"Safe2Say Something" Anonymous Reporting System to Launch in January ’19

Kathy Verbel, MEd, BSN, RN,NCSN

Early in December, Dr. Joseph H. Clapper, Assistant Executive Director of the PA Principals Association shared this letter with administrators across Pennsylvania, announcing the soon to be released "Safe2Say Something" (S2SS) Anonymous Reporting System. Suspicious behaviors, safety concerns, or firsthand knowledge will soon be able to be reported anonymously to this line, manned 24/7 through personnel at the Office of the Attorney General (OAG). All tips from a caller will be received and triaged by the Crisis Center at the OAG. Once information has been gathered by the Crisis Center, it is then sent electronically to the School / District Team and, as needed, local police to review and act upon.

Please review the letter. Links are included with FAQs and a PowerPoint presentation detailing the program. Many school district safety and security officers have already completed special training on S2SS ensuring they are up to speed when it goes live on 1/14/19. Reach out to your administration to learn how your district is involved if this has not already been shared with you.

“In June 2018, Gov. Tom Wolf signed school safety legislation as part of a response spurred by the Parkland High School in Florida’s horrific shooting in February 2017 that killed 17 people. Act 44 mandates the establishment and use of the "Safe2Say Something" (S2SS) Anonymous Reporting System by every Pennsylvania school entity by January 14, 2019.

S2SS is a life-saving and life-changing school safety program that teaches students, educators and administrators how (1) to recognize the signs and signals of individuals who may be at risk of hurting themselves or others; and (2) to anonymously report this information through the S2SS app, website or 24/7 Crisis Center Hotline. Click here to view the Frequently Asked Questions and PowerPoint presentation.

We encourage you to review this information and discuss it with other educational leaders in your school district.”

Philadelphia School Nurses and Community Partners Scores Big! Improving Children’s Vision

by Sherran Grey MEd, BSN, RN

Having good vision is important to all of us. Good vision impacts academic outcomes. As school nurses we are aware that 80 percent of learning is visual. According to the Eagles Foundation’s website (“Off the Field 20/20 Is...”, 2018) one in five children have vision problems. It was also stated by the foundation that 60 percent of public-school students who fail vision screenings do not get needed follow up care. I am blessed to work in a district filled with nurses who are creative and innovative. These nurses are strong advocates for their students. It is that commitment to advocacy which lead to school nurses searching for ways to improve access to vision care in Philadelphia. Thanks to former nurse supervisors such as Margaret McNally, MSN, BSN, RN and others advocating for children who needed vision care but were not able to access it. To bring about a solution, Mrs. McNally along with other nurse supervisors and school nurses started engaging various community organizations and major hospitals. Through effective dialogue they were able to win support for the students. Arrangements were made for school busses to transport children to ophthalmology clinics. Many school nurses volunteered to travel with students on a selected day, usually a Saturday, to Will’s Eye Hospital or Scheie Eye Institute. There the
A Message From Our President

Kathy Verbel, M.Ed, BSN, RN,NCSN

With the 100th day of school just around the corner, the first half of the school year will soon be behind us as we plan for the milestone events that will round out the remainder of this 18’-19’ term. I challenged you in my fall message to be a “force for the future”. As the medical provider in your building(s) and school health expert, recall an event in which you were the force behind an optimal outcome for a child this year. I know there was one. Congratulations! Whether it be large or small, your work impacted students’ futures. Hold on to that momentum as you welcome 2019.

A great way to maintain that energy is by immersing yourself to experiences that will nourish your school nurse practice and expand your cache of go-to strategies you use regularly during student contacts to effect children’s wellbeing and learning.

Attending the 2019 PASNAP Annual Conference 3/29/19-3/31/19 in State College is one of the best ways I know to accomplish this. It will recharge your practice! Lori Kelley, our conference chair, and her team have planned another exceptional event, “School Nursing: Elevating the Standard”. We are excited to have Janice Selekman, editor of “School Nursing: A Comprehensive Text” and sought-after national speaker, as keynote speaker. Her presentation will explore issues that children with chronic conditions face regularly and approach them with a novel focus. PASNAP is honored to have NASN President, Nina Fekaris, join us as general session speaker. Nina will speak to the importance of using our “Voice” to advocate for students and school health. You will leave this session feeling empowered. With a gamut of pre-session and breakout session speakers covering a wide range of topics, and concluding Sunday with Legislative and School Health Updates, this conference has subjects for everyone. Don’t miss out. Register now! Book your room. Go to www.pasnap.nursingnetwork.com, upcoming events, to check out the conference brochure, then register.

Pennsylvania has outstanding School Nurses and School Nurse Administrators. Show your appreciation. Let others know. It’s time to nominate peers for the “Excellence in School Nursing Awards”. Applications and qualifications for nominees can be found on the PASNAP website under “Member Information”. The deadline to submit the one-page applications for the Regional School Nurse of the Year and / or Regional School Nurse Administrator of the Year is 1/23/19. Don’t wait. Complete applications need to be submitted to your region representative at pasnapnurses@gmail.com. Award winners will be celebrated at the conference Awards Dinner, Saturday evening, 3/30/19.

Never forget that you ARE the force of school health. Your efforts influence the lives of the children in your charge every day, advocating for their futures.

I look forward to greeting old friends and making new ones at the conference this March.

Best wishes for a healthy and happy New Year!

“They may forget your name, but they’ll never forget how you made them feel” - Maya Angelou
Sue Fitzsimons, PhD, RN, senior vice president of patient services and CNO at Yale-New Haven (Conn.) Hospital once said “Rejoice in your work; never lose sight of the nursing leader you are now and the nursing leader you will become.” School nurses are inherently leaders within their districts and school. We educate and care for our students and the school staff. It is our responsibility to elevate the standard of care for our students through direct care and through advocacy at a local, state and national level. This year’s conference has been designed to provide school nurses information needed to elevate the standard of school nursing practice.

There are so many wonderful sessions scheduled for this year. You can view them all in our Conference Brochure. In addition to the link in this article, the brochure and registration link will be posted to our website. Registration and payment will be exclusively taken through our secure online site. As always, our conference offers you an excellent educational opportunity, with nationally recognized speakers, for a reasonable price!

Our pre-conference will include a session presented by Dr. Miller of the Adolescent Program of Children’s Hospital of Pittsburgh. She will discuss the complexities of confidentiality issues that surround caring for adolescent students within the school setting.

Dr. Miller will join Fern Gilkerson, MA, and Jennifer Thompson, Esq in a session to discuss the connection between adolescent relationship abuse, including reproductive and sexual coercion, and health issues such as unplanned pregnancy, STIs and other complex health experiences. The Pre-Conference will also offer the opportunity to fulfill our bi-annual obligation for mandated child abuse training “Recognizing and Responding to Children at Risk, a presentation of the Suspected Child Abuse & Neglect Program of the PA Chapter, American Academy of Pediatrics.”

The keynote address will be presented by Janice Selekm DNSc, RN, NCSN, FNASN, who literally wrote the book on school nursing. After her dynamic presentation at the NASN conference in Baltimore, there was a line of school nurses asking her to present at their State Conference. Pennsylvania was very fortunate that she accepted our invitation. Her presentation discusses a new view on students with chronic illnesses and the nurses that care for them. The general session speaker is NASN President, Nina Fekaris, MS, BSN, RN, NCSN. She will discuss the importance of the school nurse VOICE. In addition to these well respected and compelling speakers, there are many options for the 2 breakout sessions on Saturday afternoon discussing the varied needs of our students. In response to last year’s conference evaluations, the break out speakers that have been traditionally in high demand, Dr. Olympia and Dr. Dahlsgaard, will provide their sessions during the first and second breakout sessions. This will allow for more opportunity and flexibility to attend their sessions. Finally, don’t forget to check out the poster presentations and our valuable vendors!

After the fantastic learning experience, we will enjoy Saturday evening with our School Nurse Excellence Awards dinner and legislative auction winners. Afterwards, you can take advantage of some valuable down time, make a new friend, collaborate with colleagues, or take some time for yourself with a dip in the pool or a gym work out.

Sunday will end our conference with the happenings in Harrisburg. Jill Colodgo, Director of the Division of School Health for the PA DOH, will provide us with the latest information from the Department of Health. In an attempt to highlight what is most important to the CSNs across the state, this session will be provided in a question answer format. Please review her presentation and email any question to pasnapnurses@gmail.com by March 15,2019, so that your questions can be addressed. We will also hear from Morgan Plant, our lobbyist who will update us on legislation that affects our students.

As always, Act 48 credits and AANP CE credits will be awarded to conference attendees after completion of their online evaluation.

The Penn Stater is a wonderful facility and is always in demand. Reservations can be made at the Penn Stater today using the code PAAC19A. Budget minded? Looking for a roommate to reduce expenses? Email us at pasnapnurses@gmail.com. Our region reps may be able to put you in contact with other nurses looking for a roommate. Don’t forget, the conference fees also INCLUDE MEALS! Refer to the brochure for the details. Whether it be for a day or the weekend, please take this opportunity to attend this educational event and to network with your professional colleagues across the state.


DON’T DELAY! REGISTER NOW!
PASNAP MEMBERSHIP BENEFITS WITH ACT 48
Submitted by Karen Flad MSN, RN, CSN

Below is a reminder our current PASNAP guidelines for submission for ACT 48

The Pennsylvania Association of School Nurses and Practitioners is an approved provider of Act 48 credit hours through the Pennsylvania Department of Education.

For PASNAP members who have completed a NASN program and would like Act 48 credit:

1. Send the certificate of completion electronically to pasnapnurses@gmail.com
2. In the body of the email, include your NASN ID and your Pennsylvania Professional ID.
3. The PASNAP Act 48 Coordinator will submit your information to the PDE and send you a confirming email when complete.

As a member of PASNAP, you can apply to have your educational presentation/conference accepted for Act 48 credit.

You must complete the following:
1. Complete the Act 48 abstract form. When saving your document, please title the file by the presentation name and date. Please note that time in actual activity must be at least one hour.
2. Send the completed abstract electronically to the PASNAP webmaster at pasnapnurses@gmail.com. Be sure to include your name and NASN id number.
3. If the presentation meets the accepted guidelines, you will receive the following electronically:
   ~ A sign in sheet to be completed by all applicants. This must include their PA Professional Personal ID number.
   ~ For NASN/PASNAP members, the credit hour application is free
   ~ An evaluation form for each attendee to complete at the end of the program.
   ~ A summary of evaluation to be completed by the requestor of the program.
4. All hard copies are to be sent to the PASNAP Act 48 Coordinator within 10 days of the presentation (name and address will be sent to you with above paperwork). This includes sign in sheets, evaluation forms, and summary evaluations. Hours cannot be submitted to the Department of Education without completion of all criteria.

Need to get your Professional ID number from the Department of Education? Click Here

THIS YEAR WE HOPE TO OFFER THE START OF ACT 48 ON-LINE PROGRAMS AS A BENEFIT OF MEMBERSHIP. CURRENTLY PASNAP IS LOOKING FOR QUALITY SUBMISSIONS FOR A TAPED ACT 48 OFFERING IF YOU ARE PRESENTING A SPEAKER PRESENTATION OF A MINIMUM OF AN HOUR LENGTH. AN ABSTRACT FOR APPROVAL WOULD BE COMPLETED BY THE PRESENTER(S). ONCE APPROVED INSTRUCTIONS ON HOW TO OBTAIN A COPY OF THE POWER POINT PRESENTATION AND TALK WOULD NEED TO OCCUR PRIOR TO THE PROGRAM. THESE OFFERINGS WOULD THEN BE OFFERED AT A LATER TIME ON OUR OWN PASNAP WEBSITE FREE FOR PASNAP MEMBERS ONLY. THIS WE HOPE TO HAVE AS A CONTINUED BENEFIT OF MEMBERSHIP FOR OUR MEMBERS BE-SIDES WHAT IS OFFERED ON THE NASN WEBSITE. IF YOU HAVE ANY IDEAS OF POSSIBLE TOPICS/PRESENTERS PLEASE CONTACT ACT 48 THROUGH EMAILING US THROUGH THE PASNAP WEB-MASTER AT pasnapnurses@gmail.com.

By working together we can make a difference to our membership!
The 2018 Physical Activity Guidelines Encourages Movement in Everyone

Submitted by Charlene Koretz
MSHE, BSN, RN, CSN

The 2018 Physical Activity Guidelines Advisory Committee [PAGAC] submitted its Scientific Report to the Secretary of HHS in February 2018. The Physical Activity Guidelines is an essential resource for health professionals and policy makers. The report includes recommendations for Americans ages 3 years and over and provides evidence-based advice on how physical activity can help promote health and reduce the risk of chronic disease.


MAJOR FINDINGS from the 2018 PAGAC are summarized below.

- Some benefits of physical activity happen immediately. A single bout of moderate-to-vigorous physical activity will reduce blood pressure, improve insulin sensitivity, improve sleep, reduce anxiety symptoms, and improve cognition on the day that it is performed.
- Most of these improvements become even larger with the regular performance of moderate-to-vigorous physical activity.
- Other benefits, such as disease risk reduction and physical function, accrue within days to weeks after adopting a new physical activity routine.
- Physical activity reduces the risk of many diseases and conditions.
- Greater volumes of moderate-to-vigorous physical activity are associated with preventing or minimizing excessive weight gain in adults, maintaining weight within a healthy range, and preventing obesity.
- Higher amounts of physical activity are associated with a reduced risk of excessive increases in body weight and adiposity in children ages 3 to 17 years.
- More physically active women are less likely to gain excessive weight during pregnancy and are less likely to develop gestational diabetes or develop postpartum depression than their less active peers.
- Regular physical activity provides health benefits to children as young as ages 3 to 5 years.
- For older adults, physical activity reduces the risk of falls and fall-related injuries.
- Regular moderate-to-vigorous physical activity reduced the risk of breast and colon cancer, as well as cancers of the bladder, endometrium, esophagus, kidney, lung, and stomach.
- The 2018 Committee concurs with the target range of 500 to 1,000 metabolic equivalent [MET]-minutes of moderate-to-vigorous physical activity (or 150 to 300 minutes per week of moderate-intensity physical activity) suggested in the 2008 Scientific Report. However, since half the U.S. adult population does not currently attain this level of physical activity and 30% of the population reports doing no moderate-to-vigorous physical activity, major improvements in health are available from modest increases in regular physical activity for a large segment of the population!
- All Efforts to promote physical activity can be effective even if they do not reach the weekly target range, especially if they will reduce inactivity.
- Individual-level interventions can increase the volume of physical activity performed by youth and by adults, especially when the interventions are based on behavioral change theories and techniques.
- School-based, especially multi-component, programs and community-wide physical activity programs can be effective.
- Environmental and policy changes that improve access to places where people can be physically active, modify the built environment to better support physical activity behaviors (including physically active transport), and that, in general, make it easier for people to be physically active can be effective.
- Information and communication technologies, including wearable activity monitors, telephone and smartphone...

Continued on page 7
I would like to advocate that PA. school nurses work together to improve the CSN’s caseload in Pennsylvania and nation-wide. We are challenged everyday with the ever increasing complex physical and social needs of students assigned to his/her care. The daunting task of providing a safe and healthy environment for our students is paramount for learning. Teachers and administrators while being a great source of educational knowledge are not trained nursing professionals. The Certified School Nurse (CSN) must be too able to assume the responsibility of providing quality healthcare to each student as well as recognize the faith entrusted upon them by the parents. Students today are faced with heightened instances of chronic diseases, allergies, communicable diseases, and drug and alcohol issues. The CSN must consistently be aware and educated on changes in medications, treatments and current issues that could adversely affect the students under the nurse’s caseload.

The American Academy of Pediatrics (2008) and the National Association of School Nurses (NASN) recommend a ratio of one school nurse to every 750 students. Many schools in PA. and across the United States do not meet this recommendation. The result of this is that students who become ill or injured during the school day may not see a school nurse and likely will be evaluated by a school employee who does not have the knowledge or skills to complete an accurate health assessment or make critical life-saving decisions.

The role of the school nurse is to keep children and adolescents healthy and safe in school as well as manage chronic conditions such as epilepsy, diabetes, asthma, life threatening food allergies and medically complex issues. Therefore, it is essential to ensure that a manageable number of students are assigned to the school nurse caseload. The school nurse must also work with educators, administration, counselors and parents to forge a relationship between student health and learning. Unfortunately, resource allocations in financially strained school districts have restricted hiring school nurses unless the state has a mandated ratio. The state of Pennsylvania currently mandates a ratio of one school nurse to 1500 students which is far below the recommended ratio of one nurse to 750 students. However, the school administrative staff as well as the school board must deal effectively with educational accountability, standardized test scores as well as addressing the safety and health concerns of the students. Therefore, the concept of lowering the student to nurse ratio through federal legislation is vital to the health and academic success of our children and adolescents in the public-school system.

There are several factors that affect the school nurse to student staffing ratio, such as inadequate funding for school health services, regional acceptance and understanding of the school nurse role (NASN, 2011). NASN suggests one school nurse to 750 students in the healthy student population; 1:225 for student populations requiring daily professional nursing services; 1:125 for student populations with complicated health care needs and 1:1 for individual students requiring continuous nursing services (NASN, 2015). However, the NASN feels the uniform ratio approach does not justify today’s complex health care needs of students and the multifaceted role of the school nurse (NASN, 2015). For example:

- There is an increase in the percentage of children with chronic conditions such as asthma and diabetes. Also, medical advances have increased the number of students with special health care needs in schools (NASN, 2011).
- There is a greater concern of poverty’s impact on the health risk to children, such as poor nutrition, exposure to environmental toxins and domestic abuse. (NASN, 2011).
- There is an increase in mental health problems related to a child’s stress and trauma (NASN, 2015).
- Language barriers impact numerous family’s access to medical care (NASN, 2011).
- Many families and children do not have health insurance. The school nurse is sometimes the only access to health care for students.

Please consider working with PASNAP and the legislative committee to advocate for PA. school nurses.
Physically active individuals sleep better, feel better, and function better. For individuals with chronic health conditions, regular physical activity can reduce the risk of developing a new chronic condition, reduce the risk of progression of the condition they already have, and improve their quality of life and physical function. The benefits of physical activity can be achieved in a variety of ways.

Vision Continued from Page 1

children were cared for by several ophthalmologists who volunteered to evaluate and treat them. It was such a joy to see the expression on the children’s faces when they were fitted for their glasses. They were so excited to be able to see things clearly. This program went on until about twenty-two years ago.

Twenty-two Years ago, in 1996 the School District of Philadelphia and the Eagles Organization entered into a partnership. This partnership was due in part to the hard work of Mrs. Diane Davis, MSN, BSN, RN, and other nurse supervisors. According to the Eagles foundation website (2018), the newly formed Eagles Youth Partnership (EYP) was developed as a part of the Eagles Charitable Foundation (ECF). A member of the football team, Mr. Jermane Mayberry wanted to help children with their eye care. He was the inspiration for the Eye Mobile. He suffered from an eye condition as a child and had firsthand knowledge of what that felt like.

The Eye Mobile was developed and fitted with all the necessary equipment as well as an optometrist and staff.

The first general coordinator on the School District side was Mrs. Diane Davis. The present coordinator is Ms. Dawn Baxter. Each school nurse coordinates the program in his/her building. He/she would identify students who failed vision screenings, obtain permission from parents for the children to be examined and given eye drops if necessary. On the appointed day, the Eye Mobile would arrive at the school by 9:00 a.m. Children would be escorted to the bus. Each child would receive a complete eye exam. Glasses were prescribed if needed and they were immediately fitted for them. The glasses would be delivered to the student’s school within few weeks. The program became so successful that it has evolved to where a mobile lab now travels with the Eye Mobile. The students are provided with their corrective lenses on the same day of the eye exam. Children who need further examination and treatment are referred to the ophthalmology clinic at The Children’s Hospital of Philadelphia or St. Christopher’s Hospital for Children. To each school nurse, seeing the smiles on the children faces after they receive their glasses, or hearing from a teacher about the impact of the glasses on the student’s academic progress is worth all the work that goes into preparing for the Eye Mobile’s visit. According to the ECF (website 2018) this program has benefitted 81,000 children and 56,000 pairs of eyeglasses have been distributed. Each child usually receives two pairs of glasses at no cost to their families. The initial follow up care by the ophthalmologist does not cost parents anything. All expenses are paid for by the EYP. There are several other community partners who have impacted vision out comes for our children such as The Eye Institute of Philadelphia, Public Citizens for Children and youth (PCCY). All these organizations and school nurses come together annually to provide free vision exams and glasses to the children of Philadelphia and surrounding communities. The program is called Give Kids Sight Day. Parents have an opportunity to take their children to a fun filled day of activities and free eye exams. Follow up care is done by the above-mentioned Medical facilities. Philadelphia’s school nurses use their creativity and commitment to advocacy to find solutions to the problems that affect our student’s health. School nurses and their community partners are working together to implement those solutions. School nurses and community partners are transforming the lives of Philadelphia’s school children through excellent vision care.

A New Season: RETIREMENT! By Bonnie Fansler MSN, RN, NCSN

I had no idea retirement could be so busy. However, it is a great kind of busyness! I retired last June after spending 26 years in school nursing. I spent a year at the former Mt. Penn Jr/Sr High School and 25 years as the certified school nurse at Fleetwood Area High School, both located in Berks County. I describe those years as wonderful and challenging, but most of all, rewarding! Now I find that I’m getting to perform some simple household tasks that just didn’t seem to get completed while working full-time.

Some of us retirees have chosen to remain active in a school setting by serving in a substitute position. I think I am pretty safe in saying that most school districts find themselves in great need of qualified substitute nurses. Working as a “sub” allows me to keep in touch with the issues facing students. Staying active with PASNAP and NASN definitely helps to stay current with school-related topics. I feel it is equally important to network with other retired CSNs to discuss challenges that may be unique to those of us in a retired position.

I would like to invite any other retired school nurses to contact me if you have any insight and/or questions regarding a substitute position. I also recommend that you strongly consider attending our upcoming PASNAP conference in March. What better way to hone your skills and attend superb sessions on pertinent topics facing school nurses today! We could also consider meeting together during a lunch session at the conference. So fellow retired school nurses, please contact me at nurseboniemom@yahoo.com to begin our conversation and to also share our wonderful benefits of retirement!

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Invitation to Present Posters:
PA Association of School Nurses & Practitioners

Whether you are a veteran school nurse or a novice, you know things that other nurses would love to learn. Share your ideas and programs at PASNAP’s annual educational conference!

Poster ideas include:
Your best bulletin board  A health education program you presented for students, staff, or parents  Implementation of an immunization clinic  An in-service session for other school nurses  An innovative way to address school health challenges  Your original research

Participation is simple:
1. Using a standard 36” by 48” presentation tri-fold, create a poster featuring some facet of your practice.
2. Develop a handout (approximately 300 copies) conveying the important concepts of your poster.
3. Bring your poster and handouts to the PASNAP Annual Education Conference at the Penn Stater Conference Center March 29-31, 2019 where it will be displayed for other nurses to view.

All contributors will be given a Certificate of Participation to include in your professional portfolio. In addition, the names of all participants will be included in a special drawing for a $50.00 gift certificate towards the 2020 PASNAP Conference registration! So, let those creative juices flow and share the results 3/29/19.

Just complete the registration form below and email to Kathy Verbel at kiverbel@gmail.com by 3/15/19. (Please include ALL participants on form.)

PASNAP’s Annual Poster Presentation March 29-31, 2019
Title of Poster: ____________________________________________________________
Participant(s):_________________________________________Region(s)_______
Email:___________________________________________________________
Phone:___________________________________________________________

Conference 2019!!!
“School Nursing: Elevating the Standard”
Annual Education Conference
March 29 – March 31, 2019
Penn Stater. State College, PA

CONFERENCE FEE
SCHEDULE
Must Register by
2/28/2019 For Early Bird Discount
Attention Special Needs Nurses!

PASNAP is looking for volunteers to serve on the Special Needs Special Interest Group (SIG) committee. This is open to all PASNAP members with expertise or interest in Special Needs. This is a brand new committee that will help direct the activities of the Special Needs SIG. Activities could include help with planning, conference help, newsletter articles, and consulting. All meetings would be virtual through video conferencing and emails. If you are interested in participating or if you have questions or would like more information, contact Anne-Marie Crawford via email at pasnapnurses@gmail.com. I look forward to hearing from you!

Meet Your New SE Rep

Holly Verderame, BSN, RN, CSN, is the Head Nurse at Avon Grove Charter School (AGCS), in West Grove, PA. Holly is responsible for overseeing and providing care to over 1,800 students, grades K-12. Holly leads one additional CSN and an RN to care for the students and staff at AGCS. Holly has been with the school since 2008, starting as a staff nurse and moving in to the Head Nurse role after obtaining her school nurse certification. Holly will graduate from Eastern Mennonite University this summer with an MSN in Nursing Leadership with a Concentration in School Health. Holly serves as the Secretary for the Chester County School Nurses Association and as one of the Southeast Representatives for PASNAP.

Holly lives in Southern Chester County, between Lancaster and Philadelphia. Holly's husband, Doug, is employed by SAP America in Newtown Square. Holly's daughter, Alexa (Lexi) is a Freshman at Penn State, and her son Nick is a Sophomore at Oxford Area High School. Both children are second degree Black Belts in karate. Lexi loves the theater and performing and Nick loves football. Holly's family is rounded out with a Golden Retriever, Bailey, who is four.

In her spare time, Holly loves the beach, reading for pleasure and creating crafts on her Cricut. Prior to her career in School Nursing, Holly worked in inpatient drug and alcohol treatment, inpatient pediatrics, and as adjunct faculty at Delaware Technical College.

Stay in touch

PASNAP Web
https://pasnap.nursingnetwork.com
PASNAP e-mail
pasnapnurses@gmail.com
NASN Web
www.nasn.org
PASNAP Twitter
@PASNAP
NASN Twitter
@schoolnurses
NASN Facebook
www.facebook.com/schoolnurses

Do you have a story, anecdote or ‘aha moment you are willing to share with your peers?

-a heart warming narrative

-a student comment that made you grin from ear to ear

-a wonderful resource in the community, on the web, or for your smartphone

-a new way of doing something (or an old way that still works great!)

-an award or accomplishment that made you proud

Send to NurseCallas@gmail.com “attention Pulse newsletter “