President’s Pen

As we look toward Spring, your KNA board of directors, cabinets, committees and chapters remain fully engaged in pushing the nursing profession forward. We recently hosted our Annual Nurses Day at the Capitol where more than 250 Kentucky nurses and nursing students gathered to talk with legislators about issues important to us all. KNA has a legislative agenda developed by our Governmental Affairs Cabinet in collaboration with our lobbyist, Sheila Schuster. Please visit our website at Kentucky-nurses.org to learn more about this agenda and how you can support our efforts.

Another issue important to Kentucky nurses is the growing Novel Coronavirus (NCoV) epidemic, first identified in Wuhan China in December. At the time I am preparing this President’s Pen, the latest data reported by the Centers for Disease Control (CDC) and the World Health Organization (WHO) indicate more than 76,000 identified cases in more than 28 countries with 2200 deaths reported. As of February 20, fifteen cases have been identified in the United States with none in Kentucky. Yet, given the rate of movement of the world’s population and the transmission rates, it is imperative that Kentucky’s nurses be in full preparedness mode to protect ourselves, our patients, our families and our communities. Here are a few things we know about the NCoV:

- Early recognition of individuals who may have been exposed is critical.
- Isolating those who are ill is imperative.
- Transmission may occur in infected individuals who are without symptoms, so questioning all patients about international travel and contact with those who have traveled is also key to early identification.
- Transmission is occurring via the respiratory route and likely direct contact with respiratory secretions – such as an encounter with a coughing person who coughs in our face/eyes. The virus is likely to be in other body fluids, so standard precautions should be used for all body fluids.
- Protection of other nurses and other healthcare workers should use includes respirator, eye protection, gowns and gloves. Eye protection must not be overlooked.
- Perform hand hygiene with soap and water hand wash or alcohol hand rub after patient and environmental contact which includes door handles, elevator buttons, table, chair, etc.
- Disinfect the environment using standard hospital-grade EPA-approved disinfectants.

How we identify exposed individuals will likely evolve as the epidemic grows. Every patient presenting at any healthcare setting should be asked about their international travel history. If there are questions as to how a patient should be managed, call your local health department or the Kentucky Department for Public Health. Please do not call the CDC directly.

A couple of important things to recognize about this new virus. A recent publication has estimated that the NCoV has a reproductive number of 2.2. This means that on average each infected person has been spreading it to 2.2 others. An epidemic will increase if this reproductive number (R0) is greater than 1. As a comparator, SARS was estimated to be around 3 and measles is around 14. Therefore, there has been such concern about ensuring measles immunity and MMR vaccination. Control involves early recognition and isolation.

What should Kentucky nurses do? I put together a short (10-minute) podcast with some helpful information that you can watch on the Kentucky Nurse Resource Book (https://kentucky-nurses.org/resource-book/). The link to the podcast is below.

President’s Pen continued on page 20

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KNA Chapter Leadership 2020-2021

"The purpose of the Kentucky Nurse shall be to convey information relevant to KNA members and the profession of nursing and practice of nursing in Kentucky.”

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PUBLICATIONS OF AMERICAN NURSES FOUNDATION

April, May, June 2020

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**Chapter Updates**

**KNA Bluegrass Chapter**

The chapter recently hosted a CE program, “Preparing Nurses and Nursing Students to be Caring Colleagues.” Nancy Bronner, PhD, MSN, BSN, associate professor, director/BSN program, facilitated the session.

**KNA Green River Chapter**

As we speak, the KNA Green River Chapter is hosting its Fourth Annual NCLEX challenge. We'll have photos, highlights and the winning team to report in the summer issue of Kentucky Nurse. Chapter members continue to participate in recruiting events at local hospitals, nursing homes and invite students to chapter meetings. The chapter will host a CE event on Thursday, October 22 about Human Trafficking. See new leadership roster:
- Debra Dronet, president
- Kim McGovern, president elect (2020)
- Amanda Howell, president elect (2021-2022)
- Amy Wimsatt, treasurer/scholarship
- Marlena Buchanan, membership/Nightingale Tribute

In recognition of her service to the chapter, Lori Donahoo, immediate past president, received the chapter’s President’s Pin.

**KNA Heartland Chapter**

Recently, the chapter hosted a CE program, “Care for Domestic Minor Sex Trafficking Patients.” The next chapter meeting is scheduled for 6-8 pm on Monday, April 27 at Hardin Memorial Hospital, 913 N. Dixie Ave., Elizabethtown – topic, 2020 Year of the Nurse.

**KNA Nightingale Chapter**

The Nightingale Chapter awards a $500 scholarship for both spring and fall semesters. To be eligible, applicants must be enrolled in the last semester of a pre-licensure program, BSN or doctoral program and reside or be employed within the chapter geographic boundaries. Candidates also must submit a letter of support from at least one faculty member or employer. Submit applications and supporting documents to Denise Alvey at alveyd2@aol.com by Saturday, May 9.

The chapter will present scholarships at its meeting on the evening of Thursday, May 14 at Ephraim McDowell Hospital where Terry Foody, MSN, RN, CCRC will present a CE program titled “Nursing Across the Centuries: Response to the Unexpected – 1833 Cholera, 1972 Rood, 2020’s Fires, Viruses…”

**KNA Northern Chapter**

The chapter recently hosted, “The Intersection of HIV, HCV Addiction” CE program and will host its next meeting/CE program on the evening of Wednesday, June 10 at St. Elizabeth Training & Education Center in Erlanger, Ky. See new leadership roster:
- Teresa Williams, president
- Paula Teley, treasurer
- Calie Gollihue, secretary

**KNA Northeastern Chapter**

Chapter members focused on recruitment and retention and upcoming elections at its February meeting.

**KNA School Nurse Chapter**

School Nurse Chapter members recently met with legislators to ask them to include $2.5 million into the state budget to pilot a school nurse curriculum that would address the whole child, mind, body and spirit. With funding, school nurse leaders would work with the National Association of School Nurses and the Future of Nursing (Robert Woods Johnson Foundation) toward a national curriculum with special emphasis on a school nurse in every school, every day, all day. This initiative would include work on psychiatric/mental health issues (bullying, drugs, anxiety, depression, lack of interest in school), population health (healthy eating and exercising) as well as management of acute and chronic conditions.

The School Nurse Chapter is adding new members as we speak and has more than doubled its ranks.

**KNA REACH Chapter**

The KNA REACH Chapter recently hosted a CE program, “Perspectives on Coping with Getting Older,” facilitated by Keri Williams, Senior Perspectives, at Southcentral Kentucky Community and Technical College’s main campus in Bowling Green. The next two chapter meetings are Tuesday, April 14 and Tuesday, May 19. Active members of the community, chapter nurses have collected donations for area nursing homes.

**KNA River City Chapter**

The River City Chapter recently offered a CE Program, “Harm Reduction & Health Care: Improving the Relationship Between Health Care Professionals and People Who Use Drugs (PWUD),” facilitated by Matt Lallocca, BS, CADC, manager, Harm Reduction Norton Hospital. See new chapter leadership roster:
- Dolores White, president
- Audria Denker, immediate past president
- Renee Cecil, event planner
- Britney Welch, vice president
- JoAnn Mattingly, treasurer
- Becky Greiner, membership
- Gabby Jaggers, secretary

**KNA Western Kentucky Chapter**

Marshall County recently hosted an archery tournament that garnered nearly $9,000 for the Bailey Holt Memorial Nursing Scholarship. The scholarship, now fully endowed at $28,000, annually benefits a Marshall County resident studying nursing at Murray State University. The KNA Western Kentucky Chapter has started a Facebook fundraising campaign to go toward the scholarship and to date has raised $2,000. Those who would like to donate to the fund can send donations earmarked “Bailey Holt Scholarship” to Murray State University’s Development Office at 200 Heritage Hall, Murray, KY 42701. Donors may also call 1-877-282-0033.

Bailey Holt, one of the victims of the Marshall County High School shooting in 2018, had planned to pursue a nursing career. New officers include:
- Betty Kuper, president
- Dana Todd, secretary
- Katy Garth, treasurer

--

**These Nightingale Chapter members received scholarships to attend the KNA Summit. (Left): Pat Calico, Teresa Bell, Gwyneth Pyle, Denise Alvey, Hannah James and Jeannette Rogers**

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**TO MAKE SURE YOU RECEIVE AN ELECTRONIC COPY, PLEASE SUBSCRIBE TODAY AT https://tinyurl.com/KentuckyNurse**

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**KENTUCKY NURSE has gone GREEN.**

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April, May, June 2020

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Kentucky Nurse • Page 3
Information for Authors

- Kentucky Nurse Editorial Board welcomes submission articles to be reviewed and considered for publication in Kentucky Nurse.
- Articles may be submitted in one of the following categories:
  A. Personal opinion/experience, anecdotal (Editorial Review)
  B. Research/scholarship/clinical/professional issue (Classic Peer Review)
  C. Accent on Research (Editorial Review)
  D. Cultural Diversity (Editorial Review)
  E. Health Matters (Editorial Review)
  F. Student Spotlight (Editorial Review)
- Information about IRB or Ethical Board approval is a requirement for Quality Improvement projects, evidence practice based projects, and research studies.
- All articles, except research abstracts, must be accompanied by a signed Kentucky Nurse transfer of copyright form (available from KNA office or on website www.Kentucky-Nurses.org) when submitted for review.
- Articles will be reviewed only if accompanied by the signed transfer of copyright form and will be considered for publication on condition that they are submitted solely to the Kentucky Nurse.
- Articles should be typewritten with double spacing on one side of 8 1/2 x 11 inch white paper and submitted in triplicate. Maximum length is five (5) typewritten pages.
- Articles should also be submitted electronically,
- Articles should include a cover page with the author's name(s), title(s), affiliation(s), and complete address.
- Monetary payment is not provided for articles.
- Receipt of articles will be acknowledged by email to the author(s). Following review, the author(s) will be notified of acceptance or rejection.
- The Kentucky Nurse editors reserve the right to make final editorial changes to meet publication deadlines.
- Please complete a manuscript checklist to ensure all requirements are met. You must provide a completed checklist when a manuscript is submitted. The Manuscript Checklist can be found at www.kentucky-nurses.org.
- Articles should be emailed to: Editor, Kentucky Nurse, Kentucky Nurses Association, at admin@kentucky-nurses.org.

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Calendar of Events

April, May, June 2020

2020 Year of the Nurse – Lead, Innovate, Excel

April 2020
19-21 Optimal Aging Conference, Brown Hotel, 335 W. Broadway, Louisville, KY
30 Deadline KNA Nightingale Chapter Scholarship Application. For information, contact Denise Alvey at alveylex2@aol.com
30 KNA Call for Nominations, applications due

May 2020
4 Materials due to KNA Office for the July 2020 issue of Kentucky Nurse
6-12 National Nurses Week
14 KNA Nightingale Chapter Meeting, Ephraim McDowell Hospital, Danville
22 KBN Practice Committee Meeting, 9 AM

June 2020
19 – 20 ANA Membership Assembly

July 2020
1 KNA Yearbook for 2020 Conference Materials due

Aunt Charlotte, “King” Solomon & Maria Gratz

Heroes of the 1833 CHOLERA EPIDEMIC in Lexington, Kentucky

A gripping account of the true story, with lessons for our global health today! Researched and written by Terry Foody, RN, MSN. Buy New from Terry on Amazon or at TerryFoody.net. For group rates or to schedule speaking: terryfoody@juno.com

August 2020

KNA Election
3 Materials due to KNA Office for the October 2020 issue of Kentucky Nurse

September 2020

18 KBN Practice Committee Meeting, 9 AM
27 Government Affairs Retreat, more details TBD

October 2020

7-9 2020 ANCC National Magnet Conference, Atlanta, GA

November 2020

2 Materials due to KNA Office for the January 2021 issue of Kentucky Nurse
5 KNA/UofL School of Nursing Nightingale Awards Gala – honoring nurses across the state
5-6 KNA Annual Conference, “Age Well. Live Well. Be Well,” Holiday Inn Louisville East
20 KBN Practice Committee Meeting, 9 AM

December 2020

3-4 KNA Leadership Retreat

November 2021

5 KNA Summit

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- DNP (Online)

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PASSING THE BATTLES, FAGING FOR THE FUTURE.
Nurses play a critical role in identifying, educating, and referring patients misusing opioids to have a safe work environment. Recognizing opioid abuse through respectful assessment will help identify patients at risk (Stauffer & Gibson, 2017). According to Knopf (2017) one-third of teens who misused opioids nonmedically were using leftover medications prescribed for a previous medical event. Recognizing opioid use and misuse will foster a safer work environment for nurses. Psychosocial and behavioral aspects of opioid misuse varies with age. Some age specific considerations seen in adolescents include disobedience, legal trouble, separation from family, depression, irritability and becoming easily angered or agitated (Jones & Arms, 2018). A simulation exercise was performed with nursing students in the last month of the nursing program that focused on an adolescent patient who was addicted to opioids. The objective of the simulation was to use critical thinking skills to care for a patient in a critical care unit. The purpose of this simulation was for the nursing students to recognize and interact safely with an adolescent patient misusing opioids. All participants (n = 44) evaluated the simulation and 100 percent agreed the simulation lab enhanced critical thinking skills and highlighted important aspects of caring for clients in specialty areas. Other implications of the simulation could be applied to different age groups with varying characteristics for nursing education; thus fostering a safer work environment.

Keywords: opioid misuse, adolescents, nurses, safe work environment

Opioids: Preparing and Caring for Nurses
Opioids: Preparing and Caring for Nurses
Shannon Allen, MSN, RN, CHSE, professor, simulation director
Loretta Elder, DNP, RN, CNE, CHSE, professor
Barb Schnapf, MSN, MSHA, RN, professor
Marsha Whitfield, DNP, MBA, RN, professor, nurse administrator, division chair
Madisonville Community College

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Other Posters

Other Poster Session, “Creating a Safe and Caring Workplace,” October 24, 2019

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Designing RN-BSN Programs to Decrease Stress of Working Nurses
Angela Barry, DrPH, FNP, Michelle L. Button, PhD, FNP, Kristi L. Kulick, MSN, FNP, Sheryl Oldham, RN, MEd, Jan D. Van Houten, PhD, RN

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Nurse Suicide
Kentucky Nurses Association Ethics & Human Rights Committee members: Rhonda Valde, Andrea Posta, Andrea Gross, Kim Spaniel, Tracy L. Hefley, Donna Marie, Kathy Hager
There is increasing interest and engagement among the nursing community around environmental matters that influence human health, such as climate change. Nurses are trusted health professionals and make up nearly 40% of the healthcare workforce, serving as catalysts of change in their institutions and practice settings.

To activate nurses, the Alliance of Nurses for Healthy Environments (ANHE) and Health Care Without Harm (HCWH), launched the Nurses Climate Challenge (the Challenge) in May 2018. The Nurses Climate Challenge is a national campaign to educate health professionals on climate and health, with nurses leading the education. The Challenge started with the original goal to educate 5,000 health professionals and was quickly surpassed in less than a year because of the combined efforts of Nurses Climate Champions around the world.

The response to the Nurses Climate Challenge has been robust. There are more than 1,000 nurse climate champions from nearly all 50 states, with over 13,000 health professionals educated since the launch. In addition, nurses from 19 countries outside the United States are registered as Nurse Climate Champions. However, there are nearly four million nurses and 18 million workers in the healthcare sector in the US alone; therefore, there is an opportunity to exponentially scale the impact of the Challenge. To do this, our goal is to educate 50,000 health professionals by 2022.

The Nurses Climate Challenge offers a comprehensive toolkit with all the resources nurses need to educate colleagues on climate and health and engage in climate-smart practices in health settings and at home. Nurses using the Challenge resources are highlighted through profiles published on the Challenge website, shared in newsletters and posted on social media to showcase the work being done and to inspire others to join.

The Challenge also calls on nurses to be advocates for climate and health. Leading within a nursing organization, health institution or academic center to spearhead initiatives to address climate change is an example of how nurses can move health professionals from education to action. The Challenge resources include a guide to taking action within workplace and home settings and provide other points to get started.

As a nurse, you can also educate policymakers and the public about the connection between climate and health and how to take action by writing a letter to the editor in a local newspaper, meeting with elected officials or talking with patients, friends and family members and/or your community about the health impacts of climate change. The Challenge website includes sample talking points and template letter to the editors in the resources section.

Furthermore, the CHANT: Climate, Health, and Nursing Tool 2020 is now available. CHANT is a 10-minute voluntary survey asking respondents about awareness, motivation, and behaviors related to climate and health. Nurses and other health professions are encouraged to take the survey every year. Access CHANT here: http://bit.ly/30riTR9. Learn more and join the Nurses Climate Challenge by visiting nursesclimatechallenge.org.
As we look to Spring in the Bluegrass, we wanted to offer you this brief summary of KNA/KNF/KNAC activities and invite you to join your professional nursing organization:

- More than 250 nurses and nursing students from all over Kentucky joined us for Nurses Day in Frankfort. Well-prepared with our legislative agenda and talking points for lawmakers, we made our voices known to those who can impact change for our profession and those we serve. Read more about that on page 14.
- As we speak, we are about to launch our Third Annual Chapter Membership Challenge, April 1 – May 15. Our goal is to add 200 new members to our ranks during this time period. To spur competition, our chapters are throwing down the gauntlet by committing to increase their membership base by at least 10 percent. We know recruiting is hard work, so we’ve “sweetened the pot” a bit. At the end of the challenge, we’ll draw two names among those members who have recruited new members to win $100 Visa gift cards. In addition, all new members who join during the challenge will have the chance to win one of two $50 Visa gift cards. Our Northern Kentucky Chapter took home the “gold” last year by adding the highest percentage of new members – are you ready to take that trophy?
- We’re happy to let you know that we recently welcomed the Kentucky Organization of Nursing Leaders, Kentucky Association of Nurse Anesthetists, Kentucky Association of perioperative Nurses and the Black Nurses Association of Louisville, Ky, Inc. Visit our website to learn more about how your organization can become an affiliate member of the KNA. It’s great way to reach nurses - Kentucky’s healthcare leaders.
- Along with funding nursing scholarships and education, Kentucky Nurses Foundation (KNF) funds support the Nightingale Tribute Program. This special program includes a brief ceremony to honor any deceased Registered Nurse (RN) or Licensed Practical Nurse (LPN) for their commitment and dedication to nursing.
- The team at the KNA office is available as a resource to you if you have questions about your membership, need help addressing clinical or educational issues or want to make your voice known within Kentucky’s nursing community. Stop by our office. Call us. Visit us on social media or complete a “Contact Us” form on our website. We want to hear from you.

KNA enters into agreement with Elite Learning to offer CEs

The KNA recently entered into an agreement with Elite Learning’s Healthcare Division to offer myriad of more than 350 KBN and ANCC approved CE courses. And, KNA will receive a percentage of all tuition revenue. To learn more, check it out on the KNA website at Kentucky-nurses.org.
# Advanced Practice Providers

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**Working in the Community**

Louisville Metro Department of Public Health and Wellness
Kentucky Racing Health Services Center
Department of Family and Geriatric Medicine

UofL Department of Pediatrics
UofL Department of Neurology
UofL Care Partners
KNA and U of L School of Nursing present Nightingale Awards Gala

Celebrate nursing excellence – nominate nurses and nursing students for awards!

We encourage you to attend the Nightingale Awards Gala, the evening of Thursday, November 5. You’ll already be at the KNA conference, so just pack that formal wear and you’ll be prepared to honor colleagues who demonstrate excellence in the nursing profession from across the state. In the meantime, start thinking about who you want to nominate for these awards in these categories:

- Nurse of Distinction Award
- Faculty Member of the Year
- Nurse Staff/Patient Educator of the Year
- Nurse Manager of the Year
- Inpatient Clinical Practice Nurse of the Year
- Outpatient Clinical Practice Nurse of the Year
- Advanced Practice Nurse of the Year
- Nurse in Non-Traditional Setting of the Year
- Volunteer of the Year
- Citizen of the Year
- Nurse Preceptor of the Year
- Outstanding Community Achievement Award

For nomination forms, visit Kentucky-nurses.org.

Buy your raffle ticket today for “split the pot” drawing at KNA Conference

Take a chance and support Kentucky Nurses

Are you feeling lucky? Take a chance on the annual KNA/KNF online raffle “Split-the-Pot,” visit Kentucky-nurses.org; chances are $20. The winner will receive half the pot and the other half will go to support nursing education, research and scholarships. The drawing will take place on Friday, November 6 sometime around 4 p.m. at the KNA Annual Conference in Louisville. Winners do not need to be present to win.

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Make plans to attend the 2020 KNA Conference, “Age Well. Live Well. Be Well.,” Thursday, November 5 and Friday, November 6 at the Holiday Inn Louisville East, 1325 S. Hurstbourne Pkwy. This year’s event will include the Black Tie Nightingale Gala & Awards on Thursday evening. The Gala and Awards Ceremony, a collaborative effort between the KNA and the University of Louisville School of Nursing, will recognize excellence in nursing from across the state. Nominations for the award categories will honor the “best of the best” in nursing excellence. Look for ticket and sponsorship information in March.

In addition, we invite you to apply to serve as a conference speaker. We’re working on the 2020 Call for Presenters and will have information posted soon on our website. Remember, as a speaker, you’ll reach more than 300 Kentucky nurses and build your own professional portfolio of noted presentations.

Proposed Registration Fees for the 2020 KNA Annual Conference

<table>
<thead>
<tr>
<th>Category</th>
<th>Early Bird (9/15/2020)</th>
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<th>On Site</th>
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<td>Student one day</td>
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<td>$40</td>
<td>$40</td>
</tr>
</tbody>
</table>

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2020 Kentucky Nurses Association Annual Conference

Conference Theme: Age Well. Live Well. Be Well

Thursday, November 5 and Friday, November 6
Holiday Inn Louisville East – 1325 S. Hurstbourne Pkwy

CALL FOR PRESENTERS

The Kentucky Nurses Association (KNA) seeks dynamic, engaging and knowledgeable presenters for the 2020 KNA Annual Conference, “Age Well. Live Well. Be Well.” KNA members and non-members are welcome to submit applications to present; however, KNA members will be given preference. Deadline: Friday, May 29

CONFERENCE OBJECTIVES:
At the end of program, the attendees should be able to:
- Describe knowledge and skills related to aging well and living well and the relationship to nursing practice.
- Describe the social, physical, psychological, economic and spiritual changes associated with aging, living and being well.
- Describe the implications for the aging nursing workforce and the impact on health and wellness for consumers.

TARGET AUDIENCE & CONTINUING EDUCATION
The primary conference audience of more than 300 attendees will include registered nurses (clinical, academic, researchers and those in management/administration and leadership), as well as licensed practical nurses and nursing students.

- Continuing Education (CE) will be offered. Presentation content must include expected outcomes, presenter’s resume or vita and a teaching plan.
- At the end of program, the attendees should be able to describe knowledge and skills about various aspects of aging and living well as stated in the contact education form and how it relates to the future development of nurses or nursing practice.
- When developing a proposal application, please submit a balanced program in accordance with the KNA Conference Theme, “Age Well. Live Well. Be Well.”

Call for Presenters – 2020

Feasibility & Presenter Benefits
- As a 2020 presenter, your conference session registration is complimentary; however, if you would like to attend the entire event and receive continuing education credit, we ask that you pay the conference fee.
- The Fall 2020 issue of Kentucky Nurse, which is available to more than 90,000 readers, will include the names of all presenters.
- KNA will also publicize presenters’ names via website, Facebook, its electronic newsletter, E-News, that is distributed to its 2,400+ members and in the KNA yearbook.

A Note Concerning Honoraria
KNA has a tradition of using educational conference/summit sessions as platforms for innovation in the spirit of networking and sharing. Therefore, we look for contributors who are willing to share their expertise without expectation of an honorarium or reimbursement of expenses.

Prenter Expectations
By participating in the conference, presenters give KNA permission to record their sessions and take photos. We ask that presenters be available for media interviews upon request.

Please note: Sponsorship and exhibitor participation is appropriate for groups or persons with commercial interests. The KNA will reach out to those groups under separate cover.

KNA Contact – Where to Submit Your Application & Ask Questions
Email application in Word format, including headshot and vita, or send via US mail on a non-returnable jump drive to:
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The best place to become a nurse is also one of the best places to work.
Kentucky Nurse Editorial Board Members

Thanks to each of you who completed the Kentucky Nurse Readership Survey. We appreciate your input as we on the Editorial Board work to improve this publication on an ongoing basis to reflect the needs of Kentucky nurses and nursing students statewide, nationally and globally. See summary of the survey results based on the data we received from 106 anonymous respondents last fall:

1. How frequently do you read the Kentucky Nurse? Eighty-one percent (n=86 of 106) indicated that they read the Kentucky Nurse all or most of the time.

2. If you read the Kentucky Nurse, do you read the entire publication? Seventy percent (n=74 of 106) indicated that they read the Kentucky Nurse in its entirety.

3. Which sections of the Kentucky Nurse do you find most helpful? (Check all that apply). Of the 105 respondents who answered this question regarding the sections of the Kentucky Nurse which they found most helpful, the top four answers from highest to lowest were as follows: Chapter News (65%, n=68), KNA/Practice Corner (65%, n=68), Calendar of Events (63%, n=66), and KNA News Brief (51%, n=54).

4. Which sections of the Kentucky Nurse do you find least helpful? (Check all that apply). Of the 88 respondents who answered this question regarding the sections of the Kentucky Nurse which they found least helpful, the top four answers from highest to lowest were as follows: Student Spotlight (36%, n=32), Advanced Practice Workplace (35%, n=31), New KNA Members (28%, n=25), and KNA Members on the Move (21%, n=18).

5. Have you been able to use content from the Kentucky Nurse in your practice setting or educational program? Sixty-nine percent (n=72 of 105) indicated that they were able to use content from the Kentucky Nurse in their practice or educational program.

6. What could we do to improve the Kentucky Nurse? The most common themes identified in response to what we could do to improve the Kentucky Nurse, from the 46 respondents to this question, were as follows: no changes needed/positive as is; change format of the publication (e.g., from a newspaper format to a magazine, offer as an e-newsletter); desire more varied practice areas (e.g., advocacy, legislative issues and information, older nurse (e.g., opportunities, relevant topics to retired nurses), leadership, specialty training, highlight different areas of practice, best practices/evidenced-based practice, nurse benefits, patient safety; more information (e.g. how to be involved, committees, activities, successes) and offer free continuing education.

7. Additional Comments: The most common themes identified in response to the option for additional comments, from the 19 respondents to this question, were as follows: useful information, retired and still want to be involved, be an advocate for nurses, offer specialty areas of training and need more articles outside of academia.

Again, thanks to everyone who participated in this Kentucky Nurse Readership Survey. We will incorporate your feedback in the upcoming issues of the Kentucky Nurse. You and your feedback really matter!

Note: The Kentucky Nurse has now gone green (electronic publication) for all non-member subscribers and is an option for all members who request to receive the Kentucky Nurse electronically by contacting the KNA office.

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More than 250 nurses and nursing students turned out for our annual Nurses Day at the Capitol and enjoyed a great opportunity to network with legislators, meet colleagues from across the state and learn about how lawmakers make decisions in Frankfort. We sincerely appreciate those nurses and students who waited in long lines in the rain to show their support for fellow nurses, students and those in their care.

Check out the KNA 2020 Legislative Priorities:

**SUPPORT – NURSING PRACTICE**

School Nurse in Every School, Every Day – KNA and other stakeholders are requesting $2.5 million in budget to obtain and educate school nurses.

Workplace Safety – requires employers to define workplace safety, provide training for staff, provide internal reporting mechanism and analyze for incidents of workplace safety problems.

**SB 91: Evacuation of Surgical Smoke** – bill requires a workplace safety initiative to ensure a smoke evacuation system is in place during surgical procedures.

**HB 286: Removes the Collaborative Agreement for Prescriptive Authority for Controlled Substances (CAPA-CS) for APRNs** after four years of prescribing controlled substances with a CAPA-CS.

**HB 352: Oppose this bill that proposes a $1.5 million cut to the KBN budget over the next two years.**

A cut of this nature will have a negative effect on the safety of Kentucky nurses and those in their care, reduce nursing school scholarships and hinder Kentucky’s ability to accurately project future nursing workforce needs.

**SUPPORT – TOBACCO CONTROL/SMOKING CESSATION**

**SB 56: Prohibits Sale of Tobacco to Youth Under 21.**

**SUPPORT – BAN CONVERSION THERAPY**

**HB 199 & SB 85: Educates the public that conversion therapy is harmful to children and youth and requires licensure board disciplinary action for practitioners providing this therapy to those under 18 years old.**

**SUPPORT – PATIENT/VICTIM PROTECTIONS**

**Increase Access to Sexual Assault Nurse Examiners (SANE)** – requires hospitals to provide victims access to SANEs.

Vote in the primary election – your voice matters. Be sure to cast your vote in Kentucky’s primary election on Tuesday, May 19. Make sure your legislators are well-educated about issues that affect nurses and those in their care and that they support the KNA Legislative Agenda.

---

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Mary Florence
Jamie Franks
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Brianne Graves
Christie Griffin
Tara Hager
Candace Harrington
Candice Harvey Falls
Judith Hatch
Barbara Hawkins
Tara Hewitt
Anna Hillyard
Sarah Hinson
Madison Hoover
Deborah Hoskins
Elisha Hussey
Shir Johnson
Etta Jones
Robbie Jones
Valari Jones-Butler
Camille Jordan
Markia Kahle
Kimiko Kasama
Sarah Kennedy
Diane Kolenich
Christina Lampert
Dianne Lehman
Erica Lemberger
Andrew Locke
Sarah Locke
Ivela Lopez
Amanda Lyons
Branden Maglio
Krystle Maynard
John Maynard
Kenytta McCrory
April McDonald
Nissi McDonald
Jennifer McFadden
Traci McKenzie
Kayla McManus
Kristina McVey
Jennifer Merrick
Jennifer Miller
Martha Monroe
Jennifer Moore
Thomas Moore
Dana Newhouse
Chloe Newkirk
Brittany Nickerson

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Tracey Osborne
Anna Parke
Donna Parsons
Hannah Patrick
Pamela Peef
Tara Perkins
Barbara Persons
Kristin Pickrell
Herodia Pierre
Suzanne Price
Karen Rabalais
Kathy Race
Robert Ratliff
Taylor Ratliff
Tina Romano
Ashley Ross
Brittany Schnelle
Janna Shelley
Rachel Short
Emily Skuljan
Allison Smith
Karen Smith
Ashley Stephens
Natalie Stinson
Beverly Taft
Katherine Taulbee
Angela Thompson
Becky Tipton
Tara Toebbe
Amy Troyer
Lori Tummonds
Amine Turhalli
Grace Unguard
Jami Vanschuyver
Hilary Wain
Michele Wakefield
Wanda Weaver Carter
Amberlyn Whitaker
Kimberly Williams
Tad Williams
Nicolas Williamson
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July 1, 2017 – February 21, 2020

Thanks to these generous donors for their contributions to the Kentucky Nurses Foundation through our “Honor a Nurse – Remember a Nurse” and our “Love a Nurse Campaigns.” Funds go toward nursing research, education and scholarships throughout the Commonwealth.

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Kendall Diebold
Loretta Elder, in memory of her son
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Janie Heath
In Honor of a Special Nurse
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Susan Jones
Alice Kimble
Carol Komara
Delanor Manson

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Lisa Peak’s mother’s death
Joan Prentice
Mary Romefanger
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Shirley Powers
Meet the Kentucky Nurses Association Board of Directors

We hope you enjoy this new continuing series “Meet the Kentucky Nurses Association Board of Directors” that you’ll see in coming issues of Kentucky Nurse. The leaders of our organization tirelessly volunteer their time to advocate for fellow nurses and those in their care. Get to know these nurses, ask them questions and reach out. This is your professional nursing association:

**Ruth Carrico**, PhD, DNP, APRN, CIC, FSHEA, president, Kentucky Nurses Association (KNA) Board of Directors, joined our organization in 1976.

**Past KNA Leadership Positions:** president-elect, treasurer, KNA board of directors, chair Nurse Practice Cabinet, chair of epidemiological research at U of L School of Medicine

**Education:** doctorate in management, California Coast University; MSN/RNP, Northern Kentucky University; MA health services administration, Webster University; BSN, Bellarmine University and diploma in nursing from the Norton Infirmary

**Kentucky Nurse (KN):** What made you decide to serve in a leadership position within our organization?

**Ruth Carrico (RC):** The nursing profession is undergoing tremendous change in response to healthcare needs of our population. This change provides us an incredible opportunity to give solid input on transformation of nursing as well as the importance of leadership in implementation of change strategies. Serving KNA in any capacity allows every nurse to engage in this transformation. I am especially grateful for the chance to work with an amazing array of nurses who are completely and totally committed to nursing and to the care of our families and communities.

**KN: What would you say to others who are considering leadership positions within KNA?**

**RC:** If you want change, you must be willing to be involved in the processes that support change. For nurses interested in re-imagining the future of nursing, and interested in shaping that future, you must be involved in KNA at a leadership level. Change will happen. It can occur by accident or by design. Working with KNA leadership, through any cabinet, committee, or chapter, ensures change by design.

**KN: What would you like fellow nurses to know about your KNA membership? What does it mean to you?**

**RC:** When people ask me what I do for a living, I always say “I am a nurse.” That comes before anything else or anything more descriptive including where I work and what my work involves. To that end, I want to be involved in the future of my profession and for that to occur, I know my membership in KNA is the key component. It is my heart. Change will happen. It can occur by accident or by design. Working with KNA leadership, through any cabinet, committee, or chapter, ensures change by design.

**KN: What are your thoughts about how we can promote 2020 Year of the Nurse to grow membership and support Kentucky nurses?**

**RC:** My belief that every nurse has a professional responsibility to support and promote nursing as long as I carry the RN credential.

**KN: What would you like fellow nurses to know about your KNA membership? What does it mean to you?**

**RC:** I have been a member of KNA and ANA for 50 plus years! I believe it is my professional responsibility to support and promote nursing as long as I carry the RN credential.

**KN: What are your thoughts about how we can promote 2020 Year of the Nurse to grow membership and support Kentucky nurses?**

**RC:** This special year affords us the opportunity to educate the communities we serve about the many roles nurses play throughout the healthcare continuum, in academia, in school systems and within business and industry. We are thought leaders with voices that reach lawmakers in Frankfort and Washington. KNA membership offers nurses and nursing students unparalleled access to education, networking and support as well as the chance to serve in leadership roles throughout the Commonwealth.

**Ruth Carrico**

**Kathy Hager**

**Kathryn Mershon**

**Meet the Kentucky Nurses Association Board of Directors**

**KN: What would you like fellow nurses to know about your KNA membership? What does it mean to you?**

**KH:** KNA is my link to each Kentucky nurse. We can network and figure out ways to make Kentucky nurses and the people we serve healthier and happier. I believe we can make and be the difference!

**KN: What are your thoughts about how we can promote 2020 Year of the Nurse to grow membership and support Kentucky nurses?**

**KH:** We welcome our colleagues; we model the way; we mentor; we nurture; we support each other; we transform ourselves and our commonwealth.

**KN: What would you say to others who are considering leadership positions within KNA?**

**KH:** Just do it! Don’t hesitate to seek out a mentor to learn how to be an effective leader within the profession.

**KN: What would you like fellow nurses to know about your KNA membership? What does it mean to you?**

**KH:** I have been a member of KNA and ANA for 50 plus years! I believe it is my professional responsibility to support and promote nursing as long as I carry the RN credential.

**KN: What are your thoughts about how we can promote 2020 Year of the Nurse to grow membership and support Kentucky nurses?**

**KH:** My belief that every nurse has a professional responsibility to support and promote nursing as long as I carry the RN credential.

**KN: What would you like to say to others who are considering leadership positions within KNA?**

**KH:** We need everyone if we are really going to make a difference. Each of us brings different skills to our profession. What a nurse feels passionate about can make that nurse a leader in that area. The rest of us can follow and support that focus as well as our own.

**Kathryn Mershon**

**Make a career out of making a difference**

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In honor of the Year of the Nurse, the Kentucky Nurses Foundation (KNF) invite nurses and nursing students to participate in our first-ever student essay contest and our logo design competition (open to nurses and students). Here’s how it will work:

**KNF Student Essay Contest** – Submit a 500-word essay about why you are pursuing a career in nursing and what Year of the Nurse means to you. All essays must follow APA or AP style guidelines, use 12-point Times Roman font and be double spaced. Submit student essays to admin@kentucky-nurses.org by 5 p.m. (EST), Thursday, April 30. Only non-licensed Kentucky nursing students may participate in this contest. Winners will receive a $500 cash award and be promoted via social media and the Kentucky Nurse newsletter.

**KNF Logo Design Competition** – Design artwork incorporating the Year of the Nurse logo and the KNF logo that can be used to print on T-shirts or other specialty items. You can find these logos on the KNA website, kentucky-nurses.org. Artwork must be at least 300 dpi, no larger than 5MB and in JPEG format. Submit artwork to admin@kentucky-nurses.org by 5 p.m. (EST), Thursday, April 30. Winners will receive a $500 cash award and be promoted via social media and the Kentucky Nurse newsletter. This competition is open to all nurses and nursing students in Kentucky.

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**Participate in the United States Census 2020 – coming soon to a neighborhood near you**

Help shape funding for healthcare in Kentucky

By Wednesday, April 1, every home in Kentucky will receive an invitation to participate in the 2020 Census. Your responses will impact funding for healthcare services in Kentucky. To learn more about the Census, visit https://2020census.gov/en.html

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- Fax referral form or e/referrals at https://www.quitnowkentucky.org/en-US/Just-Looking/Health-Professional

**www.QuitNowKentucky.org**
In honor of Year of the Nurse, ANA presents podcast spotlighting nurse innovation and leadership

The American Nurses Association and Johnson & Johnson recently launched SEE YOU NOW, a new podcast series spotlighting nurse-led innovation that is addressing today’s most challenging healthcare problems. SEE YOU NOW invites listeners to see nurses as they never have before – as innovators and leaders with the power to transform health.

SEE YOU NOW invites listeners to learn from meaningful conversations with the nurses at the forefront of healthcare and innovation, nurses developing new devices, protocols and ways to treat for maternal mortality, infectious disease, anxiety, palliative care and more. The series aims to spark ideas for future innovations in listeners wherever they may be in their careers and empower anyone with an innovative idea for healthcare with the inspiration and resources to see it through.

SEE YOU NOW is available for download on Apple Podcasts, Stitcher, Spotify and wherever you listen to podcasts. For more information, visit SeeYouNowPodcast.com and follow the social conversation with #SeeYouNow!

KNA hosts Third Annual KNA Chapter Challenge, April 1-May 15

It’s time for the Third Annual KNA Chapter Challenge that will run from Wednesday, April 1 through Saturday, May 15 with a goal of recruiting 200 new members! Here’s how the Chapter Challenge works:

- Each chapter member who refers a new member (who joins) will be entered into a drawing to win one of two $100 visa gift cards. Email the KNA office with the name of the new member so that we can include your name in the drawing.
- Each new member that joins our organization during the Challenge, (April 1 – May 15) will also be entered to win one of two $50 gift cards.
- The chapter with the biggest membership increase (by percentage) by May 15 will receive the Chapter Challenge trophy.

The chapter will also be recognized in Kentucky Nurse and at the KNA Annual Conference.

EMPATHY © is a fine jewelry signature piece of the Human Touch Jewelry Collection. The title connotes caring, compassion, affinity, sympathy and Understanding between two person – “What comes from the heart touches the heart” (Don Sibet)

EMPATHY was designed by professional nurses working in concert with nationally renowned silversmith Joseph Schmidlin. Can be worn as a Pin or a Pendant. Gold Only $129.50

There are only five left and then they are gone forever.

For more information visit: https://kentucky-nurses.nursingnetwork.com/page/74801-products for a full list of KNA products.

Morehead State University invites applications for two tenure track positions as Assistant or Associate Professor of Nursing in the Department of Nursing. For a full description and to apply, please visit our website at: https://moreheadstate.peopleadmin.com For questions about the online application, call (606) 783-2097. MSU is an EO/AA employer. Minorities, women, veterans and individuals with disabilities are encouraged to apply.

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- Post-Master’s DNP Program 100% online

murraystate.edu/nursing

Equal education and employment opportunities M/FID, AA employer
KNA Facebook page or via my Facebook page. Information in that video remains current at the time of this letter publication. Please continue to monitor the CDC website for updates. Also, please get your information from trusted sites such as CDC and WHO. You might also want to subscribe to promedmail.org to receive frequent emails with information about the epidemic.

Remember, the public trusts nurses to care for them. We must make sure we are competent to do this and in ways that keep us safe too. Please, do not go to work (or anywhere else) if you are sick. If you have not yet gotten your flu shot, please do so immediately. Adults and children will continue to die from influenza if we do not change our approach to immunization. Please take time to talk about how your healthcare facility will address these issues.

We encourage faculty and students to talk about how to ensure consistent and competent infection prevention and control practice from the very first day in the simulation lab and clinical setting. Identifying nurses with expertise in infection prevention and control is another benefit the Kentucky Nurse Resource book offers us all. Visit our website today to sign up to be included in this groundbreaking publication where you’ll find details regarding the nursing assets available throughout the Commonwealth. The Resource Book also affords us another opportunity to demonstrate the scope of our practice expertise and value to our communities.

Thank you for allowing me the opportunity to lead your professional association. If you are not a member of KNA, please join today! Together, we can reach more nurses and those in their care.

KNA welcomes new affiliate organizations; invite these nurses to your next chapter meeting

We are thrilled to report that our new affiliate program is off to a great start! Welcome:

Kentucky Organization of Nurse Leaders
Kentucky Association of Nurse Anesthetists
Kentucky Association of periOperative Nurses
Black Nurses Association of Louisville, KY, Inc.

To learn more about our affiliate program, visit Kentucky-nurses.org.

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For more than 100 years, Jennie Stuart Health has been guided by our mission to provide excellence in service, and to promote, preserve and accommodate the growing health care needs of our community. We invite you to join us in making a difference.

To explore career opportunities at Jennie Stuart Health, please contact 270-887-0100 or visit JennieStuartHealth.org/Careers.
KNA to publish the first ever Kentucky Nurse Resource Book

Spread the word about your area of expertise; deep discounts for KNA members to participate

The Kentucky Nurses Association (KNA) will soon publish the first ever Annual Kentucky Book of Nurse Resources. We want our community to have access to the depth of knowledge nurses across the Commonwealth can provide. You’ll want to get in on this great opportunity to educate fellow nurses about your field of expertise. Here’s how it will work:

Visit Kentucky-nurses.org and
• Complete the form that will include your credentials, photo and contact information;
• The cost for KNA members to participate is $50; non-member fee is $374 (which includes a one-year KNA membership) and
• KNA will accept nurse profiles through Tuesday, March 31.

The Resource Book offers a great venue for retired nurses to provide information about their availability to serve as mentors for working nurses, nursing students and high school students interested in healthcare fields – especially nursing.

This online resource book will be available by Friday, May 1. The fee for a one-time download is $400 but is free to all nurses included in the book.

We are very excited to bring this great resource to you!

Kentucky Nurse Resource Book – Sample Listing

Name: Ruth Carrico
Licensure: RN, APRN
Education: MSN, PhD, DNP
Certifications: Family Nurse Practitioner (FNP-C); Infection Prevention and Control; Travel Health
Prescribing Authority: Yes
Fellowships: Fellow, Society for Healthcare Epidemiology of America (SHEA)
Employer: University of Louisville, School of Medicine, Division of Infectious Diseases
Job Title: Professor
Primary Practice Site: University of Louisville International Travel Clinic; 501 E. Broadway, suite 110; Louisville KY 40202
Practice Specialty: Infection Prevention and Control; Infectious Diseases; Immunization; Travel Medicine

Additional Areas of Expertise and Interest: Occupational Exposure; Clinical Research; Global Health; Refugee Health; Tele-Health

Current Service on Boards and Commissions: National Foundation for Infectious Diseases (NFID); Vascular Access Certification Corporation (VACC);
Kentucky Institute for Patient Safety and Quality (KIPSO)
Current Service on Advisory Committees: Centers for Disease Control and Prevention (CDC) Healthcare Infection Control Practices Advisory Committee; Workgroup; Pfizer Inc.; Sanofi Pasteur
Willingness to Serve as a Preceptor: Yes (limited), DNP or PhD students
Practice Site for Preceptorship: International Travel Clinic
Willingness to Serve as a Mentor: Yes (limited)

Current Speakers Bureau: Pfizer Inc.; Sanofi Pasteur; Nanosonsics Ltd
Elected Office: President, Kentucky Nurses Association
Website: UofLSOMInfectiousDiseases
Twitter: Ruthcarrico2
Facebook: Ruth Carrico
LinkedIn: www.linkedin.com/in/ruthcarrico
Contact information:
501 E. Broadway, Suite 110
Office telephone: 502-852-6485
Email: ruth.carrico@louisville.edu

Would you like to be a mentor or preceptor for nurses?

Yes
No

The following information is only for demographic analytics and will not be published. They will be derivated with a black asterisk (*).

Date of Birth: / /

Gender:

Male
Female
Other

Current Employment Status (e.g., hospital, clinic, office, university):*

Current Position Title:*

Type of Work Setting (e.g., hospital, clinic, office, university):*

Is this care under the license of:

No

License Number (If yes, please indicate at least one of the license that you are licensed for):*

Current Speakers Bureau:

Website:

Twitter:

LinkedIn:

Contact information:

Are you a member of the KNA?

Yes
No

KNA Member Fee ($50)

KNA Non-Member Fee (Includes $174 ANA/KNA Membership): $574

Is this care under the license of:

No

License Number (If yes, please indicate at least one of the license that you are licensed for):*

Current Speakers Bureau:

Website:

Twitter:

LinkedIn:

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No

License Number (If yes, please indicate at least one of the license that you are licensed for):*

Current Speakers Bureau:

Website:

Twitter:

LinkedIn:

Contact information:
**Membership Activation Form**

For dues rates and other information, contact ANA’s Membership Billing Department at (800) 923-7709 or e-mail us at memberinfo@ana.org

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**Ways to Join**

| ANA and State Membership Dues | $15.00 Monthly or $174.00 Annual |

**Membership Dues**

| ANA-PAC Contribution (optional) | $ |
| ANF Contribution (optional) | $ |
| Total Dues and Contributions | $ |

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**Credit Card Information**

- Visa
- Mastercard
- AMEX
- Discover

**Authorization Signature**

- [ ] Yes
- [ ] No

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**Authorization Signatures**

| | |
| | |

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**Keep your check or money order**

- Payable to American Nurses Association/State Nurses Association
- Include address on check
- Mail to: American Nurses Association
- 1010 Constitution Avenue, NW, Suite 720
- Washington, DC 20004-1104

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**Avoid confusion or delays**

- Include a current mailing address
- Use same address for all checks and credit cards
- Select your preferred method of membership/dues payment

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**Finally!**

- To complete your enrollment, use the code: ADKNA15
- You can also join instantly online at JoinANA.org

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**Donate a $1 a month for a year to KNF**

What if every Kentucky nurse put one dollar per month in a jar and donated $12 a year to the Kentucky Nurses Foundation? With more than 80,000 nurses in the Commonwealth, those one-dollar bills really add up! Maybe you could start out by collecting for this unique campaign at your chapter meetings or among your nursing friends? Leave your credit card at home for this one; we’ll only take your check or cash.

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**KNA member recognized as “Healthcare Hero” by Business First**

Eva Stone, manager of district health services, Jefferson County Public Schools and immediate past co-chair of the KNA School Nurse Chapter, recently received a Healthcare Hero Award from Business First in Louisville. Nominated for tireless efforts on behalf of school nurses in every Kentucky school, Eva most recently received accolades for leading the charge toward legislation that will support additional funding for school nurses to practice to the full scope of their licensure.

We sincerely thank Eva and congratulate her on this award. Eva was also named Nurse of the Year at the KNA Summit.

Healthcare Heroes is one of several industry-specific award competitions sponsored by Business First, a weekly publication that covers business news and trends across the Louisville Metropolitan area.

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