# The Hawai'i Nurse AMERICAN NURSES ASSOCIATION Official Newsletter of Hawai'i - American Nurses Association Quarterly publication distributed to approximately 9,400 RNs and LPNs in Hawai'i.

November 2020 | Vol. 1 No. 2

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- December 12, 2020 @ 2pm **Board of Directors Meeting**

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# President's Message

Hello Hawai'i's Nurses,

Following our Annual Membership Assembly on Sept 12, 2020 Hawai'i-ANA has been taking action on our members suggestions to further grow our organization. In doing so, Hawai'i-ANA is in the process of engaging nurses on each island (district) to work

together on community focused outreach that shows our community who we are. We would like to start by getting together, virtually, to generate ideas and methods of implementation for community engagement activities. As Hawai'i-ANA's mission we strive to empower nurses to advocate for the places we live and work. The Woodhull Study by The George Washington University, identified that nurses are grossly underrepresented in media, on boards, and as community leaders. Hawai'i-ANA's goal is to show our island

communities that nurses are leaders, content



Katie Kemp

experts, and using evidence and science to help care for people throughout their lives. If you are interested in being part of our growing organization and connecting with nurse leaders on your island please contact us via email. We will connect you to other nurses on your home island. As we continue our celebration of Year of the Nurse we welcome all nurses from students through retirees to join in our outreach activities.

Mahalo,

Katie Kemp, BAN, RN-BC

President, Hawai'i - American Nurses Association

#### **Contact Us**

Website: Via https://hawaii-ana. nursingnetwork.com/contact

Email: president@hawaii-ana.org Social Media:

- Facebook: Hawai'i American Nurses Association
- Instagram: @hawaii.ana Twitter: @hawaii\_nurses

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#### **INDEX**

Report on Membership Assembly 2
Meet the Board of Directors3
Congratulations to our elected
Nominating Committee!4
District Page: Featuring Maui County 5-6
Student Nurses Page 6
Hawai'i-ANA Membership7
Improving the Our Care, Our Choice Act8

Testimony in Legislature:
Ron Meadow's Story 8
Care and Choices at the End of Life:
A Discussion on Hawai'i's new Our
Care, Our Choice Act8
LegIslation
Membership Application 11

# Report on our first Membership Assembly



Hawai'i - American Nurses Association hosted its first Annual Membership Assembly on Saturday, September 12, 2020. This was a virtual event bringing in members from O'ahu, Hawai'i Island, Maui, Kaua'i, and the mainland U.S.. We were grateful to have two ANCC approved CE presenters; Dr. Elizabeth Hale and Dr. R. Lisette Chinn. Dr. Hale presented on "Transforming Relationships to Transform Healthcare: Managing the health of underserved populations." She took a deep dive into Federally Qualified Health Centers (FQHCs), community health projects, and engaging the patient population by meeting their social determinants of health (SDOH). The state of Hawai'i has over 15 FQHCs serving some of our most remote residents.3 FQHCs commonly serve a patient population of medicaid recipients, non-english speakers, elderly, homeless, and those seeking non-traditional health care treatment. Many of their patients have significant barriers to managing their chronic conditions due to insecurities of food, income, housing, and transportation. As one of the many successful strategies, Dr. Hale's Community Health Center (CHC) engaged community leaders in the development of programs at the FQHC and hired community members as Community Health Navigators/Community Health Workers. This is a trending new career as payment transformation is pushing for primary care providers to address SDOH and implement treatment, which results in higher reimbursement for the provider and ultimately better health outcomes for the patient.<sup>2</sup>

Dr. R. Lisette Chinn presented "Radical Self Care: Thriving at Home & Work" where she discussed methods to reduce stress, decision burden, and creativity fatigue at home to improve productivity and satisfaction at work. Dr. Chinn led a robust, highly engaged, discussion on how nurses neglect self care and what we can do to improve.

A recent study by UC San Diego Health "found that male and female nurses are at higher risk of suicide than the general population.1" This data is alarming and shows how important self-care and normalizing the conversation of mental health is to our nursing profession. UC San Diego Health created a suicide prevention program titled Healer Education Assessment and Referral (HEAR). This program is for colleagues to identify warning signs, encourage treatment, or place referrals for each other when depression or anxiety is a concern. Many employers offer in-house counseling to nurses or have a health insurance

Mahalo, nurses, for your continued dedication to building healthier communities, right here in Hawai'i.

UHCCP.com/HI



plan that will cover psychological services. As nurses we need to practice what we preach to our patients and acknowledge that sometimes we are the ones in need of help.

If you or a loved one are facing a mental health crisis there are many local agencies available to help:

Hawai'i Cares (Oahu) 808-273-8255 Hawai'i Crisis Line (All Islands) 1-800-753-6879 United Self Help Hawai'i 808-947-5558 NAMI Hawai'i 80-591-1397

#### **Resources:**

Claudine Tomasa

- 1. Carr, Jackie (2020) National Study Confirms
  Nurses at Higher Risk of Suicide than General
  Population. <a href="https://health.ucsd.edu/news/releases/Pages/2020-02-03-national-study-confirms-nurses-at-higher-risk-of-suicide.aspx">https://health.ucsd.edu/news/releases/Pages/2020-02-03-national-study-confirms-nurses-at-higher-risk-of-suicide.aspx</a>
- 2. Centers for Medicare & Medicaid Services (2019). CMS finalizes Medicare Advantage and Part D payment and policy updates to maximize competition and coverage. <a href="https://www.cms.gov/newsroom/press-releases/cms-finalizes-medicare-advantage-and-part-d-payment-and-policy-updates-maximize-competition-and-">https://www.cms.gov/newsroom/press-releases/cms-finalizes-medicare-advantage-and-part-d-payment-and-policy-updates-maximize-competition-and</a>
- 3. Hawai'i State Department of Health (2019).
  FEDERALLY QUALIFIED HEALTH CARE
  CENTERS AND RURAL HEALTH CLINICS
  Enrolled in the Hawaii Vaccines for Children
  (VFC) Program <a href="https://health.hawaii.gov/docd/files/2013/07/VFC\_Centers.pdf">https://health.hawaii.gov/docd/files/2013/07/VFC\_Centers.pdf</a>

Thank you to the Hawai'i-ANA and non-members who attended the Annual Membership Assembly!

Thanks to these attendees, we accomplished a great deal. Not the least of which was connecting with nurses from all over Hawai'i. We are looking forward to future events!

Jo Wakayama Denise Cohen Nancy Atmospera Walch Melito Orosco Susan Anderson Suzette Wright Maximo Katie Kemp Kathleen Hale Jailu Navarrete Sarah Perkins Soraya Acosta Leeah Javier Susan Oppie Agnes (aka Aggie) Pigao Cadiz Anne Scharnhorst Carrie Alexander Christina Ranan Haley Deforest Ruth Honda Brian Fikes Linda Beechinor Kathleen Burger Noelia Velez Nyra Hebrio Brandie Hirai Karla Hall Mary Volenec Dr. Poki'i Balaz Robin Zachary Kristine Qureshi Mary Frances Oneha Andrea Montgomery -Kylie Rhoberta Haley Doreen Nakamura Maria Coutee Perie Danao Marion Poirier

Monica Joiner Karen Dureg



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# Meet the Board of Directors



#### Secretary, Dr. Pokiʻi Balaz, DNP, EMBA, MSN, BSN, APRN-Rx, FNP-BC, NP-C

Dr. Poki'i Balaz is a double board-certified family nurse practitioner who aims to serve our kupuna, those with Alzheimer's, other related dementias, caregivers, and underserved populations such as Native Hawaiians. Dr. Balaz received her Doctorate in Nursing Practice from the University of Hawai'i at Hilo with her focus on improving financial resources and advocacy for caregivers. Her specialties include Neurology, Brain Health, La'au Lapa'au, and Native Hawaiian Health. Currently Dr. Balaz resides at Kokua Kalihi Valley as a geriatric nurse practitioner and coordinator of the GRACE Project. Her professional passion stems from her personal experience as a



Poki'i Balaz

caregiver to her father who is in the end stages of Alzheimer's disease, honoring his request to age in place. She is active in the community as a support group facilitator, ambassador, and state champion for the Alzheimer's Association Aloha Chapter, induction chair for Sigma Theta Tau, supporter of Special Olympics, and co-facilitator of the Savvy Caregiver which aims to empower caregivers by providing the knowledge, skills, and outlook to have a successful journey. Dr. Balaz also teaches the Dealing with Dementia and REACH program from the Rosalyn Carter Institute. She is also Regional Trainer for the National Task Group, Dementia Friends, a Positive Approach to Care Champion and currently holds board appointments with the Alzheimer's Association Aloha Chapter, Hawai'i Pacific Gerontological Society, The Caregiver Foundation, and Best Buddies. In addition to advocating for various kupuna health initiatives, Dr. Balaz continues to collaborate and provide testimony on policy and advocacy issues. In her leisure, Dr. Balaz enjoys traveling, outdoor activities, or enjoying the view at one of our island beaches.

#### Director, Joan Parker Dias, MSN, APRN, RN

I am Joan Parker-Dias, APRN who moved from Canada to work in psychiatry with children, adolescents and adults who suffer from mental illness. Majority of my career has been at a major medical center in Honolulu with more of a focus on mental health with children and adolescents. I recently have started my own out-patient practice in Hawai'i Kai and love working with all ages. I currently work in a forensic hospital in Hawai'i and have worked in the police cell block helping with mentally ill arrestees to help stabilize and reconnect back into the community once they are released. I am the president of the American Psychiatric Nursing



Joan Parker Dias

Association (APNA) local chapter in Hawai'i and I am also on the board of American Nurses Association (ANA) – Hawai'i chapter. I subscribe to the Academy on Violence and Abuse (AVA).

I got my initial training in Canada as an associate degree registered nurse and when I moved to Hawai'i in 1990, I pursued my bachelors and master's degrees. I have completed all of the DNP training at an on-line school and need to complete my final thesis. I have taken courses on trauma treatment, Cognitive Behavioral Therapy (CBT), and Dialectical Behavioral Therapy (DBT). I was trained as a master level instructor in Crisis Prevention from Crisis Prevention Institute (CPI) and taught the course for many years. Trauma informed care is another area I have focused on and use with clients. CBT is the type of therapy which I specialize in and use with clients as well. I feel it is important to use a positive behavioral support approach to help clients build on their strength versus focusing only on their challenges.

I have two stepdaughters and two stepsons who reside in Hawai'i except one stepdaughter who lives in Chicago. I have ridden horses for the majority of my life in Canada and competed in many horse shows. I recently purchased two horses with colleagues and am now doing equine therapy in my practice but I also enjoy spending time with them and periodically ride. I have two dogs, two cats and two fish which I enjoy spending time with. Other hobbies include swimming, being outdoors at the beach and watching movies.

I also like taking in exchange students and currently have a student from Tajikistan. I have had students from Spain, Germany, Switzerland, Norway, Portugal, and Estonia. I think I learn more from them than they learn from me. I have found this very rewarding and love to meet and learn about different cultures and places in the world.



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## **Congratulations to our elected Nominating Committee!**

#### Brian C. Fikes, MSN, CRNP-BC, ACHPN

Aloha!

My name is Brian Fikes, and I am the newly elected Chair of the Hawai'i-ANA Nominating Committee. My parents met at Kalani High and I have always held a special place in my heart for the Aloha State. Last year we decided to make plans to move to Hawai'i and are hoping to move over



Brian C. Fikes

the summer so as not to interrupt our children's school year.

As a Nurse Practitioner who specializes in hospice and palliative care with over 25 years of experience with the geriatric population, I am acutely aware of the needs of the most vulnerable members of our community. I also know that through the work of the Hawai'i-ANA we will be able to shape and support the nurses of our state to provide greater equity and quality care.

I also want to express appreciation to all of our members who participated in our first Membership Assembly, and to share how excited the Nominating Committee is to support the fantastic work of the Hawai'i-ANA. Over the coming

HAWAII / ANA

months we will be finalizing a list of state-wide officer positions. We are hoping to fill each of these positions with a diverse slate of candidates that will be voted on at next year's Membership Assembly. Prior to the Assembly we will publish a list of candidates seeking offices so our members have an opportunity to get to know the nurses who wish to lead the Hawai'i-ANA in our mission.

#### Andrea Montgomery-Kylie, BScN, RN, WON

I moved from Toronto Canada to Hawaii in 2006. I have spent most of my career in Community nursing Case Management. I have my Bachelors in nursing from the University of Windsor in Canada and am currently working on my Masters of Science in Health Admin: Informatics Colorado Technical at University. I have my wound



Andrea Montgomery-Kylie

and ostomy certificate from Emory University and was a board member of both the WOCN Hawaii Chapter and the WOCNCB national board. I am an inductee of Sigma Theta Tau and was a Board member and the induction chair for 3 years. I

worked at the Queens Medical Center for 13 years and now work for Kaiser Permanente Moanalua Medical Center as a Patient Care Coordinator.

I am one of the founding board members for the Hawaii-ANA and am very pleased to be part of the nomination committee. I am looking forward to being part of this team and finding other people that are as excited and passionate about supporting and highlighting nurses.

#### Soraya Acosta, BSN, RN, RN-BC

Aloha to all my fellow colleagues. I have been caring for, advocating, and educating my patients and their families for nearly 20 years. My passion for nursing and advocating for our most vulnerable leads me to believe, that as nurses, there is so much more we can do. I am honored to have received your votes and am



Soraya Acosta

truly excited about being a part of Hawaii-ANA and serving our professional community.

#### Doreen Nakamura, RN, BSN, MBA, DNP, NEA-BC, CCM

The future of nursing depends on the educational preparation advancement of nurses in all sectors of nursing, with greater emphasis on the role of nurses in the community recognition setting; the value of every health professional and allied health care worker; and the social of health to provide safe,



determinants Doreen Nakamura

timely, efficient, effective, equitable, and patientcentered care (IOM). Our current pandemic additionally highlights our shared responsibility to work collaboratively within the health care systems and seamlessly across all community settings to address the public health issues of our state.

My experience in the acute care setting, public health, and currently as the Director of Clinical Care in a health insurance company brings a multi-faceted perspective of nurses and the nurses' role in various settings. As a volunteer with the Hawaii Medical Reserve Corps, this experience has highlighted the meaningful contributions that nurses make during this current pandemic, hurricane threats and other threats that impact the health of our State.

Recently appointed to the Hawaii State Center for Nursing Advisory Board, I am humbled by the opportunity to serve. By serving on the nominating committee of Hawai'i-ANA I will ensure that nominees represent nurses in all sectors of healthcare and various community settings.

#### Karla Hall, MSN Ed, RN

As a dedicated Registered Nurse and former United States Army Captain with over 11 years of leadership and nursing experience in a wide variety of specialties I am honored to bring innovative, strategic, leadership, and mentorship to the Hawai'i-ANA. I am a member of the American Association of Critical-Care



Karla Hall

Nurses, and a member of a veteran Non-profit called Centurion Military Alliance which assists veterans in transitioning out of the military.



# District Page: Featuring Maui County \*\*\*

## **District Formation: Maui County**



The leaders of Maui County are Denise Cohen and Haley Deforest. They are looking for participation from all nurses in the county to grow our organization. Watch for emails from them regarding Hawai'i-ANA activities in Maui County.

Denise: denisecohen@mac.com Haley: haleydefo@gmail.com

#### **GEOGRAPHIC BACKGROUND**

Maui County encompasses the islands in the map above: Maui, Moloka'i, Lana'i, and Kaho'olawe. Most members are on Maui, two members are on Lanai, and no members are on Moloka'i to date.

## THE VISION for MAUI COUNTY "DISTRICT" and WHERE DO WE BEGIN

A rousing discussion took place at the Hawai'i-ANA Board meeting on 10/10/2020 to identify ideas for establishing viable Districts within our state association. Participant members from all over Hawai'i offered these ideas:

 Work with the Hawai'i-ANA Bylaws Committee (Chair: Aggie Pigao Cadiz) to incorporate structural and financial support for Districts.

- Districts tentatively defined thus far as Central O'ahu District (featured in our 1st quarterly newsletter published in August, 2020), Maui County District, Kaua'i District, Island of Hawai'i District. There is room for consideration of more districts on O'ahu (such as Honolulu city and Windward O'ahu) and possibly east and west districts on Island of Hawai'i.
- Community activities of interest to members: booths at farmer's markets, food distribution, environmental and health forums/centers, kupuna and keiki events, partnering with community elementary and high schools to raise awareness of nursing & health issues, etc.
- Identify leaders and distribute contact lists for each district to bring members and all nurses together.
- Establish communication among district members through email, phone, & social media eg. a tab on the Hawai'i-ANA website, Facebook presence, Instagram, Twitter

- Outreach activities: grow membership and participation, and community involvement.
- Committee participation from each district to support mission and values: mentoring new graduates, providing continuing education opportunities, working with student associations in each nursing education program, etc.

## Be Proud of your Membership in Hawai'i-ANA

Maui County Members of Hawai'i-ANA (joint members with ANA)

Theresa Abraham Jeny Bissell Lydia Brandes Rachel Cabel Jessica Caudill Helena Chmielowicz Denise Cohen Abigail Daigle Haley Deforest Patti Dellaport Amelia Greenidge Kathleen Hagan Valerie Janikowski Carol Petith-Zbiciak **Alexander Phelps** Anne Scharnhorst Rosalie Schreiber Samantha Shackleford Dolores Soler Bergau Alexis Uttecht

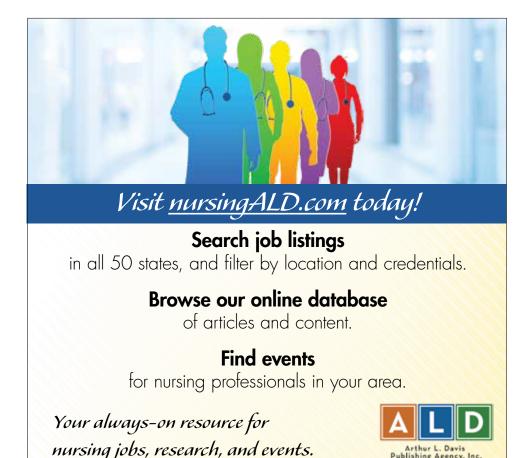


#### **NOW HIRING - APRN**

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Send email to dshaw@lanaihealth.org, with resume and cover letter

333 Sixth Street, Lāna'i City, Hawai'i 96763
PO Box 630142
www.lanaihealth.org



# District Page: Featuring Maui County \*\*\*

# Featuring the work of Haley DeForest, BSN, RN: a Maui County Nurse

I was co-secretary of the International Medical Informatics Association's Nursing Informatics Students and Emerging Professionals Special Interest Group (IMIA SEP SIG) from 2018-2019. In October 2019, we organized and hosted an international workshop at The Brocher Foundation in Geneva, Switzerland titled Artificial Intelligence for Nursing: Ethical, Legal and Social Implications.

https://www.brocher.ch/en/events/380/artificialintelligence-for-nursing-ethical-legal-and-socialimplications/

The overall goal of the proposed workshop was to explore and understand the ethical, legal and social implications of Artifical Intelligence (AI) for nursing. We planned to produce an internationally applicable AI for Nursing Report to inform the development and use of AI for nursing. Development of this report began with the help of international experts in the field via several in-person working sessions. The workshop was focused on exploring the ethical, legal, and social implications related to three overarching

topic areas: 1) The extent of disruptive potential and requirements of AI for nursing, 2) Nursing competencies required to work with AI systems to provide safe and high quality care to patients, and 3) Technology requirements for AI integration in nursing practice with minimal disruption.

Through support from the Brocher Foundation, we achieved our goal by catalyzing discussions amongst both emerging and prominent academic researchers, health educators, practicing clinicians, ethicists, and representatives from international organizations (including the International Council of Nurses, the European Federation for Medical Informatics, World Health Organization, the International Telecommunication Union, the International Medical Informatics Association). Workshop participants were invited as co-authors to ensure the consideration and incorporation of various contexts, perspectives, and potential implications of AI for nursing.

Watch for upcoming publications by Haley in support of her work on the implications of AI for nursing.

# Maui County Members of ANAOnly (not members of Hawai'i-ANA)

If your name is on this list, you are a member of ANA-Only, and you are not a member of your state association. Want to join Hawai'i-ANA jointly with ANA? Just email Linda at <a href="mailto:executivedirector@hawaii-ana.org">executivedirector@hawaii-ana.org</a> and say you "want to be a joint member of ANA and Hawai'i-ANA". We will help you join us in our state nurses association (bonus: it is less \$\$!)

Dyanarra Alexa Ballesteros Daniel Baston Susan Cabalce Cindy Hanscam Rachael Lund Anella Mark George McElravy Jennie Pasalo-Dominno Julie A. Potter-Dunlop Sandra Quipotla Sandi Rabaca Brian Rose Feliciana Sales Jolly Anne Uclaray Shelley A. Womack

# Student Nurses Page"

### **Student Nurse Membership**



Hawai'i-ANA welcomes student nurses to join! Members of the National Student Nurses Association (NSNA) are eligible to sign-up as ANA Student Subscribers for free – a \$10 value! If you are not a member of NSNA, you can sign up as an ANA Student Subscriber here <a href="https://www.nursingworld.org/membership/student-nurses/">https://www.nursingworld.org/membership/student-nurses/</a>. If you are interested in becoming a NSNA/HISNA member check out the Hawai'i Student Nurses Association website at <a href="https://www.hisna.org">www.hisna.org</a>

Joining your states professional nurses association is an excellent way to grow your leadership skills, gain legislative experience, and network with working nurses to assist with job opporunities!

Student Subscribers receive digital access to the following:

- Full access to the digital Welcome to the Profession Kit
- Student Nurse online community
- Full ANA Position and Policy papers on important nursing issues
- Members-only content on Nursingworld.org
- ANA publications such as American Nurse Today, OJIN: The Online Journal of Issues in Nursing as well as ANA SmartBrief

## In our next quarterly newsletter we will feature... District Formation: Island of Hawai'i

Here is a preview message from Mary Volenec from Waikoloa Village:

Hello Hawai'i Island Nurses!

Thank you for every element of care you provide to our island neighbors from keiki to kapuna~ your intelligence, ethic of care, your energy and your love for nursing shows in all you do!

Aloha nui loa~

Hawai'i-ANA is trying to engage nurses in "geographic districts" to work together on community focused outreach that shows our hoalauna who we are. We would like to start by getting together (virtually at first) to come up with some plans about how we can show up in our communities. The people on our islands need to know that nurses are here, using evidence and science to help care for people throughout their lives. We have so much to offer! Please send us an email and we will connect you to other nurses on the island wikiwiki so we can have some fun connecting during this lolo 2020: "Year of the Nurse." All nurses from students through retirees are welcome to join in our outreach activities.

Mahalo

Mary Volenec DNP, MPH, RN, NPD-BC, PCCN-k c) 720-309-5928 Mary.Volenec@gmail.com

# Hawai'i-ANA Membership



BE PROUD OF YOUR MEMBERSHIP IN YOUR STATE PROFESSIONAL ASSOCIATION. These are the Hawai'i-ANA members: Is your name here?

Alohalaniho'ohenoika'opi'o-Ola Lindsey Rachel Coolidge Ruth Honda Richard Moore Anne Scharnhorst Theresa Abraham Gerilyn Corpuz-Takemoto Leilani Hosaka Maria Moreno Chow Young Schoen Scott Murakami Soraya Acosta Maria Coutee Helen Hudson Rosalie Schreiber Phoebe Dahiliq Doreen Nakamura Samantha Shackleford Cindy Aguiar Ferna Idica Kathryn Inamine John Aiwohi III Abigail Daigle Jailu Navarrete Laine Shikuma Carrie Alexander Aileen Siliado Perie Danao Barbara Insisiengmay **Abbie Neves** Laura Jambura Veronica Alvarez Haley Deforest Patricia W. Nishimoto Edna Smith Valerie Janikowski Pilar Alvarez Patti Dellaport Maria Noel Mindy Smith Liza Dernehl Dolores Soler Bergau Susan Anderson Leeah Javier Liza Oasay Kamomilani Anduha Wong Alison Diehl **Katherine Jeffrey** Maureen O'Brien Dawn Styner Jennifer Antony Karen Dureg Monica Joiner Mary Frances Oneha Paula Sulso Cortez Fabia Susan Oppie Corinne Suzuka Ariel Aquino Kathryn Jones Nancy Atmospera-Walch Lynne Faulkner Lori Kaneshige Chayata Otsuka Keli Taylor Martina Taylorcampbell Blanca Badgett Janice Ferguson Teah Karamath Valerie Parayno Kealohakuualohakuupokii Balaz **Brian Fikes** Joan Parker-Dias Claudine Tomasa Barbara Karodia Elizabeth Pavlik James Beasley Teri Fonoti Laila Kemmerly Alice Tse Linda Beechinor Cindy Fuke Katherine Kemp Jaimelee Peleiholani Lani Untalan Sarah Perkins, RN BSN Ali Bernhardt Carrie Urban Vanessa Galutira Leanne Kihara Francia Birulin Daniel Kim Peter Gampon Carol Petith-Zbiciak Alexis Uttecht Natalie Kitamura Jeny Bissell Lena Gebelein Alexander Phelps Aizel Joy Vea Joy Gilmer Randi-Anne Lau Nora Phillips Pola Isabelle Bonete Noelia Velez Alicia Ann Bonilla Valerie Gourley Carol Lee Agnes Pigao Cadiz May Joyce Vertido Quanae Lill Cristina Vocalan Lydia Brandes Gian Gizelle Grasparil Marion F. Poirier Patricia Brooks Amelia Greenidge Eileen Luo Mary Volenec Joselyn Ponce David Buck Jenny Greenlee Janel Manos Elvie Marie Quemado Jo Wakayama Elizabeth Elaine Wakayama Kathleen Burger Amber Gutenberger Jennifer Mariano Kristine Qureshi Kathleen Hagan Rachel Cabel Catherine Marin Rica Lorraine Rabanal Laureen Watanabe Melveen Camba Rhoberta Haley Mary Marks Marieliese Ramirez Anna Weigand Sidney Carrillo Karla Hall Mary Marshall Dana Ramos Thyra Wilbur Michelle Casteel Marie Hammond Leslie Menchetti Christina Ranan Jennifer Wold Marie Suzette Castillo Paul Hannigan cheryl menzsa Karol Richardson Suzette Wright-Maximo Jessics Caudill Jani Harada Soila Mirin Christy Rios Kelly Yano Fina Havelock Veronica Mitchell Victoria Yao Alice Chang Kaanoipua Roback Michelle Chapman Kimberly Hayashi Kristine Mohr Sarah Ronhaar Kristine Yearwood Helena Chmielowicz Nyra Hebrio Jaymilette Moken Veronica Russell Robin Zachary Cassie Ann Claveria Patricia Hensley Andrea Montgomery- Kylie Teresa Sakai Jennifer Zafrani Ruthie Clearwater Stephanie Higa Molly Moore Genil Saladino Lorena Zerwig Denise Cohen Bobbie (Roberta) Holloway Kristina Sales

If your name is not on this list, you may be a member of ANA-Only, and you are not a member of your state association. Want to join Hawai'i-ANA jointly with ANA? Just email Linda at <a href="mailto:executivedirector@hawaii-ana.org">executivedirector@hawaii-ana.org</a> and say you "want to be a joint member of ANA and Hawai'i-ANA". We will help you join us in our state nurses association (bonus: it is less \$\$!)

#### **Opportunities for Members**

- Join the Bylaws Committee to re-write Hawai'i-ANA bylaws for presentation to the membership for approval in early 2021. Contact Aggie Pigao Cadiz at apcadiz02@ hawaii.rr.com
- Join the Continuing Education Planning Committee to plan education programs for Hawai'i nurses, as an accredited provider unit under the authority of NEMSD/ANCC. Contact Linda Beechinor @ executivedirector@hawaii-ana.org
- Join the Mentorship Group contact Linda Beechinor at <u>executivedirector@</u> <u>hawaii-ana.org</u>
- Join the "District" Groups:
  - o Central O'ahu contact Jailu at globalnursinginterchange@gmail.com
  - o Marion at mpoirier808@gmail.com

- o Maui County contact Denise at denisecohen@mac.com
- o Haley: <a href="mailto:haleydefo@gmail.com">haley: haleydefo@gmail.com</a>
- o Kaua'i contact Aileen at <u>asiliado@gmail.</u> com
- o Island of Hawai'i contact Mary at <u>mary.</u> <u>volenec@gmail.com</u>
- Contact the Nominating Committee if you are interested in running for an elected position in Hawai'i-ANA contact Brian Fikes (Chair) at <u>brian.fikes@gmail.com</u>
- Attend Hawai'i-ANA Board Meetings: all members are welcome to attend. Log into our webpage under Upcoming Events at <a href="https://hawaii-ana.nursingnetwork.com/nursing-events">https://hawaii-ana.nursingnetwork.com/nursing-events</a> and click on the Board Meeting of your choice to register for the event. Next Board meeting is November 14, 2020 at 2pm Hawai'i time on Zoom.

## Welcoming 25 new members of Hawai'i-ANA in September, 2020:

Carol Lee
Cindy Fuke
Jaimelee Peleiholani
Laila Kemmerly
Jennifer Antony
Genil Saladino
Rosalie Schreiber
Kristina Sales
Mary Volenec
Chayata Otsuka
Valerie Gourley
Amber Gutenberger

Teresa Sakai
Cassie Ann Claveria
Helena Chmielowicz
Maria Moreno Chow
Jennifer Mariano
Sidney Carrillo
Karla Hall
Laureen Watanabe
Paula Sulso
Cindy Aguiar
Scott Murakami
Mindy Smith

### Improving the Our Care, Our Choice Act

#### So every eligible terminally ill Hawai'i resident who wants this option can access it

#### Why the Hawai'i Legislature Should Improve the Law

At the end of the first year of the Our Care, Our Choice Act being in effect, the HI Department

of Health recommended to the legislature that the law be amended to:

- Allow Advanced Practice Registered Nurses (APRNs) to act as the attending provider.
- Allow the attending provider and consulting provider the ability to waive the 20 day mandatory minimum waiting period.

The Our Care, Our Choice Act took effect on Jan. 1, 2019. It was intended to give ALL eligible terminally ill, mentally capable adults the option of medical aid in dying to peacefully end their suffering, if it becomes unbearable.

The law works for terminally ill adults who can access it and survive the mandatory waiting period, but for some, especially on neighbor islands, there are roadblocks that prevent them from using the law. Hawaii's growing physician shortage and the long mandatory waiting period make it challenging for suffering patients to use this compassionate option.

## Challenge #1: Eligible terminally ill patients are having trouble finding the two physicians required under the Our Care, Our Choice Act:

- Hawai'i is dealing with a g rowing shortage of physicians, making it very difficult to find the required two physicians to qualify for medical aid in dying, especially on neighbor islands.
- The Our Care, Our Choice Act currently limits the scope of practice for APRNs; they do not have the authority at this time to support their patients who want the option of medical aid in dying.
- Even if one terminally ill person cannot use the law and dies with needless suffering, that is one person too many.

#### Solution: Allow Advanced Practice Registered Nurses with Prescriptive Authority (APRN Rx) to Provide Medical Aid in Dying

 Hawai'i is one of 22 states that gives advanced practice registered nurses (APRNs) authority to independently carry out all medical acts consistent with their education and training, including prescribing all forms of medication.

#### Challenge #2: Patients are not surviving the waiting period

- Hawaii physicians report that eligible terminally ill patients are dying before completing the 20day mandatory waiting period between verbal requests for medical aid in dying. As a result, they are suffering terribly at the end of life.
- A study by Kaiser Permanente Southern California concluded that nearly one-third of its patients did not survive the 15-day mandatory waiting period in California. They died with needless suffering even though they met all the law's other requirements.

#### Solution: Waive the Waiting Period if Death is Imminent

- Oregon recently amended its Death with Dignity Law because many terminally ill patients die before completing the mandatory waiting period for medical aid in dying. The Oregon law now allows the attending provider to waive the mandatory waiting period entirely if the patient will not survive it.
- Patients will still need to go through all of the required steps to qualify, but they will not need to suffer needlessly and die without access to this compassionate option due to a waiting period if their death is imminent.

"I've seen many, many patients die pretty miserable deaths"

- Dr. Chuck Miller, HI physician who has supported patients in medical aid in dying, speaking about patients who did not survive the mandatory waiting period.

### Solution: Reduce 20-day Waiting Period to 15 days

 Except for Montana, where there is no waiting period, the other eight jurisdictions besides Hawai'i that have authorized medical aid in dying require a 15-day waiting period. These jurisdictions include California and Oregon, where terminally ill patients also have died in needless suffering during the waiting period.

### Support for the option of medical aid in dying is growing

- Medical associations with supportive or neutral policies include:
- Hawai'i Society for Clinical Oncology
- American Academy of Family Physicians
- American Medical Women's Association
- American Academy of Hospice and Palliative Medicine
- American Public Health Association
- American Nursing Association

For more information see the Legislation tab on our website which includes the links to the current law and our testimony for the changes considered in the 2020 session that got derailed by Covid: <a href="https://hawaii-ana.nursingnetwork.com/page/95174-our-care-our-choice-act-ococa-in-hawai-i">https://hawaii-ana.nursingnetwork.com/page/95174-our-care-our-choice-act-ococa-in-hawai-i</a>

## Care and Choices at the End of Life: A Discussion on Hawai'i's new Our Care, Our Choice Act

On January 1, 2019 Hawai'i enacted the Our Care, Our Choice Act (OCOCA): the compassionate authorization of medical aid in dying for the terminally ill, mentally capable adults with six months or less to live. Ten jurisdictions have now authorized the practice of medical aid in dying. In many other states, legislation is being introduced to provide patients the full range of end-of-life options. During the 1st year of the law, clinical education focused on Physicians, Mental Health Professionals and Pharmacists. Through this process, we have identified the unique and important role of RNs, APRNs and Social workers in helping patients with their end-of-life care needs.

#### End-of-Life Options

- Pursuing Life-Sustaining Treatment
- Refusing Treatment
- Discontinuing Treatment
- Hospice/Palliative Care
- Voluntarily Stopping Eating and Drinking (VSED)
- Continuous Deep Sedation
- Medical Aid in Dying

**Medical aid in dying** is a medical practice in which a **mentally capable adult with a prognosis of six months or less to live** may request a doctor's prescription for medication which they can choose to self-ingest to peacefully end intolerable terminal suffering.

The American Nurses Association (ANA) approved a new position statement entitled The Nurse's Role When a Patient Requests Medical Aid in Dying at the association's annual Membership Assembly in Washington, D.C. on June 22, 2019. "While nurses are still ethically prohibited from administering aid-in-dying medication, the ANA now advises nurses to remain objective when patients are exploring this end-of-life option. Nurses have an ethical duty to be knowledgeable about this evolving issue and have the right to conscientiously object to being involved in the aid-in-dying process."

## Testimony in Legislature: Ron Meadow's Story



Pt. Ron Meadow By wife Joyce Anue Keaau, HI (Big Island)

Senate District 2 (Puna Ka'u) House District 3 (Hilo, Keaau, Kurtistown, Volcano)

My beloved husband Ron Meadow was diagnosed with stage four prostate cancer in January 2019, with a terminal prognosis. Unfortunately, he was not a candidate for traditional curative treatments, immunotherapy or clinical trials. The medical community could only offer palliative care—but for him, the negative side effects of the opioid medication he was prescribed outweighed any benefit.

Nevertheless, being such a positive and self-reliant person all his life, Ron did not give up hope. He pursued all possibilities for healing and pain relief, including supplements, diet, CBD oil, visualization and massage. More importantly, he was still able to find joy in life.

But by July, Ron's symptoms were worsening, and he suffered a stroke. We enrolled him in hospice. He started to face his own mortality, becoming even surer in his decision that he wanted to die at home, on his own terms. He wished to avoid any extreme measures to keep him alive, which he knew would only prolong his suffering.

At this point we began searching in earnest for a qualified medical professional who could prescribe medical aid in dying. Hospice staff as well as our oncologist, primary care physician and radiologist were all unwilling to assist with his end of life transition.

Meanwhile, Ron was now in significant pain from the metastases to his bones and was forced to resort to opioids and morphine mostly at night so he could sleep. He had a second stroke in August that left him unable to use his left arm. His vital organs were still very strong but his quality of life was negligible. He could not care for himself, his sleep was minimal and he was in progressively more debilitating pain.

I was under extreme stress trying to both care for his needs and find a compassionate doctor who would help. Finally I found a physician willing to assist us. He was more than 90 miles away from our home, yet this kind doctor agreed to a house call.

But it was too late. Ron died the weekend our doctor was scheduled to arrive. As a result, the final days of Ron's life were chaotic and filled with terrible pain and uncertainty. Managing his pain became impossible. In the last couple days we had to keep him completely knocked out with morphine to control it. I will never forget my terror and helplessness as I watched him suffer to the end.

Medical aid in dying is authorized in Hawaii. Ron qualified for the law and he absolutely wanted the option to use it. He was denied that choice and he suffered terribly. Hawaii needs more providers who are enabled to support their patients in this final wish.

# Legislation



## **PPE Survey: The Shortage Continues**

American Nurses Association surveyed 20,000 nurses from July 24 - August 14, 2020 on the availability of PPE and policies regarding reuse of single-use PPE. Although six months into the pandemic response our nurses continue to report a shortage of PPE nationwide. Of the nurses surveyed 68% reported being required by hospital/facility policy to reuse single-use PPE, such as N-95 masks, and most reported the re-use is up to five days. Of the 20,000 nurses who responded 57 were from Hawai'i. Although a nominal number the results of the survey show the PPE shortage is no different in our Aloha state. Of the Hawai'i respondents, 19% reported having "widespread shortage of PPE" and 25% reported "intermittent shortage of PPE." A Hawai'i nurse reported on the frustration of the inadequate PPE supply stating "We have different vendors for different types of N95. Some are moisture resistant and others are not. The types of N95 Masks we currently have don't completely fit some of our staff. I have been fitted for five different masks in the last four weeks. I did so in the event that product is not available and to prevent from having to refit again into a N95 mask from a new vendor."

Availability of PPE continues to be a widespread issue. For those running low on PPE they must resort to reuse. The ANA survey reported 50% of Hawai'i respondents stated it is required by hospital/facility policy for them to reuse single use PPE, while 24% reported it is highly encouraged. Of those who are either required or encouraged to reuse 33% reported they "feel very unsafe" about the reuse process. When asked how many days they are required to reuse single use PPE 30% reported reusing an n-95 or other respirator up to five to seven days while another 20% reported reusing 15 days or more. This is alarming! As one Hawai'i nurse stated "I feel everything I have learned about infection control has gone out the window. This has been very disheartening."

It is evident from the small pool of Hawai'i respondents that there is potential for a majority of our nurses to be experiencing these same safety issues and PPE shortages at work. President of American Nurses Association, Dr. Ernest Grant, was featured on PBS October 6, 2020 discussing the

continued shortage of PPE, the emotional toll it is taking on nurses, and the consequences it has on our health system (Link: <a href="https://www.pbs.org/wgbh/frontline/film/americas-medical-supply-crisis/">https://www.pbs.org/wgbh/frontline/film/americas-medical-supply-crisis/</a>). Hawai'i — American Nurses Association continues to monitor the legislative bills surrounding PPE availability and provide advocacy, and is partnering with other organizations including Hawaii Nurses Association (HNA) on how to push for standardization of PPE allocation and steering away from reuse procedures. Nurses safety is our priority!

# Nurses on Boards Coalition

Hawai'i – American Nurses Association's mission is to empower nurses to advocate for the improvement of the healthcare system in the communities where we live and work. As a method to fulfill this mission, Hawai'i-ANA strongly supports the Nurses on Boards Coalition (NOBC). The NOBC goal is to improve the health of our communities by having nurses serve on boards and other bodies. By the end of 2020, the Nurses on Boards Coalition wants 10,000 nurses filling the seats on boards. Joining Hawai'i – ANA or getting involved in one of our committees (Planning/Continued Competency, Legislation, or Bylaws) is one way you can get counted as part of the 10,000.

Are you already involved with Hawai'i-ANA and are looking to expand your community engagement consider apply for one of the Hawai'i Boards and Commissions vacancies today! <a href="https://boards.hawaii.gov/apply/vacancy\_list/">https://boards.hawaii.gov/apply/vacancy\_list/</a>

Already serving on a board? Not sure if your volunteering counts? If you are a nurse who serves on a board such as corporate, governmental, non-profit, advisory, or governance boards of commissions, panels, or task forces that have fiduciary or strategic responsibility you count! Be counted as part of the 10,000 nurses on boards goal today: <a href="https://www.nursesonboardscoalition.org/be-counted/">https://www.nursesonboardscoalition.org/be-counted/</a>

# Honoring Connie Chun (1928-2020), the former state representative was an advocate for nurses in the legislature.

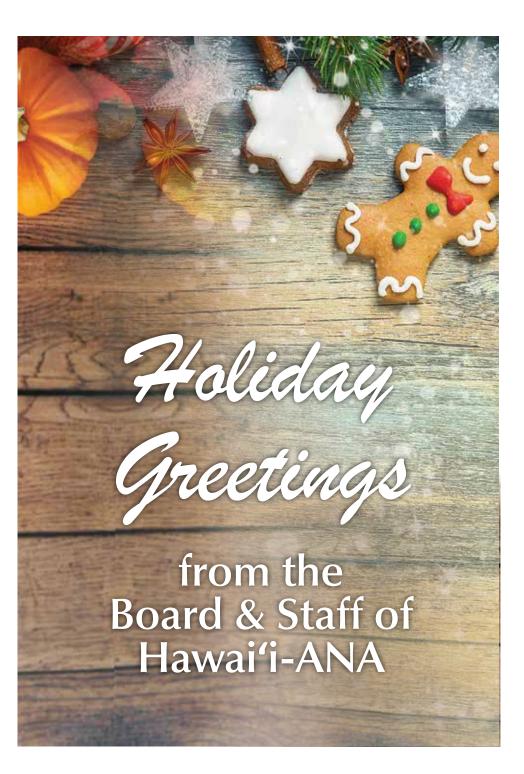




Connie Chun

Connie Chun was a long-time and tireless member of this professional Association. She was the first Filipina and first nurse elected to the Hawai'i House of Representatives, where she was remembered for reminding everyone, she brought her nursing experience to the Legislature to do what was good for the community. She was also a lawyer, a philanthropist, marathon runner, and matriarch of her family. Educated as a nurse in the Philippines, Connie emigrated to the U.S. and was Asst. Director of Nursing at then St. Francis Hospital in Honolulu. In the 1970's a Master of Public Health and a law degree, both from the University of Hawai'i, were added to her nursing degree. Hawai'i-ANA honors Connie Chun who passed on August 26 at the age of 92. Aloha 'Oe, Connie.

A donation in Connie Chun's name may be made to the Philippine Nurses' Association Hawaii Foundation Scholarship Fund, 827 Fort Street Mall, Honolulu, HI 96813.



# Legislation



## S997 United States Cadet Nurse Corps Service Recognition Act

Bill #S997 is to recognize the indispensable service of the 124,000 women of the United States Cadet Nurse Corps who were recruited, pledged and served for the duration of World War II, not knowing when this would end. After all these years, they have yet to be honored in any way by our government. The purpose of S997 is to award honorary veteran status with the privilege of a burial plaque and American Flag. There are no health care benefits, no monetary benefits and no burial in Arlington cemetery.

When it was learned that the USCNC was the only uniformed service in World War II who have essentially been forgotten, it was evident that federal legislation was the only way to rectify this. The men of the Merchant Mariners who were not a uniformed service became honorary veterans in 2017, but the Bill for the women who saved the health care system from collapse in WWII have not been so honored. A myriad of stories have been recorded about Cadet Nurses and their experiences caring for patients, particularly those who sustained serious war injuries and illnesses. Many Cadet Nurses travelled hundreds of miles to their assignments, some to Alaska and Hawaii and made history by being the first and only integrated, uniformed service during WWII (Included were Black nurses, American Indian nurses and Japanese nurses, some from internment camps).

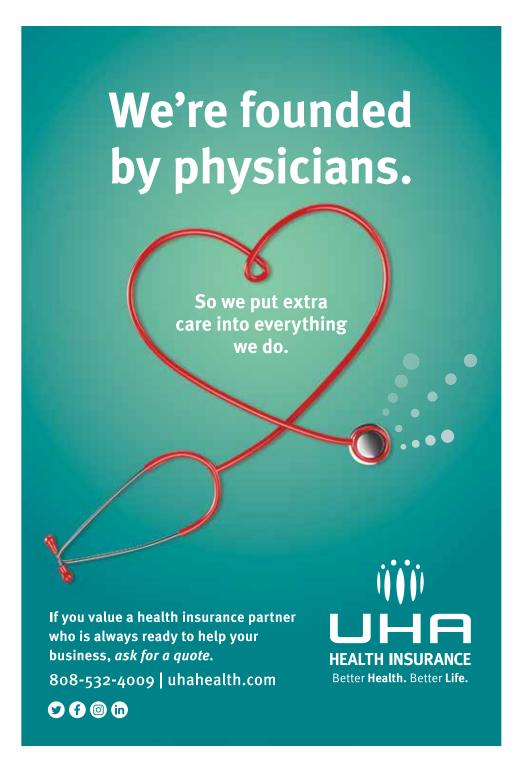
Hawai'i - American Nurses Association's mission is to advocate for the profession of nursing and therefore strongly support this bill. A written letter was sent to Senator Mazie Hirono's office urging her to co-sponsor this bill. Senator Hirono serves on the Veterans Affairs Committee and therefore puts her in an advantageous position to see this bill passed. If you are interested in contacting Senator Hirono in support of this bill please see contact options below:

Contact Information for Senator Mazie Hirono

Washington D.C. Office 713 Hart Senate Office Bldg. Washington, DC 20510 Phone: (202) 224-6361 Fax: (202) 224-2126

Hawaii Office 300 Ala Moana Blvd. Rm. 3-106 Honolulu, HI 96850 Phone: (808) 522-8970

Toll Free: 844-478-3478 Fax: (808) 545-4683





October 8, 2020

The Honorable Mazie K. Hirano, Member, United State Senate Member, Senate Veterans' Affairs Committee 300 Ala Moana Blvd. Rm. 3-106 Honolulu, HI 96850.

> Re: Request to Co-sponsor S-997 " Unites States Nurse Corps Service Recognition Act"

Dear Senator Hirano,

First, please let me thank you personally for the great work you continue to do for the people of Hawai'i. Every time you come on the nightly news to comment on the state of the country, everyone in our household breathes a sigh of relief as we hear your voice of reason and hopefulness in Congress. As a nurse, I am always looking to see how you are doing health-wise and am grateful to see you looking stronger and healthier as time goes by. Thank you for taking good care of yourself, as you care for us. That is what we as nurses strive to do as caregivers to the nation: care for ourselves so we can care for others!

I am writing today on behalf of the Hawai'i-American Nurses Association (Hawai'i-ANA) to request that you consider co-sponsoring S997 "United States Cadet Nurse Corps Service Recognition Act" - the Bill to recognize and honor the service of individuals who served in the United States Cadet Nurse Corps during World War II. This Bill is currently in the Senate Veterans' Affairs Committee, of which I believe you are a member. This is the Year of the Nurse and the celebration of the 100th anniversary of women's suffrage. This is historic legislation for our profession and for women who were part of the acclaimed, racially integrated Cadet Nurse

Hawai'i-ANA would like to convey to you the importance of this bill to all nurses and specifically the nurses and people of Hawai'i. Bill #S997 is to recognize the indispensable service of the 124,000 women of the United States Cadet Nurse Corps who were recruited, pledged, and served for the duration of World War II. After all these years, they have yet to be honored in any way by our government. The purpose of S997 is to award honorary veteran status with the privilege of a burial plaque and American Flag. That is all. There are no health care benefits, no monetary benefits and no burial in Arlington cemetery.

When it was learned that the USCNC was the only uniformed service in World War II who have essentially been forgotten, it was evident that federal legislation was the only way to rectify this. The men of the Merchant Mariners who were not a uniformed service became honorary veterans in 2017, but the Bill for the women who literally saved the health care system from collapse in WWII have not been so honored. A myriad of stories has been recorded about Cadet Nurses and their experiences caring for patients, particularly those who sustained serious war

injuries and illnesses. Many Cadet Nurses travelled hundreds of miles to their assignments, some to and from Alaska and Hawai'i, and made history by being the first and only integrated, uniformed service during WWII (included were Black nurses, American Indian nurses and Japanese nurses, some from internment camps)

This bill is supported 100% by the American Nurses Association, National League for Nursing, American Colleges of Nursing, American Public Health Association, Public Health Nursing Section, Commissioned Officers of the U.S. Public Health Service, Public Health Nursing, and the Veterans of Foreign Wars and others.

Your co-sponsorship would be much appreciated as this legislation is the last chance to acknowledge their service and to grant honorary veteran status. We thank you for your consideration of our request.

unda Dechua

Linda Beechinor, DNP, APRN

**Executive Director** 

Hawai'i - American Nurses Association (Hawai'i-ANA)

# HI-ANA/ANA Membership Activation Form





<b>Essential Informat</b>	ion			
First Name/MI/Last Name		Date of Birth	Gender: Male/Female	
Mailing Address Line 1		Credentials		
Mailing Address Line 2		Phone Number	Check preference: ☐ Home ☐ Work	
City/State/Zip		Email address		
County		 Current Employment Stat	us: (ea: full-time nurse)	
Professional Infor	mation	<b>-</b>	(cg	
		Current Position Title: (eg: staff nurse)		
Employer	er <b>Required:</b> What is your primary role in n		imary role in nursing (position description)?	
Type of Work Settin	g: (eg: hospital)	☐ Nurse Manager/Nurse Executive (including Director/CNO) ☐ Nurse Educator or Professor ☐ Not currently working in nursing		
Practice Area: (eg: p	pediatrics)	_		
Ways to Pay				
<b>Monthly Payment</b>	\$15.00	Membership Dues (Price	reduced to \$15 monthly/ \$174 annually)	
☐ Checking Account Attach check for first month's payment.		Dues:	\$	
<b>Checking:</b> I authorize monthly recurring electronic payments to the American Nurses Association ("ANA") from my checking account, which will be drafted on or after the 15th day of each month according to the terms and conditions below. Please enclose a check for the first month's payment.		ANA-PAC Contribution (o	ptional) <u>\$</u>	
The account designated by the enclosed check will be used for the recurring payments.		American Nurses Foundation Contribution <u>\$</u> (optional)		
Credit Card: Lauthorize mon	thly recurring electronic navments to the American Nurses Association	•	<b>A</b>	
<b>Credit Card:</b> I authorize monthly recurring electronic payments to the American Nurses Association ("ANA") be charged to my credit or debit card on or after the first of each month according to the terms and conditions below.		Total Dues and Contributions\$		
		Credit Card Information		
Monthly Electronic	Deduction   Payment Authorization Signature		Expiration Date (MM/YY)	
I understand that I may cancel this authorization by providing ANA written notice seven (7) days		Create Cara Namber	Expiration Bute (Mill)	
prior to deduction. I understand that ANA will provide thirty (30) days written notice of any dues rate changes. I understand that my dues deductions will continue and my membership will auto-renew annually unless I cancel.		Authorization Signature		
Annual Payment \$174.00		Printed Name		
☐ Check	Credit Card	Credit Card Billing Addres	S	
		City, State		
Today. American Nurses Asso	mbership dues is for a subscription to <i>American Nurse</i> ociation (ANA) membership dues are not deductible as charitable as, but may be deductible as a business expense. However, the percentage			

For assistance with your membership activation form, contact ANA's Membership Billing Department at (800) 284-2378 or e-mail us at memberinfo@ana.org





of dues used for lobbying by the ANA is not deductible as a business expense and changes each year.

Please check with your State Nurses Association for the correct amount.





**rax** (301) 628-5355



## JOIN OUR OHANA

At Kahuku Medical Center every member of the team is dedicated to serving our community. We continue to expand and offer a variety of healthcare services ranging from primary to specialty care. Join our ohana and start making a difference today!

#### **POSITIONS AVAILABLE**

- Emergency Room Registered Nurse
- Med Surg Registered Nurse





Full Time and Per Diem Registered Nurse positions are available. Employee benefits include medical, dental, vision, retirement options and paid time off. Please submit your application and resume to Human Resources at Jobs@kmc-hi.org.

