RECLAIM NURSING: HEAL, EMPOWER, AND INSPIRE

2018 KNA Annual Conference
November 1-2, 2018
Holiday Inn Louisville East
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App Harvest & Ag Tech X
Overview & Objectives

• Identify how App Harvest start up in Pikeville, KY is using greenhouse projects and revolutionary growing techniques to connect communities through the power of food, in addition to what is expected in the future.

• Describe how App Harvest will positively impact the state by providing fresh produce to address food deserts and food insecurity.
Introduction

• Background
• Life experiences
• Food deserts
In 2016, the prevalence of obesity was 39.8% in adults and 18.5% in youth.

Only 1 in 10 adults consume enough fruits & veggies daily.

Only 9% of adults met the intake recommendations for fruit.

23% of the population lives in a food desert.

About half of Americans (117 million individuals) have one or more preventable chronic diseases.

Eating a diet rich in fruits and vegetables can improve health & help reduce leading causes of illness and death.
NYC’s only co-working lab focused on the future of Food & Agriculture
• Ag Tech X is a community platform for learning, collaboration, and entrepreneurship

• The Mission: To develop the future leaders, young professionals, and innovators in our region through education & entrepreneurship
The Curriculum

1. Basics of plant knowledge (science)
2. Understanding the global food supply
3. Introduction to local food systems
4. What is Food Resiliency
5. Introduction to modern farming techniques
6. Understanding modern farming as a business
1. agtech-x.com
2. appharvest.com