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**SEE WHAT'S INSIDE**



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**Celebrate the 100th Anniversary of 19th Amendment by exercising your right to vote**  
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# President's Pen



**Ruth Carrico**

The "Year of the Nurse" has been a roller coaster ride so far. The ride began slowly as we continued the uphill climb to demonstrate value of the professional association to the large population of nurses in Kentucky. But suddenly, the uphill climb became a fast moving, turning and often scary event as we plunged head-first into COVID-19 response. This effort made by your professional association has been remarkable. The Kentucky Nurses Association (KNA) headquarters team has supported the many volunteer efforts to provide information, support, supplies, equipment and knowledge that impact and influence the safety of nursing practice and patient care.

Nurses at every level and every setting where healthcare is delivered have been involved in this response and in partnership with KNA. The collaboration and the interest in nursing and the support has been incredible. Our work together has also resulted in new partnerships as evidenced by our recent meeting with KNA Affiliates. These are organizations and associations that are nurse-driven or those with an interest in supporting the work and the voice of nursing. Our affiliate organizations include:

- Kentucky Association of Nurse Anesthetists
- Kentucky Organization of Nurse Leaders
- KYANNA Black Nurses Association of Louisville
- National Black Nurses Association, Lexington Chapter
- Kentuckiana Association of periOperative Registered Nurses
- Foundation for a Healthy Kentucky
- University of Louisville School of Nursing
- University of Kentucky College of Nursing

When this group met in early August, there was such energy in the discussion and interest in promoting our profession through direct collaboration with KNA. Throughout my two years as KNA president, I have been puzzled as to why every nurse in Kentucky is not a member of our organization. I believe it is because we continue to struggle with how we demonstrate value. As I listened to the comments and the passion voiced during this meeting, I am confident that we are on the right track to change this. But, if this roller coaster ride continues, and I am sure it will for the foreseeable future, then our journey needs to head toward a straighter path where we work together to gain speed.

It has been a blessing to be part of the KNA leadership. It has also been interesting that my hope as I began this journey, was to bring a sense of the importance of infection control as part of my emphasis. I did not expect the Lord to take me literally, but I am happy that there is attention on this critical aspect of nursing practice and patient care. I am confident that when we reach the point where we are ahead of this pandemic, we will be at a place where our routine practice has improved in the infection prevention and control arena resulting in added benefit to our safety and the safety of our patients.

It is also my hope that new opportunities will soon be available that place KNA in new statewide leadership roles as training programs focused on infection prevention and control are implemented. These programs, provided through a Regional Training Center, will enhance collaboration and engage nurses and other healthcare partners in educational approaches that enhance care-related competencies. This initiative's success will lie with our ability to work together and continue to make patient outcomes and the safety of our workforce primary beacons. I look forward to my role as immediate past president of KNA and pledge my support to the incoming group of leaders including the soon-to-be KNA President Donna Meador. I also look forward to continuing to support the important work of the Kentucky Nurses Action Coalitions (KNAC) as they address workforce questions and the Kentucky Nurses Foundation (KNF) as they serve as the philanthropic arm of KNA.

It is also important to clearly acknowledge the incredible work that has taken place and continues to be facilitated by our KNA Chief Executive Officer Delanor Manson and our headquarters team. A volunteer organization cannot survive without stellar leadership at the organizational level and every KNA member and every nurse in Kentucky should be proud and supportive of our team.

Remember that a rising tide moves all ships and as we work together every positive activity and every positive outcome moves nursing up and forward. It has been a blessing to have led this association and I look forward to what comes next!

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"The purpose of the *Kentucky Nurse* shall be to convey information relevant to KNA members and the profession of nursing and practice of nursing in Kentucky."

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[www.kentucky-nurses.org](http://www.kentucky-nurses.org)

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# Chapter Updates

## KNA Bluegrass Chapter

Bluegrass Chapter member, Arica Brandford, recently connected the KNA with Ebony Cooper, owner of Fit & Fierce Studio in Lexington, to host "Meet the Experts: Connecting Mind, Body & Spirit to Relieve Stress for Frontline Workers and Black Americans." The event included social distancing, temperature checks and all those who attended wore masks. In addition, attendees received information about a nearby neighborhood COVID testing site. KNA leaders attended and services/vendors included:

### Food

- Social Nutrition
- BakED Vegan Desserts
- Arbonne Nutrition
- Woke Junk Food Vegan

### Body/Massage

- Body Balance Massage
- Hot Towel Facials

### General

- Love Always – Face Masks

### Fitness Demonstrations

- Find Your Flow Yoga
- Ignite Fitness
- FeFit
- Soca Mi Shirt
- Ignite
- Xtreme Hip Hop with Shakira



## KNA Green River Chapter

Members of the Green River Chapter continue to facilitate presentations during local hospital nurse residency classes and have received positive feedback. The chapter will add virtual meetings for those who are unable to attend meetings in person.

Recently, Kayleigh Wood an ADN student at Henderson Community College and Megan Manire, a BSN student at the University of Louisville School of Nursing Extension Program received scholarships from the Green River Chapter.

## KNA Heartland Chapter

No report submitted

## KNA Northeastern Chapter

The Northeastern Chapter hosted an audio conference meeting on August 26 which focused on recruitment and retention efforts and meeting schedule/process. Members distributed signs to several counties in high visibility areas and hand sanitizers were upon request. Future audio conference meetings (TBD) for later this year will be promoted among members and via the KNA website.

## KNA Northern Chapter

Northern Chapter members distributed COVID signs and hand sanitizer during the last few months. The chapter will offer a free CE presentation at its December meeting, more details TBD.

## KNA Pennyrile Chapter

The chapter's outreach plans include providing mental health information, contact numbers and masks for college students at Madisonville and Hopkinsville community colleges. The chapter purchased 2,000 masks that members will combine with mental health points in Ziploc bags for the students.

Chapter leaders have reached out to the health department to volunteer to take temperatures.

Members are excited about spreading the word and encouraging nurses to have a collective voice by joining KNA that include leadership opportunities to serve fellow nurses and their community by impacting lives.



**Madisonville Community College recently named Loretta Elder and Sara Jane Jones as 2019-2020 Frymire Faculty of the Year.**



**Baptist Health Madisonville elected Linda Thomas for a four-year term on its board and appointed her to the Safety, Quality, and Patient Experience and the Audit and Enterprise Risk Committees.**

## KNA Reach Chapter

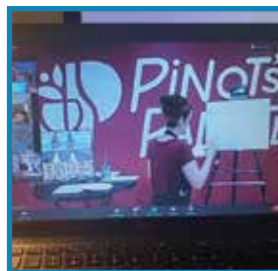
The REACH Chapter has set a goal to increase membership by 10 percent this coming year. Chapter members have provided hand sanitizer and face shields to nurses across its geographic region. During these difficult times, members are working together to determine how to best to support nurses in their fight against COVID. As the holiday season approaches, chapter members look forward to supporting local organizations such as Toys-for-Tots and food pantry locations.

## KNA River City Chapter

The River City Chapter has set a goal to increase membership by 10 percent during this fiscal year and is hosting free continuing education offerings and fun events such as its recent virtual painting party. The chapter uses routine meetings as a venue to discuss current events, plan upcoming events and to keep in touch with members.

Many have expressed appreciation for the opportunity to access face shields, hand sanitizer and "thank you nurses" yard signs at various sites.

This year, chapter members and leaders are meeting together to plan events rather than leaders meeting separately to do so. Members are receptive and offer ideas, suggestions and look for ways to volunteer their time.



## KNA School Nurse Chapter

The School Nurse Chapter continues to educate key policymakers to push for having a nurse in every Kentucky school every day, particularly as we continue to deal with the COVID-19 pandemic. The chapter also continues to explore various funding mechanisms, including the use of Medicaid and to educate school district personnel on how that funding could help achieve its goal. To that end, Gannon Tagher, a KNA School Nurse Task force member, will testify before the Interim Education Committee Meeting on Tuesday, October 20. She also will record a short informal video that we will post on the KNA website explaining the importance of mandating that every Kentucky school has a school nurse every day.

The School Nurse Task force participated in the KNA Governmental Affairs Town Hall meetings. Check out these talking points from the School Nurse Chapter Task Force:

- Kids Count – we need data entered into Infinite Campus by every school nurse. No nurse should have to double chart. We are requesting that the Kentucky Department of Education mandate that data be entered.
- For the 2018-2019 school year, there were 1466 public schools in Kentucky. For those schools, there were 869 school nurses reported.
- Kentucky received CAREs money and COVID money that could be used to fund school nurses.
- Kentucky needs to recruit school nurses immediately – this can be done through nurse list serves and the KNA Career Center.
- Kentucky nursing schools need to have students help with COVID detection and school nurse services (with oversight from nursing faculty). The University of Kentucky College of Nursing has operated such a program for more than 20 years and is willing to share its plan.

We encourage all Kentucky nurses to contact their legislators and tell them that Kentucky Needs a School Nurse in Every School Every Day, All Day and that data entry on children's health visits must be mandated.

The chapter encourages all nurses to contact their legislators about the importance of having a nurse in every school, every day. Visit <https://apps.legislature.ky.gov/findyourlegislator/findyourlegislator.html> to find your legislators.

## KNA Western Chapter

Western Chapter members are working to increase its 90+ membership base and to incorporate continuing education into its meetings. Dawn Starks shared her story about working with COVID-19 patients at a New York City Hospital at the chapter's September meeting.

## Thanks to KNA nurses for making the news across the Commonwealth



From editorials about the importance of nurses in every school every day to those addressing racial violence to racial inequality in healthcare, KNA nurses are making the news. Nurses are sought after experts who can speak about care on the frontlines of the COVID-19 to nurse suicide to workforce trends in nursing to creating a safe work environment for healthcare workers and much more. We thank our media partners for thinking of Kentucky nurses.

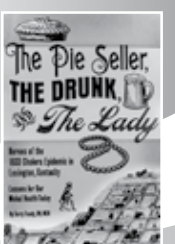
We sincerely thank nurses for their willingness to offer extensive knowledge to educate the communities we serve about the value we bring to all Kentuckians and each other.

We are here to help you prepare for interviews and offer media relations support. Also, if you have a story idea, let us know we would love to hear about it.

**Before there was Covid, there was Cholera!**

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# Creating a Culture of Excitement

Students begin their FNU journey with an orientation session held on our Versailles, Kentucky, campus. This important first step gives students an opportunity to connect with other students and faculty. We're excited to welcome students to our new campus in late 2020.



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## Kentucky Nurses Foundation

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## Highlights Activities and Accomplishments

Thank you to everyone who has given time, talent and monetary donations to support all Kentucky Nurses Association (KNA), Kentucky Action Coalition (KNAC) and the Kentucky Nurses Foundation (KNF) strategic initiatives. All funds go toward nursing outreach, education, research, mental health support, public safety precautions as well as online education offerings.

The KNF did not host its Annual Taste of Health Fundraiser. With an eye toward raising funds in our new safe socially distant community, we invite you to check out our KNF online raffle that includes great packages such as "A Cake-a-Month" for a year, a one-year Kentucky Nurse Association Membership, "Backyard Summer Kids Fun" pack and an "Ice Cream Social" and much more. If that isn't enough to get you to our website, we're throwing in a "50/50" split the pot drawing. Read more about this and our raffle on page 23.

Last fiscal year (July 1, 2019 – June 30, 2020), we honored 36 Kentucky nurses with Nightingale Tributes. We have temporarily discontinued in-person Tributes; however, we continue to reach out to the families of legacy nurses to offer our condolences and let them know that we will conduct in-person Tributes when it is safe to do so.

In this issue of *Kentucky Nurse*, be sure to read the article submitted by our final KNF Scholarship recipient – Allison DeSpain, a BSN student at Spalding University. She is the recipient of the Mildred Metz Scholarship. Look for future scholarship opportunities by visiting the KNA website.

In honor of the "Year of the Nurse," the KNF invite nurses and nursing students to participate in our first-ever student essay contest and our artwork design competition (open to nurses and students). Here's how it will work:

### KNF Student Essay Contest –

Submit a 500-word essay about why you are pursuing a career in nursing and what Year of the Nurse means to you. All essays must follow APA or AP style guidelines, use 12-point Times Roman font and be double spaced. Submit student essays to [admin@kentucky-nurses.org](mailto:admin@kentucky-nurses.org) by 5 p.m. (EST), **Monday, November 2**. Only non-licensed Kentucky nursing students may participate in this contest. **Winners will receive a \$500 cash award** and be promoted via social media and the *Kentucky Nurse* newsletter.

### KNF Design Competition –

Design artwork incorporating the Year of the Nurse logo and the KNF logo appropriate for t-shirts and other specialty items. Artwork must be at least 300 dpi, no larger than 5MB and in JPEG format. Submit artwork to [admin@kentucky-nurses.org](mailto:admin@kentucky-nurses.org) by 5 p.m. (EST), **Monday, November 2**. **Winners will receive a \$500 cash award** and be promoted via social media and the *Kentucky Nurse* newsletter. This competition is open to all nurses and nursing students in Kentucky.

On behalf of all Kentucky nurses, I encourage you to make a tax-deductible donation to the Kentucky Nurses Foundation at [kentucky-nurses.org](http://kentucky-nurses.org) or send your check to:

The Kentucky Nurses Foundation  
305 Townepark Circle, Suite 100  
Louisville, KY 40243

Please, give generously.

Sincerely,  
Jo Singleton, DNP, RN-BC

## Information for Authors

- *Kentucky Nurse* Editorial Board welcomes submission articles to be reviewed and considered for publication in *Kentucky Nurse*.
- Articles may be submitted in one of the following categories:
  - A. Personal opinion/experience, anecdotal (Editorial Review)
  - B. Research/scholarship/clinical/professional issue (Classic Peer Review)
  - C. Accent on Research (Editorial Review)
  - D. Cultural Diversity (Editorial Review)
  - E. Health Matters (Editorial Review)
  - F. Student Spotlight (Editorial Review)
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- All articles, except research abstracts, must be accompanied by a signed *Kentucky Nurse* transfer of copyright form (available from KNA office or on website [www.Kentucky-Nurses.org](http://www.Kentucky-Nurses.org)) when submitted for review.
- Articles will be reviewed only if accompanied by the signed transfer of copyright form and will be considered for publication on condition that they are submitted solely to the *Kentucky Nurse*.
- Articles should be typewritten with double spacing on one side of 8 1/2 x 11 inch margins. Maximum length is five (5) typewritten pages.
- Articles should also be submitted electronically
- Articles should include a cover page with the author's name(s), title(s), affiliation(s), and complete address.
- Style must conform to the Publication Manual of the APA, 7th edition.
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**KENTUCKY**  
NURSES ASSOCIATION

*"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."* Martin Luther King, Jr.

# Calendar of Events

**October, November, December 2020**  
 All meetings are (EST) unless otherwise indicated.

**KNA Board of Directors Meeting:**  
 First Friday of the Month, 10 AM – Noon

**KNA Governmental Affairs Cabinet Meetings:**  
 Second Friday of every Month, 3:30 – 4:30 PM, conference call

**KNA Chapter Leadership Video Conference Meetings:**  
 Third Monday of every month, 1 – 2 PM

**Kentucky Nurses Foundation Board of Trustee Meetings:**  
 Fourth Tuesday of every other month at the KNA office, Noon – 4 PM, KNA Office

**KNA Membership Recruitment & Retention Committee Meetings:**  
 Second Monday of every Month, Noon – 1 PM, video conference

**KNA Professional Nursing Practice & Advocacy Cabinet Meetings:**  
 First Wednesday of every month, 5 PM, video conference

**KNA Event Planning Committee Meetings:**  
 Second Thursday 3-4pm, video

**KNA Nurse in Every School**  
 First and third Monday of every month, Noon – 1 PM  
 \*\*\*All nurses are welcome to attend any nursing event.  
 These are open to KNA members\*\*\*

**September 2020**

- 25 Kentucky Nurses Helping Nurses Webinar, "What We Need to Hear and What We Need to Say: Nursing Student Experiences during COVID-19"
- 29 KNA Bluegrass Chapter Virtual Town Hall

**October 2020**

- 6 KNA Chapter 6 Town Hall - virtual
- 7-9 2020 ANCC National Magnet Conference, virtual
- 29 American Academy of Nursing 2020 Conference, "Transforming Health, Driving Policy," virtual

**November 2020**

- 2 Materials due to KNA Office for the January 2021 issue of *Kentucky Nurse*
- 4-6 KNA Annual Conference, "Age Well. Live Well. Be Well," Virtual
- 20 KBN Practice Virtual Committee Meeting, 9 AM

**December 2020**

- 3-4 KNA Leadership Retreat - virtual

**February 2021**

Nurses Day at the Capitol- virtual

**November 2021**

- 5 KNA Summit

*For more information and to register for KNA events, visit [Kentucky-nurses.org](http://Kentucky-nurses.org).*

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# Meet the Kentucky Nurses Association Board of Directors

We hope you enjoy this continuing series, "Meet the Kentucky Nurses Association Board" that now regularly appears in *Kentucky Nurse*. The leaders of KNA tirelessly volunteer their time to advocate for fellow nurses and those in their care. Get to know these nurses, ask them questions and reach out. This is your professional nursing association:

**Julie Marfell DNP, FNP-BC, FAANP** is vice president of the Kentucky Nurses Action Coalition (KNAC).

**Current Professional Role:** associate professor, University of Kentucky College of Nursing

**Education:** doctor of nursing practice/family nurse practitioner and bachelor of science in nursing, Rush University, Chicago and a diploma in nursing from Barnes Hospital School of Nursing, St. Louis

**Past KNA Leadership Positions:** director-at-large, KNAC

**Year joined KNA:** 1999-2003, 2016-present

**Kentucky Nurse (KN) What made you decide to serve in a leadership position within our organization?**

**Julie Marfell (JM)** My decision to serve in a leadership position was based on the opportunity to collaborate with like-minded people to support nurses and make positive changes in healthcare.

**(KN) What would you say to others who are considering leadership positions within KNA?**

**(JM)** You will not regret your decision. Being a part of the leadership at KNA gives you the opportunity to support nurses and work to improve all aspects of the profession.

**(KN) What would you like fellow nurses to know about your KNA membership? What does it mean to you?**



Julie Marfell

**(JM)** My KNA membership gives me the opportunity to have a greater knowledge and clearer perspective of current issues related to nursing at the state level. This knowledge provides an opportunity to work on issues that affect my professional practice as a nurse.

**(KN) What are your thoughts about how we can promote 2020 Year of the Nurse to grow membership and support Kentucky nurses?**

**(JM)** We need to make sure that nurses' stories are told about dedication to their patients and the profession. It is also important to continue to move nursing forward in terms of decision making related to healthcare initiatives as well promoting the role of nurses on boards of directors at the local, regional and national level.

**(KN) What is your message to nurses on the frontline of the COVID-19 pandemic?**

**(JM)** I am so proud of all the work being done by nurses on the frontlines of the COVID-19 pandemic. Thank you for your dedication and service to your patients and their families.

\*\*\*

**Debra "Deb" Rayman, MA, BSN, RN,** is vice president of the Kentucky Nurses Foundation and joined KNA early in her career.

**Current Professional Role:** retired active community volunteer

**Education:** master of arts in human resources development from Webster University; bachelor of science in nursing from Eastern Kentucky University and a diploma in nursing from the Norton Memorial Infirmary School of Nursing.



Debra "Deb" Rayman

**Kentucky Nurse (KN): What made you decide to serve in a leadership position within our organization?**

**Debra Rayman (DR)** I wanted to give to the profession that means so much to me, to support those currently in the workforce and to encourage individuals to explore the many opportunities available within a career in nursing.

**(KN) What would you say to others who are considering leadership positions within KNA?**

**(DR)** It is well worth the time invested. The Kentucky Nurses Association is the only nursing organization that represents all nurses throughout the Commonwealth.

**(KN) What would you like fellow nurses to know about your KNA membership? What does it mean to you?**

**(DR)** Even though I am retired, it is important to me to continue my involvement within the nursing profession. Membership affords us a way to support all nurses and stay current on topics affecting our profession.

**(KN) What are your thoughts about how we can promote 2020 Year of the Nurse to grow membership and support Kentucky nurses?**

**(DR)** KNA is the one organization that represents all Kentucky nurses, regardless of specialty. We need to continue to get the word out about the benefits of being a member and the work done by the organization on behalf of our profession.

**(KN) What is your message to nurses on the frontline of the COVID-19 pandemic?**

**(DR)** There are not enough words to express my deep gratitude to those on the frontlines. I am so proud of response of our profession during these unprecedented times.

\*\*\*

**Jody Rogers MSN, RN, NEA-BC** is a director-at-large on the Kentucky Nurses Association board of directors. He joined KNA in 2013 and ANA in 1999.

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**Current Professional Role:** vice president of clinical services/chief nursing executive, KYPPEC, Inc., Louisville, KY. KYPPEC provides prescribed pediatric extended care services for children who are medically complex.

**Education:** master of science in nursing from Bellarmine University and bachelor of science in nursing from the University of Oklahoma

**Kentucky Nurse (KN): What made you decide to serve in a leadership position within our organization?**

**Jody Rogers (JR)** Nurses are the heartbeat of healthcare; however, our voices are often negated or disregarded and I want all nurses to be heard. KNA represents an incredibly strong group of united nurses in this Commonwealth and I believe that by serving, I get to be part of shaping the future of healthcare...together.

**(KN) What would you say to others who are considering leadership positions within KNA?**



Jody Rogers

**(JR)** Let's go! Get up! Stand up! We need you. Our organization has a place for your talents. We need leaders who are dedicated and passionate about promoting our profession. You will learn and be challenged. You will have fun and become re-invigorated about nursing. You will be a better nurse.

**(KN) What would you like fellow nurses to know about your KNA membership? What does it mean to you?**

**(JR)** KNA has become a part of me. I am proud of my profession and the fellow nurse heroes that I work with daily. It is a way to express my gratitude to nurses that have come before me. My membership is a way to give back to my peers. It is my way to leave an impact on nursing long after I am gone. I recently helped perform a Nightingale Tribute at a fellow nurses' funeral and I was able to blow out her candle and relieve her of her last shift (Only another nurse would understand). What an honor!

**(KN) What are your thoughts about how we can promote 2020 Year of the Nurse to grow membership?**

**(JR)** COVID-19 insisted and made sure this was the "Year of the Nurse"! I feel that Kentucky nurses have demonstrated great courage

and commitment. During this pandemic, we "suited up and showed up"! Nurses across the Commonwealth exemplified what it means to be a nurse. I do not think a better campaign for the strength of Kentucky nurses could have been planned better than what we went through in the first part of this year and continue to battle with this virus. We proved that Kentucky nurses are stronger than ever before and a force to be reckoned with. The Kentucky Nurses Association stood by us and promoted the impact of nursing and supported the frontline with supplies and love. I can't think of a better way to grow membership than for KNA to continue to show the bravery and dedication of all Kentucky nurses.

**(KN) What is your message to nurses on the frontline of the COVID-19 pandemic?**

A great thank you to all my friends and colleagues. As a Navy Nurse Corps veteran of Operation Enduring Freedom and the Global War on terrorism, I have served in the trenches in some tough situations with some fine people; however, I have never been so proud than to serve with my fellow nurses during this pandemic. You are heroes and I am blessed to call myself a Kentucky nurse alongside you!

# To all nurses, thank you for your service.



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# ACCENT ON RESEARCH

## STOP! Hand Hygiene Compliance Zone Ahead

In today's healthcare facilities, healthcare-associated infections (HCAs) are important patient safety issues. Infection rates are amplified when poor hand hygiene practices are being utilized. Emergency departments (EDs) in particular appear to have issues with hand hygiene compliance. EDs are usually fast-paced environments where procedures are often invasive and high risk, making it difficult to evaluate the susceptibility of patients to contract or spread an infection. The purpose of a systematic review conducted in 2019 by Seo and colleagues was to examine hand hygiene

compliance (HHC) rates, factors affecting HHC rate and intervention strategies to improve HHC in EDs.

The researchers searched Ovid MEDLINE, Ovid EMBASE, the Cochrane Central Register of Controlled Trials (CENTRAL) and the Cumulative Index to Nursing and Allied Health Literature (CINAHL) to identify relevant studies. Korean databases were also searched, including Koreamed and Korean Medical database (KMbase). Keywords used for the search included: **'hand antisepsis', 'hand cleaning' 'emergency room', and 'emergency department'**. After analyzing results

against the inclusion/ exclusion criteria, 24 studies on HHC in EDs were selected for the review (12 were cross-sectional surveys and 12 were interventional studies).

The review found that reported hand hygiene compliance rates varied widely, from 7% to 89.7%. HHC rates were lower in EDs than in any other setting in the hospital and, more specifically, lower among physicians than among registered nurses. Lower HHC rates resulted from a multitude of factors including a perceived lack of time by staff, pressing clinical situations, heavy workloads, staff shortages and decreased accessibility of alcohol-based hand rub and gel. The review also identified many barriers to proper hand hygiene practices, including ambiguity about when to perform hand hygiene, how to efficiently use gloves, stress, activities with high risk of cross transmission of pathogens, lack of positive examples by staff leadership, bad habits, simple forgetfulness and skin irritation and drying caused by the continuous use of products.

The review suggested several intervention strategies that could potentially improve HHC rates in the ED setting, with use of a multimodal strategy as potentially the most effective approach. Such a strategy should include a facility wide hand hygiene campaign including proper hand hygiene education, infrastructure change, monitoring and effective feedback and strong healthcare leadership. It was also suggested that strong healthcare provider and manager leadership was imperative to ensure sustainability of this HHC improvement strategy.

Nurses spend a significant amount of time with their patients and must prevent potential harm by reducing the chance of spreading infection from one patient to another. Results from this review suggest there is significant room for improving HHC rates in EDs. It is necessary to implement HHC improvement strategies targeting healthcare workers who exhibit low HHC rates, including physicians. Additional research should be performed to develop a sustainable HHC improvement intervention focused on ED care settings. Furthermore, well designed controlled studies are essential to examine and identify which intervention modalities are most effective in the ED setting.

**Source:**

Seo, H., Sohng, K., Chang, S., Chaung, S., Won, J., & Choi, M. (2019). Interventions to improve hand hygiene compliance in emergency departments: A systematic review. *Journal of Hospital Infection*, 102(4), 394-406. doi:10.1016/j.jhin.2019.03.013

**Submitted by:**

Savannah Motley, Patrick Shearman, and Brandon Sloan, Bellarmine University School of Nursing, Louisville, KY.

*Data Bits* is a regular feature of *Kentucky Nurse*. Sherill Nones Cronin, PhD, RN-BC is the editor of the *Accent on Research* column and welcomes manuscripts for publication consideration. Manuscripts for this column may be submitted directly to her at [sherill@aol.com](mailto:sherill@aol.com).

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# What's the difference between KNA and KBN?

## Who do I need to call?

### Kentucky Nurses Association Profile

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Louisville, KY 40243  
502-245-2843

[Kentucky-nurses.org](http://Kentucky-nurses.org)  
[admin@kentucky-nurses.org](mailto:admin@kentucky-nurses.org)

Established in 1906, the Kentucky Nurses Association (KNA) is the only full-service member-drive professional organization for the state's entire nurse population. In addition to promoting the essential role of registered nurses in healthcare delivery system, KNA serves as an advocate for quality patient care in all settings. From the halls of Frankfort and state agencies to boardrooms, hospitals and other healthcare facilities, the KNA is the strong voice for the nursing profession throughout the Commonwealth. Activities are funded through membership dues, products and royalties.

### The Kentucky Board of Nursing Profile

312 Whittington Pkwy, Suite 300 -  
Louisville, KY 40222  
502-429-3300 or 1-800-305-2042

[kbn.ky.gov](http://kbn.ky.gov)

The Kentucky Board of Nursing (KBN) is an agency of the Commonwealth of Kentucky, governed by the Nurse Practice Act, established in 1914. The Board is a separate and distinct entity from any professional association. The Board's role is to protect public health and welfare by developing and enforcing state laws governing the safe practice of nursing. The Board is self-supporting through fees assessed for professional licensure. The agency receives no general fund tax appropriation.

### The KNA:

- Writes, edits and publishes the award-winning Kentucky Nurse. It is distributed to all nurses in the state, even non KNA members.
- Helps members with information and resources related to nursing, nursing practice, education, scholarships and a variety of additional topics.
- Serves as liaison for information to state agencies, legislators, healthcare organization and the media.
- Offers member discounts for the KNA Convention, Summit and all other KNA programs.
- Offers member discounts on KNA products and services.
- Provides networking in many areas such as practice, legislation, academics, research, etc.
- Has an app "KNA 365" designed to connect nurses with KNA and needed resources.
- Offers complimentary resume review and assistance for members.
- Connects members to "members only" website portal.
- Serves as continuing education provider.
- Offers full-time lobbying representation in Frankfort and at the nation's capital to ensure that nursing has a voice regarding legislative activities.
- Offers recruitment portal for every healthcare entity in Kentucky.
- Provides the Nightingale Tribute program to honor deceased nurses through the Kentucky Nurses Foundation (KNF)



### The KBN:

- Grants licensure to practice nursing to qualified applicants. (LPN, RN and APRN)
- Credentials Sexual Assault Nurse Examiners (SANE) and dialysis technicians (DTs).
- Interprets laws and regulations related to the legal scope of practice
- Develops regulations (rules) necessary to implement its statutory responsibilities and duties.
- Establishes minimum standards of nursing practice.
- Sets minimum standards for nursing education and maintain list of approved schools.
- Defines and describes nonprofessional conduct.
- Takes disciplinary action on licensees in response to nonprofessional conduct.
- Maintains a list of names, addresses and licensure status of persons they license.
- Approves applications for prescriptive authority for advanced practice nurses.
- Provides scholarships through collected licensure fees.
- Maintains registry of individuals who are credentialed as state registered nursing assistants (SRNAs).

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# Student Spotlight

## Finding My Place

Allison DeSpain, Spalding University  
2019 Mildred Metz Scholarship Recipient

“Why do you want to be a nurse?” Since I started in the nursing program, I can’t count the number of

times that I have been asked that question. There are so many ways to answer. For me, the answer always involves the reason I returned to college after graduating in 2012. I developed a passion about a career as a healthcare provider and believed I was called to become a nurse. As a result, I gave up my job, borrowed money and returned to college.

I view nurses as some of the hardest working, most compassionate and highly respected individuals in healthcare. From application of the science and research in practice to being a shoulder to lean on during a patient’s most vulnerable moments, there is nothing about this career that does not leave me feeling fulfilled at the end of every day.

I did not choose nursing because of the salary or because medical school is too challenging. I chose nursing because it stood out to me from all other healthcare professions. We assume the role as a patient advocate. We practice active listening

and compassion in building relationships with our patients that are based on trust and respect. Through our confidence and competency, we, as nurses, bring comfort to patients and their families. Some days may leave us feeling emotionally drained and defeated, but there are also great days that leave us feeling joyful and satisfied.

I chose nursing because it is my calling to have empathy to understand the suffering of those around me, a desire to help others get through the fear of health issues and the strength to be the person that others can depend upon. Knowing that all my hard work paid off is an amazing and selfless feeling. Understanding that I have the ability to heal and build trusting and therapeutic relationships with my patients is absolutely beautiful and inspiring. I have fallen in love with this profession, I could not imagine my life any other way, and no matter what, nursing will always be my true calling.

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# Letter to the Editor

## The Kentucky Nurses Association speaks out against racial violence and provides actionable steps to address the issues of racism, inequality and their impact on health and health outcomes

Breonna Taylor, David McAtee, Rayshard Brooks and George Floyd. These are just a few whose deaths have sparked national outrage. They are gone because of unthinkable racial violence and disregard for life representing the antithesis of nursing. Nurses do not stand for, support or tolerate such acts. Let us start by being very clear and intentional about one salient point. *No one deserves to die because of the color of his or her skin. Black Lives Matter.*

If the Kentucky Nurses Association is to stay true to its vision, "To be the voice for nurses and work for a healthier Kentucky," we must state our position and then let you know about the actions we will take to combat this public health crisis of inequality and its impact on health outcomes.

The tentacles of racism extend into realms that create injustices and systematically endanger people of color. According to the Robert Wood Johnson Foundation, "this history of individual and structural racism spanning generations denies opportunity to people of color and robs them of their physical and mental health. The life expectancy of people of color is often a decade or more shorter than their white neighbors just a few blocks away, an injustice that has not moved in generations. These health disparities, and often the diseases themselves, stem in part from the stress of being silenced, ignored, oppressed and targeted for

violence—too often by those institutions and individuals entrusted to protect all people."

*KNA fully agrees.*

Nursing care embraces the notion that improvement requires a plan. Just as we plan for the care of those we serve, we must plan for the care and the healing of our community to prevent the continued spread of harm and violence. The Kentucky Nurses Association urges all 90,000 nurses across our Commonwealth to use their influence as the largest and most trusted profession to implement our plan of action and care for our communities:

- Encourage all citizens, especially nurses, to vote for candidates that support actions and policy changes that will ensure focus on disparities in the African American and other populations of color;
- Participate in development of and provide training for nurses regarding racial disparities that includes the history regarding the issues and offer assessment tools for improved outcomes;
- Support development and implementation of cultural competency training, bias training and disparity education in every Kentucky nursing school curriculum;

- Promote recruitment of African American nurses and other nurses of color to serve on boards and commissions and leadership positions within our organization as well as others that focus on health;
- Promote recruitment of nurses of color to seek employment as school nurses;
- •Serve as a resource for nurses, other healthcare professionals and organizations regarding racism and cultural competency especially as it relates to public health, healthcare in general and the health of our state and local communities and
- Promote recruitment and mentoring of nurses of color in nursing programs.

We are nurses and we will do this. *Kentuckians are counting on us.*

*Ruth Carrico, PhD, DNP, APRN, CIC, FSHEA, President, KNA Board of Directors*

*Delanor Manson, MA, BSN, RN Chief Executive Officer, KNA*



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## Office of Community Engagement and Diversity Inclusion

The University of Louisville School of Nursing is committed to tackling health disparities in our community through active community partnerships in our undergraduate and graduate programs.

Led by Dr. Vicki Hines-Martin, PhD, PMHCNS, RN, FAAN, associate dean for Community Engagement and Diversity Inclusion, the school seeks to enhance practice, research, teaching and service activities through community engagement.

“Community engagement and achieving health equity for populations experiencing health disparities are integrally connected,” Hines-Martin said.

Hines-Martin has a long career focused on diversity, equity and community. Hines-Martin has collaborated with community organizations, including the Neighborhood House Community Center, which serves residents across the life span in Portland and west Louisville for the last nine years. Her scholarship includes her most recent position as co-leader of the community engagement core on the NIH-funded University of Louisville P30 Center for Integrative Environmental Health Sciences. She was also co-editor on two textbooks: *Routledge Handbook of Global Mental Health Nursing: Evidence, Practice and Empowerment (2017)*; and *Library, Collaborations and Community Partnerships: Enhancing Health and Quality of Life (2020)*.

## CONTACT

502-852-1196 | 502-852-5825

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## Meet Jade Chatman: PhD candidate on a path to affect the future of nursing

School of Nursing PhD candidate Jade Chatman, BSN, RN, has received numerous awards while at the University of Louisville. Her research focuses on health promotion and disease prevention in vulnerable populations by developing strategies to increase nursing workforce diversity.

To support her effort, Chatman established a partnership with a high school pre-nursing program that primarily serves minority and low-income students.

Chatman plans to test the feasibility of a research-based, online educational intervention for pre-nursing high school students in improving attitudes toward and knowledge about nursing as a career, along with improving career and college readiness.

Her plan will include two multimedia online learning modules. The first learning module will be about different nursing career pathways and educational requirements. The second learning module will be about college admission processes, such as timelines, financial aid, and how to decide which college to attend.

“I want to recruit and educate future nurses, ensuring they have the support to be successful and prepared for real-world nursing by identifying barriers they face and implementing interventions that overcome them. Engaging with students in an environment that fosters intellectual inquiry, passion, and commitment for underserved communities through the advancement of nursing science is my aim to address the complex health needs of diverse and dynamic populations,” she said.

## CONTACT

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Cheryl Barnes	Nicholasville KY	Katelin Elm	Louisville KY	Brandy Kardeen	Louisville KY
Cathryn Benson	Lexington KY	Tara Emmert	Tompkinsville KY	Lora King	Berea KY
Kathleen Berghausen	Old Brownsboro KY	Kathleen Farrell	Murray KY	Elizabeth Krupiczewicz	Louisville KY
Callie Beuke	Edgewood KY	Rebecca Feck	Nicholasville KY	Tracy Kuykendall	Lexington KY
Mary Bishop	Pineville KY	Amber Feltner	Lexington KY	Lisa Lewis	Shelbyville KY
Belinda Blair	Nicholasville KY	Tammy Fields	Louisville KY	Vanessa Littrell	Hebron KY
Taylor Boggs	Frankfort KY	Cheryl Fougne	Louisville KY	Jenine Lomio	Elizabethtown KY
Virginia Bolin	Louisville KY	Vivian Franklin	Cave City KY	Keely Lowe	Lexington KY
Cierra Bond	Lexington KY	Cheri Frederick	Stanford KY	Kimberly Madden	Louisville KY
Regina Bratcher	Fairdale KY	Jennifer Gibson	Lexington KY	Greshin Markwell	Bremen KY
Michal Brooks	Lexington KY	Heather Hardin	Cleveland Heights OH	Juanisha Marshall	Lexington KY
Michelle Bruns-Gravett	Newport KY	Jaclyn Harrell	Louisville KY	Kristi Meredith	Louisville KY
Kristen Cagnoli Kohler	Lexington KY	Rachel Harrison	Brooksville KY	Emily Messerli	Lexington KY
Hillary Carbone	Louisville KY	Tracey Hatfield	Oil Springs KY	Catherine Miller	LA Grange KY
Charlotte Chaney	Irvine KY	Christopher Havens	Lexington KY	Remonica Minix	Van Lear KY
Paul Clark Mount	Saint Francis IN	Susan Hedgecock	Owingsville KY	Judy Mitchell	Beechmont KY
Stacy Cohen	Louisville KY	Nathan Henry	Louisville KY	Micol Mora	Louisville KY
Rosemary Collins	Cynthiana KY	Rachel Hickman	Lexington KY	Nidhi More	Louisville KY
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For dues rates and other information, contact ANA's Membership Billing Department at (800) 923-7709 or e-mail us at [memberinfo@ana.org](mailto:memberinfo@ana.org)

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Country	

### Professional Information

Employer	Current Employer Status: (ie: full-time nurse)
Type of Work Setting: (ie: hospital)	Current Position Title: (ie: full-time nurse)
Practice Area: (ie: pediatrics)	<b>Required:</b> What is your primary role in nursing (position description)?

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# KNF COVID-19 Nurses Support Fund & Volunteers



The Kentucky Nurses Foundation thanks these generous donors and volunteers for their contributions toward the KNF COVID-19 Support Nurses Fund

## Donations total more than \$18,400

Whether you made a financial contribution via the Kentucky Nurses Foundation COVID-19 Fund to Support Nurses or volunteered your time to deliver apricot ribbons and bows, face shields, yard signs and hand sanitizer across the state to support Kentucky nurses, we sincerely thank you:



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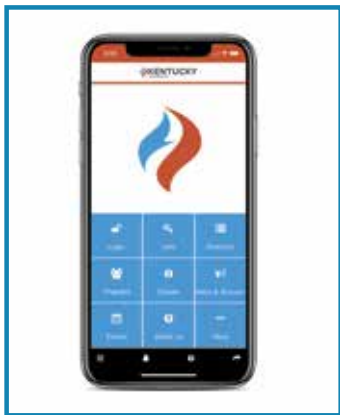
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## Hats off to the KNA home team

Delanor Manson, KNA chief executive officer, thanks the KNA home team – Gwen Bradley, administrative coordinator, and Stephanie Smith, director of communication and membership, for working hard to administer and coordinate the many tasks that come with a massive project like the COVID-19 support for nurses across the state such as finding volunteers to fill and deliver 13,000 hand sanitizers across the state; ordering shoelaces, pushing daily News Briefs, coordinating education, ordering all those bottles and fielding a record number of media inquiries.



## Kentucky Nurses Association launches its first app



Download KNA365 today

Download KNA365 today. It is an incredible way to stay in touch with what is going on with nurses in Kentucky and nationwide. KNA365 is for every person who cares about nurses, nursing and want to know what is going on with the profession. With one touch you’ll be able to read articles, join our organization – the voice for all Kentucky nurses, register for our conference, learn about conference sponsorship opportunities and check our statewide calendar. If you’re already a KNA member, you’ll be able to access cabinets and committees within our organization as well. You can even make a donation to the Kentucky Nurses Foundation, connect with our social media channels and contact us with questions.

With so many great opportunities, you’ll want to go ahead and download that app now!

## KNA to publish the first ever Kentucky Nurses Resource Book



Registration Deadline: October 1, 2020  
 Anticipated Publication date: February 28, 2021

*Garner referrals and spread the word about your area of expertise; deep discounts for KNA members to participate*

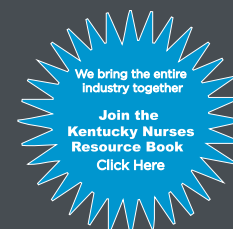
The Kentucky Nurses Association (KNA) will soon publish the first ever Annual Kentucky Book of Nurse Resources. We want our community to have access to the depth of knowledge nurses across the Commonwealth can provide. You’ll want to get in on this great opportunity to educate fellow nurses about your field of expertise. Here’s how it will work:

- Visit [Kentucky-nurses.org](http://Kentucky-nurses.org) and
- Complete the form that will include your credentials, photo and contact information and
- The cost for KNA members to participate is \$50; non-member fee is \$375 (which includes a one-year KNA membership).

We are very excited to bring this great resource to you!

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# Briefly Speaking

## KNA/KNF/KNAC News & Notes

As we look at Fall in the Bluegrass, we have become more creative in this time of face masks, social distancing and all that means for the healthcare’s largest segment of workers – nurses. First and always, we are the voice for all Kentucky nurses and we invite you check out all of the activities your professional organization is engaged in and join today:

Register for the KNA Virtual Conference, “Age Well. Live Well. Be Well.,” Wednesday, November 4 – Friday, November 6. We are thrilled to bring this innovative learning experience to you. Read more about the event on page 22.

In our last issue, we reported out about our extensive COVID-19 outreach program for nurses

and all frontline workers. Our colleagues across the Commonwealth are still talking about all those apricot ribbons, nurse thank you signs, face shields and some 13,000 bottles of hand sanitizer that our “road warriors” delivered statewide. The KNA office still has Thank You Nurses signs still available. Contact the KNA office inquire about how to get a sign for your yard or business. In addition, the KNA partnered with UofL to offer ECHO infection control programs centered on what nurses need to know about COVID-19 and drive through immunizations. Generous donors have contributed more than \$18,400 toward this effort. You can read all about it on page 18.


As we move through this difficult time, we encourage you to participate in COVID-19 vaccine studies such as the one underway at the UofL Center of Excellence for Research in Infectious Diseases. Check out our website to learn more at Kentucky-nurses.org. Ruth Carrico, president of KNA, is spearheading this initiative. If you know of a trial or study in your area, let us know about it. By working together, we can find ways to keep nurses and those in their care safe.

We want to remind you about our “Kentucky Nurses Helping Nurses” (KNHN) program, a collaborative effort between the Kentucky Nurses Association and the International Society of Psychiatric Nurses, that provides support for nurses working on the frontlines. KNHN volunteers include a network of nurses, working and retired, who have a passion for and expertise in mental health nursing

who want to support and be there for you while you are caring for others. The program also includes an array of web-based services including webinars, online education modules and resources for your use. To learn more about KNHN, visit our website and if you need help or a fellow nurse you know needs help, please call us at **1-877-358-0420**. We invite you to participate in KNHN survey to gauge the need for our program and how we can best help fellow nurses. You can read more about that on page 21.

If you want to help nurses and have a voice in legislation that affects us all, we encourage you to vote in the general election either by mail or at the polls on Tuesday, November 3. We’ve included information about ways to vote such as how to obtain an absentee ballot on page 23. If you want to learn more about legislative candidates in Kentucky, we encourage you to attend our upcoming virtual Town Hall on Tuesday, October 6. Visit our website for registration information.

The team at the KNA office is available as a resource to you if you have questions about your membership, need help addressing clinical or educational issues or want to make your voice known within Kentucky’s nursing community. Stop by our office; we recently rolled out COVID-19 Healthy at Work Policy. We are not hosting meetings at the office but we have limited staff in the office work plan. Call us. Visit us on social media or complete a “Contact Us” form on our website. *We want to hear from you.*



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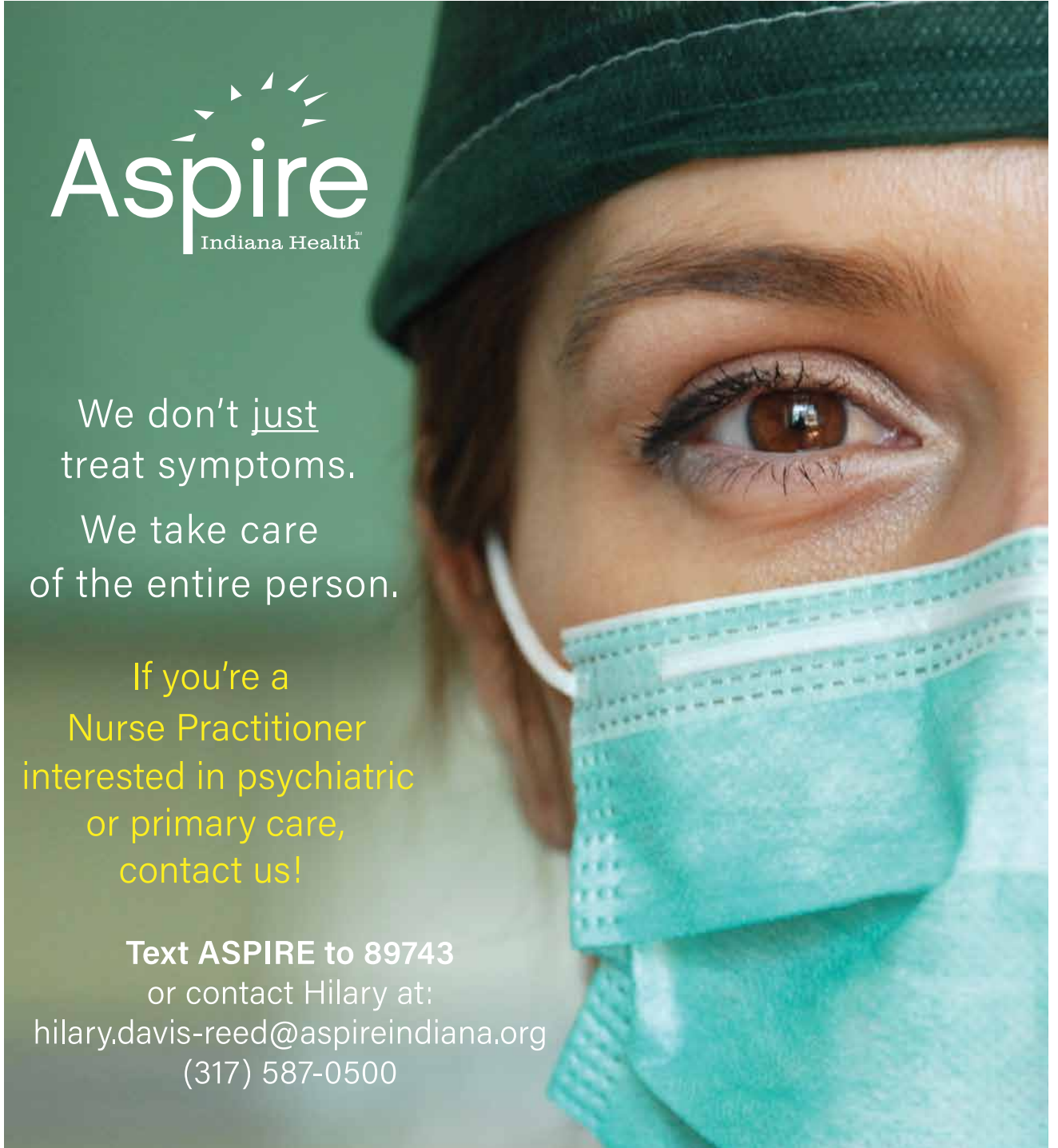
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# Kentucky Nurses Helping Nurses launches survey



Take a few minutes to complete the Kentucky Nurses Helping Nurses survey. We want to gauge the needs of nurses surrounding mental health issues brought about by the COVID-19 pandemic. Kentucky Nurses Helping Nurses is a collaborative effort between the Kentucky Nurses Association

and the International Society of Psychiatric Nurses, that provides support for nurses working on the frontlines.

[https://docs.google.com/forms/d/19r2qRq3WxOeyAM1zhX0iByzFQ7rdTcviBXJlorhwzSc/viewform?edit\\_requested=true&fbzx=4635384686836313809](https://docs.google.com/forms/d/19r2qRq3WxOeyAM1zhX0iByzFQ7rdTcviBXJlorhwzSc/viewform?edit_requested=true&fbzx=4635384686836313809)

## KNA leaders participate in CPE webinar, “Analysis of Nurses and Healthcare Workers in Kentucky”



Check out the free webinar

Kentucky Nurses Association Chief Executive Officer Delanor Manson and Kentucky Nurses Action Coalition Vice President Julie Marfell recently served as panelists in the Council on Postsecondary Education’s (CPE) webinar, “Analysis of Nurses and Healthcare Workers in Kentucky.”

Check out the presentation:

<https://www.youtube.com/watch?v=qoc7jSs5OAM&feature=youtu.be>

<https://www.USI.edu/health>

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Valuable practice experiences

### NURSING DIRECTOR & NURSING INSTRUCTOR

Owensboro Community & Technical College

**Nursing Director:** manage our undergraduate nursing degree program. Full-time, 12-month assignment, begin in Spring 2021. Masters of Science (MSN) in Nursing required. Doctor of Nursing Practice (DNP) preferred.

**Nurse Instructor:** Full-time, teaching assignment is Aug-May (summers off). Bachelors of Science (BSN) in Nursing required. Must obtain MSN in Nursing within 5 years (tuition paid).

**Apply online:** <https://careers.kctcs.edu/search-jobs>

*KCTCS is an equal educational and employment opportunity institution.*

## We're hiring dedicated, compassionate nurses.

- Excellent pay & benefits package
- Differential for BSN
- 8, 10 and 12-hour shifts
- Evening, night and weekend differentials
- \$5,250 annual tuition reimbursement
- State-of-the-art facility



We are inventing a new future for those we serve. We are rising to meet the medical needs of this community while exceeding national expectations. For those who want to make a greater impact, in a great community in which to live, work and raise their families - apply here.



Learn more at [OwensboroHealth.org](https://OwensboroHealth.org)

# Mark your calendars now for the 2020 KNA Virtual Conference

Category	Registration Fees for the 2020 KNA Virtual Conference		
	Early Bird (9/15/2020)	Regular	Nov. 2
KNA Member Three Days	\$185	\$200	\$216
KNA Member Two Days	\$125	\$135	\$145
KNA Member one day	\$75	\$85	\$128
Non KNA Member Three days	\$245	\$265	\$280
KNA Non-Member - Two Days	\$152	\$164	\$180
KNA Non-Member One Day	\$130	\$145	\$155
Non-licensed Student Subscriber three days	\$30	\$30	\$30
Non-licensed Student subscriber two days	\$20	\$20	\$20
Non-licensed Student subscriber one day	\$20	\$20	\$20
Non-licensed Student three days	\$35	\$35	\$35
Non-licensed Student two days	\$25	\$25	\$25
Non-licensed Student one day	\$25	\$25	\$25

Make plans to participate in the **2020 KNA Conference, "Age Well. Live Well. Be Well.," Wednesday, November 4-Friday, November 6.**

In addition, we invite you to apply to serve as a conference speaker. The 2020 Call for Presenters is posted on our website. Remember, as a speaker, you'll reach more than 300 Kentucky nurses and build your own professional portfolio of noted presentations.

**AGE WELL. LIVE WELL. BE WELL.**

**KENTUCKY**  
NURSES ASSOCIATION

**2020 KNA Annual Conference**  
Virtual  
November 4-6



## THE POWER OF NURSING EXCELLENCE

### UK HEALTHCARE

We are currently recruiting RNs in all areas at UK HealthCare's Chandler, Good Samaritan and Kentucky Children's hospitals.

To apply, visit:  
[ukjobs.uky.edu](http://ukjobs.uky.edu)

### THE COLLEGE OF NURSING OFFERS:

2<sup>ND</sup> CAREER ACCELERATED BSN | RN-BSN ONLINE | MSN ONLINE | BSN-DNP | MSN-DNP | BSN-PHD | MSN-PHD | DNP-PHD

We're preparing our students to be the next great generation of nurse providers, leaders, researchers and policy makers. Earn a traditional BSN, a second degree, or an advanced degree in nursing practice or research. Join our legacy of excellence today!

Learn more:  
[uky.edu/nursing](http://uky.edu/nursing)

Nursing is a calling, especially during this unprecedented time. Nursing is about helping save a life, providing critical care, understanding, easing the pain and sharing special moments with a patient.

**To become a nurse at Cabell Huntington Hospital or St. Mary's Medical Center, visit [www.mountainhealthnetwork.org/careers](http://www.mountainhealthnetwork.org/careers).**

**MOUNTAIN HEALTH NETWORK**  
Cabell Huntington Hospital | St. Mary's Medical Center

# Celebrate the 100th Anniversary of 19th Amendment by exercising your right to vote

*Kentucky offers absentee ballot*



In this new world of face coverings, social distancing and staying safe, our daily lives have changed in ways we couldn't have imagined a year ago. In the face of the COVID-19 pandemic, Kentucky is giving voters absentee ballot options. Check it out - <https://vrsws.sos.ky.gov/ovrweb/govoteky>. The deadline to request an absentee ballot is **Friday, October 9**. Join fellow

nurses as we cast our vote to ensure that candidates support issues that are important to nursing, nurses and those in their care – it's our shared responsibility to make this happen.

Celebrate the 100<sup>th</sup> Anniversary of the passage of the 19<sup>th</sup> Amendment and cast your vote during this year's general election by mail, ballot drop box or in person – whatever is **safest** for you.

*"The year 2020 marks the 100th anniversary of the passage of the 19th Amendment, guaranteeing and protecting women's constitutional right to vote. The passage marked the largest expansion of democracy in the history of our country. This historic centennial offers an unparalleled opportunity to commemorate a milestone of democracy and to explore its relevance to the issues of equal rights today." – Patricia Lee Refo, American Bar Association*

# Take a Chance on Kentucky Nurses – online raffle is live now

The Kentucky Nurses Foundation raffle is live now and will close at 6 p.m. on Tuesday, November 17. We will announce the winners at 7 p.m. that evening during a live Facebook streaming event.

With only 50 chances sold on most prize packages, the odds are in your favor! Buy a raffle ticket for some fabulous prize packages such as:

- "Staycation" at Caesars Southern Indiana
- Cake-a-Month from the Cheddar Box
- Bourbon Basket
- Spa Experience
- Wine Tasting for 20 and More!

You'll also want to get in on the "Split-the-Pot" drawing with only 500 tickets available. If we sell all the tickets, the winner will receive \$5,000.

Here is the link to the On-Line Raffle site: <https://event.gives/kna/items> or text 'kna' to 843-606-5995

<b>Ice Cream Social</b> \$15 ticket	<b>50/50 RAFFLE</b> \$20 ticket	<b>Wine Tasting for 20</b> \$25 ticket
<b>Bourbon Bonanza</b> \$30 ticket	<b>SpaExperience</b> \$25 ticket	<b>Staycation</b> \$10 ticket

**RANKED #2 BEST COLLEGES FOR NURSING IN KENTUCKY (NICHE, 2020)**

## CARING FOR KENTUCKY

<b>Undergraduate:</b> BSN: Traditional BSN: Accelerated	<b>Fully Online:</b> RN-to-BSN MSN: Nursing and Health Care Leadership MSN: Nursing Education DNP: Doctorate of Nursing Practice
<b>Graduate:</b> MSN-FNP: Traditional	

**SPALDING UNIVERSITY**

For more information: [SPALDING.EDU](http://SPALDING.EDU)

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**At UofL Health, nursing is more than a profession, it's a mission. With each patient encounter, we strive to make the impossible, possible.**

As a fully integrated regional academic health system with five hospitals, four medical centers, physician practices, Frazier Rehabilitation Institute and the James Graham Brown Cancer Center, the opportunities for nurses are infinite.

UofL Health has our region's only Level I Trauma Center for adults, as well as the only dedicated Burn Center and the first certified Comprehensive Stroke Center in Kentucky.

The development of our nurses is important. We offer several programs designed to help you grow including a nurse residency program, nursing research opportunities, career pathways, continuing education, tuition reimbursement and professional nursing certification. This is one of the reasons our nurses are recognized leaders throughout our organization, community, region, state and nation.

UofL Health has opportunities for nurses just starting out as well as experienced nurses looking to develop their passion for nursing.

**UofL Health**

- Mary & Elizabeth Hospital
- Shelbyville Hospital
- Jewish Hospital
- Peace Hospital
- UofL Hospital
- Brown Cancer Center
- Frazier Rehab

Vist [UofLHealth.org/careers](https://UofLHealth.org/careers) or call 502-588-0418 to find the job that is right for you.