President’s Pen

The Kentucky Nurses Association (KNA) continues to serve as the professional association for Kentucky’s nurses. Activities include those that highlight issues impacting nurses, our ability to provide safe and quality care as well as education and training that allow this level of care in all settings. We also are committed to offering a full array of scholarship opportunities that provide a solid and enduring foundation for nursing practice. Your KNA is busy addressing these areas of focus.

First, the KNA School Nurse Chapter worked with me to compose an Opinion Editorial (Op-Ed) that we submitted to newspapers across the state. The Courier-Journal (Louisville) published our letter on August 13. I hope you were able to read it, but if not, it is included in this edition of Kentucky Nurse on page 8, or you may also visit www.courier-journal.com. In the article, we emphasize the importance of having a nurse in every school not only as a safety issue for children with health concerns, but also as an indisputable link with students who may need a trusted adult to listen and intervene. Please take time to read this piece and contact your state senator or representative and encourage them to ensure that Medicaid funding is used to support measures that will allow nurses to practice to the full scope of their licensure. Our children deserve this care and attention.

Next, KNA members are working hard to develop and provide education that targets practice issues facing Kentucky nurses. These educational activities bring local solutions to local problems, an approach that is often not available through continuing education courses. The KNA Summit, scheduled for Friday, October 25 at the St. Elizabeth Training and Education Center in Erlanger, Ky., will focus on workplace safety disrupted by violence against nurses. The goal of this Summit, “Creating a Safe and Caring Workplace,” is to take away the power that is present in the workplace violence problem and move it to the viable solution. Individuals with real world experience addressing the spectrum of this issue will share their experiences and interventions. By coming together to talk about shared challenges and concerns, we can build workable and sustainable solutions. Our patients deserve safe and quality care and the nurses providing that care should expect the same. The Summit will also include a poster session the evening before (Thursday, October 24) and a discussion about KNA growth and bylaws at the business meeting. Please attend to influence our growth and direction. For information regarding the Education Summit and how to register, visit the Kentucky Nurses Association website at kentucky-nurses.org. The KNA will provide continuing education credits for both the Summit and the Poster Session, just in time to meet the requirements for the new licensing period ending on Thursday, October 31. See more information on page 6.

KNA members most recently worked with our philanthropic arm, the Kentucky Nurses Foundation (KNF), to host the Second Annual “A Taste of Health” fundraiser to benefit nursing education, scholarships and research throughout the Commonwealth. Kentuckians recognize that we are a “foodie” state, so showcasing more than 25 different restaurants is a natural! More than 150 KNA members and friends attended this great event. I am proud to report that the evening was again a success; check out highlights on page 13. If you missed the opportunity to attend, you can still visit our website to purchase chances on our vacation raffles that include a Vancouver fishing trip, a wine tasting and travel event and a golf and spa getaway.

Finally, KNA receives numerous requests to participate as an active partner with other agencies and organizations sharing interests in nursing practice, patient care and health outcomes. At present, we are working to develop ideas regarding how to best meet these requests and continue to expand the voice of Kentucky nurses statewide. If you are interested in being part of this broad representation, please reach out to me or Delanor Manson, KNA’s executive director at (502) 245-2843 or email executivedirector@kentucky-nurses.org. If you want to be part of this initiative or want to become active with us in another capacity and want to be part of your growing professional organization, join the KNA. Get involved and we will all learn from that engagement.

Thank you for your continued support and for allowing me the honor to serve as your KNA President.
The purpose of the Kentucky Nurse shall be to convey information relevant to KNA members and the profession of nursing and practice of nursing in Kentucky.

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Chapter Updates

KNA Bluegrass
The Bluegrass Chapter recently hosted a CE Program, “Vaccines and their Role in Preventing Outbreaks.” The chapter is working on membership recruitment and retention activities for the Fall.

KNA Green River
Plans for the next NCLEX Challenge are underway. The Green River Chapter will host this annual event on Thursday, March 26, 2020 at the Preston Arts Center, 2660 Green St., Henderson, Ky.

The chapter recently awarded pre-RN, BSN and MSN scholarships to Keely Newman, ADN, Andrea Williams, BSN and Callie Bell, MSN, at its September meeting.

KNA Heartland Chapter
The Heartland Chapter recently hosted its September meeting and is gearing up for Fall activities. To learn more about the chapter, contact Sonia Miller, chapter president, at sonsamilkv171@gmail.com.

KNA Nightingale Chapter
At the Nightingale Chapter meeting in August, Pat Calico presented, “Nursing and Integrative Interventions: You Want to Do What!” at the chapter meeting, 6:30–7:30 p.m. on Tuesday, October 15 at Ephraim McDowell Hospital, 213 South Third St., Danville.

KNA Northeast Chapter
Northeast Chapter members are gearing up for fall and winter activities including fundraisers, chapter meetings and its annual coat drive.

KNA Northern Chapter
At its June meeting, Terry Foster facilitated “Nurse Burnout: Creating Healthy Work Environments and in September Mary Price presented, “Motivational Interviewing. “On the evening of Wednesday, December 11, Kristy Brandubur will discuss being an End-of-Life Doula. The Northern Chapter hosts its meetings at the St. Elizabeth Training and Education Center, 3861 Olympic Blvd., Erlanger; all are welcome to attend.

KNA REACH Chapter
The REACH Chapter meets on the Second Tuesday of the month at 5 p.m. (CT):
- November 12 at Greenview Regional Hospital; the chapter will collect donations for Toys for Tots;
- February 11 at SKYCTC Bowling Green campus and will collect donations for a local Food Pantry and
- April 14 at the WKU Health Science complex in Bowling Green; the chapter will collect donations for the Camp for Courageous Kids.

REACH chapter members recently participated in the South Central Kentucky Walk to End Alzheimer’s and the Special Olympics state softball tournament. Members will soon participate in the American Heart Association Walk. The chapter will host an NCLEX review night for students in October – TBA.

KNA River City
The KNA River City Chapter and the KNA Ethics & Human Rights Committee will partner with Galen College of Nursing to present an “Ethics Forum Webinar,” 2–4 p.m., September 27 at Galen, 1031 Zorn Ave., Louisville. The webinar will also be available online after September 27. The KNA will offer 2.4 contact hours via KBN and Galen will offer ANCC credits. The Chapter is also making plans for another paint party. Look for more details on the KNA website.

KNA West Chapter
No report

Gwyneth Pyle and Brenda Sherwood with the donations collected for the food drive at the August meeting

The KNA Northeast Chapter recently hosted its Five-Year Anniversary Celebration at St. Claire Medical Center in Morehead (Left): Sarah Bradley, member; Jill Grier, member; Michelle Brown, secretary; Courtney Hollingsworth, member; Shelly Brown, vice president; Christa Thompson, president; and Delanor Manson, KNA executive director.

American Academy of Nursing names Kentucky nurse as one of its 2019 fellows

The American Academy of Nursing recently named Karen Butler, assistant dean of academic operations, University of Kentucky College of Nursing, as one of its Academy fellows. The inductees will be honored at a ceremony during the Academy’s annual policy conference, Transforming Health, Driving Policy, which will take place October 24-26 in Washington, D.C.

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The Kentucky Nurses Foundation

The Kentucky Nurses Foundation Highlights Activities and Accomplishments

At the Second Annual Kentucky Nurses Foundation (KNF) Taste of Health more than 150 guests enjoyed delicious food, bid on great auction items, purchased chances to “Split the Pot” and walked away with other great packages like “A Cake-a-Month” for a year or U of L and UK fan baskets. This event, hosted at the University of Louisville and Kosair Charities Clinical and Transitional Research Building, netted more than $8,000 to benefit nursing education, scholarships and research. See more highlights on page 13.

Ongoing fundraising initiatives include Amazon Smile, a program that allows shoppers to sign up (at no cost) to donate a small percentage of every purchase to a charity such as KNF. Remember to select KNF as your charity of choice via your Kroger Plus Card. To learn more about these programs, visit our website at Kentucky-nurses.org.

If you like to give a little as you go, how about donating a dollar a month for a year? Just imagine what your $12 a year can do when combined with the same amount from every Kentucky nurse – there are more than 80,000 of us in the state. This a check distribution at no charge to families. If you would like to remember a nurse in this special way, please let us know by phone, email or complete a Tribute form on our website.

As you look toward year-end charitable giving contributions, be sure to make your tax-deductible donation to our “Honor a Nurse” campaign. So far, this program has brought in more than $11,000. We’ve made online giving and recurring donations easy. Visit our website to find out more.

On behalf of all Kentucky nurses, please give.

Sincerely,
Jo Singleton, DNP, RN-BC
President, Kentucky Nurses Foundation Board of Trustees

“I have found that among its other benefits, giving liberates the soul of the giver.”
– Maya Angelou
Calendar of Events

KNA Board of Directors Meeting:
First Friday of the Month, 10 AM - Noon (EST), video conference

KNA Governmental Affairs Cabinet Meetings:
First Monday of every month, 3:30-4:30 PM (EST), video conference

KNA Chapter Leadership Video Conference Meetings:
Third Monday of every month, 1 - 2 PM (EST)

Kentucky Nurses Foundation Board of Trustee Meetings:
Fourth Tuesday of every other month at the KNA office, Noon - 4 PM (EST), KNA Office and Video Conference

KNA Membership Recruitment & Retention Committee Meetings:
Second Monday of every Month, Noon - 1PM (EST), video conference

KNA Professional Nursing Practice & Advocacy Cabinet Meetings:
First Wednesday of every month, 5 - 6:30 PM (EST), conference call

KNA Event Planning Committee Meetings:
Second Friday of every month, 12:30 - 2:30 PM (EST)
KNA office/ video conference

KNA Finance Committee Meetings:
Fourth Wednesday of every month, Noon - 1 PM (EST), video conference

***All nurses are welcome to attend any nursing event. These are open to KNA members***

October 2019

15 Nightingale Chapter Meeting, 6:30 - 8 PM, location, TBD
24 KNAC Meeting, St. Elizabeth Training and Education Center KNA Summit Poster Session, 5 - 7 PM, Elizabeth Training and Education Center
25 KNA Education Summit, 8 AM - 4:30 PM, St. Elizabeth Training and Education Center, Erlanger

November 2019

4 Materials due to the KNA Office for the January 2020 issue Kentucky Nurse
7 KBN Education Committee, 1 - 2 PM
12 REACH Chapter Meeting, Greenview Regional Hospital

December 2019

11 KNA Northern Chapter Meeting, St. Elizabeth Training and Education Center
12 New Leader Orientation and Dinner
13 KNA Board and Leadership Retreat

November 2020

5-6 KNA Annual Conference, Holiday Inn Louisville East Nightingale Awards Gala

November 2021

5 KNA Education Summit, TBA

KNA to publish the first ever Kentucky Nurse Resource Book

Gamer referrals and spread the word about your area of expertise; deep discounts for KNA members to participate

The Kentucky Nurses Association (KNA) will soon publish the first ever Annual Kentucky Book of Nurse Resources. We want our community to have access to the depth of knowledge nurses across the Commonwealth can provide. You'll want to get in on this great opportunity to get referrals, recruit staff and faculty and educate fellow nurses about your field of expertise. Here's how it will work:

Visit Kentucky-nurses.org and
• Complete the form that will include your credentials, photo and contact information;
• The cost for KNA members to participate is $50; non-member fee is $374 (which includes a one-year KNA membership) and
• KNA will accept nurse profiles through Friday, January 31.

This online resource book will be available by Friday, February 28. The fee for a one-time download is $400 but is free to all nurses included in the book.

We are very excited to bring this great resource to you!
KNA Announces 2019 Awards

Nominate the “best of the best” to honor Kentucky nurses and students.
Annually, the Kentucky Nurses Association (KNA) recognizes individuals who make significant contributions to the nursing profession and the KNA. The KNA awards are prestigious and an honor to receive. This year’s awards will be given at the KNA Summit on Friday, October 25. Awards include Nurse of the Year, Nurse Researcher of the Year, Student Nurse of the Year and Citizen of the Year. Winners will receive commemorative awards and are publicized via KNA publications and on its social media outlets.

The deadline for nominations is Tuesday, October 1. For award criteria and applications, visit kentucky-nurses.org.

Create a Safe and Caring Workplace

Plan to attend the KNA Annual Summit this October.

Come and join your colleagues for an extraordinary summit sponsored by the Kentucky Nurses Association (KNA), “Creating a Safe and Caring Workplace,” 7:30 a.m. – 5 p.m., Friday, October 25 at St. Elizabeth Training and Education Center (SETEC), 3861 Olympic Drive, Erlanger, Ky. The KNA will host a poster session from 5-7pm on Thursday, October 24 at the SETEC.

Workplace safety has been identified as a concern among nurses as they seek to care for their patients and patient families often during times of intense stress. Sometimes this stress places nurses at physical risk. The KNA is committed to working with nurses across the state to ensure a safe and effective healthcare work environment.

KNA Summit attendees will learn about various aspects of fostering a safe and caring workplace through shared best practices and other learning modalities.

Now Open: Sponsorship opportunities and exhibitor registration for the 2019 KNA Annual Summit.

Get your business, school, program or organization in front of 500 nurse summit attendees. Sponsors and exhibitors are featured in the Kentucky Nurse newsletter that is mailed to more than 80,000 Kentucky Nurses.

For sponsor/exhibitor information, call 502-245-2843; email, admin@kentucky-nurses.org or visit us online at Kentucky-nurses.org.

Hotel Information

The KNA has blocked rooms at the Courtyard by Marriott Cincinnati Airport and Residence Inn Cincinnati Airport. Attendees must make their own hotel reservations:

- Courtyard by Marriott Cincinnati Airport – 859-647-9900
  - $119 per night
- Residence Inn Cincinnati Airport – 859-282-7400
  - $125 per night
- For discounted rates, book by Tuesday, October 1.

Registration – Kentucky-nurses.org

Early Bird until September 30
- $125 member
- $150 non-member
- $45 student

October 1 – October 19
- $150 member
- $165 non-member
- $50 student

Onsite
- $160 member
- $180 non-member
- $55 student

Poster Session Presenters: $50  •  The KNA will offer a limited number of scholarships for those in need.

Thomson-Hood Veterans Center

Thomson-Hood Veterans Center, a state owned long-term, 285 bed, nursing care facility for Kentucky’s Veterans, in Jessamine County, has immediate openings for:

Registered Nurse

Candidate must be licensed in Kentucky as a registered nurse or possess a valid work permit issued by the Kentucky Board of Nursing.

Licensed Practical Nurse

Candidate must be licensed in Kentucky as a practical nurse or must have a valid work permit issued by the Kentucky Board of Nursing.

Nurse Aide State Registered I (SRNA)

Candidate must possess current registration with the Kentucky Nurse Aide Registry as administered by the Kentucky Cabinet for Health Services and Kentucky Board of Nursing.

You may contact Cheryl Hoover at (859) 858-2814, ext. 397
KNA Legislative Update

KNA counts legislative “wins” from 2019 session
Looking back at the 2019 Legislative Session reminds us about the importance of advocating for issues that affect nurses, those in their care and the health of all Kentuckians. KNA members left no stone unturned during the 2019 session and counts these “wins” that will benefit the health of all across the Commonwealth:

**SUPPORT - NURSING PRACTICE**
- **SB 1** – School safety bill includes nurses as additional mental health workforce in the schools; adds a school nurse to Center for School Safety board. Result – amended version passed, signed into law by the Governor.

**SUPPORT - TOBACCO CONTROL/SMOKING CESSION**
- **HB 11** – Prohibits tobacco use in schools and on public school property and activities (K-12). Result – passed, signed into law by the Governor.

**SUPPORT – NO TAXES ON NON-PROFITS**
- **HB 354** – Exemption of taxes on sales of admissions for nonprofit organizations. Result – amended version passed, signed into law by the Governor.

**SUPPORT – PATIENT/PROVIDER PROTECTIONS**
- **SB 18** – Bans workplace discrimination based on pregnancy, childbirth and related conditions. Result – passed, signed into law by the Governor.
- **SB 65** – Create a Palliative Care Interdisciplinary Advisory Council; may include hospice nurse or APRN. Result – amended version passed, signed into law by the Governor.

Visit our website at Kentucky-nurses.org for information about Nurses Day at the Capital 2020. Remember, your voice matters!

**Purchase Your Raffle Ticket Today to Win Vacation Package**

KNA to draw winners at Summit on October 25

Purchase your chance today to win fabulous vacation packages to destinations like California’s wine country and Arizona’s lush Sonoran Desert. If you love the water and fishing, you can also buy a chance to win a salmon fishing trip to Vancouver, Canada. While we sure hope to see you at the Summit, you don’t need to be present to win one of these great experiences; limited number of chances per package. Visit kentucky-nurses.org to purchase your chance to win.

Thank you for voting in the KNA election
Be sure to make your voice known in the Kentucky general election on November 5

We recently wrapped up the KNA Election and we are happy to report that the number of members voting more than doubled last year’s total. We’ll welcome our new slate of officers and cabinet members in the January issue of Kentucky Nurse.

For now, we encourage you to vote in Kentucky’s general election on Tuesday, November 5. If you aren’t sure who is running for office in your area or where you can cast your vote, visit legislature.ky.gov.

**Gallup Indian Medical Center**
We are hiring Registered Nurses!
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School safety has garnered much attention in recent years. The passage of Senate Bill 1, the “School Safety Bill,” in our state demonstrates the type of positive legislation that can occur when parties work together. Increased training for school resource officers, a greater emphasis on trauma-informed approaches and more mental health providers in schools are all steps toward improved security and support for children. To address this issue comprehensively, the conversation must expand to embrace physical health as well. “School health and safety” is terminology more inclusive of appropriately addressing safety at school. According to the Kentucky Department of Education, nearly 651,000 children attended school in 173 public school districts across Kentucky in 2017-18. More than 120,000 of these children had chronic health conditions such as asthma, diabetes, seizures or life-threatening allergies. These numbers were higher than the estimated 13-18% reported nationally. Despite the significant number of children with medical concerns, there is no state requirement for Kentucky schools to employ nurses.

The National Association of School Nurses recommends that, “to optimize student health, safety and learning, a registered school nurse be present in every school all day, every day.” The American Academy of Pediatrics echoes this by saying that nurses are in a “critical position to address unmet health needs” and supports placement of a professional nurse in every school. Sadly, Kentucky has no reported data on the number of nurses in our schools; nor are there requirements for school districts to employ nurses. As schools have faced budget shortfalls, nursing positions have been cut leaving vulnerable children to receive care from unlicensed staff such as school clerks or secretaries who have multiple additional responsibilities. Often, these children had chronic health conditions such as asthma, diabetes, seizures or life-threatening allergies. These numbers were higher than the estimated 13-18% reported nationally. Despite the significant number of children with medical concerns, there is no state requirement for Kentucky schools to employ nurses.

Care for the mental health of children was recognized in SB 1, and to help fund the mental health requirements of the bill, the Cabinet for Health and Family Services submitted a state plan amendment to the federal Medicaid program. If approved, it will expand the scope of reimbursable health services that schools can provide. While this revenue will help support properly credentialed mental health providers, it is also an occasion for schools to increase access to school nursing services. The Kentucky Department of Medicaid can decide how these funds will be used for nursing, and they must support measures which will allow nurses to practice to the full scope of their licensure. States such as Massachusetts, Louisiana and South Carolina have developed such models and Kentucky should do the same. Keeping children safe at school is much broader than just securing the perimeter and increasing training.

Parents send their children to school expecting that they will be in a safe and caring environment. To provide such a setting effectively, we need nurses in every Kentucky school – children across the Commonwealth are depending on it.

KNA/KNF News & Notes
As we enter the busy fall season, we wanted to offer you this brief summary of KNA/KNF activities and invite you to get involved with our organization:
- Register today for the KNA Annual Summit, “Creating a Safe and Caring Workplace” on Friday, October 25 at St. Elizabeth Training & Education Center (SECTEC) in Erlanger, Ky. We’ll also host a poster session the evening before on October 24 at SECTEC. Read more about that on page 6.
- As we speak, we are preparing to launch our Second Annual Dean’s Membership Challenge. The KNA will present a trophy to the winning school.
- If you are a faculty member at a nursing school in the Commonwealth, look to hear from us soon about how you can recruit and retain KNA members.
- Thanks to everyone who made our Second Annual “A Taste of Health” fundraiser a big success. The event brought in more than $8,000 for nursing education, scholarships and research. Plans are underway for this event in 2020. See highlights on page 13.
- The team at the KNA office is available as a resource to you if you have questions about your membership, need help addressing clinical or educational issues or want to make your voice known within Kentucky’s nursing community. Stop by our office. Call us. Visit us on social media or complete a “Contact Us” form on our website. We want to hear from you.

We Can Help Your Patients Quit Tobacco
TOBACCO CESSATION FEATURING:
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www.QuitNowKentucky.org
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As the Editorial Board of the Kentucky Nurse, we value your input. We are committed to meeting your needs in future issues of the publication to the highest level possible. Therefore, we are asking for your input and suggestions by completing the attached survey. Completion of the survey should only take about five minutes. Your answers will remain anonymous. Thank you in advance! You may complete this survey online at kentucky-nurses.org or send to us at: KNA, 305 Townepark Circle, Suite 100, Louisville KY 40243; Fax: 502-245-2844

1. How frequently do you read the Kentucky Nurse?
   - [ ] All of the time
   - [ ] Most of the time
   - [ ] Some of the time
   - [ ] Seldom
   - [ ] Never

2. If you read the Kentucky Nurse, do you read the entire publication?
   - [ ] Yes
   - [ ] No

3. Which sections in the Kentucky Nurse do you find most helpful? (Check All that Apply)
   - [ ] President's Pen
   - [ ] Welcome New Members
   - [ ] KNA Calendar of Events
   - [ ] Chapter News
   - [ ] KNF/KNA News Brief
   - [ ] KNA Members on the Move
   - [ ] Home Study/Continuing Education Offerings
   - [ ] KBN/Practice Corner
   - [ ] Advance Practice Workplace Advocacy
   - [ ] Accent on Research & Data
   - [ ] Student Spotlight
   - [ ] News From ANA

4. Which sections in the Kentucky Nurse do you find least helpful? (Check All That Apply)
   - [ ] President's Pen
   - [ ] Welcome New Members
   - [ ] KNA Calendar of Events
   - [ ] Chapter News
   - [ ] KNF/KNA News Brief
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   - [ ] KBN/Practice Corner
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   - [ ] Accent on Research & Data
   - [ ] Student Spotlight
   - [ ] News From ANA

5. Have you been able to use content from the Kentucky Nurse in your practice setting or educational program?
   - [ ] Yes
   - [ ] No

6. What could we do to improve the Kentucky Nurse?

7. Additional Comments:
Established in 1906, the Kentucky Nurses Association (KNA) is the only full-service member-driven professional organization for the state’s entire nurse population. In addition to promoting the essential role of registered nurses in the healthcare delivery system, KNA serves as an advocate for quality patient care in all settings. From the halls of Frankfort and state agencies to boardrooms, hospitals and other healthcare facilities, the KNA is the strong voice for the nursing profession throughout the Commonwealth. Activities are funded through membership dues, products and royalties.

The KNA:
- Helps members with information and resources related to nursing, nursing practice, education, scholarships and a variety of additional topics.
- Serves as liaison information to state agencies, healthcare organization and the media.
- Offers discounts for the KNA Convention, Summit and all other KNA programs.
- Offers discounts on KNA products and services.
- Provides networking in many areas such as practice, legislation, academics, research, etc.
- Offers complimentary resume review and assistance.
- Connects members to “members only” website portal.
- Serves as continuing education provider.
- Offers full-time lobbying representation in Frankfort and at the nation’s capital to ensure that nursing has a voice regarding legislative activities.
- Offers recruitment portal for every healthcare entity in Kentucky.

The Kentucky Board of Nursing Profile
312 Whittington Pkwy, Suite 300 - Louisville, KY 40222
502-429-3300 or 1-800-305-2042
kbn.ky.gov

The Kentucky Board of Nursing (KBN) is an agency of the Commonwealth of Kentucky, governed by the Nurse Practice Act, established in 1914. The Board is a separate and distinct entity from any professional association. The Board’s role is to protect public health and welfare by developing and enforcing state laws governing the safe practice of nursing. The Board is self-supporting through fees assessed for professional licensure. The agency receives no general fund tax appropriation.

The KBN:
- Grants licensure to practice nursing to qualified applicants. (LPN, RN and APRN).
- Credentials Sexual Assault Nurse Examiners (SANE) and dialysis technicians (DTs).
- Interprets laws and regulations related to the legal scope of practice.
- Develops regulations (rules) necessary to implement its statutory responsibilities and duties.
- Establishes minimum standards of nursing practice.
- Sets minimum standards for nursing education and maintain list of approved schools.
- Defines and describes nonprofessional conduct.
- Takes disciplinary actions to licensees in response to nonprofessional conduct.
- Maintains a list of names, addresses and licensure status of persons they license.
- Approves applications for prescriptive authority for advanced practice nurses.
- Provides scholarships through collected licensure fees.
- Maintains registry of individuals who are credentialed as state registered nursing assistants (SRNAs).
Second Annual “A Taste of Health” fundraiser serves up more than $8,000 to benefit nursing scholarship, education and research

More than 150 guests and Julie Huron, executive director of the West Virginia Nurses Association, enjoyed delicious food, bid on great auction items, purchased chances to “Split the Pot” and walked away with other great packages like “A Cake-a-Month” for a year or U of L and UK fan baskets. All that fun added up to more than $8,000 to benefit nursing education, scholarships and research.

Thanks to everyone who worked hard to make this event successful:

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• Tea Station Asian Bistro
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• Kim Evans
• Kim Spahn

Raffle Winners
• Debbie Farrell, Split-the-Pot
• Kathy Hager, UK Fan Basket
• Debra Rayman, U of L Fan Basket
• Cassie Mitchell, Cake-a-Month for a Year Package
• Shari Kretzschmer, Wine Tasting & Tour package
• Chantel Treadway, Take Me Out to the Ball Game Package
• Teresa Huber, All Things Kentucky Basket
• Teresa Villaran, The Color of Music: The Trio & The Color of Music: The Drummer
• Jo Singleton, KNA Membership for a Year

Debbie Farrell, nurse practitioner and Deanna Tzanetos, MD at Norton Children’s Hospital, will share these winnings from our “split the pot” drawing. (Left): Jo Singleton, KNF board president; Debbie Farrell; Deanna Tzanetos and Ruth Carrico, KNA board president.

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Ready, Aim, Round!

Megan Vickrey, Jillian Disraeli, Denise Hummel, and Courtney Edens, Bellarmine University School of Nursing, Louisville, KY.

Intentional rounding is a systematic method of checking on hospitalized patients at specific intervals to reduce adverse events, anticipate needs, provide comfort and decrease patient anxiety. The concept behind intentional rounding was the provision of a holistic approach that meets both medical and psychological needs of the patient. But does it actually make a difference? A recent systematic literature review was conducted to examine studies that considered the effects of intentional rounding in context of the nurse and patient experience. A total of 18 mixed-method studies were reviewed. The studies utilized both quantitative data (numbers) and qualitative (words) methods.

Intentional rounding was found to have overall positive implications for patients, staff, and healthcare organizations. It was shown that patient satisfaction levels increased in most of the studies because of intentional rounding. There was a statistically significant decrease in fall rates in six of the seven studies that considered fall rates. Hospital acquired pressure ulcers were only mentioned in two of the studies, but nurses reported a decrease. In studies that mentioned call light usage, there was an initial reduction, but there were mixed results on its significance as the weeks proceeded.

Multiple studies in the review examined nurses’ perception of intentional rounding. All in all, intentional rounding was perceived as beneficial to nurses, nurse managers and other non-licensed healthcare workers. Newer nurses and those with an associate’s degree had a better outlook on intentional rounding as compared to nurses who were more experienced and had a bachelor’s degree. Day-shift nurses felt they had more support in being able to perform intentional rounds when compared to those who worked night shift. How intentional rounding was introduced, the degree of staff involvement, as well as the willingness to accept intentional rounding played important roles in its success. Nurses believed that intentional rounding introduced the right way increased staff efficiency, improved time management and decreased interruptions. If the implementation of intentional rounding was not carried out in an effective way, it was perceived as frustrating, time-consuming, intrusive and degrading to nurse’s decision-making skills and independence.

The results of this systematic review suggest that intentional rounding does, in fact, improve patient satisfaction. It has also been shown to decrease call bell usage, pressure ulcer incidence and fall rates. However, intentional rounding should be used as a guide, personalized to the patient and customized to the specific unit. More discussion on who performs the rounds, how often the rounds are completed and what methods are used to carry out the rounds are needed. Future research should be performed on the exact execution of intentional rounds and studies that show how the evidence is obtained would be beneficial to the success of intentional rounding on all units.

Proper education to introduce intentional rounding to the unit should be done as well as continuing education to ensure that nurses understand how it should be executed. Holding nurses accountable for performing intentional rounding is crucial to its long-term effectiveness. The way that the rounding should be documented is unclear and needs a more specific approach. By having a unit-specific process for performing intentional rounding, it is more likely that the actions will be carried out and patient safety and satisfaction will be increased.

Source:

Data Bits is a regular feature of Kentucky Nurse. Sherill Nones Cronin, PhD, RN-BC is the editor of the Accent on Research column and welcomes manuscripts for publication consideration. Manuscripts for this column may be submitted directly to her at: Bellarmine University, 2001 Newburg Rd., Louisville, KY 40205.
KNA Centennial Video Lest We Forget Kentucky’s POW Nurses

This 45-minute video documentary is a KNA Centennial Program Planning Committee project and was premiered and applauded at the KNA 2005 Convention. “During the celebration of 100 years of nursing in Kentucky—Not To Remember The Four Army Nurses From Kentucky Who Were Japanese prisoners for 33 months in World War II, would be a tragedy. Their story is inspirational and it is hoped that it will be shown widespread in all districts and in schools throughout Kentucky.

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