It is a delight to begin to share with you the many activities the Kentucky Nurses Association (KNA) has led since the last issue of Kentucky Nurse. In December, we conducted board and leadership retreats to welcome new members to the KNA Board, Cabinets and Committees and took the opportunity to strengthen our approaches in support of our mission. That mission is to be the voice for nurses and work for a healthier Kentucky. An important aspect of our mission is advocating for legislation that aligns with our core values as nurses. To do that, KNA set to work planning the 2019 Kentucky Nurses Day at the Capitol Wednesday, February 6. More than 150 nurses, faculty, students, nurse practitioners, KNA board members, Kentucky Nurses Foundation (KNF) board members, KNA members and non-members attended this successful event. Six schools of nursing from across the Commonwealth were represented. The KNA lobbyist, Dr. Sheila Schuster, was impressed with the professional approaches and impact of those present. In the words of our KNA Executive Director, Delanor Manson, “it was a glorious day” for nursing. I completely agree with her statement since one in 45 potential voters in the United States is a nurse.

KNA is also planning for educational events and conferences. The Events Planning Committee is busy working on the 2019 KNA Education Summit that will take place in Northern Kentucky on Friday, October 25. The focus will be on the healthcare workplace. This topic has spurred intense interest and conversation. Workplace safety has been identified as a concern among nurses as they seek to care for their patients and patient families often during times of intense stress. Sometimes this stress places nurses at physical risk. With projections indicating that we will need 1.1 million additional nurses in the next decade if we are to continue to care for our nation’s population, we must be involved in the elements of a safe and effective healthcare work environment. Three key issues face us and our profession in the immediate future. These include safe and adequate staffing; incivility, bullying and workplace violence; and safe patient handling and mobility. KNA remains the voice for Kentucky’s nurses and a force in advocating for patients, nurses and our communities.

Each of you reading this issue of Kentucky Nurse has a role to play. First, if you are not a member of the KNA, your professional association, please consider joining today. This provides you with the opportunity to connect with the other 90,000 nurses in Kentucky and the 4 million in our nation. There are many opportunities to become active in KNA and we need your involvement. Participation in your local KNA chapter connects you with others in your community and affords you the opportunity to become involved in activities that are important to those closest to you. The needs of our patients and those who care for them continue to evolve and continue to become more complicated. Without your individual input and your individual effort, these changes will continue to occur without fellow nurses hearing your voice. Publishing articles in Kentucky Nurse is our way of sharing information and keeping you informed, but it is not a substitute for your involvement. Whether you are providing care at the bedside, in a support or leadership position in academia, or are a student, or are ending your active career as a nurse, it is important that you have a say in the how the present and future of nursing is shaped.

I hope that you will be compelled to join the Kentucky Nurses Association, YOUR professional organization. KNA provides an opportunity for you to be engaged in the growth and direction of YOUR profession. Dues include both KNA and ANA membership. We want to ensure that KNA represents all nurses in a fully inclusive and transparent way. If you are not a member, please join us today. Simply Google, Kentucky Nurses, or KNA, or go directly to our website Kentucky-nurses.org and click on JOIN NOW! If you are already a member, please make sure you take the opportunity to become involved in KNA activities. I look forward to continuing to represent you as a Kentucky Nurse.
Chapter Updates

KNA Bluegrass Chapter
The KNA Bluegrass Chapter meets regularly on the third Tuesday of odd numbered months at the Chop House Restaurant on Richmond Road in Lexington. Meetings begin with social time at 5:30 p.m. and official member business begins at 6 p.m. Each meeting includes a continuing education offering. Chapter members encourage and welcome participation from members, students and guests.

The chapter would like to extend its gratitude to the following sponsors for the support of their education offering:

• University of Evansville
• St. Vincent
• Owensboro Health Regional Hospital
• Methodist Hospital
• Deaconess

No report

KNA Green River
In December, the Green River Chapter inducted new officers for the 2019-2020 year:
• Lori Donahoo, President
• Debra Dronet President-Elect
• Amy Wimsatt, Treasurer
• Marlena Buchanan, Membership and Nightingale Committee Chair
• Amy Higdon, Secretary

The Green River Chapter recently hosted an NCLEX Challenge at the Preston Arts Center in Henderson. Eight teams of nursing students from Henderson Community College, Hopkinsville Community College, Madisonville Community College, Owensboro Community and Technical College, University of Evansville, University of Southern Indiana and University of Louisville – Owensboro campus competed in the challenge. Participants and audience members earned continuing education credits while having good food and fun. The chapter would like to extend its gratitude to the Preston Arts Center and these vendors:

• Deaconess
• Kaplan
• Methodist Hospital
• Murray State University
• Owensboro Health Regional Hospital
• St. Vincent
• University of Evansville
• University of Southern Indiana

The University of Southern Indiana team took home the first-place trophy for the second consecutive year and Henderson Community College was the first runner-up.

KNA Heartland Chapter
No report

KNA Nightingale Chapter
Future 2019 Nightingale Chapter meetings will take place at 6:30 p.m. at the Ephraim McDowell Regional Medical Center in Danville on Thursday, May 9, Thursday August 8 and Thursday October 10. Chapter members will collect donations for a food bank at each meeting.

The Nightingale Chapter awards a $500 scholarship for both spring and fall semesters. The deadline for submission for the spring semester is Tuesday, April 30. For eligibility details and an application contact Denise Alvey at alveylex2@aol.com.

Chapter President, Pat Calico, attended the leadership retreat in Bardstown in December.

KNA Northern Chapter
This year, members of the KNA Northern Chapter will focus on creating a safe and caring workforce. The speaker at its March meeting, Theresa Vietor, is the manager of forensics at St. Elizabeth Healthcare.

KNA Northeast Chapter
Northeast Chapter members stayed busy during the holiday season with the “Coats for Kids” donation drive. The chapter partnered with St. Claire HealthCare, Morehead State University’s Student Nurses Association and the University of Charleston Capito Department of Nursing in Beckley, W.Va. for the coat donation drive. With surrounding county businesses also participating, the Northeast Chapter donated more than 200 winter items to local schools and church groups. The chapter also hosted a winter basket fundraiser. Check for upcoming meetings at kentucky-nurse.org.

Contact Christa Thompson, chapter president, for more information about chapter activities at cj.thompson@moreheadstate.edu or 606-783-5370.

KNA Reach Chapter
The REACH Chapter hosted its first meeting of the new year on February 12 at the Southcentral Kentucky Community & Technical College main campus in Bowling Green. Ledya Becker, international communities liaison for the City of Bowling Green, presented a continuing education offering, “Working Effectively with Diverse Communities.” Chapter members collected items for the Camp for Courageous Kids. The chapter will meet at 5 p.m. (CST) on Tuesday, April 9 at the Medical Center/ WKU Health Science Complex in Bowling Green.

The Chapter continued its involvement in community events with participation in Bowl for Kids’ Sake in March and again partnered with Hurst Review to co-host an NCLEX Review Night for local nursing program students. Starting in April, members will sell tickets to a local Bowling Green Hot Rods June baseball game with proceeds going toward student scholarships.

For more information or to attend a meeting, contact Kimberley Bourne at Kimberley.bourne@wku.edu.

KNA River City Chapter
In November, the River City Chapter hosted its inaugural educational event at Galen College of Nursing. Kathy Burlingame, dean of online programs at Galen, facilitated a presentation on Human Trafﬁcking for 2.0 contact hours.

The officers of the River City Chapter recently hosted a meeting to plan for the upcoming year. The chapter needs more volunteers to help with its identiﬁed goal areas including student support, community service, education and social activities. In 2018, chapter members participated in these related activities:

• Student Support – sponsored the NCLEX Trivia Day facilitated by the Kentucky Association of Nursing Students.
• Community Service – served as an essential partner in the Hepatitis A initiative aimed at preventing the spread of Hepatitis A among Louisville food service workers. The chapter conducted Nightingale Tributes for colleagues who are deceased. The families really appreciated the tributes and the experience touched the presenters as well.
• Educational – hosted the River City Chapter Inaugural Educational Event.
• Social – although the chapter did not host a social event in 2018, plans are underway for a 2019 activity.

The River City Chapter needs members who want to be involved in any of the areas listed above. Specifically, the chapter is looking for members to chair the Nightingale Tribute Committee, the Educational Event Committee and the Social Event Committee. The River City special events officer will work with each committee.

Those interested in becoming a committee chair, committee member or officer in the River City Chapter, may contact Audria Denker, chapter president, at adenker@galencollege.edu.

KNA Western Kentucky Chapter
The Western Chapter recently met to discuss the possibility of co-sponsoring a Community Chiller Supper with the Marshall County Coroner to benefit the Bailey Holt Memorial Nursing Scholarship program. (Bailey was murdered last year by her classmate at Marshall County High School).

Currently hiring faculty in Kentucky for all specialty areas.

Join our dedicated team, committed to changing lives through extraordinary nursing education.

MSN  PhD  DNP

Galen College of Nursing
Louisville Campus • Hazard Campus
## Calendar of Events

### KNA Board of Directors Meeting:
First Friday of the Month, 10 AM – Noon (EST)

### KNA Governmental Affairs Cabinet Meetings:
First Monday of every month, 3:30-4:30 PM (EST), conference call

### KNA Chapter Leadership Conference Call Meetings:
Third Monday of every month, 1 – 2 PM (EST)

### Kentucky Nurses Foundation Board of Trustee Meetings:
Fourth Tuesday of every other month at the KNA office, Noon – 4 PM (EST), KNA Office

### KNA Membership Recruitment & Retention Committee Meetings:
Second Monday of every month, Noon – 1PM (EST), conference call

### KNA Professional Nursing Practice & Advocacy Cabinet Meetings:
First Wednesday of every month, 5 – 6:30 PM (EST), conference call

### KNA Event Planning Committee Meetings:
Second Friday of every month, 12:30 – 2:30 PM (EST)

### KNA Finance Committee Meetings:
Fourth Wednesday of every month, Noon – 1 PM (EST), conference call

***All nurses are welcome to attend any nursing event. These are open to KNA members***

### April 2019

<table>
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<tr>
<th>Date</th>
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<tbody>
<tr>
<td>9</td>
<td>KNA REACH Chapter Meeting</td>
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<tr>
<td>12</td>
<td>KNA Bluegrass Chapter Bi-Annual Leadership Conference, “Lessons in Nursing Leadership: How to Leverage Your Skills for Professional Advancement,” The Club at University of Kentucky Spindletop Hall, 3414 Iron Works Pike, Lexington</td>
</tr>
<tr>
<td>30</td>
<td>Deadline KNA Nightingale Chapter Scholarship Application. For information, contact Denise Alvey at <a href="mailto:alveylex2@aol.com">alveylex2@aol.com</a>.</td>
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### May 2019

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<tr>
<td>6</td>
<td>Materials due to the KNA Office for July 2019 issue of Kentucky Nurse</td>
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<tr>
<td>9</td>
<td>KNA Nightingale Chapter Meeting</td>
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<td>23</td>
<td>KNA Nominations Information Deadline</td>
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### June 2019

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<tr>
<th>Date</th>
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<tr>
<td>22-23</td>
<td>ANA Membership Assembly, Washington, DC</td>
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<tr>
<td>26</td>
<td>KNA Northern Chapter Meeting</td>
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### July 2019

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<tr>
<td>1</td>
<td>KNA 2019 Final Call for Nominations Applications due</td>
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<tr>
<td>9</td>
<td>Yearbook Call for 2019 Conference materials due</td>
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<tr>
<td>25</td>
<td>Taste of Health Fundraiser, University of Louisville Kosair Charities Clinical &amp; Transitional Research Building, 505 S Hancock St., Louisville</td>
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### August 2019

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<tr>
<td>5</td>
<td>Materials due to the KNA Office for the October 2019 issue Kentucky Nurse</td>
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<td>8</td>
<td>KNA Nightingale Chapter Meeting</td>
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### September 2019

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<tr>
<td>12</td>
<td>KBN Education Committee Meeting, 1 – 4:30 PM</td>
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<td>17</td>
<td>KNA REACH Chapter, 5 PM (CST) dinner, 5:30 – 6:30 PM, meeting, location TBD</td>
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<td>25</td>
<td>KNA Northern Chapter Meeting</td>
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### October 2019

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<th>Event</th>
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<tr>
<td>10</td>
<td>Nightingale Chapter Meeting, 6:30 – 8 PM, location, TBD</td>
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<tr>
<td>25</td>
<td>KNA Education Summit, St. Elizabeth Training and Education Center, Erlanger</td>
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### November 2019

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<th>Date</th>
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<tr>
<td>4</td>
<td>Materials due to the KNA Office for the January 2020 issue Kentucky Nurse</td>
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<td>7</td>
<td>KBN Education Committee, 1 – 2 PM</td>
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### December 2019

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<tr>
<th>Date</th>
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<tbody>
<tr>
<td>6</td>
<td>KNA Board and Leadership Retreat</td>
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<td>11</td>
<td>KNA Northern Chapter Meeting</td>
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### November 2020

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<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>5-6</td>
<td>KNA Annual Conference, Holiday Inn Louisville East</td>
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### November 2021

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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>5</td>
<td>KNA Education Summit, TBA</td>
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**Opportunities Afforded in Nursing**

**Advance Your Career!**

**RN - BSN Online**  Contact Dr. Carol Murch, cmurch@murraystate.edu

**BSN**  Contact the School of Nursing, 270.809.2193

**Advanced Practice DNP Options:**
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**Contact:**
Dina Byers, PhD, APRN, ACNS-BC, 270.809.6223 or dbyers@murraystate.edu

- More than 20 years experience in educating advanced practice nurses to meet the complex health care needs of society.
- Strong faculty committed to excellence in education and practice.

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Information for Authors

• Kentucky Nurse Editorial Board welcomes submission articles to be reviewed and considered for publication in Kentucky Nurse.
• Articles may be submitted in one of the following categories:
  A. Personal opinion/experience, anecdotal (Editorial Review)
  B. Research/scholarship/clinical/professional issue (Classic Peer Review)
  C. Accent on Research (Editorial Review)
  D. Cultural Diversity (Editorial Review)
  E. Health Matters (Editorial Review)
  F. Student Spotlight (Editorial Review)
• Information about IRB or Ethical Board approval is a requirement for Quality Improvement projects, evidence practice based projects, and research studies.
• All articles, except research abstracts, must be accompanied by a signed Kentucky Nurse transfer of copyright form (available from KNA office or on website www.Kentucky-Nurses.org) when submitted for review.
• Articles will be reviewed only if accompanied by the signed transfer of copyright and will be considered for publication on condition that they are submitted solely to the Kentucky Nurse.
• Articles should be typewritten with double spacing on one side of 8 1/2 by 11 inch white paper and submitted in triplicate. Maximum length is five (5) typewritten pages.
• Articles also should be submitted electronically.
• Articles should include a cover page with the author’s name(s), title(s), affiliation(s), and complete address.
• Style must conform to the Publication Manual of the APA, 6th edition.
• Monetary payment is not provided for articles.
• Receipt of articles will be acknowledged by email. Following review, the author(s) will be notified of acceptance or rejection.
• The Kentucky Nurse editors reserve the right to make final editorial changes to meet publication deadlines.
• Please complete a manuscript checklist to ensure all requirements are met. You must provide a completed manuscript when a manuscript is submitted. The Manuscript Checklist can be found at www.kentucky-nurses.org.
• Articles should be mailed, faxed or emailed to:
  Editor, Kentucky Nurse, Kentucky Nurses Association, 305 Townepark Circle, Suite 100, Louisville, KY 40243
  (502) 245-2843 • Fax (502) 245-2844 • or email: admin@kentucky-nurses.org

Make plans to attend the 2019 KNA Summit

Creating a Safe and Caring Workplace

Plan to attend the KNA Annual Summit this October.

Come and join your colleagues this fall for an extraordinary summit sponsored by the Kentucky Nurses Association (KNA), “Creating a Safe and Caring Workplace,” 8 a.m. – 4:30 p.m., Friday, October 25 at St. Elizabeth Training and Education Center in Erlanger, Ky.

Workplace safety has been identified as a concern among nurses as they seek to care for their patients and patient families often during times of intense stress. Sometimes this stress places nurses at physical risk. The KNA is committed to working with nurses across the state to ensure a safe and effective healthcare work environment.

KNA Summit attendees will learn about various aspects of a fostering a safe and caring workplace through shared best practices and other learning modalities.

Now Open: Sponsorship opportunities and exhibitor registration for the 2019 KNA Annual Summit.

Get your business, school, program or organization in front of 500 nurse summit attendees. Sponsors and exhibitors are featured in the Kentucky Nurse newsletter that is mailed to more than 80,000 Kentucky Nurses.

For sponsor/exhibitor information, call 502-245-2843; email, admin@kentucky-nurses.org or visit us online at Kentucky-nurses.org.

Registration

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<tr>
<th>Early Bird until September 30</th>
<th>October 1 – October 24</th>
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<td>$125 member</td>
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Hotel Information

The KNA has blocked rooms at the Courtyard by Marriott Cincinnati Airport and Residence Inn Cincinnati Airport. Attendees must make their own hotel reservations:

- Courtyard by Marriott Cincinnati Airport – 859-647-9900
  $119 per night
- Residence Inn Cincinnati Airport – 859-282-7400
  $125 per night

For discounted rates, book by Tuesday, October 1.

NURSING INSTRUCTOR

Owensboro Community and Technical College seeks applicants for a full-time 10-month Nursing Instructor to teach undergraduate nursing courses to start Fall 2019.

A Master’s of Science in Nursing (MSN) and a Certified Nurse Educator (CNE) is preferred.

A minimum of a Bachelor’s of Science (BSN) in Nursing with the expectation to earn Master’s of Science in Nursing (MSN) within 5 years of hire and a minimum of 2 years’ experience as a registered nurse (RN) within the past 5 years is required.

For detailed job description and to apply visit: https://careers.kctcs.edu/job-details?jobID=53155&job=nursing-instructor&collection=trust

KCTCS is an equal educational and employment opportunity institution.

College of Public Health

Take the lead with a Master of Health Administration

cph.uky.edu/kentucky-nurse
KNA Legislative Priorities

**KNA visits Capitol on Nurses Day**

More than 150 nurses, nursing students and nursing faculty joined KNA for Nurses Day at the Capitol. We thank all legislators who took the time to meet with our group.

**SUPPORT–NURSING PRACTICE**
- **SB 132** Removes the Collaborative Agreement for Prescriptive Authority for Controlled Substances (CAPA-CS) for APRNs after four years of prescribing controlled substances with a CAPA-CS.
- **SB 1 & HB 1** School safety bills include APRNs and RNs as professionals to be added in schools.

**SUPPORT–TOBACCO CONTROL/SMOKING CESSATION**
- **SB 27 & HB 11** Prohibits tobacco use in schools and on public school property and activities (K-12).

**SUPPORT–NO TAXES ON NON-PROFITS**
- **HB 28** Corrects 2018 tax bill to exempt nonprofits from taxing event admissions.

**SUPPORT–MAINTAINING MEDICAID SERVICES**
- **SB 78** Requires Medicaid to maintain dental & vision services and non-emergency medical transportation for all recipients.

**SUPPORT–PATIENT/PROVIDER PROTECTIONS**
- **SB 18** Bans workplace discrimination based on pregnancy, childbirth and related conditions.
- **SB 65** Establishes Palliative Care Council and programs, includes APRNs.

Vote in the Kentucky Primary Election – your voice matters.

Be sure to cast your ballot in Kentucky’s Primary Election on Tuesday, May 21. For information visit elect.ky.gov.

**Briefly Speaking**

With the smell of freshly cut grass and shedding of winter coats, comes Spring in the Bluegrass. As we change seasons and prepare for the greatest two minutes in sports, we wanted to offer you this brief summary of KNA/KNF activities:

- As we speak, KNA chapters across the state are competing in the Second Annual Membership Challenge. If you aren’t already a KNA member, don’t be surprised if one of your nursing colleagues contacts you filled with details about the benefits of joining our organization.
- Along with funding nursing scholarships, Kentucky Nurses Foundation (KNF) funds the Nightingale Tribute Program. This special program includes a brief ceremony to honor any deceased Registered Nurse (RN) or Licensed Practical Nurse (LPN) for their years of commitment and dedication to nursing. Contact the KNA if you would like to honor a nurse in this special way.
- Mark your calendars now to attend the KNA Annual Summit on October 25 at St. Elizabeth Training and Education Center in Northern Kentucky. Read more about that on page 5. Also, don’t forget that the deadline for Call for Presenters is Tuesday, April 30.
- We continue our outreach to student nurses through our relationship with the Kentucky Association of Student Nurses (KANS) and encourage all students to join KNA upon receiving their nursing licenses. In addition, our chapters are hosting NCLEX challenges across the Commonwealth.
- The staff members at the KNA office are available as a resource to you if you have questions about your membership, need help addressing clinical or educational issues or want to make your voice known within Kentucky’s nursing community. Stop by our office. Call us. Visit us on social media. We want to hear from you.

**KNA/KNF News & Notes**

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- Make plans to attend the KNA Bluegrass Chapter 2019 Spring Conference, “Lessons in Nursing Leadership: How to Leverage Your Skills for Professional Advancement,” 7:30 am – Noon, Friday, April 12 at The Club at UK’s Spindletop Hall. The conference is approved for 4.2 contact hours for nurses. To register, visit Kentucky-nurses.org.
- Mark your calendars now to attend the KNA Annual Summit on October 25 at St. Elizabeth Training and Education Center in Northern Kentucky. Read more about that on page 5. Also, don’t forget that the deadline for Call for Presenters is Tuesday, April 30.
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**NURSING INSTRUCTOR (2)**
**NURSE AIDE INSTRUCTOR (1)**

Please visit our website at https://hopkinsville.kctcs.edu/faculty-staff/index.aspx for additional information. Application deadline is April 15, 2019.

KCTCS is an equal opportunity employer and education institution.
CALL FOR PRESENTERS
“Creating a Safe and Caring Workplace”

2019 Kentucky Nurses Association (KNA)
Annual Summit
8 a.m. – 4:30 p.m. Friday, October 25, 2019
St. Elizabeth Training and Education Center
 Erlanger, KY

The Kentucky Nurses Association (KNA) seeks dynamic, engaging and knowledgeable presenters for the 2019 KNA Annual Summit, “Creating a Safe and Caring Workplace.” KNA members and non-members are welcome to submit applications to present; however, KNA members will be given preference.

TARGET AUDIENCE & CONTINUING EDUCATION
• The primary conference audience of more than 400 attendees will include multiple levels of professional nurses, nursing educators, licensed practical nurses, nursing students and nursing leaders.
• Continuing Education will be offered. Presentation content must include expected outcomes, presenter’s vita and a teaching plan.

The KNA will not consider late, incomplete or those applications submitted in the wrong format.

TYPES OF PRESENTATIONS
• Poster presentations and oral presentations
• Panel presentations
• Time length: 25-50-minute segments
• Sessions may be panel discussions, lectures, research based, hands on, interactive, creative, dynamic and feature best practices in nursing relevant to the conference theme.

OBJECTIVES:
At the end of program, the attendees should be able to:
• Describe knowledge and skills about various aspects of a safe and caring workplace as stated in the KBN contact education form and how it relates to the future development of the attendee or nursing practice.
• Presentations should provide attendees with educational value and refrain from promoting a specific business, product or service.

• When developing a proposal application, a balanced program in accordance with the KNA Summit Theme, “Creating a Safe and Caring Workplace” should be provided.

HANDOUTS & POWERPOINT PRESENTATIONS
• Handouts may be appropriate, depending on the complexity of the topic and will be shared with attendees electronically.
• A conference PowerPoint template will be used for all presentations. PowerPoint presentations are encouraged and will also be made available to attendees electronically. Those selected to present will be contacted by Monday, July 1. All PowerPoint presentations and electronic handouts are due by Monday, September 16 (No exceptions).

FEES & PRESENTER BENEFITS
• As a 2019 presenter, your conference session registration is complimentary; however, if you would like to attend any other session, receive continuing education credit and join us for lunch, you must pay the conference fee.
• The Fall 2019 issue of Kentucky Nurse, which is mailed to more than 80,000 readers, will include the names of all presenters.
• KNA will also publicize presenters’ names via website, Facebook and its electronic newsletter, E-News, that is distributed to its 2,200+ members.

A NOTE CONCERNING HONORARIA
KNA has a tradition of using educational conference/summit sessions as platforms for innovation in the spirit of networking and sharing. Therefore, we look for contributors who are willing to share their expertise without expectation of an honorarium or reimbursement of expenses.

PRESENTER EXPECTATIONS
By participating in the conference, presenters give KNA permission to record their session and take photos. We ask that presenters be available for media interviews upon request.

Please note: Sponsorship and exhibitor participation is appropriate for groups or persons with commercial interests. The KNA will reach out to those groups under separate cover.

KNA CONTACT – WHERE TO SUBMIT YOUR APPLICATION & ASK QUESTIONS
Email application in Word format. You may email your headshot and vita or send via US mail on a non-returnable jump drive to:
Kentucky Nurses Association
305 Townepark Circle, Suite 100
Louisville, KY 40243
Admin@kentucky-nurses.org
Deadline: Tuesday, April 30
Questions? Call us at 502-245-2843.

The KNA will not consider late, incomplete or those applications submitted in the wrong format.
Communication: Strategic Dialogue When the Stakes Are High

Andrea Houser, PhD, MSN, BSN, RN
Associate and Baccalaureate Faculty
Galen College of Nursing

Objective:
The goal of this presentation is to present one of the themes discovered in a qualitative research study. The theme of communication will be presented as strategic dialogue, which is an assertive communication technique used by nursing professionals in nursing practice, nursing education, and nursing leadership roles. Strategic Dialogue is a component of the transactional theory of communication and was discovered to be a component of political advocacy in BSN nursing education.

By the end of the presentation, you should be able to:
1. Define strategic dialogue and its use in the health care setting.
2. Describe how miscommunication has deleterious effects on patient outcomes.
3. Discuss communication techniques promoting positive patient outcomes and developing interprofessional collegiality.
4. Evaluate the nurse's role in conflict and creating positive relationships with clients and the interdisciplinary health care team using self-reflection.

Significance to the Field of Nursing:
Nurses are advocates. Historically, advocacy is rooted in political action. As advocates, communication skills are required to plead the cause of others. There are times that while advocating for self or others, emotions can get in the way of effective communication efforts. Nurses need training and education to be able to detect moments when emotions run high predisposing them to ineffective communication patterns resulting in consequences at the bedside. Miscommunication is one of the leading causes of medical errors. Even when we are not speaking, we are sending messages to others with our body language. Often our non-verbal communication delivers a louder message than our verbal communication does. It is imperative to implement assertive communication skills to achieve good patient outcomes.

Background:
Effective communication is required to meet positive patient outcomes in professional nursing. Communication skills should be assertive and empowering to advocate for patients but also to advocate for one another. Nurses in every specialty are advocates and that for patients, self, and others. Being an advocate requires knowledge of the system and politics of the organization so that change can be implemented. On the other hand, miscommunication has been found to have deleterious effects on patient outcomes and for relationships with whom we work. Distractions can interfere with communication efforts and pressure patients and nursing staff to errors and misunderstandings. Nurses, employed in all areas of the nursing profession, are communicators of information and are particularly vulnerable to errors due to miscommunication. Miscommunication is caused by distractions. Emotions can distract decision making as well as interruptions. Distractions can occur around the message, sender, or the receiver so to the point that the message is misunderstood. It is a combination effect influencing the receiver's ability to hear, comprehend the message and his/her perceptions of the sender also impact communication. There is no true sender or receiver, communication is in constant flow back and forth according to the Transactional Model of Communication.

Methodology:
The research question was as follows: how do program directors facilitate political advocacy in a BSN education program? A basic qualitative research design was utilized with a constructivist approach. Critical theory theoretical framework was used to support the study. IRB approval was obtained. A sample of 10 BSN program directors were volunteers who consented to participate in the study. Data was collected by the researcher using an interview guide. The interview guide was IRB approved as well as peer reviewed by three professional researchers. Participants signed consents to participate in semi-structured interviews in their office on site except for two participants who were remotely located. Participants were assured confidentiality. Interviews were audio recorded and manually transcribed into verbatim transcripts. After transcription occurred, the researcher emailed the transcripts to participants to review for accuracy. Data saturation occurred at 10 interviews. The researcher conducted member checking, used an audit trail, used a reflexive journal and used theoretical triangulation to ensure credibility, reliability, and validity of the study. Data was analyzed by the constant comparison method. Three themes emerged: nursing experience and leadership, communication, and advocacy.

Findings:
The first theme discovered was that facilitating political advocacy requires program directors to have both leadership skills and years of nursing experience. Additional findings were that leadership skills were preferable to encourage faculty and staff accountability to program outcomes. The second theme was communication. Participants statements included that expert communication skills should be strategic. Hence the term Strategic Dialogue. All forms of communication (oral, written, and electronic) are required to facilitate BSN program standards, meet the demands of nursing practice and fill vacancies due to the nursing shortage. Participants stated that communication efforts should be purposeful containing a strategy for effect.

The last theme was how the participants described the relationship between communication skills and the impact on the workforce. It was described that using a working knowledge of politics helped to implement strategic dialogue in the college. Participants described how political issues may impact the school of nursing such as funding, how nursing students are educated to be practicing nurses, or how to fill vacancies in the nursing shortage, recruitment and retention of students, NCLEX pass rates, faculty qualifications, professional development, community image of the program and many other political issues. Participants shared that miscommunication may occur from a lack of a working knowledge of politics and participating as an advocate for change.

Implications for Nursing Practice:
The implication for practice is to educate nurses and nursing students that communication skills should be strategic. Emotional decision making can be hazardous. Lack of communication skills may hinder leader effectiveness and block efforts as change agents. Ineffective communication skills lead to conflict, hostility, anger, frustration, incivility and burn out. We need to integrate Strategic Dialogue into faculty and professional development programs in nursing schools or hospital education programs. Conduct simulation to develop curricula or professional programs to integrate strategic dialogue to improve professional communication skills. Integrate political issues, political theory, and or political skills as components of advocacy or assertiveness education or empowerment training.

Conclusions/Recommendation:
Participants agreed that whether the nurse is a leader at the bedside or the boardroom, communication requires strategy and a working knowledge of political skills.
Background and Significance: Psychological Empowerment (PE) fosters a proactive approach to life, knowledge about how to achieve goals, and an understanding of how to cope in the sociopolitical environment. Empowered individuals gain mastery over their lives and have higher perceptions of personal control (Zimmerman, 1995). A PE person “believes that he or she has the capability to influence a given context (interpersonal component), understands how the system works in that context (behavioral component), and engages in behaviors to exert control in the context (behavorial component)” (Zimmerman, 1995, p. 590). PE is a dynamic variable that can change over time; people may become more empowered over time and after varied life experiences (Zimmerman, 1995).

In relation to leadership, PE can be considered a motivational construct reflecting an active orientation toward one’s work that included four aspects: meaning, competence, self-determination (autonomy) and impact. Autonomy or self-determination refers to perceived control, the person feels able to shape their work. This scale has been used in more than 50 studies (Psychological Empowerment Instrument, n. d.) and has been demonstrated to have good reliability and validity (Cronbach’s alpha .93 for this study).

Objective Two: A literature review was done to determine the impact of leadership development and experience on PE.

Methods: Objective One: This study employed a descriptive cross-sectional design using an online survey. PE was measured using two scales, a 10 item PE instrument (Hampton, 1996) that consisted of two dimensions (Cronbach’s alpha .91 for this study) and a 12 item PE instrument (Spreitzer, 1995). The 12 item PE in the workplace scale measures a motivation construct composed of four sub-dimensions: meaning, competence, self-determination, and impact. These cognitions reflect an active orientation to work where the person feels able to shape their work. Correlation between age and PE as measured by the Hampton PE scale was r = .24, p < .0001; and impact (r = .22, p = .004). The correlation between age and PE as measured by the Spreitzer PE scale was r = .27, p = .0004; competence (r = .29, p < .0001); meaning (r = .24, p < .0001); self-determination (r = .16, p = .04); and impact (r = .22, p = .004). PE has been positively correlated with job satisfaction and organizational commitment (Ouyang, Zhou, & Qu, 2015), and is thus important for focus in leadership development programs. As leaders, we need to help build a toolkit to prepare ourselves and our team to best cope with workplace stressors, such as psychological violence and other negative experiences. A focus on strengthening empowerment is one way to do this.

Results: Objective One: Age was positively associated with PE. The correlation between age and PE, as measured by the Spreitzer PE scale was as follows: overall PE (r = .27, p = .0004); competence (r = .29, p < .0001); meaning (r = .24, p < .0001); self-determination (r = .16, p = .04); and impact (r = .22, p = .004). The correlation between age and PE as measured by the Hampton PE scale was r = .15 (p = .05).

Objective Two: Education focused on empowerment leads to increased self-reported use of empowering behaviors, the employment of empowering behaviors when working with others (MacPhee et al, 2014, MacPhee, Shelton-Green, Bouthillette, & Suryaprakash, 2012), and a more committed workforce (Dahinten et al, 2014).

Conclusion/Implications for Nursing Practice: PE is an evolving “leader strength” that can change over time and as an outcome of leadership development, as demonstrated by the results of this study. Continual efforts to foster PE of today’s nurse leaders is critically important to enable them to be successful in the challenging healthcare landscape (Spencer & McLaren, 2016). PE has been positively correlated with job satisfaction and organizational commitment (Ouyang, Zhou, & Qu, 2015), and is thus important for focus in leadership development programs. As leaders, we need to help build a toolkit to prepare ourselves and our team to best cope with workplace stressors, such as psychological violence and other negative experiences. A focus on strengthening empowerment is one way to do this.

References
Hands-Only Cardiopulmonary Resuscitation (CPR) Training Increases Participants’ Expressed Willingness to Initiate CPR

Shawn Nordheim, Ed.D., RN, CNE
Faculty, School of Nursing
Northern Kentucky University

Background: Fewer than half of individuals with out-of-hospital cardiac arrest receive bystander CPR before the arrival of professional rescuers (American Heart Association, 2018). Bystanders are often fearful to begin CPR due to the presence of body fluids and not knowing the victim. In 2010, American Heart Association issued new guidelines for Hands-Only CPR. It was hypothesized in this study that Hands-Only CPR training would be associated with greater bystander willingness toward CPR initiation. Objective: The objective of this study is to examine the impact of Hands-Only CPR training on bystander expressed willingness to initiate CPR. Methods: A school nurse taught seventh and eighth grade students Hands-Only CPR during their scheduled health class. If the students’ parents were willing to participate in the study, the student brought the Hands-Only CPR Training DVD home for their parents to view. The student could act as a resource to their parents since they were trained recently at school. Pretest and posttest surveys were used to determine the differences in willingness to initiate CPR before and after CPR training. Parent participants (n=101) were presented with eight scenarios where victims required CPR. Victims were categorized as: 1) relative, 2) neighbor 3) stranger, and 4) an unknown person with a slight amount of body fluids on their face. Findings: Study results revealed significant differences for the likelihood of initiating CPR (Pre to Post) among the four types of victims (p-value <0.0005). The most significant increases in CPR willingness after training occurred among strangers and victims with body fluids on their face. Therefore, Hands-Only CPR training can change participants’ expressed willingness to initiate CPR in those types of victims. Significance to Nursing: It may take emergency services up to 30 minutes to arrive in the rural areas of Kentucky. Early bystander CPR can double or triple the victim’s chance of survival (AHA, 2018). This study offered a creative way for parents to increase CPR willingness after training occurred among strangers and victims with body fluids on their face. Therefore, Hands-Only CPR training can change participants’ expressed willingness to initiate CPR in those types of victims.

Reference:

Applying Disney® Organizational Principles to Transform a College Culture

Audra Denker, DNP, MSN, RN
Executive Vice President of Prelicensure
Galen College of Nursing

Tracy Ortelli, PhD, RN, CNE, ANEF
Academic President Galen College of Nursing

Objective: Describe the factors that led to the decision to transform the culture of the college. Delineate the actions that were taken to transform the culture of the college. Discuss the outcome of this initiative and next steps.

Background: In 2017, a single purpose nursing college embarked on a journey to transform a college whose employees, students, and healthcare partners were ‘satisfied’, into an organization known for its extraordinary culture. This was a significant undertaking which required vision and the creation of a framework to guide this work. To begin, the college leadership, comprised of the chief executive officer, chief operating officer, academic president, and all senior-level vice presidents representing academics and operations, collaborated to evaluate the current culture and envision the preferred culture. Their work was facilitated by an expert in this area who was a former leader at Disney®.

The next step in this process was to develop the cultural architecture, which focused on leaders, employees, customers, reputation, and improvement. Each of these areas was further developed into meaningful topics which brought the framework to life. Included in this work was the creation of a Vision Statement, Unifying Goal, and the non-negotiable, prioritized, elements of the College’s decision tree. Following the creation of the cultural architecture, the college leaders created a day-long, interactive workshop which was attended by all faculty and staff. During the workshop, employees were provided practical tools that could be immediately used to help transform the culture. The ultimate goal of this endeavor was to engage all employees in creating an environment that offers students an experience that is more than an education, while also establishing the college as an extraordinary place to work. This session will conclude with insights gained throughout the process, the impact of this initiative on transforming the culture, and future plans for continuing with this work.

Significance to the Field of Nursing: This program will describe an initiative designed to transform the culture of a single purpose nursing college from ‘satisfactory’ to ‘extraordinary’. The reasons for embarking on this journey, the actions taken to transform the culture, the application of Disney® organization principles, the outcome of these efforts, and plans for the future will be presented. The work is also transferable to other organizations such as healthcare agencies.

Findings and Implications: The school was in the top 25 Best Places to Work in Kentucky which is determined by employee survey about the culture.
Pamela recently returned to Kentucky to facilitate two follow-up lectures to give nurses who participated in the APO E testing their results and to help them understand the tenets of the APO E gene diet program. This was an exciting opportunity for these nurses and will create lasting change in not only their health, but the health of their families.

Nurses also had the opportunity to experience three integrative modalities of their choice such as massage therapy, Feldenkrais, chair yoga, Reiki, mindfulness meditation, art therapy, Jin Shin Jyutsu or Healing Touch to learn the value for personal health or professional use, when referrals are appropriate. More than 50 practitioners volunteered their time to provide these sessions. Nurses with expertise in nutrition carefully planned delicious meals and snacks for the event—a different slice from traditional conference fare.

Kim Evans, MSN, BSN, APRN, RN, KNA Conference co-chair, concludes, “If this type of educational opportunity and testing can affect change that will improve the health of Kentucky nurses, imagine this as a model to change the health of nurses across the country. This is a huge step in creating healthy nurses and a healthy nation!”

Joined by their colleague Mary Ann Osborne, DNP, MSN, Pamela McDonald and Kim Evans spoke to more than 300 nurses at the KNA Conference about creating optimal health of body, mind and spirit.

Nurses took advantage of the opportunity for massage and additional healing therapies.
Although Kentucky is known for lives lost from accidental drug overdoses, there is a silent epidemic of youth suicide also rapidly rising. It is sad to hear in our very own communities and especially at such young ages, as reported recently in Central Kentucky, five lives under 14 years old were needlessly lost.

We will probably never know the circumstances and what brings students to the point of not seeing or hearing a message of hope and love. What we do know is that the American College of Health Association continues to report that throughout the country one out of six college students are depressed, one out of three college students are on mental health medications and one out of four college students self-injure.

We believe moral distress and mental health suffering can be countered through preventive measures via programs and practices such as these:

- **Engage in suicide prevention training**
  Learning skills to assess those with suicidal ideation and learning how to listen and guide youth to professional help.

- **Engage in mindful practices**
  Learning skills to pay attention to the present moment without judgment and in service of self-understanding and wisdom.

- **Engage with moral ethics**
  Learning skills to build confidence in one’s ability to establish or re-establish a moral value or standard and preserve integrity.

- **Engage with moral courage**
  Learning skills to stay emotionally balanced, to befriend fear or uncertainty, and to stand up for individual/collective values and principles.

- **Engage with self-stewardship**
  Learning skills to know oneself and compassionately respond to individual/collective limits and choose healthy and wholesome behaviors.

While the Kentucky Nurses Action Coalition works closely with legislators to actively engage in driving policy to strengthen safety and resilience in our schools, what can we do as educators and community leaders? Let’s start with a simple PAUSE to assess our individual roles at home and in our communities to address the challenges our students face today. It is up to us to let them to know there is always hope for better days!

**School Nurses are Vital to School Health and Safety Every School Needs a Nurse Every Day!**

- **A professional nurse**, as an integral team member, is an essential funded position for every public school in Kentucky.
- School-based nurses play an important role in decreasing absenteeism, promoting physical and behavioral health, assessing and referring students, managing chronic health problems, and maintaining adherence to mandatory health requirements.
- Because of their regular access to students, school nurses recognize that positive physical and behavioral health and a safe learning environment are fundamental to the academic success of students.
- As a part of a school health and safety team, school nurses play an active role in mental health screening that includes bullying, attention deficit hyperactivity, conduct and eating disorders, substance abuse, and other disorders that have a physical as well as behavioral component.
- School safety is paramount, and school nurses have the education, skills and expertise to recognize potential threats through a team approach with other school and mental health professionals to prevent violence.
- School health and safety cannot be separated, and for the total wellbeing of children, full-time professional nurses need to be a part of every school community every day.

**Check out these KNA Leadership Opportunities**

The Kentucky Nurses Association (KNA) Nominating Committee is looking for a diverse slate of candidates to serve in open offices. Those interested must be KNA members to participate.

For information including these 2019 forms: Nominations, Biographical Consent to Serve and Responsibilities of Elected Officials, visit Kentucky-nurses.org.

See election timeline:
Join KNA and ANA for just $15/month!

Membership Has Its Privileges

- Access to members only events, monthly E-News newsletter and the KNA mentoring program.
- Complimentary resume review and assistance.
- Priority consideration for conference presentation selection.

Best of all, your voice will be heard when we speak out on nursing issues. Together with KNA, ANA represents the largest and most inclusive group of registered nurses in the country. Now is the best time to join to advance your career, your profession and your patient's care. See our Membership Form on page 19 or join by visiting us online at Kentucky-nurses.org.

KNA New Member List (January-February 2019)

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KNA New Member List (April-May 2019)

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- Complimentary resume review and assistance.
- Priority consideration for conference presentation selection.

Best of all, your voice will be heard when we speak out on nursing issues. Together with KNA, ANA represents the largest and most inclusive group of registered nurses in the country. Now is the best time to join to advance your career, your profession and your patient's care. See our Membership Form on page 19 or join by visiting us online at Kentucky-nurses.org.
Kentucky Nurses Foundation Donor List
November 1, 2017 – March 1, 2019

Thanks to these generous donors for their contributions to the Kentucky Nurses Foundation through our “Honor – Remember a Nurse” and our “Love a Nurse Campaigns.” Funds go toward nursing research, educations and scholarships throughout the Commonwealth:

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Health Alerts Demonstrate Need for Nurse Involvement in Vaccine Administration

Ruth Carrico, PhD, DNP, APRN, CIC, FSHEA
President, Board of Directors
Kentucky Nurses Association

In the last issue of Kentucky Nurse, we added a new column called the “Quality Corner” where we can share and learn about healthcare quality activities occurring in the Commonwealth. In that first article, members of the Kentucky Hospital Association shared information about the activities that are present and impacting care provided in the more than 120 hospitals in Kentucky. In this issue, I want to share information regarding quality failures that reportedly occurred in communities across Kentucky and surrounding states. Hopefully, each of you are aware of the Health Alerts sent from the Kentucky Cabinet for Health and Family Services Department for Public Health in December 2018 and again in January 2019. These alerts addressed a cluster of adverse vaccination reactions including multiple local site infections with a mycobacterium species. The alerts stressed that there is NO EVIDENCE to suggest that these reactions occurred because of the vaccine or the syringes used to administer the vaccine doses. Instead, the evidence suggests that these reactions were due to the handling and administration of vaccine doses by a single healthcare provider and those working as part of that vaccination office. If you have not read these alerts, you may review these documents at https://chfs.ky.gov/News/Documents/shvaccination.pdf.

Apparently, there were no nurses involved in this process. Although you may, at first, be glad there were no nurses involved. However, upon further consideration, this is a cause of deep sadness because it means that the provider did not include the skill set that is present in those of us who are trained to perform procedures involving safe injection practice. The prevention of infection is a foundational element of nursing care and this outbreak is a stark reminder to those within our profession as well as the community. Every setting where healthcare is delivered should include the knowledge and competencies of practice that are part of nursing care and nursing education. Despite having positions that may be called “the office nurse,” all too often that person is not a licensed practical or registered nurse, although the public may think they are being cared for by a nurse. This current outbreak involves hundreds and perhaps many more patients who relied upon the delivery of safe and evidence-based care. Currently available information indicates that this did not happen. Another unintended consequence is the possibility that some in our community may lose confidence in their ability to receive safe immunization. As we are experiencing outbreaks of measles across the United States due to anti-vaccination sentiments and practice, we cannot afford to have the poor practices of some lead to vaccine hesitance and subsequent illness in our communities.

There are two activities that every nurse in Kentucky should do. First, ensure you are competent in performance of safe injection practice. If you are unsure of your knowledge and skill, then seek continuing education and skill validation. If injection of any kind is performed, there should be a nurse involved in practice review, policy development, skill validation, and outcome evaluation.

The following is a general review of safe injection practices that must be present as part of immunization. Injection safety is described in more detail at the CDC website https://www.cdc.gov/injectionsafety/.

• Performance of hand hygiene prior to vaccine handling and preparation;
• Knowledge of the vaccines to be administered, their preparation, handling, and administration;
• Safe handling of vaccines including cold chain management in the office setting and as part of mobile clinics or outreach;
• Selection, use, and disposal of needles and syringes used during immunization;
• Patient education before and after the vaccine is administered;
• Documentation of the vaccine(s) provided including vaccine brand name, lot number, expiration date, anatomic location of the administration site, date of administration, name and credentials of the person administering, and date on the Vaccine Information Statement (VIS) that was provided to the patient; and
• Response to any adverse reactions are identified or reported.

Second, be an advocate for the presence of a nurse in every setting where healthcare is delivered. As a nurse, wear your credentials proudly. There should be no question that you are a nurse. There should also be no opportunity for someone to imply that they are a nurse either by lack of a visible credential or through vague identification of their roles and responsibilities.

Be aware that the Kentucky Board of Nursing responds to situations where there is a ‘nurse impostor.’ KSS 314.031(1) states that it is “illegal for any person in the Commonwealth of Kentucky to represent or hold herself or himself out to the public to be a nurse without having obtained proper licensure as a nurse by the Kentucky Board of Nursing.”

Please visit the KNA website at Kentucky-nurses.org for information regarding an educational review of safe injection practice as well as tools and resources you may use in your own professional development. Share this information with others you feel may benefit. There are also infection preventionists working in hospitals, long term care facilities, and other healthcare settings who have specific expertise in infection prevention and control. Reach out to them for assistance as a trusted colleague with whom you can partner. Remember that, again, the general public has recognized nurses as the most trusted profession. Continue to earn that trust and make sure patients are cared for in safe manners. Clearly, this latest health alert shines a bright light on the importance of nurses and the consequences that may occur without our expertise.
Thank you for the opportunity to provide information about the Kentucky Board of Nursing (KBN) and its adherence to its mission of protecting the health and safety of the public. I am providing an overview of the processes related to the oversight and regulatory activities regarding the prescribing of controlled substances by APRNs.

The enacted protections corresponded with a decrease in prescribing of opiates by APRNs, physicians, and dentists, as shown below.

What are the requirements for APRNs who prescribe?

The Kentucky Administrative Regulation 201 KAR 20:057 Scope and Standards of Practice for APRNs has been amended eight times since 2012 with changes that address various aspects of practice on the part of the licensee and scrutiny by the Board. For example, APRNs shall:
- Report all DEA registrations to the Board
- Query KASPER prior to prescribing controlled substances and document in the patient’s record
- Record ID numbers or retain the KASPER report in the chart for each query

How is an investigation of complaints conducted?

First and most importantly, investigation of complaints of APRN prescribing irregularities and noncompliance are prioritized above other complaints received by KBN and a notice of charges is issued within 120 days.

For more information contact Sonia Joyner, Human Resources Director, at (859) 268-6477.
Complaints against APRNs are initiated by the KBN in a number of ways, many of those being driven by KBN. The Board routinely reviews KASPER data to identify potential illegal trends in prescriptions, and combs through information gathered from other investigations, shared through phone calls, emails, and media accounts. This is all in addition to the information provided by our partners and others at:

- DEA
- Local and state law enforcement agencies
- Office of Inspector General, Drug Enforcement and Professional Practices Branch
- Cabinet for Health and Family Services
- Kentucky Board of Medical Licensure
- Kentucky Board of Pharmacy
- Pharmacists
- Enforcement and Professional Practices Branch

We also receive information from:

- Employers
- APRNs
- Patients
- Public at large

Investigations are conducted by experienced nurse investigators. The Board uses its subpoena powers and makes on-site practice investigations when warranted. The Board is currently in the process of identifying and hiring a dedicated APRN Nurse Investigator.

To date, KBN has taken the following actions:

- 15 limitation/probation actions
- 305 Townepark Circle, Suite 100, Louisville, KY 40243
- Phone: (502) 245-2843 Fax: (502) 245-2844 • Email: admin@Kentucky-Nurses.org

On the positive side, how are Nurse Practitioners, specifically, and APRNs are helping in the battle against opioid addiction?

Prior to January 18, 2018, no APRNs had the authority to prescribe buprenorphine, a controlled substance, used as a treatment for opioid addiction. Then Congress enacted Public Law 114-198. The law provided temporary authority for NURSE PRACTITIONERS only, to prescribe buprenorphine for medication assisted treatment.

In response, KBN filed 201 KAR 20:065 Professional standards for prescribing Buprenorphine-MonoProduct or Buprenorphine-Combined-with-Naloxone by APRNs for medication assisted treatment for opioid use disorder to clearly lay out the parameters for this additional prescribing authority. The regulation was effective January 18, 2018. To meet these requirements nurse practitioners are required to complete 24 hours of specified training to apply for the DEA waiver. Nurse Practitioners are allowed to prescribe for only 30 patients in their first year of this authority. After one year, they may apply for additional patients up to 100.

Since January 2018, 167 Nurse Practitioners have met the requirements and may prescribe for 30 patients. In addition, 68 Nurse Practitioners have met the requirements that allow them to prescribe for 100 patients.

On October 24, 2018, recognizing that Nurse Practitioners were helping in the battle against opioid addiction, President Trump signed Public Law 115-271 that permanently allows ALL APRNs who meet the requirements to prescribe buprenorphine for medication assisted treatment for opioid addiction. Amendments to 201 KAR 20:065 which will allow all APRNs the opportunity to seek the training and apply for the waiver will go before the Administrative Regulations Review Subcommittee next month.

Currently 29 of Kentucky’s 120 counties do not have MD or APRN providers practicing in those counties prescribing medication-assisted treatment. With the proposed changes, more treatment for Kentuckians with opioid addiction will become available.

Thank you for the opportunity to provide this information to you.

Respectfully,

Pamela C. Hagan, MSN, RN Acting Executive Director Kentucky Board of Nursing 502-429-7181
PamelaC.Hagan@ky.gov

KNA Centennial Video
Lest We Forget
Kentucky’s POW Nurses

This 45-minute video documentary is a KNA Centennial Program Planning Committee project and was premiered and applauded at the KNA 2005 Convention. “During the celebration of 100 years of nursing in Kentucky—Not To Remember The Four Army Nurses From Kentucky Who Were Japanese prisoners for 33 months in World War II, would be a tragedy. Their story is inspirational and it is hoped that it will be shown widespread in all districts and in schools throughout Kentucky.

POW NURSES
Earleen Allen Frances, Bardwell • Mary Jo Oberst, Owensboro
Sallie Phillips Durrett, Louisville • Edith Shacklette, Cedarflat

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MSN, RN Acting Executive Director
Kentucky Board of Nursing
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Kentucky Nurses Association

Pamela C. Hagan
MSN, RN Acting Executive Director
Kentucky Board of Nursing
502-429-7181
PamelaC.Hagan@ky.gov
KNA Highlights the Importance of Joining a Professional Nursing Organization

Benita Chatmon, PhD, MSN, RN, CNE
Instructor, LSU School of Nursing

Nicole Thomas, MSN, RN, CCM
Instructor of Clinical Nursing at Louisiana State University

Members of the Kentucky Nurses Association (KNA) stand behind ANA by representing its members to provide advocacy through collaboration with state legislators. Specifically, KNA hosts an annual convention or summit, myriad of continuing education offerings and Nurses Day at the Kentucky State Capitol. Its members serve on state and national policy councils and boards. In addition, KNA members have more access to peers and mentors than any other professional member organization in Kentucky. KNA membership benefits include:

- Access to staff for help with information and resources related to nursing, nursing practice, education, scholarships and a variety of additional topics.
- Eligibility for nomination to state boards, commissions and agencies.
- Liaison information to state agencies, healthcare organization and the media.
- Discounts for the KNA Convention, Summit and all other programs offered by the KNA regarding nursing practice, leadership, legislative activities and other important issues.
- Discounts on KNA products and services.
- Opportunities to participate in campaign activities through KYN-PAC.
- Networking opportunities in many areas: practice, legislation, academics, research, etc.
- Access to KNA’s members-only section of the KNA website.
- Full-time lobbying representation in Frankfort and at the nation’s capital to ensure that nursing has a voice in legislative activities.
- Eligibility to apply for KNA scholarships.
- Access to members only events, monthly E-News newsletter and the KNA mentoring program.
- Complimentary resume review and assistance.
- Priority consideration for conference presentation selection.
- Access to mentorship.

While the role of nurses is one that is complex, nurses must demand a seat at the table. With the assistance of professional nursing organizations, nurses are mentored in career development, healthcare policy, and the use of evidence in clinical practice. Join KNA and ANA, where you become the catalyst for change in the profession of nursing.

References


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Membership Activation Form

For dues rates and other information, contact ANA’s Membership Billing Department at (800) 923-7709 or e-mail us at memberinfo@ana.org

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Please Note: $20 of your membership dues is for a subscription to the American Nurse and $27 is for a subscription to American Nurse Today. American Nurses Association (ANA) membership dues are not deductible as charitable contributions for tax purposes, but may be deductible as a business expense. However, the percentage of dues used for lobbying by ANA is not deductible as a business expense and changes each year. Please check with ANA for the correct amount.

Go to JoinANA.org to become a member and use the code: ADKNA15

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Join the Race Against Cancer in the Commonwealth

Play a Role in Research by Volunteering for this Study

We are interested in improving understanding of the causes of cancer and methods for non-invasive early detection of cancer in men and women. This study will involve a one-time visit to complete a brief health survey and a small blood sample. Results from this study will be used to guide us in making decisions about the development of a long-term Kentucky-based study to improve cancer outcomes.
You may be eligible to participate in this study if you:

- Have lived in Kentucky for the past 3 years
- Currently reside in Christian, Fayette, Hart, Jefferson, Perry, or Powell County
- Are between 40 and 79 years old
- Have no history of cancer

The interview will take about 35-40 minutes & participants will be compensated.

For more information or to take part in this study, please contact:

Dr. Richard Baumgartner, Dr. Kathy Baumgartner or Dr. Stephanie Boone at the University of Louisville by email or phone (rnbaum01@louisville.edu, kbaum01@louisville.edu | 502-852-1894 stephanie.boone@louisville.edu | 502-852-2257)

In Collaboration with: