School nurses identify students in need of assistance and intervene, refer and follow-up on behalf of students in need of behavioral health.

### WHAT WE KNOW

Studies have shown that most common diagnosed mental illnesses in school-aged children and high school students were:

- **ANXIETY**
  - including posttraumatic stress disorder
- **BEHAVIOR DISORDERS**
  - attention deficit hyperactivity disorder
  - conduct disorders, mood disorders including depression and bipolar disorders

In the United States, an estimated 21% of children and adolescents meet the diagnostic criteria for evidence of a mental health disorder and have evidence of at least minimal impairment (Foy, 2010).

The American Academy of Pediatrics estimates that only 10% – 40% of students needing behavioral health services receive them. (AAP, 2016)
REFERENCES


