

TAPAN
Upper Gulf
Coast
Region

Snooze News



Executive Board 2018-2019

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Katherine Simpson, MSN,
NP-C, CNRN, CVRN-II, LNC

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CPAN, CAPA

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Frances Garza, BSN, RN,
CPN

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Corresponding Secretary:

Robin Jones, BSN, RN

Recording Secretary:

Genevieve Paule, BSN, RN

Historian:

Sonia Deleon, BSN, RN

Past President:

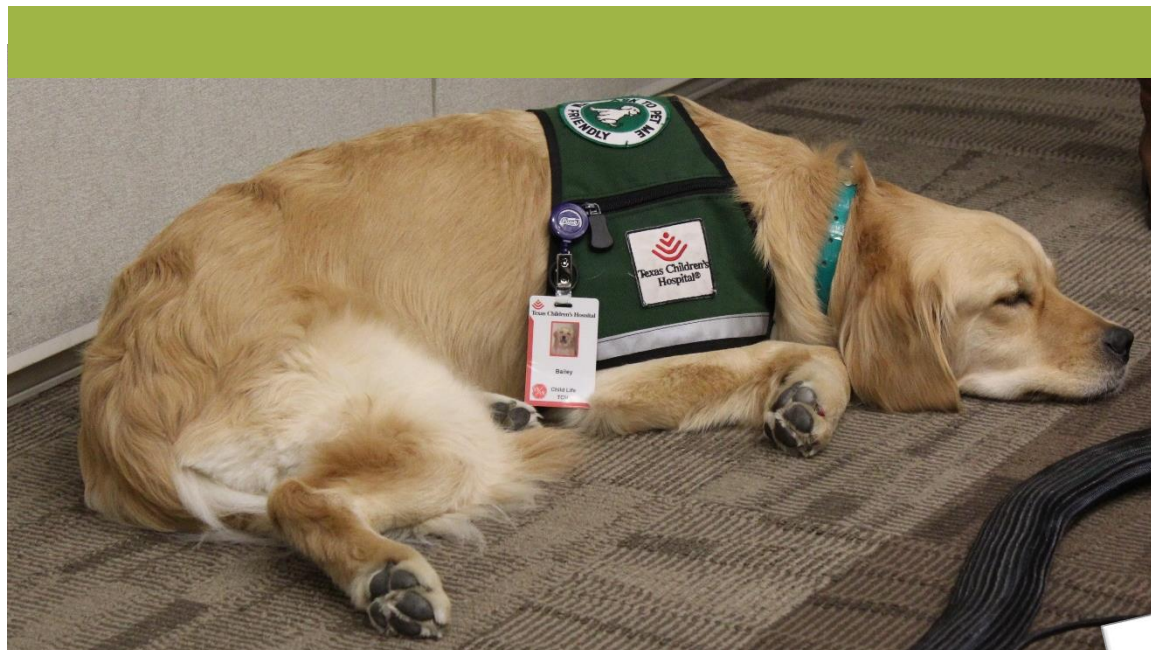
Patty Charles, BSN, RN,
CPAN



The TAPAN UGCR 2018-2019 Board
thanks you all for a fantastic year!!!!

A year of service and collaboration.....





Spring Seminar

February 9, 2019

Committee Chair:

Frances Garza, BSN, RN, CPN
Texas Children's Hospital TMC

Nurse Planner:

Barbara Harris, BSN, RN, CPAN,
CAPA
Houston Methodist Hospital

Event Photographer:

Kailey Harris

2019 TAPAN Upper Gulf Coast Region Annual Spring State Seminar

Getting to the Heart of Patient Care with Knowledge

TAPAN Upper Gulf Coast Region celebrated PeriAnesthesia Nurse Awareness Week with the annual Spring Seminar, February 9, at Texas Children's Hospital. The Pavillion for Women. We had approximately 70 in attendance. The committee developed a seminar to provide a total of five CEs educating on serving with heart, active shooter situations, the benefits of music and animal assisted therapy, and drug diversion in the perianesthesia setting. Thank to our members and volunteers, TONS of items were collected for Casa Juan Diego for our community outreach project! We learned, networked and made new friends!!!



ASPAN Membership Equals PeriAnesthesia Pride!

Thank you for inviting me to your recent district meeting to share my passion for specialty practice organization membership for professional nurses. ASPAN/TAPAN are wonderful organizations where you can continue to grow, specialize, and advance in the area of PeriAnesthesia nursing you prefer. So many choices – In Patient to Out Patient – free standing to highly collaborative institutions – and you get to make that choice!

Now my challenge to each of you:

1. **Choose** Membership – this is not something you “have to do” this is something you “choose to do” because you are a dedicated, committed PeriAnesthesia professional who knows the value of investing in a career. You know high standards of care should be practiced in your unit, your hospital, and your community.
2. Take **Pride** in your area of practice – show **Passion** and **Purpose** for daily tasks and duties. Not everyone can do what you do so learn to tell the story of your unit that makes everyone proud to be a partner or want to work in your unit!
3. Take **Responsibility** for YOUR personal growth and set performance standards others will **Respect** and choose to achieve. By all means know the standards of care sanctioned by ASPAN for your area of practice. Ask your unit manager to keep the Standards manual visible so everyone begins to understand what is expected. Standards for unit education are also available and important to implement and understand.
4. **Involve** your peers and share your knowledge and skills learned through journals, newsletters, webinars, seminars, unit inservice, and hospital education sessions. Leaders learn then teach and encourage growth for everyone. Be the first unit to 100% participation in ASPAN membership. Yes, that means YOUR UNIT!
5. **Develop** an appreciation for **Diversity** in practice. ASPAN is not just about PACU nursing!!! PreAdmit, PreOp Prep, Step down areas of care, Conscious sedation units, etc, all need to understand safe standards of practice. Meet your colleagues and share experiences to strengthen the whole of PeriAnesthesia Nursing. Cross train – yes, the best way to understand what it is like across the spectrum of care.
6. Expect **Excellence** – there are no shortcuts to patient safety, customer service and quality clinical evidence based outcomes. You are part of this process so do not become the weakest link by overlooking the opportunity to join, learn, participate, and advance your practice in PeriAnesthesia area of care by denying yourself membership in ASPAN. Excellence also means certification so do not forget about CPAN and CAPA achievements!

Organizational membership is not about attending meetings as that might not be possible for everyone. It is about staying connected to your specialty through those who are continually working to improve, advance, safe guard, and tell the story of what it means to be a PeriAnesthesia Nurse. You have much to contribute and membership will afford you that opportunity. Join, Learn, Participate, Share PeriAnesthesia Pride!

Looking forward to watching this district make a difference for PeriAnesthesia nurses and the patients entrusted to your care everyday!!!

Susan Shelander – Retired RN
ASPAN President 2001-2002
ASPAN Member Since 1985



December Community Service

Santa's Sleigh Christmas Toy Drive

Katy Christian Ministries

December 8, 2018

KCM has been helping local families and individuals fight poverty, food insecurity, domestic violence and sexual assault since 1984.

Their mission: "Transforming lives through God's grace and the generosity of the community."



Treasurer's Report

Period ending 07/31/2019

Beginning Balance: \$14,612.02

Income: \$789.12

Expenses: \$85.00

Ending Balance: \$15,316.14

Molly Smith, RN, C.A.P.A.
TAPAN UGCR Treasurer



ASPAN

American Society of PeriAnesthesia Nurses

ASPAN Component Development Institute

September 13-15, 2019
Cincinnati, Ohio

2020-2021 ASPAN Call for Nominations

Run for an ASPAN Board Position!

Submission deadline October 1, 2019

<https://www.aspan.org/About-Us/Governance/2020-2021-Call-for-Nominations>

39th ASPAN National Conference 2020 Call for Abstracts

Submission deadline is October 15, 2019

Research:

<https://www.aspan.org/Research/2020-Research-EBP-QI-Call-for-Abstracts>

Celebrate Successful Practice:

<https://www.aspan.org/Clinical-Practice/2020-CSP-Call-for-Abstracts>

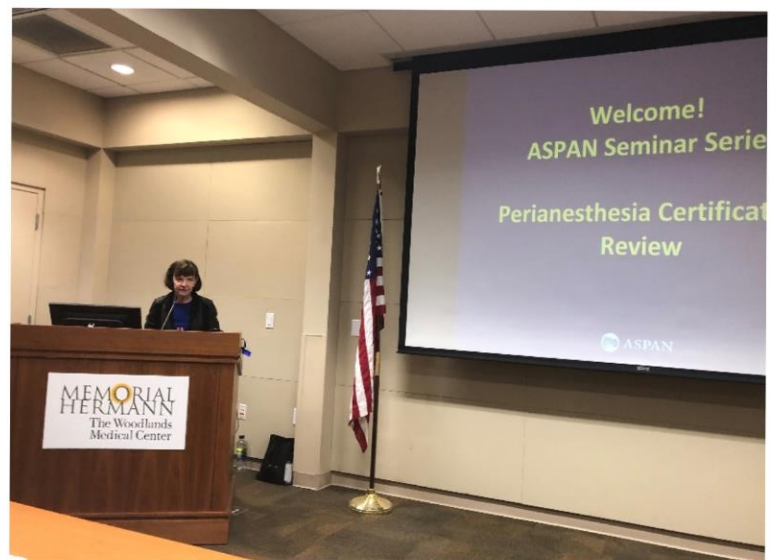


ASPAN PeriAnesthesia Certification Review

ASPAN provided a CPAN/CAPA review during the Winter/Spring 2019 Seminar Series.

*Thank you
ASPAN!!!*

Myrna Mamaril, MS, RN, NEA-BC, CPAN, CAPA, FAAN, FASPAN presented a PeriAnesthesia Certification Review for over 20 nurses January 26 at Memorial Hermann The Woodlands, as part of the ASPAN Winter/Spring 2019 Seminar Series. Ms. Mamril provided the participants with a wealth of knowledge and test taking technique to enable successful completion of the CPAN and/or CAPA exams.



March Business Meeting & Education

Perioperative Care of the Bariatric Surgical Patient

Speaker: Fernando E. Miranda, MD, FACS

Memorial Hermann Southeast Hospital

March 19, 2019



April Business Meeting & Education

Culturally Competent Care for the Transgender Patient Undergoing Surgery

Speakers: Daniel Freet, MD & Amanda Davis, BSN, RN, CPN, RN-BC

Memorial Hermann Hospital TMC

April 9, 2019



May Business Meeting & Education

Our first virtual meeting!!!

WebEx

May 21, 2019

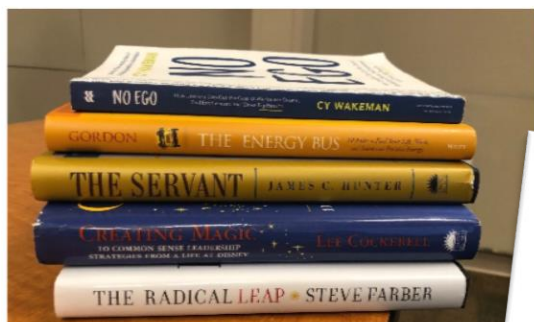
Katherine Simpson, our President and Chair of the TAPAN Research and EBP Committee, held a 30 minute TAPAN Research Committee meeting. The TAPAN Research Committee provides a forum for TAPAN members to increase knowledge regarding research and evidence based practice, including resources available through ASPAN, such as The Joanna Briggs Institute (JBI). By familiarizing members with the available resources, the committee hopes to increase the application of published research findings in clinical practice. Once the research meeting was concluded, a TAPAN UGCR monthly business meeting was held. All attendees received credit for attending TWP meetings! Without having to drive across Houston!!!

June Business Meeting & Education/Woodland Chapter Meeting

Being a Preeminent Leader with Energy!!!

Special Guest: Susan Shelander, ASPAN President 2001-2001

Speaker: Tamara Herschmann, MSN, RN, CNOR, NEA-BC
Memorial Hermann Hospital The Woodlands



2019 ASPAN National Conference
Nashville, TN
May 5-9, 2019





Come Join the Fun!!!

There are many advantages to membership in our national association including automatic registration in our state component (TAPAN) and our regional component (TAPAN UGCR). Some of the benefits include:

- Free Continuing Education Articles
- \$110.00 Discount off of the CPAN and CAPA Exam Fee
- Discounts off of Conference & Seminar Registration Fees:
- Scholarship/Award Programs
- Specialty Practice Groups
- Free subscription to the Journal of Peri Anesthesia Nursing (\$158.00 value)
- Discount off of the Peri Anesthesia Nursing Standards (up to \$95.00 value)

For more information and to join ASPAN, please go ASPAN.org. On the website look on the left side under the category "About ASPAN" and find "membership" then "JOIN ASPAN".

ABPANC Certification

CPAN® / CAPA® CERTIFICATION DATES Fall 2019

Registration Window – Online
July 1 – September 15

Examination Administration
September 15 – November 15

Clinical experience requirement is now
1200 hours.

ASPAN members receive a \$110
discount off CPAN® and CAPA®
Certification!

CPAN® / CAPA® CERTIFICATION DATES Spring 2020

Registration Window - Online
January 1 – March 15

Examination Administration
March 15 – May 15

A new "Learning Builder" system helps
manage your CE documentation.

Contact ABPANC

Phone: 800-6ABPANC Email: abpnc@proexam.org Web site: www.cpancapa.org

TAPAN UGCR has a NEW Facebook Page!

Search using
@tapanugcr

In order to help get the word out to our membership regarding meetings and events, we have set up a new Facebook page! Our new page will be linked to our website, so there will be up to date details of the exciting TAPAN UGCR happenings! Follow us, and make sure to post some pics of your perianesthesia nursing practice in action!



TAPAN UGCR Website

tapanugcr.nursingnetwork.com

Our website is the best place to find all the up to date info on meetings and events! Please make sure to register with your current email address so you can get all the notifications! We are also in the process of updating some of the stored documents. If you're looking for something, and can't find it, or just have any general questions, please email us at tapanugcr@gmail.com.





Barbara Harris, BSN, RN, CPAN, CAPA

Editor's Note

We encourage all of you to submit any photos, events, or articles from your facilities for publication in our future Snooze News Newsletters. We would love to hear about your experiences!!!

Send all submissions to
tapanugcr@gmail.com

Willing to Serve?

TAPAN UGCR is looking for members that want to get involved! Becoming involved in leadership is a great way to challenge yourself, further your professional development and network among peers. Consider joining us in making a difference by becoming a future leader of TAPAN UGCR. For more information on committees and/or officer responsibilities, please fill out the form on our website or contact us at tapanugcr@gmail.com.



Upcoming Events – visit our website for full details and registration!

• Monthly Business Meeting & Education/Officer Induction

Join us **September 10th** for our first business meeting of the year and new officer induction. Details will be posted on the website. This will be a hosted dinner, so registration will be required, and attendance will be limited.

• ASPAN Component Development Institute

ASpan leadership is committed to supporting and growing strengths within components. We are asking all component leaders and interested members to come to Cincinnati to listen, share, and learn from one another. This weekend will be full of tips and suggestions to strengthen your component. The seminar will be held at The Westin Cincinnati, **September 13-15**. <https://www.aspan.org/Events/Component-Development-Institute-2019>

• Perianesthesia Standards and Implications for Practice

ASpan will be presenting this seminar in San Antonio as part of their Summer/Fall 2019 Seminar Series. Nancy Strzyzewski, MSN, RN, CPAN, CAPA will be educating on the ASpan Standards and how to implement those standards in every day practice. The Children's Hospital of San Antonio, **September 21**, 2019.

• 43rd Annual TAPAN State Conference

PeriAnesthesia Nurses: Groovin' with Knowledge, Partnering for Growth will be held in Lewisville, TX at the Hilton Garden Inn, **September 27-29, 2019**. TAPAN has developed a curriculum to celebrate our practice and provide a day of education on making an impact, endovascular arteriovenous fistulas, regional anesthesia, transcarotid artery revascularization, breast cancer, hip surgery, neurological assessment, surgery abroad, social determinates of health, resilience, hip and knee replacements, ERAS, MH, pediatric anesthesia and generational differences.. This event will provide tons of CEs! <https://www.tapan.org/state-conference-2019.html>

• October Business Meeting and Educational Seminar

Join us at Houston Methodist Hospital on Tuesday, October 8, to learn how HMH nurses successfully implemented the ASpan Practice Recommendation of Fast Tracking. Details on website soon!

• November Business Meeting and Education

Join us at Memorial Hermann Southeast Hospital on Tuesday, November 12th to learn about WAG and its effects on the PACU environment. Details on website soon!

• 5th International Collaboration of PeriAnesthesia Nurses (ICPAN)

ICPAN 2019 will be held at the Cancun International Convention Centre (CICC) in Cancun, Mexico. The conference theme "Bienvenidos: Exploring New Horizons, Empowering Global Practice" underpins the importance of expanding professional nurse networking, collaboration, and knowledge sharing across the broader perianesthesia practice domain. In addition to a bountiful scientific programme, plenty of networking opportunities will be offered to enhance new connections with geographically diverse colleagues in a more relaxed social setting. Meeting and mingling with other delegates is an excellent way to supplement your learning beyond attending pre-conference offerings and formal programme sessions.

• ASPAN 39th Annual Conference

Denver, Colorado! April 26-30, 2020!



ASPAN

American Society of PeriAnesthesia Nurses

Summer/Fall 2019 Seminar Series

Perianesthesia Standards and Implications for Practice

Presented by:

Nancy Strzyzewski, MSN, RN, CPAN, CAPA

Date: Saturday, September 21, 2019

Time: 7:30 AM Registration
AM Coffee/tea service - LUNCH IS ON YOUR OWN

Program Time: 8:00 AM - 4:55 PM

Location: The Children's Hospital of San Antonio
CCF Auditorium
333 N Santa Rosa Street
San Antonio, TX 78207
<https://www.christushealth.org>

Topics Include:

- ▶ ASPAN Standards
- ▶ Patient Classification
- ▶ Assessment, Documentation and Equipment
- ▶ Competencies for Nurses and Unlicensed Assistive Personnel
- ▶ Position Statement: Substance Abuse
- ▶ Practice Recommendation: Unwanted Sedation

Target Audience:

All perianesthesia nurses

Outcome:

To enable the nurse to increase knowledge of the ASPAN standards and how to implement those standards in every day practice

Overall Program Objective:

Discuss the ASPAN Standards and the implications for the perianesthesia nurse

Case Presentations:

Any case studies discussed during the seminar are fictional and do not reflect any real persons or events

Disclosure Statement:

All planners and presenters at continuing nursing education activities are required to disclose to the audience any significant financial relationships with the manufacturer(s) of any commercial products, goods or services. Such disclosures will be made in writing in the course presentation materials.

7.25 Contact Hours

*The Registration Form is found on the back of this page.
Please photocopy and pass along to other interested colleagues.*

American Society of PeriAnesthesia Nurses (ASPAN) is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC-COA).



Additional provider numbers: Alabama #ABNP0074, California #CEP5197.

ASPAN - The Source for Perianesthesia Education

Fee Schedule

- ☐ ASPAN Member Early Bird Fee - Ends 8/24/19
(4 weeks prior to seminar).....\$115.00
- ☐ ASPAN Member Regular Fee.....\$152.00
- ☐ ASPAN Member with CAPA®/CPAN® certification
may deduct \$5.00 from registration fee.
Provide Certification Number: _____
- ☐ Non-Member Early Bird Fee
(4 weeks prior to seminar).....\$173.00
- ☐ Non-Member Regular Fee.....\$210.00
- ☐ ASPAN Student Member
(unlicensed only/no contact hours).....\$ 36.00
Must provide copy of student ID
- ☐ Group discounts (excluding students): four or
more registrations **received at the same time**
(**mail or fax only**), each receives a \$10.00 discount.
All forms and checks must be received at the same
time; **no exceptions**.

Please note that registration cannot be accepted or processed unless accompanied by appropriate tuition payment. ASPAN will not reserve seats for registrations received without payment.

Cancellation Policy

- Full refund upon receipt of documented notice of cancellation postmarked 30 days or more preceding seminar date. An administrative fee of 20% will be charged for any cancellation postmarked 29 days or less preceding one week of the seminar date. Please note that seminars cancelled within one week or less of the seminar date will not be eligible for a refund. **This cancellation policy applies regardless of when you register.** Refund will be determined by the date notice is received in the ASPAN National Office in Cherry Hill, NJ.
- ASPAN reserves the right to substitute speakers if necessary.
- ASPAN reserves the right to cancel a seminar due to insufficient enrollment or any unforeseen circumstances. All fees will be fully refunded.
- ASPAN cannot be responsible for limited enrollment due to room sizes in some facilities.

Register Early - space is limited!

Please visit www.aspan.org for a copy of the seminar brochure which contains **FULL** details about our programs. Registering at the event is **NOT** recommended. If you are not pre-registered, please call 1-877-737-9696 x 219 the week prior to the seminar to verify the seminar status.

REMEMBER: A printed syllabus will not be provided.

- ❖ A link to the handout will be on your statement and will be sent to you in an emailed confirmation letter, upon your registration
- ❖ It is your decision to print all or part of the handout and bring it with you or to download the material to your computer. Wi-Fi will not be available the day of the seminar.

DO NOT DETACH. Please send back entire form. Please print or type. Use a separate form for each registrant. Duplicate as needed.

Perianesthesia Standards and Implications for Practice, Saturday, September 21, 2019, San Antonio, TX (PSI955)

Name: _____ ASPAN Member # _____

Address: _____

City: _____ State: _____ Zip: _____

Phone (Work, Home, Cell): _____ Fax: _____

Email (mandatory): _____ *** (Handout link is delivered via email) ***

Method of Payment:

☐ Check (Payable to ASPAN, drawn on U.S. bank in U.S. funds)

☐ VISA

☐ Master Card

☐ American Express

Card Number: _____ Expiration Date: _____

Signature: _____

Federal ID# 06-1024058

FOR MORE INFORMATION OR TO RETURN THIS FORM

Email: dingram@aspan.org

Phone: (877) 737-9696, Ext. 219

Fax: (856) 616-9601

***Please note: Registration is not taken over the phone

ASPAN Seminars

90 Frontage Road

Cherry Hill, NJ 08034-1424

Register online at www.aspan.org