A Message from our President: Mary Nasuta

Happy New Year to the Amazing School Nurses in Maryland!

Thank you for all that you do for the students in Maryland schools. Your work is important, meaningful and appreciated by families around our state.

Although New Year’s Resolutions can be difficult to maintain, I hope you will consider incorporating some of these ideas into your practice. These are some of my favorites (http://allnurses.com/general-nursing-discussion/50-resolutions-nurses-966205.html):

1. I will attend the upcoming National Association of School Nurses Annual Conference in Baltimore on June 30th through July 3rd.
2. I will eat lunch every day (even if it late).
3. I will befriend the new nurse and make her/him feel welcome.
4. I will make it a point to smile more in school.
5. I will get that National Certification in School Nursing.
6. I will review the mechanics of lifting and use them every time I lift.
7. I will find a comfortable pair of shoes.
8. I will give tired, overworked doctors (and doctor’s offices) the benefit of the doubt.
9. I will visit my doctor and ensure I am healthy.
10. I will listen more to my students.
11. I will not go a whole work day without using the restroom.
12. I will exercise more.
13. I will not save all my charting until the end of the shift.
14. I will not grumble about renewing my certifications and licenses.
15. I will review the five rights and make it a point to use them every time I interact with a patient.
16. I will take up meditation to ease my stress.
17. I will dedicate myself to furthering my education.
18. I will stop obsessing over social media on my off time and pay more attention to my family and friends.
19. I will try to make every student I encounter smile at least once.
20. I will learn something new everyday that makes me better at my job.
The annual MASHN conference was held on November 18, 2017 at the Princess Royale Oceanfront Resort in Ocean City, Maryland. School nurses from across Maryland, Virginia, Delaware, and Washington, DC left their hectic practices behind and joined their colleagues for an enriching, informative, but most of all enjoyable weekend. The warm hospitality of the resort and scenic ocean views contributed to the overall enjoyment of the conference events.

Nurses gathered early to register, enjoy the sumptuous breakfast buffet, visit suppliers, purchase the latest in school nursing items, and connect with old and new colleagues. MASHN President, Mary Nasuta conducted the annual meeting and recognized one of her own Harford County nurses, Debbie Kaufman, RN as School Nurse of the Year.

Carolyn Nganda-Good, a student from the University Of Maryland School Of Nursing followed the meeting with a brief status report of her recent study of the public health nursing workforce of which school nursing is represented. It was not a surprise to the audience to hear about our aging group and salary range disparities.

Kathy Pagana, PhD, RN opened the sessions with her interactive presentation, “Generating Momentum to Energize your Career”. She left us empowered to fulfill our goals and aspiration in our personal and professional lives. Marcee White, MD followed with her dynamic presentation about adverse childhood experiences that have a “direct and synergistic impact on healthy development and lifelong health of individuals.”

Attendees enjoyed a delicious and bountiful buffet in the Crystal Ballroom as well as visiting the exhibitors and shopping at the Ways and Means Table. Although feeling full and somewhat guilty for eating the tempting and delectable desserts, nurses reconvened for the afternoon sessions.

Jennafer Kwait, PhD and Tim Elliott, LCSW opened the afternoon sessions with their informative presentation of the LGBTQ population. It left us more knowledgeable and sensitive to the needs of our diverse population. Mark O’Brien, JD closed the day with alarming facts and statistics about the Opioid addiction plaguing not only our state but nationally.

Wrap-up, evaluations, and awarding the eagerly awaited CEU’s closed the conference day. Some nurses bid farewell, others lingered, and some stayed overnight to view the surf and enjoy the sights of Ocean City. What a stimulating, informative, and enjoyable day it was. The majority of attendees expressed their positive comments about the day and offered suggestions for future conferences.

Barbara Masenior, Conference Chair
Recertification News – Keep your certification current! Remember that re-certification is required 5 years after your initial certification and 75 credits are needed. Enter your contact hours into your online account if you attended the Nov 18th MASHN conference. Keep a paper file of certificates and transcripts handy and ready to fax if you are 1 in 20 who are audited.

More information and register at http://www.nbcsn.org/Registration opens November 19, 2017, and closes January 29, 2018, at 11:59 PM. The Score Report to be sent within 8 weeks of March 14 (i.e., by May 9, 2018)

Summer Testing Window: July 12–August 1 Registration opens March 15, 2018, and closes June 12, 2018, at 11:59 PM with Score Report to be sent within 8 weeks of August 1 (i.e., by September 26, 2018)

Fall Testing Window: November 1–November 14 Registration opens August 2, 2018, and closes October 1, 2018, at 11:59 PM. The Score Report to be sent within 8 weeks of November 14 (i.e., by January 8, 2019)

Feel free to contact your Maryland liaisons: Jan Brant at jbrant@parkschool.net or Donna Lyman at lymandk@gmail.com. Follow us on Twitter @NCSNNurse!

(NBCSN is experiencing some network difficulties. You cannot logon email certification@nbcsn.org.)

Recertification News

Maryland’s Nationally Certified School Nurses

Aiken, Rebecca
Bailey, Stacey
Balazek, Barbara*
Boutin, Cynthia
Branaman, Penelope
Brant, Jan
Broderick, Mary
Butler, Sarah
Delahay, Cherry
Deselms, Karla
Eggerl, Sandra
Escobosa, Joann
Figliuzzi, Coleen
Floyd, Elaine
Foraker, Victoria
Fulford, Melanie*
George, Julia
Healy, Marilyn
Higgs, Tracey
Hutchins, Carolyn
Keneally, Shelley*
Knole, Christine
Larzelere, Deborah
Lowien, Dana*
Luken, Mary*
Lutz, Cynthia
Lyman, Donga
Marineli, Gail*
Martin, Bernadette
Mazyck, Donna
McDuffie, Jeanne
McHale, Susan
Metcalf, Tammy
Mumbert, Karen*
Nasuta, Mary
Ness, Michelle
Pine, Bernice
Polack, Barbara
Qano, Doris*
Ratych, Christine
Regan, Anne
Reilly, Jacalyn
Robeson, Katherine
Rudolf, Elizabeth
Schoendorf, Anne
Storm, Stacey
Tabak, Kelly
Torpey, Karen
Vickers, Cathleen
Wagaman, Kerrie
Walsh, Mary
Ward, Amy
Weber, Deborah
Wentz, Kristy
White, Jennifer*
Williston, Nancy*
Wince, Patricia
Wise, Sharon

*NEW 2017
+ transfer from AK

National Board Certification School Nurse (NBCSN) Retrospective Scholarship Reimbursement

Do you pay for the exam out of your own pocket? Are the requirements for this scholarship too stringent? I’m curious as to why no one has ever applied for this scholarship. This opportunity is in jeopardy from being removed in the next year’s budget if found not to be needed in the Maryland School Nursing community.

Qualifications for Retrospective Scholarship Reimbursement:

3 yrs. continuous active membership in MASHN/NASN (because 3 yrs. of School Nursing practice is recommended prior to application). 3 yrs. can be determined from time of application.

Pass the Board exam in the previous 2017 year.

School nurse has not received funds from any other professional resource.

Application includes:

- Answering how they would like to become involved with MASHN (MASHN BOARD involvement supports the recertification process).
- Sharing activities at school that enhance their school nurse program.
- Demographics: name, address, school district, years in school nursing, years a MASHN/NASN member.
- Your area of school health.
- Statement disclaimer of not having received funds from other professional resources such as school district reimbursement.

Details:

- Create a document and email as an attachment to lymandk@gmail.com AND jbrant@parkschool.net
- Make sure the attachment is electronically signed, dated, and contains all contact information and aspects of the application as listed above.
- Submit by MARCH 1st of 2018.
- If there is more than 1 Nurse applying for the scholarship, the MASHN/NBCSN liaisons will review to select.

All decisions will be final.

The award:

A decision will be made by April 1, 2018, no foolin’.

*NEW 2017
+ transfer from AK
MASHN Volunteers Needed for NASN Conference

June 30-July 3, 2018

Want to represent your state and meet school nurses from around the country. If so, take advantage of this wonderful professional opportunity to get involved with the NASN Conference by volunteering at the hospitality desk.

Interested members should send an email to nancymattucci@yahoo.com. We will be scheduling 30 and 60 minute shifts for most of the conference and we will need your help.

The National Association of School Nurses 2018 Convention will be in Baltimore, MD!

Please consider applying for the Carol Costante NASN Scholarship! The application is available at our website: https://mashn.nursingnetwork.com/ The scholarship is available for school nurses who are first time attendees to a NASN conference and provides $500 towards NASN registration. Applications are due by 2/28/18.
This nomination for School Nurse of the Year is to honor someone who exemplifies the best in school nursing practice through clinical expertise, research and education, management, mentoring, advocacy and/or leadership. Please consider your school nurse colleagues carefully and nominate that professional school nurse whose excellence in practice is stellar! The application is available on the MASHN website.

Procedure for Submission of an Application

Portfolio to include:

- Curriculum Vitae limited to personal education, employment, research, publication, and service related in school nursing (4 page maximum).
- Narrative written by nominator describing the nominee’s significant contributions that advance school nursing practice. Narrative must be signed by the nominee.
- Two letters of support or recommendation describing the nominee’s specific qualifications for the award

The scoring criteria totaling 100 points are as follows:

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<tr>
<th>Category</th>
<th>Points</th>
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<tbody>
<tr>
<td>Education</td>
<td>15</td>
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<tr>
<td>Communication</td>
<td>15</td>
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<tr>
<td>Leadership</td>
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<tr>
<td>Collaboration</td>
<td>15</td>
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<tr>
<td>Program Management</td>
<td>20</td>
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<tr>
<td>Community Involvement</td>
<td>15</td>
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The total portfolio should be a **maximum of 10 pages including the nomination form.** The entire portfolio **must** be submitted electronically (Microsoft Word format or PDF file) and in paper in an 8 ½ “ x 11” envelope. The portfolio should be sent to Mary Nasuta. The electronic copy must arrive no later than **March 30, 2018.** The mailed original, signed paper application must be postmarked by **March 30, 2018** and sent to Mary Nasuta, 102 S. Hickory Avenue, Bel Air, MD 21014.

We are pleased to present our current School Nurse of the Year, Ms. Debbie Kauffman from Harford County Maryland.

Ms. Kauffman has been a registered nurse for 41 years and the school nurse at Fountain Green Elementary School for the past 14 years. She is also former recipient of the Harford County School Nurse of the Year.

Ms. Kauffman is a graduate of the Harford Community College nursing program and began her career in medical-surgical nursing and achieved national certification.