natural lemonade | Soft drinks

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Ocean water® | Drink add-ins & toppings | Water | Condiments & dipping sauces

Soft serve dish

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
VANILLA DISH	300	10	7	0	50	300	47	0	40	7

Easy Tabs (click or tap your desired one)

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Sundaes | Soft serve dish | **Slushes** | All-natural lemonade | Soft drinks

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Slushes

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
All slushes contain sugar. see drink add-ins & toppings.										
PLAIN SLUSH ONLY - NO SYRUP WACKY PACK!®	120	0	0	0	0	20	32	0	32	0
PLAIN SLUSH ONLY - NO SYRUP SMALL	180	0	0	0	0	30	48	0	48	0
PLAIN SLUSH ONLY - NO SYRUP MEDIUM	240	0	0	0	0	40	66	0	66	0
PLAIN SLUSH ONLY - NO SYRUP LARGE	380	0	0	0	0	60	103	0	103	0
PLAIN SLUSH ONLY - NO SYRUP RT 44®	540	0	0	0	0	85	145	0	145	0
Lemonade/limeade slushes										
LEMONADE SLUSH WACKY PACK!®	130	0	0	0	0	20	36	0	35	0
LEMONADE SLUSH SMALL	190	0	0	0	0	30	52	0	51	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
LEMONADE SLUSH MEDIUM	270	0	0	0	0	40	74	0	72	0
LEMONADE SLUSH LARGE	430	0	0	0	0	65	116	0	112	0
LEMONADE SLUSH RT 44®	600	0	0	0	0	95	162	0	157	0
LIMEADE SLUSH WACKY PACK!®	130	0	0	0	0	20	36	0	35	0
LIMEADE SLUSH SMALL	200	0	0	0	0	30	53	0	51	0
LIMEADE SLUSH MEDIUM	280	0	0	0	0	40	75	0	72	0
LIMEADE SLUSH LARGE	430	0	0	0	0	65	117	0	112	0
LIMEADE SLUSH RT 44®	600	0	0	0	0	95	163	0	157	0

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Snacks & sides | Sonic blast® | Hand-mixed classic shakes | Hand-mixed master shakes®

Sundaes | Soft serve dish | Slushes | **All-natural lemonade** | Soft drinks

Sonic® rechargers with red bull® | Iced teas | Juices | Signature limeades

Ocean water® | Drink add-ins & toppings | Water | Condiments & dipping sauces

All-natural lemonade

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
Lemonade/limeade slushes										
ALL-NATURAL LEMONADE WACKY PACK!®	100	0	0	0	0	0	27	0	25	0
ALL-NATURAL LEMONADE SMALL	160	0	0	0	0	0	42	0	38	0
ALL-NATURAL LEMONADE MEDIUM	270	0	0	0	0	0	69	0	64	0
ALL-NATURAL LEMONADE LARGE	400	0	0	0	0	10	105	0	97	0
ALL-NATURAL LEMONADE RT 44®	540	0	0	0	0	10	142	0	131	0

Easy Tabs (click or tap your desired one)

Limited time only | Burgers | Make it yours | Wacky pack!® kids meals

Toaster® sandwiches | Chicken | Sandwiches | Hot dogs | Breakfast | Coffee

Snacks & sides | Sonic blast® | Hand-mixed classic shakes | Hand-mixed master shakes®

Sundaes | Soft serve dish | Slushes | All-natural lemonade | **Soft drinks**

Sonic® rechargers with red bull® | Iced teas | Juices | Signature limeades

Ocean water® | Drink add-ins & toppings | Water | Condiments & dipping sauces

Soft drinks

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
Lemonade/limeade slushes										
BARQ'S® ROOT BEER WACKY PACK!®	70	0	0	0	0	35	18	0	18	0
BARQ'S® ROOT BEER SMALL	100	0	0	0	0	50	28	0	28	0
BARQ'S® ROOT BEER MEDIUM	170	0	0	0	0	85	47	0	47	0
BARQ'S® ROOT BEER LARGE	260	0	0	0	0	130	71	0	71	0
BARQ'S® ROOT BEER RT 44®	350	0	0	0	0	190	96	0	96	0
BIG RED®-WACKY PACK!®	70	0	0	0	0	25	20	0	20	0
BIG RED® SMALL	110	0	0	0	0	40	31	0	31	0
BIG RED® MEDI-UM	170	0	0	0	0	55	45	0	45	0
BIG RED®-LARGE	250	0	0	0	0	85	68	0	68	0
BIG RED® RT 44®	340	0	0	0	0	115	92	0	92	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
CANADA DRY®-GINGER ALE WACKY PACK!®	70	0	0	0	0	25	16	0	16	0
CANADA DRY®-GINGER ALE SMALL	100	0	0	0	0	45	26	0	26	0
CANADA DRY®-GINGER ALE MEDIUM	150	0	0	0	0	65	37	0	37	0
CANADA DRY®-GINGER ALE LARGE	230	0	0	0	0	100	56	0	56	0
CANADA DRY®-GINGER ALE RT 44®	310	0	0	0	0	135	76	0	76	0
COCA-COLA® WACKY PACK!®	70	0	0	0	0	15	18	0	18	0
COCA-COLA® SMALL	100	0	0	0	0	25	28	0	28	0
COCA-COLA® MEDIUM	170	0	0	0	0	40	47	0	47	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
COCA-COLA® LARGE	260	0	0	0	0	65	71	0	71	0
COCA-COLA® RT 44®	350	0	0	0	0	85	96	0	96	0
COCA-COLA® ZERO SUGAR WACKY PACK!®	0	0	0	0	0	15	0	0	0	0
COCA-COLA® ZERO SUGAR SMALL	0	0	0	0	0	25	0	0	0	0
COCA-COLA® ZERO SUGAR MEDIUM	0	0	0	0	0	40	0	0	0	0
COCA-COLA® ZERO SUGAR LARGE	0	0	0	0	0	65	0	0	0	0
COCA-COLA® ZERO SUGAR RT 44®	0	0	0	0	0	85	0	0	0	0
	TOTAL CALORIES	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBOHY-DRATES (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)
DIET COKE®-WACKY PACK!®	0	0	0	0	0	25	0	0	0	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
DIET COKE®-SMALL	0	0	0	0	0	40	0	0	0	0
DIET COKE®-MEDIUM	0	0	0	0	0	65	0	0	0	0
DIET COKE®-LARGE	0	0	0	0	0	95	0	0	0	0
DIET COKE® RT 44®	0	0	0	0	0	130	0	0	0	0
DR PEPPER®-WACKY PACK!®	60	0	0	0	0	20	18	0	18	0
DR PEPPER®-SMALL	100	0	0	0	0	30	28	0	28	0
DR PEPPER®-MEDIUM	160	0	0	0	0	55	46	0	46	0
DR PEPPER®-LARGE	240	0	0	0	0	80	70	0	70	0
DR PEPPER® RT 44®	330	0	0	0	0	110	94	0	94	0
DIET DR PEP-PER® WACKY PACK!®	0	0	0	0	0	35	0	0	0	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
DIET DR PEP-PER® SMALL	0	0	0	0	0	55	0	0	0	0
DIET DR PEP-PER® MEDIUM	0	0	0	0	0	90	0	0	0	0
DIET DR PEP-PER® LARGE	0	0	0	0	0	135	0	0	0	0
DIET DR PEP-PER® RT 44®	0	0	0	0	0	180	0	0	0	0
FANTA® ORANGE WACKY PACK!®	70	0	0	0	0	15	18	0	18	0
FANTA® ORANGE SMALL	100	0	0	0	0	25	28	0	28	0
FANTA® ORANGE MEDIUM	170	0	0	0	0	40	47	0	47	0
FANTA® ORANGE LARGE	260	0	0	0	0	65	71	0	71	0
FANTA® ORANGE RT 44®	350	0	0	0	0	85	96	0	96	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
HAWAIIAN PUNCH® WACKY PACK!®	80	0	0	0	0	65	22	0	22	0
HAWAIIAN PUNCH® SMALL	130	0	0	0	0	105	34	0	33	0
HAWAIIAN PUNCH® MEDIUM	210	0	0	0	0	170	56	0	55	0
HAWAIIAN PUNCH® LARGE	320	0	0	0	0	260	85	0	84	0
HAWAIIAN PUNCH® RT 44®	430	0	0	0	0	350	116	0	114	0
HI-C® FRUIT PUNCH WACKY PACK!®	70	0	0	0	0	35	20	0	20	0
HI-C® FRUIT PUNCH SMALL	110	0	0	0	0	50	31	0	31	0
HI-C® FRUIT PUNCH MEDIUM	190	0	0	0	0	85	51	0	51	0
HI-C® FRUIT PUNCH LARGE	290	0	0	0	0	130	77	0	77	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
HI-C® FRUIT PUNCH RT 44®	390	0	0	0	0	170	105	0	105	0
LEMON-LIME GATORADE® WACKY PACK!®	40	0	0	0	0	80	11	0	10	0
LEMON-LIME GATORADE® SMALL	60	0	0	0	0	125	16	0	15	0
LEMON-LIME GATORADE® MEDIUM	100	0	0	0	0	210	27	0	26	0
LEMON-LIME GATORADE® LARGE	150	0	0	0	0	310	41	0	39	0
LEMON-LIME GATORADE® RT 44®	210	0	0	0	0	420	56	0	53	0
MELLO YELLO®-WACKY PACK!®	70	0	0	0	0	25	20	0	20	0
MELLO YELLO®-SMALL	110	0	0	0	0	40	31	0	31	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
MELLO YELLO®-MEDIUM	190	0	0	0	0	65	51	0	51	0
MELLO YELLO®-LARGE	290	0	0	0	0	95	77	0	77	0
MELLO YELLO®-RT 44®	390	0	0	0	0	130	105	0	105	0
MOUNTAIN DEW® WACKY PACK!®	80	0	0	0	0	25	21	0	21	0
MOUNTAIN DEW® SMALL	130	0	0	0	0	40	33	0	33	0
MOUNTAIN DEW® MEDIUM	210	0	0	0	0	65	55	0	54	0
MOUNTAIN DEW® LARGE	320	0	0	0	0	100	83	0	83	0
MOUNTAIN DEW® RT 44®	430	0	0	0	0	135	112	0	112	0
DIET MOUNTAIN DEW® WACKY PACK!®	0	0	0	0	0	25	0	0	0	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
DIET MOUNTAIN DEW® SMALL	0	0	0	0	0	40	0	0	0	0
DIET MOUNTAIN DEW® MEDIUM	5	0	0	0	0	70	<1	0	0	0
DIET MOUNTAIN DEW® LARGE	10	0	0	0	0	105	<1	0	0	0
DIET MOUNTAIN DEW® RT 44®	10	0	0	0	0	140	1	0	0	0
MUG® ROOT BEER WACKY PACK!®	70	0	0	0	0	20	19	0	19	0
MUG® ROOT BEER SMALL	110	0	0	0	0	35	30	0	29	0
MUG® ROOT BEER MEDIUM	180	0	0	0	0	55	49	0	49	0
MUG® ROOT BEER LARGE	270	0	0	0	0	85	74	0	74	0
MUG® ROOT BEER RT 44®	370	0	0	0	0	115	101	0	100	0
PEPSI® WACKY PACK!®	70	0	0	0	0	15	20	0	20	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
PEPSI® SMALL	110	0	0	0	0	25	31	0	31	0
PEPSI® MEDIUM	190	0	0	0	0	40	52	0	52	0
PEPSI® LARGE	290	0	0	0	0	60	78	0	78	0
PEPSI® RT 44®	390	0	0	0	0	80	106	0	106	0
TOTAL CALORIES		TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBOHY-DRATES (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)
PEPSI® ZERO SUGAR WACKY PACK!®	0	0	0	0	0	30	0	0	0	0
PEPSI® ZERO SUGAR SMALL	0	0	0	0	0	50	0	0	0	0
PEPSI® ZERO SUGAR MEDIUM	0	0	0	0	0	80	0	0	0	0
PEPSI® ZERO SUGAR LARGE	0	0	0	0	0	120	0	0	0	0
PEPSI® ZERO SUGAR RT 44®	0	0	0	0	0	160	0	0	0	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
POWERADE® MOUNTAIN BLAST® WACKY PACK!®	35	0	0	0	0	50	10	0	10	0
POWERADE® MOUNTAIN BLAST® SMALL	50	0	0	0	0	75	15	0	15	0
POWERADE® MOUNTAIN BLAST® MEDIUM	80	0	0	0	0	125	25	0	25	0
POWERADE® MOUNTAIN BLAST® LARGE	130	0	0	0	0	190	39	0	39	0
POWERADE® MOUNTAIN BLAST® RT 44®	170	0	0	0	0	260	52	0	52	0
RED BULL® 8.4 OZ. CAN	110	0	0	0	0	65	27	0	25	1
SPRITE® WACKY PACK!®	70	0	0	0	0	35	18	0	18	0
SPRITE® SMALL	100	0	0	0	0	50	28	0	28	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
SPRITE® MEDI-UM	170	0	0	0	0	85	47	0	47	0
SPRITE® LARGE	260	0	0	0	0	130	71	0	71	0
SPRITE® RT 44®	350	0	0	0	0	170	96	0	96	0
SPRITE® ZERO SUGAR WACKY PACK!®	0	0	0	0	0	15	0	0	0	0
SPRITE® ZERO SUGAR SMALL	0	0	0	0	0	25	0	0	0	0
SPRITE® ZERO SUGAR MEDIUM	0	0	0	0	0	40	0	0	0	0
SPRITE® ZERO SUGAR LARGE	0	0	0	0	0	65	0	0	0	0
SPRITE® ZERO SUGAR RT 44®	0	0	0	0	0	85	0	0	0	0
STARRY® WACKY PACK!®	70	0	0	0	0	15	19	0	19	0
STARRY® SMALL	110	0	0	0	0	25	29	0	29	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
STARRY® MEDI-UM	180	0	0	0	0	40	48	0	48	0
STARRY® LARGE	280	0	0	0	0	65	74	0	74	0
STARRY® RT 44®	370	0	0	0	0	85	100	0	100	0
SUN DROP®-WACKY PACK!®	80	0	0	0	0	25	21	0	21	0
SUN DROP®-SMALL	130	0	0	0	0	45	33	0	33	0
SUN DROP®-MEDIUM	190	0	0	0	0	65	48	0	48	0
SUN DROP®-LARGE	280	0	0	0	0	100	73	0	73	0
SUN DROP® RT 44®	380	0	0	0	0	135	99	0	99	0
TROPICANA® LEMONADE WACKY PACK!®	70	0	0	0	0	75	19	0	19	0
TROPICANA® LEMONADE SMALL	110	0	0	0	0	115	30	0	30	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
TROPICANA® LEMONADE MEDIUM	190	0	0	0	0	190	50	0	49	0
TROPICANA® LEMONADE LARGE	290	0	0	0	0	290	76	0	75	0
TROPI-CANA® LEMON-ADE RT 44®	390	0	0	0	0	400	102	0	102	0

Easy Tabs (click or tap your desired one)

Limited time only | Burgers | Make it yours | Wacky pack!® kids meals

Toaster® sandwiches | Chicken | Sandwiches | Hot dogs | Breakfast | Coffee

Snacks & sides | Sonic blast® | Hand-mixed classic shakes | Hand-mixed master shakes®

Sundaes | Soft serve dish | Slushes | All-natural lemonade | Soft drinks

Sonic® rechargers with red bull® | Iced teas | Juices | Signature limeades

Ocean water® | Drink add-ins & toppings | Water | Condiments & dipping sauces

Sonic® rechargers with red bull®

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
Lemonade/limeade slushes										
BLOOD ORANGE MEDIUM	220	0	0	0	0	150	59	0	58	1
BLOOD ORANGE LARGE	340	0	0	0	0	230	90	0	90	1
BLOOD ORANGE RT 44®	450	0	0	0	0	310	120	0	119	1
DRAGON FRUIT MEDIUM	220	0	0	0	0	150	59	0	59	1
DRAGON FRUIT LARGE	340	0	0	0	0	230	91	0	90	1
DRAGON FRUIT RT 44®	450	0	0	0	0	310	120	0	119	1
TWISTED LIME MEDIUM	230	0	0	0	0	140	59	0	59	1
TWISTED LIME LARGE	340	0	0	0	0	220	91	0	90	1
TWISTED LIME RT 44®	480	0	0	0	0	310	125	0	124	1

Easy Tabs (click or tap your desired one)

Limited time only | Burgers | Make it yours | Wacky pack!® kids meals

Toaster® sandwiches | Chicken | Sandwiches | Hot dogs | Breakfast | Coffee

Snacks & sides | Sonic blast® | Hand-mixed classic shakes | Hand-mixed master shakes®

Sundaes | Soft serve dish | Slushes | All-natural lemonade | Soft drinks

Sonic® rechargers with red bull® | **Iced teas** | Juices | Signature limeades

Ocean water® | Drink add-ins & toppings | Water | Condiments & dipping sauces

Iced teas

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
Lemonade/limeade slushes										
SWEET ICED TEA WACKY PACK!®	80	0	0	0	0	0	21	0	21	0
SWEET ICED TEA SMALL	140	0	0	0	0	10	37	0	37	0
SWEET ICED TEA MEDIUM	170	0	0	0	0	15	45	0	45	0
SWEET ICED TEA LARGE	290	0	0	0	0	20	78	0	78	0
SWEET ICED TEA RT 44®	360	0	0	0	0	25	96	0	96	0
TEA WACKY PACK!®	50	0	0	0	0	25	13	0	13	0
TEA SMALL	80	0	0	0	0	40	21	0	20	0
TEA MEDIUM	130	0	0	0	0	65	34	0	34	0
TEA LARGE	200	0	0	0	0	95	52	0	52	0
TEA RT 44®	270	0	0	0	0	130	70	0	70	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
UNSWEET ICED TEA WACKY PACK!®	0	0	0	0	0	0	0	0	0	0
UNSWEET ICED TEA SMALL	0	0	0	0	0	10	0	0	0	0
UNSWEET ICED TEA MEDIUM	0	0	0	0	0	15	0	0	0	0
UNSWEET ICED TEA LARGE	0	0	0	0	0	20	0	0	0	0
UNSWEET ICED TEA RT 44®	0	0	0	0	0	25	0	0	0	0
TOTAL CALORIES		TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBOHY-DRATES (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)

Easy Tabs (click or tap your desired one)

Limited time only | Burgers | Make it yours | Wacky pack!® kids meals

Toaster® sandwiches | Chicken | Sandwiches | Hot dogs | Breakfast | Coffee

Snacks & sides | Sonic blast® | Hand-mixed classic shakes | Hand-mixed master shakes®

Sundaes | Soft serve dish | Slushes | All-natural lemonade | Soft drinks

Sonic® rechargers with red bull® | Iced teas | **Juices** | Signature limeades

Ocean water® | Drink add-ins & toppings | Water | Condiments & dipping sauces

Juices

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
Lemonade/limeade slushes										
MINUTE MAID®-100% APPLE JUICE BOX (6 FL. OZ.)	80	0	0	0	0	15	21	0	19	0
SIMPLY® ORANGE JUICE BOTTLE (11.5 FL. OZ.)	160	0	0	0	0	0	37	0	33	2

Easy Tabs (click or tap your desired one)

Limited time only | Burgers | Make it yours | Wacky pack!® kids meals

Toaster® sandwiches | Chicken | Sandwiches | Hot dogs | Breakfast | Coffee

Snacks & sides | Sonic blast® | Hand-mixed classic shakes | Hand-mixed master shakes®

Sundaes | Soft serve dish | Slushes | All-natural lemonade | Soft drinks

Sonic® rechargers with red bull® | Iced teas | Juices | **Signature limeades**

Ocean water® | Drink add-ins & toppings | Water | Condiments & dipping sauces

Signature limeades

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
Lemonade/limeade slushes										
CHERRY LIMEADE WACKY PACK!®	110	0	0	0	0	40	29	0	29	0
CHERRY LIMEADE SMALL	140	0	0	0	0	60	39	0	39	0
CHERRY LIMEADE MEDIUM	240	0	0	0	0	95	66	0	66	0
CHERRY LIMEADE LARGE	360	0	0	0	0	140	99	0	98	0
CHERRY LIMEADE RT 44®	490	0	0	0	0	200	133	0	132	0
CRANBERRY LIMEADE WACKY PACK!®	100	0	0	0	0	35	27	0	26	0
CRANBERRY LIMEADE SMALL	140	0	0	0	0	50	37	0	36	0
CRANBERRY LIMEADE MEDIUM	240	0	0	0	0	90	65	0	63	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
CRANBERRY LIMEADE LARGE	360	0	0	0	0	135	98	0	95	0
CRANBERRY LIMEADE RT 44®	480	0	0	0	0	190	132	0	128	0
DIET CHERRY LIMEADE WACKY PACK!®	10	0	0	0	0	25	2	0	2	0
DIET CHERRY LIMEADE SMALL	10	0	0	0	0	35	2	0	2	0
DIET CHERRY LIMEADE MEDI-UM	15	0	0	0	0	55	3	0	2	0
DIET CHERRY LIMEADE LARGE	15	0	0	0	0	80	3	0	2	0
DIET CHERRY LIMEADE RT 44®	15	0	0	0	0	110	4	0	2	0
DIET LIMEADE WACKY PACK!®	0	0	0	0	0	20	0	0	0	0
DIET LIMEADE SMALL	0	0	0	0	0	30	0	0	0	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
DIET LIMEADE MEDIUM	5	0	0	0	0	50	1	0	0	0
DIET LIMEADE LARGE	5	0	0	0	0	70	1	0	0	0
DIET LIMEADE RT 44®	5	0	0	0	0	100	2	0	0	0
LIMEADE WACKY PACK!®	70	0	0	0	0	35	19	0	18	0
LIMEADE SMALL	100	0	0	0	0	55	29	0	28	0
LIMEADE MEDI-UM	170	0	0	0	0	90	48	0	47	0
LIMEADE LARGE	260	0	0	0	0	140	72	0	71	0
LIMEADE RT 44®	350	0	0	0	0	180	98	0	96	0
STRAWBERRY LIMEADE WACKY PACK!®	90	0	0	0	0	40	25	1	24	0
STRAWBERRY LIMEADE SMALL	130	0	0	0	0	55	35	1	34	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
STRAWBERRY LIMEADE MEDIUM	220	0	0	0	0	100	60	1	58	0
STRAWBERRY LIMEADE LARGE	330	0	0	0	0	150	90	1	88	0
STRAWBERRY LIMEADE RT 44®	450	0	0	0	0	200	121	2	118	0

Easy Tabs (click or tap your desired one)

Limited time only | Burgers | Make it yours | Wacky pack!® kids meals

Toaster® sandwiches | Chicken | Sandwiches | Hot dogs | Breakfast | Coffee

Snacks & sides | Sonic blast® | Hand-mixed classic shakes | Hand-mixed master shakes®

Sundaes | Soft serve dish | Slushes | All-natural lemonade | Soft drinks

Sonic® rechargers with red bull® | Iced teas | Juices | Signature limeades

Ocean water® | Drink add-ins & toppings | Water | Condiments & dipping sauces

Ocean water®

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
Lemonade/limeade slushes										
OCEAN WATER®-WACKY PACK!®	80	0	0	0	0	40	21	0	21	0
OCEAN WATER®-SMALL	110	0	0	0	0	60	31	0	31	0
OCEAN WATER®-MEDIUM	190	0	0	0	0	95	53	0	53	0
OCEAN WATER®-LARGE	300	0	0	0	0	150	80	0	80	0
OCEAN WATER®-RT 44®	400	0	0	0	0	200	108	0	108	0

Easy Tabs (click or tap your desired one)

Limited time only | Burgers | Make it yours | Wacky pack!® kids meals

Toaster® sandwiches | Chicken | Sandwiches | Hot dogs | Breakfast | Coffee

Snacks & sides | Sonic blast® | Hand-mixed classic shakes | Hand-mixed master shakes®

Sundaes | Soft serve dish | Slushes | All-natural lemonade | Soft drinks

Sonic® rechargers with red bull® | Iced teas | Juices | Signature limeades

Ocean water® | **Drink add-ins & toppings** | Water | Condiments & dipping sauces

Drink add-ins & toppings

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
Lemonade/limeade slushes										
BLACKBERRY SUGAR-FREE ADD-IN WACKY PACK!®	0	0	0	0	0	0	0	0	0	0
BLACKBERRY SUGAR-FREE ADD-IN SMALL	0	0	0	0	0	0	0	0	0	0
BLACKBERRY SUGAR-FREE ADD-IN MEDIUM	0	0	0	0	0	5	1	0	0	0
BLACKBERRY SUGAR-FREE ADD-IN LARGE	5	0	0	0	0	10	1	0	0	0
BLACKBERRY SUGAR-FREE ADD-IN RT 44®	5	0	0	0	0	15	1	0	0	0
BLOOD ORANGE ADD-IN WACKY PACK!®	15	0	0	0	0	20	3	0	3	0
BLOOD ORANGE ADD-IN SMALL	15	0	0	0	0	20	3	0	3	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
BLOOD ORANGE ADD-IN MEDIUM	25	0	0	0	0	35	6	0	6	0
BLOOD ORANGE ADD-IN LARGE	40	0	0	0	0	55	9	0	9	0
BLOOD ORANGE ADD-IN RT 44®	50	0	0	0	0	70	13	0	13	0
BLUE COCONUT ADD-IN WACKY PACK!®	10	0	0	0	0	0	2	0	2	0
BLUE COCONUT ADD-IN SMALL	10	0	0	0	0	0	2	0	2	0
BLUE COCONUT ADD-IN MEDIUM	15	0	0	0	0	0	4	0	4	0
BLUE COCONUT ADD-IN LARGE	25	0	0	0	0	5	6	0	6	0
BLUE COCONUT ADD-IN RT 44®	35	0	0	0	0	10	9	0	8	0
BLUE RASP-BERRY ADD-IN WACKY PACK!®	10	0	0	0	0	0	2	0	2	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
BLUE RASPBER-RY ADD-IN SMALL	10	0	0	0	0	0	2	0	2	0
BLUE RASPBER-RY ADD-IN MEDI-UM	15	0	0	0	0	0	4	0	4	0
BLUE RASP-BERRY ADD-IN LARGE	25	0	0	0	0	0	6	0	5	0
BLUE RASPBER-RY ADD-IN RT 44®	30	0	0	0	0	5	8	0	7	0
CARAMEL TOP-PING	90	1	0.5	0	5	90	19	0	12	0
TOTAL CALORIES		TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBOHY-DRATES (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)
CHERRY ADD-IN WACKY PACK!®	10	0	0	0	0	0	3	0	3	0
CHERRY ADD-IN SMALL	10	0	0	0	0	0	3	0	3	0
CHERRY ADD-IN MEDIUM	25	0	0	0	0	5	6	0	5	0
CHERRY ADD-IN LARGE	35	0	0	0	0	10	9	0	8	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
CHERRY ADD-IN RT 44®	45	0	0	0	0	10	12	0	11	0
CHERRY GAR-NISH	10	0	0	0	0	0	2	0	2	0
COCONUT ADD-IN WACKY PACK!®	20	0	0	0	0	0	5	0	5	0
COCONUT ADD-IN SMALL	20	0	0	0	0	0	5	0	5	0
COCONUT ADD-IN MEDIUM	35	0	0	0	0	0	9	0	9	0
COCONUT ADD-IN LARGE	60	0	0	0	0	0	14	0	14	0
COCONUT ADD-IN RT 44®	70	0	0	0	0	0	18	0	18	0
CRANBERRY ADD-IN WACKY PACK!®	35	0	0	0	0	0	9	0	8	0
CRANBERRY ADD-IN SMALL	35	0	0	0	0	0	9	0	8	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
CRANBERRY ADD-IN MEDIUM	70	0	0	0	0	0	17	0	16	0
CRANBERRY ADD-IN LARGE	100	0	0	0	0	0	26	0	24	0
CRANBERRY ADD-IN RT 44®	130	0	0	0	0	0	34	0	32	0
DIET CHER-RY SUGAR-FREE ADD-IN WACKY PACK!®	0	0	0	0	0	0	0	0	0	0
DIET CHER-RY SUGAR-FREE ADD-IN SMALL	0	0	0	0	0	0	0	0	0	0
DIET CHER-RY SUGAR-FREE ADD-IN MEDIUM	0	0	0	0	0	5	0	0	0	0
DIET CHER-RY SUGAR-FREE ADD-IN LARGE	0	0	0	0	0	10	0	0	0	0
DIET CHER-RY SUGAR-FREE ADD-IN RT 44®	0	0	0	0	0	10	0	0	0	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
DRAGON FRUIT ADD-IN WACKY PACK!®	15	0	0	0	0	20	4	0	4	0
DRAGON FRUIT ADD-IN SMALL	15	0	0	0	0	20	4	0	4	0
DRAGON FRUIT ADD-IN MEDIUM	30	0	0	0	0	45	7	0	7	0
DRAGON FRUIT ADD-IN LARGE	45	0	0	0	0	65	11	0	11	0
DRAGON FRUIT ADD-IN RT 44®	60	0	0	0	0	90	15	0	14	0
GRAPE ADD-IN WACKY PACK!®	15	0	0	0	0	0	4	0	4	0
GRAPE ADD-IN SMALL	15	0	0	0	0	0	4	0	4	0
GRAPE ADD-IN MEDIUM	30	0	0	0	0	0	7	0	7	0
GRAPE ADD-IN LARGE	45	0	0	0	0	5	11	0	11	0
GRAPE ADD-IN RT 44®	60	0	0	0	0	10	14	0	14	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
HOT FUDGE TOP-PING	140	4.5	4	0	0	65	22	1	17	1
LEMON ADD-IN WACKY PACK!®	0	0	0	0	0	0	0	0	0	0
LEMON ADD-IN SMALL	0	0	0	0	0	0	0	0	0	0
LEMON ADD-IN MEDIUM	5	0	0	0	0	0	1	0	0	0
LEMON ADD-IN LARGE	5	0	0	0	0	0	1	0	0	0
LEMON ADD-IN RT 44®	5	0	0	0	0	0	2	0	1	0
LIME ADD-IN WACKY PACK!®	0	0	0	0	0	0	0	0	0	0
LIME ADD-IN SMALL	0	0	0	0	0	0	0	0	0	0
LIME ADD-IN MEDIUM	5	0	0	0	0	0	1	0	0	0
LIME ADD-IN LARGE	5	0	0	0	0	0	1	0	0	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
LIME ADD-IN RT 44®	5	0	0	0	0	0	2	0	0	0
MAKE IT DIRTY ADD-IN WACKY PACK!®	40	1	0.5	0	5	20	8	0	8	1
MAKE IT DIRTY ADD-IN SMALL	40	1	0.5	0	5	20	8	0	8	1
MAKE IT DIRTY ADD-IN MEDIUM	80	1.5	1	0	10	45	17	0	15	1
MAKE IT DIRTY ADD-IN LARGE	120	2.5	1.5	0	10	65	25	0	23	2
MAKE IT DIRTY ADD-IN RT 44®	160	3	2	0	15	90	33	0	30	2
MANGO SUG-AR-FREE ADD-IN WACKY PACK!®	0	0	0	0	0	0	0	0	0	0
MANGO SUG-AR-FREE ADD-IN SMALL	0	0	0	0	0	0	0	0	0	0
MANGO SUG-AR-FREE ADD-IN MEDIUM	0	0	0	0	0	5	1	0	0	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
MANGO SUG-AR-FREE ADD-IN LARGE	5	0	0	0	0	10	1	0	0	0
MANGO SUG-AR-FREE ADD-IN RT 44®	5	0	0	0	0	15	1	0	0	0
NERDS® CANDY ADD-IN WACKY PACK!®	60	0	0	0	0	0	14	0	14	0
NERDS® CANDY ADD-IN SMALL	110	0	0	0	0	0	28	0	28	0
NERDS® CANDY ADD-IN MEDIUM	170	0	0	0	0	0	42	0	41	0
NERDS® CANDY ADD-IN LARGE	220	0	0	0	0	0	56	0	55	0
NERDS® CANDY ADD-IN RT 44®	280	0	0	0	0	5	70	0	69	0
PEACH SUG-AR-FREE ADD-IN WACKY PACK!®	0	0	0	0	0	0	0	0	0	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
PEACH SUG-AR-FREE ADD-IN SMALL	0	0	0	0	0	0	0	0	0	0
PEACH SUG-AR-FREE ADD-IN MEDIUM	0	0	0	0	0	5	0	0	0	0
PEACH SUG-AR-FREE ADD-IN LARGE	0	0	0	0	0	10	0	0	0	0
PEACH SUG-AR-FREE ADD-IN RT 44®	0	0	0	0	0	10	1	0	0	0
TOTAL CALORIES		TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBOHY-DRATES (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)
POWERADE® ADD-IN WACKY PACK!®	25	0	0	0	0	20	6	0	6	0
POWERADE® ADD-IN SMALL	25	0	0	0	0	20	6	0	6	0
POWERADE® ADD-IN MEDIUM	45	0	0	0	0	40	13	0	13	0
POWERADE® ADD-IN LARGE	70	0	0	0	0	60	20	0	20	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
POWERADE® ADD-IN RT 44®	90	0	0	0	0	80	25	0	25	0
RASPBERRY SUGAR-FREE ADD-IN WACKY PACK!®	0	0	0	0	0	0	0	0	0	0
RASPBERRY SUGAR-FREE ADD-IN SMALL	0	0	0	0	0	0	0	0	0	0
RASPBERRY SUGAR-FREE ADD-IN MEDIUM	0	0	0	0	0	5	0	0	0	0
RASPBERRY SUGAR-FREE ADD-IN LARGE	0	0	0	0	0	10	1	0	0	0
RASPBERRY SUGAR-FREE ADD-IN RT 44®	5	0	0	0	0	15	1	0	0	0
STRAWBERRY ADD-IN WACKY PACK!®	25	0	0	0	0	5	7	1	6	0
STRAWBERRY ADD-IN SMALL	25	0	0	0	0	5	7	1	6	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
STRAWBERRY ADD-IN MEDIUM	50	0	0	0	0	10	12	1	11	0
STRAWBERRY ADD-IN LARGE	70	0	0	0	0	15	18	1	17	0
STRAWBERRY ADD-IN RT 44®	90	0	0	0	0	20	24	2	22	0
SWEET CREAM ADD-IN WACKY PACK!®	40	1.5	1	0	5	40	7	0	6	1
SWEET CREAM ADD-IN SMALL	40	1.5	1	0	5	40	7	0	6	1
SWEET CREAM ADD-IN MEDIUM	80	3	2	0	15	85	13	0	11	2
SWEET CREAM ADD-IN LARGE	130	4.5	3	0	20	125	20	0	17	3
SWEET CREAM ADD-IN RT 44®	170	6	4	0	30	170	27	0	23	4
TWISTED LIME ADD-IN WACKY PACK!®	15	0	0	0	0	15	4	0	4	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
TWISTED LIME ADD-IN SMALL	15	0	0	0	0	15	4	0	4	0
TWISTED LIME ADD-IN MEDIUM	30	0	0	0	0	30	7	0	7	0
TWISTED LIME ADD-IN LARGE	45	0	0	0	0	45	11	0	11	0
TWISTED LIME ADD-IN RT 44®	60	0	0	0	0	60	15	0	15	0
VANILLA ADD-IN WACKY PACK!®	20	0	0	0	0	0	6	0	6	0
VANILLA ADD-IN SMALL	20	0	0	0	0	0	6	0	6	0
VANILLA ADD-IN MEDIUM	45	0	0	0	0	0	12	0	12	0
VANILLA ADD-IN LARGE	70	0	0	0	0	5	18	0	18	0
VANILLA ADD-IN RT 44®	90	0	0	0	0	5	24	0	24	0

Easy Tabs (click or tap your desired one)

Limited time only | Burgers | Make it yours | Wacky pack!® kids meals

Toaster® sandwiches | Chicken | Sandwiches | Hot dogs | Breakfast | Coffee

Snacks & sides | Sonic blast® | Hand-mixed classic shakes | Hand-mixed master shakes®

Sundaes | Soft serve dish | Slushes | All-natural lemonade | Soft drinks

Sonic® rechargers with red bull® | Iced teas | Juices | Signature limeades

Ocean water® | Drink add-ins & toppings | **Water** | Condiments & dipping sauces

Water

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
Lemonade/limeade slushes										
SONIC® WATER BOTTLE (16.9 FL. OZ.)	0	0	0	0	0	0	0	0	0	0

Easy Tabs (click or tap your desired one)

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Ocean water® | Drink add-ins & toppings | Water | **Condiments & dipping sauces**

Condiments & dipping sauces

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
Lemonade/limeade slushes										
ASIAN-STYLE SWEET CHILI	60	0	0	0	0	370	13	0	11	1
BBQ	50	0	0	0	0	300	11	0	10	0
BUFFALO	60	6	1	0	5	720	1	0	0	0
COUNTRY GRAVY	130	7	6	0	0	960	15	0	3	0
GROOVY SAUCE	110	11	2	0	10	200	2	0	2	0
HONEY MUSTARD	90	8	1.5	0	10	170	6	0	4	0
JALAPEÑO RANCH	130	13	2	0	5	170	2	0	1	0
KETCHUP	10	0	0	0	0	85	3	0	2	0
LIGHT MAYO	40	3	0	0	5	105	3	0	2	0
MARINARA	15	0	0	0	0	135	4	0	2	0
MUSTARD	5	0	0	0	0	95	0	0	0	0
RANCH	110	11	2	0	10	230	1	0	1	0

Menu Item	Total calo-ries	Total fat (g)	Saturated fat (g)	Trans fat (g)	Choles-terol (mg)	Sodium (mg)	Total carbohy-drates (g)	Dietary fiber (g)	Sugar (g)	Protein (g)
SALSA DE SON-IC®	5	0	0	0	0	140	1	0	0	0
SIGNATURE CHEESE	130	11	2.5	0	5	720	6	0	3	2
SWEET RELISH	10	0	0	0	0	55	3	0	2	0
SYRUP	90	0	0	0	0	0	22	0	15	0

Additional Notes

For allergies, please check this file: https://assets.ctfassets.net/2iottqjdrp5h/28K0ywJFOLfy8H0tsKQy-Ho/97b70168d02a273c6f1b9be6771e8963/56568-115_FEE_0424_GUEST_ALLERGENGUIDE_APRIL_FA_cp_WCAG.pdf

This Sonic Drive-In nutrition facts guide provides a comprehensive breakdown of calories, fats, sodium, and carbohydrates for your favorite menu items to help you make informed dining choices. Whether you are tracking daily intake or looking for lower-calorie options like the grilled chicken sandwich or a small slush, understanding the nutritional profile of the Sonic menu is essential for maintaining a balanced lifestyle. From the iconic Sonic Cheeseburger and handmade onion rings to the extensive variety of Master Shakes and Blasts, this document covers the essential dietary data for every category. We recommend reviewing these Sonic Drive-In nutrition facts regularly as ingredients may change, and customized orders will alter the final nutritional values. By using this guide to navigate the Sonic menu responsibly, you can enjoy the classic drive-in experience while staying aligned with your personal health and wellness goals.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Information are based on official sources with no affiliation with them. Menu items vary by location. © 2026 all rights reserved.